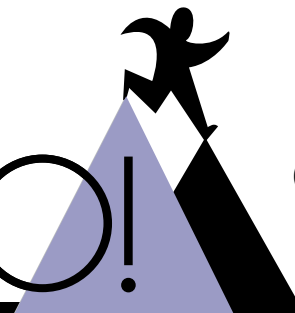


LET'S GO!



FIRST QUARTER 2023 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

HIKE RATINGS

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johncwhitehouse@icloud.com

Art Leob Monday Crew

Rich Evans, richard.erman.evans@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Vance Waggener, vance.waggener@yahoo.com

Thursday Crew

Todd Eveland, pepsitodd1@gmail.com

Ken Hummel, Kenhummel60@gmail.com

Asheville Friday crew

Paul Curtin, pmc Curtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com

Wilderness Response Crew

Vance Waggener, vance.waggener@yahoo.com

Richard Figura, rafigura107@gmail.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

Section Rovers Crew

Once a week, Tuesday or Saturday

Rich Evans, richard.erman.evans@gmail.com

Jan Onan, janonan59@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pmc Curtin@hotmail.com

Rich Evans, richard.erman.evans@gmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

Todd Eveland, pepsitodd1@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse, johncwhitehouse@icloud.com

CHALLENGE PROGRAMS

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact ATMST@CarolinaMountainClub.com

FH100 For hiking all 100 trails in the "100 Favorite Trails of the Smokies and Carolina Blue Ridge." Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact LTC@carolinamountainclub.org

P400 For hiking every trail in Pisgah Ranger District. Contact P400@CarolinaMountainClub.org

SB6K For hiking all 40 peaks above 6000'. Contact SB6K@carolinamountainclub.org

WC100 For hiking to the 100 best waterfalls in the area. Contact w100@carolinamountainclub.org

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays for 2023 are April 22nd, June 3rd, August 19th and October 14th. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

HIKING FOR NEWCOMERS!

CMC has scheduled quarterly hikes designed for new hikers. A 30 minute Zoom presentation before each hike will get you ready and answer your questions. Please check out our homepage at carolinamountainclub.org or contact us at cmcnewhikers@gmail.com for more information.

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun, educational hiking experiences. Hikes are open to CMC members as well as newcomers. YPC hikes submitted by Jeff Wilcox, 828-989-8755, jwilcox@unca.edu. Driving distance is round trip from the meeting place.

Saturday No. Y2301-316

Feb. 18

Carl Sandburg Nat'l. Historic Park 10:00 AM
Hike 4, 600 ft. ascent, Rated C-C

Jeff Wilcox, 828-989-8755, jwilcox@unca.edu

Only Meeting Place: Carl Sandburg parking

lot. Driving Directions: I-26 E to Exit 53; right onto Upward Rd. to end of road (name changes to Highland Lake Rd. after US 176); left onto US 225; right onto Little River Rd.; left into parking lot for Carl Sandburg Nat'l. Historic Park. Traverse the same trails that poet/author Carl Sandburg enjoyed. Hike to overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. After hike, you may opt to tour on your own by visiting the goats in the barn or touring Carl Sandburg's historic house for a small fee. Please contact leader in advance.
Topo(s): Hendersonville

Sunday No. Y2301-867 **March 26**
Hooker Falls P.L. #5 - Hooker, Triple & High Falls **1:00 PM**
Hike 3.5, 300 ft. ascent, Rated C-C, WC100
Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
Only Meeting Place: DuPont Forest Hooker Falls parking lot. We'll hike to Triple Falls, then to the bottom of High Falls. Next will be a hike to see the top of High Falls, followed by hiking back to the trailhead and a short hike to Hooker Falls. Please contact leader in advance.
Topo(s): Standingstone Mtn.

WEDNESDAY HIKES

Wednesday hikes submitted by Daisy Karasek, 828-505-2036, daisytk@yahoo.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times - arrive early.*

Wednesday No. W2301-550 **Jan. 4**
Paris Mountain **8:30 AM**
Hike 8.7, Drive 130, 2000 ft. ascent, Rated B-A
Randy Fluharty, 828-423-9030, rfluharty54@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 8:45 AM - but contact leader first. Contact the leader by phone for reservation. Located between Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good winter views and warmer weather than in Asheville. \$6/person entrance fee.
Topo(s): Paris Mtn.

Wednesday No. W2201-530 **Jan. 4**
Rice Pinnacle P.L. #2 - Ingles Field Gap **9:00 AM**
Hike 7.5, Drive 10, 1000 ft. ascent, Rated B-C, **P400**
Henry Kassell, 845-656-5528, hkassell@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader for reservation. Come join this new loop hike, a variation of hike #530, which starts from the Rice Pinnacle parking lot. We will take the Corvair Trail gently up to join the North Boundary Trail. Next, we go down on Ingles Fields Gap Trail and then Wolf Branch Trail to return to our cars.
Topo(s): Skyland

Wednesday No. W2301-532 **Jan. 11**
Sassafras Mountain **8:00 AM**
Hike 9, Drive 85, 2400 ft. ascent, Rated B-AA
Bob Smith, 828-696-6185, wncnites@gmail.com and Vonnie Gamble, 410-375-7764, ygamble99@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.
Contact Bob Smith via email for reservation. Form carpools and meet leaders at second meeting place. This is a pleasant hike from US 178 up to the highest peak in South Carolina, following the Foothills Trail.
Topo(s): Eastatoo Gap

