

THEY'RE HERE! ATC'S FIRST GIS-BASED HIKING MAPS

The ATC's first hiking maps produced through its geographic information system (GIS) are now available, developed with the help of volunteers Collins Chew of the Tennessee Eastman Hiking Club, Stewart Holt (GPS-based profiles), and staff members. They cover the Tennessee-North Carolina A.T., from Damascus, Virginia, south to the boundary of Great Smoky Mountains National Park. This is also the area for most of the hikes associated with the July 1-8, 2005, 35th meeting of the Conference membership in Johnson City, Tennessee, known as Southern Highlands 2005. Order yours today from the A.T.C.'s Ultimate Trail Store.

Mountains-to-Sea Trails News

The Blue Ridge Parkway sections of the MST are now officially recognized as a National Recreation Trail (NRT). After a lengthy application process on behalf of the FMST Board these sections of the MST have reached NRT status. They look forward to more sections of the MST reaching this status as well in the future. You can read the full press release at www.ncmst.org

Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802

Return Service Requested

NEXT CMC COUNCIL MEETING

When: October 6, 2005
Where: Earth Fare Meeting Room, Westgate Shopping Center
Time: 6:00 PM
Meal: Earth Fare has tasty cafeteria-type food service available adjacent to the meeting room, but please let Gerry McNabb know if you plan to attend so that we can set a chair for you. Call him at 828-274-0057. All CMC members are welcome to attend.

Further information is available at www.carolinamtnclub.org about regulations

Club. All members are encouraged to participate in one of the Club's many trail maintenance efforts. Contact a Club officer for details

CAROLINA MOUNTAIN CLUB OFFICERS

Gerry McNabb-274-0057 President
Lenny Bernstein-236-0192 Vice President
Dave Wetmore-884-7296 Secretary
Carroll Koeplinger-667-0723 Treasurer
Don Walton-654-9904 Immediate Past President
Council Members: Les Love-658-1489, Misha Lazer-259-9729, Ruth Hartzler-251-0886, Piet Bodenhorst-298-8371, Bruce Bente-692-0116, Stuart Tauber-254-0824.

THE APPALACHIAN TRAIL: The Carolina Mountain Club is a member of the Appalachian Trail Conference, P.O. Box 807, Harpers Ferry, West Virginia 25245 Telephone (304) 535-6331.

RESPONSIBILITY FOR SAFETY

Each CMC member, guest or non-member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The Club cannot ensure the safety of any participant on hikes. In participating in Club hikes, each such person agrees to hold harmless and free from blame the hike leaders, and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in hikes or other Club activities.

Editor this issue: Ginger Graziano-236-2075 gingergraz@charter.net
Editor next issue: Gerry McNabb-274-0057 gcmcnabb@charter.net
Deadline next issue: Nov. 15, 2005

MOUNTAINEERING INFORMATION

Consult the trip leader for additional information regarding a particular hike. Hikes may be cancelled due to adverse weather or dangerous road and trail conditions. Please call hike leader if weather conditions are questionable.

Visitors are cordially welcome but should select trips within their endurance. When reservations are required as listed in the hike schedule, the leader must be called to reserve a space. Hikers will carpool from the meeting places to trailheads and back. Passengers are expected to contribute 5 cents per mile towards the driver's operating expenses.

CLOTHING & EQUIPMENT, ETC.

Footwear comes first. Never start a mountain trip in brand new footwear. Hiking boots are recommended. Clothing of any substantial type will do. Carry a sweater, even in summer, and some kind of rain wear.

Equipment for all-day trips should be a lunch, plenty of water, first aid kit, cellphone if available and personal medication including allergy medication.

CLUB TRIP REGULATIONS: Both members and visitors are expected to abide absolutely by club regulations and by instructions of the leader. Visitors should make themselves known to the leader on arrival at assembly place announced for the trip. No one is to start ahead of the leader without definite permission, or lag unreasonably far behind the group.

MEMBERSHIP: Everyone is eligible for Club membership by complete a Membership Application Form and paying dues. Annual dues are \$20 for individuals and \$30 for families, and should be sent to the Carolina Mountain Club, P.O. Box 68, Asheville, NC 28802. Frequent non-member participants in Club hikes are expected to join the Carolina Mountain



FOURTH QUARTER 2005
Quarterly News Bulletin
and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamtnclub.org • e-mail: cmcinfo@carolinamtnclub.org

38 CMC Volunteers Help Make the 35th Biennial Meeting of the ATC a Rousing Success

Lenny Bernstein (below left) ably chaired the Excursions part of the Appalachian Trail meeting, assisted here by Linda Blue.

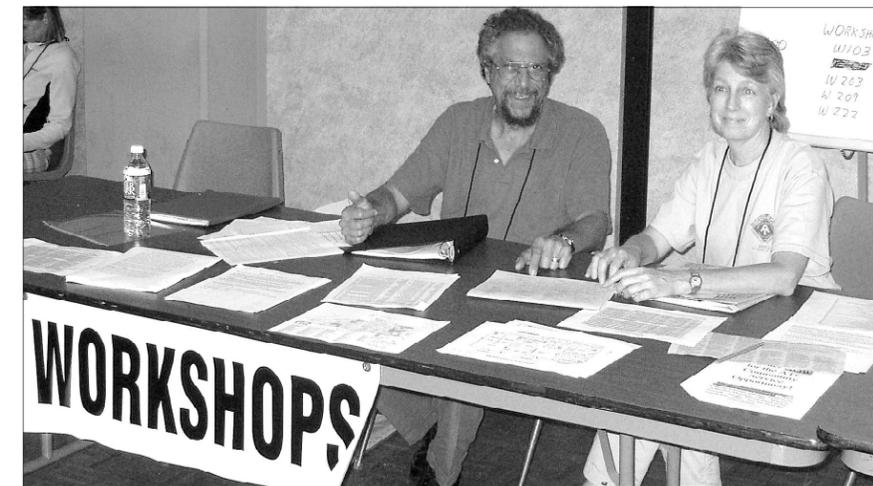
The five AT Maintaining Clubs that make up the Appalachian Trail Conservancy's Deep South Region have been working together for more than two years to organize the ATC's 35th Biennial Meeting, which was held on July 1-8 at East Tennessee State University in Johnson City, Tennessee. The meeting attracted 850 registrants, and all seemed pleased with the quality and quantity of

events that were offered.

