

LET'S GO!



FIRST QUARTER 2019 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Waynesville West Crew *

Larry Sobil, lsobil@bellsouth.net

Thursday Crew *

Hugh Hensleigh, hhensleigh@gmail.com

Sam Clarke, edistoxc@yahoo.com

Asheville Friday crew *

David Galentine, daveai@me.com

Paul Curtin, pmcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew *

Ed Paukovits, epauko610@gmail.com

Wilderness Crew *

Mike Goodman, msg_53@hotmail.com

Quarterly Saturday Crew *

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

MST Maintainers

Heintooga Road to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Mt. Pisgah Parking Lot

Pete Petersen, roap@aol.com

Mt. Pisgah Parking Lot to Folk Art Center

Les Love, lesrlove55@gmail.com

Folk Art Center to Black Mtn. Campground

John Whitehouse, johnwhitehouse@ccvn.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays in 2019 will be April 13, June 1 (National Trails Day), August 17, and October 12. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

HIKE SCHEDULE First Quarter 2019

Hike Ratings

First Letter

Distance

AA: Over 12 miles

A: 9.1-12 miles

B: 6.1-9 miles

C: Up to 6 miles

Second Letter

Elevation Gain

AA: Over 2,000 ft.

A: 1,501-2,000 ft.

B: 1,001-1,500 ft.

C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. C the hike leader.

Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbar@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbar@gmail.com

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

A.T.-MST For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Chris Koebelin, chriskoebelin@yahoo.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking

experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.

Sunday No. Y1901-867

Jan. 6

Hooker Falls P.L. #5 -

Hooker, Triple & High Falls 10:00 AM

Hike 3.5, 300 ft. ascent, Rated C-C, **WC100**

Jan Onan, 828-698-3237, cell: 828-606-5188,

janonan59@gmail.com

Only Meeting Place: DuPont Forest Hooker Falls parking lot. We'll hike to Triple Falls, then to the bottom of High Falls. Next will be a hike to see the top of High Falls, followed by hiking back to the trailhead and a short hike to Hooker Falls. Please contact hike leader in advance. Topo(s): Standingstone Mtn.

Saturday No. Y1901-319

March 23

Holmes Educational State Forest 10:00 AM

Hike 2.0, 300 ft. ascent, Rated C-C

Kay Shurtleff, 828-749-9230, cell: 828-280-3226,

kshurtleff@msn.com

Only Meeting Place: Cracker Barrel Restaurant off I-26 Exit 53 in parking lot close to I-26. We will hike the Talking Trees Trail, on which the trees will tell about their identification and interesting facts. The second trail that we will hike is the Crab Creek Trail, which features a helicopter, tractor and fire tower. Please contact hike leader in advance. Topo(s): Standingstone Mtn

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

Wednesday No. W1901-001

Jan. 2

Case Camp - Seniard Ridge Loop 8:30 AM

Hike 9.8, Drive 70, 1800 ft. ascent, Rated A-A,

P400, WC100

Brenda Worley, 828-684-8656,

cell: 828-606-7297, bjdworley@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.
This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail and visit two outstanding waterfalls on the way. Topo(s): Shining Rock

Wednesday No. W1901-339 **Jan. 9**
Garenflo Gap to Hot Springs 8:00 AM
Hike 6, Drive 80, 900 ft. ascent, Rated C-C,
AT-MST
Jeff Wilcox, 828-505-2815, cell: 828-989-8755,
jwilcox@unca.edu

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.
Second Meeting Place: Corner of US 25/70 & NC 208 at 8:30 AM - but contact leader first.
This A.T. hike offers nice variety, with a beautiful hardwood forest, Deer Park shelter and moderate climbs and descents. Car shuttle. Topo(s): Hot Springs, Lemon Gap, Spring Creek