Wednesday No. W2301-959 **Jan. 11**
Richard L. Hoffman Trail **9:15 AM**
Hike 4.4, Drive 36, 1060 ft. ascent, Rated C-B
Tim Carrigan, 828-242-9559, tim.carrigan@gmail.com
First Meeting Place: Ingles at 225 Carl Eller Rd. (Mars Hill).
Second Meeting Place: Bailey Mountain Preserve, 889 Forest St, Mars Hill at 9:30 AM.
HALF-DAY HIKE: Form carpools and meet the leader at the second meeting place. The hike begins with a scenic ascent through the Smith property pasture. As the trail enters the forest, hikers are greeted with a swinging bench that looks back at the Smith property. This is a great spot to catch your breath for a moment before beginning more challenging climbs. After entering the forest, mile markers can be found on the trail every 1/4 mile and yellow blazes indicate you're on the right trail. The trail winds upwards, and after the 1/4-mile marker there is a breathtaking clearing and bench to capture one last look at the Heritage Farmstead before continuing deeper into the forest. The single-track trail gently continues ascending before beginning a series of switchbacks back to the cars. Benches are available to rest nearly every 1/2 mile. Hikers will encounter sections of the trail carefully fitted with stone steps.

Wednesday No. W2301-930 **Jan. 18**
Upper Weed Patch Mountain **8:00 AM**
Hike 10.3, Drive 56, 1995 ft. ascent, Rated A-A
Marie Chamberlin, 678-492-6718, marie.m.chamberlin@gmail.com

Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. Contact leader for reservation. Limit of 10 hikers. This out-and-back hike begins in Chimney Rock State Park with a short section on a service road and then goes on to a trail up to Eagle Rock for a great view. We then continue on Weed Patch Mountain Trail with a short side trip to Tunnel Rock. Returning to Weed Patch Mountain Trail, we continue on to Flapjack Rock and finish at Grey Rock for a lunch break and to enjoy views of Lake Lure, Rambling Bald and Eagle Rock. To return to our cars, we retrace our steps. NOTE: There is about 1/10 mile travel on a gravel road to get to the trailhead; high-clearance vehicles are required (i.e. sedans not recommended). Carpooling recommended due to small parking area.

Wednesday No. W2301-001 **Jan. 25**
Case Camp - Seniard Ridge Loop **8:00 AM**
Hike 9, Drive 80, 1800 ft. ascent, Rated B-A, **P400, WC100**
Adrianne Chang, 414-690-5424, acjp9349@yahoo.com and Sallye Sanders, 208-550-2070, sallye_sanders@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.
Contact Adrianne by email for reservation. Form carpools and meet leaders at the second meeting place. This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail, passing two nice waterfalls along an old logging road. This hike is usually 7.4 miles; however, if Forest Road 475B is closed, we will have to walk to and from the trailhead, adding 1.7 miles to the hike.
Topo(s): Shining Rock

Wednesday No. W2301-280 **Feb. 1**
North Slope and Art Loeb Trails **9:00 AM**
Hike 7.5, Drive 62, 1600 ft. ascent, Rated B-A, **P400**
Thomas Butler, 361-484-3381, butler.tom3381@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.
Contact leader via email for reservation. Form carpools and meet leader at second meeting place. We start at the Davidson River Campground and ascend on the Art Loeb Trail to the North Slope Connector. We'll eat lunch at the intersection before we start down the connector to the North

Slope Trail, ending with a lovely, easy stroll along the river to the cars.

Topo(s): Pisgah Forest

Wednesday No. W2301-654 **Feb. 8**
Cantrell Creek - Squirrel Gap Loop **7:30 AM**
Hike 11.8, Drive 55, 1600 ft. ascent, Rated A-A, **P400**

Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 in front of gas pumps (Mills River) at 8:00 AM. Contact the leader for reservation; limit of 10 hikers. From the Turkey Pen trailhead, we will hike on the S. Mills River Trail, then the Cantrell Creek Trail to the site of the former Cantrell Lodge. We will then go on Horse Cove Gap, Squirrel Gap and Pounding Mill Trails before rejoining the S Mills River Trail to return to the trailhead. Possible wet stream crossings on Cantrell Creek Trail if there has been recent rain.
Topo(s): Pisgah Forest

Wednesday No. W2301-489 **Feb. 15**
Bad Fork - Trace Ridge Loop **8:00 AM**
Hike 8, Drive 60, 2000 ft. ascent, Rated B-A, **P400**

Donna Lanning, 828-684-7083,

cell: 828-606-7956, dblanning@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 NW corner of parking lot near the No. Mills River Rd. entrance (Mills River) at 8:30 AM. Form carpools and meet leader, in red Ford Edge, at second meeting place. This pleasant winter loop hike will start at Trace Ridge Trailhead. We will hike along the trail following a stream to the Bad Fork Trail. We next climb up Bad Fork Trail to and over the Blue Ridge Parkway to the MST where we turn left and go up to Ferrin Knob. Later on, we will reach the Beaverdam Gap Overlook before we descend on Trace Ridge Trail back to our cars.
Topo(s): Dunsmore Mtn.

