

# LET'S GO!

FOURTH QUARTER 2004  
Quarterly News Bulletin  
and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • [www.carolinamtclub.org](http://www.carolinamtclub.org) • e-mail: [cmcinfo@carolinamtclub.org](mailto:cmcinfo@carolinamtclub.org)

## Annual Meeting and Banquet Set for November 6

This year's annual meeting will be held, probably for the last time, at the Grove Park Inn. Perks that were formerly available as a result of Don Walton's position there will no longer be a bonus for us. But with a dinner of roast loin of pork and all the accoutrements we'll dine in celebratory fashion as we look forward to a new year and a new administration.

Our speaker for the occasion will be Morgan Sommerville of the Appalachian Trail Association. He has been instrumental over the past year spearheading administrative changes there and will tell us all about it in a talk called, "We've come a long way, Benton". We will also vote on a slate of officers presented by the Nominating Committee, a small change in our By-Laws,

and a needed increase in dues if we are to balance our budget in the future.

Festivities begin at 5:50 P.M. with a cash bar in the Heritage Ballroom C where we will later eat. Drinks are not included in the price of the meal. Dinner will begin at 7 and the meeting will be called to order around 7:45 or so. Members wishing only to vote and not pay for the meal, may attend as well so they may cast their votes. Please fill in and mail the reservation form enclosed regardless of whether you wish to eat or not. So we will know how many chairs to have available. Dues for 2005 may also be included with your dinner payment at this time as a matter of convenience. If paid in advance of January 1, 2005, you will not be billed for any additional dues should they be approved at the meeting.

### Higher Gasoline Prices

As we ride in cars on hikes, President Don Walton reminds us of the higher cost of gas. An average car today cost 10 cents per mile JUST for fuel. If the average drive is 100 miles that means the driver has spent \$10 without considering all of the other 28-cents-per-mile indirect costs. So a 100-mile trip really cost the driver about \$38.

It has been suggested that 5 cents a mile be used to compute each rider's fair amount. If the hike drive is 100 miles, each passenger should pay the driver about \$5.00. This computation should be communicated by the Hike Leader and drivers at the beginning of each hike.



There's almost nothing quite so special as a walk in the woods of Western North Carolina in the fall.

### Notice of addition to by-laws to be voted on

The by-laws currently read: "The Officers shall administer the affairs of the Club under the direction of a governing body known as the Council, consisting of the four Officers of the Club with the President serving as Chairman, together with six other Councilors."

The addition to the by-laws would read: "The immediate past President may serve as a Councilor ex officio." The addition will be voted on at the Annual Meeting, November 6.

### Wilderness First Aid Course offered again by the CMC

What if you could not call 911 on the trail? Could you handle a problem that cannot be solved by a band-aid or moleskin?

The CMC is sponsoring a Wilderness First Aid course on November 13 and 14 (Saturday and Sunday) at Warren Wilson College. This 16-hour course will be taught by Landmark of Cullowhee. If you are interested in their qualifications, look at [www.landmarklearning.org](http://www.landmarklearning.org)

The CMC is funding \$75 of the cost for each person which includes 2-year certification. There are a few spaces left. TO REGISTER: Send a check for \$75 made out to Carolina Mountain Club with your name, address, home telephone number, email address \*\*AND\*\* a business size self-addressed stamped envelope to: Danny Bernstein, 488 Kimberly Ave., Asheville, NC 28804. Questions: 828-236-0192 or [danny@hikertohiker.org](mailto:danny@hikertohiker.org)

### IRS Mileage Deduction

Many people probably do not know that miles driven in your personal car while on official un-reimbursed CMC business is tax deductible. Of course, none of the miles are reimbursed by the club so all of the official miles are deductible. What are official miles driven? Anyone who uses their car to do Trail Maintenance, Hike Leaders scouting hikes and probably Hike Leaders leading hikes. The allowed deduction is 14 cents per mile.

# HIKE SCHEDULE

## Fourth Quarter 2004

### Hike Ratings

First Letter Distance	Second Letter Elevation Gain
<b>AA:</b> Over 12 miles	<b>AA:</b> Over 2,000 ft.
<b>A:</b> 9-12 miles	<b>A:</b> 1,500-2,000 ft.
<b>B:</b> 6-9 miles	<b>B:</b> 1,000-1,500 ft.
<b>C:</b> Under 6 miles	<b>C:</b> Under 1,000 ft.

Also in the hike descriptions, the terms easy, moderate or strenuous reflect the overall trail conditions, the physical challenge and other factors influencing hike difficulty. If you have questions, CONTACT THE LEADER.

### WEDNESDAY HIKES

Wednesday hikes submitted by Ann Gleason 828-859-9387 cowbonetail@yahoo.com. Driving distance is round trip from meeting place. Hikes will assemble at Westgate Shopping Center near I 240 UNLESS OTHERWISE NOTED. Some hikes will have second meeting places as described in hike listings. Please phone the hike leader if you are not sure of the meeting location.

