

LET'S GO!



SECOND QUARTER 2024
Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

HIKE RATINGS

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse,
johnwhitehouse@icloud.com

Art Leob Monday Crew

Rich Evans, richard.erman.evans@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Asheville Thursday Crew

Dale Gerhardt, patchwrk18@gmail.com
Ken Hummel, kenhummel60@gmail.com
David Pizzolato, pizzolato957@gmail.com

Asheville Friday crew

Paul Curtin, pmcurtin@hotmail.com
Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com
Robert Bolt, otherrob@inbox.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

Free Rangers Crew

John Busse, jfbusse@hotmail.com

Remote Overnight Crew

Paul Curtin, pmcurtin@hotmail.com
Rich Evans, richard.erman.evans@gmail.com

Section Rovers Crew

Jan Onan, janonan59@gmail.com
Rich Evans, richard.erman.evans@gmail.com

Wilderness Response Crew

Paul Dickens, psdicken@gmail.com

AT Section Maintainers Supervisor

Paul Curtin, pmcurtin@hotmail.com

MST Maintainers (South to North)

Oconaluftee River to Old Bald

Chris Werbylo, jcw402@aol.com

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

(Available)

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse,
johnwhitehouse@icloud.com

Secondary Trails Maintainers Supervisor

Les Love, lesrlove55@gmail.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays for 2024 are April 20, June 1, August 17 and October 12. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

NEXT CMC COUNCIL MEETING

When: Tuesday, May 7

Where: Forest Service office on Zillicoa

Info: Call Les at 828-230-1861 if you would like to attend. All CMC members are welcome.

CHALLENGE PROGRAMS

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact ATMST@CarolinaMountainClub.com

FH100 For hiking all 100 trails in the "100 Favorite Trails of the Smokies and Carolina Blue Ridge." Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact LTC@carolinamountainclub.org

P400 For hiking every trail in Pisgah Ranger District. Contact P400@CarolinaMountainClub.org

SB6K For hiking all 40 peaks above 6000'. Contact SB6K@carolinamountainclub.org

WC100 For hiking to the 100 best waterfalls in the area. Contact w100@carolinamountainclub.org

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LEISURE HIKES

Leisure hikes are a new CMC Outreach initiative to provide more hiking opportunities for beginners, youth, or anyone else looking for a shorter, slower-paced CMC hike. The hikes are open to CMC members as well as families and newcomers. Please contact the hike leader to reserve your space. Look for the "Leisure Hikes" section of the online and *Let's Go* hike schedules. If you have questions or are interested in leading a Leisure hike, please contact Jeff Wilcox at education@carolinamountainclub.org.

Saturday No. L2402-677 **April 13**

Swannanoa River/

Warren Wilson College 10:00 AM

Hike 4.5, 850 ft. ascent, Rated C-C

Jim Reel, 828-443-2532, jimr57@yahoo.com

Only Meeting Place: Charles D. Owen Park on Warren Wilson Road. Please contact hike leader for reservation. This is a shortened version of CMC Hike #677. We will enjoy an easy, pleasant, and nearly level walk along the Swannanoa River, skirting part of the Warren Wilson College farm.

Topo(s): Otean

Sunday No. L2402-101 **May 26**
Laurel River Trail **9:30 AM**
Hike 4, Drive 60, 350 ft. ascent, Rated C-C
Leslie Sands, 978-273-2676,
lfsands@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Corner of US 25/70 & NC 208 at 10:00 AM - but contact leader first.

Please contact the leader if you plan to hike and which meeting place you will use. Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Interesting flora. Parts of the trail are rocky – hiking boots/shoes are recommended. Topo(s): Hot Springs

Saturday No. L2402-030 **June 8**
Buck Spring Gap to Pisgah Inn **9:30 AM**
Hike 2.4, Drive 30, 400 ft. ascent, Rated C-C,
AT-MST

Ron Navik, 585-662-8047,
ron.navik@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Please contact the leader for reservation. This is an in-and-out version of CMC Hike #30. We will begin the hike from the Mt. Pisgah parking lot (BRP Mile 407.6) and follow the MST westbound toward the Pisgah Inn. We'll stop for a snack/lunch break to take in the views at the inn before heading back.

Topo(s): Dunsmore Mtn.

WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W2402-949 **April 3**
Kephart Prong to Sweat Heifer Trail **8:00 AM**
Hike 8.6, Drive 100, 2020 ft. ascent, Rated B-AA, **900M**

Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

Contact the leader for reservation. Learn about the logging operations before the GSMNP and the Civilian Conservation Corp. were established. We will explore an old logging and former CCC campsite close by the trailhead. After passing the Kephart Shelter in two miles, we will take the Sweat Heifer Trail two miles to another old RR logging camp slightly off the trail to explore the remains. We will return on the same path and have lunch at the shelter. NOTE:

A parking tag for each vehicle is required in the GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Wednesday No. W2402-934 **April 3**
Big Creek to Lower and Upper Bee Branch Falls **8:30 AM**
Hike 9.5, Drive 32, 1150 ft. ascent, Rated A-B, **P400**

Barton Paschal, 828-545-6795,
bartonpaschal@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 N end of parking lot in front of Pardee Urgent Care (Mills River) at 8:45 AM.

Contact the leader for reservation. Form carpools and meet the hike leader at the second meeting place. On this variation of hike #934, we ascend Big Creek Trail for 2.5 mi., then bushwhack a half mile up Bee Branch to Lower and Upper Bee Branch Falls. We hope to see a variety of trillium and other wildflowers along the way. Bring hiking poles and wear hiking shoes appropriate for fording the creek several times. We will return to the Hendersonville Reservoir and our cars on FS 142 via the same route.

Wednesday No. W2402-049 **April 10**
Big Creek Wildflower Hike **8:00 AM**
Hike 10.3, Drive 110, 1000 ft. ascent, Rated A-C, **900M**

Adrienne Chang, 414-690-5424,
acjp9349@yahoo.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first.

We are excited to have Josh, a biologist with Mountain True and Mountain True members join us on this hike. There is a limit of 20 hikers, 10 from Mountain True and 10 from CMC. Contact the hike leader for reservation. Josh will discuss plants and trees along the way. Expect a slower hike because of the many wildflowers we will see. For this reason, we may not hike all the way to Big Creek. A comfortable roadbed meanders along rushing rapids, Mouse Creek Falls, huge boulders and deep swimming holes. A beautiful forest and early wildflower environment make for a special experience - so bring your camera to this moderate in-and-out hike. This hike satisfies the requirements of Hike #30 of the FH100 Challenge. Traffic in both directions of I-40 is reduced to one lane between MM 20 and MM 18, so there will be delays. NOTE: A parking tag for each vehicle is required in the GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Topo(s): Cove Creek Gap, Luftee Knob, Waterville

Wednesday No. W2402-142 **April 10**
Jerry Miller Trail to A.T. to Fork Ridge Trail **8:30 AM**
Hike 10.5, Drive 92, 3300 ft. ascent, Rated A-AA+, **AT-MST**

Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.