Wednesday No. W2301-806 **Feb. 15**
Shope Creek Loop **8:30 AM**

Hike 7, Drive 25, 2200 ft. ascent, Rated B-AA
Brenda Worley, 828-684-8656,

cell: 828-606-7297, bjdworley@gmail.com

Only Meeting Place: Ingles on US 70 at Riceville Road (Oteen). Contact the leader for reservation. We'll hike across the base of the mountain along a stream, then take a trail that leads to the ridge line. The trail is very steep near the top for a short distance. Then we will hike along the ridgeline with beautiful views of the Riceville Valley. There is a rock scramble to Rocky Knob. Hiking poles are highly recommended. We will border the Asheville watershed

on one side and Riceville Valley on the other side for a while.

Topo(s): Craggy Pinnacle

Wednesday No. W2301-965 **Feb. 22**
Fonta Flora and Gateway Trails **8:30 AM**

Hike 7.5, Drive 60, 1150 ft. ascent, Rated B-B
Richard Sampson, 704-453-9059,
richsamps360@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40.

Second Meeting Place: Old Fort Ride House, 59 Commerce St, Old Fort, NC 28762 at 9:00 AM. Contact the leader for reservation. Form carpools and meet leader at second meeting place. This hike offers an opportunity to explore trails recently opened by the G5 Conservancy and the Forest Service. Park along the long back line of the parking lot on your right as you enter the Ride House lot. Meet the leader inside, where we will form shuttles to the Fonta Flora-Copper Ridge Trailhead on Old Hwy. 70 where we begin the hike. We start with a short climb up to the Fonta Flora Trail. We then follow along a ridge with many long-range winter views, descend to Camp Grier Road, join the Rostan Trail to Salt Gap and then hike several of the new trails in the Old Fort Gateway Trail System. These trails are rated easy with short ups-and-downs through forested areas. After the hike we'll have an opportunity to explore The Ride House, view Kitsbow apparel manufacturing, and end at Hillman Brewery. 9-mile, 15-minute car shuttle.

Wednesday No. W2301-429 **Feb. 22**
Hard Times Road to Rocky

Cove Road to Bent Creek Road **9:30 AM**
Hike 5, Drive 10, 500 ft. ascent, Rated C-C, **P400**

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

HALF-DAY HIKE: Contact the leader for reservations. We will start from Bent Creek River Park, or from the first parking lot inside the Arboretum if hikers have sufficient Arboretum passes for the group. This is an easy loop on wide, firm trails covering Hard Times Road, Rocky Cove Road and Bent Creek Road.
Topo(s): Asheville, Skyland

Wednesday No. W2301-611 **March 1**
Big Ivy - Walker Ridge Loop **8:15 AM**

Hike 8, Drive 35, 1700 ft. ascent, Rated B-A

Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Publix lower end of parking lot off Exit 19 of I-26 at 8:30 AM.

Contact Judy via email for reservation. Form carpools and meet leaders at second meeting

place. We'll start our hike on the Walker Creek and Perkins Trails. Most of the altitude gain is accomplished during the first hour of the hike. The ascent will be at a moderate pace. Our next two miles will be a stroll on the meadow-like Laurel Gap Trail, before heading back down to the cars, using the Bear Pen and Staire Creek Trails. These trails are rocky and steep in spots. There are several stream crossings on this hike. We walk near lovely creeks on part of the trails.
Topo(s): Barnardsville

Wednesday No. W2301-919 **March 8**
Wildcat Rock to

Trombatore Trail and beyond **8:30 AM**

Hike 10.5, Drive 20, 2596 ft. ascent, Rated A-AA
Bev MacDowell, 828-777-5806,
bevmacdowellhappy@gmail.com

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.

Second Meeting Place: Strawberry Gap Trailhead parking at 9:00 AM.

Limit of 12 hikers. Contact the leader for reservation. Form carpools and meet leader at second meeting place. This hike starts at the Wildcat Rock trailhead in Hickory Nut Gorge and ends on US 74-A at the Continental Divide, where the trailhead of the newly-opened Strawberry Gap Trail is located. We start by climbing past Little Bearwallow Falls via many rock steps. We will stop at Wildcat Rock for great views up and down Hickory Nut Gorge. Then we will ascend Little Bearwallow Mountain via the new trail built by Conserving Carolina. On Bearwallow, we will enjoy great views toward the west. From there we hike down the Bearwallow Trail and cross over to the Trombatore Trail. Then we hike down the mountain on the Strawberry Gap Trail, opened in September 2022 by Conserving Carolina, stopping at Ferguson's Peak for one last vista before reaching our vehicles. The total ascent includes three strenuous inclines. Car Shuttle.

Wednesday No. W2301-062 **March 8**
Daniel Ridge Loop Trail **9:00 AM**

Hike 5, Drive 70, 800 ft. ascent, Rated C-C,

P400, WC100

Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

HALF-DAY HIKE: Contact leader via email for reservation. Form carpools and meet leader at second meeting place. This shortened version of Hike #62 is a moderate (but not easy) loop hike that has lots of "C": Creeks, Chasms, and a Cool Cascade finale. This hike is #55 of the 100 Favorite Trails.

Topo(s): Shining Rock

Wednesday No. W2301-182 **March 15**
Green River Cove Trail **8:30 AM**
Hike 7, Drive 75, 1400 ft. ascent, Rated B-B
Karen Schultz, 312-241-3329,
Schultz.KarenJ@GMail.com and
Ken Scharmann, 847-772-4693,
Ksrums@Comcast.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 9:00 AM.

