

LET'S GO!



FIRST QUARTER 2021 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Art Leob Monday Crew

Rich Evans, richard.erman.evans@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Vance Waggener, vance.waggener@yahoo.com

Thursday Crew

Todd Eveland, pepsitodd1@gmail.com

Ken Hummel, Kenhummel60@gmail.com

Asheville Friday crew

Paul Curtin, pmcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com

Wilderness Response Crew

Vance Waggener, vance.waggener@yahoo.com

Richard Figura, rafigura107@gmail.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pmcurtin@hotmail.com

Rich Evans, richard.erman.evans@gmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

Todd Eveland, pepsitodd1@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse, johnwhitehouse@ccvn.com

HIKE SCHEDULE First Quarter 2021

Hike Ratings

First Letter

Distance

AA: Over 12 miles

A: 9.1-12 miles

B: 6.1-9 miles

C: Up to 6 miles

Second Letter

Elevation Gain

AA: Over 2,000 ft.

A: 1,501-2,000 ft.

B: 1,001-1,500 ft.

C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

S_B6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the area. Contact Jack Fitzgerald, 828-685-2897, suejackf@bellsouth.net

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact Chris Koebelin, chriskoebelin@yahoo.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Daisy Karasek, 828-505-2036, daisytk@yahoo.com. **Due to COVID-19, all hikes have a limit of ten hikers unless stated otherwise. Contact leader for reservation.** Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W2101-374

Jan. 6

Good Road to MST to Bald Knob 8:30 AM
Hike 9.5, Drive 50, 2500 ft. ascent, Rated A-AA, **AT-MST**

Jeff Wilcox, 828-505-2815, cell: 828-989-8755, jwilcox@unca.edu

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Driving mileage from Asheville is 80 miles round trip. Park on Good Road in McDowell County off US 221. Hike on MST to North Fork of Catawba River, cross bridge, and ascend to top of Bald Knob. A steep hike, but spectacular winter views. This hike offers an opportunity to see how the forest has recovered from a forest fire a few years ago. Return by same route.

Topo(s): Little Switzerland

Wednesday No. W2101-532

Jan. 13

Sassafras Mountain 8:30 AM
Hike 9, Drive 25, 2400 ft. ascent, Rated B-AA
Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net

Only Meeting Place: Pisgah Forest Bi-Lo. Driving mileage from Asheville is 85 miles round trip. This is a pleasant hike from US 178 up to the highest peak in South Carolina, following the Foothills Trail.

Topo(s): Eastatoe Gap

Wednesday No. W2101-806

Jan. 20

Shope Creek Loop 8:30 AM
Hike 7.2, Drive 25, 2200 ft. ascent, Rated B-AA
Virginia Bower, 828-273-2486,
clabbergirl57@gmail.com

Only Meeting Place: Ingles on US 70 at Riceville Road (Oteen). We'll hike across the base of the mountain along a stream, then take a trail that leads to the ridge line. The trail is very steep near the top for a short distance. Then we

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays in 2021 are April 3, June 5 (National Trails Day), August 14 and October 9. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

hike along the ridgeline with beautiful views of the Riceville Valley. There is a rock scramble to Rocky Knob. Hiking poles are highly recommended. We will border the Asheville watershed and Riceville Valley for a while.
Topo(s): Craggy Pinnacle

Wednesday No. W2101-001 **Jan. 27**
Case Camp - Seniard Ridge Loop 8:30 AM
Hike 7.4, Drive 25, 1800 ft. ascent, Rated B-A, **P400, WC100**
Adrienne Chang, 414-690-5424,
acjp9349@yahoo.com

Only Meeting Place: Pisgah Forest Bi-Lo. Driving mileage from Asheville is 80 miles round trip. This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail, passing two nice waterfalls along an old logging road. If Forest Road 475B is closed, we will have to walk to and from the trailhead, adding 1.7 miles to the hike.
Topo(s): Shining Rock

Wednesday No. W2101-642 **Feb. 3**
Smokemont Loop 9:00 AM
Hike 6.2, Drive 50, 1300 ft. ascent, Rated B-B, **900M**
Randy Fluharty, 828-423-9030,
rfluharty54@gmail.com

Only Meeting Place: Maggie Valley Post Office. Driving mileage from Asheville is 110 miles round trip. A loop hike from Smokemont Campground that goes up the Smokemont Loop trail, with a side trip to the Bradley Cemetery before climbing to the top of Richland Mountain for lunch. Then it's downhill to the Bradley Fork Trail which parallels the beautiful creek after crossing a long log bridge. The trail ends back at the Smokemont Campground.
Topo(s): Smokemont