WEDNESDAY No. W0404-227 **Oct. 6**  
**Crabtree Bald** **8:30 AM**  
 Hike 7.4, Drive 65, 2355' ascent, rated B-AA  
 Jay Bretz 828-658-1220  
 Williambretz1220@msn.com  
 This trail takes us through pasture and woods to the 5320' summit of Crabtree Bald with views of all the 40 mountain peaks in WNC that are over 6000'. Fairly strenuous but gradual climb. **Second meeting place: Pilot Truck Stop on NC 209, exit 24 off I 40 at 9:00 AM.**

WEDNESDAY No. W0404-403 **Oct. 13**  
**DuPont Forest: Reasonover Creek Hike** **8:30 AM**  
 Hike 6, Drive 90, Rated B-B  
 Rusty Breeding 828-692-0359  
 bree@planetusa.com  
 Hikers to form carpools at Westgate and meet leader at Buck Forest Parking lot, Dupont Rd. at 9:30 AM. Phone for directions if necessary. A moderate loop hike in Dupont Forest which will include one boots-off creek crossing. Bring water footwear. We'll see Fawn Lake, Corn Mills Shoals, Bridal Veil Falls, Lake Julian, and the Reasonover Creek Trail. Pretty photo ops. Topo: Standingstone Mtn.; also Dupont Forest trails map

WEDNESDAY No. W0404-404 **Oct. 20**  
**AT: Lemon Gap to Garenflo Gap** **8:30 AM**  
 Hike 7.4, drive 125, 1720' ascent, rated B-A

Curt Holladay, 828-692-9477  
 caholady@bellsouth.net  
 We will start the hike northbound on the AT at Lemon Gap and climb about 700' up to the Walnut Mt. Shelter. The trail descends 600' to Kale Gap through open forests and begins to ascend through Catpen Gap to the summit of Bluff Mt. (4686'). It is all downhill from Bluff Mt. to Garenflo Gap about three miles. Car shuttle.

WEDNESDAY No. W0404-405 **Oct. 27**  
**MST: Mills River Overlook to Pisgah Inn, and return** **8:30 AM**  
 Hike 9.2, Drive 30, 2000 ft. ascent, Rated A-A  
 Ken & Carol Deal 828-281-4530  
 KMCDeal@aol.com  
**P400** We will start at the Mills River Overlook and follow the MST across Little Pisgah, past the site of the old Buck Spring Lodge, to the Pisgah Inn. We plan to eat lunch at the Pisgah Inn so lunch break will be longer than usual. There are 2 steep climbs, with switchbacks. We'll retrace our steps back to the Mills River Overlook after lunch.

WEDNESDAY No. W0404-002 **Nov. 3**  
**MST: Balsam Gap to Mt Mitchell Rd via Blackstock Knob** **8:30 AM**  
 Hike 5, drive 55, 1200 ft. ascent, Rated C-B  
 Elisabeth Feil, 828-684-8719  
 hofeil@brinet.com  
**Only meeting place: Folk Art Center, lower parking lot.** This moderate car switch hike is one of the great trails our crews have created. It includes part of the old Mitchell Trail above 6000 ft. Total elevation gain is about 1200'. Let's hope for good weather to enjoy the outstanding views.

ALL DAY No. W0404-406 **Nov. 10**  
**Pink Beds to Clawhammer and Return** **8:30 AM**  
 Hike 8, Drive 86, 1600 ft ascent., Rated B-A  
 Ruth Hartzler 828-251-0886  
 ruthmtn@aol.com  
**P400** We will climb from the Pink Beds (FS 477) to Club Gap. Then we take the Black Mt. Trail, climbing through Buckhorn Gap and along the ridge to the overlook at Clawhammer Mt. for lunch and 180° views. **Second meeting place: Pisgah Ranger Station at 9:00 AM.**

WEDNESDAY No. W0404-270 **Nov. 17**  
**Cedar Rock Mtn.- John Rock Loop** **8:00 AM**  
 Hike 8, Drive 80, Rated B-A  
 Tom Sanders 828-252-6327  
 mel&tgs@main.nc.us  
**P400** This trip features two of the spectacular rock summits in the Pisgah Forest, with

great views from both. Starting at the Fish Hatchery we'll have our major climb up to Cat Gap and then on to Cedar Rock for lunch. We'll return via John Rock. **Second meeting place: Pisgah Ranger Station on US 276 at 8:30 AM.** Topo: Shining Rock.

WEDNESDAY No. W0404-407 **Nov. 24**  
**Dill Falls** **8:30 AM**  
 Hike 5 miles, Drive 27, Rated C-C  
 Larry Ballard 828-891-4318  
 leballard@cytechcis.net and  
 Eileen McGill 828-891-4409  
 dolphins@ioa.com  
 Hikers to form carpools at Westgate and meet leader at side parking area of the Pisgah Forest Bi-Lo at 9:00 AM. We will hike to Dill Falls, a magnificent 70' water fall. We will hike up the west side of Tanasee Creek from the point where Charles Creek Rd crosses the creek. There will be two stream crossings that require wading.

