



Carolina Mountain Club

Since 1923

eNews | Hike . Save Trails . Make Friends.

July 2022



CMC 100th Year Anniversary Celebration!

The beginning of CMC's 100th year is July 16, 2022! To kick off our celebrations, CMC is offering a \$100 discount on Family and Individual Lifetime memberships! All you need to do is pay for your Lifetime membership between July 16 and the end of the month to save \$100! Your membership supports our newly established Endowment Fund which will help support CMC into the next 100 years!

Mark your calendars and help CMC begin and continue for the next 100 years!!

CMC Women Crews on Quarterly Crew Days

by Donna Bange



The CMC Motto is **“Hike, Save Trails, Make Friends”**. What better way for a new or active female CMC volunteer to make friends than to join an all women work crew?

These all-female work crews are being offered as an option at the Quarterly Crew work days and other special work events like Pisgah Project day.

The crews are led by a veteran female trail maintainer. This provides an opportunity for a new volunteer to learn trail maintenance directly from an experienced maintainer. The main goal is for the women to have fun, enjoy their work and want to return to volunteer with CMC.

Quarterly Crew leader Joe Bange commented that the all-female work crews have been a success and he plans to continue.



FROM THE HIKING DESK

by Brenda Worley

Hello fellow hikers! I have some good news regarding a new feature Tim Carrigan has added to our hiking database. Now, when you complete a CMC scheduled hike, your hike leader is able to enter your name in the hike report. This will result in the number of miles you hiked during that scheduled CMC hike being posted to your information page. Your hikes and mileage logged will show accumulated totals similar to the maintenance hours worked.

Since most COVID restrictions have been lifted, beginning with the fourth quarter, hike leaders will be able to designate the number hikers allowed on their hikes. The hike leader will advise the scheduler and the scheduler will annotate the hike as follows:

- 1) the hike leader requires no registration because there is no limit of hikers he/she will allow;
- 2) the hike leader requires registration but no limit of hikers;
- 3) the hike leader requires registration and there is a limit of hikers allowed.

Wilderness area hikes continue to require a limit of ten persons.

Thank you all for your continued support of your hike leaders.

CMC Quarterly Crew at Mt. Mitchell-MST Trail

by Donns Bange

Saturday June 4th was the second quarterly crew held again Mt. Mitchell State Park. This section of the MST connects from Camp Alice to the path leading to the top of Mt. Mitchell. While protecting Mt. Mitchell's sensitive ecosystem, 38 volunteers worked on 10 separate work areas. Most of the work focused on rock steps, wood steps and/or water diversions.

These photographs show the trail condition before the work began, the hard work to move the large rocks in place and the final rock steps. It took four rock bars to move the largest stone. All rocks were taken within feet of the trail so as not to disturb the environment.

Quarterly Crew is led by Les Love, Joe Bange, John Whitehouse and Chris Werbylo with support from Todd Eveland. John also does the coordination with Mt. Mitchell Park Service. The quarterly work days are held on a Saturday to give individuals who work during the week an opportunity to volunteer with CMC.

CMC External Stakeholder Communications Committee

by Donna Bange

Early 2022 CMC Leadership Counsel formed a new committee focused on external stakeholder communications with Bill Sanderson as the lead. This committee's focus was to increase the communications with the US and State Government Land Owners along with Social Media and Community partners.

CMC is a 100% volunteer organization with significant impact in the Western North Carolina Community. We wanted to share the breadth and depth of CMC activities across hiking and trail maintenance. The committee started work with only a few members and within several months grew to include: Bill Sanderson, Les Love, Tom Weaver, Rich Evans, Jan Onan, Donna Bange, Tim Carrigan, Brenda Worley, Ron Navik and David Huff.

Several key work products and events have resulted from their work:

1. Tim Carrigan and Brenda Worley have worked together to track CMC hiker data in a similar fashion to trail maintenance data on the CMC website. If you are interested in learning more, please contact Brenda.
2. There is a baseline PowerPoint slide deck that overviews CMC's breadth and depth of hiking and trail maintenance activities. This baseline presentation

enables individuals to talk about CMC to outside stakeholder groups. Contact Donna Bange if you are interested in learning more.

3. Regarding the US Federal and NC State Government, there are now standardized presentation materials when CMC reports the trail maintenance efforts. Contact Todd Eveland or Donna Bange if you are interested in learning more.
4. Two new spin-off committees were formed: Centennial Committee and CMC Social Media. These two new committees will work closely together. If you are interested, contact Les Love for the Centennial and Jan Onan for Social Media.

Carolina Mountain Club eNews is published on the first Friday of each month. Send your news to eNews@carolinamountainclub.org. Articles are due on the last Friday of the previous month. Please limit articles to no more than 1,000 words. You may send up to two photos as jpg attachments.

To join Carolina Mountain Club go to : www.carolinamountainclub.org. Click on "Join CMC" on the right side. Follow the instructions. For all address and email changes, log in, select "Modify Profile", make changes and click on "Update Member" or email Dennis Bass at dbass3607@gmail.com. Your email changes will be automatically reflected in eNews delivery.

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