HIKE SCHEDULE
Third Quarter 2018

Hike Ratings

<table>
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<tr>
<th>First Letter</th>
<th>Distance</th>
<th>Second Letter</th>
<th>Elevation Gain</th>
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<tbody>
<tr>
<td>AA:</td>
<td>12 miles</td>
<td>AA:</td>
<td>2,000 ft.</td>
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<td>A:</td>
<td>9.1-12</td>
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<td>1,501-2,000 ft.</td>
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<td>B:</td>
<td>6.1-9</td>
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<td>1,001-1,500 ft.</td>
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<td>C:</td>
<td>Up to 6</td>
<td>C:</td>
<td>1,000 ft. or less</td>
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</tbody>
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HIKES SUBMITTED BY KATHY MCAULEY, KATHY@BELLSOOUTH.NET

Send hike reports, at www.carolinamountainclub.org.

TRAIL MAINTENANCE
All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew
John Whitehouse, johnwhitehouse@ccvn.com

Waynesville West Crew *
Larry Sobil, lsobil@bellsouth.net

Thursday Crew *
Hugh Hensleigh, hhensleigh@gmail.com
Sam Clarke, estdixie@yahoo.com

Asheville Friday crew *
David Galentine, daveal@me.com
Paul Curtin, pmcurtin@hotmail.com
Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew *
Ed Paukovits, epauko610@gmail.com

Wilderness Crew *
Mike Goodman, msg_53@hotmail.com

Quarterly Saturday Crew *
Les Love, leslove55@gmail.com

AT Maintainers
Paul Curtin,
ATSupervisor@carolinamountainclub.org

MST Maintainers
Heintoota Road to Old Bald
Larry Sobil, lsobil@bellsouth.net

Old Bald to Mt. Pisgah Parking Lot
Pete Petersen, ropa@aol.com

Mt. Pisgah Parking Lot to Folk Art Center
Les Love, leslove55@gmail.com

Folk Art Center to Black Mtn. Campground
John Whitehouse, johnwhitehouse@ccvn.com

YOUTH PARTNER CHALLENGE HIKES
The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. Call the leader before the hike. YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.

Sunday No. Y1803-53  Aug. 19
East Fork Pigeon River  10:00 AM
Hike 3, Drive 7, 500 ft. ascent, Rated B-B.
Wilderness hike, limited to ten hikers, contact leader for reservation.
P400
Jan Onan, 828-698-3237, cell: 828-606-5188, janonan59@gmail.com

Only Meeting Place: Cold Mountain Overlook at MM 412 of BRP. This in-and-out hike starts at Big East Fork and goes towards the headwaters of the Pigeon River. The river is crystal clear and we will have opportunities to play in the water.

Topo(s): Shining Rock; also NatGeo map #780

Sunday No. Y1803-43  Sept. 9
Frying Pan Tower  12:00 PM
Hike 4, 950 ft. ascent, Rated C-C.
P400, LTC
Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

Only Meeting Place: Pisgah Inn parking lot near convenience store. This is an in-and-out hike with some significant ups and downs. It starts at the Mount Pisgah Campground and meanders through the forest until reaching a FS gravel road to the tower, a 7/10 mile trek, uphill all the way. It passes through a spectacular display of late season wildflowers and provides panoramic views from the fire tower. Optional car shuttle can be arranged.
Topo(s): Cruso; also NatGeo map #780

WEDNESDAY HIKES
Wednesday hikes submitted by Brenda Worley, 828-684-8656, bdjworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. Times listed are departure times – arrive early.

Wednesday No. W1803-53  July 4
East Fork Pigeon River  8:30 AM
Hike 8.5, Drive 65, 1200 ft. ascent, Rated B-B.
Wilderness hike, limited to ten hikers, contact leaders for details.

SPECIAL ANNOUNCEMENT:
The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. Call the leader before the hike. YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.
There are several easy creek crossings. For those. Second meeting place: Cold Mountain Overlook at MM 412 of BRP at 9:00 AM. The East Fork of the Pigeon River is a great place to be on a hot July day. We'll hike in the morning, and on our return, we'll have a chance to play in one of the many pools or just lounge on the rocks before heading back to our cars. Bring swimsuit, towel, etc.

Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1803-794 July 11

MST: Cowee Access to Haywood Gap 8:30 AM
Hike 8.5, Drive 90, 1500 ft. ascent, Rated B-B
Jim Magura, 828-606-3989, jan290@gmail.com and Judy Magura, 828-606-1490, quilter290@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40.
We will start at the spectacular Cowee Overlook on the Blue Ridge Parkway and hike downhill through a beautiful spruce forest approximately 1/2 mile to the MST. Once on the MST we will walk east approximately 8 miles to the Parkway crossing at Haywood Gap. I would classify this 8.5 mile hike as moderate since much of the distance is easy walking on an old roadbed. Almost all of this hike is above 5,000’ so it should feel great on a hot July day. Car shuttle.

Topo(s): Sam Knob

Wednesday No. W1803-858 July 18

Corner Rock Loop 8:00 AM
Hike 10.7, Drive 50, 2000 ft. ascent, Rated A-A
Jeff Wilcox, 828-505-2815, cell: 828-989-8755, jwilcox@uncsa.edu

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This loop hike in the Big Ivy area will follow a number of trails, including Elk Pen, Upper Corner Rock, Laurel Gap, Bear Pen and Staire Gap.
Topo(s): Barnardsville, Mt. Mitchell, Montreat

Wednesday No. W1803-349 July 25

Buck Spring Trail 8:00 AM
Hike 12, Drive 45, 1200 ft. ascent, Rated A-B, AT-MST. P400
Gregory Bechtel, 864-607-2645, gabechtel@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 8:15 AM. This lovely hike gradually switchbacks up the mountain with a stronger grade at the finale. There are several easy creek crossings. For those who would like, we will have lunch in the Pisgah Inn dining room. Or bring your lunch if you wish and eat on the porch. After lunch, we will hike back downhill to our cars.

Topo(s): Cruso, Shining Rock; also NatGeo map #780

Wednesday No. W1803-906 Aug. 1
Heintooga Ridge Area progressive hike 8:00 AM
Hike 9.2, Drive 100, 3100 ft. ascent, Rated A-AA+
Steve Pierce, 828-724-4999, cell: 828-442-8482, stevepierce50@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.
We will take a series of hikes along Heintooga Ridge Road and Balsam Mountain Road in the Great Smoky Mountains National Park. From Wolf Laurel Gap off BRP at milepost 458.2, we drive on Heintooga Ridge Road to the Heintooga picnic area, organize a car shuttle for the 2.6-mile hike and regroup at Flat Creek Trailhead. Drive 6 miles on Balsam Mountain Road to the Spruce Mountain Trailhead; park and hike 2.2 miles in/out Spruce Mountain Trail. Drive 2.3 miles to Pin Oak Gap and drop half the cars, then continue 4.7 miles to the Beech Gap Trailhead. Hike Beech Gap (2.5 miles) and Balsam Mountain Trail (2.1 miles) to cars. Drive to other cars, proceed 15 miles to Cherokee, then BRP to Soco Gap and back to Asheville.

Topo(s): Bunches Bald, Luftee Knob; also NatGeo map #317

Wednesday No. W1803-189 Aug. 8
Old Settlers Trail 8:00 AM
Hike 12, Drive 160, 2200 ft. ascent, Rated A-AA, 900M
Mike Knies, 828-628-6712, cell: 828-279-3531, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first. This is a shorter version of the Old Settlers Trail, beginning at Greenbrier and ending at the barn just off the highway, with a half-mile spur trail to parking. The hike features a rich bottom land of hemlock and hardwood forest, while passing many old home sites with chimneys, rock walls and exotic plants now remaining. Although no ascent is more than 800 ft., the hike is strenuous. An option will allow those wanting to do the whole 17 miles to come out at the Maddron Bald Trail. The car shuttle is about 12 miles.

