

# LET'S GO!



## THIRD QUARTER 2017 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

### TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an \* are currently seeking new members. MST and AT section maintainers work on their own schedule.

#### *Burnsville Monday Crew*

John Whitehouse, johnwhitehouse@ccvn.com

#### *Waynesville West Crew \**

Larry Sobil, lsobil@bellsouth.net

#### *Thursday Crew*

Bill Falender, billfalender@gmail.com

#### *Asheville Friday crew \**

Skip Sheldon, shelhalla@bellsouth.net

#### *Pisgah Friday Crew \**

Ed Paukovits, epauko610@gmail.com

#### *Wilderness Crew \**

Mike Goodman, msg\_53@hotmail.com

#### *Quarterly Saturday Crew \**

Les Love, leslove55@gmail.com

#### *AT Maintainers*

Tim Carrigan, tim@newprism.com

#### *MST Maintainers*

##### *Heintooga Road to Old Bald*

Larry Sobil, lsobil@bellsouth.net

##### *Old Bald to Mt. Pisgah Parking Lot*

Pete Petersen, roap@aol.com

##### *Mt. Pisgah Parking Lot to Folk Art Center*

Les Love, leslove55@gmail.com

##### *Folk Art Center to Black Mtn. Campground*

John Whitehouse, johnwhitehouse@ccvn.com

unless otherwise noted.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

### CHALLENGE PROGRAMS

**SB6K** For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarrr@gmail.com

**P400** For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

**900M** For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

**LTC** For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarrr@gmail.com

**WC100** For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejack-fitz@bellsouth.net

**A.T.-MST** For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Vance Mann, hvancem@icloud.com

**YPC** For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

### YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from Asheville. Meet at either location listed in the schedule.

Youth Partnership No. Y1703-746 **Jul. 22**  
**Bearwallow Mountain** **9:00 AM**

Hike 2.5, Drive 80, 500 ft. ascent, Rated C-C  
Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

**YPC Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Ingles on US 64 off Exit 49 of I-26 (Hendersonville) at 9:30 AM.** We will hike to the grassy summit with a nearly 360-degree view. A historic fire lookout tower occupies the summit. Bring a kite for some awesome fun. Please contact leader beforehand so we can get a headcount. Topo(s): Bat Cave

Youth Partnership No. Y1703-466 **Sep. 17**  
**Buck Spring Loop** **12:30 PM**

Hike 3, Drive 65, 300 ft. ascent, Rated C-C  
Jan Onan, cell: 828-606-5188, janonan59@gmail.com

**YPC, P400 First meeting place: French Broad Overlook at MM 393.8 of BRP.** Enjoy the mountain views along the MST from Pisgah Inn to the Buck Spring Gap Overlook. Visit the site of Vanderbilt's historic Buck Spring Lodge and see the springhouse, the only original structure remaining. We will have lunch at a picnic area, then hike back to the cars via the campground trail. Please contact leader beforehand so we can get a head count. **Second meeting place: Pisgah Inn parking lot near the convenience store at 1:00 PM.** Topo(s): Cruso, Dunsmore Mtn.; also MST Profiles book, pg. 42-45

### WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike.

## HIKE SCHEDULE Third Quarter 2017

### Hike Ratings

<b>First Letter Distance</b>	<b>Second Letter Elevation Gain</b>
<b>AA:</b> Over 12 miles	<b>AA:</b> Over 2,000 ft.
<b>A:</b> 9.1-12 miles	<b>A:</b> 1,501-2,000 ft.
<b>B:</b> 6.1-9 miles	<b>B:</b> 1,001-1,500 ft.
<b>C:</b> Up to 6 miles	<b>C:</b> 1,000 ft. or less

All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B

### SATURDAY WORKDAY

For the Saturday MST Trail Building Workdays in 2017, meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40.

Remaining workdays for 2017 are June 3, Aug. 19 and Oct. 21. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (leslove55@gmail.com) with any questions.

Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W1703-883 **Jul. 5**  
**Pin Oak Gap -Laurel Fork Shelter 8:30 AM**  
Hike 8.2, Drive 110, 1500 ft. ascent, Rated B-B  
Carroll Koeplinger, 828-667-0723,  
cell: 828-231-9444, cakoep29@gmail.com  
**900M First meeting place: Home Depot off Exit 44 of I-40.** Enjoy a cool high-altitude hike on the Balsam Mountain Trail to our lunch spot at the Laurel Gap Shelter, and return on the same trail. **Second meeting place: Maggie Valley Post Office at 9:00 AM.** Topo(s): Luftee Knob; also NatGeo map #317

Wednesday No. W1703-475 **Jul. 12**  
**Hump Mountain and Yellow Mountain Area 8:00 AM**  
Hike 9, Drive 140, 2400 ft. ascent, Rated B-AA  
Jim & Judy Magura, cell: 828-606-3989,  
jqs290@gmail.com  
**Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** Beat the heat and join us along one of the most scenic areas on the AT near Roan Mountain (Roan-Unaka Range). We will hike from Roaring Creek Road to Yellow Mountain Gap, joining the A.T. along an open ridge to Little Hump Mtn. and Hump Mtn. We will have lunch on a grassy bald at 5587 ft. and return to Yellow Mtn. Gap, then take the Overmountain Victory Loop back to the trailhead. Topo(s): Carvers Gap, White Rocks Mtn.; also NatGeo map #783