Wednesday No. W2101-599 **Feb. 3**
Daniel Ridge - Cove Creek - Cove Creek Falls Loop 9:00 AM
Hike 10, Drive 20, 1800 ft. ascent, Rated A-A, **P400, WC100**
Thomas Butler, 361-484-3381,
tom3381@outlook.com

Only Meeting Place: Pisgah Forest Bi-Lo. Driving mileage from Asheville is 80 miles round trip. We'll start with the 4-mile Daniel Ridge Loop, follow a FS road by a nice waterfall, and go down an unmapped trail to Caney Bottom Trail. Here we'll loop around to Cove Creek Trail and our lunch spot, the 60-foot Cove Creek Falls. Then we'll go back to Caney Bottom Trail, intersect Cove Creek Trail, back up the FS road, by 100-foot Toms Spring Falls, and back to our cars on Davidson River Road

(FS 475).
Topo(s): Shining Rock

Wednesday No. W2101-629 **Feb. 10**
Rough Creek Watershed Loop 1 8:45 AM
Hike 8, Drive 20, 1800 ft. ascent, Rated B-A
George Shepherd, 405-596-2632,
shepherdgeorge@att.net

Only Meeting Place: Park-n-ride lot off Exit 33 of I-40. Driving mileage from Asheville is 50 miles round trip. This is a rarely used trail in the Canton Watershed. During this loop hike, we walk uphill in the morning, partially on grass roads and partially in the woods, to a ridge line with long-distance views. Next the trail returns to the woods including a stop at a sunny rock outcrop with views for lunch. After lunch, we return downhill, crossing Rough Creek on a bridge.
Topo(s): Canton

Wednesday No. W2101-186 **Feb. 17**
Little Pisgah Mountain 8:30 AM
Hike 10, Drive 25, 2000 ft. ascent, Rated A-A
Virginia Bower, 828-273-2486,
clabbergirl57@gmail.com

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.
Second Meeting Place: Florence Nature Preserve by chimney at 8:45 AM.
We'll hike from the parking lot up into an open meadow leading to the summit of Little Pisgah Mountain. If the weather is clear, the view doesn't get any better.
Topo(s): Bat Cave

Wednesday No. W2101-589 **Feb. 24**
Shut-in Trail and Lake Powhatan loop 8:30 AM
Hike 11.4, 1500 ft. ascent, Rated A-B, **AT-MST, P400**
Steve Pierce, 828-442-8482,
stevepierce50@gmail.com

Only Meeting Place: Bent Creek River Park off NC 191. This loop is one of the 100 Favorite Trails hikes and is a variation of the CMC Hike #589. The first 5 miles of this hike are on the Shut-In section of the MST from NC 191 at the NC Arboretum to Sleepy Gap. Expect a steady climb to start with some flatter ridges and climbs along the way. After a snack break at Sleepy Gap we will descend to our lunch spot at Lake Powhatan on a series of trails, then finish with three miles on the Bent Creek Trail with a dirt road connecting parts of the trail.
Topo(s): Asheville

Wednesday No. W2101-223 **March 3**
MST: Ox Creek Road to Lunch Rock and back 8:30 AM
Hike 9.4, 1355 ft. ascent, Rated A-B, **AT-MST**
Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com

Only Meeting Place: Ox Creek Road (750 feet off BRP MM 375.6). Driving mileage from Asheville is 15 miles round trip. This is a variation of Hike #223. We will hike the MST starting at Ox Creek Rd. (about 750 ft. off the parkway) where the MST crosses. This is a beautiful section of the MST with our area's diverse woods and periodic good views. We will enjoy the view from above the Haw Creek Overlook at lunch and return. If the rock is crowded, we have a second quieter lunch spot. This is a good winter hike and workout with lots of ups and downs.
Topo(s): Oteen

Wednesday No. W2101-903 **March 10**
Cataloochee and Little Cataloochee via Little Cataloochee Trail 8:30 AM
Hike 9.5, Drive 40, 1850 ft. ascent, Rated A-A, **900M**
Thomas Butler, 361-484-3381,
tom3381@outlook.com

Only Meeting Place: Pilot Truck Stop off Exit 24 of I-40. Driving distance from Asheville is 80 mi. roundtrip. We follow Pretty Hollow Trail for 0.8 miles, turn right and follow Little Cataloochee Trail to a chapel in Little Cataloochee where we will stop for lunch and maybe see an elk on the way. We will return to our cars via the same route.
Topo(s): Cove Creek Gap