Topo(s): Jones Cove, Mt. Guyot, Mt. Le Conte; also NatGeo map #317

Wednesday No. W1803-190 Aug. 15
Mt. Mitchell to Balsam Gap via Blackstock Knob 8:00 AM
Hike 9.5, Drive 70, 1600 ft. ascent, Rated A-A, AT-MST, SB6K
Randi Fluharty, 828-423-9030, rfluharty54@gmail.com

First Meeting Place: back parking lot of Folk Art Center. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Craven Gap at 8:15 AM. This is one of the really great sections of the MST and includes two SB6K peaks. The first part of the hike features exceptional views south from the Black Mtns., while the second part showcases the trail-building and rock-work achievements of the CMC. See spectacular scenery from our lunch spot on a rocky outcropping. Car shuttle.

Topo(s): Mt. Mitchell, Montreat; also MST Profiles, pp. 62-65

Wednesday No. W1803-124 Aug. 22
Clingmans Dome, Mt. Collins from Fork Ridge Trailhead 8:00 AM
Hike 8, Drive 150, 1900 ft. ascent, Rated B-A, 900M, SB6K
George Shepherd, 405-596-2632, shepherdgeorge@att.net

First Meeting Place: Home Depot Off Exit 44 of I-40. Form carpools at the first meeting place and meet leader at the second meeting place.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM.
We will hike the AT from Fork Ridge Trailhead, over Mt. Collins (6188 ft.) to Clingmans Dome (6643 ft) and return. The views are great and the high elevation will give us a respite from the hot August weather below.

Topo(s): Clingmans Dome; also NatGeo map #317

Wednesday No. W1803-267 Aug. 29
Horsepasture River 9:00 AM
Hike 8, Drive 105, 2000 ft. ascent, Rated B-A, WC100
Anita Broderick, 828-363-9950, cell: 828-290-4429, tbrode5060@yahoo.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.
Swimming hike! Come to see the Gorges State Park area. We will hike upstream alongside the Horsepasture River to see the waterfalls – Rainbow, Turtleback, Drift and Stairway. We may or may not continue to Windy Falls. The decision will be made on the day of the hike and depends on whether we want to spend more time hiking or swimming. The hike will be 5.5 miles with 1000’ ascent if we do not continue to Windy Falls.

Topo(s): Reid

Wednesday No. W1803-584 Sept. 5
Butter Gap Loop 8:00 AM
Hike 9, Drive 75, 2000 ft. ascent, Rated B-A, P400
Bob Levy, 828-670-1611, cell: 240-604-5000, rlevy@catato.org

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 8:15 AM. We’ll follow the Butter Gap Trail through the beautiful Grogan Creek watershed and Picklesheimer Fields, part of the Art Loeb Trail, and down the Cat Gap Trail. A great late-summer hike with streams, waterfalls and views.
Topo(s): Rosman & Shining Rock; also NatGeo map #780

Wednesday No. W1803-423 Sept. 12
Pilot Rock, Laurel Mountain and Slate Rock Creek Trails 9:00 AM
Hike 7, Drive 90, 1450 ft. ascent, Rated B-B, P400
Barbara Morgan, 828-460-7066, barbc129@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 9:15 AM. Starting at Slate Rock Creek Trail, we hike along and across Slate Rock Creek. The creek crossing may be a wet crossing if it has rained recently. Then we go up the Laurel Mountain Trail and by connector continue on the Pilot Cove Loop Trail, where there is an overlook with beautiful views. We proceed on the Pilot Cove Trail to our cars. Short car shuttle.
Topo(s): Dunsmore Mtn.; also NatGeo map #780

Wednesday No. W1803-241 Sept. 19
Mt. Kephart via Sweat Heifer Creek Trail 8:00 AM
Hike 12.8, 2000 ft. ascent, Rated AA-A, 900M.
SB6K
Jim Magura, 828-606-3989, jqsp290@gmail.com and Judy Magura, 828-606-1490, quilter290@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first. This hike is designed to visit two of the best scenic overlooks in the Smokies, The Jumpoff and Charlies Bunion, and to climb Mt. Kephart (6217 ft.). From Newfound Gap, we will hike on the A.T. to Mt. Kephart and The Jumpoff, and from there to Charlies Bunion. After lunch, we will return via the A.T., and then down the Sweat Heifer Creek and Kephart Prong Trails. Car shuttle.
Topo(s): Clingman’s Dome, Mt. LeConte, Mt. Guyot, Smokemont