Contact Karen Schultz for reservation; limit of 10 hikers; must be fully vaccinated against COVID-19 to carpool. Hike the Green River Cove Trail from the bridge to its end at the big rocks on the Green River where we will have lunch and then return on the same trail. The upper end of the hike is near the bottom of the "Narrows" section of the gorge that kayakers like to run. Expect a few early wildflowers and maybe even kayakers on the river. This hike meets and exceeds the requirements of #72 of the 100 Favorite Trails.

Topo(s): Cliffield Mtn.

Wednesday No. W2301-966 **Mar 22**
Flat Top Mountain Trail **8:30 AM**
Hike 5, Drive 160, 606 ft. ascent, Rated C-C, **LTC**
Lynn Pettipaw, 914-602-4464,
lynn.pettipaw@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain).

HALF-DAY HIKE: Contact leader for reservation. Limit of 10 hikers; all must be vaccinated. A new club hike!! Located in Moses H. Cone Memorial Park near Blowing Rock, this is a fairly easy trail that begins at Flat Top Manor and includes a short detour to Cone Cemetery. The trail first goes along a lovely meadow and then switchbacks through the forest all the way to the summit with two decent overlooks along the way. The fire tower at the summit allows us to stand above the tree line and enjoy 360-degree views.

Wednesday No. W2301-142 **March 22**
Jerry Miller Trail to
Big Firescald Knob on the A. T. **8:30 AM**
Hike 10, Drive 92, 2400 ft. ascent, Rated A-AA,
AT-MST

Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.

Form carpools and meet leader at second meeting place. We'll hike up the Jerry Miller Trail to Bearwallow Gap, then go right on the A.T. to Big Firescald Knob for lunch and exceptional views. We return to our cars via the same route.

Topo(s): Greystone

Wednesday No. W2301-279 **March 29**
Montreat Trestle Grade -
Pot Cove Trail **8:30 AM**
Hike 7.5, Drive 35, 1900 ft. ascent, Rated B-A
Brenda Worley, 828-684-8656,
cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

Contact the leader for reservation. Form carpools and meet leader at second meeting place. A partial loop hike over Lookout Rock and along the East Ridge and Trestle Road Trails to Pot Cove Gap. Return along the Mitchell Road and Trestle Road Trails. A moderately strenuous beginning followed by a very gentle return. Good early spring views.

Topo(s): Montreat

Wednesday No. W2301-319 **March 29**
Holmes Educational State Forest **9:00 AM**
Hike 6, Drive 75, 1000 ft. ascent, Rated C-C
Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

HALF-DAY HIKE: Please email the leader for reservation. Lovely walk through Holmes State Forest. The first mile or so on Wildcat Rock Trail has a steep climb. It is a well-maintained trail with smooth switchbacks and a pond at the top. Hopefully there will be spring flowers and we will take the time to identify them. Once back down, we will stop at the Forest Demonstration Trail and the Talking Tree Trail, featuring forest education. We will also visit the visitor center at the end.

Topo(s): Standingstone Mtn.

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Karen Lachow, 703-395-5879, heyk127@hotmail.com. Driving distance is round trip from the first meeting place. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2301-893 **Jan. 1**
Green River Game Lands -
West Side **9:15 AM**
Hike 6.5, Drive 20, 1200 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116,
cell: 828-699-6296, bbente@bellsouth.net

Only Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26. Welcome to the 25th anniversary of the New Year's Day hike. Contact leader for reservation and include whether you will meet for breakfast

before the hike. Driving distance from Asheville is 60 miles round trip. Join us for breakfast at Cracker Barrel at 8:00 AM or at 9:15 AM in the parking lot to leave for our traditional New Year's Day hike in the Green River Game Lands. This year's hike will follow the shorter route on the west side of the Game Lands but will still include lunch at the end of the Green River Cove Trail by the big rocks in the Green River.

Topo(s): Cliffield Mtn.

Sunday No. A2301-654 **Jan. 8**
Cantrell Creek -
Squirrel Gap Loop **8:00 AM**
Hike 13, Drive 36, 1800 ft. ascent, Rated AA-A,
P400

Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Turkey Pen parking lot at 8:30 AM.

Limit of 10 hikers. Email hike leader for reservation. This is a variation of hike #654. From the Turkey Pen trailhead we'll begin on the South Mills River Trail past the former site of the Cantrell Creek Lodge where we will continue onto the Cantrell Creek trail. We'll turn left on the Horse Cove Gap trail, then right onto Squirrel Gap. We'll follow this to Mullinax, turning right and return back to the Turkey Pen Gap parking. Possible wet stream crossings on Cantrell Creek Trail if there has been recent rain.
Topo(s): Pisgah Forest

Saturday No. A2301-499 **Jan. 14**
New, Old and Future Greenways **10:00 AM**
Hike 7, 100 ft. ascent, Rated B-C
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: Parking lot on Craven St. just north of New Belgium Brewery (west side of river). Contact hike leader via email for reservation. This hike follows current and future greenways along Hominy Creek and the French Broad River. We'll hike from the historic Sulphur Springs on dirt paths (may be muddy in spots) and pavement. On the way you'll learn about plans for a county-wide greenway system. Our walk will include the newest greenway between the French Broad River Park and New Belgium Brewery. For those who are interested, we'll end with a beer at the New Belgium Liquid Center. Car shuttle.