Wednesday No. W2101-283 **March 17**
Montreat Ramble #2 9:00 AM
Hike 8, Drive 10, 1500 ft. ascent, Rated B-B
Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Driving mileage from Asheville is 40 miles round trip. This will be a moderate loop hike starting at Montreat Conference Center outside of Black Mountain. We'll climb to the great view from Lookout Mountain, then on to Pot Cove Gap and down the Graybeard Trail to our cars. Email to reserve your spot. Must be paid-up CMC member.
Topo(s): Montreat

Wednesday No. W2101-051 **March 24**
White Oak Flats, Pounding Mill, Hickey Fork 9:00 AM
Hike 7.5, Drive 25, 1900 ft. ascent, Rated B-A
Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Meet leader at second meeting place.

Second Meeting Place: US 25/NC 208 intersection at 9:30 AM.
Driving mileage from Asheville is 85 miles round trip. Starting at the footbridge over Hickey Fork, we'll do a nice loop hike using three different trails and finishing on heavily rebuilt Hickey Fork Rd.
Topo(s): White Rock

Wednesday No. W2101-554 **March 24**
Bent Creek #12 -
MST - Arboretum **10:00 AM**
 Hike 8.7, 1300 ft. ascent, Rated B-B, **P400**
 Carroll Koeplinger, 828-667-0723,
 cell: 828-231-9444, cakoe29@gmail.com
Only Meeting Place: Bent Creek River Park off
 NC 191. We will hike from the Bent Creek River
 Park through the Arboretum and Bent Creek
 area on Bent Creek, Homestead, Small Creek,
 Deerfield Connector and Stambaugh Trails to
 the MST, then turn downhill on the MST and
 Hard Times Road back through the Arboretum
 and under NC 191 to our cars.
 Topo(s): Asheville, Skyland

Wednesday No. W2101-876 **March 31**
Lost Cove from Poplar **8:00 AM**
 Hike 9, Drive 90, 2000 ft. ascent, Rated B-A
 Mike Knies, 828-628-6712, knies06@att.net
Only Meeting Place: 160 Zillicoa St. (USFS
 parking lot) off Exit 25 of I-26. This hike will
 use a combination of old roads and manways to
 hike into the former community of Lost Cove
 from Poplar, NC. Learn the history of this settle-
 ment while visiting old home sites, a cemetery,
 sawmill and apple house. We will hike gradually
 uphill to Lost Cove, and return along the beauti-
 ful white water of the Nolichucky River.
 Topo(s): Chestoa, Hunt Dale

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente,
 828-692-0116, bbente@bellsouth.net. **Due to
 COVID-19, all hikes have a limit of ten hik-
 ers unless stated otherwise. Contact leader
 for reservation.** Driving distance is round-trip
 from Asheville. All hikes assemble at the loca-
 tion described for that hike. Some hikes will
 have second meeting places, and starting times
 may vary.

Friday No. A2101-893 **Jan. 1**
Green River Game Lands -
West Side **9:15 AM**
 Hike 6.5, Drive 20, 1200 ft. ascent, Rated B-B
 Bruce Bente, 828-692-0116,
 cell: 828-699-6296, bbente@bellsouth.net
Only Meeting Place: Cracker Barrel Restaurant
 off Exit 53 of I-26 in parking lot close to I-26.
 Driving distance from Asheville is 50 miles
 round trip. We plan to have breakfast at Cracker
 Barrel at 8:00 AM – but I’ll send an email to reg-
 istrants if it is not possible this year. Departure
 time from the parking lot will be at 9:15 AM, to
 hike our traditional New Year’s Day hike in the
 Green River Game Lands. This year’s hike will
 follow a different and slightly shorter route but
 will still include lunch at the end of the Green
 River Cove trail by the big rocks in the Green
 River.
 Topo(s): Cliffield Mtn.