Wednesday No. W1803-257 Sept. 26
Hemphill Bald - Rough Fork Loop 8:00 AM
Hike 13.5, Drive 86, 3200 ft. ascent, Rated AA-AA+, 900M
Debby Jones, 404-731-3119, Jones715@aol.com
Only Meeting Place: Home Depot off Exit 44 of I-40. If this is a clear day, we will experience some of the most spectacular views in WNC. We will hike to Hemphill Bald for lunch, then down Caldwell Fork Trail and back up Rough Fork Trail, passing enormous old-growth tulip trees along the way. A strenuous hike, but the trails are well-graded.
Topo(s): Bunches Bald, Dellwood; also NatGeo map #317

ALL-DAY WEEKEND HIKES
All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A1803-904 July 1
Thomas Divide - Indian Creek Loop 8:00 AM
Hike 12, Drive 110, 2600 ft. ascent, Rated A-AA, 900M
Beth Ransom, 813-287-4836, cell: 813-220-8959, ranssonar@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Rest area beyond Waynesville on US 23/74 at 8:30 AM - but contact leader first. This new CMC hike in the Deep Creek area of GSMNP will follow a loop using Thomas Divide, Deeplow Gap, Indian Creek and Stone Pile Gap Trails.
Topo(s): Bryson City; also NatGeo map #317

Sunday No. A1803-611 July 8
Big Ivy - Walker Ridge Loop 9:00 AM
Hike 8, Drive 35, 1700 ft. ascent, Rated B-A
Evie Blinder, 828-275-6447, ejb5711@gmail.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. NEW HIKE FOR CMC in Tennessee between Sampson Mtn. Wilderness and Rocky Fork State Park. We’ll hike up the cascading Longarm Branch to Bearwallow Gap, then loop through beautiful open hardwood coves and go down the Sill Branch trail to the spectacular Sill Branch Falls near the end. Thirteen moderate to easy stream crossings, zips-off recommended. Optional dinner at Farmer’s Daughter.
Topo(s): NatGeo map #782

Sunday No. A1803-734 July 22
Jones Meadow to Allen Gap 8:00 AM
Hike 9, Drive 100, 900 ft. ascent, Rated B-C, AT-MST, LLC
Becky Smucker, 828-231-2198, bjsmucker@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.
Second Meeting Place: Allen Gap at 8:45 AM - but contact leader first. This scenic hike begins by taking in the panoramic views from Jones Meadow, climbs up to the A.T., and then follows a beautiful stretch of the A.T. south to Allen Gap, passing Little Laurel Shelter along the way. Note: 3100’ descent, and 8.7-mile car shuttle.
Topo(s): Greystone, Davy Crockett Lake, Hot Springs; also NatGeo map #782

Saturday No. A1803-119 July 28
Cold Mountain Overlook 8:00 AM
Hike 10.8, Drive 120, 2175 ft. ascent, Rated A-AA
Les Love, 828-658-1489, cell: 828-230-1861, leslover55@gmail.com and Catherine Love, 828-658-1489, catmlove2@gmail.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. NEW HIKE FOR CMC in Tennessee between Sampson Mt. Wilderness and Rocky Fork State Park. We’ll hike up the cascading Longarm Branch to Bearwallow Gap, then loop through beautiful open hardwood coves and go down the Sill Branch trail to the spectacular Sill Branch Falls near the end. Thirteen moderate to easy stream crossings, zips-off recommended. Optional dinner at Farmer’s Daughter.
Topo(s): NatGeo map #782

Saturday No. A1803-53 July 14
East Fork Pigeon River 10:00 AM
Hike 8.5, Drive 65, 1200 ft. ascent, Rated B-B, Wilderness hike, limited to ten hikers, contact leader for reservation, P400
Barbara Morgan, 828-460-7066, barbc129@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets.
Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 10:30 AM. The East Fork of the Pigeon River is a great place to be on a hot August day. We’ll hike in the morning, and on our return, we’ll have a chance to play in one of the many pools or just lounge on the rocks before heading back to our cars. Bring swimsuit, towel, etc.
Topo(s): Shining Rock