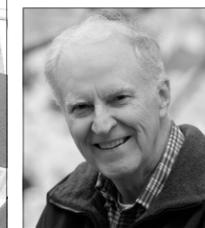
As one of the organizing clubs, CMC was a member of the meeting Steering Committee, and took responsibility for organizing the 60 workshops and 30 excursion that were offered during the meeting. In addition, CMC members led many of the hikes that were a major feature of the meeting.

Special thanks go to Howard McDonald and

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THE PRESIDENT'S CORNER



After the Quilt Show at the Arboretum recently, I was hiking the new Bent Creek Trail and some of the other trails the Club has built for the Arboretum and remarking to myself

what really lovely trails they are. I began to think about the legacy we leave our community here with the many trails we have built and maintained over the years. It is no small achievement. Not only does the club benefit the area with its trail work, but it and the scheduled hiking program offer all of us an opportunity for the exercise we need and chance to meet some of the best people around. We can be proud of our club for what it does. I think the many loyal members who preceded us over the years would be amazed if they knew the progress we have made. One improvement of note this year is the new set of By-Laws that has been developed and will soon be sent to all members. The document will be voted on at the annual meeting. Vice President Lenny's By-Laws Committee has done a great job in clarifying our structure and mission. The document is very clear and readable. I urge you to look it over when it comes in the mail. I think you will like it as I do.

SAVE THE DATE

ANNUAL DINNER AND MEETING ON NOVEMBER 11

CMC's Annual Dinner and Meeting will be held on Friday, November 11 at The Chariot in Hendersonville. A social hour will start at 6:00 p.m., dinner at 7:00, and the meeting at 8:00 p.m. The dinner will cost \$22 per person, and beer and wine will be available for \$3.

The main items of business at the meeting will be election of next year's officers and members of the CMC Council, approval of next year's budget and a new set of bylaws, and recognition of CMC members who have made outstanding con-

tributions to the Club's efforts both in 2005 and on a long term basis.

Our guest speaker will be Jeffrey Hunter, Executive Director of the South East Foot Trails Coalition. CMC is a member of the Coalition, which has as one of its goals construction of a 5,000-mile network of trails in the Southeast.

CMC members will receive a dinner reservation and membership renewal form, and a copy of the draft bylaws, in a separate mailing. Hope to see you all on November 11.

MAP READING COURSE

November 5

Based on the interest expressed when we first had this course last spring, we have decided to offer it again. Attendees must bring a compass and a copy of the Dunsmore Mtn. topo map. The map can be bought at a good outdoors store or a Forest Service office. There will be a short informal class, followed by a practical exercise. Please contact Dave Wetmore for information on the meeting time and to register. You must register before the course. No walk-ins please. Topo: Dunsmore Mtn.

Contact Tom Bindrim at 828-884-7296 or Dave Wetmore at dwetmore@citcom.net

2006 WINTER SKI TRIP

Several CMC members have indicated that they would be interested in a ski trip next winter to Telluride, Colorado. It's not too early to be thinking about it. From past experience Carroll Koeplinger has found that the latter part of February or the first part of March seems to be a good time to experience Telluride.

Anyone interested (no commitment yet) should contact Carroll Koeplinger at 667-0723 or carrollkoepp@bellsouth.net by the end of September. Based on the number of people interested, Carroll will start putting a package together for further discussions.

COMMITTEE CHANGES

Here is a list of the various committee chair changes that have occurred:

- ◆ Dave Wetmore surrendered his Challenge Committee position to accept the Education Committee.
- ◆ Danny Bernstein has accepted the job of E-Newsletter editor.
- ◆ Linda Beja has kindly accepted the role of chairman of the Challenge Committee.
- ◆ Ruth Hartzler has been appointed as Chair of the Conservation Committee.

A.T GETS FIRST CHECK FROM N.C. PLATES

The AT has received its first check for \$10,000 from the sale of the new Friends of the Appalachian Trail license plates. Already more than ten members of the club are sporting them. Supporters who have changed vehicles since they sent in their applications—or who did not fill out the application completely—will be getting a letter soon from the DMV asking for updated information. The plates can be ordered in person at North Carolina DMV offices, and the agency is in the process of updating its Web site to allow online ordering. The more people who sign up for the plate, the more Trail projects in the state will benefit over the years. ATC receives \$20 per plate from the special fee for those projects, and one of its partners, the state natural-heritage program, also stands to benefit from personalized versions of the plate.

CMC members volunteered as workshop presenters, excursion or hike leaders, worked at the workshop and excursion desk, or participated in some other fashion at the meeting itself. Many volunteered for more than one activity.

High praise came from Ken Honick, Treasurer of ATC describing the CMC section of the A.T. at the A.T.C. biannual meeting. He had walked the southern region of the A.T. and commented on the different maintenance methods of the five clubs in the "Deep South". As the battle raged on as to the proper pronunciation of "Appalachia" between the Northern and Southern clubs, we hiked, went on excursions and attended workshops.

The ATC truly is changing its colors. At the week-long meeting, the A.T.C. got a new name (Appalachian Trail Conservancy), a new tag line (Join the Journey) and a new logo. The ATC web site has been totally redesigned! Among other major efforts is the goal to double membership from 35K in the next two years. If you are not a member of ATC please join the Journey.

