



FIRST QUARTER 2012 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

The trail maintainer's trail maintainer

Howard McDonald

There are a fortunate few who know their role in life, and the world is enriched because of it. In a club in which trail maintainers are a breed apart, Howard McDonald is a trail maintainer's trail maintainer.

Howard has been A.T. supervisor, President of CMC, and Trails Facilities

Manager. In this last position, he designed and built shelters, privies, bridges, and installed bear cables. He was always able to do what had to be done in the most cost-efficient manner. Howard has accumulated about 8,000 trail maintenance hours. At our recent Annual Dinner, he was given our

Distinguished Service Award. In 2011 he was given the President's Call to Service Award, which is the supreme volunteer award in the nation and comes with a congratulatory letter from President Obama.

On a cold winter day several years ago while hiking on the A.T. between Hot Springs and



Howard with the President's Call to Service Award, signed by Barack Obama.



Howard receives the Distinguished Service Award from Becky Smucker at the Annual Dinner.

the Tennessee border, we encountered Howard alone returning from inspecting a shelter. Someone asked him if he knew that the club was doing this hike that day. Howard made it immediately clear that he didn't read the hike schedules and always scheduled his own hikes. Howard has always walked his own walk and our own walks are better because of it.

COUNCIL CORNER

It is with great pleasure that I begin my first term as president of the CMC. I will be working with the Council to better serve our members, but we need your help in this task.



The Club's primary objective is to explore and enjoy the mountains of western NC by hiking their trails. We strive to meet this objective by offering over 180 hikes a year. Because we are an **all-volunteer** organization we depend on members to lead our hikes. During 2011, 65 **volunteers** led 185 hikes – individually or in pairs, one hike or many hikes. A second critical objec-

tive is to maintain the 92 miles of the Appalachian Trail assigned to the Club by the Appalachian Trail Conservancy and to develop and maintain 140 miles of the Mountains-to-Sea Trail. Over 100 **volunteer** section maintainers and 55 **volunteer** crew members work diligently to fulfill this objective. Other CMC members **volunteer** with the Conservation Committee to track and advise CMC members about issues that may impact hiking in the region. Still others **volunteer** to serve on the CMC governing Council or one of the Club's committees. Most recently **volunteer** efforts led to development of our new website and accompanying databases.

I hope by now you have caught on to the theme of this message – **VOLUNTEER!** The only way that the

CMC can continue to serve our approximately 800 members is if we, the members, actively participate. What, you don't feel confident about leading a hike? How about leading the effort to recruit new volunteers for our many activities? You don't feel strong enough to take on trail maintenance? Maybe you could volunteer instead to help maintain and enhance our new website. If you care about the CMC, are willing to help, and have the time, we want you! Contact me at mwbromberg@yahoo.com or 828-505-0471 and I'll identify a role that's just right for you.

Early in the new year you will be given the opportunity to share your suggestions and expectations for the CMC through a short on-line survey. Be on the lookout for it in *eNews* and on our Facebook page.

I look forward to seeing you on the trail!
– Marcia Bromberg

CMC "packs" Pack's with over 100 members

Three standing ovations highlighted a classy and celebratory annual dinner and meeting enjoyed by over 100 CMC members and guests.

The warm ambience of The Century Room in Pack's Tavern with its large windows set in brick walls framing a beautiful view of Pack Square Park in downtown Asheville set the stage for an evening of laughter with friends, a colorful buffet dinner, a brief business meeting, awards, and a terrific speaker.

The bartenders stayed busy during a lively social hour finally reined in by Marcia Bromberg, who planned and executed a fine evening. Diners enjoyed a buffet dinner of chicken and sides, a crunchy green bean and tomato salad and scrumptious mini brownies, followed by some necessary business.

Lenny Bernstein approached the microphone to make the first, but certainly not the last, plea to volunteer for the July 19-26, 2013, Appalachian Trail Conservancy biennial conference, to be held at Western Carolina University. This event, sponsored by CMC and four other regional organizations, needs

willing volunteers in a variety of capacities. Lenny will be happy to talk to you.

Recognition and awards next took the stage. Peter Barr recognized several hikers who had completed one or more of CMC's Challenge Programs. Then Becky Smucker introduced this year's recipients of CMC's most prestigious awards. The Award of Appreciation went to Stuart English for his many years of work as editor of *Let's Go*. The Distinguished Service Award went to Howard McDonald for his thousands of hours of trail building expertise. Both men are worthy of their enthusiastic standing ovations.

Becky thanked the people who are leaving Council as their terms expire – Becky Smucker, Charlie Ferguson, and Ashok Kudva. Everyone in the club owes each of these members a huge and hearty pat on the back. Their behind-the-scenes work is what keeps our organization strong. Kudos to all!

Barth Brooker, outgoing President, read the slate of officer nominees for 2012-2013, and all were unanimously elected: President Marcia Bromberg; Vice President Don Gardner; Treasurer Jim Ariail; Jim Reel, Councilor for Hiking; Jim Spicer, Councilor for Education; Barbara Morgan, Councilor for Membership; Lee Silver, Councilor at Large. Good luck to our new leadership! And thank you very much, Barth, for your leadership which was likened to "herding cats," a thankless job and one you did well.

The evening's grand finale was Charles Maynard's talk and slide show. Maynard, a teacher, author, storyteller, and hiker with an enduring love affair with our mountains, told the tale of two best friends who hiked together over the course of their lives. Maynard focused on Beeson (who always wore a necktie when hiking) and Mathis' eight-day backpack over the crestline of the Smokies in 1914. Armed with a canvas tent, a cast iron skillet, canned food, and a wooden camera on a tripod, this duo trekked in an era before there were trails. They kept a journal, which included references to getting lost daily, and they took photos, gorgeous photos. These photos, which Maynard flashed on a big screen, were phenomenal in their beauty and their sense of the times. These pictures are a treasure! Maynard challenged everyone to get out and experience "interruptions of life" like Beeson and Mathis did which keep us connected to our natural world and also to introduce our children to the beauties of nature. What an inspirational speaker! Not surprisingly, Charles Maynard received a standing ovation as this wonderful evening drew to its close.