Wednesday No. W1703-619 **Jul. 19**  
**Isom Mine, Cattail Creek 8:00 AM**  
Hike 9, Drive 80, 1500 ft. ascent, Rated A-B  
Beth Fluharty, 828-253-1626, cell: 828-231-5785,  
elflhart@y@gmail.com  
**Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** We hike to the abandoned Isom mica mine, which has a 260-foot-deep vertical shaft and a 500-foot horizontal drainage shaft. We start from the last cabin up the Cattail Creek road and hike on abandoned logging roads and railroad grades. The trail crosses numerous pretty creeks. There are great views of the surrounding mountains, including the big ones along the Black Mountain Crest. Topo(s): Mt. Mitchell; also NatGeo map #779

Wednesday No. W1703-375 **Jul. 26**  
**Sams Gap to Rice Gap 9:00 AM**  
Hike 7.5, Drive 50, 1800 ft. ascent, Rated B-B  
Jay Bretz, 828-658-1220, cell: 828-318-2308,  
jbretz1220@gmail.com  
**AT-MST Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** An in-and-out hike on the A.T. in the beautiful open forest from Sams Gap to Rice Gap, with a visit to Hogback Ridge shelter, built by CMC members. Topo(s): Sams Gap

Wednesday No. W1703-482 **Aug. 2**  
**Sams Gap to Spivey Gap - Spivey Gap to Sams Gap 8:00 AM**  
Hike 13.3, Drive 85, 2800 ft. ascent, Rated AA-AA  
Randy Fluharty, cell: 828-423-9030,  
rfluharty54@gmail.com and Steve Pierce,  
cell: 828-442-8482, stevepierce50@gmail.com  
**AT-MST Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** Hike north on A.T. from Sams Gap to Spivey Gap or south on A.T. from Spivey Gap to Sams Gap. Lunch stop on summit of Big Bald with excellent views. Key swap. Topo(s): Sams Gap, Bald Creek, Chestoa

Wednesday No. W1703-246 **Aug. 9**  
**Around Coffee Pot Mountain 8:30 AM**  
Hike 7.5, Drive 40, 1400 ft. ascent, Rated B-B  
Bob Levy, 828-670-1611, cell: 240-604-5000,  
rlevy@cato.org  
**P400 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** This hike will traverse the Trace Ridge Trailhead area that was logged in 2014 and allow us to see first-hand the effect of logging on our hiking trails. We'll circle Coffee Pot Mountain by hiking up FS 5097. Then we will take Trace Ridge Trail and return on the Spencer Branch Trail, stopping to see the Hendersonville reservoir and dam. **Second meeting place: Ingles at North Mills Rd. near gas pumps at 8:50 AM.** Topo(s): Dunsmore Mountain; also NatGeo map #780

Wednesday No. W1703-697 **Aug. 16**  
**Silers Bald 8:00 AM**  
Hike 9, Drive 150, 2400 ft. ascent, Rated B-AA  
Barbara Morgan, cell: 828-460-7066,  
barbc129@gmail.com  
**SB6K, 900M First meeting place: Home Depot off Exit 44 of I-40.** From the Clingman's Dome parking lot, we will hike to the grassy meadow of Silers Bald. The ridgeline trail offers wonderful views, at one point only a few feet wide with dropoffs on either side. We'll return via the same route, with a visit to the summit of Clingman's Dome, the highest point on the AT. **Second meeting place: Maggie Valley P.O. at 8:30 AM, but contact leader first.** Topo(s): Clingman's Dome, Silers Bald; also NatGeo maps #316 and #317

Wednesday No. W1703-068 **Aug. 23**  
**Big Butt from Blue Ridge Parkway 9:00 AM**  
Hike 7, Drive 55, 2200 ft. ascent, Rated B-AA  
Gregory Bechtel, cell: 864-607-2645,  
gabechtel@yahoo.com  
**Only meeting place: back parking lot of Folk Art Center.** We will take the Big Butt trail from Balsam Gap, following the ridgeline to Big Butt, a short bushwhack at just under 6000 ft., and return via the same route. We will stop at Point Misery for lunch and views of the Black Mtns. Topo(s): Montreat, Mt. Mitchell; also NatGeo map #779 and PNF South Toe River, MM and Big Ivy maps

Wednesday No. W1703-368 **Aug. 30**  
**Bradley Creek and Riverside Stream Crossings 8:30 AM**  
Hike 8, Drive 50, 650 ft. ascent, Rated B-C  
Chuck Mills, cell: 240-385-4879,  
chckmills@icloud.com  
**P400 Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Ingles at North Mills Rd. near gas pumps at 9:00 AM.** Come and enjoy the water on a warm summer day. There are about 25 wet stream crossings, but the terrain is almost level and you will enjoy the beauty of the streams and the diverse flora nearby. Plan to hike in shoes/boots that you don't mind getting soaked and use two hiking poles. Car shuttle. Topo(s): Pisgah Forest, Dunsmore Mtn.; also NatGeo map #780