Wednesday No. W1901-629 **Jan. 16**
Rough Creek Watershed Loop 1 8:30 AM
Hike 8, Drive 55, 1800 ft. ascent, Rated B-A
George Shepherd, 405-596-2632,
shepherdgeorge@att.net

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet leader at second meeting place.
Second Meeting Place: park-n-ride off Exit 33 of I-40 at 8:45 AM.
This is a rarely used trail in the Canton Watershed. During this loop hike, we walk uphill in the morning, largely on grass roads, to a ridgeline with long-distance views. Shortly after we start down, we'll have lunch on rocks overlooking a beautiful valley. After lunch we return downhill, crossing Rough Creek on a bridge. Topo(s): Canton

Wednesday No. W1901-409 **Jan. 23**
Jones Gap - El Lieutenant Loop 8:00 AM
Hike 10.3, Drive 80, 2200 ft. ascent, Rated A-AA
Debby Jones, 404-731-3119,
Djones715@aol.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 8:15 AM - but contact leader first.
Due to rough trail conditions in some places, the number of hikers is limited to 10. Please e-mail leader for reservations. Starting at Jones Gap State Park (NOTE: \$5 entry fee per person), we will hike up the Jones Gap Trail along the Middle Saluda River and then the Bill Kimball Trail

up through the boulders and forest, then a rock scramble to climb up and over the granite face of El Lieutenant. We'll continue on the Kimball Trail, walk a short portion of US 276 to our return loop on the Tom Miller and Jones Gap Trails. Topo(s): Cleveland, Table Rock

Wednesday No. W1901-186 **Jan. 30**
Little Pisgah Mountain 8:30 AM
Hike 10.0, Drive 15, 2000 ft. ascent, Rated A-AA
Anita Broderick, 828-363-9950,
cell: 828-290-4429, tbrode5060@yahoo.com

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. Form carpools and meet leader at second meeting place.
Second Meeting Place: Florence Nature Preserve at 8:45 AM.
We'll hike from parking lot up into an open meadow leading to the summit of Little Pisgah Mtn. If the weather is clear, the view doesn't get any better. Topo(s): Bat Cave

Wednesday No. W1901-550 **Feb. 6**
Paris Mountain 8:30 AM
Hike 8.7, Drive 130, 2000 ft. ascent, Rated B-AA
Randy Fluharty, 828-423-9030,
rfluharty54@gmail.com and Beth Fluharty,
828-253-1626, cell: 828-231-5785,
elflugharty@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 8:45 AM.
Located between Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good winter views and warmer weather than in Asheville. Topo(s): Paris Mtn.

Wednesday No. W1901-604 **Feb. 13**
Splash Dam via Trace Ridge 9:00 AM
Hike 7.8, Drive 33, 1100 ft. ascent, Rated B-B,
P400
Barbara Morgan, 828-460-7066,
barbc129@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 9:15 AM.
This moderate hike will be mostly on old roadbeds up the Big Creek Trail, to what appears to the uninitiated as only a rocky place. If those rocks could talk, they would tell a tale of long arduous months of labor, the pitfalls of succession, the striving of man with nature and the consequences of that effort. Several wet but easy stream crossings. Come and learn the secrets of Big Creek! Topo(s): Dunsmore Mtn.

Wednesday No. W1901-911 **Feb. 20**
MST to Green Knob 8:00 AM

Hike 11.0, Drive 60, 2000 ft. ascent, Rated A-AA,
Wilderness hike, limited to ten hikers, contact leader for reservation.

Sharon Smith, 704-877-7804,
waltersharon204@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Form carpools at meeting place and meet leader at large parking area for MST on NC 215. This is a new hike for CMC. We will take the MST to Green Mountain Trail and on to our lunch spot, Green Knob, and back to the cars. If the weather is clear, we will experience beautiful views all along the trails and at Green Knob.

Wednesday No. W1901-224 **Feb. 27**
Table Rock - Pinnacle Loop 8:00 AM
Hike 10.8, Drive 111, 3200 ft. ascent,
Rated A-AA+
Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

First Meeting Place: Asheville Outlet parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 8:15 AM.