2012 Council members (l to r) are Barth Brooker, Marcia Bromberg, Pete Peterson, Danny Bernstein, Jim Ariail, Jim Spicer, Stuart English, Peter Barr, Don Gardner and Tish Desjardins.

New trail open on MST near Raleigh

The following is an excerpt from Kate Dixon's recent article in the *Raleigh News and Observer*:

This week the city of Raleigh opened what will be a 28-mile trail along the Neuse River. The Neuse River Greenway is a significant accomplishment in itself, but it is also a great addition to North Carolina's Mountains-to-Sea Trail. Raleigh has asked the state parks system to designate the Neuse Greenway as part of the MST. Soon Raleighites out for a stroll will encounter

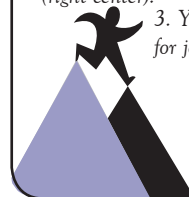
hikers with backpacks who are exploring our beautiful state – one step at a time.

Approximately 530 miles of the MST are now complete. By the end of 2012, we expect that number to grow to 610 miles with new trail openings near Boone, Pilot Mountain, Greensboro, Burlington, Hillsborough, Durham and Clayton, in addition to Raleigh.

Kate Dixon is executive director of Friends of the Mountains-to-Sea Trail.

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on Join (top left) or Join CMC! (right center).



3. You will see instructions for joining online or via mail or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Monday

Barth Brooker, barthb@bellsouth.net
Wednesday*

Waynesville West (Wednesdays)*

Larry Sobil, lsobil@bellsouth.net

Friday Asheville*

Skip Sheldon, shelhalla@bellsouth.net

Friday Pisgah

Pete (R) Petersen, roap@aol.com

Wilderness Crew (Saturday bimonthly)*

Becky Smucker, bjsmucker@gmail.com

Saturday quarterly*

Les Love, lesrlove@charter.net

MST sections

Barth Brooker, barthb@bellsouth.net

Les Love, lesrlove@charter.net

Pete (A) Petersen,
arpetersen11@morrisbb.net

Larry Sobil, lsobil@bellsouth.net

AT sections

Tim Carrigan, tim@newprisim.com

HIKE SCHEDULE First Quarter 2012

Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'.

Contact Peter Barr, pjbar@unc.edu

P400 For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

900M For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbar@unc.edu

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejack-fitz@bellsouth.net

WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, clworley@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the **far rear (north end)** of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

WEDNESDAY NO. W1201-749 ***Jan. 4**

Haywood Gap & proposed Wilderness Extension **8:00 AM**

(Mountain Treasures hike #6)

Jill Gottesman, cell: 828-545-5236,
jill_gottesman@tws.org.

Hike 8, Drive 70, 2000 ft. ascent, Rated, B-A

P400 *Form carpools at Westgate, and meet leader at entrance to Sunburst Campground on NC 215 at 9:00 AM. From the Sunburst Campground trailhead hike we will hike south on an old gated FS road through wildlands adjacent to the Middle Prong Wilderness that The Wilderness Society has named a 'Mountain Treasure' area that should be added to the current protected Wilderness, then left onto the Haywood Gap Trail and hike through to lunch at Haywood Gap. Return via the same route. Highlights are views at Haywood Gap and streamside trails through a Wilderness Area much lesser known than its Shining Rock neighbor.

WEDNESDAY NO. W1201-001 **Jan. 11**

Case Camp – Seniard Ridge Loop **8:30 AM**

Hike 8, Drive 80, 2000 ft. ascent, Rated B-A

Mary Beth Gwynn, 828-545-6487,
mbgcmc@gmail.com

SATURDAY WORK DAY

For the Saturday MST Trail Building Work Days in 2012 meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40. The dates are March 17, May 5, June 2, September 8 and October 27. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (lesrlove@charter.net) to verify date.

P400, WC100 This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed BRP. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge trail. **Second meeting place: Pisgah Forest Bi-Lo at 9:05 AM.** Topo: Shining Rock; also pg. 36-39 of MST Trail Profiles book and Nat.Geo. map #780

WEDNESDAY NO. W1201-408 **Jan. 18**

Wolf Ford-Horse Cove Gap Loop ***8:30 AM**

Hike 9, Drive 70, 1200 ft. ascent, Rated A-B

Greg Goodman, greggoodman@bellsouth.net

P400 *Form carpools at Westgate, and meet leader at Pisgah Ranger Station at 9:05 AM.

This hike takes the S. Mills River Trail to Wolf Ford, then goes left on Squirrel Gap Trail to the Horse Cove Trail to FS 5018 then to the gauging station and the cars. Topo: Pisgah Forest, also NatGeo map #780

WEDNESDAY NO. W1201-051 **Jan. 25**

Hickey Fork – Whiteoaks Flats – Pounding Mill ***8:30 AM**

Hike 8, Drive 85, 1900 ft ascent, Rated B-A

Tish Desjardins, cell: 828-380-1452,
desraylet@aol.com

*Form carpools at Westgate, and meet leader at US 25/NC 208 intersection at 9:10 AM.