Wednesday No. W1703-396 **Sep. 6**  
**Pilot Rock - Thompson Creek 9:00 AM**  
Hike 8.8, Drive 70, 2100 ft. ascent, Rated B-AA  
Gregory Bechtel, cell: 864-607-2645,  
gabechtel@yahoo.com  
**AT-MST, P400 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** We will climb 1500 feet in two miles up the well-graded Pilot Rock Trail and eat lunch at Buck Springs Overlook. After lunch, we'll hike down the Thompson Creek Trail. Expect great views along the way. **Second meeting place: Pisgah Ranger Station on US 276 at 9:40 AM.** Topo(s): Dunsmore Mtn., Cruso; also NatGeo map #780

Wednesday No. W1703-639 **Sep. 13**  
**Big East Fork, Grassy Cove, Shining Creek Loop \*8:00 AM**  
Hike 13, Drive 70, 2800 ft. ascent, Rated AA-AA  
Rich Sampson, cell: 704-453-9059,  
richsmpson360@gmail.com  
**First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. \*Wilderness hike, limited to ten hikers—contact leader for reservation.** A beautiful but strenuous hike with three of WNC's most beautiful streams. We'll hike up Big East Fork, then Grassy Cove Ridge and the Art Loeb Trail to Shining Rock Gap, with great views, and then down Shining Creek. Two stream crossings may be wet crossings. **Second meeting place: Cold Mtn. Overlook at MM 412 of BRP at 8:35 AM.** Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1703-513 **Sep. 20**  
**Craven Gap to Tanbark Tunnel and Return 9:00 AM**  
Hike 9.2, 1100 ft. ascent, Rated A-C  
Keiko Merl, cell: 828-231-2126,  
keikomarl@att.net  
**AT-MST Only meeting place: Craven Gap at MM 377.4 of BRP.** This is a pleasant walk in the woods along the MST from Craven Gap to Rattlesnake Lodge and return via the same trail back to our cars at Craven Gap. Topo(s): Craggy Pinnacle; also MST Trail Profiles, pp. 56-57

Wednesday No. W1703-383 **Sep. 27**  
**Fawn Lake P. L. #2 -**  
**Two Lakes and One Waterfall 9:00 AM**  
 Hike 8, Drive 25, 1400 ft. ascent, Rated B-B  
 Stuart English, cell: 828-384-4870,  
 stuengo@comporium.net  
**Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 9:30 AM.** Have you hiked the Reasonover Creek Trail recently? The trail is improved and wet creek crossings are no longer necessary. Here is an opportunity to hike to two lakes, Lake Julia and Fawn Lake, and beautiful Bridal Veil Falls. Topo(s): Standingstone Mountain; also NatGeo map #504

## ALL-DAY WEEKEND HIKES

A All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A1703-469 **Jul. 2**  
**Craggy Gardens to Bull Gap 8:30 AM**  
 Hike 8.7, Drive 45, 1650 ft. ascent, Rated B-A  
 Paula Massey, 828-299-0226, cell: 828-989-0003,  
 massey.paula@gmail.com

**AT-MST Only meeting place: Back parking lot of Folk Art Center.** A pleasant hike on the MST starting at Craggy Gardens Visitor Center and featuring Lane Pinnacle and the Rattlesnake Lodge site. Great mountain views. Car shuttle. Topo(s): Montreat

Sunday No. A1703-365 **Jul. 9**  
**Mt. Mitchell Ramble 9:30 AM**  
 Hike 8, Drive 65, 1400 ft. ascent, Rated B-B  
 Karen Lachow, cell: 703-395-5879, heyk127@hotmail.com and Elaine Tennen,  
 cell: 805-660-0019, et10n@sbcglobal.net

**SB6K Only meeting place: Back parking lot of Folk Art Center.** We'll do a loop on several trails in the Mt. Mitchell area, including the Old Mt. Mitchell Trail, Camp Alice Road and the Commissary Ridge Trail. There will be an optional side trip to Mt. Craig and/or Big Tom. Topo(s): Mt. Mitchell, Montreat; also PNF South Toe River, Mt. Mitchell & Big Ivy Trail Maps

Saturday No. A1703-375 **Jul. 15**  
**Sams Gap to Rice Gap 10:00 AM**  
 Hike 7.5, Drive 50, 1200 ft. ascent, Rated B-B  
 Jay Bretz, 828-658-1220, cell: 828-318-2308,  
 jbretz1220@gmail.com

**AT-MST Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** An in-and-out hike on the A.T. in the beautiful open forest from Sams Gap to Rice Gap, with a visit to Hogback Ridge shelter built by CMC members. Topo(s): Sams Gap; also ATC TN-NC map #3

Sunday No. A1703-883 **Jul. 16**  
**Pin Oak Gap - Laurel Fork Shelter 8:30 AM**  
 Hike 8.2, Drive 110, 1500 ft. ascent, Rated B-B  
 Carroll Koeplinger, 828-667-0723,  
 cell: 828-231-9444, cakoep29@gmail.com  
**900M First meeting place: Home Depot off Exit 44 of I-40.** Enjoy a cool high-altitude hike on the Balsam Mountain Trail to our lunch spot at the Laurel Gap Shelter, and return on the same trail. **Second meeting place: Maggie Valley Post Office at 9:00 AM.** Topo(s): Luftee Knob; also NatGeo map #317