Topo(s): Asheville

Sunday No. A2301-892 **Jan. 15**
MST Winter Hike -
NC 191 to Folk Art Center **9:00 AM**
Hike 14, 2050 ft. ascent, Rated AA-AA,
AT-MST

Les Love, 828-230-1861,
leslove55@gmail.com and Catherine Love,

828-658-1489, catmlove2@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. Contact leader for reservation. This is a great winter workout hike on the MST through the Asheville corridor that everyone has had so much fun doing in previous years. We will begin at the French Broad Overlook near the NC Arboretum, hike over the rolling Biltmore section of the MST and end at the Folk Art Center. It will be a chance to view and experience all the tremendous work the Section Rovers Trail Crew has been doing on almost all of these sections. There will be a much-anticipated stop along the way for lunch and warmup at the Fresh Market. Car shuttle.

Topo(s): Asheville

Sunday No. A2301-001 **Jan. 22**
Case Camp - Seniard Ridge Loop 9:00 AM
Hike 9.8, Drive 80, 1800 ft. ascent, Rated A-A, **P400, WC100**

Paul Benson, 828-273-2098,
PDBenson@charter.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail. We will pass two nice waterfalls along an old logging road. If Forest Road 475B is closed, we will have to walk to and from the trailhead, adding 1.7 miles to the hike.

Topo(s): Shining Rock

Saturday No. A2301-962 **Jan. 28**
Eastatoe Passage and Raven Rock Trail 9:00 AM

Hike 7.8, Drive 130, 1800 ft. ascent, Rated B-A Norm Sharp, 864-268-9409, cell: 864-609-7182, norm.Sharp@att.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Holly Springs Country Store at SC 11/US 178 intersection at 10:15 AM. Limit of 15 hikers. Contact leader for reservation. You must be fully vaccinated against COVID-19 to carpool. After meeting at 2nd meeting place, we will drive 6.3 miles to the trailhead on Roy Jones Road off SC 11, then shuttle vehicles 5.2 miles to Keowee-Toxaway State Park. We will hike the 4.6-mile Palmetto Trail to the state park's Jocassee Gorges Visitor Center and will cross two suspension bridges that

were rebuilt in late 2020 due to flooding damage. Along the way we will hike the three-mile Raven Rock Trail loop in the State Park. The loop will take us to the scenic shores of Lake Keowee and a rock known as Party Rock, with a great view to the west. Car shuttle.

Sunday No. A2301-349 **Jan. 29**
Buck Spring Trail to Pisgah Inn 8:00 AM
Hike 12, Drive 44, 1200 ft. ascent, Rated A-B, **AT-MST, P400**

Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at the first meeting place and meet leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

This lovely hike gradually switchbacks up the mountain with a stronger grade at the finale. There are several easy creek crossings. We will have lunch behind the Pisgah Inn to enjoy the winter views. After lunch, we will hike back downhill to our cars.

Topo(s): Cruso, Shining Rock

Sunday No. A2301-930 **Feb. 5**
Upper Weed Patch Mountain 8:00 AM
Hike 10.3, Drive 56, 1995 ft. ascent, Rated A-A Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com

Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. Contact leader for reservation. Limit of 10 hikers. This out-and-back hike begins in Chimney Rock State Park with a short section on a service road and then goes on to a trail up to Eagle Rock for a great view. We then continue on Weed Patch Mountain Trail with a short side trip to Tunnel Rock. Returning to Weed Patch Mountain Trail, we continue on to Flapjack Rock and finish at Grey Rock for a lunch break and to enjoy views of Lake Lure, Rumbling Bald and Eagle Rock. To return to our cars, we retrace our steps. NOTE: There is about 1/10 mile travel on a gravel road to get to the trailhead; high-clearance vehicles are required (i.e. sedans not recommended). Carpooling recommended due to small parking area. Topo(s): Bat Cave

Saturday No. A2301-534 **Feb. 11**
Turkey Pen, Pounding Mill, Mullinax Loop 10:00 AM
Hike 7, Drive 50, 1200 ft. ascent, Rated B-B, **P400**

Bruce Bente, 828-692-0116,
cell: 828-699-6296, bbente@bellsouth.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Turkey Pen parking lot

at 10:30 AM.

Contact hike leader for reservation. This is a nice winter hike, low elevation and close to Asheville. We'll follow an interesting manway to the S. Mills River footbridge, then do a loop on the scenic Pounding Mill and Mullinax Trails. It is recommended that only high clearance vehicles make the drive on Turkey Pen Rd.
Topo(s): Pisgah Forest

Sunday No. A2301-290 **Feb. 12**
MST/Shut-in Trail through Bent Creek and Arboretum 9:30 AM
Hike 7.5, Drive 10, 1000 ft. ascent, Rated B-C, **AT-MST**

Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Bent Creek River Park off NC 191 at 9:45 AM.

Limit of 15 hikers. Contact leader via email for reservation. This hike starts on the Shut-in Trail, a section of the MST paralleling the Blue Ridge Parkway with winter views of the French Broad River and some distant mountains. We will turn off onto Hard Times Trail into Bent Creek Forest, taking the Rocky Cove Trail into the NC Arboretum on the Bent Creek Trail where we can wander in and out of the Creekside Trails. Next, we'll take the Carolina Mountain Trail to a lovely spot next to the creek for lunch. We will continue through the gardens, make a stop at the Education Center, then take the Wesley Branch Trail down to the gatehouse and back to our cars.