This is a great hike with good views and warmer weather in South Carolina. We will start from the Nature Center parking lot at Table Rock State Park. Our first objective will be Bald Rock near Pinnacle Mountain with glorious views. Then after a climb to Pinnacle Mountain for lunch, we'll walk the ridge line to Table Rock with more great views, then steeply down to our cars. \$5 per person fee. Topo(s): Table Rock

Wednesday No. W1901-255 **March 6**
NC 80/BRP - Black Mountain Campground 8:00 AM
Hike 7.9, Drive 85, 1600 ft. ascent, Rated B-A
Steve Pierce, 828-724-4999, cell: 828-442-8482,
stevepierce50@gmail.com

First Meeting Place: River Ridge Market Place across from McDonald's off Exit 53B of I-240. Form carpools and meet leader at the second meeting place.
Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.

Expect good views as we hike north on the MST from Black Mountain Campground to Buck Creek Gap at NC 80. Six-mile car shuttle. Topo(s): Celo

Wednesday No. W1901-113 **March 13**
Cold Mountain from Camp Daniel Boone 8:00 AM
Hike 10.4, Drive 70, 3400 ft. ascent, Rated A-AA+, *Wilderness hike, limited to ten hikers, contact leader for reservation.* **P400, SB6K**
Debby Jones, 404-731-3119,
Djones715@aol.com

Only Meeting Place: Home Depot off Exit 44 of I-40. From the BSA Daniel Boone Camp, we will climb and climb past laurel and rhododendron to Deep Gap then continue to the top of Cold

Mountain for great views towards the BRP and Mt. Hardy. Topo(s): Cruso, Waynesville

Wednesday No. W1901-256 **March 20**
Moore Cove Falls Figure-8 Loop 9:00 AM
Hike 7.0, Drive 65, 1050 ft. ascent, Rated B-B, **P400, WC100**
Bruce Bente, 828-692-0116, cell: 828-696-6296, bbente@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at the second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

This moderate double-loop trail follows two overgrown USFS paths. Expect a lot of scrambling over blowdowns, a couple of short, steep sections and two minor creek crossings. There is one good view of Looking Glass Rock, several waterfalls, and other views visible only when there are no leaves on the trees. Topo(s): Shining Rock

Wednesday No. W1901-142 **March 27**
Jerry Miller Trail to A.T. to Fork Ridge Trail 8:00 AM
Hike 10.5, Drive 92, 3300 ft. ascent, Rated A-AA+, **AT-MST**
Tish Desjardins, 828-380-1452, desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 8:30 AM.

We'll hike up the Jerry Miller Trail to Bearwallow Gap, then right on the A.T. to Big Firescald Knob for lunch and exceptional views. Afterwards, we'll turn right onto the Fork Ridge Trail down to FS 111 and a short walk to the cars. Topo(s): Greystone

ALTERNATE WEDNESDAY HIKES

Alternate Wednesday hikes, easy to moderate, are available. These hikes are scheduled a few days before the hike and info is emailed to interested hikers. To be on the list, please contact: Bob Poe at rclpoe@charter.net

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Tuesday No. A1901-893 **Jan. 1**
Green River Game Lands - West Side 7:30 AM

Hike 6.5, Drive 60, 1200 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116, cell: 828-696-6296, bbente@bellsouth.net

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Cracker Barrel I-26 Exit 53 in parking lot close to I-26 at 9:15 AM.

After breakfast at Cracker Barrel, we'll leave at 9:15 AM and hike our traditional New Year's Day hike in the Green River Game Lands. This year's hike will follow a different route, which will be shorter but will still include lunch at the end of the Green River Cove trail by the big rocks in the Green River. Topo(s): Cliffield Mtn.