WEDNESDAY No. W0404-377 **Dec. 1**  
**Bent Creek Ramble to Sleepy Gap** **9:00 AM**  
 Hike 7-8, Drive 20, Rated B-C  
 Gerry McNabb, 274-0057  
 gcmcnabb@charter.net  
**P400** An easy hike from the Bent Creek Rd parking area on several trails in the Lake Powhatan area. If trail conditions allow, we'll climb the Stambaugh Trail to Sleepy Gap at the Parkway and return in a loop.

WEDNESDAY No. W0404-408 **Dec. 8**  
**South Mills River Loop** **8:00 AM**  
 Hike 9, Drive 30, rated A-C  
 Greg Goodman 828-684-9703  
**P400** Hikers to form carpools at Westgate and meet leader at Pisgah Ranger Station on US 276 at 8:30 AM. We take the South Mills River trail to Wolf Ford and on to Squirrel Gap and Horse Cove, then the trail to Funnel top Road and back to the cars.

WEDNESDAY No. W0404-409 **Dec. 15**  
**Jones Gap/El Lieutenant loop** **8:00 AM**  
 Hike 10, Drive 80, 1650 ft. ascent, Rated A-AA  
 Ann Gleason 828-859-9387  
 cowbonetail@yahoo.com  
 Hikers to form carpools at Westgate and meet leader at the Cracker Barrel parking lot (north side) next to Upward Rd., at exit 53 of I 26, at 8:30 AM. **Additional meeting place: Jones Gap St. Pk. At 9:00 AM.** NOTE: \$2 fee per person for park entry. Starting at Jones Gap State Park, we will hike up the Jones Gap Trail along the Middle Saluda River, then the Bill Kimball Trail up through the boulders and forest, climbing over the granite face of El Lieutenant. From there, we continue on the Kimball Trail,



walk a very short portion of US 276 to our return loop on the Tom Miller and Jones Gap Trails. Topos: Cleveland, Table Rock; also trail map of Mountain Bridge Wilderness and Recreation Area.

WEDNESDAY No. W0404-410 **Dec. 22**  
**Young's Ridge Trail** **9:00 AM**

Hike 4.5, Drive 50, rated C-B  
Diane Hankins, 828-298-2870 (before 9 PM)  
**Only meeting place: Oteen Ingles (near VA hospital on Tunnel Rd.) parking lot at the post office flag pole.** A leisurely paced up and back hike from Old Fort picnic area; possibly a short trip to Andrews Geyser after the hike. Suitable for anyone over 10 years old (those under 18 MUST be accompanied by adult).

WEDNESDAY No. W0404-402 **Dec. 29**  
**Tom & Joan's Meadow**  
**Phone leader for time**

Hike 9-10, Drive 70, ascent 2100, Rated A-AA  
Tom Bindrim & Joan Lemire 299-1572  
**P400** This will be a hike from Camp Daniel Boone up Fork Mtn. to a place very special to Tom & Joan. Wilderness area hike limited to ten people. Please contact leader to reserve your place. Wear blaze orange: Bear and Boar season. Topos: Sam Knob and Waynesville; also Nat'l Geographic map of Pisgah Ranger District.

## ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente 828-692-0116, bbente@cytechusa.com. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at Westgate Shopping Center near I 240 UNLESS OTHERWISE NOTED. Some hikes will have second meeting places as described in hike listings.

ALL DAY NO. A0403-134 **Oct. 3**  
**The Blacks Beyond 6000** **7:30 AM**  
(strenuous)

Hike 13, Drive 123, 6000 ft. ascent,  
Rated AA-AA+  
Don Gardner 828-754-4067  
gardog3@charter.net

**SB6K** **Note earlier starting time.** This is your chance to bag eight peaks over 6000 ft. in this very strenuous hike. The initial climb is 3100 ft., and there's much more climbing in the ups and downs between peaks. Do not consider this unless you are in top shape. Bring extra water. Participants should phone the leader beforehand. Car shuttle or key swap. **Second meeting place: Ingles on Burnsville bypass at 8:15AM.** Topos: Celso, Mt. Mitchell; also PNF South Toe River, Mount Mitchell & Big Ivy Trail Map

ALL DAY NO. A0403-339 **Oct. 3**  
**AT: Garenflo Gap –**  
**Hot Springs (moderate)** **8:30 AM**  
Hike 7, Drive 85, 1100 ft. ascent, Rated B-B  
Chip Miller 828-654-9331  
backpacker54nc@att.net

**Note later starting time.** This AT sequence hike offers nice variety, with a beautiful hardwood forest, Deer Park shelter and moderate climbs and descents. Short car shuttle. Topos: Lemon Gap, Spring Creek, Hot Springs

ALL DAY NO. A0404-071 **Oct. 10**  
**Pantherstown Prowl #3** **8:00AM**

Hike 8-10, Drive 120, 1200 ft. ascent,  
Rated B-B  
Joe Cirvello 828-627-1797  
cirvello25@bellsouth.net

This will be our second annual exploration of beautiful Pantherstown, timed for the brightest leaf colors in this high elevation valley. The exact route will be determined by scouting trips and will be posted on the CMC website at a later date. **Second meeting place at Bi-Lo in Pisgah Forest at 8:30 AM.** Topo: Big Ridge