We'll hike up the Jerry Miller Trail to Bearwallow Gap, then right on the A.T. to Big Firescald Knob for lunch and exceptional views. We return to our cars the same way we hiked in. It is possible we will see early spring wildflowers on this hike. Turkey hunting season begins 4/6/24; wear orange.

Topo(s): Greystone

Wednesday No. W2402-244 **April 17**
A.T. from Jones Meadow to Jerry Cabin Shelter and Return **7:30 AM**
Hike 7.4, Drive 91, 1320 ft. ascent, Rated B-B, **AT-MST**

Diane Saccone, 703-283-1068,
grdngrl54@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Publix at 165 Weaver Blvd. Weaverville; lower end of parking lot off Exit 19 of I-26 at 8:00 AM.

Contact the leader for reservation. The hike begins on the A.T. at Jones Meadow on top of Viking Mountain and includes wonderful vistas/overlooks at Blackstack Cliffs and Howard's Rock (Firescald Ridge). Turkey hunting season begins 4/6/24; wear orange.

Topo(s): Greystone

Wednesday No. W2402-971 **April 17**
Crack in the Rock Trail to Big Bend Trail to Big Bend Waterfall Loop **8:00 AM**
Hike 4.2, Drive 122, 1043 ft. ascent, Rated C-B
Barton Paschal, 828-545-6795,
bartonpaschal@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Ingles on NC 191/280 N end of parking lot in front of Pardee Urgent Care (Mills River) at 8:30 AM.

Contact the leader for reservation. We will enjoy beautiful views of the Chattooga River. We begin a clockwise loop by hiking down Crack in the Rock Trail for one mile to the intersection with the Foothills Trail. Here we take a right on the Foothills Trail for 1.8 mi to reach a short spur trail which leads to Big Bend Falls on the Chattooga River. This is our lunch spot. The steepness of the spur trail to the waterfall

requires caution in choosing handholds and footholds. We will return to the Foothills Trail and proceed 0.8 mi to the intersection with the Big Bend Trail. It is less than one mile to reach our vehicles from the Big Bend Trail. Turkey hunting season begins 4/6/24; wear orange.

Wednesday No. W2402-931 **April 24**
Brevard Discovery Walk **9:30 AM**
Hike 9.5, Drive 64, 600 ft. ascent, Rated A-C
Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:00. Contact the leader via email for reservation. Discover Brevard on an easy walk on sidewalks and trails. See the Silvermont Mansion, the old airport, Brevard College, the lively downtown and explore the Brevard Music Center. We might see Brevard's famous squirrels. Wear good sneakers or low boots. Bring water, lunch and snacks. We will stop for morning coffee. Be aware of limited availability of restrooms, but I have identified several potential facilities we can use.

Wednesday No. W2402-437 **May 1**
Slate Rock Creek, Pilot Cove **8:30 AM**
Hike 7.1, Drive 60, 960 ft. ascent, Rated B-C,
P400

Bob Smith, 828-696-6185,
wncnites@gmail.com and Vonnie Gamble,
410-375-7764, ygamble99@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the hike leaders at the second meeting place.

Second Meeting Place: Ingles on NC 191/280 N end of parking lot in front of Pardee Urgent Care (Mills River) at 9:00 AM.

Contact either hike leader via email or text for reservation. Due to limited trailhead parking, limit of 15 hikers. The hike will start at Slate Rock Creek trailhead and proceed up cascading Slate Rock drainage cove to a great viewing spot on Slate Rock. Expect beautiful views of Pilot Cove, Pilot Rock, Pink Beds, and beyond. After reaching the Pilot Cove trailhead, we will walk 1.7 miles on Yellow Gap Road back to our cars. Turkey hunting season begins 4/6/24; wear orange.

Topo(s): Shining Rock

Wednesday No. W2402-428 **May 1**
Cane River Gap to Little Butt **8:30 AM**
Hike 7.5, Drive 52, 2200 ft. ascent, Rated B-AA
Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leaders at the second meeting place.

Second Meeting Place: Publix at 165 Weaver Blvd. Weaverville; lower end of parking lot off Exit 19 of I-26 at 8:45 AM.

This hike begins with a 1200-ft. ascent to the ridgeline, then continues along the top of the ridge with a few gradual ups-and-downs. After Big Butt, we'll follow the narrow ridgeline with good views to our lunch spot at Little Butt, which has a great view of the Black Mountain range across the valley. We will return to our cars via the same route. Turkey hunting season begins 4/6/24; wear orange.

Topo(s): Mt. Mitchell

Wednesday No. W2402-310 **May 8**
Rim of the Gap -
Pinnacle Pass Trail **8:00 AM**

Hike 9.3, Drive 80, 1800 ft. ascent, Rated A-A
Norm Sharp, 864-268-9409, cell 864-609-7182,
norm.Sharp@att.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Jones Gap State Park at 8:45 AM.

Contact the leader for reservation. Starting at Jones Gap State Park (NOTE: \$6 entry fee per person), we will hike a scenic loop route, first hiking up the Pinnacle Pass Trail over Little Pinnacle Mountain and taking in two of the best views in the Jones Gap/Caesars Head State Parks. The way up includes some scrambling over boulders. We will have lunch at the second overlook. Then, after back-tracking about a mile, we will take a connector trail and return via the Rim of the Gap Trail.

Topo(s): Cleveland

Wednesday No. W2402-956 **May 8**
Buck Spring Gap to Turkey Spring Gap Loop
Plus Buck Spring Water Supply **9:00 AM**

Hike 5, Drive 60, 895 ft. ascent, Rated C-C,
P400

Barton Paschal, 828-545-6795,
bartonpaschal@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: BRP Buck Spring Gap Overlook near the Buck Spring Lodge site at 9:45 AM.

Contact the leader for reservation. We will walk through ruins of Buck Spring Lodge and then lunch at Turkey Spring Gap on Laurel Mountain Trail. From there we take Laurel Mountain Connector to Pilot Rock Trail and go right up to Little Bald Mountain. Pilot Rock Trail then meets MST where we take a right back to the trailhead (total distance 4 mi). For the final section of the hike, we drive a half mile on BRP to Flat Laurel Gap Overlook (milepost 408.4). From there, we cross Mount Pisgah Trail and

hike through Mount Pisgah Campground in order to reach the water source for Buck Spring Lodge which was provided by a hydraulic ram jet at a dam. We then backtrack to trailhead (total distance 1 mi). Turkey hunting season begins 4/6/24; wear orange.