Topo(s): Asheville

Saturday No. A2301-550 **Feb. 18**
Paris Mountain 8:00 AM
Hike 8.7, Drive 130, 2000 ft. ascent, Rated B-A Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 8:30 AM.

Contact leader for reservation. Located between Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good winter views and warmer weather than in Asheville. We will cross the road at shelters #5-6 and take Sulphur Springs Trail to Brissy Ridge Trail, Pipsissewa Trail, North Lake Trail (lunch on lakeshore), Kanuga Trail, Fire Tower Trail, an in-and-out to remains of fire tower attendant's house, Sulphur Springs Trail to Mountain Lake and continue on Sulphur Springs Trail back to trailhead. \$6/person entrance fee.

Topo(s): Paris Mtn.

Sunday No. A2301-600 **Feb. 19**
Pink Beds - Buckhorn Gap - South Mills River Loop **8:00 AM**
 Hike 13.1, Drive 75, 1000 ft. ascent, Rated AA-C, **P400**
 Kathy Cornn/Kyle, 828-458-1282, katherinenkyle@gmail.com and Michael Cornn, 828-458-1281, mwcornn@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.
 We'll start on the Pink Beds Loop to Barnett Branch, up to Buckhorn Gap, down to the South Mills River, then hike to gauging station and return to our cars back through the Pink Beds Loop Trail. Lots of variety and a moderate pace.
 Topo(s): Shining Rock

Sunday No. A2301-592 **Feb. 26**
Butter Gap - Long Branch Loop **8:30 AM**
 Hike 10.6, Drive 70, 1780 ft. ascent, Rated A-A, **P400, WC100**
 Lynn Pettipaw, 914-602-4464, lynn.pettipaw@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM.
 Limit of 10 hikers; all must be vaccinated. Contact leader for reservation. This hike will start at Gloucester Gap and follow the Art Loeb Trail over Chestnut Mtn. to Butter Gap. At the gap, we'll turn downhill onto the Butter Gap Trail, then the Long Branch Trail and Cemetery Loop past the McCall Cemetery. There will be a short side trip to a beautiful, but rarely visited waterfall. We'll finish with a road walk back to the trailhead. This hike is #58 of the 100 Favorite Trails.
 Topo(s): Shining Rock

Sunday No. A2301-478 **March 5**
Graveyard Fields Loop with Upper Falls **8:30 AM**
 Hike 7, Drive 70, 900 ft. ascent, Rated B-C, **AT-MST, P400, WC100**
 Karen Schultz, 312-241-3329, Schultz.KarenJ@GMail.com and

Ken Scharmann, 847-772-4693, Ksruns@Comcast.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: BRP Cold Mountain Overlook at MM 412 at 9:00 AM.
 Limit of 10 hikers. Must be fully vaccinated against COVID-19 to carpool. Contact Karen Schultz via email for reservation. We will follow the loop clockwise, beginning on the blue blaze trail to the MST Connector Trail, then follow the MST to the Graveyard Ridge Trail which we will take back to the MST. When we return to where the MST meets Graveyard Ridge, we'll take the spur in the opposite direction and continue up the Graveyard Upper Falls Trail to enjoy the falls. This hike exceeds the requirements for #52 of the 100 Favorite Trails.
 Topo(s): Shining Rock

Saturday No. A2301-525 **March 11**
Corn Mill Shoals P.L. #2 - Cedar Rock **10:00 AM**
 Hike 5, Drive 60, 400 ft. ascent, Rated C-C, **WC100**
 Henry Kassell, 845-656-5528, hkassell@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM.
 Contact hike leader via email for reservation. A pleasant hike over several trails up and over the granite slabs of Big Rock and Cedar Rock. From Corn Mill Shoals parking lot we will take Big Rock Trail and Cedar Trails to Little River Trail. We will snack at the river and return on Corn Mill Shoals Trail.
 Topo(s): Standingstone Mtn.

Sunday No. A2301-558 **March 12**
A.T. from Hot Springs to Tanyard Gap to Round Top Ridge Trail **8:30 AM**
 Hike 10, Drive 70, 3000 ft. ascent, Rated A-AA, **AT-MST**
 Tish Desjardins, 828-380-1452, desraylet@aol.com
First Meeting Place: 160 Zillico St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.
Note: First day of DST. We will begin by ascending the A.T. at Hot Springs, past Lovers Leap Ridge and Pump Gap all the way to Tanyard Gap. We will continue climbing on the A.T. northbound until reaching the Round Top Ridge trail where we will then descend back down to the river and into Hot Springs.
 Topo(s): Hot Springs

Sunday No. A2301-868 **March 19**
Woodfin Cascades to

Waterrock Knob **8:00 AM**
 Hike 11.4, Drive 65, 2300 ft. ascent, Rated A-AA, **AT-MST, SB6K**
 Lorraine Bernhardt, 828-699-8857, lsbernhardt50@gmail.com
Only Meeting Place: Home Depot off Exit 44 of I-40. This variation of Hike #868 starts from the Woodfin Cascades Overlook on the Blue Ridge Parkway. We will hike on the MST for 4.8 miles and then take the fairly steep path just above the visitor center to Waterrock Knob for great views. We return via the same route. This hike features an evenly graded trail through various forest types. This hike is #38 of the 100 Favorite Trails.
 Topo(s): Hazelwood, Sylva North