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35th Biennial Meeting

Lenny Bernstein who represented CMC on the Steering Committee. In addition, Howard organized all of the workshops, and Lenny organized all of the excursions and the staffing of the workshop and excursion desk that was part of the meeting registration area. Special thanks also go to Jack Fitzgerald and Bruce Bente who organized CMC's portion of the hike schedule.

We have a lot of expertise in CMC. Several members gave workshops:

Danny Bernstein

Finding Cold Mountain

Elizabeth Feil

Wildflowers of the Southern Appalachian Mountains

Howard McDonald

New Roaring Fork Shelter Construction

Brad Van Diver

Geologic History of the A.T.

Dave Wetmore

Challenge your Club!



The AT near Roan Mountain.

CMC ASHEVILLE FRIDAY CREW RELOCATES MST AND BUILDS BRIDGE



Those of you who hike the MST between Hwy 25 and I-26 have noticed a lot of damage to the trail. The BiltmoreFarm Corp. is exercising their right to put a road on the Right of Way and it happened to be exactly on the same place as the MST. Therefore the BRP requested that the CMC Trail Crews assist them in re-locating the MST onto the Parkway property. One quarter mile of new trail has been built and a new 30 ft. bridge was constructed. All new blazing will now lead you through the woods.

This kind of work is not unusual for the Carolina Mountain Club Trail Crews but what is unusual is that this bridge will be visible to thousands of Asheville Blue Ridge Parkway drivers and tourists. This section of the MST is also the most traveled by foot traffic. This area of the MST is also expected to be used as an amenity by the new residents in the development being constructed by Biltmore Farms.

Please congratulate Piet Bodenhorst and his crew for a job well done!

DONATION IN MEMORY OF ALICE SHOULTZ

A few months ago, CMC received a generous donation in memory of Alice Shoultz. This mystified us because even our oldest members did not recognize her name. Her daughter Cathy told us the following story:

"Alice was not a member of your club, but spent many, many summers in a leased home with my father, Jim, at the top of Seven Devils. For ten years, four of my friends and I would travel to their house during the Labor Day weekend for hiking and camaraderie and would be well taken care of by my mother and father. My father always started out our first hiking morning with German marching music and she always fed us the same comforting dinner after our first day out. We had wonderful times enjoying the Blue Ridge, Grandfather Mountain and many other areas in the state.

My mother died suddenly on November 30 and my friends wanted to honor her and, evidently, believed you were an organization she would have appreciated. I am grateful I have such thoughtful friends and grateful they were able to provide a contribution to your wonderful group."

We'd again like to thank Cathy and her friends for sharing this wonderful story with us. We hope they return to Western North Carolina and join us on a hike some time soon.

Alternate MST Section Maintainers Wanted!

The CMC has 2 Alternate MST sections open. One is from Pressley Gap to Buckhorn Gap, 2.7 miles, and the other is Cat Gap to Neil Gap, 3.0 miles. Both of these trails are in good shape and are waiting to start a love affair with an affectionate maintainer! If interested please contact Jim Tanquary at 828-697-1987 or Don Walton at 828-654-9904.

There is also an MST section open from Craven Gap to Ox Creek Road. This is close to Asheville and won't last long. If interested, please contact Don Walton at 828-654-9904.

MST Coordinator Wanted!

The CMC position of Coordinator of the Section Maintainer System for the Mountains to the Sea Trail is open. This prestigious duty for the CMC includes supervising the 5 big sections of the MST (160 miles) which includes 100 volunteer section maintainers. The job is about 1/3rd recruiting of maintainers, 1/3rd communicating with all of the various federal and state agencies and 1/3rd management including recording and reporting all of the hours worked to various places. If interested, please contact Don Walton at 828-654-9904.

PARKWAY CHANGES MANAGEMENT STRUCTURE, DEPUTY SUPERINTENDENT APPOINTED

The Blue Ridge Parkway has in most recent years had only one lead administrator, the superintendent. That management structure has changed with the retirement of Dan Brown. A deputy superintendent will now share the major administrative duties of this 469 mile linear park.

Martha Bogle, currently superintendent of Congaree National Park near Columbia, South Carolina, has been named Deputy Superintendent for the Blue Ridge Parkway and will begin managing operations for the 469-mile scenic road in mid-September to early October



Hike 5+ miles, Drive 75, Rated C-C
Rusty Breeding, 828-692-0359
bree@planetusa.net

Note early start time. Hike begins at 1:30 PM at the Cascade Lake Road parking lot. One boots-off creek crossing; bring water shoes. Highlights: Bridal Veil Falls from the top and Big Rock overlook. ***Meet at Westgate at 12:30 PM to form carpools; meet leader at side parking lot of Pisgah Forest Bi-Lo at 1:00 PM.**

HALF-DAY NO. H0504-286 **Oct. 9**
Sycamore Cove Trails 1:00 PM*
Hike 6, Drive 70, Rated B-B
Pat Elias, 828-687-1651
patelias@bellsouth.net
A moderate hike (some uphill) in the Pisgah National Forest along several trails: Thrift Cove, Grassy Road. ***Meet at Westgate at 1:00 PM to form carpools; meet leader at entrance to Davidson River Campground parking lot on US 276 at 1:45 PM.**

HALF DAY No. H0504-008 **Oct. 16**
Bee Tree Gap Road to 1:00 PM
Rattlesnake Lodge
Hike 5.7, Drive 35, Rated B-B
Don Walton, 828-654-9904,
donwalton@bellsouth.net
Note early start time. This moderate hike will feature good views and a variety of trees and late wild flowers in bloom. Car shuttle. **Second meeting place: Folk Art Center lower parking lot at 1:20 PM.**

HALF DAY NO. H0504-485 **Oct. 23**
Old U.S. 70 and the Railroad 12:30 PM
Hike 5-6, Drive 60, 1,000-ft ascent
Rated C-B
Danny Bernstein, 828-236-0192,
danny@hikertohiker.org
Note early start time. We will walk up on old U.S. 70, now blocked off from traffic, to Swannanoa Gap, where we will enjoy a view of the valley, the railroad and tunnel. This hike is the CMC contribution to the WNC "Together We Read" program; this year's book is The Road by John Ehle, about building the railroad up to Swannanoa Gap. (See www.togetherweweread.org.) **Second meeting place: Parking lot adjacent to McDonald's at exit 64 of I-40 at 12:50 PM.** Topos: Old Fort, Black Mountain.