Sunday No. A2101-892 **Jan. 3**
NC 191 to Folk Art Center **9:00 AM**
 Hike 13.7, 2050 ft. ascent, Rated AA-AA,
AT-MST
 Les Love, 828-658-1489, cell: 828-230-1861,
 lesrlove55@gmail.com and Catherine Love,
 828-658-1489, catmlove2@gmail.com
Only Meeting Place: Back parking lot of Folk
 Art Center. Note later meet time. Great workout
 hike for the winter over the rolling Biltmore
 section of the MST around Asheville. Lunch and
 warmup at Fresh Market.
 Topo(s): Asheville

Sunday No. A2101-224 **Jan. 10**
Table Rock - Pinnacle Loop **9:00 AM**
 Hike 11.2, 2900 ft. ascent, Rated A-AA
 Debby Jones, 404-731-3119,
 Djones715@aol.com
Only Meeting Place: Table Rock State Park.
This hike is limited to eight hikers. Driving
 distance from Asheville is 120 miles round trip.
 This great hike starts from the Nature Center
 and climbs steeply up to our lunch spot on Table
 Rock, where everyone can enjoy the great view.
 We will then follow the Ridge and Mill Creek
 Pass Trails, followed by a steady but moderate
 descent back to our cars. NOTE: \$5 parking fee.
 Topo(s): Table Rock

Saturday No. A2101-499 **Jan. 16**
New, Old and Future Greenways
around Asheville **10:00 AM**
 Hike 8, 100 ft. ascent, Rated B-C
 Marcia Bromberg, 828-505-0471,
 cell 860-798-9905, mwbromberg@yahoo.com
Only Meeting Place: Parking lot on Riverside
 Dr. next to Smoky Park Supper Club (east side
 of river). This is a figure-8 hike. We’ll start by
 hiking the new section of greenway along the
 French Broad River in the River Arts District,
 then cross Amboy Bridge and walk on the older
 greenway to and around Carrier Park. We’ll
 then head back towards the bridge and walk the
 future greenway on the west side of the river.
 Unfortunately, New Belgium is closed for the
 winter so no celebratory beer at the end.
 Topo(s): Asheville

Sunday No. A2101-209 **Jan. 17**
Buckwheat Knob - Coontree Loop **9:00 AM**
 Hike 8, Drive 10, 2200 ft. ascent, Rated B-AA,
P400
 Henry Kassell, 845-656-5528,
 hkassell@gmail.com
Only Meeting Place: Pisgah Forest Bi-Lo.
 Driving mileage from Asheville is 60 miles
 round trip. From the trailhead at Coontree Picnic
 Area, we’ll climb along beautiful Coontree
 Creek through open forest up to Bennett Gap
 and on to Buckwheat Knob for lunch, then
 return via the other segment of the Coontree
 Loop. A moderate woodland hike with excep-
 tional views from the ridgeline.

Topo(s): Shining Rock

Sunday No. A2101-847 **Jan. 24**
Pinnacle **9:30 AM**
 Hike 8, Drive 30, 1900 ft. ascent, Rated B-A
 Thomas Butler, 361-484-3381,
 tom3381@outlook.com
Only Meeting Place: Haywood County Rest
 Area 19500 Great Smoky Mtn Expy (US
 23/74) Waynesville NC. Driving mileage from
 Asheville is 110 miles round trip. This hike is
 from the Fisher Creek Recreation Area near
 Sylva. We will ascend on the East Fork and
 Pinnacle Trails to see the great view from the
 Pinnacle. Our return will be via the West Fork
 Trail.
 Topo(s): Sylva North

Saturday No. A2101-352 **Jan. 30**
Jones Gap Trail / Coldspring Loop **8:30 AM**
 Hike 11. Drive 30, 1940 ft. ascent, Rated A-A
 Sarah Broughton, 828-564-3662,
 sarahebroughton@icloud.com
First Meeting Place: Cracker Barrel Restaurant
 off Exit 53 of I-26 in parking lot close to I-26.
Second Meeting Place: Jones Gap State Park at
 9:00 AM - but contact leader first.
 Driving distance from Asheville is 70 miles
 round trip. We’ll hike up the Jones Gap and Tom
 Miller Trails past 2 waterfalls to US 276, then
 loop back via the Coldspring Trail. There are
 several creek crossings which are usually dry
 unless there has been heavy rain. NOTE: \$2 per
 person parking fee at trailhead.
 Topo(s): Cleveland

Sunday No. A2101-530 **Jan. 31**
Rice Pinnacle P.L. #2 -
Ingles Field Gap **9:30 AM**
 Hike 8.3, Drive 10, 900 ft. ascent, Rated B-C,
P400
 Eva Blinder, 828-275-6447,
 ejb5711@gmail.com
Only Meeting Place: Rice Pinnacle Parking Lot
 in Bent Creek. This moderate loop hike features
 great views of Hominy Valley. We will climb
 to the eastern part of Stradley Mountain, have
 lunch at Ingles Field and return by Boyd Branch
 and Deer Lake Lodge Trails.
 Topo(s): Skyland