Sunday No. A1803-905 July 15
Sill Branch Falls Loop 8:00 AM
Hike 10.8, Drive 120, 2175 ft. ascent, Rated A-AA
Les Love, 828-658-1489, cell: 828-230-1861, leslover55@gmail.com and Catherine Love, 828-658-1489, catmlove2@gmail.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. NEW HIKE FOR CMC in Tennessee between Sampson Mt. Wilderness and Rocky Fork State Park. We’ll hike up the cascading Longarm Branch to Bearwallow Gap, then loop through beautiful open hardwood coves and go down the Sill Branch trail to the spectacular Sill Branch Falls near the end. Thirteen moderate to easy stream crossings, zips-off recommended. Optional dinner at Farmer’s Daughter.
Topo(s): NatGeo map #782

Sunday No. A1803-734 July 22
Jones Meadow to Allen Gap 8:00 AM
Hike 9, Drive 100, 900 ft. ascent, Rated B-C, AT-MST, LLC
Becky Smucker, 828-231-2198, bjsmucker@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.
Second Meeting Place: Allen Gap at 8:45 AM - but contact leader first. This scenic hike begins by taking in the panoramic views from Jones Meadow, climbs up to the A.T., and then follows a beautiful stretch of the A.T. south to Allen Gap, passing Little Laurel Shelter along the way. Note: 3100’ descent, and 8.7-mile car shuttle.
Topo(s): Greystone, Davy Crockett Lake, Hot Springs; also NatGeo map #782

Saturday No. A1803-119 July 28
Charlies Bunion from Newfound Gap and Return 8:00 AM
Hike 8, Drive 135, 2400 ft. ascent, Rated B-AA, 900M SB6K
Jim Magura, 828-606-3989, jqsp290@gmail.com and Judy Magura, 828-606-1490, quilter290@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first. This scenic in-and-out hike will follow the A.T. from Newfound Gap to a spectacular lunch spot at
Charles Bunion. After lunch we’ll do a side trip to Mt. Kephart and the Jumpoff.
Topo(s): Clingmans Dome, Mt. LeConte; also NatGeo map #317

Sunday No. A1803-660 July 29
Chimney Tops from Newfound Gap 8:00 AM
Hike 10, Drive 150, 3250 ft. ascent, Rated A-AA+, 900M
Jason Jordan, 821-314-5587, jasjorda@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.
We’ll do an in-and-out hike on the A.T. from Newfound Gap to Indian Gap, then follow the Road Prog and Chimney Tops Trails. Expect spectacular views, steep climbs and wet feet from the many stream crossings.
Topo(s): Clingmans Dome, Mt. LeConte; also NatGeo map #317

Sunday No. A1803-135 Aug. 5
Mt. Mitchell Parking Area to Deep Gap and Return 8:30 AM
Hike 6, Drive 70, 2000 ft. ascent, Rated B-A, SB6K
Gregory Bechtle, 864-607-2645, gabechtle@gmail.com
First Meeting Place: back parking lot of Folk Art Center.
Second Meeting Place: Craven Gap at 8:45 AM
Strenuous hike! We will enjoy the great views as we hike the ups-and-downs of the Black Mountains Crest Trail as far as Potato Hill for lunch, return via the same route and then walk the Balsam Nature Trail.
Topo(s): Celo, Mt. Mitchell, Burnsville; also South Toe/Big Ivy FS map and NatGeo map #779

Saturday No. A1803-369 Aug. 11
Buckeye Gap - Bearpen Gap 9:30 AM
Hike 6, Drive 80, 1000 ft. ascent, Rated C-C, AT-MST, P400
Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mbromberg@yahoo.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Rough Butt Bald Overlook at MM 425 of BRP at 10:15 AM - but contact leader first.
We will start by hiking an MST section that leads through a lush forest of spruce and birch where the forest floor is covered with mosses and ferns. We will stop for berry picking in areas that have yielded blueberries in past years. Two-mile car shuttle.
Topo(s): Sam Knob; also MST Profiles, pp. 30-31