HALF-DAY NO. H0504-068 **Oct. 30**
Balsam Gap to Point Misery 1:00 PM
Hike 6, Drive 70, Rated B-B
Jorge Munoz, 828-658-0606
jmunoz@buncombe.main.nc.us
Note early start time. This in-and-out hike begins at Balsam Gap (Milepost 359.7) on the Blue Ridge Parkway and follows the ridge crest to Point Misery, with superb

views of Mt. Mitchell and the Blacks.
Second meeting place: Craven Gap at 1:20 PM.

HALF-DAY NO. H0504-023 **Nov. 6**
Bent Creek Gap to 1:30 PM
Beaver Dam Overlook
Hike 3.8, Drive 30, Rated C-C
Renate Ridders, 828-298-9988,
reridders@aol.com
A moderate in-and-out hike over the top of Ferrin Knob on the Mountains-to-Sea Trail.

HALF-DAY NO. H0504-058 **Nov. 13**
Looking Glass Rock 1:00 PM*
Hike 6, Drive 33, Rated B-B
Barbara Passmore, 828-667-8684,
bpss354@netzero.com
***Note early start time.** This in-and-out hike to the top of a granite monolith provides a good workout and beautiful views. ***Second meeting place: Ranger Station on US 276 at 1:30 PM.**

HALF-DAY NO. H0504-316 **Nov. 20**
Carl Sandburg 1:00 PM*
Hike 4, Drive 50, Rated C-C
Laura Stallard, 828-697-1579
***Note early start time.** This loop hike begins at the parking lot of the Carl Sandburg Park in Flat Rock and follows the trail taken by the poet and Lincoln biographer to the top of Big Grassy Mountain. ***Second meeting place: Sandburg Park parking lot at 1:30 PM.**

HALF-DAY NO. H0504-377 **Nov. 27**
Lake Powhatan to 1:30 PM*
MST Connector
Hike 4.5, Drive 30, Rated C-C
Sherman Stambaugh, 828-254-1736
This moderate hike is on a well-graded trail, on the small creek trail to an unnamed connector trail to the Mountains-to-Sea Trail. Just what you need after Thanksgiving!
***Second meeting place: Ingles Parking lot across from Biltmore Square Mall on NC 191 off I-26 at 1:40 PM.**

HALF DAY No. H0504-486 **Dec. 4**
Yellow Gap to Bradley Creek 1:00 PM*
Hike 4-5, Drive 56, Rated C-C
Greg Goodman, 828-684-9703
***Note early start time.** Drive to Yellow Gap Parking area, then hike in-and-out along FS 5015 to Bradley Creek to view scenery and results of clear-cutting. ***Meet at Westgate at 1:00 PM to form carpools; meet leader at North Mills River parking area at 1:30 PM.**

HALF-DAY NO. H0504-430 **Dec. 11**
Green River Game Lands 12:30 PM*
Hike 5, drive 70, Rated C-C
Becky Elston, 828-749-1886,

belston@cytechusa.com
***Note early start time.** We will hike the Long Ridge/Turkey Gut/Stair Step trails to form a five-mile loop. There should be nice winter views of Mt. Tryon and other mountains. Join hike leader for dinner at Cracker Barrel after the hike. ***Meet at Westgate at 12:30 PM to form carpools; meet the leader at Cracker Barrel off I-26, exit 53 at 1:00 PM at the NW corner of the parking lot.**

HALF DAY NO. H0504-299 **Dec. 18**
Christmas Party Hike Noon*
Hike 4-5, Drive 50, Rated C-C
Diane Hankins, 828-298-2870 (before 9 PM)
***Note early start time.** A leisurely paced annual hike. Bring a little gift (wrapped, please) and receive one too. Where we go will depend on the weather. ***Only meeting place: Ingles Parking lot across from Biltmore Square Mall on NC 191 off I-26.** Suitable for anyone over 10 years of age. (Those under 18 MUST be accompanied by an adult.)

MERRY CHRISTMAS! NO HIKE CHRISTMAS DAY.

HALF-DAY NO. H0504-431 **Jan. 1**
Chestnut Cove to 1:00 PM*
Sleepy Gap to Explorer Trail
Hike 5, Drive 20, Rated C-C
Paula Robbins, 828-281-3253 (before 9 PM),
paularww@bellsouth.net
***Note early start time.** Work off all those extra holiday party calories on this moderate loop hike in Bent Creek on part of the Mountains-to-Sea Trail. ***Second meeting place, Ingles parking lot across from Biltmore Square Mall on NC 191 south of I-26 at 1:10 PM.**

DECALS FOR SALE

CMC is selling decals for \$1.00 each and embroidered patches for \$2.00 each. They bear the CMC emblem and can be ordered by mail from the club secretary, Dave Wetmore-884-7296. Enclose a stamped, self-addressed, return envelope. One envelope is sufficient if both items are ordered.