Sunday No. A1901-847 **Jan. 6**
Pinnacle 9:00 AM
Hike 8.0, Drive 125, 1900 ft. ascent, Rated B-A
Brent Martin, 828-524-7400, alarkaexpeditions@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: end of Fisher Creek Rd., off MM 85 of US 23/74 at 9:45 AM.

This hike is from the Fisher Creek Recreation Area near Sylva. We will ascend on the East Fork and Pinnacle Trails to see the great view from the Pinnacle. Our return will be via the West Fork Trail. Topo(s): Sylva North

Saturday No. A1901-499 **Jan. 12**
Greenways Around Asheville 10:00 AM
Hike 7.0, 100 ft. ascent, Rated B-C
Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: Parking lot on Craven St. just north of New Belgium Brewery (west side of river). We will hike current and future greenways along the French Broad River, learning along the way about plans for a county-wide greenway system. Our exact route will depend on greenway construction completed and in process at the time of the hike. For those who are interested, we'll end with a beer at the New Belgium Liquid Center. Topo(s): Asheville

Sunday No. A1901-892 **Jan. 13**
NC 191 to Folk Art Center 9:00 AM
Hike 13.7, 2050 ft. ascent, Rated AA-AA, **AT-MST**
Les Love, 828-658-1489, cell: 828-230-1861, lesrlove55@gmail.com and Catherine Love, 828-658-1489, catmllove2@gmail.com
Only Meeting Place: back parking lot of Folk Art Center. Everyone had so much fun with this hike last year that Les and Catherine decided to do it again. Great workout hike for the winter over the rolling Biltmore section of the MST. Car shuttle. Topo(s): Asheville

Sunday No. A1901-383 **Jan. 20**
Fawn Lake P.L. #2 8:30 AM

Hike 7.9, Drive 80, 1400 ft. ascent, Rated B-B, **WC100**
Lorraine Bernhardt, 828-676-0255, cell 828-699-8857, lsbernhardt50@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

Have you hiked the Reasonover Creek Trail recently? The trail is improved and wet creek crossings are no longer necessary. Here is an opportunity to hike to two lakes, Lake Julia and Fawn Lake, and beautiful Bridal Veil Falls. Topo(s): Standingstone Mtn.

Saturday No. A1901-280 **Jan. 26**
North Slope and Art Loeb Trails 9:00 AM
Hike 7.5, Drive 60, 1600 ft. ascent, Rated B-A, **P400**
Becky Smucker, 828-231-2198, bjsmucker@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

We'll start at the Davidson River Campground and ascend on the Art Loeb Trail to the North Slope Connector. We'll eat lunch at the intersection before we start down the connector to the North Slope Trail, ending with a lovely, easy stroll along the river to the cars. Topo(s): Pisgah Forest

Sunday No. A1901-634 **Jan. 27**
High Top Tower Site 8:30 AM
Hike 9.0, Drive 65, 1900 ft. ascent, Rated B-A, *Wilderness hike, limited to ten hikers, contact leader for reservation. P400*

Jim Magura, 828-606-3989, jqs290@gmail.com
Only Meeting Place: Home Depot off Exit 44 of I-40. This hike was a longtime favorite of the Boy Scouts at Camp Daniel Boone years ago. From the camp we will ascend to High Top with its excellent views and then follow the Fork Mtn. ridge before descending to the rushing Little East Fork of the Pigeon River. Car shuttle. Topo(s): Shining Rock

Sunday No. A1901-548 **Feb. 3**
Sams Gap to Big Bald 8:00 AM
Hike 13.0, Drive 55, 3300 ft. ascent, Rated AA-AA+, **AT-MST**
Sarah Broughton, 828-564-3662, sarahebroughton@icloud.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Follow A.T. north from Sams Gap to Big Bald, then reverse direction to start point. Topo(s): Sams Gap

Saturday No. A1901-632 **Feb. 9**
Cantrell Lodge History Hike 10:00 AM
Hike 8.5, Drive 55, 700 ft. ascent, Rated B-C, **P400**
Barbara Morgan, 828-460-7066,

barbc129@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 10:15 AM.