Sunday No. A1803-762 Aug. 12
Mt. Cammerer from Davenport Gap 8:00 AM
Hike 11.4, Drive 110, 3000 ft. ascent, Rated A-AA, 900M, LTC
Mike Knies, 828-628-6712, cell: 828-279-3531, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first. This hike follows the A.T. from Davenport Gap to the historic fire lookout atop Mt. Cammerer. Strenuous, but the payoffs are a good workout and what Backpacker magazine calls the best Tennessee view in the Smokies.
Topo(s): Waterville, Hartford; also NatGeo map #317

Sunday No. A1803-267 Aug. 19
Horsepasture River 9:00 AM
Hike 8, Drive 105, 1000 ft. ascent, Rated C-C, WC100
Kathleen Hannigan, 828-230-4883, kathhannigan@gmail.com
First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.
Swimming hike! Come to see the Gorges State Park area. We will hike upstream alongside the Horsepasture River to see the waterfalls - Rainbow, Turtleback, Drift and Stairway. Several swimming breaks will be taken.
Topo(s): Reid
Saturday No. A1803-868 Aug. 25
Soco Gap to Woodfin Cascades 8:00 AM
Hike 9.8, Drive 65, 2264 ft. ascent, Rated A-AA, AT-MST, SB6K
Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second meeting place: Soco Gap Overlook at BRP MM455 - but contact leader first.
Starting at the Soco Gap Overlook on the BRP, hike the MST all the way to the Woodfin Cascades Overlook on the BRP. About in the middle, turn left and hike up to the top of Waterrock Knob for great views. Then back to the visitor center, a short ways off of the MST itself. Back up to the MST to Woodfin Cascades. This hike features a brand new (2015) long segment of the MST, built by many CMC volunteers over many years. The trail goes through varied forest types and terrain types. Most of it is evenly graded with difficult-to-build stonework where needed. Car shuttle.
Topo(s): Hazelwood, Sylva North

Sunday No. A1803-242 Aug. 26
Sam Knob-Devils courthouse 9:00 AM
Hike 8, Drive 75, 1500 ft. ascent, Rated B-B, P400, SB6K
Barbara McMullen, 864-398-2426, blmspbgsc1957@yahoo.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets.
Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 9:30 AM.
This hike in the cool high elevations is perfect for a hot summer day. From FS 816 we will ascend Sam Knob (6040 ft.) with its 360 degree views, then hike through high meadows on the Flat Laurel and Little Sam Trails. We then return via the MST across FS 816 and up to the summit of Black Balsam (6214 ft.), then down to our cars.
Topo(s): Sam Knob, Shining Rock; also NatGeo map #780

Sunday No. A1803-421 Sept. 2
Canecrake Trail 8:30 AM
Hike 10, Drive 90, 1900 ft. ascent, Rated A-A, Lorraine Bernhardt, 828-676-0255, cell: 828-699-8857, lbsbernhardt50@gmail.com
First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.
We’ll start the hike at the Frozen Creek Rd. parking lot in Gorges State Park and hike down the Canecrake Trail to our lunch spot at the Foothills Trail pedestrian bridge where the Towaway River enters Lake Jocassee. Return via same route. We will spend time at Lake Jocassee for possible water activities, so bring swimwear if interested.
Topo(s): Reid

Sunday No. A1803-898 Sept. 9
Haywood Gap - FS 816 8:00 AM
Hike 10.8, Drive 80, 1900 ft. ascent, Rated A-A, Wilderness hike, limited to ten hikers, contact leader for reservation, P400, SB6K
Michael Corman, 828-458-1281, mcormn@aol.com and Kathy Corman, 828-458-1281, katherinenkyle@gmail.com
First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools at first meeting and meet leader at second meeting place.
Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 8:30 AM. Follow MST north (east) from Haywood Gap to FS 816. About midway, make stop to allow SB6K peakbaggers to summit Chestnut Bald. Car shuttle.
Topo(s): Sam Knob; also NatGeo map #780

Saturday No. A1803-531 Sept. 15
Pisgah Inn to Beaverdam Overlook 10:00 AM
Hike 7.9, Drive 50, 1100 ft. ascent, Rated B-B, AT-MST, P400
Laura Frisbie, 828-337-5845, laurafrisbie@gmail.com
First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.
Second Meeting Place: Pisgah Inn parking lot near convenience store at 10:30 AM. Enjoy the mountain views along the MST from Pisgah Inn to the Stony Bald Overlook. After Little Pisgah Mountain, it’s downhill almost all the way. Car shuttle.
Topo(s): Dusmone Mtn.; also NatGeo map #780
HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted must be rated B-CC or above. We do not do long-distance hikes or hikes with a lot of bushwhacking. Some hikes may be subject to change. Time listed are departure times — arrive early.