Sunday No. A2101-031 **Feb. 7**
South Mtns. Loop **8:15 AM**
 Hike 10.9, Drive 120, 2300 ft. ascent,
 Rated A-AA, **WC100**
 Donna Lanning, 828-684-7083,
 cell: 828-606-7956, dplanning@bellsouth.net
Only Meeting Place: Ingles off Exit 64 of
 I-40 (Black Mountain). South Mountains State
 Park, south of Morganton, has outstanding
 views, a beautiful waterfall, and a new visitor
 center. We’ll climb to Jacob Fork River Gorge
 Overlook and then continue to Chestnut Knob
 Overlook, a rocky outcropping with outstand-

ing views toward the Kings Mountain Range and on a clear day, Charlotte's skyline. Later, after another climb, we'll reach the top of High Shoals Waterfall - truly awesome. Awesome too are the wooden staircase and platform which allow a close look at the falls and the jumble of rocks in Jacob Fork. Since this is a state park, the trails are meticulously maintained.

Topo(s): Benn Knob

Saturday No. A2101-036 **Feb. 13**
John Rock Trail **10:30 AM**

Hike 6.2, Drive 60, 850 ft. ascent, Rated B-C, **P400**

Barbara Morgan, 828-460-7066,
barbc129@gmail.com

Only Meeting Place: Fish Hatchery - Pisgah Forest.

Driving mileage from Asheville is 60 miles round trip. We will do a loop hike, using the Cat Gap and John Rock Trails. Great view of the mountains from John Rock.

Topo(s): Shining Rock

Sunday No. A2101-930 **Feb. 14**
Upper Weed Patch Mountain **8:30 AM**

Hike 10.3, Drive 45, 1995 ft. ascent, Rated A-A Bev MacDowell, 828-777-5806,
bevmacdowellhappy@gmail.com

Only Meeting Place: Ingles on US 74-A I-1/2 miles south of I-40 Exit 53. Please reserve your spot by text to 828-777-5806. This new CMC hike will explore the new Weed Patch Mountain trails near Chimney Rock State Park. We will hike the Upper Weed Patch Mountain Trail, Eagle Rock to Grey Rock and return, with a 1/2 mile side trip to Tunnel Rock. Eagle Rock has outstanding 360-degree views and is only 0.2 miles from the trailhead on a dirt road. Lunch at Grey Rock with outstanding views into South Carolina as well as a portion of Lake Lure.

Sunday No. A2101-236 **Feb. 21**
Fawn Lake P.L. #1 **9:00 AM**

Hike 10, Drive 30, 1400 ft. ascent, Rated A-B, **WC100**

Michael Cornn, 828-458-1281,
mwcornn@gmail.com and Kathy Cornn/Kyle,
828-458-1282, katherinenkyle@gmail.com

Only Meeting Place: Pisgah Forest Bi-Lo. Driving mileage from Asheville is 80 miles. This moderate DuPont Forest hike features beautiful lakes and a waterfall. We'll see Bridal Veil Falls, Lake Julia, Lake Dense and Fawn Lake.

Topo(s): Standingstone Mtn.

Saturday No. A2101-550 **Feb. 27**
Paris Mountain **8:30 AM**

Hike 8.7, Drive 90, 2000 ft. ascent, Rated B-A Lorraine Bernhardt, 828-676-0255,
cell: 828-699-8857, lsbernhardt50@gmail.com

Only Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26. Driving distance from Asheville is 130 miles

round trip. Located between Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good winter views and warmer weather than in Asheville. Cross road from shelters #5-6 and take Sulphur Springs Trail to Brissy Ridge Trail; Pipsissewa Trail; R onto North Lake Trail (lunch on lake-shore); Kanuga Trail; Fire Tower Trail; R in-and-out to remains of fire tower attendant's house; Sulphur Springs Trail to Mountain Lake and continue on Sulphur Springs Trail back to trailhead. \$6/person entrance fee.

Topo(s): Paris Mtn.

Sunday No. A2101-565 **Feb. 28**
Chattooga River **8:00 AM**

Hike 9, Drive 140, 1000 ft. ascent, Rated B-C Sarah Broughton, 828-564-3662,

sarahebroughton@icloud.com

Only Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26. Driving mileage from Asheville is 180 miles round trip. We will hike down to the Chattooga River on the Walhalla Fish Hatchery Road and a trail alongside East Fork Creek to the Chatooga River. Next we will hike two miles along the beautiful Chattooga River and visit Spoon Auger Falls. Our lunch spot will be at a pretty white beach. Next, we'll hike uphill on the Foothills Trail to our cars.