This in-and-out hike begins at the Turkey Pen parking area and follows the South Mills River Trail to the Cantrell Lodge, following an old logging railroad grade. On the way, we'll cross three pedestrian bridges and see a couple of unusual Carsonite signs. We'll learn more about the history of this historic lodge and area. Topo(s): Pisgah Forest

Sunday No. A1901-532 **Feb. 10**
Sassafras Mountain 8:00 AM

Hike 9.0, Drive 85, 2400 ft. ascent, Rated B-AA
Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This is a pleasant hike from US 178 up to the highest peak in South Carolina, following the Foothills Trail. Topo(s): Eastatoe Gap

Sunday No. A1901-399 **Feb. 17**
Loop around Cedar Rock Mountain 8:00 AM

Hike 8.9, Drive 70, 1900 ft. ascent,
Rated B-A, **P400**

Donna Lanning, 828-684-7083,

cell 828-606-7956, dplanning@bellsouth.net

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Fish Hatchery at 8:30 AM.

We will do a loop hike from the Fish Hatchery, including Butter Gap and a bushwhack up the south ridge of Cedar Rock Mtn. and Cat Gap. If it is clear, our lunch spot will provide great views.

Topo(s): Shining Rock

Saturday No. A1901-224 **Feb. 23**
Table Rock - Pinnacle Loop 8:00 AM

Hike 10.8, Drive 111, 3200 ft. ascent,
Rated A-AA+

Brenda Worley, 828-684-8656,

cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Asheville Outlet parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 8:15 AM.

This is a great hike with good views and warmer weather in South Carolina. Starting from the Nature Center parking lot at Table Rock State Park, our first objective will be Bald Rock near Pinnacle Mountain with glorious views. Then after a climb to Pinnacle Mountain, we'll walk the ridge line to Table Rock with more great views, then steeply down to our cars. \$5 per person fee. Topo(s): Table Rock

Sunday No. A1901-374 **Feb. 24**

Good Road to MST to Bald Knob 8:00 AM

Hike 9.5, Drive 80, 2500 ft. ascent,

Rated A-AA, **AT-MST**

Eva Blinder, 828-275-6447, ejb5711@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-240.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.

Park on Good Road in McDowell County off US 221. Hike on MST to North Fork of Catawba River, cross bridge, and ascend to top of Bald Knob. A steep hike, but spectacular winter views. This hike offers an opportunity to see how the forest has recovered from a forest fire 3 years ago. Return by same route. Topo(s): Little Switzerland

Sunday No. A1901-273 **March 3**
Boogerman Trail 8:30 AM

Hike 8.0, Drive 90, 1100 ft. ascent, Rated B-B

Bob Hysko, cell 828-243-3630,

rhysko@yahoo.com

Only Meeting Place: Home Depot off Exit 44 of I-40. A lush forest with giant old-growth trees, stone walls and a root cellar make this a favorite loop hike in the Cataloochee area of the Smokies.

We'll cross Caldwell Fork ten times, mostly on rocks placed in the stream, but wet feet are possible if water level is high. Bring poles. Topo(s): Cove Creek Gap

Sunday No. A1901-282 **March 10**
Black Mountain/Avery Creek Loop 9:00 AM

Hike 10.6, Drive 80, 3000 ft. ascent,

Rated A-AA, **P400, WC100**

Michael Cornn, 828-458-1281, mcorrn@aol.com

and Kathy Cornn, 828-458-1281,

katherinenkyle@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

Note: First day of DST. Climb up the Black Mtn. Trail (short in-and-out at Pressley Gap to view old chimney) over Black Mtn. and Clawhammer to Buckhorn Gap, then left and down on Buckhorn Gap Trail to Twin Falls. At trail T-intersection, do an in-and-out to falls. On return, continue on Buckhorn Gap - Avery Creek Trails to FS 477; turn R and walk FS 477 1/4 mile to cars. Topo(s): Pisgah Forest

Saturday No. A1901-182 **March 16**
Green River Cove Trail 10:00 AM

Hike 7.0, Drive 75, 1000 ft. ascent, Rated B-C

Marcia Bromberg, 828-505-0471,

cell: 860-798-9905, mwrbromberg@yahoo.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 10:30 AM.