ALL DAY NO. A0404-394 **Oct. 17**  
**Cataloochee and**  
**Little Cataloochee** **8:00 AM**

Hike 8, Drive 95, 2350' ascent, Rated B-AA  
Dave Wetmore 828-884-7296  
dwetmore@citcom.net

**900M** Walk the "Dug Road", originally built in the 1850s. See an unrestored farm site, a restored log cabin, the old apple house, an old church and tourists looking for elk. It's a mostly open easy 2.7-mile bushwhack on an abandoned trail. The rest of the trip is on maintained trails. Topo: Cove Creek Gap; also Nat'l. Geographic map of GSMNP

ALL DAY NO. A0404-272 **Oct. 24**  
**Deep Creek – Kephart's**  
**Last Stand** **7:30 AM**

Hike 12.5, Drive 135, 2200 ft. ascent,  
Rated AA-AA  
Danny Bernstein, 828-236-0192  
danny@hikertohiker.org  
**900M** **Note earlier starting time.** This lovely hike starts at the Deep Creek entrance of GSMNP, outside Bryson City. The hike follows Indian Creek to the Sunkota Ridge Trail, in the heart of ancestral Cherokee country. We go down to Campsite #57, Horace Kephart's last permanent campsite. We will look for a millstone placed by the Boy Scouts in 1931. Then we follow Deep Creek Trail back to the cars. Some rockhopping. After the hike, we will visit Kephart's grave in Bryson City. This hike is the CMC contribution to the Buncombe County "Together We Read" program, which, this year, is reading "Our Southern Highlanders"

by Horace Kephart. **Second meeting place: Rest area on US 23/74 near Waynesville at 8:00 AM.** Topos: Bryson City, Clingman's Dome; also Nat'l. Geographic map of GSMNP

ALL DAY NO. A0404-395 **Oct. 29-31**  
**Backpack (GSMNP Tremont area) 9:00 AM**

Hike 37.8, Drive 200, 6000 ft. ascent,  
Rated AA+-AA+  
Don Gardner 828-754-4067  
gardog3@charter.net  
**900M** This backpack trip is designed to hike trails in the western part of GSMNP that are too far to be covered by a daytrip from Asheville. We will start and end at Tremont (GSMIT), hiking Friday, Saturday and Sunday, staying at Backcountry campsites. NOTE: Hikers must make reservations with Don Gardner as soon as possible but no later than Oct. 1. Don will communicate with participants before the backpack to discuss the trails to be hiked. Topos: Thunderhead Mtn., Cades Cove; also Nat'l. Geographic map of GSMNP

SATURDAY NO. A0404-396 **Oct. 30**  
**Pilot Rock – Thompson Ridge 8:00 AM**

Hike 8.5, Drive 80, 2000' ascent, Rated B-AA  
Lenny Bernstein 828-236-0192  
lsberns@worldnet.att.net

**P400** We will hike up the well-graded Pilot Rock trail to our lunch spot near the Pisgah Inn, and then down the Thompson Ridge trail. We expect good views. Short car shuttle. **Second meeting place: N. Mills River parking lot at 8:30 AM.** Topos: Dunsmore Mtn., Cruso; also Nat'l. Geographic map of Pisgah Ranger District

ALL DAY NO. A0404-103 **Oct. 31**  
**Coon Tree – Bennett Gap –**  
**Avery Creek Loop** **8:00 AM**

Hike 10, Drive 68, 2650' ascent, Rated A-AA  
John Pawcio 828-299-8126  
jpawcio@tycovalves.com

**P400** This hike will combine late leaf colors with fine views on the Buckwheat Knob Trail and along beautiful Avery Creek. Fairly strenuous with two solid uphill climbs. **Second meeting place: PNF Ranger Station at 8:30 AM.** Topos: Pisgah Forest, Shining Rock; also Nat'l. Geographic Pisgah Ranger District map

## SATURDAY WORK DAY

Here is a great chance to learn what is involved in trail maintenance. We will meet on Oct. 16 at the Moose Café at the Farmer's Market on Rte. 191 at 8:00 a.m. for breakfast. We will return to Asheville around 4 p.m. Come join the fun. Call Les Love at 828-658-1489.

ALL DAY NO. A0404-093 **Nov. 7**  
**Graybeard Mountain** **8:00 AM**  
(strenuous)  
Hike 10-11, Drive 35, 2700 ft. ascent,  
Rated A-AA  
Paul Benson 828-251-1909  
pdbenson@charter.net

An exciting ridgetop manway along the middle mountain is our path to the summit. Return to Montreat via Walker Knob and Pot Cove Gap. There'll be good views, a delightful hike and a good workout. Fairly strenuous, including a very steep first mile. **Second meeting place: McDonalds at exit 64 of I 40 at 8:15 AM** Topo: Montreat

ALL DAY NO. A0404-397 **Nov. 7**  
**Bad Fork – Chestnut**  
**Cove Overlook (moderate)** **8:45 AM**  
Hike 9.5, Drive 5, 950 ft. ascent, Rated A-C  
Kathie Giddings 828-696-9808  
kmgiddings@juno.com

