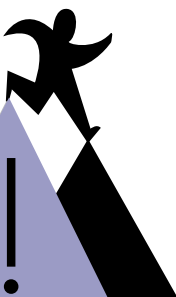


LET'S GO!



FOURTH QUARTER 2018 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Waynesville West Crew *

Larry Sobil, lsobil@bellsouth.net

Thursday Crew *

Hugh Hensleigh, hhensleigh@gmail.com

Sam Clarke, edistoxc@yahoo.com

Asheville Friday Crew *

David Galentine, daveai@me.com

Paul Curtin, pmcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew *

Ed Paukovits, epauko610@gmail.com

Wilderness Crew *

Mike Goodman, msg_53@hotmail.com

Quarterly Saturday Crew *

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

MST Maintainers

Heintooga Road to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Mt. Pisgah Parking Lot

Pete Petersen, roap@aol.com

Mt. Pisgah Parking Lot to Folk Art Center

Les Love, lesrlove55@gmail.com

Folk Art Center to Black Mtn. Campground

John Whitehouse, johnwhitehouse@ccvn.com

HIKE SCHEDULE Fourth Quarter 2018

Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. C the hike leader.

Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

A.T.-MST For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Chris Koebelin, chriskoebelin@yahoo.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking

experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.

Sunday No. Y1804-746 **Oct. 21, 2018**
Bearwallow Mtn.

& Little Bearwallow Cliffs 10:00 AM
Hike 2.5, Drive 30, 500 ft. ascent, Rated C-C
Jan Onan, 828-698-3237, cell: 828-606-5188, janonan59@gmail.com

Only Meeting Place: Ingles on US 64 off Exit 49 of I-26 (Hendersonville). We will hike to the grassy summit with a nearly 360-degree view. A historic fire lookout tower occupies the summit. Bring a camera to capture beautiful views of the mountains. Please contact leader beforehand so we can get a headcount. Topo(s): Bat Cave

Saturday No. Y1804-316 **Dec. 1, 2018**
Carl Sandburg Natl. Historic Park 10:00 AM

Hike 4.0, 600 ft. ascent, Rated C-C
Jan Onan, 828-698-3237, cell: 828-606-5188, janonan59@gmail.com

Only Meeting Place: Carl Sandburg parking lot. Driving Directions: I-26 E to Exit 53; right onto Upward Rd. to end of road (name changes to Highland Lake Rd. after US 176); left onto US 225; right onto Little River Rd.; left into parking lot for Carl Sandburg Nat'l. Historic Park. Traverse the same trails that poet/author Carl Sandburg enjoyed. Hike to overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. After hike, you may opt to tour on your own by visiting the goats in the barn or touring Carl Sandburg's historic house for a small fee. Contact leader in advance. Topo(s): Hendersonville

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

SATURDAY WORKDAY

The remaining Quarterly Saturday Trail Maintenance Workday in 2018 will be October 13. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

Wednesday No. W1804-242 **Oct. 3, 2018**
Sam Knob-Devils Courthouse **8:00 AM**
Hike 9.0, Drive 80, 1700 ft. ascent, Rated B-A,
P400, SB6K

Brenda Worley, 828-684-8656,
cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 8:30 AM.

From FS 816 we will ascend Sam Knob (6040 ft.) with its 360 degree views, then hike through high meadows on the Flat Laurel and Little Sam Trails with a side trip to Devil's Courthouse. We then return via the MST with an opportunity to climb Chestnut. We will cross FS 816 and up to the summit of Black Balsam (6214 ft.), then down to our cars. Topo(s): Sam Knob

Wednesday No. W1804-826 **Oct. 10, 2018**
Corn Mill Shoals P.L.

#4 Cedar Rock **8:30 AM**

Hike 9.8, Drive 80, 1300 ft. ascent, Rated A-B
Bob Levy, 828-670-1611, cell: 240-604-5000,
rlevy@cato.org

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Ingles on 280 in Mills River in front of gas pumps at 8:45 AM.