Wednesday No. W2402-457 **May 15**
Brown Gap to Max Patch **8:00 AM**

Hike 7, Drive 84, 1700 ft. ascent, Rated B-A,
AT-MST

Diane Saccone, 703-283-1068,
grdngrl54@gmail.com

Only Meeting Place: Contact the leader for reservation. Max Patch has a group limit of 10. An in-and-out hike on the A.T. with a steep uphill for the first mile, then leveling off into moderate ups and downs, with a final climb to the top of Max Patch for lunch. If we're lucky, it will be clear for beautiful views.

Topo(s): Lemon Gap

Wednesday No. W2402-927 **May 15**
Lower Pisgah Ridge Loop **9:00 AM**

Hike 5.3, Drive 56, 1400 ft. ascent, Rated C-B,
AT-MST, P400, WC100

Claudette Roberge, 860-205-4473,
Croberge0329@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader for reservation. Limit of 12 hikers. This time of year, we hope to see blooming feterbush and azalea. This is a moderate loop hike, which includes a visit to Skinny Dip Falls and Lower Falls at Graveyard Fields. We will follow Pisgah Ridge northwest to meet the MST near the Looking Glass Overlook. From there we'll follow the MST past Skinny Dip Falls, to the top of the Lower Falls in Graveyard Fields and up to the parking lot. From there we'll take a path back up to the top of Pisgah Ridge and return to our cars at the overlook. (We'll cross the BRP twice).Topo(s): Sam Knob, Shining Rock

Wednesday No. W2402-095 **May 22**
Hemphill Bald from Polls Gap **8:00 AM**

Hike 9.5, Drive 85, 1600 ft. ascent, Rated A-A,
900M

Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM.

Contact the leader for reservation. We will hike from Polls Gap to our scenic lunch spot at Hemphill Bald in the GSMNP, with outstanding views overlooking the Cataloochee Ski Area. The return route will be via the same trail. This hike is #37 of the 100 Favorite Trails. NOTE: A GSMNP parking tag for each vehicle is required in the GSMNP. For more information: <https://>

www.nps.gov/grsm/planyourvisit/fees.htm.
Topo(s): Dellwood

Wednesday No. W2402-964 **May 22**
Trombatore to Ferguson Peak 9:30 AM

Hike 5.7, Drive 25, 950 ft. ascent, Rated C-C
Eva Blinder, 828-275-6447,
ejb5711@gmail.com
First Meeting Place: Ingles on US 74-A 225
Charlotte Hwy (Reynolds).

Second Meeting Place: Trombatore trailhead at
10:00 AM - but contact leader first.
Contact the leader via email for reservation.
We'll start at the Trombatore trailhead and con-
clude at the end of the fairly recently re-built
Strawberry Gap Trail on US 74-A. This walk
is mostly through woods with a spectacular
overlook at Ferguson Peak. Things to know: The
down portion on Strawberry Gap Trail has lots
of steps (in case your knees don't like steps) and
there may be several short muddy and slippery
places where hiking poles will come in handy.
Car shuttle - cars will be parked on US 74-A
at the end of the hike while the other cars will
park at the Trombatore trailhead (gravel road
from 74-A).

Wednesday No. W2402-980 **May 29**
Lower Pisgah Ridge,

Graveyard Fields Loop 8:30 AM
Hike 6.5, Drive 60, 1257 ft. ascent, Rated B-B,
P400, AT-MST, WC100
Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: BRP Cold Mountain
Overlook at MM 412 at 9:00 AM.
Contact the leader for reservation. We will park
at the Graveyard Fields parking lot, cross the
BRP to the unmarked Pisgah Ridge Trail, turn
left and hike the lower Pisgah Ridge Trail to
cross the BRP to the MST. We follow the MST to
the Graveyard Fields Trail on to the Upper Falls
and return to the parking lot via the Graveyard
Fields Trail.

Wednesday No. W2402-386 **June 5**
Pilot Rock, Laurel Mountain Trail 8:00 AM

Hike 8, Drive 60, 1600 ft. ascent, Rated B-A,
P400
Claudette Roberge, 860-205-4473,
Croberge0329@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Form carpools and meet the leader at the second
meeting place.

Second Meeting Place: Ingles on NC 191/280 N
end of parking lot in front of Pardee Urgent Care
(Mills River) at 8:30 AM.
Contact the leader for reservation. Limit of 10
hikers. We will begin at the Pilot Rock trailhead
and connect with the Laurel Mountain Trail
to return to our cars on the Yellow Gap Road.

Expect blooming mountain laurel and beautiful
views. Short car shuttle.

Wednesday No. W2402-325 **June 5**
Tanyard Gap to Rich Mountain 9:00 AM

Hike 5.5, Drive 60, 1350 ft. ascent, Rated C-B,
AT-MST, LTC
George Shepherd, 405-596-2632,
shepherdgeorge@att.net

First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26.
Second Meeting Place: Publix at 165 Weaver
Blvd. Weaverville; lower end of parking lot off
Exit 19 of I-26 at 9:15 AM.
Contact the leader for reservation. This moderate
in-and-out hike features great views from the
Rich Mountain fire tower near Hot Springs. We
follow the A.T. north from Tanyard Gap, then
take a short side trail to the fire tower, and return
via the A.T.
Topo(s): Hot Springs

Wednesday No. W2402-657 **June 12**
Yellow Mountain Gap to

Carvers Gap and return 7:30 AM
Hike 10.7, Drive 120, 2400 ft. ascent, Rated
A-AA, **SB6K**
Diane Saccone, 703-283-1068,
grdngr154@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Form carpools
and meet the leader at the second meeting place.
Second Meeting Place: Publix at 165 Weaver
Blvd. Weaverville; lower end of parking lot off
Exit 19 of I-26 at 8:00 AM.
Contact the leader for reservation. From Yellow
Mountain Gap, hike on the A.T. through open
meadows featuring spectacular 360° views with
rhododendron and azalea in bloom, with a side
trip over Grassy Ridge Bald (6160-ft.) to a scenic
lunch spot. We continue on to Carver's Gap and
then return to our cars at Yellow Mountain Gap.
Note: Featured flowers are catawba rhododen-
dron, flame azalea (early June) and Gray's lily
(late June to early July). Be prepared for strong
winds, fog & cold temperatures year-round. This
is an in-and-out hike.
Topo(s): Carvers Gap

Wednesday No. W2402-718 **June 12**
Pisgah Ridge, Silvermine Bald,

Little Sam and Flat Laurel 8:00 AM
Hike 5, Drive 61, 650 ft. ascent, Rated C-C,
AT-MST, P400

Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: BRP Cold Mountain
Overlook at MM 412 at 8:30 AM.
Contact the hike leader for reservation. Limit of
12 hikers. On this loop hike, we will start at the
Black Balsam parking lot, hike the MST to Little

Sam Trail and return via Flat Laurel Creek Trail.
If the day is clear, we will enjoy many spectacu-
lar views.