Starting at a splendid new footbridge over Hickey Fork, we'll do a nice loop hike using three different trails and finishing on newly and heavily rebuilt Hickey Fork Rd. Topos: White Rock, Greystone; also NatGeo. map #782

WEDNESDAY NO. W1201-268 **Feb. 1**

Hospital Rock – Rainbow Falls ***8:30 AM**

Hike 8, Drive 95, 2000 ft. ascent, Rated B-A

Brenda Worley, 828-684-8656,
cell: 828-606-7297, clworley@bellsouth.net

WC100 *Form carpools at Westgate, and meet leader at Cracker Barrel at Exit 53 of I-26 at 9:00 AM.

This is an interesting hike in Jones Gap State Park in S.C. Hiking steeply up past Hospital Rock, we will enjoy a great view at lunchtime from Pretty Place. After lunch we will walk along a road for a short distance, then turn steeply downhill past beautiful Rainbow Falls onto a trail down to the river and back to our cars. **Note: \$2 person parking fee at trailhead.** Topos: Cleveland, Standingstone Mtn.; also Mountain Bridge Wilderness Map.

WEDNESDAY NO. W1201-041 **Feb. 8**

Sugar Cove Trail to Mackey Mountain ***8:10 AM**

(strenuous)

Hike 11.5, Drive 57, 2900 ft. ascent, Rated A-AA+

Barbara Morgan, 828-738-3395,
cell: 828-460-7066, Barbc129@gmail.com

*Form carpools at Westgate, and meet leader at Ingles Parking Lot off Exit 64 of I-40 at 8:30 AM. We'll take the Sugar Cove Creek Trail

and turn onto Mackey Mountain Trail to Mackey Mountain where we will enjoy great winter views from the Mackey Mountain ridge. We will return to our cars via the same trails. Topo: Old Fort; also NatGeo Map #779

WEDNESDAY NO. W1201-330 **Feb. 8**
Raven Cliff Falls ***8:30 AM**
(moderate)

Hike 8, Drive 95, 1450 ft. ascent, Rated B-B
Stuart English, 828-883-2447,
stuengo@comporium.net

WC100 *Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo side parking lot at 9:05 AM. We'll do a pleasant walk to the pedestrian bridge over the top of a beautiful 250 ft. waterfall in Caesar's Head St. Park in S.C. The hike will follow the Raven Cliff Falls Trail and a portion of the Foothills Trail to the bridge, and then return with a side trip to the spectacular overlook of the falls and Matthew Creek Gorge. Topo: Table Rock; also Mountain Bridge Wilderness Area trail map.

WEDNESDAY NO. W1201-209 **Feb. 15**
Buckwheat Knob – Coontree Loop **10:00 AM**
Hike 8, Drive 67, 1900 ft. ascent, Rated B-A
Laura Frisbie, 828-337-5845,
laurafrisbie@charter.net

P400 From the trailhead at Coontree Picnic area, we'll climb along beautiful Coontree Creek through open forest up to Bennett Gap and on to Buckwheat Knob for lunch, then return via the other segment of the Coontree loop. This is a moderate woodland hike with exceptional views from the ridgeline. **Second meeting place: Coontree Picnic area at 10:40 AM.** Topo: Shining Rock; also NatGeo Map #780

WEDNESDAY NO. W1201-530 **Feb. 22**
Bent Creek #10: Stradley Mtn.
via Rice Pinnacle ***9:00 AM**

Hike 8, Drive 25, 900 ft. ascent, Rated B-C
Keiko Merl, 828-628-2396,
keikomerl@bellsouth.net

P400 *Only meeting place: Ingles across from Biltmore Square Mall on NC 191. This moderate hike is in the eastern part of Stradley Mountain. It is probably a new hike for most. Great views of Hominy Valley. We will return by Boyd Branch and Deer Lake Lodge Trail.

WEDNESDAY NO. W1201-750 **Feb. 29**
Bartram Trail through
the Fishhawk Mtns. ***8:00 AM**
(Mountain Treasures Hike # 4)

Hike 11.2, Drive 160, 800 ft. ascent, Rated B-C
Jill Gottesman, cell: 828-545-5236,
jill_gottesman@tws.org

*Form carpools at Westgate, and meet leader at Bryson Food Store parking lot, off NC 106 in Highlands, at 9:30 AM. We will start at the Jones Gap Trailhead and hike north on the Bartram Trail to Doubletop fields, mostly along a ridgeline,

returning via the same route. Highlights are the summits of Little Fishhawk Mountain and Wolf Rock, as well as views of the Cullasaja Valley, Whiterock Mountain, the Tessentee Valley, Scaly Mountain, Rabun Bald, and the Nantahala Mtns. Topo: Scaly Mtn.; also Bartram Trail Map

WEDNESDAY NO. W1201-674 **Mar. 7**
Wayah Bald to Tellico Gap **8:00 AM**

Hike 9.3 miles, Drive 190 miles, 1350 ft. ascent, Rated A-B
Janet Martin, 502-494-9309,
jaykaymartin@msn.com

LTC This hike along the AT begins at 5300 feet and proceeds north down to Burningtown Gap, then up to Copper Ridge Bald Trail, and then down again to reach Tellico Gap at 3800 feet. The trail traverses the heart of the Nantahala National Forest with distant vistas during the winter season. Car shuttle.

WEDNESDAY NO. W1201-683 **Mar. 14**
Dupont Forest: Hooker Falls P.L. #2 –
Five Falls Loop **8:30 AM**

Hike 11.2, Drive 95, 1250 ft. ascent, Rated A-B
Danny Bernstein, 828-236-0192,
danny@hikertohiker.com

WC100 This hike takes in five outstanding waterfalls and two cemeteries. On the way, we'll climb to a ridge in the forest that gets fewer visitors. The waterfalls ought to be spectacular right now. **Second meeting place: Bi-Lo in Pisgah Forest at 9:05 AM.** Topo: Standingstone Mtn.; also DuPont State Forest Map.