This four-loop hike will explore a rock quarry, mountain vistas and river views. Varied terrain from gravel to smooth rock to groomed trails. Moderate ascents and descents with good footing. Mostly shaded, but some exposure. Loop 1: Wilkie to Micajah to Rock Quarry with an in-and-out to see rock formations, then Buck Ridge. Loop 2: Micajah to Rock Quarry to Twixt to Longside. Loop 3: Big Rock to Cedar Rock to Little River. Loop 4: Corn Shoals, then an in-and-out to Little River for lunch, then Burnt Mountain to Corn Shoals and the cars. Topo(s): Standingstone Mtn.

Wednesday No. W1804-074 **Oct. 17, 2018**
Tanawha Trail **7:30 AM**

Hike 13.2, Drive 140, 2600 ft. ascent,
Rated AA-AA

Sharon Smith, 704-877-7804,
waltersharon204@gmail.com

First Meeting Place: River Ridge Market Place, behind CVS, off Exit 53B of I-240.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 7:45 AM - but contact leader first.

One of our best hikes when the weather cooperates. A fragile and ancient ecosystem, rhododendron and laurel tunnels, hardwood coves, boulder fields and great views make this a special hike. Car shuttle. Topo(s): Grandfather Mtn.

Wednesday No. W1804-634 **Oct. 24, 2018**
High Top Tower Site **8:00 AM**

Hike 9.0, Drive 65, 1900 ft. ascent, Rated B-A,
P400

Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. *Wilderness hike, limited to ten hikers, contact leader for reservation.* This hike was a longtime favorite of the Boy Scouts at Camp Daniel Boone years ago. From the camp we will ascend to High Top with its excellent views, and then follow the Fork Mtn. ridge before descending to the rushing Little East Fork of the Pigeon River. Car shuttle. Topo(s): Shining Rock

Wednesday No. W1804-062 **Oct. 31, 2018**
Daniel Ridge Loop Trail **8:00 AM**

Hike 5.0, Drive 75, 800 ft. ascent, Rated C-C,
P400, WC100

Gregory Bechtel, 864-607-2645,
gabechtel@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Ingles on 280 in Mills River in front of gas pumps at 8:30 AM.

PHOTOGRAPHY HIKE: Limited to 10 hiking photographers. Contact leader for reservations.

We'll hike up Daniel Ridge to Farlow Gap and then return along the trail adjacent to the river for photography opportunities. While the trail itself is in excellent condition, we'll be along the river, so poles and good shoes are recommended. Because we'll take our time, this is not a hike for speedsters or those with early afternoon appointments. If you have a DSLR and tripod, this would be a great opportunity to obtain those nice silky water shots along cascading streams. Should return no later than 3PM. Topo(s): Shining Rock

Wednesday No. W1804-615 **Oct. 31, 2018**
Black Balsam Loop

via Graveyard Ridge & ALT **9:00 AM**
Hike 6.3, Drive 70, 1200 ft. ascent, Rated B-B,

AT-MST, P400, SB6K

Laura Frisbie, 828-337-5845,
laurafrisbie@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 9:30 AM.

This hike includes great views. New hikers: take note that there is a 200 ft. altitude gain over 1/4 mile early in the hike and two more uphill, each with about 500 ft. altitude gain, in the last leg of the hike. Begin from FS 816 on MST, then left on Graveyard Ridge Trail to Investor Gap. Return on Art Loeb Trail over Tennent Mtn. and Black Balsam. We'll stop at the high points to enjoy great views. Topo(s): Sam Knob, Shining Rock

Wednesday No. W1804-325 **Oct. 31, 2018**
Rich Mountain Fire Tower **10:00 AM**

Hike 5.5, Drive 47, 1350 ft. ascent, Rated C-B,
AT-MST, LTC

Russell G. Cooper, 828-484-9562,
cooper.rg@charter.net and Heather Cooper,
828-484-9562, cooper.hs@charter.net

Only Meeting Place: Wells Fargo/Publix parking lot (opposite McDonald's) off Exit 19B off I-26. This moderate in-and-out hike features great views from the Rich Mountain fire tower near Hot Springs. We follow the A.T. north from Tanyard Gap, then take a short side trail to the fire tower, and return via the A.T. Topo(s): Hot Springs

Wednesday No. W1804-908 **Nov. 7, 2018**
Moonshine Falls to Raven Cliff Falls **8:00 AM**

Hike 11.5, Drive 81, 3106 ft. ascent, Rated A-AA+

Chuck Mills, 828-595-2355, cell: 240-385-4879,
chckmills@icloud.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools at first meeting place, and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM

NEW HIKE: This hike will be in Caesars Head State Park, SC. We will hike the Naturaland Trust trail down the valley, take a spur to Moonshine Falls, retrace our steps and continue to the river. We will hike up to Raven Cliff Falls, cross the bridge and end at the Raven Cliff Falls Parking lot. The Naturaland Trust trail has a variety of rocky scenery, cliffs and streams. We will see two waterfalls, Moonshine, which we will walk behind, and Raven Cliff Falls, which we will see from various angles. The hike itself will take about 6 hours and allowing for viewing the falls and lunch it will probably be 7.5 hours. Car shuttle. *Hike is limited to 12 hikers as this is a technical hike and quite strenuous. Please contact the hike leader to go on this hike.*

Wednesday No. W1804-516 **Nov. 14, 2018**
Lakeshore Loop **8:00 AM**

Hike 10.3, Drive 130, 1600 ft. ascent, Rated A-A,
900M

Barbara Morgan, 828-460-7066,
barbc129@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Rest area beyond Waynesville on US 23/74 at 8:30 AM – but contact leader first.

We will start at the tunnel at the end of the Lakeshore Drive and hike Lakeshore, White Oak Branch, Forney Creek, and Goldmine Trails. Learn the history of the infamous Road to Nowhere, settlement and logging along Forney Creek and the development of Lake Fontana. We will visit some old home and farm sites and discuss the way of life of the pre-GSMNP inhabitants, and may visit some cemeteries. Topo(s): Noland Creek

Wednesday No. W1804-371 **Nov. 21, 2018**
Squirrel Gap to Horse Cove Gap **8:00 AM**

Hike 11.7, Drive 60, 1535 ft. ascent, Rated A-A,

P400

Carroll Koeplinger, 828-667-0723,
cell: 828-231-9444, cakoepl29@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This hike is designed to cover seldom-used trails that are included in the P400 program. We will start from the Gauging Station, hike to Wolfe Ford and take the Squirrel Gap Trail to Horse Cove Gap and then return via a seldom used route. Topo(s): Pisgah Forest

Wednesday No. W1804-907 **Nov. 28, 2018**
Wildcat Rock Trail 9:00 AM

Hike 8.0, Drive 50, 1100 ft. ascent, Rated B-B
Debby Jones, 404-731-3119,
Djones715@aol.com

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.

Second Meeting Place: Upper Hickory Nut George Trailhead (Florence Nature Preserve) at 9:30 AM.

Park in the Florence Preserve Trailhead and go across on the crosswalk to the trail for Wildcat Rock Trail. The trail goes around an apple orchard and crosses Hickory Creek on a wooden bridge before beginning the ascent. We will climb 100 log steps to reach the 100-foot Little Bearwallow Falls at about 1 mile. After viewing the waterfall, we will climb more than 130 rock stairs as we ascend the side of the cliff line on our way to the Wildcat Rock Overlook Trail. We climb an additional 90+ rock stairs up to the Wildcat Rock where we will enjoy great views. We will continue on for another mile to the ridgeline of the Bearwallow Mountain. Here we turn around to climb back down to our cars.

Wednesday No. W1804-752 **Dec. 5, 2018**
Little Cataloochee History Tour 8:00 AM

Hike 9.8, Drive 80, 1800 ft. ascent, Rated A-A, **900M**

Randy Fluharty, 828-423-9030,
rfluharty54@gmail.com and Beth Fluharty,
828-253-1626, cell: 828-231-5785,
elfluharty@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Exxon station off Exit 20 of I-40 at 8:30 AM – but contact leader first.