This is a moderate in-and-out hike along the

scenic Green River to the end of the trail near the "narrows". Expect early wildflowers and maybe even kayakers on the river.

Topo(s): Clifffield Mtn

Sunday No. A1901-842 **March 17**
Kitsuma - Swannanoa Creek Trail 8:00 AM

Hike 9.5, Drive 60, 1900 ft. ascent, Rated A-A

Jim Reel, 828-738-0751, jimr57@yahoo.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B on I-240. Form carpools and meet leader at second meeting place.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.

Leave cars at Point Lookout Trailhead. Hike down road to Old Fort Picnic Area, then follow trail up Young's Ridge and over Kitsuma Peak. Follow trail to 100 yds. before trailhead, then do a difficult 0.7 mile bushwhack down to Swannanoa Creek, and follow old stagecoach route (heavily overgrown) paralleling Swannanoa Creek. The road slowly improves and ends at its junction with the Point Lookout Trail (old US 70), which we will follow for a short distance to trailhead and our cars. Topo(s): Old Fort

Sunday No. A1901-236 **March 24**
Fawn Lake P.L. #1 8:00 AM

Hike 10.0, Drive 90, 1400 ft. ascent,

Rated A-B, **WC100**

Danny Bernstein, 828-450-0747,

danny@hikertohiker.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

A moderate hike featuring beautiful lakes and a waterfall. We'll see Bridal Veil Falls, Lake Julia, Lake Dense and Fawn Lake. Topo(s): Standingstone Mtn

Saturday No. A1901-479 **March 30**
Kagle Mountain 8:00 AM

Hike 9.0, Drive 80, 1100 ft. ascent,

Rated B-B, **P400**

Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM

This loop hike will start from Cathey's Creek Road and follow an overgrown forest road to the Art Loeb Trail, with lunch at the Butter Gap shelter. We'll return via a no-name trail for variety. Nice views. Topo(s): Rosman

Sunday No. A1901-355 **March 31**
Devil Fork Gap to Carmen 8:00 AM

Hike 11.3, Drive 95, 2400 ft. ascent,

Rated A-AA, **AT-MST**

Tish Desjardins, 828-380-1452,

desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: US 25/NC 208 intersection at 8:45 AM.

Hike along nine of the most scenic miles on the A.T., featuring two shelters, a historic grave site and beautiful views from atop Big Butt. After the Jerry's Cabin shelter, we'll turn left and go down the Fork Ridge Trail to the parking lot in the Carmen area. Car shuttle. Please bring enough cars so that each passenger is safely belted to and from each car shuttle trailhead. Topo(s): Greystone

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.

Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H1901-767 **Jan. 6**
Lookout Mountain Loop **11:30 AM**

Hike 5.0, Drive 40, 1200 ft. ascent, Rated C-B, Linda Blue, 828-296-7537, cell: 828-273-6696, lgblue@bellsouth.net

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-240.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 11:45 AM.

A modification of hike #767. This loop hike will start steeply uphill on the Lookout Trail, then will turn onto Old Trestle Rd., and will include the Buck Gap and East Ridge Trails, then return on Rainbow Road after an optional 0.4 mile round trip side trip to Lookout Mountain Overlook.

Topo(s): Montreat

Sunday No. H1901-380 **Jan. 13**
Big Creek

in North Mills River Rec. Area **11:00 AM**

Hike 6.0, Drive 42, 525 ft. ascent, Rated C-C, **P400**

Richard Zimmerer, 828-785-9593, dd1zz@yahoo.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Mills River Ingles (Airport Road, NC 280) at the rear of the gas station at 11:15 AM.