**P400** Note later starting time and different meeting place. This is an in-and-out hike, beginning at the Trace Ridge trailhead. We will hike up Bad Fork to the BRP (a steep 700' ascent for the second mile). Chestnut Cove Overlook provides a beautiful view during lunch. **Only meeting place: N. Mills River Recreation area parking lot at 8:45 AM.** Asheville group to self-organize a carpool at Westgate to depart at 8:00 AM. Topo: Dunsmore Mtn.; also Nat'l. Geographic Pisgah Ranger District and MST Profiles, pgs. 55-56

**No hike scheduled** **Nov. 14**  
No hike is scheduled since the Wilderness First Aid Course is being held this weekend. Anyone wishing to hike should assemble at Westgate at 8:00 AM and select your own hike.

ALL DAY NO. A0404-224 **Nov. 21**  
**Table Rock – Pinnacle Loop** **8:00 AM**  
Hike 9.5, Drive 120, 2000' ascent, Rated A-A  
Linda Beja 828-293-3849  
lrbeja@earthlink.net

This is a great hike with good views. We'll start from the parking lot at Table Rock State Park on SC 11. Our first objective will be the Drawbar Cliffs near Pinnacle Mtn. with a spectacular view of SC. We will then hike to Table Rock and lunch before returning to our cars. \$2 parking fee. **Asheville group to form carpools at Westgate and meet the leader at Table Rock State Park at 9:15 AM.** Topo: Table Rock, SC

SATURDAY NO. A0404-398 **Nov. 27**  
**Sunburst - Green Knob-**  
**Haywood Gap Trail** **8:00 AM**  
Hike 7, Drive 95, 2000' ascent, Rated B-AA  
Carroll Koeplinger 828-667-0723  
carrollkoepp@cs.com

**P400** We will start with an initial very

steep mile to Green Knob and its spectacular views, then do a short bushwhack down to the Grassy Ridge Branch Trail. We return on the seldom-hiked lower Haywood Gap Trail. Wilderness area hike limited to ten people. Please contact leader to reserve your place. Topo: Sam Knob; also Nat'l. Geographic Pisgah Ranger District map

ALL DAY NO. A0404-399 **Nov. 28**  
**Cedar Rock Circuit via**  
**Butter Gap** **8:00 AM**  
Hike 9, Drive 70, 2000 ft. ascent, Rated B-A  
Tom Sanders 828-252-6327  
mel&tgs@main.nc.us

**P400** This great loop hike begins at the Pisgah Forest Fish Hatchery and ascends along a beautiful stream and Picklesimer Fields to Butter Gap. We will circle around Cedar Rock Mtn. and then to the summit for the spectacular views at our lunch spot. We'll return to the Fish Hatchery by way of Cat Gap Trail. **Second meeting place: Fish Hatchery at 8:45 AM.** Topo: Shining Rock; Nat'l. Geographic Pisgah Ranger District map

ALL DAY NO. A0404-076 **Dec. 5**  
**Craggy to Little Snowball** **8:00 AM**  
(strenuous)  
Hike 8.2, Drive 18, 2650' ascent, Rated B-AA  
Don Walton 828-298-5084  
walt7258@bellsouth.net

From Bee Tree Gap at Craggy Gardens, hike a short distance on the MST, and then the Snowball Trail over High Rocks (Hawkbill Mtn.) to the site of the Little Snowball Tower. The Tower was removed years ago and the trees cleared recently for great views of the mountains. If the BRP is closed, we will drive in from the Barnardville end of the road. Topo: Craggy Pinnacle; also MST Profiles page 65

ALL DAY NO. A0404-400 **Dec. 5**  
**Ferrin Knob via Spencer Branch**  
**and Trace Ridge (moderate)** **8:30 AM**  
Hike 8-9, Drive 42, 1500' ascent, Rated B-A  
Barbara Passmore 828-667-8684  
bpss354@aol.com

**P400** Note later start time. Another moderate Ferrin Knob hikes, but designed to cover some seldom-hiked trails for P400 aspirants. We will hike past the Hendersonville Reservoir, ascend on Spencer Branch and Spencer Gap Trails, to our lunch spot atop 4064' Ferrin Knob, the former site of a fire tower. Return via the MST and the Trace Ridge Trail. **Second meeting place: Trace Ridge Trailhead at 9:00 AM.** Topo: Dunsmore Mtn.; also Nat'l. Geographic Pisgah Ranger District map of Pisgah Ranger District

ALL DAY NO. A0404-277 **Dec. 12**  
**Bent Creek Loop #2** **8:30 AM**

Hike 9-10, Drive 20, 1600' ascent, Rated A-A  
Ruth Hartzler 828-251-0886  
ruthmtn@aol.com

**P400** Note later starting time. A nice Bent Creek loop, starting at the Hardtimes trailhead. We'll hike part of the MST, to the Lower Sidehill Trail, past Lake Powhatan. A great close-in, cool weather hike. Topos: Dunsmore Mtn., Skyland; also Nat'l. Geographic Pisgah Ranger District map