Sunday No. A1703-044 **Jul. 23**  
**Huntfish Falls and Gragg Prong 8:00 AM**  
 Hike 7.5, Drive 150, 1500 ft. ascent, Rated B-B  
 Les and Catherine Love, 828-658-1489,  
 leslove55@gmail.com

**WC100 First meeting place: River Ridge Shopping Center off Exit 53B of I-40.** This hike in the Wilson Creek area features spectacular waterfalls and the best swimming anywhere. Two swimming holes, one on Gragg Prong and the other at Huntfish Falls. Bring your bathing suit. Be prepared for several wet-feet stream crossings. **Second meeting place: Ingles off Exit 64 of I-40 at 8:20 AM.** Topo(s): Grandfather Mtn.; also USFS Wilson Creek map and NatGeo map #779

Saturday No. A1703-314 **Jul. 29**  
**Grassy Ridge Mine Overlook to Balsam Gap 9:00 AM**  
 Hike 8.4, Drive 90, 300 ft. ascent, Rated B-C  
 Marcia Bromberg, 828-505-0471,  
 mwbromberg@yahoo.com

**AT-MST First meeting place: Home Depot off Exit 44 of I-40.** Have you ever wanted to hike that long MST ridge down to Balsam Gap? Here is your chance in the downhill direction, enjoying the views along the way. NOTE: 1900' descent along good trail. Car shuttle. **Second meeting place: Balsam Gap at 9:30 AM, but contact leader first.** Topo(s): Hazelwood; also MST Trail Profiles, pp. 22-25

Sunday No. A1703-267 **Jul. 30**  
**Horsepasture River 9:00 AM**  
 Hike 5.5, Drive 105, 1000 ft. ascent, Rated C-C  
 Kathleen Hannigan, cell: 828-230-4883,  
 kathannigan@gmail.com

**WC100 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** Swimming hike! Come to see the Gorges State Park area. We will hike upstream alongside the Horsepasture River to see the waterfalls – Rainbow, Turtleback, Drift and Stairway. Several swimming breaks will be taken. **Second meeting place: Pisgah Forest Bi-Lo at 9:30 AM.** Topo(s): Reid; Also Sierra Club guide to Jocassee Gorges

Sunday No. A1703-128 **Aug. 6**  
**Sam Knob Loop from NC 215 8:30 AM**  
 Hike 10, Drive 90, 1700 ft. ascent, Rated A-A  
 Eva Blinder, cell: 828-275-6447,

ejb5711@gmail.com  
**P400, SB6K First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. (Optional ascent of Chestnut Bald and Black Balsam available for SB6K peak-baggers.)** We'll start at NC 215 and follow the MST, with a side trip to Devil's Courthouse, as far as FS 816. Then we'll loop back and ascend Sam Knob (6040 ft.) with its 360-degree views, return via the Flat Laurel Creek Trail to NC 215. The stream crossing at the end may be a wet crossing if it has rained recently. One-mile car shuttle. **Second meeting place: Cold Mountain Overlook at 9:10 AM.** Topo(s): Shining Rock & Sam Knob; also NatGeo map #780

Saturday No. A1703-068 **Aug. 12**  
**Big Butt from Blue Ridge Parkway 10:00 AM**  
 Hike 7, Drive 55, 2200 ft. ascent, Rated B-AA  
 Jim and Judy Magura, cell: 828-606-3989,  
 jqs290@gmail.com

**Only meeting place: Back parking lot of Folk Art Center.** We will hike in high elevations to stay cool in August. We'll take the Big Butt Trail from Balsam Gap on the BRP, following the ridgeline to Big Butt, a short bushwhack at just under 6000 ft., and return via the same route. We will stop at Point Misery for lunch and views of the Black Mtns. Topo(s): Montreat, Mt. Mitchell; also NatGeo map #779 and PNF South Toe River, MM and Big Ivy maps

Sunday No. A1703-022 **Aug. 13**  
**Chestnut Cove Overlook to Ferrin Knob & Return 8:30 AM**  
 Hike 8.2, Drive 14, 1500 ft. ascent, Rated B-B  
 Donna Lanning, cell: 828-606-7956,  
 dblanning@bellsouth.net

**AT-MST, P400 Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** This is a moderate in-and-out hike on the Mountains-to-Sea Trail from Chestnut Cove to Ferrin Knob and return. We will have a substantial, steady climb in the morning, with lunch at the top of Ferrin Knob, and an easy return in the afternoon.