Sunday No. H1803-68 Sept. 17
North Slope Trail 12:00 PM
Hike 5, Drive 62, 700 ft. ascent, Rated C-C, P400
Stuart English, 828-384-4870, stuengo@comporium.net
First Meeting Place: Ingles on NC 191 from Asheville Outlets.
Second Meeting Place: Pisgah Ranger Station on US 276 from the A.T., Boulevard Trail, our lunch spot at Cliff Tops on 6593 ft. Mt. LeConte, and the spectacular Alum Cave Trail. In addition, you can check out the LeConte Lodge cabins and see many interesting old photos in the common room of the lodge. Plan on a long day and an optional stop for supper on the way home. Car shuttle.
Topo(s): Clinton Farm; also NatGeo map #317

Hike 5, Drive 40, 715 ft. ascent, Rated C-C, P400
Tom Lucha, 828-696-9117, cell: 828-712-0736, luchat@bellsouth.net
First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 12:30 PM. We will alter this hike slightly by taking the Wash Creek Trail to the new Trace Ridge Trail route down to North Mills River Trail, then hike up to FS 142 to visit the old Hendersonville Reservoir before we complete the hike. We will cross the North Mills River ten times. Normally the water is less than 2 feet deep, but water levels rise drastically after a hard rain. Hiking poles are recommended. Wear old boots or old sneakers with good traction that you don’t mind getting soaking wet, with moisture-wicking socks, or bring appropriate footwear (creek/wading shoes, sports sandals and a towel) to change. Let’s have summer fun and keep cool doing it!
Topo(s): Dusmore Mtn.; also NatGeo map #780

Sunday No. H1803-76 July 22
Lookout Mountain in Montreat 12:15 PM
Hike 4.7, Drive 40, 1040 ft. ascent, Rated C-B
Karín Eckert, 516-721-6156, karingarden@yahoo.com
First Meeting Place: River Ridge Shopping Center, behind CVS Pharmacy.
Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 12:30 PM. A hike up to Lookout Mountain via Lookout Road, Rainbow Road, Old Mitchell Toll Road and Hickory Ridge Trail. Return on Lookout Trail. A highlight of this hike is the spectacular views of the Seven Sisters mountain range from Lookout Rock. The return trail has a very steep but short downhill section.
Topo(s): Montreat; also MCC Montreat Trail Map

Sunday No. H1803-68 July 29
Big Butt from Walker Knob Overlook 12:30 PM
Hike 6.5, Drive 1300 ft. ascent, Rated C-B, Russell G. Cooper, 828-484-9562, cooper.rg@charter.net and Heather Cooper, 828-484-9562, cooper.hs@charter.net
First Meeting Place: back parking lot of Folk Art Center.
Second Meeting Place: Walker Knob Overlook at MM 360 of BRP at 1:00 PM. Form carpools at the first meeting place and meet the hike leaders at the second meeting place. This moderate in-and-out hike will be at over 5000 feet elevation. There are three climbs: to Point Misery and Little Butt (steep) on the way in, and to Point Misery on the return. The hike goes through a northern hardwood/spruce forest with excellent views of the Black Mountains.
Topo(s): Montreat, Mt. Mitchell; also South Toe River PNF map.
Sunday No. H1803-655 Aug. 5
Looking Glass Overlook to Big East Fork parking area on US 276 12:00 PM
Hike 5.5, Drive 60, 100 ft. ascent, Rated C-C, Wilderness hike, limited to ten hikers, contact leader for reservation, P400
Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com
First Meeting Place: Ingles on NC 191 from Asheville Outlets.
Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 12:30 PM. This downhill-all-the-way (1000’ descent) begins on the MST at Looking Glass Rock Overlook and connects with the Big East Fork Trail via Bridges Camp Gap Trail. Rushing waters, magnificent boulders and some tricky rock hops highlight this hike. Weather permitting, we will stop for swimming/wading at a favorite swimming hole. Possible dinner at Pisgah Inn after the hike. Car shuttle. Topo(s): Craggy Pinnacle; also MST Profiles book, pp. 38-39
Pets are not allowed on CMC hikes.