WEDNESDAY NO. W1201-629 **Mar. 21**
Rough Creek **9:00 AM**

Hike 7.5, Drive 55, 1800 Ft. ascent, Rated B-A
Bruce Bente, 828-692-0116,
bbente@bellsouth.net

This is a rarely used trail in the Canton Watershed. During this loop hike, we walk uphill in the morning, largely on old roads, to a ridge line with long distance views. Shortly after we start down, we'll have lunch on rocks overlooking a beautiful valley. After lunch we return downhill, crossing Rough Creek on a bridge. Topo: Canton

WEDNESDAY NO. W1201-713 **Mar. 28**
Bent Creek Experimental Forest ***8:30 AM**

Hike 6, Drive 20, 800 ft. ascent, Rated B-C
Lenny Bernstein, 828-236-0192, lsberns@att.net
P400 Ever wonder what kind of research they do at Bent Creek? This is your chance to find out. We'll start with a one-to-two hour outdoor tour led by a member of the Forest Service staff and then take a short hike from Hard Times Trailhead.

ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at the far rear (north

end) of Westgate Shopping Center at I-240 exit 3B UNLESS OTHERWISE NOTED. Some hikes will have second meeting places, and starting times may vary.

NEW YEARS DAY NO. A1201-281 **Jan. 1**
Green River Gamelands ***8:00 AM breakfast,**
9:15 AM hike

Hike 6.5 or 8, Drive 70, 1300 or 1500 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116,
bbente@bellsouth.net

*Form carpools at Westgate and meet leader at times above at the NE corner of the Cracker Barrel parking lot in Hendersonville (I-26 Exit 53). After breakfast, we'll do our traditional New Year's Day hike on a series of trails around the Green River Gamelands. We'll hike down to and along the Green River, with a late lunch at the big rocks on the Green River, and then hike up and out on the Pulliam Creek trail. Short car shuttle. Topo: Cliffield Mtn.; also Map of the Green River Gamelands Trails

SUNDAY NO. A1201-001 **Jan. 8**
Case Camp – Seniard Ridge Loop **8:30 AM**

Hike 8, Drive 80, 2000 ft. ascent, Rated B-A
Mary Beth Gwynn, 828-545-6487,
mbgcmc@gmail.com

P400, WC100 This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed BRP. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge trail. **Second meeting place: Pisgah Forest Bi-Lo at 9:00 AM.** Topo: Shining Rock; also pg. 36-39 of MST Trail Profiles book and NatGeo. map #780

SATURDAY NO. A1201-743 **Jan. 14**
Pressley Cove to

Pisgah Ranger Station ***10:00 AM**
Hike 6, Drive 70, 1250 ft. ascent, Rated C-B

Ashok Kudva, ashok.kudva@att.net,
828-698-7119, cell: 828-674-1374

P400 *Organize carpools at Westgate, and meet leader at Pisgah Ranger Station at 10:35 AM. We will start with a steep climb on Pressley Cove trail, with two stream crossings via footbridges, to an old homestead chimney and join the Black Mountain Trail via an old logging road. After a short climb to Hickory Knob, it is all downhill to the Pisgah Trail Maintenance Station and a 100 yard walk to the Exercise Trail at the Ranger Station. Short car shuttle.

SUNDAY NO. A1201-438 **Jan. 15**
Rich Mountain,

Round Top Trail and Lovers Leap **8:30 AM**
Hike 9.5, Drive 70, 2200 ft. ascent, Rated A-AA

Tom Sanders, 828-252-6327,
tomary.avl@gmail.com

LTC From Tanyard Gap we will go north on the

AT to the beautiful views from Rich Mountain, then descend to Hot Springs via Round Top Ridge Trail, culminate the day with a short climb to Lover's Leap, and finish on the AT in Hot Springs. **Second meeting place: Tanyard Gap at 9:15 AM.** Car shuttle. Topo: Hot Springs; also FS Hot Springs Harmon Den map; NatGeo map # 782

SUNDAY NO. A1201-186 **Jan. 22**
Little Pisgah Mountain 9:00 AM
Hike 10.5, Drive 36, 1500 ft. ascent, Rated A-B
Janet Martin, cell: 502-494-9309,
jaykaymartin@msn.com

A pleasant nearby hike for the shorter winter daylight hours. We'll hike from the new Florence Preserve parking lot on US 74A into an open meadow leading to the summit of Little Pisgah Mtn. If the weather is clear, the view doesn't get any better. The leader invites hikers to her home for hot soup after the hike. Topo: Bat Cave

SATURDAY NO. A1201-679 **Jan. 28**
Elk Pasture Gap -
Mt. Pisgah via MST 10:00 AM
Hike 7, 2200 ft. ascent, Drive 45, Rated B-AA
Paul Dickens, 828-476-0010,
psdicken@charter.net

P400 We will hike the MST from the NC 151/BRP junction to Buck Springs Gap, then up to the summit of Mt. Pisgah. Great views from Mt. Pisgah and from Little Pisgah Mountain if clear weather. Our return will be on the Blue Ridge Parkway if closed. Pack for wind and cold. Trip is dependent on weather and ability to reach the top of NC 151 by car. Topo: Dunsmore Mtn.; also NatGeo map #780

SUNDAY NO. A1201-744 **Jan. 29**
Silver Mine-AT- Runion *8:30 AM
Hike 8.5, Drive 70, 2600 ft. ascent, Rated B-AA
Paul Benson, 828-251-1909,
pdbenson@charter.net