Topo(s): Tamassee

Sunday No. A2101-910 **March 7**
Rocky Fork - Flint Creek **8:30 AM**

Hike 7.8, Drive 80, 1770 ft. ascent, Rated B-A Karen Lachow, 703-395-5879,

heyk127@hotmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This in-and-out creekside hike showcases the new Rocky Fork State Park and one of its links to the A.T. Start at the park entrance, hike up Rocky Fork Rd. and take a side trail up to Whitehouse Cliffs for a full view of the Rocky Fork watershed. Then follow the Flint Creek Trail up to Flint Gap on the A.T., and return. All the water crossings on this route, along Flint Creek Trail, have now been bridged. This hike fills the requirement for #45 of the "100 Favorite Trails of the Smokies and the Carolina Blue Ridge."

Saturday No. A2101-554 **March 13**
Bent Creek #12 -

MST - Arboretum **10:00 AM**

Hike 8.7, 1300 ft. ascent, Rated B-B, **P400** Carroll Koeplinger, 828-667-0723,
cell: 828-231-9444, cakoep29@gmail.com

Only Meeting Place: Bent Creek River Park off NC 191. We will hike from the Bent Creek River Park through the Arboretum and Bent Creek area on Bent Creek, Homestead, Small Creek,

Deerfield Connector and Stambaugh Trails to the MST, then turn downhill on the MST and Hard Times Road back through the Arboretum and under NC 191 to our cars.
Topo(s): Asheville, Skyland

Sunday No. A2101-490 **March 14**
Folk Art Center - Craven Gap **9:00 AM**

Hike 10.8, 2390 ft. ascent, Rated A-AA, **AT-MST**

Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. **Note: First day of DST.** Hike the Mountains-to-Sea Trail heading east from the Folk Art Center to Craven Gap and back. We'll stop at Lunch Rock for a view over East Asheville and as far as Mt. Pisgah. We'll lunch at Craven Gap and return. There may be some early spring flowers. Email to reserve your spot. Must be paid-up CMC member.

Topo(s): Craggy Pinnacle, Oteen

Sunday No. A2101-142 **March 21**
Jerry Miller Trail to A.T.

to Fork Ridge Trail **8:00 AM**

Hike 10.5, Drive 30, 3300 ft. ascent, Rated A-AA+, **AT-MST**

Tish Desjardins, 828-380-1452,

desraylet@aol.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 8:30 AM.

Driving mileage from Asheville is 92 miles round trip. We'll hike up the Jerry Miller Trail to Bearwallow Gap, then right on the A.T. to Big Firescald Knob for lunch and exceptional views. Afterwards, we'll turn right onto the Fork Ridge Trail down to FS 111 and a short walk to the cars.

Topo(s): Greystone

Saturday No. A2101-130 **March 27**
Little East Fork to Shining Rock **8:00 AM**

Hike 12.4, Drive 55, 2400 ft. ascent, Rated AA-AA, **P400, SB6K**

Jim Magura, 828-606-3989, jqs290@gmail.com and Judy Magura, 828-606-1490,
quilter290@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. This is a shorter version of hike #130. We will hike up the Little East Fork Creek Trail. Plan on deep forest views, rushing water and a great hiking day in the woods. We will cross Little East Fork Creek midway up, but plenty of rocks provide ample coverage for the crossing. We will continue up a steep section and intersect the Shining Rock Ledge Trail and continue to our lunch spot at the Art Loeb junction .5 mile further. If conditions are good, we will continue an additional .25 mile up to a viewpoint on Shining Rock for a lunch break.

We did this hike twice this summer with hiking friends and thoroughly enjoyed the hike on both occasions. No summertime dip on this trip, but plan on some great views, great woodland scenery, rushing water and mountain views on this challenging hike.

Topo(s): Shining Rock

Sunday No. A2101-548 **March 28**
Sams Gap to Big Bald 8:00 AM

Hike 13, Drive 50, 3300 ft. ascent,
Rated AA-AA+, **AT-MST**

Mike Knies, 828-628-6712, knies06@att.net

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This strenuous A.T. hike goes north from Sams Gap to Big Bald, then reverses direction to the start point. Beautiful views along the way. Big Bald is like a mini-Max Patch!