Topo(s): Sam Knob

Wednesday No. W2402-297 **June 19**
Sams Gap South 8:00 AM

Hike 5, Drive 60, 1000 ft. ascent, Rated C-C,
AT-MST
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com
Only Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Limit of 12
hikers. Contact the leader for reservation. A
moderate in-and-out hike from Sams Gap to the
Hogback Ridge Shelter along the A.T. and return
via the same route
Topo(s): Sams Gap

Wednesday No. W2402-566 **June 19**
Roans in Bloom 8:00 AM

Hike 6, Drive 130, 1500 ft. ascent, Rated C-B,
AT-MST, SB6K
Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26.
Second Meeting Place: Ingles on US 19E at far
right side (Burnsville) at 8:30 AM - but contact
leader first.

Contact the leader for reservation. This is a beau-
tiful A.T. hike with some of WNC's finest views.
Expect to see flame azaleas, rhododendrons and
possibly Gray's lilies in bloom. From Carvers
Gap we'll go north past Grassy Ridge Bald (6160
ft.) to a scenic overlook for lunch, then return to
Carvers Gap by the same route. Option at the
end to drive up to the gardens area (small fee to
enter) and walk 1/2 mile to see the vista from
Roan High Bluff (6287 ft.). This hike is #100 of
the 100 Favorite Trails.

Topo(s): Bakersville, Carvers Gap

Wednesday No. W2402-697 **June 26**
Silers Bald 8:00 AM

Hike 10, Drive 140, 2400 ft. ascent, Rated
A-AA, **SB6K, 900M**

Deborah Desocio, 828-507-3397,
cell: 919-306-0876, DebKayKin@GMail.com
First Meeting Place: Home Depot off Exit 44
of I-40. Form carpools and meet the leader at the
second meeting place.

Second Meeting Place: Maggie Valley Post
Office at 8:30 AM.

Contact the leader for reservation. From the
Clingmans Dome parking lot, we will hike to
the grassy meadow of Silers Bald. The ridgeline
trail, at one point only a few feet wide with
drop-offs on either side, offers wonderful views.
We'll return via the same route, with a visit to
the summit of Clingmans Dome, the highest point
on the A.T. This hike meets the requirements of #21
of the FH100 challenge. NOTE: A parking tag
for each vehicle is required in the GSMNP. For

more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Topo(s): Clingmans Dome

Wednesday No. W2402-981 **June 26**
Spencer Gap, Middle Fork, Big Creek

Loop via Endless Road Connector 8:00 AM
Hike 8.9, Drive 32, 1200 ft. ascent, Rated B-B, **P400**

Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 N end of parking lot in front of Pardee Urgent Care (Mills River) at 8:15 AM - but contact leader first.

Contact the leader for reservation. On this pleasant loop, we take Reservoir Road from the Trace Ridge parking lot to Spencer Gap Trail to Middle Fork and on to the Big Creek Trail via the endless road connector. From Big Creek Trail, we will return to the reservoir and the Reservoir Road back to our cars at the Trace Ridge parking lot. We will be hiking by and through beautiful creeks in the area. Wear shoes you don't mind getting wet or bring water shoes. Hiking poles are recommended.

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Karen Lachow, 703-395-5879, heyk127@hotmail.com. Driving distance is round trip from the first meeting place. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2402-949 **April 7**
Kephart Prong to Sweat Heifer Trail 8:00 AM

Hike 8.6, Drive 110, 2020 ft. ascent, Rated B-AA, **900M**

Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first. Contact the leader by email for reservation.

Learn about the logging operations before the GSMNP and the Civilian Conservation Corp. were established. We will explore an old logging and former CCC camp site close by the trailhead. After passing the Kephart Shelter in two miles, we will take the Sweat Heifer Trail two miles to another old RR logging camp slightly off the trail to explore the remains. We will return on the same path and have lunch at the shelter. NOTE: A parking pass for each vehicle is required in the GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Saturday No. A2402-059 **April 13**

Boyd Branch #1 - Ingles Field Gap - Rice Pinnacle 10:00 AM

Hike 6.5, Drive 10, 1001 ft. ascent, Rated B-B, **P400**

Bruce Bente, 828-692-0116, cell: 828-567-9443, bbente@bellsouth.net

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader by email for reservation. This is a new hike in the Bent Creek area. From the Boyd Branch trailhead, we will hike up to Ingles Field Gap and end at the Rice Pinnacle parking lot. Short car shuttle.

Topo(s): Dunsmore Mtn.

Sunday No. A2402-454 **April 14**
Porters Creek Trail 8:30 AM

Hike 7.6, Drive 160, 1350 ft. ascent, Rated B-B, **900M**

Danny Bernstein, 828-450-0747, dannyhiker@gmail.com

First Meeting Place: Food Lion - 35 Westridge Market Pl., Candler.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 9:00 AM - but contact leader first. Contact the leader by email for reservation. Porters Creek Trail in Great Smoky Mountains National Park is famous for its wildflower displays in March and April. We will first pass the remnants of old homesteads and the Owenby Cemetery before entering a moist, sheltered cove with large trees, masses of wildflowers (we hope) and a rushing creek. On the way, we will detour to the John Messer farm site and the Smoky Mountains Hiking Club cabin. This hike is #25 of the 100 Favorite Trails. NOTE: A parking pass for each vehicle is required in the GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Topo(s): Mt Le Conte

Sunday No. A2402-216 **April 21**

Sams Gap to Devil Fork Gap on the A.T. 8:15 AM

Hike 8.5, Drive 90, 1900 ft. ascent, Rated B-A, **AT-MST**

Tish Desjardins, 828-380-1452, desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools

and meet the leader at the second meeting place. **Second Meeting Place:** Corner of US 25/70 & NC 208 at 9:00 AM.

No reservation needed. This section of the A.T. features nice views into Tennessee from the ridge-line, traversing a series of knobs along an unusual section of the TN-NC state line where Tennessee is east of N.C. and the southbound hiker is actually traveling north. Car shuttle. Please bring enough cars to shuttle hikers. Remember to check Breaking News for changes or cancellation. Topo(s): Sams Gap

Saturday No. A2402-423 **April 27**

Slate Rock Creek Falls, Laurel Mountain and Pilot Rock Trails 9:00 AM

Hike 7, Drive 90, 1450 ft. ascent, Rated B-B, **P400, WC100**

Judy Magura, 828-606-1490, quilter290@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 N end of parking lot in front of Pardee Urgent Care (Mills River) at 9:15 AM.