Sunday No. A1703-471 **Aug. 20**  
**Pigeon Gap – Bridges Camp Gap – East Fork of Pigeon River \*8:30 AM**  
 Hike 8.8, Drive 60, 1500 ft. ascent, Rated B-B  
 Laura Frisbie, 828-337-5845,  
 laurafrisbie@charter.net

**AT-MST, P400 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** \*Wilderness hike, limited to ten hikers—contact leader for reservation. We will follow the MST south from Pigeon Gap to Bridges Camp, then hike down to the East Fork of the Pigeon River for lunch and a leisurely swim. After lunch, it's downhill all the way to the Big East Fork parking area. Car shuttle. **Second meeting place: Big East Fork small parking area on US 276 at 9:15 AM.** Topo(s): Shining Rock; also NatGeo map #780



Monday No. A1703-884 **Aug. 21**  
**Eclipse Hike** **9:00 AM**  
Hike 4, Drive 160, 250 ft. ascent, Rated C-C  
Ted Snyder, 864-638-3686,  
tedsnnyderjr@bellsouth.net

**Only meeting place: Home Depot off Exit 44 of I-40. Limit 40. Please contact leader to reserve a space. Check CMC "Breaking News" for any changes.** This short hike is designed to go to a good eclipse viewing area and to stay to watch the eclipse. We will drive via I-40 to Exit 27, US 74 to Exit 81, and US 441 to Franklin, then US 64 east and NC 28. If needed, we will regroup and catch stragglers in front of the Keller-Williams office on right. DO NOT try any alternate route. We will hike on the Bartram Trail out to White Rock, a large, open SW-facing cliff top and watch the eclipse from there. BE SURE TO BRING YOUR OWN ECLIPSE GLASSES. Topo(s): Scaly Mountain

Saturday No. A1703-697 **Aug. 26**  
**Silers Bald** **8:00 AM**  
Hike 9, Drive 150, 2400 ft. ascent, Rated B-AA  
Barbara Morgan, cell: 828-460-7066,  
barbc129@gmail.com

**SB6K, 900M First meeting place: Home Depot off Exit 44 of I-40.** From the Clingman's Dome parking lot, we will hike to the grassy meadow of Silers Bald. The ridgeline trail offers wonderful views, at one point only a few feet wide with dropoffs on either side. We'll return via the same route, with a visit to the summit of Clingman's Dome, the highest point on the AT. **Second meeting place: Maggie Valley P.O. at 8:30 AM, but contact leader first.** Topo(s): Clingman's Dome, Silers Bald; also NatGeo maps #316 and #317

Sunday No. A1703-745 **Aug. 27**  
**Upper Snowbird Creek** **8:00 AM**  
Hike 11, Drive 200, 1400 ft. ascent, Rated A-B  
Brent Martin, 828-524-7400, cell: 828-371-0347,  
alarkaexpeditions@gmail.com

**Form carpools at Home Depot off Exit 44 of I-40 and meet leader(s) at Ingles on NC 143 at north end of Robbinsville at 10:00 AM. Please RSVP to leader. There is no limit, but leader wants to know how many to expect.** This hike will be in the Snowbird Wilderness Study Area, as recognized by the 1984 N.C. Wilderness Act. This is an in-and-out hike on Snowbird Creek Trail, featuring Middle and Upper Falls. Note: There are eleven stream crossings, most of which will be wet crossings. In case of high waters, we'll do an in-and-out from Hooper Bald down to the headwaters and back. Directions to Ingles: Take I-40 to Exit 27 (US 23/74); turn right onto NC 28 north; turn left onto NC 143; Ingles is on left entering Robbinsville. Topo(s): Santeetlah Creek; also NatGeo map #784

Sunday No. A1703-190 **Sep. 3**  
**Mt. Mitchell to Balsam Gap** **8:00 AM**  
Hike 9.5, Drive 70, 1600 ft. ascent, Rated A-A

Michael and Kathy Cornn, cell: 828-458-1281,  
mcomrn@aol.com

**AT-MST, SB6K Only meeting place: Back parking lot of Folk Art Center.** This is one of the really great sections of the MST and includes two SB6K peaks. The first part of the hike features exceptional views south from the Black Mtns., while the second part showcases the trail-building and rock-work achievements of the CMC. See spectacular scenery from our lunch spot on a rocky outcropping. Car shuttle. Topo(s): Mt. Mitchell, Montreat; also PNF South Toe River, Mt. Mitchell & Big Ivy Trail Map

Saturday No. A1703-TBD **Sep. 9**  
**MST-in-a-Day**  
Barbara Morgan, cell: 828-460-7066,  
barbc129@gmail.com

On this day, multiple hikers will hike different portions of the MST, contributing to the statewide effort sponsored by the Friends of the Mountains-to-Sea Trail to have all the miles of this trail hiked in a single day. The date is special, as it is the 40th anniversary of the proposal to plan and build a state-wide trail. Sign-up is through Meetup.com. One Meet-up choice is a hike in MST Segment 2, which runs from Waterrock Knob to the Pisgah Inn, and Barbara Morgan is Segment Leader for that. Another is MST Segment 3, which runs from Pisgah Inn to the Black Mtn. Campground just past Mt. Mitchell, and Gregory Betchel is its Segment Leader. Each portion, or Leg, has its own Meet-up under the general Segment 2 or Segment 3 listing. Those choosing the same hike can coordinate to carpool and set up shuttles. Further information will be available through the Meet-up sites and the Friends of the MST site, including how to report in to verify that a particular portion was hiked.