HIKE SCHEDULE Fourth Quarter 2005

Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

Also in the hike descriptions, the terms easy, moderate or strenuous reflect the overall trail conditions, the physical challenge and other factors influencing hike difficulty. If you have questions, or if the weather for the day of the hike is questionable, CONTACT THE LEADER.

CHALLENGE PROGRAMS:

SB6K For hiking all 40 peaks above 6000'. For information, contact Linda Beja lrbeja@earthlink.net
P400 For hiking every trail in Pisgah Ranger District. For information, contact Linda Beja lrbeja@earthlink.net
900M For hiking every trail in GSMNP. For information, contact John Gallemore kelarco@aol.com

WEDNESDAY HIKES

All-day hikes submitted by Ann Gleason 828-859-9387, cowbonetail@yahoo.com. Driving distance is round-trip from Asheville. Hikes will assemble at Westgate Shopping Center near I-240 exit 3B UNLESS OTHERWISE NOTED. Some hikes will have second meeting places as described in the hike listing. Please phone the hike leader if you are not sure of the meeting location.

WEDNESDAY NO. W0504-488 **Oct. 5**
Gabes Mt. Trail 8:00 AM
Hike 8, Drive 150, 1400 ft. ascent, Rated B-B
Jack Fitzgerald, 685-2897
suejackfitz@bellsouth.net
900M Hike from Cosby Campground in GSMNP to Hen Wallow Falls, then through Old Growth forest to primitive camp site for lunch along pretty stream flowing over moss covered rock. **Second meeting place: Pilot Truck Stop at exit 24 of I-40 at 8:30 AM.** Topos: Hartford, Luftee Knob; also Nat'l. Geo. GSMNP map

WEDNESDAY NO. W0504-068 **Oct. 12**
Big Butt from BRP 8:30 AM
Hike 8, Drive 55, 1700 ft. ascent, Rated B-A
Ruth Hartzler, 828-251-0886
ruthmtn@aol.com
We will take the Big Butt trail from Balsam

Gap on the BRP, following the ridge crest to Big Butt (Yeates Knob), a short bushwhack at just under 6000 ft., and return via the same route. We will stop at Point Misery for lunch and colorful fall views of the Black Mtns. **Second meeting place: Craven Gap at 8:50 AM.** Topos: Montreat, Mt. Mitchell; also South Toe River PNF map

WEDNESDAY NO. W0504-489 **Oct. 19**
Bad Fork - Trace Ridge Loop 8:00 AM*
Hike 8, Drive 45, 1200 ft. ascent, Rated B-B
Pat Elias and Kathy Giddings:
Pat, 828-687-1651, patelias@bellsouth.net;
Kathie Giddings: 828-696-9808
kmgiddings@highstream.net
P400 Starting at the Trace Ridge parking area, we will hike along an unmarked trail that follows a stream to the Bad Fork Trail. This trail takes us to the BRP on a steep 800 ft. ascent, then over Ferrin Knob on the MST to the Beaver Dam Overlook. We will lunch, enjoying the beautiful views, then proceed down the Trace Ridge Trail to the parking area. ***Meet at Westgate to form carpools and meet leaders at N. Mills River Recreation parking lot at 8:30 AM.** Topo: Dunsmore Mtn.; also Nat'l. Geo. PRD map

WEDNESDAY NO. W0504-490 **Oct. 26**
MST: Craven Gap to 10:00 AM*
Folk Art Center
Hike 5.4, Drive 10, 500 ft. ascent, Rated C-C
Gerald McNabb, 828-274-0057
gcmcnabb@charter.net
***Note later start time.** An easy downhill hike through the forest in fall color season. Lunch on a rock outcrop overlooking the parkway. If you want a longer hike, skip the car shuttle and walk back to Craven Gap on your own. ***Only meeting place: lower parking lot of Folk Art Center** Topos: Oteen, Craggy Pinnacle; also MST Profiles, pg. 61-62

WEDNESDAY NO. W0504-477 **Nov. 2**
THEME HIKE: Geology of the Grandfather Mountain Window 8:10 AM*
Hike 6, Drive 155, 1000 ft. ascent, Rated B-B
Brad Van Diver 828-669-2740 (participants must call), bravandi@cs.com.
The Grandfather Mt. Window is a gigantic erosional hole through stacked thrust fault sheets where the underlying rocks aged 1.0 to 1.1 billion years are exposed. This hike will take us up along the crest of GM to the summit at Calloway Peak with several stops to observe geologic features. En route, we will pass through, around and over a Disneyland of huge talus blocks, with ladders placed at strategic spots. Views are outstanding. Entrance fees are as follows: age 60+ \$12, Age 13-59 \$14. We will also be able to visit the nature Museum, Wildlife Habitats, and other attractions lower on the mountain. Come join the fun. ***Meeting places: meet at Westgate at 8:10 AM to form carpools, and meet leader at parking lot adjacent to McDonalds at Exit 64 of I-40 at 8:30 AM.** Topo: Grandfather Mtn.; also Grandfather Mtn. Trail Map and Backcountry Guide

WEDNESDAY NO. W0504-476 **Nov. 9**
South Mills River, Mullinax Tr. Laurel Creek Tr. 8:15 AM
Hike 9, Drive 50, 1000 ft. ascent, Rated B-C
Greg Goodman, 828-684-9703
P400 Loop hike. S. Mills River to Mullinax Trail, to Laurel Branch Trail, then to Bradley Branch, then back by Pea Gap to cars. Note: Some creek crossings. **Second meeting place:Boyleston Baptist Church on NC 280 at 8:45 AM.** Topo: Pisgah Forest

WEDNESDAY NO. W0504-287 **Nov. 16**
Greybeard from Montreat 8:10 AM*
Hike 10, Drive 40, 2800 ft. ascent
Rated A-AA
Ames Tryon, 828-669-3805
tryonaf@charter.net
This will be a gate-to-gate hike in Montreat. We will begin at the Montreat gate on the Rainbow Trail, connect with the East Ridge Trail and ascend to Greybeard Return on the West Ridge and Stomping Knob Trails and return to the gate. ***Meet at Westgate at 8:10 AM to form carpools, and meet leader at parking lot adjacent to McDonald's at exit 64 of I-40 at 8:30 AM.** Topo: Montreat

WEDNESDAY **Nov. 23**
HIKE CANCELLED BECAUSE NO HIKE LEADER IS AVAILABLE.