Limit of 15 hikers. Contact the leader by email for reservation. We will begin this hike at the Pilot Cove-Slate Rock trailhead. The trail winds through a beautiful and diverse forest, along a mellow stream before we get to the falls. Slate Rock Creek Falls, about 3/4-mi. from the trailhead, has been added to the WC100 challenge list and is considered the prettiest falls in the area. Note: creek crossings may be wet if it has rained recently. After our visit to the falls, we will continue to a connector trail taking us up to the Laurel Mountain Trail at Sassafras Gap. We will hike to a great viewing spot just before we start down the Pilot Rock Trail. Expect beautiful views of Pilot Cove, Pilot Rock and Pink Beds. Short car shuttle.

Topo(s): Dunsmore Mtn.

Sunday No. A2402-113 **April 28**

Cold Mtn. from Camp Daniel Boone 8:00 AM

Hike 10.4, Drive 52, 3400 ft. ascent, Rated A-AA+, *Wilderness hike, limited to ten hikers, contact leader for reservation.* **P400, SB6K**

Thomas Butler, 361-484-3381, butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet leader at the trailhead.

Second Meeting Place: Cold Mountain trailhead at Daniel Boone Scout Camp at 8:45 AM.

Contact the leader by email for reservation. Limit of 10 hikers. From the BSA Daniel Boone Camp, we will climb and climb past laurel and rhododendron to Deep Gap and continue to the top of Cold Mountain for great views towards the BRP and Mt. Hardy. This hike is #47 of the 100 Favorite Trails.

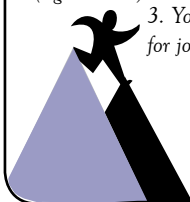
Topo(s): Cruso, Waynesville

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail.

or ... write to us at
CMC, PO Box 68,
Asheville, NC 28802
and we'll mail you an
application



Sunday No. A2402-924 **May 5**
Rocky Fork to Birchfield Lake
Wildflower Hike **8:30 AM**
 Hike 11.5, Drive 70, 2500 ft. ascent,
 Rated A-AA
 John Beaudet, 423-483-0306,
 bodaciousat@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS
 parking lot) off Exit 25 of I-26. Form carpools
 and meet leader at second meeting place
Second Meeting Place: Rocky Fork State Park
 parking area at 9:15 AM. Limit of 15 hikers.
 Contact the leader by email for reservation. This
 variation of hike #924 will take us into some
 of the more remote backcountry of Rocky Fork
 State Park, with views off a high ridge and many
 wildflowers, hopefully including patches of pink
 and yellow lady slippers. The hike begins on
 the Rocky Fork Trail, then turns onto the White
 Oak Flats Trail. We will climb up to meet the
 Birchfield Camp Trail, following this old log-
 ging road that leads into the Cherokee National
 Forest, to a loop around Birchfield Camp Lake.
 Return is on the same route. This hike fills the
 requirement for hike #45 of the 100 Favorite
 Trails.

Saturday No. A2402-603 **May 11**
Big Ivy - Perkins, Laurel Gap
and Bear Pen **10:00 AM**
 Hike 5.9, Drive 55, 995 ft. ascent, Rated C-C
 Marcia Bromberg, 828-505-0471,
 cell: 860-798-9905, mwbromberg@yahoo.com
Only Meeting Place: 160 Zillicoa St. (USFS
 parking lot) off Exit 25 of I-26.
 Limit of 15 hikers. Contact the leader by email
 for reservation. This wildflower hike in the
 Big Ivy Creek headwaters area of the Pisgah
 National Forest begins 4.4 miles up FS 74 at the
 Perkins Road Trail. We will hike up to the Laurel
 Gap Trail, turn right and walk to the Bear Pen
 Trail, which will take us back down to FS 74.
 We will walk just under a mile to return to our
 cars. We should see many spring wildflowers
 along the way.
 Topo(s): Montreat

Sunday No. A2402-979 **May 12**
Kephart Prong and Grassy
Branch to Dry Sluice Trail **8:00 AM**
 Hike 9, Drive 110, 2579 ft. ascent, Rated B-AA,
900M
 Henry Kassell, 845-656-5528,
 hkassell@gmail.com
First Meeting Place: Home Depot off Exit 44
 of I-40.
Second Meeting Place: Maggie Valley Post
 Office at 8:30 AM - but contact leader first.
 Contact the leader by email for reservation. This
 new out-and-back hike starts on the Kephart
 Prong Trail, where we will pass remnants of a
 CCC camp, a camp for WWII prisoners and a
 fish hatchery, all long gone. Iron rails from the
 logging railroad days are also found. At Kephart

Shelter we take Grassy Branch Trail 2.3 miles
 to its junction with the Dry Sluice Trail. Along
 the way we will hopefully see many wildflowers
 and mosses along with Norway spruce. Charlies
 Bunion is 1.4 miles to the left at the junction with
 Dry Sluice. Visiting may be an option. NOTE: A
 parking pass for each vehicle is required in the
 GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.

Saturday No. A2402-584 **May 18**
Butter Gap - Cat Gap Loop **8:00 AM**
 Hike 9, Drive 90, 2000 ft. ascent, Rated B-A,
P400
 Marielle DeJong, 828-553-7027,
 maredejong4@gmail.com
First Meeting Place: Asheville Outlets parking
 lot behind Waffle House off Exit 33 of I-26.
 Form carpools and meet leader at the second
 meeting place.
Second Meeting Place: Pisgah Forest Walmart
 parking (back of center aisles close to Taco Bell)
 at 8:30 AM.
 Contact the leader by email for reservation. We'll
 follow the Butter Gap Trail through the beauti-
 ful Grogan Creek watershed and Picklesheimer
 Fields, part of the Art Loeb Trail, and down the
 Cat Gap Trail. A great spring hike with streams,
 waterfalls and views. This hike is #59 of the 100
 Favorite Trails.
 Topo(s): Shining Rock

Sunday No. A2402-061 **May 19**
Wayah Bald to Siler Bald **8:00 AM**
 Hike 12, Drive 150, 3050 ft. ascent,
 Rated A-AA+, **AT-MST**
 Donna Lanning, 828-606-7956,
 dblanning@bellsouth.net
Only Meeting Place: Home Depot off Exit 44
 of I-40. Limit of 10 hikers. Contact the leader
 by email for reservation. Starting at Wayah Gap,
 we will first turn south on the A.T. to 5216-ft.
 Siler Bald, climbing a short way off the A.T. in
 the cooler morning. We will then follow the A.T.
 northbound to 5342-ft. Wayah Bald, taking a
 short detour to the Wilson Lick Ranger Station,
 and then back to our cars. Both Balds feature
 some of the most spectacular 360-degree views
 in western NC. This hike exceeds the require-
 ment for #8 of the 100 Favorite Trails.
 Topo(s): Wayah Bald