Sunday No. A1703-342 **Sep. 10**  
**FS 816 to Bridges Camp Gap** **8:30 AM**  
Hike 8.5, Drive 80, 1100 ft. ascent, Rated B-B  
Stuart English, cell: 828-384-4870,  
stuengo@comporium.net

**AT-MST, P400, SB6K, WC100 Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Cold Mountain Overlook at MM 412 of BRP at 9:10 AM.** Starting where the MST crosses FS 816, we'll go over Black Balsam and Tennent Mtn. to Investor Gap, then follow the Graveyard Ridge Trail and MST past Skinny Dip Falls to Bridges Camp Gap (Looking Glass Rock Overlook). Car shuttle. Topo(s): Shining Rock; also NatGeo map #780

Saturday No. A1703-423 **Sep. 16**  
**Pilot Rock, Laurel Mountain, Slate Rock Creek Trails** **10:00 AM**  
Hike 7, Drive 90, 1450 ft. ascent, Rated B-B  
Bruce Bente, 828-692-0116, cell: 828-699-6296,  
bbente@bellsouth.net  
**P400 Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet**

**leader(s) at Mills River Ingles on NC 191, behind gas pumps at 10:20 AM.** We'll hike up the Pilot Rock Trail, with a stop at a great overlook, then up to a connector up to the Laurel Mountain Trail. Our route will go downhill to Sassafras Gap, then turn steeply downhill to the Slate Rock Creek Trail, one of the gems of Pisgah Natl. Forest. Short car shuttle. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Sunday No. A1703-606 **Sep. 17**  
**Mt. Sterling Gap to Big Creek via Big Branch** **8:00 AM**

Hike 9, Drive 110, 2000 ft. ascent, Rated B-A  
Mike Knies, 828-628-6712, knies06@att.net  
**900M First meeting place: Home Depot off Exit 44 of I-40. \*Hike limited to ten hikers. Contact leader for reservation.** We will hike the easier way up Mt. Sterling, using the Mt. Sterling Trail from Mt. Sterling Gap up to the summit for lunch and the good views from the fire tower. We will descend on the Baxter Creek Trail, turning onto the Big Branch Trail. This old but passable manway parallels Big Branch to the Big Creek trailhead. When we get to the Big Creek bridge, we will have an optional 1-mile hike to explore some of the CCC and logging camp mysteries in the area. Car shuttle. **Second meeting place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM.** Topo(s): Waterville; also NatGeo map #317

Sunday No. A1703-273 **Sep. 24**  
**Boogerman Trail** **8:30 AM**  
Hike 7.5, Drive 90, 1100 ft. ascent, Rated B-B  
Danny Bernstein, 828-450-0747,  
danny@hikertohiker.com

**900M First meeting place: Home Depot off Exit 44 of I-40.** A lush forest with giant old-growth trees, stone walls and a root cellar make this a favorite loop hike in the Cataloochee area of the Smokies. We'll cross Caldwell Fork ten times but several bridges are out of commission. Bring poles. Please be prepared to walk in the stream with your boots on – not barefoot and not with water shoes. **Second meeting place: Exxon station off Exit 20 of I-40 at 8:50, but contact leader first.** Topo(s): Cove Creek Gap, Dellwood; also NatGeo map #317

## HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.

Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. **Times listed are departure times – arrive early.**

Half-Day No. H1703-591 **Jul. 2**  
**Bent Creek Loop #13** **12:00 PM**  
Hike 5, Drive 6, 1200 ft. ascent, Rated C-B  
Stuart English, 828-384-4870,  
stuenguo@comporium.net  
**P400 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** A pleasant walk along lesser-hiked trails and roads in Bent Creek, including Sidehill Connector, Lower Sidehill Trail, South Ridge Road, Chestnut Cove and Explorer Loop Trail. Topo(s): Skyland; also NatGeo map #780 & USFS Bent Creek Trails Map

Half-Day No. H1703-578 **Jul. 9**  
**Flat Laurel Creek Trail**  
**to Sam Knob Trail Junction** **12:30 PM**  
Hike 5.3, Drive 80, 800 ft. ascent, Rated C-C  
Marcia Bromberg, 828-505-0471,  
cell: 860-798-9905, mwrbromberg@yahoo.com  
**AT-MST First meeting place: Home Depot off Exit 44 of I-40.** This is a pleasant, gentle hike for a summer afternoon with views of Sam Knob, Fork Ridge and Flat Laurel Creek along the way. After a short walk along NC 215, we'll hike up the Flat Laurel Creek Trail to its junction with the Sam Knob Trail, then return by the same path. Call hike leader if you plan to meet at the 2nd meeting place. **Second meeting place: Gravel parking lot on NC 215 1/4 mile north of BRP at 1:15PM.** Topo(s): Sam Knob; also NatGeo map #780

Half-Day No. H1703-447 **Jul. 16**  
**MST: Mount Pisgah Parking Area**  
**to Beaver Dam Overlook** **11:00 AM**  
Hike 6.4, Drive 35, 400 ft. ascent, Rated B-C  
Dick Zimmerer, 828-989-0480,  
ddlzz@yahoo.com  
**AT-MST, P400 Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** This hike is a variation of hike #447. We will cover 6.4 miles on the MST. It is mostly downhill, with a total descent of 1400 feet. We'll pass some unusual trees and boulders and hopefully the beautiful Turks Cap lilies will be in bloom. Short car shuttle. Topo(s): Cruso, Dunsmore Mountain; also NatGeo Map #780 & MST Profiles pp. 43-45