WEDNESDAY NO. W0504-491 **Nov. 30**
Christmount Watershed hike 8:40 AM*
Hike 7, Drive 40, 1750 ft. ascent, Rated B-A
Tommie Boston, 828-686-5029
Tambie@aol.com
Strenuous hike! This new CMC hike will explore part of the Swannanoa & Miami Mtns. on the grounds of Christmount Christian Assembly, and will include some challenging climbs. ***Meeting places: Meet at Westgate at 8:40 AM to form carpools, and meet leader at parking lot adjacent to McDonald's at exit 64 of I-40 at 9:00 AM.** Topo: Black Mtn.

RESCHEDULED FROM AUG 31

WEDNESDAY NO. W0504-477 **Nov. 2**
THEME HIKE: Geology of the Grandfather Mountain Window 8:10 AM*
Hike 6, Drive 155, 1000 ft. ascent, Rated B-B
Brad Van Diver 828-669-2740 (participants must call), bravandi@cs.com.
The Grandfather Mt. Window is a gigantic erosional hole through stacked thrust fault sheets where the underlying rocks aged 1.0 to 1.1 billion years are exposed. This hike will take us up along the crest of GM to the summit at Calloway Peak with several stops to observe geologic features. En route, we will pass through, around and over a Disneyland of huge talus blocks, with ladders placed at strategic spots. Views are outstanding. Entrance fees are as follows: age 60+ \$12, Age 13-59 \$14. We will also be able to visit the nature Museum, Wildlife Habitats, and other attractions lower on the mountain. Come join the fun. ***Meeting places: meet at Westgate at 8:10 AM to form carpools, and meet leader at parking lot adjacent to McDonalds at Exit 64 of I-40 at 8:30 AM.** Topo: Grandfather Mtn.; also Grandfather Mtn. Trail Map and Backcountry Guide

WEDNESDAY NO. W0504-492 Dec. 7
Cookie Hike in the Arboretum Area 9:00 AM*
 Hike 7-8, Drive 12, 1000 ft. ascent, Rated B-C
 Ken & Carol Deal, 828-281-4530,
 KMCDDeal@aol.com

Note later start time. CMC's traditional cookie hike transplanted to a new spot. Bring a few homemade goodies to share. We will hike on trails constructed by the CMC in the Arboretum, and cover some trails in the Lake Powhatan area also. Bring your membership card for the Arboretum if you have one. There is a \$6 parking fee otherwise. **Second meeting place: Ingles parking lot across from Biltmore Square at 9:15 AM.** Topo: Asheville; also Nat'l. Geo. PRD map

WEDNESDAY NO. W0504-493 Dec. 14
Pine Mt. Loop II 9:00 AM
 Hike 9, Drive 20, 1850 ft. ascent, Rated B-A
 Tom Bindrim 273-3880
P400 Note later start time. Last April we visited the absolutely beautiful Pine Mt. (the one with the BRP tunnel) from the Mills River Side. Today we'll do it from the Bent Creek side. Some off-trail. Topos: Enka, Dunsmore Mt.; also Nat'l. Geo. PRD map

WEDNESDAY NO. W0504-417 Dec. 21
Long Branch, Art Loeb, Butter Gap Trails 8:00 AM
 Hike 12, Drive 72, 1500 ft. ascent, Rated A-A
 Tom Sanders, 828-252-6327
 tomary@charter.net
P400 On this diversified hike we will begin at the fish hatchery, visit the McCall family cemetery, and follow the Art Loeb south to Butter Gap and return. **Addnl. meeting places: Pisgah Ranger Station at 8:40 AM or Fish Hatchery at 8:50 AM.** Topo: Shining Rock; also Nat'l. Geo. PRD map

WEDNESDAY Dec. 28
HIKE CANCELLED BECAUSE NO HIKE LEADER IS AVAILABLE.

ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente 828-692-0116, bbente@cytechusa.com. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at Westgate Shopping Center near I-240 exit 3B UNLESS OTHERWISE NOTED.

FONTANA HIKING WEEKEND Oct. 1-2

This weekend's events will be based at Fontana Village Resort near Fontana Dam in the Smokies. We will schedule a variety of hikes of different lengths for Saturday, Oct. 1 and Sunday, Oct. 2. Additional information will be posted on the CMC E-Newsletter, including descriptions of the planned hikes and Fontana Village information, including reduced room rates for this event. For those without access to the Internet who wish a paper copy of this information, please telephone Bruce Bente at 828-692-0116.