Starting where Silver Mine Branch flows into the French Broad, we'll hike the AT up Lovers Leap Ridge to Pump Gap where we will turn down the Pump Gap Trail and a manway connecting to the French Broad River near where the Laurel River comes in. We then hike up the Laurel Creek Trail to our lunch spot at the old ruins in Runion. We'll backtrack to Pump Gap where we'll continue down the Pump Gap Trail to Silvermine Creek and follow it back to the trailhead. This hike offers an interesting mix of ridgeline and lush streamside forest hiking. **After the hike, we will enjoy the hot tubs in Hot Springs. Call/e-mail the leader by Wednesday, Jan. 25 to be included in the hot tub reservation.* Topo: Hot Springs; also NatGeo map #782

SUNDAY NO. A1201-745 **Feb. 5**
Little Snowbird Creek
(Mountain Treasures hike #3) *8:00 AM
(strenuous)
Hike 11, Drive 200, 1400 ft. ascent, Rated A-B

Brent Martin, 828-587-9453
(cell: 828-371-0347), brent_martin@tws.org
WC100 *Form carpools at Westgate, and meet leader at Wendy's in Robbinsville at 10:00 AM. This hike will be in the Snowbird Wilderness Study area, as recognized by the 1984 N.C. Wilderness Act. This will be an in-and-out on Snowbird Creek Trail, featuring Middle and Upper Falls. Topo: McDaniel Bald; also NatGeo map #784

SUNDAY NO. A1201-209 **Feb. 5**
Buckwheat Knob – Coontree Loop 10:00 AM
(moderate)

Hike 8, Drive 67, 1900 ft. ascent, Rated B-A
Laura Frisbie, 828-337-5845,
laurafrisbie@charter.net
P400 From the trailhead at Coontree Picnic area, we'll climb along beautiful Coontree Creek through open forest up to Bennett Gap and on to Buckwheat Knob for lunch, then return via the other segment of the Coontree loop. A moderate woodland hike with exceptional views from the ridgeline. **Second meeting place: Coontree Picnic area at 10:40 AM.** Topo: Shining Rock; also NatGeo. map #780

SATURDAY NO. A1201-746 **Feb. 11**
Bearwallow Mtn. &
Little Bearwallow Cliffs *10:00 AM
Hike 5.5 mi., Drive 70, 1040 ft. ascent, Rated C-B
Peter Barr, 704-941-9296,
peter@carolinamountain.org

***Form carpools at Westgate, and meet leader at Florence Preserve parking area (next to old chimney) on US 74-A in Gerton.** *This will be a joint hike with Carolina Mtn. Land Conservancy (CMLC).* Hike on a scenic mountain conserved by CMLC via a brand-new trail built by CMC. We'll climb to the top of Bearwallow Mtn., a grassy bald with panoramic views, then descend to the "bearwallow" itself on rough trail. Expect cold and windy conditions on the summit. After climbing up Little Bearwallow, we'll drop steeply into the Upper Hickory Nut Gorge, paralleling cliff walls. Our descent includes two waterfalls, views from Wildcat Rock, and old growth forest. We finish on US 74-A in Gerton. The latter part of the hike goes through private land with owner permission. **Additional meeting place: across from Atlanta Bread Co. off US 64 in Hendersonville at 9:40 AM.** Car shuttle. Topo: Bat Cave

SUNDAY NO. A1201-596 **Feb. 12**
Foothills Trail: Laurel Fork Gap
to Lake Jocassee *8:00 AM
Hike 10.8, Drive 103, 1400 ft. ascent, Rated A-B
Michael and Kathy Cornn, 828-458-1281,
mcornn@aol.com

***Form carpools at Westgate, and meet leaders at Bi-Lo in Pisgah Forest at 8:35 AM.** We'll hike the Foothills Trail in S.C., from Laurel Fork Gap to Lake Jocassee. This in-and-out hike along Laurel Fork Creek features a beautiful stream,

waterfalls, great bridges, and a scenic lakeside lunch spot. Topos: Eastatoo Gap, Reid; also Foothills Trail map

SUNDAY NO. A1201-307 **Feb. 19**
MST around Asheville –
West Portion 9:00 AM

Hike 10.7, Drive 15, 1450 ft. ascent, Rated A-B
Becky Smucker, cell: 828-231-2198,
bjsmucker@gmail.com
We will hike on the MST around Asheville, a pleasant MST section that is often overlooked, from the BRP Destination Center to French Broad Overlook. Car shuttle. Topo: Asheville

SATURDAY NO. A1201-747 **Feb. 25**
Rainbow Falls and Pretty Place *9:00 AM
Hike 8, Drive 95, 1800 ft. ascent, Rated B-A
Bev MacDowell, 828-684-1000,
bevmacdowell@charter.net

WC100 *Form carpools at Westgate, and meet leader at NE corner of parking lot at Cracker Barrel at Exit 53 of I-26 at 9:30 AM, or Jones Gap State Park at 9:45 AM. This in-and-out hike will start at Jones Gap State Park (**NOTE: \$2 entry fee per person**), we'll hike up to beautiful Rainbow Falls, continue on a steep, rope-assisted trail up to the ridgeline and over to Pretty Place for lunch. With luck, we'll enjoy the snow piles that form at the base of Rainbow Falls in winter-time. Topos: Cleveland, Standingstone Mtn.; also Mountain Bridge Wilderness map

SUNDAY NO. A1201-502 **Feb. 26**
Deep Creek – Sunkota Ridge 8:00 AM
Hike 13, Drive 135, 2000 ft. ascent, Rated AA-A
Jim Reel, 828-738-0751, cell: 828-443-2532,
jimr57@yahoo.com

900M We will hike alongside Deep Creek, one of the beautiful streams on the east side of the Smokies, and then climb up to and then down Sunkota Ridge, which will have good winter views. **Second meeting place: Rest area beyond Waynesville on US 23/74 at 8:30 AM.** Topos: Bryson City, Clingman's Dome; also NatGeo map #317

SUNDAY NO. A1201-748 **March 4**
Mt. Sterling from Cataloochee 8:00 AM
(strenuous)