ALL DAY NO. A0404-276 **Dec. 19**  
**AT: Streets Gap to Big Bald** **8:00 AM**  
Hike 9, Drive 70, 2000 ft. ascent, Rated A-A  
Tommie Boston 828-686-5029 (828-273-2638  
from 7:15-8:00 AM on day of hike)  
tambee2@aol.com

Big Bald is one of the crown jewels of our section of the AT, with views of the Blacks, Smokies and other ranges in WNC and Tennessee. The first 0.6 miles climbs up to Streets Gap from the Tennessee side, then follows the AT to Big Bald. If we're lucky, the forest will be coated with beautiful rime ice. Topos: Sams Gap, Bald Creek

**SKI TRIP** **Dec. 17-20**  
Carroll Koeplinger 828-667-0723  
carrollkoepp@cs.com  
Carroll will lead a ski trip to Snowshoe Ski Resort in West Virginia, a seven-hour drive. Plans are to leave Friday morning (time to be determined) and return Monday Dec. 20. Contact Carroll for more information. Those wishing to go on the trip must contact him by Dec. 1 so he can make arrangements.

ALL DAY NO. A0404-401 **Dec. 26**  
**Laurel Mtn.- Pilot Cove** **9:00 AM**  
Hike 7-8, Drive 70, 1000 ft. ascent, Rated B-B  
Joanne Tulip 828-299-3495  
tulipinn@aol.com

**P400** Note later start time. We'll hike up Laurel Mtn. trail to Sassafras Gap, then bushwhack down to the upper Slate Rock Creek trail. We'll descend on the Pilot Cove loop trail. Great views of Pilot Rock and surrounding mountains. Short car shuttle. Topo: Dunsmore Mtn.; also Nat'l. Geographic Pisgah Ranger District map

NEW YEARS DAY NO. A0404-281 **Jan. 1**  
**Green River Gamelands**  
**8:30 AM breakfast, 9:30 AM hike**  
Hike 8, Drive 20 (from Hendersonville),  
1000 ft. ascent, Rated B-B  
Bruce Bente 828-692-0116  
bbente@cytechusa.com

This annual hike begins with breakfast at the Cracker Barrel in Hendersonville (exit 53 on I 26), followed by a pleasant loop on trails around the Green River Gamelands. We'll hike down to and along the Green River, with a late lunch at the big rocks, and

then hike up and out on the Pulliam Creek trail. Short car shuttle. Topo: Clifffield Mtn., and Map of the Green River Gamelands Trails



ALL DAY NO. A0404-402 **Jan. 2**  
**Tom & Joan's Meadow**  
**phone leader for time**

Hike 9-10, Drive 70, 2100 ft. ascent, Rated A-AA  
 Tom Bindrim & Joan Lemire 828-299-1572  
**P400** This will be a hike from Camp Daniel Boone up Fork Mtn. to a place very special to Tom & Joan. Wilderness area hike limited to ten people. Please contact hike leader to reserve your place. Topos: Sam Knob & Waynesville; also Nat'l. Geographic map of Pisgah Ranger District

## HALF-DAY SUNDAY HIKES

Half-day hikes submitted by Pat Elias, 828-687-1651, peliasy@aol.com and Paula Robbins, 828-281-3253, paularww@bell-south.net. Driving distance is round-trip from Asheville. All hikes assemble at Westgate Shopping Center near I 240 UNLESS OTHERWISE NOTED. Some hikes will have second meeting places as described in hike listings.

HALF-DAY NO. H0404-383 **Oct. 3**  
**Dupont State Forest –**  
**Fawn Lake P.L. #2** **11:30 AM**  
 Hike 6, Drive 25, Rated B-C  
 Becky Elston, 828-749-1886  
 abbybail@tds.net

**Note early start time.** We will hike the Reasonover Trail loop. CAUTION: There is one stream crossing requiring boots off, a towel and appropriate footwear, if desired. Hikers to form carpools at Westgate and meet hike leader at Cracker Barrel off exit 53 of I 26, NW corner of parking lot, at 12:30 PM.

HALF-DAY NO. H0404-319 **Oct. 10**  
**Holmes Educational Forest** **1:00 PM**  
 Hike 6, Drive 55, 500 ft. ascent, Rated B-C  
 Toni and Don Bellm, 828-687-1004  
 dgbamb@charter.net

This is a pleasant loop hike with "talking trees" and a Forest Demonstration Trail explaining good forestry practices. Hikers to form carpools at Westgate and meet the hike leaders at Bi-Lo (side parking lot near Pizza Hut) at US 64 and 276, Pisgah Forest, at 1:30 PM.

HALF DAY NO. H0404-295 **Oct. 17**  
**Pump Gap Loop** **1:00 PM**  
 Hike 5.5, Drive 80, Rated A-B  
 Jorge Munoz, 828-658-0606  
 jmunoz@buncombe.main.nc.us  
**Note early start time.** From Silvermine

trailhead in Hot Springs we will have a good climb to the ridge. We will visit an old mountain cemetery, cross the AT and return on Pump Gap Trail. There is beautiful vegetation and scenery to enjoy beside good company.