Sunday No. H1803-172 Aug. 26
John Rock & Ice Cream Stop 12:30 PM
Hike 5.7, Drive 73, 1300 ft. ascent, Rated C-B, P400, WC100
Bev MacDowell, 828-777-5806, bevmacdowell@ymail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets. Form carpools at first meeting place and meet hike leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 1:00 PM. This moderate loop hike, with good views from John Rock, starts at the Fish Hatchery parking lot. Topo(s): Shining Rock: also NatGeo. map #780
Sunday No. H1803-511 Sept. 2
Florence Nature Preserve 12:30 PM
Hike 5, Drive 24, 1000 ft. ascent, Rated C-C
Ron Navik, 585-662-8047, ron.navik@gmail.com
Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53A. This hike is a loop in the Florence Nature Preserve, a 600+ acre tract in Hickory Nut Gorge. We’ll be hiking part of the hike as described in #511 to keep it to about 5 miles. We’ll take the Yellow Diamond Trail, Blue Trail, White Trail and Red Trail to a nice overlook and return via the Blue and Yellow Trails. Topo(s): Bat Cave
Sunday No. H1803-145 Sept. 9
Cherry Cove to Bridges Camp Gap 12:00 PM
Hike 4, Drive 45, 840 ft. ascent, Rated C-C, AT-MST, P400
Chris Allen, 828-707-6500, chrisallen@icloud.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets.
Second Meeting Place: Cherry Gap Overlook at BRP MM 415.7 at 12:45 PM. This hike is a modification of hike #145 and includes part of hike #146. We will park at the Cherry Gap Overlook. The hike will follow the MST to Skinny Dip Falls, where we will have a snack, and then return to Cherry Gap Overlook. Topo(s): Shining Rock, Pisgah Forest; also NatGeo. map #780 and MST Trail Profiles, pp. 38-39
Sunday No. H1803-436 Sept. 16
Mt. Pisgah from Pisgah Inn 12:30 PM
Hike 5.1, Drive 44, 1100 ft. ascent, Rated C-B, AT-MST, P400
Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets.
Second Meeting Place: Pisgah Inn parking lot near convenience store at 1:00 PM. View beautiful scenery from the top of Mount Pisgah on this in-and-out hike. Last 1/2 mile to the top is very steep and rocky. This is a fairly tough C-B hike. Topo(s): Cruso, Dunscore Mtn.; NatGeo map #780

How to join the CMC
1. Go to www.carolinamountainclub.org
2. Click on Join (top left) or Join CMC! (right center).
3. You will see instructions for joining online or via mail.
or... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application.

How to find out about CMC hikes:
During the CMC year (Aug 1 - July 31), join a CMC hike near you. All hikes are free, except for a minimum donation. New members are always welcome. To see a complete list of hikes, please visit www.carolinamountainclub.org; weekly meetings are held at Folk Art Center, 100 East Spruce Street, Asheville, NC 28801.

To join CMC:
1. Join in person at folk art center on a hike.
2. Join by mail: CMC, PO Box 68, Asheville, NC 28802.
3. Join online at www.carolinamountainclub.org

To learn more about the CMC, please visit www.carolinamountainclub.org.
HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you’ll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don’t have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are $20 for individuals and $30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS
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Councilor at Large: Mike Fisher, 781-883-6938, mfishr@yahoo.com
Councilor at Large: Chris Koebelin, 518-372-4130, chriskoebelin@yahoo.com

NEXT CMC COUNCIL MEETING
When: Tuesday, August 14
Where: Community room in Earthfare on Hendersonville Road
Time: 6:00 - 9:00 PM
Info: Call Randy at 828-253-1626 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at www.carolinamountainclub.org