Hike 12, Drive 100, 3500 ft. ascent, Rated A-AA+
Mike Knies, 828-628-6712, knies06@att.net
900M, LTC Learn about the history of the early settlers of Cataloochee on this new hike which begins from old NC 284 and follows old roads, along Correll and Dude Barnches and Long Bunk Trail to reach the summit of Mt. Sterling and the spectacular views from the fire tower. We'll stop to briefly explore 7-8 old home sites, spring houses and maybe a cemetery along the way and will return on the access road to Mt. Sterling Gap. Short car shuttle. **Second meeting place: Exxon station on US 276 off Exit 20 of I-40.** Topo: Cove Creek Gap; also NatGeo map #317

SUNDAY NO. A1201-479 **March 4**
Kagle Mtn. *8:30 AM
(moderate)

Hike 9, 1100 ft. ascent, Drive 80, Rated B-B
Charlie Ferguson, 828-625-2677
(cell: 828-778-2431), ccf108@gmail.com

P400 *Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo at 9:05 AM. We'll start from Cathey's Creek Rd. and follow an overgrown forest road to the Art Loeb Trail, with lunch at the Butter Gap shelter. We'll return via a no-name trail for variety. Nice views. Topos: Rosman, Shining Rock; also NatGeo map #780

SUNDAY NO. A1201-142 **Mar. 11**
Jerry Miller Trail to AT to Fork Ridge Trail *8:30 AM

Hike 10.5, Drive 92, 3300 ft. ascent, Rated A-AA+
Tish Desjardins, cell: 828-380-1452, desraylet@aol.com

NOTE that this is the first day of daylight savings time. *Form carpools at Westgate, and meet leader at US 25/NC 208 intersection at 9:15 AM. After the hike there will be a potluck supper in the nearby Bear River Community Lodge. Hikers are requested to contribute food for the supper. Food will be taken to a refrigerator before the hike. Please phone the leader to coordinate what food to bring. We'll hike up the Jerry Miller Trail to Bearwallow Gap and right on the AT to Andrew Johnson Mtn. Right on the Fork Ridge Trail down to FS 111 and a short walk to the cars. Topo: Greystone; also NatGeo map #782

SATURDAY NO. A1201-691 **March 17**
Upper Whitewater Falls – Round Mtn. Gap 9:30 AM

Hike 7, Drive 120, 1000 ft. ascent, Rated B-B
Marcia Bromberg, 828-505-0471, mwbromberg@yahoo.com

WC100 We will follow the Foothills Trail west from the NC 281 parking lot to Round Mtn. Gap, then follow the Round Mtn. trail back to the Whitewater Falls overlook. From here we will drop steeply on the Foothills Trail east, cross the Whitewater River bridge and later turn uphill on a short spur trail to the Bad Creek parking area. Short car shuttle. **Second meeting place: Pisgah Forest Bi-Lo at 10:05 AM.** Topos: Cashier, Reid; also NatGeo map #785

SUNDAY NO. A1201-516 **March 18**
Lakeshore Loop *8:30 AM

Hike 10, Drive 145, 1600 ft. ascent, Rated A-A
Danny Bernstein, 828-236-0192, danny@hikertohiker.com

900M Starting at the Lakeshore tunnel, we'll do a loop, consisting of the Lakeshore, White Oak Branch and Forney Creek Trails. We'll lunch on Forney Creek, and then return on the Lakeshore Trail and back on the bypass trail. We'll take a side trail to the Woody Cemetery. We are honored to have Kevin Fitzgerald, Deputy Superintendent

of Great Smoky Mountains National Park, hike with us. He's a great source of information on the Park. **Second meeting place: Rest area beyond Waynesville on US 23/74 at 9:00 AM.** Topo: Noland Creek; also NatGeo maps #316, #229

SUNDAY NO. A1201-692 **March 25**
Terrapin and Bearpen Mtns. *9:00 AM
(Mountain Treasures hike #5)

Hike 6+, Drive 140, 2400 ft. ascent, Rated B-AA
Ted Snyder, 864-638-3686, tedsnyderjr@bellsouth.net

***Form carpools at Westgate; stop at Pisgah Forest Bi-Lo at 9:35 AM for additional hikers; and meet leader at Community Bank in Cashiers (left onto NC 107, right at next red light and go 100 yards) at 10:30 AM.** This revised hike first ascends steeply through thick underbrush, then up a steeper rock face. Get 180 degree views including Whiteside Mtn. and Fowler Creek cirque. Leaving the rock, ascend gently to the top of Terrapin, then bushwhack west and south to a gap, from which we climb Bearpen Mtn. Hikers with fear of heights and serious cross-country bushwhacking in severe terrain should avoid this hike. Topo: Cashiers; also NatGeo. map #785

SATURDAY NO. A1201-424 **Mar. 31**
Hospital Rock to Pretty Place and Falls Creek *8:30 AM

Hike 9, Drive 80, 2860 ft. ascent, Rated A-AA
Matt Sowles, 864-855-6861, cell: 864-884-7052, sowleman@charter.net

***Form carpools at Westgate; Hendersonville hikers meet at NE corner of Cracker Barrel parking lot at exit 53 of I-26 at 9:00 AM, and everyone meet leader at Jones Gap State Park parking lot at 9:15 AM.** This challenging hike in Jones Gap State Park in S.C. will begin by hiking up the Hospital Rock Trail. At lunchtime, we'll take in the great view from Pretty Place, and return via the Falls Creek Trail past beautiful Falls Creek waterfall. Short car shuttle. \$2 fee for park entry. Topos: Cleveland, Standingstone Mtn.; also Mountain Bridge Wilderness Area map

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Bonnie Allen, bonnie@allencats.com, 828-645-0357. Driving distance is round-trip from Asheville. All hikes assemble at the **far rear (north end)** of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. Times listed are departure times – arrive early.

