

Hike • Save Trails • Make Friends

eNews



Carolina Mountain Club

1923 - 2023

www.cmc100th.org

July 2023

Carolina Mountain Club invites you to celebrate its CENTENNIAL

FREE FAMILY-FRIENDLY PARTY

Sunday, JULY 16 1:00-5:00

At the North Carolina Arboretum

100 Frederick Law Olmsted Way, Asheville, NC

Entrance to the Arboretum and parking are FREE for everyone attending our party! Be sure to tell them at the gate that you are there for the CMC 100th!

This event has been a year in the making. We are thrilled to host over 20 local nonprofit partner organizations that have a deep connection with our local public lands and the outdoor experience. In addition to booths that will offer loads of cool information, we will have guided hikes in 3 different locations with one especially geared for kid explorers. Make your first stop at the CMC Welcome booth to get information.

Featured offerings and events:

Kid activities will be in multiple places including the Willow Pond Hike where you can look for Grandma Gatewood!

Leave No Trace activates for every age.

Live music in the Center of the Promenade.

CMC Maintenance, SARS, and CMC merchandise booths

Food truck

Birthday Cupcakes, Ice Cream and Cookies!!

Much More!!

Guided hikes. See the hike schedule below.

Hike Schedule

1:30pm - Willow Pond Trail
1:30pm - Natural Garden Trail
2:00pm - Willow Pond Trail
2:00pm - Carolina Mountain Trail
2:30pm - Willow Pond Trail
2:30pm - Natural Garden Trail
3:00pm - Willow Pond Trail
3:00pm - Carolina Mountain Trail
3:30pm - Willow Pond Trail
3:30pm - Natural Garden Trail

Hike, Save Trails, Make Friends

Call for Award Nominations

by Donna Bange

Each year, a CMC Awards Committee reviews nominations for two special awards given by the club. Donna Bange is the 2023 Committee Chairperson and the committee also includes members from both hiking and trail maintenance.

The Award of Appreciation can go to any member who, during the year prior to the Annual Meeting, has rendered such exceptional service to the operation of Carolina Mountain Club that its goals were significantly advanced.

The Award of Distinction can go to a member who, during his/her membership, has made consistent and cumulative extraordinary contributions to the operation of the Club and to the achievement of its goals.

Note that the Honorary Lifetime Award is decided by the CMC Leadership Council.

Further details on these awards can be found on the CMC website. See the link below.

<https://www.carolinamountainclub.org/index.cfm/do/pages.view/id/42/page/Service-Awards>

If you know of a club member that you would like to nominate, please send their name, which of the awards you feel they should receive, and a brief reason why you feel they qualify for the award to either Barbara Morgan at barbc129@gmail.com or Donna Bange at donna.bange@gmail.com. We have a review team assembled to help choose this year's recipients, to be announced at our annual meeting and dinner on October 28th.

The nominations need to be submitted before October 1, 2023.

We encourage CMC members to recognize your peers in their outstanding volunteer efforts in trail maintenance, hiking and/or Centennial Celebration efforts.

Supplemental Information

If you are interested, below are three links to supplemental information.

1. CMC OM on Awards (the Operations Manual description of the parameters)
2. Award of Appreciation recipients 2000 to 2022
3. Distinguished Service Award recipients 2000 to 2022

UNCA Students work on the MST with CMC's Section Rovers and WLOS shows up, too!

by Jan Onan and Felipe Ahumanda

My name is Felipe Ahumada and I am a senior economics student at UNCA who is working alongside the CMC on a research project regarding trail accessibility and the value of trail volunteers. This is a project I am really passionate about and plan to expand on later in graduate school where I can focus more on conservation and sustainability. I was born in Chile and plan to go back home once done with school, and take what I have learned about sustainability and outdoor recreation back with me to hopefully establish a more environmentally conscious generation of trail and outdoor enjoyers.



It is also my plan to share my research with CMC council members in hopes it can provide information as CMC plans for the next 100 year. You could help us by filling out this short survey for me following this link:

[Sustainability Survey](#)

One of my experiences on the trail with CMC was provided by the Section Rovers crew on the MST earlier this month. Two of my fellow classmates joined me on this day to get a hands-on feel for how to work on trails. We were able to add water drainage which provided soil for the steps we made. Logs had to be debarked for the steps and cribbing. As it turned out, local weather newscaster, Jason Boyer from WLOS happened to be there that day as well. You can see his story segment here:

[WLOS Trail News with Section Rovers](#)

Hope and I wrote about that day:

Hope Donnellan:

I wasn't sure what to expect going into the trail work day. I've heard of people doing trail work before - particularly my mom; she did it all the time with her mountain biking community - and so I knew volunteers at the very least cleared branches on the trails, and perhaps used saws and other tools to help keep them maintained, which I was excited to learn how to do. The trail work day itself turned out to be really fun, and I did get to learn how to use a couple of the tools - the bark shaving tool was my favorite - as well as got a new appreciation for what volunteers do to keep the trails maintained to protect it against weathering and erosion. Everyone was incredibly kind to us and patient with explaining what we were doing and how to do it.

Felipe Ahumada:

As someone who has always been involved with outdoor sports, and used to work as trail crew for a bike park in the past, I had an idea of what we were going to do before we got out to the trail, but once we met the rest of the CMC team on the section of the MST we would be working on, I saw that this was a very organized and skilled group of people who put in hours of their day so others (like I have in the past) can enjoy their hard work. My experience with trail building is very different, with different tools and uses. Hiking trails get a lot more use than the mountain bike trails I used to work in, so the approach to building a sustainable and long-lasting trail is very different. I was very pleased with the experience and will definitely be tagging along trail crews when possible. I left the trail work day with a whole different level of respect for our volunteers who are out there week after week making sure trails are fit for the use they will see.

Here is the survey in google forms, let me know what you think

[Sustainability Survey](#)

Here is the WLOS news segment on CMC and trails.

[WLOS News with Sectoin Rovers](#)

Carolina Mountain Club eNews is published on the first Friday of each month. Send your news to eNews@carolinamountainclub.org. Articles are due on the last Friday of the previous month. Please limit articles to no more than 1,000 words. You may send up to two photos as jpg attachments.

To join Carolina Mountain Club go to : www.carolinamountainclub.org. Click on "Join CMC" on the right side. Follow the instructions. For all address and email changes, log in, select "Modify Profile", make changes and click on "Update Member" or email Dennis Bass at dbass3607@gmail.com. Your email changes will be automatically reflected in eNews delivery.

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