Half-Day No. H1703-168 **Jul. 23**  
**Pink Beds Loop** **12:00 PM**  
Hike 5, Drive 80, 200 ft. ascent, Rated C-C  
Lee Belknap, 828-674-3631,  
rivergypsy@sprintmail.com  
**P400 Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pink Beds parking lot just north of the Cradle of Forestry on US 276 at 12:50 PM.** A 5-mile hike on the Pink Beds Loop Trail. This regional favorite includes numerous boardwalks over and around beaver habitat through a beautiful forest. Topo(s): Shining Rock

Half-Day No. H1703-318 **Jul. 30**  
**East Fork of Pigeon River** **\*12:30 PM**  
Hike 5, Drive 74, 600 ft. ascent, Rated C-C

Tom Lucha, 828-696-9117, cell: 828-712-0736,  
luchat@bellsouth.net  
**P400 First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** \*Wilderness hike, limited to ten hikers—contact leader for reservation. This in-and-out hike starts at the Big East Fork parking lot and goes towards the headwaters of the Pigeon River. The river is crystal clear and we will have opportunities to go down to the river and play at one of the swimming holes—bring a swim suit if interested. **Second meeting place: BRP Cold Mtn. Overlook at 1:10 PM.** Topo(s): Shining Rock; also NatGeo map #780

Half-Day No. H1703-116 **Aug. 6**  
**Craggy Gardens and**  
**Craggy Pinnacle** **11:30 AM**  
Hike 5, Drive 40, 1100 ft. ascent, Rated C-B  
Bobbi Powers, 828-667-5419,  
bobbipowers23@gmail.com  
**AT-MST Only meeting place: Back parking lot of Folk Art Center.** This 2-part hike will include a climb up to the top of Craggy Pinnacle with its 360-degree views on a clear day. We will then drive to Bee Tree Gap and hike to Craggy Gardens, including the CCC-built pavilion, on to the Craggy Visitors Center and return. Cool temperatures, late summer wildflowers, and maybe a few blueberries. Topo(s): Montreat; also NatGeo map #779

Half-Day No. H1703-068 **Aug. 13**  
**Walker Knob Overlook (Balsam Gap)**  
**to Little Butt** **12:30 PM**  
Hike 5, Drive 55, 1300 ft. ascent, Rated C-B  
Russ and Heather Cooper, 828-484-9562,  
cooper.hs@charter.net  
**Form carpools at back parking lot of Folk Art Center and meet leader(s) at Walker Knob Overlook at MM 360 of BRP at 1:00 PM.** This moderate in-and-out hike will be at over 5000-foot elevation. There are three climbs: to Point Misery and Little Butt (steep) on the way in, and to Point Misery on the return. The hike goes through a northern hardwood/spruce forest with excellent views of the Black Mountains. Topo(s): Montreat, Mt. Mitchell; also South Toe River PNF map.

Half-Day No. H1703-101 **Aug. 20**  
**Lower Big Laurel Creek** **12:00 PM**  
Hike 6, Drive 50, 350 ft. ascent, Rated C-C  
Chris Allen, 828-707-6500,  
chrissallen@icloud.com  
**Only meeting place: Wells Fargo/Publix parking lot (opposite McDonald's) off Exit 19B off I-26.** Leisurely paced in-and-out hike along Lower Big Laurel Creek to the site of Runion, an early 1900s logging and mining settlement. Topo(s): Hot Springs

Half-Day No. H1703-135 **Aug. 27**  
**Mount Mitchell Ramble** **12:30 PM**  
Hike 3, Drive 60, 600 ft. ascent, Rated C-C  
Bev MacDowell, cell: 828-777-5806,  
bevmacdowellhappy@gmail.com

**SB6K Only meeting place: Back parking lot of Folk Art Center.** We will hike out of the picnic area on the Deep Gap Trail to the 2nd highest mountain east of the Mississippi, Mt. Craig. We will continue on to Big Tom, then retrace our steps to summit Mt. Mitchell (37 feet taller than Mt. Craig). We may include the Nature Trail. For those interested, there will be the option to have early supper at the Mt. Mitchell Restaurant. Have your camera ready; there are fabulous views. A small museum is located near Mitchell summit. This hike is not long, but it is steep. Poles are recommended. Topo(s): Mt. Mitchell, Montreat

Half-Day No. H1703-285 **Sep. 3**  
**Lane Pinnacle from Bee Tree Gap** **1:00 PM**  
Hike 5, Drive 60, 1000 ft. ascent, Rated C-C  
Dennis Bass, 828-367-8619,  
dbass3607@gmail.com  
**AT-MST Only meeting place: Back parking lot of Folk Art Center.** This is a great in-and-out and up-and-down hike on a high ridge with excellent views. After a short climb of this high altitude ridge, we can enjoy 4 lovely viewpoints. We'll take the MST trail from Bee Tree Gap to Lane Pinnacle and return. The climbs are short but quite steep. We will proceed at a moderate pace. Topo(s): Craggy Pinnacle; also MST Profiles book, pg. 56-59