SUNDAY HALF-DAY **Jan. 1**
NO HIKE SCHEDULED – NO HIKE LEADER AVAILABLE

HALF-DAY NO. H1201-623 **Jan. 8**
Old Fort to Kitsuma Peak *12:00 PM

Hike 6, Drive, 60, 1800 ft. ascent, Rated C-A
Nonmembers, call leader: Renate Rikkers, 828-298-9988, reriokers@aol.com

This popular but somewhat strenuous hike begins near Old Fort and ascends Young's Ridge to Kitsuma Peak, overlooking and continuing on to Ridgecrest. Outstanding views along the way. Car shuttle. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 12:20 PM.** Topos: Old Fort, Black Mtn.

HALF-DAY NO. H1201-320 **Jan. 15**
Swannanoa River Stroll to Old Farm School Rd. *12:30 PM

Hike 5, Drive 12, 100 ft. ascent, Rated C-C
Nonmembers, call leader: Bobbi Powers, 828-667-5419, bobbipowers@live.com

***First meeting place: Folk Art Center back parking lot.** This in-and-out hike begins at Owen Park and follows the Swannanoa River to Old Farm School Road, returning to the park. We will see the Warren Wilson College farm, a stand of giant bamboo, and enjoy the scenic river. **Second meeting place: Charles D. Owen Park at 12:50 PM.** Topo: Oteen; also Warren Wilson College Trails Map

HALF-DAY NO. H1201-485 **Jan. 22**
Old U.S. 70 and the Railroad *12:00 PM

Hike 5, Drive 60, 200 ft. ascent, Rated C-C
Nonmembers, call leader: Sawako Jager, 828-687-2547, Baiko70@aol.com

We will walk down (gentle grade) old U.S. 70, Point Lookout Trail, from Swannanoa Gap with a side trip to see an unknown Confederate soldier's grave. We will enjoy a view of the valley, railroad and tunnel featured in "The Road" by John Ehle, a book about building the railroad up to Swannanoa Gap. Car shuttle. **Second meeting place: Ingles parking lot off Exit 64 of I-40 at 12:20 PM.** Topos: Old Fort, Black Mountain.

HALF-DAY NO. H1201-751 **Jan. 29**
Bent Creek Loop #13 -

The "Other Side" of Bent Creek *12:30 PM
Hike 6.2, Drive 22, 1100 ft. ascent, Rated B-B
Nonmembers, call leader: Marcia Bromberg, 828-505-0471, mwbromberg@yahoo.com

P400 *Only meeting place: Ingles on Brevard Rd. A pleasant hike on the sunny side of Bent Creek begins with a gradual uphill hike on Laurel Branch Rd., Sidehill Trail and Little Hickory Top Trail to Ingles Field Gap. We'll then head downhill on Ingles Field Gap Trail and Ledford Branch Rd. Short car shuttle. Topos: Asheville, Skyland

HALF-DAY NO. H1201-434 **Feb. 5**
Laurel Mountain Trail *12:30 PM

Hike 5.4, Drive 70, 950 ft. ascent, Rated C-C
Nonmembers, call leader: Greg Goodman, 828-684-9703, greggoodman@bellsouth.net

P400 *Form carpools at Westgate, and meet

Another record year for CMC challenge completers

For a third straight year, CMC set a record for number of completers of hiking challenge programs. Twenty-two intrepid hikers met the challenge of hiking high peaks, serene waterfalls, hundreds of miles of trails, and scenic vistas from mountaintop towers. Congratulations to Bob Hysko, Elaine Jenkins, Steven Gilliam, Sr., Jon Bellows,

Garrett and Beth Ransom, Bev McDowell, and Seth O'Shields for completing the South Beyond 6000 (SB6K) challenge. Also completing SB6K were "The Lenoir Four" of Don Gardner (for the second time), Lane Bailey, Martyn Easton, and Chris Washburn.

Joanne Tulip, Penny Longhurst, and Howard Colby were completers of the

Waterfall & Cascade 100 (WC100) challenge. Jeff Reinhart was the only completer of the Pisgah 400 challenge. Several hikers completed more than one challenge in 2011: Sawako Jager polished off both the Lookout Tower Challenge (LTC) and SB6K, and Erwin Hoadley finished both the SB6K and WC100 challenges. Finally, Jack Fitzgerald completed the LTC, giving him the esteemed distinction as the first-ever hiker to complete all four CMC hiking challenges!

Several other CMCers completed additional long quests in 2011: Jennifer Davis thru-hiked the Appalachian Trail, setting a new A.T. speed record by completing the 2,181 miles in 47 days and 11 hours. Matt Kirk, SB6K speed record holder, completed the Mountains-To-Sea Trail (MST) and earned yet another speed record by covering the 1,000 miles in only 25 days. Danny Bernstein and Sharon McCarthy also completed the MST this year. Kent and Nancy Wilson finished off their quest to hike all 4,000-foot peaks in New Hampshire. Congratulations to all 2011 challenge finishers!