Topo(s): Sams Gap

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members **MUST** call the leader before the hike to determine the requirements. Half-day hikes submitted by Lee Silver, 828-668-7147, mhsrunning@yahoo.com. **Due to COVID-19, all hikes have a limit of ten hikers unless stated otherwise. Contact leader for reservation.** Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H2101-170 **Jan. 3**
Cat Gap and Butter Gap 10:00 AM

Hike 6, 800 ft. ascent, Rated C-C, **P400**

William Snow, 857-756-3815,
billsnow123@gmail.com

Only Meeting Place: Pisgah Forest Fish Hatchery off FS 475. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 70 miles round trip. This is a shortened version of hike #170. We will see two waterfalls, Cedar Rock Creek and the falls on Grogan Creek.

Topo(s): Shining Rock

Sunday No. H2101-767 **Jan. 10**

Lookout Mountain in Montreat 1:00 PM

Hike 4.7, Drive 10, 1040 ft. ascent, Rated C-B
Lee Silver, 828-668-7147, cell: 828-442-6549,
mhsrunning@yahoo.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Limit of 10 hikers, contact leader by e-mail for reservation. Driving mileage from Asheville is 40 miles round trip. A hike up to Lookout Mountain via Lookout Road, Rainbow Road, Old Mitchell Toll Road and Hickory Ridge Trail. Return on Lookout Trail. A highlight of this hike is the spectacular view of the Seven Sisters mountain range from Lookout Rock. The return trail has a very steep but short downhill section.

Topo(s): Montreat

Sunday No. H2101-305 **Jan. 17**

Lake Imaging P.L. #1 10:00 AM

Hike 5.7, Drive 40, 600 ft. ascent, Rated C-C
Tom Lucha, 828-696-9117, cell: 828-712-0736,
luchat@bellsouth.net

Only Meeting Place: DuPont State Forest Lake Imaging parking lot. Limit of 10 hikers, contact leader by e-mail for reservation. Driving mileage from Asheville is 80 mls. round trip. This will be an adjusted version of Hike #305. This will be a loop hike created from numerous DuPont trails to include Jim Branch Trail, Buck Forest Road, Thomas Cemetery Trail, Isaac Heath Trail, Locust Trail and Lake Imaging Trail. The hike will have a large parking lot and mostly wide trails to permit easy social distancing. Bring and wear a mask in the parking lot.

Topo(s): Standingstone Mtn.

Sunday No. H2101-203 **Jan. 24**
Tanyard Gap to Pump Gap 10:30 AM

Hike 5.7, 1060 ft. ascent, Rated C-B, **AT-MST**
Marcia Bromberg, 828-505-0471,
cell 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: Tanyard Gap parking area (off US 70/25 near Hot Springs). Limit of 10 hikers, contact hike leader via email for reservations. Driving distance from Asheville is 70 miles round trip. We'll hike the A.T. towards Hot Springs, stopping off to visit an old graveyard along the way to our lunch at the Pump Gap Trail junction. The uphill portions of the hike are gentle and there will be many winter views along the way. This is a variation of hike #203.

Topo(s): Hot Springs

Sunday No. H2101-685 **Jan. 31**
North Slope Trail Extended 12:00 PM

Hike 5.4, 700 ft. ascent, Rated C-C, **P400**

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

Only Meeting Place: Pisgah Ranger Station off US 276. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 60 miles round trip. We will go along the Exercise Trail at the Ranger Station, cross US

276 to the Davidson River Campground, walk along the river with a stop at the historic English Chapel and the English family cemetery, and then take the North Slope Loop Trail and return to the cars through the campground.

Topo(s): Pisgah Forest

Sunday No. H2101-826 **Feb. 7**

**Corn Mill Shoals P.L. #4 -
Cedar Rock and Burnt Mountain 9:30 AM**

Hike 6, Drive 25, 800 ft. ascent, Rated C-C
William Snow, 857-756-3815,
billsnow123@gmail.com

Only Meeting Place: Pisgah Forest Bi-Lo. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 70 miles round trip. This DuPont Forest hike is a modified and shortened version of hike #826. We will do two loops, one to the summit of Cedar Rock with excellent views and the other to the summit of Burnt Mountain.

Topo(s): Standingstone Mtn.

Sunday No. H2101-171 **Feb. 14**
Cat Gap Loop Hike 11:00 AM

Hike 5, 1100 ft. ascent, Rated C-B, **P400**

Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com

Only Meeting Place: Pisgah Forest Fish Hatchery off FS 475. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 70 miles round trip. This hike features some dry rock hopscotch stream crossings, log bridges and waterfalls. Looking Glass Rock is visible as Cat Gap is approached.