Half-Day No. H1703-815 **Sep. 10**  
**Sams Gap to Street Gap**  
**on the A.T.** **12:00 PM**  
Hike 4.6, Drive 60, 1200 ft. ascent, Rated C-B  
Linda Blue, 828-296-7537, lgblue@bellsouth.net  
**AT-MST Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** This is a pleasant section of the Appalachian Trail. After a somewhat strenuous uphill at the start of this hike, the trail levels off on a ridge that runs along the NC-TN border. We should still have nice views and hopefully some late season wildflowers. Topo(s): Sams Gap; also NatGeo map #782

Half-Day No. H1703-320 **Sep. 17**  
**Historic Highlights**  
**on Warren Wilson Trails** **12:00 PM**  
Hike 5, Drive 12, 300 ft. ascent, Rated C-C  
Renate Rikkers, 828-298-9988,  
rerikkers@gmail.com  
**Only meeting place: Back parking lot of Folk Art Center.** We'll have a chance to combine our hike with learning about the history of the Swannanoa River Valley from a Davidson/Alexander family descendant who still lives on land her great-grandfather purchased in the 1890s. Following his death in the 1950s, his estate sold a large tract of valley land to the former Farm School, which is now Warren Wilson College. Our hike will be on trails that take us to a number of historic landmarks and points of interest on land the Cherokee treasured long before the first white settler, Samuel Davidson, arrived. Topo(s): Oteen; also Warren Wilson College Trails Map

Half-Day No. H1703-866

Sep. 24

**Paint Rock Trail**

12:00 PM

Hike 4, Drive 80, 1330 ft. ascent, Rated C-B

Jack Dalton, 828-622-3704,

jckdalton9@gmail.com

**Form carpools at 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26 and meet leader(s) at NOC/Lovers Leap parking area in Hot Springs at 12:45 PM.** We will drive to the Paint Rock area on the French Broad River/Paint Creek just over the TN border and hike up from the road to the intersection with Chimney Rocks and Paint Mountain Trails. From here we'll have views of the French Broad River, with Hot Springs in the distance. This is an in-and-out hike. Topo(s): Hot Springs; also NatGeo map #782



**How to join the CMC**

1. Go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org)
2. Click on **Join** (top left) or **Join CMC!** (right center).
3. You will see instructions for joining online or via mail.



or ... write to us at  
CMC, PO Box 68,  
Asheville, NC 28802  
and we'll mail you an  
application

**NEXT CMC COUNCIL MEETING**

**When:** Aug. 15, 2017  
**Where:** West Asheville Library  
**Time:** 6:00 - 9:00 PM  
**Info:** Call Barbara at 828-460-7066 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at [www.carolinamountainclub.org](http://www.carolinamountainclub.org)

**HIKING INFORMATION:** CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

**CLOTHING AND EQUIPMENT:** CMC's website ([www.carolinamountainclub.org](http://www.carolinamountainclub.org), click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

**RESPONSIBILITY FOR SAFETY:** Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on

hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

**CONSERVATION:** CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

**MEMBERSHIP:** Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org) and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

**CAROLINA MOUNTAIN CLUB OFFICERS**

*President:* Barbara Morgan, 828-460-7066, [barbc129@gmail.com](mailto:barbc129@gmail.com)

*Vice-President:* Randy Fluharty, 828-253-1626, [rfluharty54@gmail.com](mailto:rfluharty54@gmail.com)

*Secretary:* Paula Massey, 828-299-0226, [massey.paula@gmail.com](mailto:massey.paula@gmail.com)

*Treasurer:* George Bauernfeind, 502-724-5714, [ggb1005@gmail.com](mailto:ggb1005@gmail.com)

*Councilor for Communication:*

Kathy Kyle-Cornn, 828-458-1281, [katherinekyle@gmail.com](mailto:katherinekyle@gmail.com)

*Councilor for Conservation:* Ruth Hartzler, 828-251-0886, [ruthmtn@gmail.com](mailto:ruthmtn@gmail.com)

*Councilor for Education and Community Outreach:*

Kay Shurtleff, 828-749-9230, [kshurtleff@msn.com](mailto:kshurtleff@msn.com)

*Councilor for Hiking:* Brenda Worley, 828-684-8656, [bjdworley@gmail.com](mailto:bjdworley@gmail.com)

*Councilor for Membership:* Lee Silver, 828-668-7147, [leehsilver@aol.com](mailto:leehsilver@aol.com)

*Councilor for Trail Maintenance:* Ron Navik, 585-662-8047, [ron.navik@gmail.com](mailto:ron.navik@gmail.com)

*Councilor for Technology:* Marcia Bromberg, 828-505-0471, [mwbromberg@yahoo.com](mailto:mwbromberg@yahoo.com)

*Councilor at Large:* Steve Pierce, 828-724-4999, [stevepierce50@gmail.com](mailto:stevepierce50@gmail.com)

*Councilor at Large:* Tom Weaver, 828-785-3646, [tomjweaver@gmail.com](mailto:tomjweaver@gmail.com)