HALF DAY NO. HO404-094 **Oct. 24**  
**Vineyard Gap Loop** **1:00 PM**  
 Hike 6, Drive 55, Rated B-C  
 Ruth Hartzler, 828-251-0886  
 ruthmtn@aol.com

**P400 Note early starting time.** A loop hike from the Turkey Pen parking area following the Forge Mountain Ridge to Vineyard Gap, then along the bank of the South Mills River with several views of the river, and ending with a short, steep climb. Hoping for fall color. **Second meeting place at Turkey Pen parking lot at 1:30 PM.**

HALF-DAY NO. H0404-344 **Oct. 31**  
**Pulliam Creek in the Green** **12:30 PM**  
**River Gamelands**  
 Hike 6.5, Drive 40, 900' ascent, Rated B-C  
 Becky Elston, 828-749-1886  
 abbybail@tds.net

**Note early start time.** A pretty in-and-out hike, partially along Pulliam Creek. After we cross the creek, we will see views of the Green River and the famous "Narrows." We will stop at a great spot on the Green River for a snack. Hikers to form carpools at Westgate and meet hike leader at 1:00 PM on the NW corner at Cracker Barrel, Exit 53 (old exit 22 off I-26). Hikers are welcome to join leader after hike for dinner at Cracker Barrel.

HALF DAY NO. H0404-280 **Nov. 7**  
**North Slope-Art Loeb Loop** **1:00 PM**  
 Hike 6, Drive 55, Rated B-C  
 Neal Andreae, 698-2546  
 NAndreae@gowebway.com

**P400 Note earlier start time.** Begin and end at Davidson River Camp Ground. We will hike counter-clockwise along the river, then follow Shut-in Ridge and Neil Gap. Hikers to form car pools at Westgate at 1:00 PM and meet hike leader at the Davidson River Campground, Route 276 in Pisgah Forest National Forest at 1:45 PM

HALF DAY NO. H0404-391 **Nov. 14**  
**North Mills River Area** **12:45 PM**  
 Hike 4-6, Drive 50, Rated B-B  
 Greg Goodman, 828-684-9703  
**P400** A hike in the North Mills River area

(or leader's choice) along the old lumber road toward Fletcher Field Trail. Hikers to form carpools at Westgate and meet hike leader at the North Mills River Picnic Area at 1:30 PM.

HALF-DAY NO. H0404-325 **Nov. 21**  
**Rich Mtn. from Tanyard Gap** **12:30 PM**  
 Hike 5.4, Drive 72, Rated C-A  
 Elisabeth Feil 828-684-8719  
 hofeil@brinet.com

**Note earlier start time.** This in-and-out hike on the AT near Hot Springs rewards us for our 1600-ft. climb with a superb view from the fire tower.

HALF-DAY NO. H0404-286 **Nov. 28**  
**Thrift Cove, Grassy Road,**  
**Sycamore Cove Trails** **1:00 PM**  
 Hike 6, Drive 70, Rated C-C  
 Tom Sanders, 828-252-6327  
 Mel&tgs@main.nc.us

**P400** This is a brisk and diversified post-Thanksgiving stretch on several trails near the Pisgah Visitors Center. There are several variations on this, depending on how we feel. Lots of woods, some views. We start up and finish going down. Map: Nat'l Geographic Pisgah Ranger District

HALF-DAY NO. H0404-392 **Dec. 5**  
**Christmount** **1:30 PM**  
 Hike 4-5 miles, Drive 4, Rated C-B  
 Tommie Boston 828-686-5029 (Cell phone for leader after 12:45 PM is 828-273-2638)  
 Tambee2@aol.com

This hike has two strenuous up-hill climbs, but a nice winter view atop Glade Mountain. Hikers to form carpools at Westgate at 12:45 and meet hike leader at 1:30 PM at McDonald's in Black Mountain, Exit 64 off I-40 East.

HALF DAY NO. H0404-102 **Dec. 12**  
**Coontree Loop** **1:30 PM**  
 Hike 3.7, Drive 70, Rated C-C  
 Paula Robbins, 828-281-3253  
 paularww@bellsouth.net

**P400** After a fairly steep up-hill climb, we will hike along a ridge on the Bennett Gap Trail, with some good views at this time of year. The down-hill portion goes along the side of a pretty creek. **Second meeting place: Pisgah Forest Ranger Station off Route 276 at 1:45 PM.**

## A FEW GOOD PEOPLE

Howard McDonald needs a few good people to help build the new Roaring Fork Shelter on the AT. If you are available, or just want more information, call him at 828-693-8258. E-mail is hamcdonald@cytechcis.net



HALF DAY NO. H0404-299 **Dec. 19**  
**Christmas Party Hike** **Noon**  
Hike 4-5, Drive 50, Rated C-C  
Diane Hankins, 828-298-2870 (before 9 PM)  
**Note early start time.** A leisurely paced annual hike. Bring a little gift (wrapped, please) and receive one too. Where we go will depend on the weather. Only meeting place: Ingles Parking lot across from Biltmore Square Mall on NC 191 off I-26. Suitable for anyone over 10 years of age. (Those under 18 MUST be accompanied by an adult.)