On this hike we will learn about the history of the mountain settlement of Little Cataloochee and the people who lived there. We will be visiting the community of Ola and investigating old home, mill, and school sites as well as farms, a church and a cemetery or two. We will be doing mostly on-trail hiking with a few easy short off-trail excursions. This is a special cultural hike like few others and is an in-and-out hike beginning at the Pretty Hollow Gap Trailhead. The Little Cataloochee Trail begins 0.8 miles up the Pretty Hollow Gap Trailhead. Topo(s): Cove Creek Gap

Wednesday No. W1804-492 **Dec. 12, 2018**
Annual Cookie Hike Bent Creek Ramble

to MST past Sleepy Gap 8:30 AM
Hike 7.0, Drive 10, 300 ft. ascent, Rated B-C,

P400

Keiko Merl, 828-298-7634, cell 828-231-2126,
keikomerk@att.net

Only Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. We will start on the Lake Powhatan Connector and hike to the picnic area for lunch and to share cookies. After lunch we will return to the cars on the same trail. Topo(s): Asheville, Skyland

Wednesday No. W1804-492 **Dec. 12, 2018**
Annual Cookie Hike

Alternate Shorter Version 10:00 AM
Hike 4.0, Drive 10, 300 ft. ascent, Rated C-C,

P400

Diane Stickney, 828-254-9054,
magenta97@charter.net

Only Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. We will start on the Lake Powhatan Connector and hike to the picnic area to meet the other group for lunch and to share cookies. After lunch we will return to the cars on the same trail. Topo(s): Asheville, Skyland

Wednesday No. W1804-268 **Dec. 19, 2018**
Hospital Rock, Pretty Place

and Rainbow Falls 8:00 AM
Hike 7.8, Drive 80, 2000 ft. ascent, Rated B-AA,

WC100

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26, in parking lot close to I-26 at 8:30 AM.

This is a challenging hike in Jones Gap State Park in S.C. Hiking up past Hospital Rock on the rebuilt trail reopened in 2015, we will enjoy a great view at lunchtime from Pretty Place. After lunch we will walk along a road for a short distance, then turn downhill past beautiful Rainbow Falls onto a trail down to the river and back to our cars. NOTE: \$5/person parking fee at trailhead. Topo(s): Standingstone Mtn.

Wednesday No. W1804-420 **Dec. 26, 2018**
Allen Gap to Tanyard Gap 8:00 AM

Hike 8.8, Drive 68, 2100 ft. ascent, Rated B-AA, **AT-MST, LTC**

Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 8:45 AM.

This is one of the prettiest sections of the A.T. in our area. We will take a side trip to the newly renovated Rich Mountain fire tower and visit the

Spring Mountain shelter. Please bring enough cars so that all hikers can be safely belted in for the car shuttle. Topo(s): Hot Springs

ALTERNATE WEDNESDAY HIKES

Alternate Wednesday hikes, easy to moderate, are available. These hikes are scheduled a few days before the hike and info is emailed to interested hikers. To be on the list, please contact: Bob Poe at rlpoe@charter.net

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Friday No. A1804-775 **Oct. 5, 2018**

Mountain Treasures Camporee #12
at Appletree Campground

Rated C-C

Kathleen Hannigan, 828-230-4883,
kathannigan@gmail.com

The fall Mountain Treasures Camporee will be held Oct. 5-7 at the Appletree Campground near Nantahala. Hikes of various lengths and difficulty will be offered Saturday and Sunday. Dinner will be shared Saturday night. Ham and turkey will be offered for an additional small cost (\$3-\$5). Please bring a side dish to share. Send a \$10 check per person to reserve a space to Kathleen Hannigan at 307 River Ridge Dr., Asheville, NC 28803, or you can pay her through PayPal using kathannigan@gmail.com. CMC Camporees are held to recognize the importance of North Carolina's Mountain Treasures, 41 areas within our Nantahala and Pisgah National Forests that stand out with special conservation, recreation, scenic and cultural values.

Saturday No. A1804-615 **Oct. 13, 2018**

Black Balsam Loop
via Graveyard Ridge & ALT 10:00 AM

Hike 6.3, Drive 70, 1200 ft. ascent, Rated B-B, **AT-MST, P400, SB6K**

Laura Frisbie, 828-337-5845,
laurafrisbie@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 10:30 AM.