Saturday No. A2301-428 **March 25**
Cane River Gap to Little Butt **8:15 AM**
 Hike 7.5, Drive 52, 2200 ft. ascent, Rated B-AA
 Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com
First Meeting Place: 160 Zillico St. (USFS parking lot) off Exit 25 of I-26.
Second Meeting Place: Publix at 165 Weaver Blvd., Weaverville, lower end of parking lot, off Exit 19 of I-26 at 8:30 AM.
 Contact leader for reservation. This hike begins with a significant 1200-ft. ascent to the ridgeline, then continues along the top of the ridge with a few gradual ups-and-downs. After Big Butt, we'll follow the narrow ridgeline with good views to our lunch spot at Little Butt which has a great view of the Black Mountains across the valley. Return via the same route.
 Topo(s): Mt. Mitchell

Sunday No. A2301-909 **March 26**
Asheville Camino del Norte Walk **9:00 AM**
 Hike 10, 500 ft. ascent, Rated A-C
 Danny Bernstein, 828-450-0747, dannyhiker@gmail.com
Only Meeting Place: Montford North Star Academy, 90 Montford Ave., AVL. Meeting place is next door to the Asheville Visitor Center. PLEASE do not park at the Visitor Center. Contact leader by email for reservation. Walk the Asheville Camino del Norte, a 10-mile easy walk on sidewalks and trails. See North Asheville, University of North Carolina at Asheville and the Botanical Gardens. Have a café con leche at the historic Grove Park Inn. The hike simulates a short day on the Camino. Wear good sneakers or low boots. Bring water, snacks and lunch. We'll stop for morning coffee, but feel free to bring all your own food.

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submit-

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).
3. You will see instructions for joining online or via mail. or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application



ted by Lee Silver, 828-668-7147, mhsrunning@yahoo.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H2301-320 **Jan. 1**
Warren Wilson Loop **1:00 PM**

Hike 6.1, Drive 10, 850 ft. ascent, Rated B-C
Bobbi Powers, 828-667-5419,
bobbipowers23@gmail.com

Only Meeting Place: Charles D. Owen Park on Warren Wilson Road. Meet at back of parking lot.

Must be fully vaxxed and boosted. This is a variation of Hike #320. This hike encircles Warren Wilson College, following the River Trail from Owen Park along the Swannanoa River to and across Old School House Road and Riceville Road to a high meadow with 360-degree views. From there we will continue the circle on various roads and trails, including the Trail of Fortune and Muhl Trail back to the cars. Maximum 15 hikers. Topo(s): Oteen

Sunday No. H2301-330 **Jan. 8**
Raven Cliff Falls **9:30 AM**

Hike 4.4, Drive 95, 695 ft. ascent, Rated C-C,
WC100

Lynn Pettipaw, 914-602-4464,
lynn.pettipaw@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:00 AM - but contact leader first.

Limit of 10 hikers. Contact hike leader via email for reservation. Must be vaxxed. This is a variation of hike #330. We'll do a pleasant walk to the pedestrian bridge over the top of a beautiful 250-ft. waterfall in Caesar's Head State Park in S.C. The hike is an in-and-out on the Raven Cliff Falls Trail. \$3 per person park fee.

Topo(s): Table Rock

Sunday No. H2301-282 **Jan. 15**
Little Hickory Knob **11:00 AM**

Hike 4.4, Drive 62, 740 ft. ascent, Rated C-C,
P400, WC100

William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 11:30 AM - but contact leader first.

Limit of 15 hikers. Contact hike leader via email for reservation. This is a modified and much shortened version of hike #282. We will start this moderate hike at Pisgah Ranger Station, hike up Black Mountain Trail to lower Hickory Knob and return on the Thrift Cove Trail back to the

Ranger Station.

Topo(s): Pisgah Forest
Sunday No. H2301-942

Rice Pinnacle P.L. #3 -
Corvair Trail

Jan. 22

11:00 AM

Hike 5.5, Drive 10, 700 ft. ascent, Rated C-C,
P400

Carroll Koeplinger, 828-231-9444,
cakoep29@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Please email hike leader for reservation. This is a pleasant hike through the woods of the Bent Creek area. No steep hills and good trail conditions. We will do a loop in the Rice Pinnacle area, including Corvair, Neighborhood, Ledford and Wolf Branch Trails.

Sunday No. H2301-963 **Jan. 29**
Old Fort Gateway **12:30 PM**

Hike 5, Drive 50, 1000 ft. ascent, Rated C-C
Lee Silver, 828-668-7147, cell: 828-442-6549,
mhsrunning@yahoo.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Contact hike leader via email for reservation. Limit of 15 hikers. The new Old Fort Gateway trail system is a multi-user system of trails on Curtis Creek, east of Old Fort. We will hike parts of six trails, working our way up the Jarrett's Creek area. The hike will include parts of Foundation, Betty's Run, Gateway, Forager, Oak Hollow, Salt Run Trails and Jarrett's Creek Road.