A nice, quiet, easy winter hike, sheltered from the wind along the North Fork of the Mills River and Big Creek. This is a modification of hike #380. We start the hike at the Trace Ridge parking area (on FS 142 off FS 5000). We walk 1.5 miles

on the gated portion of FR 142 (an old almost unused gravel/dirt road at this point) to the former Hendersonville water reservoir dam. We'll walk around the reservoir crossing a medium length log bridge. From there, we'll walk another 1.5 miles on the Big Creek Trail, which is a true trail, not a road. At the 3-mile mark we'll have a late lunch or snack before returning to the trailhead the same way we came in. There are no wet stream crossings on this hike but there are several slightly muddy seeps and several small brook hops.

Topo(s): Dunsmore Mtn.

Sunday No. H1901-324 **Jan. 20**
Bent Creek Loop #4 **12:00 PM**

Hike 5.0, Drive 15, 600 ft. ascent, Rated C-C, **P400**

Karin Eckert, 516-721-6156, karingarden@yahoo.com

Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike.

Topo(s): Skyland

Sunday No. H1901-711 **Jan. 27**
US 25 to BRP Visitor Center **1:00 PM**

Hike 5.0, Drive 10, 400 ft. ascent, Rated C-C

Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: BRP Visitor Center at MM 383 of BRP. This is a shorter version of Hike # 711. This in-town part of the MST is a pleasant winter walk in the woods. Car shuttle.

Topo(s): Asheville, Oteen

Sunday No. H1901-316 **Feb. 3**
Carl Sandburg Home **12:30 PM**

Hike 4.0, Drive 60, 750 ft. ascent, Rated C-C

Ron Navik, 585-662-8047, ron.navik@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Carl Sandburg parking lot at 1:15 PM.

Driving Directions: I-26 E to Exit 53; right onto Upward Rd. to end of road (name changes to Highland Lake Rd. after US 176); left onto US 225; right onto Little River Rd.; left into parking lot for Carl Sandburg Nat'l. Historic Park. Traverse the same trails that poet/author Carl Sandburg enjoyed. Hike to the overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. After the hike, you may opt to tour on your own by visiting the goats in the barn or touring Carl Sandburg's historic house for a small fee.

Topo(s): Hendersonville

Sunday No. H1901-203 **Feb. 10**

Tanyard Gap to Hot Springs **11:00 AM**

Hike 5.3, Drive 60, 1000 ft. ascent,

Rated C-C, **AT-MST**

Marcia Bromberg, 828-505-0471, cell 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This is Lover's Leap the easier way. A shorter version of hike # 203, this is a pleasant hike over Mill Ridge and along Lover's Leap Ridge through oak and rhododendron woods. There is a short steep descent after Lover's Leap, but otherwise a gentle up-and-down hike. We will have good views of the French Broad River above Hot Springs. Short car shuttle. Topo(s): Hot Springs

Sunday No. H1901-096 **Feb. 17**
River Ridge Loop Trail

& Jack Branch Trail **12:00 PM**

Hike 6.0, Drive 65, 1650 ft. ascent, Rated C-A

Jack Dalton, 828-622-3704,

jckdalton9@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Murray Branch Recreation Area on River Road in Hot Springs at 12:30 PM. Meet the hike leader at the second meeting place.

The trail climbs to a ridge through oak-hickory forest that offers good views of the French Broad River valley. An in-and-out hike. This hike will be done jointly with CMC and the Hot Springs Mountain Club. River Road turns off US 25/70 just north of the bridge over the French Broad River, just before Hot Springs, and goes along the river toward Tennessee. Topo(s): Hot Springs

Sunday No. H1901-509 **Feb. 24**
Sky Valley Ramble

to Wintergreen Falls **11:00 AM**

Hike 4, Drive 40, 600 ft. ascent, Rated C-C

Stuart English, 828-384-4870,

stuengo@comporium.net

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM. At DuPont State Forest we will take a series of trails from the Guion Farm parking lot to Wintergreen Falls and return to our cars.