Sunday No. A2402-592 **May 26**
Butter Gap - Long Branch Loop **8:00 AM**
 Hike 10.6, Drive 67, 1780 ft. ascent, Rated A-A,
P400, WC100
 Lorraine Bernhardt, 828-699-8857,
 lsbernhardt50@gmail.com
First Meeting Place: Asheville Outlets parking
 lot behind Waffle House off Exit 33 of I-26.
 Form carpools and meet the leader at the second
 meeting place.
Second Meeting Place: Pisgah Forest Walmart
 parking (back of center aisles close to Taco Bell)

at 8:30 AM.
 Limit of 12 hikers. Contact the leader by email
 for reservation. This hike will start at Gloucester
 Gap and follow the Art Loeb Trail over Chestnut
 Mtn. to Butter Gap. At the gap, we'll turn
 downhill onto the Butter Gap Trail, then the
 Long Branch Trail and Cemetery Loop past the
 McCall Cemetery. There will be a short side trip
 to a beautiful but rarely visited waterfall. We'll
 finish with a short road walk back to the trail-
 head. This hike is #58 of the 100 Favorite Trails.
 Topo(s): Shining Rock

Sunday No. A2402-792 **June 2**
Fish Hatchery to
Bracken Mountain Preserve **8:00 AM**
 Hike 8.2, Drive 62, 1475 ft. ascent, Rated B-B,
P400
 Henry Kassell, 845-656-5528,
 hkassell@gmail.com
First Meeting Place: Asheville Outlets parking
 lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart
 parking (back of center aisles close to Taco Bell)
 at 8:30 AM.
 Contact the leader by email for reservation.
 From the Pisgah Fish Hatchery, we will climb up
 the Cat Gap Loop Trail, then take an unmarked
 connector trail to merge onto FS 475C. We will
 follow FS 475C to Bracken Mountain Preserve,
 where we will take the pink-blazed Pinnacle
 Trail over Burl Mountain then down to the
 winding Brushy Creek Trail. Once back on the
 Bracken Mountain Trail we will hike down to
 the end. Car shuttle.
 Topo(s): Shining Rock

Sunday No. A2402-365 **June 9**
Mt. Mitchell Ramble **8:30 AM**
 Hike 8, Drive 65, 1400 ft. ascent, Rated B-B,
SB6K
 Kelly O'Rourke, 434-249-5176,
 kellyleann@comcast.net
Only Meeting Place: Back parking lot of Folk
 Art Center. Contact the leader by email for
 reservation. We'll do a loop on several trails
 in the Mt. Mitchell area, including the Old
 Mt. Mitchell Trail, Camp Alice Road and the
 Commissary Ridge Trail. There will be an
 optional side trip at the end to Mt. Craig and/
 or Big Tom. Trails are technically challenging,
 poles are recommended. Temperatures at Mt.
 Mitchell are about 10 degrees cooler than in
 Asheville and weather can vary greatly. Layer
 accordingly. This hike is #87 of the 100 Favorite
 Trails. Note: Leader will be staying at Black
 Mtn. Campground Sunday night for another
 FH100 hike the next day. Contact her if you are
 interested in that activity after the hike.
 Topo(s): Montreat, Mt. Mitchell

Saturday No. A2402-615 **June 15**
**Black Balsam Loop via
Graveyard Ridge and ALT** **8:00 AM**
Hike 6.3, Drive 70, 1200 ft. ascent, Rated B-B,
AT-MST, P400, SB6K
Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: BRP Cold Mountain
Overlook at MM 412 at 8:30 AM - but contact
leader first.

Limit of 12 hikers. Contact the leader by email
for reservation. This hike has great views and
visits two peaks over 6000 ft. New hikers take
note: there is a 200-ft. altitude gain over 1/4-mile
early in the hike, and two more uphill, each
with about 500-ft. altitude gain, in the last leg
of the hike. We will begin from FS 816 on the
MST, then left onto the Graveyard Ridge Trail to
Ivestor Gap. We return on the Art Loeb Trail over
Tennent Mtn. and Black Balsam Knob. We'll
stop at the high points to enjoy the great views.
Timing should be right for blooming mountain
laurel, flame azalea and rhododendron. This hike
is #50 of the 100 Favorite Trails.

Topo(s): Sam Knob, Shining Rock

Sunday No. A2402-572 **June 16**
Mt. Le Conte via Alum Cave Trail **7:00 AM**
Hike 11, Drive 136, 3000 ft. ascent, Rated
A-AA, **SB6K, 900M**
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44
of I-40. Form carpools and meet leader at second
meeting place.

Second Meeting Place: Maggie Valley Post
Office at 7:30 AM.

Limit of 10 hikers. Contact the leader by email
for reservation. A hike up and down Mt. LeConte
on the Alum Cave Trail. Under the Trails Forever
program, the Alum Cave Trail has had extensive
restoration work from top to bottom adding to
the stability and safety of the trail. Enjoy great
views from Cliff Tops at lunch and a visit to
the LeConte Lodge and the summit of LeConte
for SB6K peak baggers. This hike is #23 of the
100 Favorite Trails. NOTE: A parking pass for
each vehicle is required in the GSMNP. For
more information: [https://www.nps.gov/grsm/
planyourvisit/fees.htm](https://www.nps.gov/grsm/planyourvisit/fees.htm).

Topo(s): Mt Le Conte

Sunday No. A2402-231 **June 23**
Cane River Gap to Point Misery **8:00 AM**
Hike 7.5, Drive 60, 2800 ft. ascent, Rated B-AA
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Limit of 12
hikers. Contact the leader by email for reserva-
tion. This hike begins with a significant 1200-ft.
ascent, then continues along the top of the ridge

with a few gradual ups-and-downs. We will
continue over Little Butt to Point Misery, where
hikers will enjoy one of the best perspectives on
the entire Black Mountain Range. Return via the
same route.

Topo(s): Mt. Mitchell

Saturday No. A2402-599 **June 29**
**Daniel Ridge - Cove Creek -
Cove Creek Falls Loop** **7:00 AM**
Hike 10, Drive 70, 1800 ft. ascent, Rated A-A,
P400, WC100

Kristen Friedman, 203-253-0813,
Kristenwho62@yahoo.com

First Meeting Place: Asheville Outlets park-
ing lot behind Waffle House off Exit 33 of I-26.
Form carpools and meet leader at the second
meeting place.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 7:30 AM.