Challenge finishers from left are Don Gardner, Chris Washburn, Martyn Easton, Jack Fitzgerald, Sawako Jager, Bob Hysko, Erwin Hoadley, and Bev McDowell.

leader at N. Mills River Rec. Area parking lot at 1:00 PM. This loop hike will start at FS 1206, hike along a ridge trail toward Black Mountain, and return via the Laurel Mountain Trail. There should be good views of the Mills River Valley. Topo: Dunsmore Mtn.; also NatGeo map #780

HALF-DAY NO. H1201-294 **Feb. 12**
Picklesimer Fields 12:30 PM
 Hike 5, Drive 72, 900 ft. ascent, Rated C-C
 Nonmembers, call leader: Stuart English,
 828-883-2447, stuengo@comporium.net

P400 Form carpools at Westgate, and meet leader at Pisgah Fish Hatchery at 1:15 PM. In-and-out hike from the Fish Hatchery. We'll take Butter Gap Trail to Grogan's Creek Falls and possibly farther, depending on weather. Topo: Shining Rock

HALF-DAY NO. H1201-579 **Feb. 19**
Lover's Leap - Pump Gap Loop 12:30 PM
 Hike 4.3, Drive 70, 1200 ft. ascent, Rated C-B
 Nonmembers, call leader: Laura Frisbie,
 828-337-5845 laurafrisbie@charter.net
 Begin with hike up AT to Lover's Leap with views of Hot Springs and French Broad River. Continue on AT to first intersection with Pump Gap Trail for return. Not recommended for beginning hikers. **Second meeting place: Rose's parking lot in Weaverville off I-26 at 12:45 PM.** Topo: Hot Springs

HALF-DAY NO. H1201-431 **Feb. 26**
Chestnut Cove to MST to Sleepy Gap to Explorer Trail *12:30 PM
 Hike 5, Drive 20, 900 ft. ascent, Rated C-C
 Nonmembers, call leader: Joe Burchfield,
 828-338-0443, burchfield@niu.edu

P400 *only meeting place: Ingles parking lot across from Biltmore Square Mall on NC 191. This loop hike begins with a moderately steep climb from the Bent Creek Gap Road to the MST, but is otherwise an easy walk. Topo: Dunsmore Mtn.

HALF-DAY NO. H1201-686 **Mar. 4**
Shope Creek Ramble *12:30 PM
 Hike 5, Drive 25, 750 ft. ascent, Rated C-C
 Nonmembers, call leader: Gail Lamb,
 828-338-0443, galmb46@bellsouth.net

***Only meeting place: Folk Art Center back parking lot.** This is a short ride for a winter walk in the woods, partly along Shope Creek in the Riceville Rd. area. It has been recently opened to hikers and has some unmarked trails, some of which are near, but not connecting to the Parkway. Possible wet stream crossing. Topo Map: Craggy Pinnacle

HALF-DAY NO. H1201-685 **Mar. 11**
North Slope Loop *12:30 PM
 Hike 5.3, Drive 65, 700 ft. ascent, Rated C-C
 Nonmembers, call leader: Stuart English,

828-883-2447, stuengo@comporium.net
P400 *Form carpools at Westgate, and meet leader at the Pisgah Forest Bi-Lo at 1:00 PM. A short pleasant hike starts at the Pisgah Ranger Station, goes up the North Slope Ridge, and back along the Davidson River. We'll stop at the English Chapel for a bit. Topo: Pisgah Forest

HALF-DAY NO. H1201-054 **Mar. 18**
John Rock 12:30 PM
 Hike 4, Drive 72, 900 ft. ascent, Rated C-C
 Nonmembers, call leader: Chris and Bonnie Allen,
 828-645-0357, bonnie@allencats.com

P400 This hike goes up Old Horse Cove Trail to the top of John Rock. At the top there is a great view of Looking Glass Rock and the Fish Hatchery. **Second meeting place: Fish Hatchery Parking lot off FS 475 at 1:10 PM.** Topo: Shining Rock

HALF-DAY NO. H1102-346 **Mar. 25**
Folk Art Center to Haw Creek Overlook *12:30 PM
 Hike 5, Drive 15, 850 ft. ascent, Rated C-C
 Nonmembers, call leader: Jim Ariail,
 828-505-0443, jimariail@yahoo.com.

***Only meeting place: Folk Art Center back parking lot.** This favorite moderate hike on the Mountains-to-Sea Trail is rewarded with great views of the Haw Creek Valley. Topo: Oteen

Bracken Mountain Recreation Area

Brevard will soon join Jackson Hole, Wyoming, Big Bear, California, and Gatlinburg, Tennessee as towns that can brag about being able to walk from a downtown area into a national forest. Between 1910 and 1915 the City of Brevard purchased four parcels of land totaling 395 acres. This was the first public water source for the city and was used until the water source was changed in 1979. This property is west of the Brevard Music Center and adjoins Pisgah National Forest near FS Road 475C, which parallels the Art Loeb Trail near Cat Gap. When this recreation area is open, it will create a great hike opportunity from Brevard to the Pisgah Fish Hatchery. A groundbreaking ceremony was held on December 2 to initialize trail construction and hopefully the trail will open in June. At this time trails are not open to the public.

Check this website to learn more and see updated information: www.cityofbrevard.com and search for "Bracken Mountain Recreation Area" or contact:

Daniel Cobb, Planner
City of Brevard Planning Department
95 West Main Street
Brevard, NC 28712
Email: dcobb@cityofbrevard.com
Telephone: (828) 885-5630

Carolina Mountain Club

P.O. Box 68
Asheville, NC 28802

NEXT CMC COUNCIL MEETING

When: February 2, 2012
Where: West Asheville Library meeting room
Time: 6:00 - 9:00 PM
Info: Call Marcia at 505-0471 if you would like to attend.
All CMC members are welcome.

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Dogs are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant

Further
information about
regulations is available at [www.
carolinamountainclub.org](http://www.carolinamountainclub.org)

on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by completing a Membership Application Form and paying dues. Membership Application Forms are available on the Club website or by mail. Annual dues are \$20 for individuals and \$30 for families. Applications should be sent to Carolina Mountain Club, P.O. Box 68, Asheville, NC, 28802. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

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Vice-President: Don Gardner, 828-754-4067, gardog3@bellsouth.net
Secretary: Danny Bernstein, 828-236-0192, danny@hikertohiker.com
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