Topo(s): Standingstone Mtn.

Sunday No. H1901-852 **March 3**
Jones Mountain **12:00 PM**

Hike 4.1, Drive 8, 750 ft. ascent, Rated C-C

Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com

Only Meeting Place: back parking lot of Folk Art Center. A short, close-to-town hike that meanders around and over Jones Mountain, passing some intriguing ruins on the campus of Warren Wilson College. There are some steep uphill sections.

Topo(s): Oteen

Sunday No. H1901-347 **March 10**
Twin Falls **12:00 PM**

Hike 6.0, Drive 80, 1000 ft. ascent,
Rated C-C, **P400, WC100**
Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets Mall. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Ranger Station on US 276 at 12:30 PM.

This is a moderate hike in the Pisgah National Forest, starting on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls and completing a loop on a Forest Service Road and the Clawhammer Cove Trail with its large but abandoned beaver dam. Bring your camera!

Topo(s): Pisgah Forest

Sunday No. H1901-907 **March 17**
Wildcat Rock Trail **11:00 AM**

Hike 3, Drive 24, 956 ft. ascent, Rated C-C

Bev MacDowell, 828-777-5806,
bevmacdowellhappy@gmail.com

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.

Second Meeting Place: Florence Nature Preserve at 11:15 AM.

This recently-constructed trail passes by an apple orchard and crosses Hickory Creek on a wooden bridge before we begin our ascent. We will climb about a mile to the 100-foot Bearwallow Falls. We will continue ascending, possibly seeing rock climbers that are active on this sheer rock cliff. We'll pause on Wildcat Rock to enjoy the lovely Little Pisgah Mountain and Fairview views, a good chance for lunch/snack. We can continue for approximately .5 mile to the meadow of Little Bearwallow Mountain if the group as a whole would like. We will then retrace our steps to our cars. This is a spectacular hike to know of that is without a long drive. The hike leader is indebted to

Dick Zimmerer for the stats for this new hike. She would love to have a couple of GPS hikers along to get further verification.

Sunday No. H1901-182 **March 24**
Green River Cove Trail **11:30 AM**

Hike 5.5, Drive 75, 800 ft. ascent, Rated C-C
Ted Altman, 513-532-7766,
tedaltman2@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets Mall. Form carpools and meet leader at second meeting place.

Second Meeting Place: Cracker Barrel Restaurant I-26 Exit 53 in parking lot close to I-26 at 11:45 AM.

This is a moderate in-and-out hike along the scenic Green River to the junction with the Pulliam Creek Trail. Expect a few early wildflowers and maybe even kayakers on the river. Topo(s): Clifffield Mtn.

Sunday No. H1901-009 **March 31**
Ox Creek Road **10:00 AM**

to Rattlesnake Lodge **10:00 AM**
Hike 5.0, Drive 30, 830 ft. ascent,
Rated C-C, **AT-MST**
Rebecca Banner, 828-713-4660,
beccabanner@gmail.com

First Meeting Place: back parking lot of Folk Art Center. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Craven Gap at 10:15 AM. Popular in-and-out hike to historic site. Unusually fine switchbacks. Topo(s): Craggy Pinnacle

NEXT CMC COUNCIL MEETING

When: February 5, 2019

Where: Community room in Earthfare on Hendersonville Road

Time: 6:00 - 9:00 PM

Info: Call Randy at 828-253-1626 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless

and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Randy Fluharty, 828-253-1626, rfluharty54@gmail.com

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Treasurer: George Bauernfeind, 502-724-5714, ggb1005@gmail.com

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Councilor at Large: Chris Koebelin, 518-372-4130, chriskoebelin@yahoo.com