Topo(s): Shining Rock

Sunday No. H2101-591 **Feb. 21**
Bent Creek Loop #13 1:00 PM

Hike 5, Drive 10, 1200 ft. ascent, Rated C-B,
P400

Barbara Morgan, 828-460-7066,
barbc129@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Limit of 10 hikers, contact hike leader via email for reservations. A pleasant walk along lesser-hiked trails and roads in Bent Creek, including Sidehill Connector, Lower Sidehill Trail, South Ridge Road, Chestnut Cove and Explorer Loop Trail.

Topo(s): Dunsmore Mtn.

Sunday No. H2101-282 **Feb. 28**
Hickory Knob 9:30 AM

Hike 6.5, 1400 ft. ascent, Rated B-B, **P400**,
WC100

William Snow, 857-756-3815,
billsnow123@gmail.com

Only Meeting Place: Pisgah Ranger Station off US 276. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 70 miles round trip. This is a moderate hike which is a modified and much shortened version of hike # 282. We will go up Black

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail. or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application



Mountain Trail to Hickory Knob and return to lower Hickory Knob, where we will return to the Thrift Cove Trail and back to the Ranger Station.
Topo(s): Pisgah Forest

Sunday No. H2101-022 **March 7**
Chestnut Cove Overlook to Bent Creek Gap and Return **1:00 PM**
Hike 5.4, 400 ft. ascent, Rated C-C, **AT-MST, P400**

Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com
Only Meeting Place: BRP Chestnut Cove Overlook at MM 398.3. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 20 miles round trip. This late winter hike is a pleasant walk in the woods, with maybe a few harbingers of spring.
Topo(s): Dunsmore Mtn.

Sunday No. H2101-534 **March 14**
Turkey Pen, Pounding Mill, Mullinax Loop **1:30 PM**
Hike 6.5, 1200 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116, cell: 828-699-6296, bbente@bellsouth.net
Only Meeting Place: Turkey Pen parking lot.
Note: First day of DST. Limit of 10 hikers, contact leader by e-mail for reservation. Driving mileage from Asheville is 50 miles round trip. This is a nice winter hike, low elevation and close to Asheville. We'll cross the S. Mills River footbridge, then do a loop on the scenic Pounding Mill and Mullinax Trails.
Topo(s): Pisgah Forest

Sunday No. H2101-430 **March 21**
Green River Game Lands, Long Ridge Loop **11:30 AM**
Hike 5, Drive 20, 1000 ft. ascent, Rated C-C
Dick Zimmerer, 828-785-9593, ddd1zz@yahoo.com

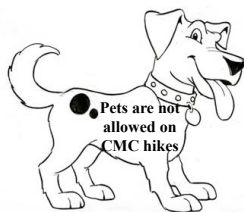
Only Meeting Place: NE corner of Cracker Barrel off Exit 53 of I-26. Limit of 10 hikers, contact hike leader via email for reservations. Driving mileage from Asheville is 70 miles round trip. We will start our hike from the Big Hungry Road trailhead and hike the Long Ridge/Stair Step/Turkey Gut Trails to form a five-mile loop. The good news is that this hike has not been led as a CMC hike since April of 2015; there were lots of wildflowers reported then, hunting season is over by Mar. 21 and Daylight Saving Time has begun again. The bad news is that about half of this loop is gravel roads, good for social distancing but hard on the feet.
Topo(s): Cliffield Mtn

Sunday No. H2101-630 **March 28**
Bent Creek - Shut-in & Hardtimes Rd. **9:30 AM**
Hike 4.4, 800 ft. ascent, Rated C-C
Stuart English, 828-384-4870, stuengo@comporium.net

Only Meeting Place: BRP French Broad Overlook at MM 393.8. Limit of 10 hikers, contact hike leader via email for reservations. This Bent Creek loop hike will start at the BRP ramp near the French Broad Overlook, go up the MST (Shut-in Trail) to the point it meets the Hard Times Road, and return to exit the Arboretum and walk back to the cars up the BRP ramp. This is a variation on hike #630.
Topo(s): Skyland

NEXT CMC COUNCIL MEETING

When: Please check Breaking News in February
Where: Please check Breaking News in February
Time: 6:00 - 9:00 PM
Info: Call Debby at 404-731-3119 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. **Due to COVID-19, all hikes have a limit of ten hikers unless stated otherwise. Contact leader for reservation. Carpooling has been discontinued due to COVID restrictions.** Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes. Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

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