HALF DAY NO. H0404-035 **Dec. 26**  
**Looking Glass Rock** **12:30 PM**  
Hike 6.2, Drive 70, 1700 ft. ascent, Rated C-B  
Rusty Breeding, 692-0359 bree@planetusa.net  
**P400** Note early start time. A moderately difficult well-graded trail leads to the top of this interesting mountain. There are excellent viewpoints along the way. Hikers to form carpools at Westgate and meet hike leader at Pisgah Ranger Station new parking lot on US 276 at 1:15 PM.

HALF-DAY NO. H0404-393 **Jan. 2**  
**Turkey Pen Ramble** **1:30 PM**  
Hike 6, Drive 55, Rated C-C  
Bruce Bente, 828-692-0116,

**Carolina Mountain Club**  
P.O. Box 68  
Asheville, NC 28802

Return Requested

bbente@cytechusa.com  
**P400** This is a moderate hike starting at the Turkey Pen parking lot, close to Asheville. We will cross the S. Mills River

suspension bridge, then do a loop hike through Pea Gap and incorporating parts of different trails. **Second meeting place: Turkey Pen parking lot at 2:00 PM.**

Further  
information is available  
at [www.carolinamtnclub.org](http://www.carolinamtnclub.org)  
about regulations

#### **Mountaineering Information**

Consult the trip leader for additional information regarding a particular hike. Hikes may be cancelled due to adverse weather, causing dangerous road and trail conditions. Please call hike leader if weather conditions are questionable.

Visitors are cordially welcome but should select trips within their endurance. When reservations are necessary, the leader will have to be called to reserve a space. Hikers usually carpool from the meeting places to trailheads and back. **Passengers are expected to share operating expenses with the driver.**

#### **Clothing & Equipment, Etc.**

**Footwear comes first. Never start a mountain trip in brand new footwear. Lightweight hiking boots are recommended.** Clothing of any substantial type will do. Carry a sweater, even in summer, and some kind of rain wear.

**EQUIPMENT** for all-day trips should be a lunch, plenty of water, compass, first aid kit, matches in waterproof case, flashlight, cellphone if available and personal medication including allergy medication. On overnight trips, carry tent, sleeping bag, foam pad, extra clothing, stove, fuel, mess kit, eating utensils, and food in addition to the above.

**MAPS** are helpful when hiking on your own. U.S. Geological Survey and T.V.A. topographic quadrangle maps are for sale at \$4.00 per sheet at local outfitting stores or by mail from Branch of Distribution, U.S. Geological Survey, Box 25286, Denver, CO 80255. State index maps for selecting quadrangles are free from the Denver office. U.S. Forest Service topographic maps (based on U.S. Geological Survey quadrangles) and maps of selected areas in Western North Carolina are available at the National Forest Service Office, 160 Zillicoa St., P.O. Box 2750, Asheville, NC 28802. Call (828) 257-4200 for further information.

**CLUB TRIP REGULATIONS:** Both members and visitors are expected to abide absolutely by club regulations and by instructions of the leader. Visitors should make themselves known to the leader on arrival at assembly place announced for the trip. No one is to start ahead of the leader without definite permission, or lag unreasonably far behind the group. The party is pledged not to pick shrubs or wild flowers, damage property in any way, or endanger forests and property by smoking while walking.

**MEMBERSHIP:** Any person is eligible for membership by completing a Membership Application form and paying dues. Individual and Family memberships are \$12.00 per year.

Frequent non-member participants in club hikes are expected to join the Carolina Mountain Club. All members are encouraged to participate in one of the club's many maintenance efforts. Contact a club officer for details.

#### **Carolina Mountain Club Officers**

Don Walton-298-5084 PRESIDENT Gerry McNabb-274-0057 VICE PRESIDENT  
Lenny Bernstein-236-0192 SECRETARY Carroll Koeppinger-667-0723 TREASURER  
COUNCIL MEMBERS: Les Love-658-1489, Linda Blue-645-4488,  
Piet Bodenhorst-298-8371, Bruce Bente-692-0116, Bill Ross-271-7992,  
Stuart Tauber-254-0824.  
Morgan Sommerville-254-3708 ATC FIELD REP

Quarterly Council meetings are open to all Club members. Call any Council member for date, time and place.

**THE APPALACHIAN TRAIL:** The Carolina Mountain Club is a member of the Appalachian Trail Conference, P.O. Box 807, Harpers Ferry, West Virginia 25245 Telephone (304) 535-6331.

#### **Responsibility For Safety**

Each CMC member, guest or non-member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The Club cannot ensure the safety of any participant on hikes. In participating in Club hikes, each such person agrees to hold harmless and free from blame the hike leaders, and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in hikes or other Club activities.

Editor this issue: Ginger Graziano-236-2075 gingergraz@chapter.com

Editor next issue: Gerry McNabb-274-0057 gmcnabb@charter.net

Deadline next issue: November 15, 2004