Sunday No. H2301-378 **Feb. 5**
Twin Falls **12:30 PM**

Hike 6, Drive 80, 670 ft. ascent, Rated C-C,
P400, WC100

Lee Belknap, 828-674-3631,
rivergypsy@sprintmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at the first meeting place and meet hike leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 1:00 PM.

Contact hike leader for reservation. Must be fully vaxxed. This is a moderate hike to two tall waterfalls in Pisgah National Forest that are most visible in the winter. With winter road closures, we will likely need to start at the horse stables and hike 0.8 miles to the Buckhorn Gap trailhead; if done, the hike route will be adjusted to keep the same hike distance. From there we'll hike to the Twin Falls Bypass to view the two waterfalls. We'll return on the same trail to avoid a tricky single-log bridge near the old beaver pond on Avery Creek.

Topo(s): Pisgah Forest

Sunday No. H2301-101 **Feb. 12**
Lower Big Laurel Creek **10:00 AM**

Hike 7.5, Drive 60, 350 ft. ascent, Rated B-C

Ron Navik, 585-662-8047,
ron.navik@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Parts of the trail are rocky – hiking boots/shoes are recommended. This hike is #43 of the 100 Favorite Trails.

Topo(s): Hot Springs

Sunday No. H2301-802 **Feb. 19**
Grassy Road -

Sycamore Cove Loop **11:00 AM**

Hike 5.3, Drive 62, 700 ft. ascent, Rated C-C,
P400

William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 11:30 AM - but contact leader first.

Limit of 15 hikers. Contact hike leader via email for reservation. We will start this hike at the Pisgah Ranger Station. We will go up Grassy Cove to Sycamore Cove and continue on the outer loop to US 276, returning on the Sycamore Cove Trail back to the Ranger Station.

Topo(s): Pisgah Forest

Sunday No. H2301-959 **Feb. 26**
Richard L. Hoffman Trail **10:15 AM**

Hike 6, Drive 60, 1060 ft. ascent, Rated C-B
Judy Magura, 828-606-1490,

quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com

Only Meeting Place: Publix lower end of parking lot off Exit 19 of I-26. Contact hike leader via email for reservation. The hike begins with a scenic ascent through the Smith property pasture. As the trail enters the forest, hikers are greeted with a swinging bench that looks back at the Smith property. This is a great spot to catch your breath for a moment before beginning more challenging climbs. After entering the forest, mile markers can be found on the trail every 1/4 mile and yellow blazes indicate you're on the right trail. The trail winds upwards, and after the 1/4-mile marker there is a breathtaking clearing and bench to capture one last look at the Heritage Farmstead before continuing deeper into the forest. The single-track trail gently continues ascending before beginning a series of switchbacks back to the cars. Benches are available to rest nearly every 1/2 mile. Hikers will encounter sections of the trail carefully fitted with stone steps.

Sunday No. H2301-324 **March 5**
Bent Creek Loop #4 **11:00 AM**

Hike 5, Drive 15, 600 ft. ascent, Rated C-C,
P400

Carroll Koeplinger, 828-231-9444,
cakoep29@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact hike leader via email for reservation. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike.
Topo(s): Skyland

Sunday No. H2301-964 **March 12**
Trombatore and
Strawberry Gap Trails **10:00 AM**
Hike 5.7, Drive 25, 950 ft. ascent, Rated C-C
Dick Zimmerer, 828-785-9593,
dd1zz@yahoo.com

Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. *This is the first Day of Daylight Savings Time! Don't miss the hike!* Email leader for reservation. Car shuttle — one car will be parked on US 74-A at the end of the hike while the other cars will park at the Trombatore trailhead. Limit 12 hikers. Wear mask during car rides. We'll start at the Trombatore trailhead and conclude at the end of the rebuilt (well-built by Conserving Carolina) Strawberry Gap Trail on US 74-A. Beautiful views at the top.

Sunday No. H2301-403 **March 19**
Fawn Lake P.L. #5 -
Reasonover Creek **12:00 PM**
Hike 6.2, Drive 80, 200 ft. ascent, Rated B-C
Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 12:30 PM.
Email hike leader for reservation. A loop hike that includes Reasonover Creek, Camp Summit, and Fawn Lake Trails, visiting Lake Julia in addition to Fawn Lake.
Topo(s): Standingstone Mtn

Sunday No. H2301-182 **March 26**
Green River Cove Trail **10:00 AM**
Hike 5.5, Drive 75, 1000 ft. ascent, Rated C-C
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 10:30 AM.
Limit of 15 hikers. Please contact hike leader via email for reservation. This is a moderate in-and-out hike along the scenic Green River to the junction with the Pulliam Creek Trail. I hope that by going at the end of March we'll have a superb wildflower experience. We may even see a few kayakers on the river.
Topo(s): Cliffield Mtn.

NEXT CMC COUNCIL MEETING
When: February 21, 2023
Where: Please check Breaking News in February
Time: 6:00 - 9:00 PM
Info: Call Tom at 828-785-3646 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes. Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Tom Weaver, president@carolinamountainclub.org
Vice-President: Les Love, cmcvp@carolinamountainclub.org
Secretary: Karen Lachow, secretary@carolinamountainclub.org
Treasurer: George Bauernfeind, treasurer@carolinamountainclub.org

Immediate Past President:
vacant
Councilor for Communications:
David Huff, communications@carolinamountainclub.org
Councilor for Conservation:
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Councilor at Large:
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