ALL DAY NO. A0504-398 Oct. 9
Sunburst-Green Knob-Haywood Gap Trail 8:00 AM
 Hike 7, Drive 95, 2000 ft. ascent
 Rated B-AA
 Carroll Koeplinger, 828-667-0723
 carrollkoepp@bellsouth.net
P400 This very strenuous and difficult hike will start with an initial very steep mile (up to 39° incline) to Green Knob and its spectacular views, then we'll do a short bushwhack down to the Grassy Ridge Branch trail. We'll return on the seldom-hiked lower Haywood Gap Trail returning to the Sunburst Campground. There are two wet crossings, one river and one carway. Wilderness area limited to ten people. Please contact leader to reserve your space. Topo: Sam Knob; also Nat'l. Geo. PRD map

ALL DAY NO. A0504-265 Oct. 16
Panthertown Prowl #4 8:00 AM
 Hike 8-10, Drive 120, 1200 ft. ascent
 Rated B-B
 Joe Cirvello, 828-627-1797
 cirvello25@bellsouth.net
 This will be our annual exploration of beautiful Panthertown valley, and again is timed for the brightest leaf colors. Our route this year will be determined by a scouting trip and will be posted on the E-Newsletter at a later time. **Second meeting place: Bi-Lo in Pisgah Forest at 8:30 AM.** Topo: Big Ridge

ALL DAY NO. A0504-120 Oct. 23
Charlies Bunion - Kephart Prong 8:00 AM
 Hike 10.2, Drive 140, 1500 ft. ascent
 Rated A-B
 Elisabeth Feil, 828-684-8719,
 hofeil@brinet.com
900M An outstanding rock outcrop along the AT and stunning views are the highlights of the trip. From Newfound Gap, we'll hike 4 miles to our lunch spot at the Bunion, then along Dry Sluice Gasp, Grassy Branch and Kephart Prong Trails down to US 441. Note that this hike has 2800 ft. of descent. Car shuttle. **Second meeting place: Quality Inn in Maggie Valley, US 19 SIDE, at 8:40 AM.** Topos: Clingman's

Dome, Mt. Guyot, Smokemont; also Nat'l. Geo. GSMNP map
 SATURDAY NO. A0504-278 Oct. 29
Kitsuma Peak 9:00 AM
 Hike 8, Drive 50, 2200 ft. ascent, Rated B-A
 Danny Bernstein, 828-236-0192,
 danny@hikertohiker.org
Note later start time. Our hike up Young's Ridge offers great views of Greybeard, Green Knob and the Mt. Mitchell area. We will return on old US 70, now blocked off to traffic, where we will see the railroad and tunnel. This hike is the CMC contribution to the WNC 'Together We Read' program, which this year is reading 'The Road' by John Ehle, about building the railroad up to Swannanoa Gap. **Second meeting place: Parking lot adjacent to McDonald's at exit 64 of I-40 at 9:20 AM.** Topos: Old Fort, Black Mtn.

ALL DAY NO. A0504-310 Oct. 30
Jones Gap: Rim of the Gap loop 8:00 AM
 Hike 9, Drive 80, 1800 ft. ascent, Rated B-A
 Becky Smucker, 828-298-5013,
 bjsmucker@charter.net
 Starting at Jones Gap St. Park (NOTE: \$2 entry fee per person), we will hike a scenic loop route with great leaf colors. We'll ascend on the Rim of the Gap trail. On top, we'll take the #21 trail to Pinnacle Pass trail, then down with a stop at a spectacular overlook of the valley far below. **Second meeting place: Left side of Ingles parking lot at 8:40 AM (I-26 to exit 53, right on Upward Rd. 1 mile to Ingles at US 176); also Jones Gap St. Park parking lot at 9:00 AM.** Topos: Cleveland, Table Rock; also Mountain Bridge Wilderness map

Map-Reading Course Nov. 5
 Based on the interest expressed when we first had this course last spring, we have decided to offer it again. Attendees must bring a compass and a copy of the Dunsmore Mtn. topo map. The map can be bought at a good outdoors store or a Forest Service office. There will be a short informal class, followed by a practical exercise. Please contact Dave Wetmore for information on the meeting time and to register. You must register before the course. No walk-ins please. Topo: Dunsmore Mtn.
 Contact Tom Bindrim at 828-884-7296 or Dave Wetmore at dwetmore@citcom.net

ALL DAY NO. A0504-480 Nov. 6
Buck Spring to Davidson River via Alternate MST (strenuous) 8:00 AM
 Hike 12.2, Drive 60, 3100 ft. ascent
 Rated AA-AA+
 Don Walton, 828-654-990,
 donwalton@bellsouth.net
P400 This strenuous will start at the Buck

SATURDAY WORK DAY

Here is a great chance to learn what is involved in trail maintenance. We will meet on Nov. 19 at the Moose Café at the Farmer's Market on Rte. 191 at 8:00 a.m. for breakfast. We will return to Asheville around 4 p.m. Come join the fun. Call Les Love at 828-658-1489 to verify date.

Springs parking area on US 276 and cover the entire AMST down to US 276 near the maintenance yard. It will feature great views from Clawhammer and Black Mtn. Car shuttle. Topos: Shining Rock, Cruso, Dunsmore Mtn., Pisgah Forest; also Nat'l. Geo. PNF map and MST Profiles, pg. 76-79

ALL DAY NO. A0504-068 Nov. 6
Big Butt from BRP (moderate) 8:30 AM
 Hike 8, Drive 55, 1700 ft. ascent, Rated B-A
 Ruth Hartzler, 828-251-0886,
 ruthmtn@aol.com
Note later start time. We will take the Big Butt trail from Balsam Gap on the BRP, following the ridge crest to Big Butt (Yeates Knob), a short bushwhack at just under 6000 ft., and return via the same route. We will stop at Point Misery for lunch and late fall views of the Black Mtns. **Second meeting place: Craven Gap at 8:50 AM.** Topos: Montreat, Mt. Mitchell; also South Toe River PNF map

ALL DAY NO. A0504-271 Nov. 13
Chestnutwood Mtn. 8:00 AM
 Hike 7, Drive 40, 1900 ft. ascent, Rated B-A
 Tom Bindrim & Joan Lemire, 828-273-3880
 We'll do our major climbing before lunch on this pleasant hike past streams, cascades, a glimpse of the Black Mtns., and a 25 year old timber harvest in the Grandfather District. Some bushwhacking on overgrown trails, and a short car shuttle. Topo: Old Fort