Contact the leader by email for reservation. We
will beat the heat of the day by getting an early
start on the 4-mile Daniel Ridge Loop. Next we
will follow a FS road by Toms Spring Falls and
go down an unmarked connector trail to Caney
Bottom Trail, from which we will make a short
side trip to a lovely water feature. We will then
loop around to Cove Creek Trail, up past Caney
Bottom Falls and continue to Cove Creek Falls.
Then we'll go back to Caney Bottom Trail, inter-
sect Cove Creek Trail, back up the FS road to our
cars at the Daniel Ridge trailhead.

Topo(s): Shining Rock

Sunday No. A2402-337 **June 30**
**Shining Rock from
Black Balsam #1** **8:00 AM**
Hike 11, Drive 60, 1500 ft. ascent, Rated A-B,
*Wilderness hike, limited to ten hikers, contact
leader for reservation.* **P400, SB6K**

Michael Cornn, 828-458-1281,
mwcornn@gmail.com and Kathy Cornn/Kyle,
828-458-1282, katherinenkyle@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: BRP Cold Mountain
Overlook at MM 412 at 8:30 AM - but contact
leader first.

Contact the leader by email for reservation. We
will take the ALT from FS 816 to Shining Rock
(6040 ft.), climbing Black Balsam (6214 ft.),
Tennent Mtn. (6040 ft.) and Grassy Cove Top
(6040 ft.) along the way. This will be your chance
to bag four SB6K peaks while enjoying beautiful
views covering the area from Pilot Mtn. to Cold
Mtn. We'll return via the Ivestor Gap Trail to get
a different perspective on the same area. This
hike is #49 of the 100 Favorite Trails.

Topo(s): Sam Knob

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members
MUST call the leader before the hike to deter-
mine the requirements. Half-day hikes submit-
ted by Lee Silver, 828-668-7147, mhsrunning@
yahoo.com. Driving distance is round trip from
the first meeting place. Hikes assemble at the
location described for that hike. Some hikes will
have second meeting places, and starting times
may vary. *Times listed are departure times -
arrive early.*

Sunday No. H2402-094 **April 7**
Turkey Pen Ramble **9:30 AM**
Hike 5, Drive 36, 950 ft. ascent, Rated C-C,
P400

Dick Zimmerer, 828-785-9593,
dd1zz@yahoo.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Gravel pull off where
Turkey Pen Road meets NC 280 at 9:45 AM - but
contact leader first. Do not go to the Turkey Pen
parking lot....limited parking.

Contact hike leader via email for reservation.
Limit of 8 hikers. This is a lollipop hike that's a
little different from usual. After driving the rough
gravel road to the Turkey Pen trailhead parking
lot, we will go down the steep path to cross the
swinging bridge over the South Mills River.
From there we will take an UNMAINTAINED
trail along the river for about 3/4 mile, stepping
over lots of logs and pushing through some
brambles and dog hobble. Two poles, good hik-
ing shoes and a sense of adventure are recom-
mended. After that 3/4 mile "semi-bushwhack",
we will merge into the Bradley Creek Trail which
takes us to the Squirrel Gap Trail and uphill to the
intersection with Mullinax Trail, where we will
have lunch around noon or shortly after. Then
we will take Mullinax Trail back to the swinging
bridge and up the hill to the parking lot.

Topo(s): Pisgah Forest

Sunday No. H2402-236 **April 14**
Fawn Lake P.L. #1 **9:30 AM**
Hike 6.6, Drive 30, 800 ft. ascent, Rated B-C,
WC100

William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 10:00 AM - but contact leader first.

Contact hike leader via email for reservation.
Limit of 15 hikers. A moderate hike featuring a
beautiful lake, a waterfall and a stop at the Little
River. We'll see Bridal Veil Falls and Fawn Lake
via Airstrip, Corn Mill Shoals, Cart and Mine
Mtn. Trails.

Topo(s): Standingstone Mtn.

Sunday No. H2402-731 **April 21**
Baxter Creek - Big Creek **9:30 AM**
Hike 6, Drive 110, 900 ft. ascent, Rated C-C,
WC100, 900M
Karen Lachow, 703-395-5879,
heyk127@hotmail.com
First Meeting Place: Home Depot off Exit 44
of I-40.

Second Meeting Place: Westbound Ramp off
Exit #451 of I-40 West in TN at 10:00 AM - but
contact leader first.

Contact hike leader via email for reservation.
This is a wildflower hike at the height of wild-
flower season. We'll hike from Big Creek picnic
area across Big Creek to begin Baxter Creek
Trail. Hike 1 mile up Baxter Creek Trail and
return; then hike 2 miles up Big Creek Trail to
where Mouse Creek Falls can be seen coming
into Big Creek from the left, and return. NOTE:
A parking pass for each vehicle is required in the
GSMNP. For more information: <https://www.nps.gov/grsm/planyourvisit/fees.htm>.
Topo(s): Cove Creek Gap

Sunday No. H2402-046 **April 28**
Bent Creek Loop #12 - MST side **10:00 AM**
Hike 5.5, Drive 15, 1030 ft. ascent, Rated C-B
Barbara Morgan, 828-460-7066,
barbc129@gmail.com
Only Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Contact hike leader via email for reservation.
Limit of 15 hikers. This loop hike will pass by
Lake Powhatan and ascend to the Mountains-to-
Sea Trail via the Sherman Stambaugh Trail. We
will then descend on the Sleepy Gap Trail and
wander along the Explorer and Pine Tree Trails.
Topo(s): Dunsmore Mtn.

Sunday No. H2402-437 **May 5**
Slate Rock Creek, Pilot Cove **10:30 AM**
Hike 5.4, Drive 90, 1200 ft. ascent, Rated C-B,
P400
Judy Magura, 828-606-1490, quilter290@gmail.com
and Jim Magura, 828-606-3989, jqs290@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280
N end of parking lot in front of Pardee Urgent
Care (Mills River) at 10:45 AM - but contact
leader first.

Contact the leader by email for reservation.
Limit of 15 hikers due to parking limitations.
This hike is a variation of #437. We will start
at Pilot Cove-Slate Rock trailhead. Note: This
is the first trailhead for Pilot Cove-Slate Rock,
past Laurel Mountain trailhead. The parking area
is on the right just before the concrete bridge
spanning Slate Rock Creek. We will drop a car
off at the other end. We should see a variety of
wildflowers. The trail winds through a beautiful
and diverse forest, past a mellow stream before
we get to the falls. Creek crossing may be wet if

it has rained recently. Slate Rock Creek Falls is
about 3/4 mi. from trailhead. Slate Rock Creek
Falls has been added to the WC100 challenge list
and is considered the prettiest falls in the area.
After our visit to the falls, we will make a left
turn on Pilot Cove Loop Trail to a great viewing
spot on Slate Rock. Expect beautiful views of
Pilot Cove, Pilot Rock, Pink Beds. Car shuttle.
Topo(s): Shining Rock

Sunday No. H2402-531 **May 12**
Mt. Pisgah parking
to Big Ridge Overlook **9:30 AM**
Hike 4.4, Drive 30, 550 ft. ascent, Rated C-C,
AT-MST, P400
Bobbi Powers, 828-667-5419,
bobbipowers23@gmail.com

Only Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Contact hike leader via email for reservation.
Limit of 12 hikers. This is a shorter version of
hike #531. After a steep climb up Little Pisgah
Mountain in "very early spring" at 5000' plus,
we gradually hike 1000' down to "late spring".
Expect oodles of blooming trilliums during the
first half of the hike and then dramatic boulder
fields along the best-preserved section of George
Vanderbilt's pony cart trail from the estate to
Buck Spring Lodge with plenty of later bloom-
ing wildflowers along the way. Car shuttle.
Topo(s): Dunsmore Mtn.

Sunday No. H2402-004 **May 19**
Glassmine Falls Overlook
to Graybeard Overlook **10:30 AM**
Hike 4, Drive 55, 1100 ft. ascent, Rated C-B,
AT-MST
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: Back parking lot of Folk
Art Center.

Contact hike leader via email for reservation.
Limit of 15 hikers. This variation of CMC hike
#4 will be an in-and-out hike. A lovely ramble
and an enjoyable Sunday hike on the MST with
great views and, at this time of year, a wide vari-
ety of wildflowers.
Topo(s): Montreat

Sunday No. H2402-054 **May 26**
John Rock **12:00 PM**
Hike 4, Drive 40, 900 ft. ascent, Rated C-C,
P400
Dennis Bass, 828-367-7792,
cell: 828-367-8619, dbass3607@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Fish Hatchery - Pisgah
Forest at 12:30 PM - but contact leader first.
Contact hike leader via email for reservation.
This in-and-out hike goes up Old Horse Cove
Trail to the top of John Rock. At the top there
is a great view of Looking Glass Rock and the

Fish Hatchery.
Topo(s): Shining Rock

Sunday No. H2402-927 **June 2**
Lower Pisgah Ridge Loop **11:00 AM**
Hike 5.3, Drive 56, 1400 ft. ascent, Rated C-B,
AT-MST, P400, WC100
Lee Belknap, 828-674-3631,
riverygypsy@sprintmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26. orm
carpools and meet hike leader at second meet-
ing place.

Second Meeting Place: BRP John Rock
Overlook at MM 419 at 12:00 PM - but contact
leader first.

Contact hike leader via email for reservation.
Limit of 15 hikers. This moderate loop hike
includes a visit to Skinny Dip Falls and Lower
Falls at Graveyard Fields. We will follow Pisgah
Ridge northwest to meet the MST near the
Looking Glass Overlook. From there we'll fol-
low the MST past Skinny Dip Falls, to the top
of the lower falls in Graveyard Fields and up
to the Graveyard Fields parking lot. From there
we'll take a path back up to the top of Pisgah
Ridge and return to our cars at the John Rock
Overlook. (We'll cross the BRP twice). Topo(s):
Sam Knob, Shining Rock

Sunday No. H2402-685 **June 9**
North Slope Trail Extended **10:00 AM**
Hike 5.4, Drive 47, 700 ft. ascent, Rated C-C,
P400
Carroll Koeplinger, 828-231-9444,
cakoep29@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 10:30 AM - but contact leader first.

Contact the leader for reservation. This is a
slightly modified version of Hike #685. We will
go along the Exercise Trail from the Art Loeb
trailhead parking, walk along the Davidson
River with a stop at the historic English Chapel,
and then take the North Slope Loop Trail up and
around. We will return to our cars through the
campground.

Topo(s): Pisgah Forest

Sunday No. H2402-325 **June 16**
Tanyard Gap to Rich Mountain **10:00 AM**
Hike 5.5, Drive 61, 1350 ft. ascent, Rated C-B,
AT-MST, LTC

Karen Schultz, 312-241-3329,
schultz.karenj@gmail.com and Ken Scharmann,
847-772-4693, kennethscharmann@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Form carpools
and meet leaders at the second meeting place.

Second Meeting Place: Corner of US 25/70 &
NC 208 at 10:30 AM.

Contact Karen via email for reservation. Limit

of 12 hikers. A moderate hike with views from Rich Mountain fire tower. Hike north on the A.T. 2.4 miles to a short, steep side trail (wooden sign on the left) leading to the tower. The fire tower is open, enabling hikers to climb to the top for views. We will retrace our steps southbound on the A.T. to return to the parking lot. This hike is #42 of the 100 Favorite Hikes.

Topo(s): Hot Springs

Sunday No. H2402-966

June 23

Flat Top Mountain Trail

9:30 AM

Hike 5, Drive 160, 606 ft. ascent, Rated C-C,

LTC

Lynn Pettipaw, 914-602-4464,

lynn.pettipaw@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40

(Black Mountain).

Contact leader via email for reservation. Limit of 10 hikers; all must be vaccinated. A new club hike!! Located in Moses H Cone Memorial Park near Blowing Rock, this is a fairly easy trail that begins at Flat Top Manor and includes a short detour to Cone Cemetery. The trail first goes along a lovely meadow and then switchbacks through the forest all the way to the summit with two decent overlooks along the way. The fire tower at the summit allows us to stand above the tree line and enjoy 360-degree views.

Sunday No. H2402-193

June 30

NC 215 to Mt. Hardy and return 10:30 AM

Hike 5.5, Drive 75, 1030 ft. ascent, Rated C-B,

Wilderness hike, limited to ten hikers, contact

leader for reservation. P400, SB6K

Henry Kassell, 845-656-5528,

hkassell@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

On this variation of hike #193, we'll hike the MST into the Middle Prong Wilderness and to the base of Mt. Hardy, gradually gaining 700' in elevation along the way. Then we'll head up the short steep trail to the top of Mt. Hardy where the summit is in a beautiful grove of trees. (Sorry, no views). If we want to add a little extra to the hike, we can take a short side hike to an open field where we'll catch all those views we missed at the top of Mt. Hardy. Topo(s): Sam Knob



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Some CMC hikes require reservations. Check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Les Love, president@carolinamountainclub.org

Vice-President: Karen Schultz, cmcvp@carolinamountainclub.org

Secretary: Karen Lachow, secretary@carolinamountainclub.org

Treasurer: George Bauernfeind, treasurer@carolinamountainclub.org

Immediate Past President:

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Councilor at Large:

Bill Sanderson, [counciloratl_2@carolinamountainclub.org](mailto:counciloratl@carolinamountainclub.org)