ALL DAY NO. A0504-276 Nov. 20
AT: Street Gap to Big Bald 8:00 AM
 Hike 10, Drive 75, 2500 ft. ascent
 Rated A-AA
 Joanne Tulip, 828-299-3495,
 tulipinn@aol.com
 Big Bald is one of the crown jewels of our section of the AT, with views of the Blacks, Smokies and other ranges in WNC and Tennessee. The first 0.6 miles climbs steeply to Street Gap on the AT, then follows the AT to Big Bald. Weather permitting, we plan to spend a long lunch on the summit, enjoying the view, so bring appropriate clothing. Topos: Sams Gap, Bald Creek

ALL DAY NO. A0504-275 Nov. 27
Rich Mtn., Roundtop Ridge,

Pump Gap, AT 8:00 AM
 Hike 11, Drive 70, 2300 ft. ascent
 Rated AA-A
 Tom Sanders, 828-252-6327
 tomary@charter.net
 From Tanyard Gap we will hike north on the AT to Rich Mtn. for good views, then down beautiful Roundtop Ridge, then up Pump Gap Trail to the AT and north to Tanyard Gap. Bordering on AA-AA with solid climbs up Rich Mtn. and Pump Gap trail. Topo: Hot Springs

ALL DAY NO. A0504-409 Dec. 4
Jones Gap/El Lieutenant Loop (strenuous) 8:00 AM*
 Hike 10, Drive 80, 1650 ft. ascent
 Rated A-AA
 Ann Gleason, 828-859-9387,
 cowbonetail@yahoo.com
 Starting at Jones Gap St. Park (NOTE: \$2 entry fee per person), we will hike up the Jones Gap Trail along the Middle Saluda River, then the Bill Kimball Trail up through the boulders and forest, climbing over the granite face of El Lieutenant. We'll continue on the Kimball trail, walk a short portion of US 276 to our return loop on the Tom Miller and Jones Gap Trails. ***Meet at Westgate to form carpools and meet leader at left side of Ingles parking lot (H'ville) at 8:40 AM (I-26 to exit 53, right on Upward Rd. 1 mile to Ingles at US 176); also Jones Gap St. Park parking lot at 9:00 AM.** Topos: Cleveland, Table Rock; also Mountain Bridge Wilderness map

ALL DAY NO. A0504-479 Dec. 4
Kagel Mtn. (moderate) 8:30 AM
 Hike 9, Drive 80, 1100 ft. ascent, Rated B-B
 Chip Miller, 828-654-9331,
 backpacker54nc@bellsouth.net
P400 Note later start time. This new CMC loop hike will start from Cathey's Creek Rd. and follow an overgrown forest road to the Art Loeb Trail, with lunch at the Butter Gap shelter. We'll return via a no-name trail for variety. Nice winter views. **Second meeting place: Bi-Lo in Pisgah Forest at 9:00 AM.** Topos: Rosman, Shining Rock

ALL DAY NO. A0504-254 Dec. 11
Green Knob via Snooks Nose 8:00 AM
 Hike 11, Drive 65, 3400 ft. ascent
 Rated A-AA+
 Amy Treverton, 828-298-1882,
 athikerbabe@yahoo.com
 This strenuous trip from Curtis Creek climbs up and over the Blue Ridge Parkway to the Green Knob fire tower. Great views along the way as well as at the lunch stop on the summit of Green Knob. May be challenging if there is snow at the higher elevations. Topo: Old Fort

ALL DAY NO. A0504-151 Dec. 18
Big East to Shining Rock via Old Butt 7:30 AM
 Hike 8.5, Drive 60, 3200 ft. ascent
 Rated B-AA+
 Paul Benson, 828-251-190
 pdbenson@charter.net
SB6K, P400 Note early start time. We will hike from the Big East parking lot up the steep Chestnut Ridge trail over Dog Loser and Old Butt knobs to lunch at Shining Rock (6040 ft.) with its exceptional views. We'll return via a steep descent to the North Fork of Shining Creek. Wilderness area hike limited to ten people; please contact leader for reservations. Topo: Shining Rock; also Nat'l. Geo. PRD map

ALL DAY NO. A0504-487 Dec. 25
Bent Creek Loop #9 9:00 AM
 Hike 9, Drive 20, 1600 ft. ascent, Rated A-A
 Lenny & Danny Bernstein, 828-236-019,
 danny@hikertohiker.org
P400 Note later start time. Join us for a Christmas hike around Bent Creek, starting at the Hardtimes trailhead. A great close-in, cool weather hike suitable for everyone. Dinner at a casual Chinese restaurant for those interested. Topos: Dunsmore Mtn., Skyland; also Nat'l. Geo. PRD map

NEW YEARS DAY NO. A0504-281 Jan. 1
Green River Gamelands
 8:00 AM breakfast 9:00 AM hike*
 Hike 8, Drive 20 (from Hendersonville), 1800 ft. ascent, Rated B-A
 Bruce Bente, 828-692-0116,
 bbente@cytechusa.com
***Form carpools at Westgate at 7:30 AM and meet leader for breakfast at the Cracker Barrel in Hendersonville (exit 53 on I 26).** After breakfast, we'll do a pleasant loop on a series of trails around the Green River Gamelands. We'll hike down to and along the Green River, with a late lunch at the big rocks on the Green River, and then hike up and out on the Pulliam Creek trail. Short car shuttle. Topo: Clifffield Mtn., and Map of the Green River Gamelands Trails

HALF-DAY SUNDAY HIKES

Half-day hikes submitted by Paula Robbins, 828-281-3253, paularww@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at Westgate Shopping Center (Exit 3B off I-240) UNLESS OTHERWISE NOTED. Some hike will have second meeting places as described in hike listings.

HALF-DAY NO. H0504-467 Oct. 2
Dupont Forest: Cascade Lake P.L #1 12:30 PM*