This hike includes great views. New hikers: take note that there is a 200 ft. altitude gain over 1/4 mile early in the hike and two more uphills, each with about 500 ft. altitude gain, in the last leg of the hike. Begin from FS 816 on MST, then left on Graveyard Ridge Trail to Investor Gap. Return

on Art Loeb Trail over Tennent Mtn. and Black Balsam. We'll stop at the high points to enjoy great views. Topo(s): Sam Knob, Shining Rock

Sunday No. A1804-265 **Oct. 14, 2018**
Panthertown West Entrance 8:00 AM
Hike 8, Drive 120, 1700 ft. ascent, Rated B-A, **WC100**

Eva Blinder, 828-275-6447, ejb5711@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This moderate loop hike has everything: waterfalls, granite domes with impressive cliffs, high-altitude bogs, a lovely valley floor, and great views from the tops of Little Green and Big Green Mountains. Topo(s): Big Ridge

Saturday No. A1804-516 **Oct. 27, 2018**
Lakeshore Loop 8:00 AM
Hike 11.0, Drive 70, 1600 ft. ascent, Rated A-A, **900M**

Barbara Morgan, 828-460-7066, barbc129@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Rest area beyond Waynesville on US 23/74 at 8:30 AM – but contact leader first.

We will start at the tunnel at the end of the Lakeview Drive and hike Lakeshore, White Oak Branch, Forney Creek, and Goldmine Trails. Learn the history of the Road to Nowhere, settlement and logging along Forney Creek and the development of Lake Fontana. Topo(s): Noland Creek

Sunday No. A1804-788 **Oct. 28, 2018**
Mackey Mtn. via FS 216 8:00 AM
Hike 7.4, Drive 75, 1080 ft. ascent, Rated B-B
Norm Sharp, 864-268-9409, cell 864-609-7182, norm.Sharp@att.net

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B on I-240.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM – but contact leader first.

The trail, in the Mackey Mountain Inventoried Roadless Area, follows the long, high ridge of Mackey Mountain in a generally downhill slope, with some steep intermediate climbs. When we get to Greenlee Mountain we will then descend on a series of switchbacks in a deep cove, viewing large old poplars, two measured at 42" and 43" dbh and an oak measured at 48" dbh. There are two spots for excellent long range views, one to the west and one to the east. Plenty of bear sign in this bear sanctuary. Car shuttle. Topo(s): Old Fort

Sunday No. A1804-270 **Nov. 4, 2018**
Cedar Rock Mountain and John Rock 8:00 AM
Hike 8.0, Drive 80, 2000 ft. ascent, Rated B-A,

P400

Jim Magura, 828-606-3989, jqs290@gmail.com and Judy Magura, 828-606-1490, quilter290@gmail.com

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This hike features two of the spectacular bare rock faces in the Pisgah National Forest, with great views from both. Starting at the Fish Hatchery, we'll have our major climb up to Cat Gap and then on to Cedar Rock to enjoy the view during lunch. We'll return via John Rock. Topo(s): Shining Rock

Saturday No. A1804-035 **Nov. 10, 2018**
Looking Glass Rock 10:00 AM
Hike 6.2, Drive 70, 1800 ft. ascent, Rated B-A, **P400**

Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwbromberg@yahoo.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 10:30 AM.

A pleasant fall hike to this outstanding pluton with views along the way and a spectacular view of the Blue Ridge Parkway and mountains to the north at the end of the trail. in-and-out hike. Topo(s): Shining Rock

Sunday No. A1804-909 **Nov. 11, 2018**
Asheville Camino del Norte Walk 8:00 AM
Hike 12.0, 500 ft. ascent, Rated A-C,
Danny Bernstein, 828-450-0747, danny@hikertohiker.com

Only Meeting Place: Asheville Visitor Center, 36 Montford Rd. lowest level of parking lot.

Hike through North Asheville and Montford, UNCA and the Botanical Gardens. See how various parts of Asheville are connected. You're welcome to leave at any time, but you'll be surprised at how comfortable this walk will be.

The hike simulates a short day on the Camino de Santiago in northern Spain. Bring water and food. We'll stop for morning coffee (no time for a full breakfast), and lunch but feel free to bring all your own food. Joint hike with the Asheville Chapter of the American Pilgrims on the Camino. For more information about the route, see www.asheville-camino.org/about.html. Topo(s): Asheville

Sunday No. A1804-488 **Nov. 18, 2018**
Gabes Mtn. Trail 8:00 AM
Hike 8.3, Drive 140, 1800 ft. ascent, Rated B-A, **900M**

Mike Knies, 828-628-6712, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM – but contact leader first.

This hike will follow a mostly gentle trail from Cosby Campground to Maddron Bald Trailhead

through open old-growth forest. Added attractions are a short, steep side trip to the bottom of Hen Wallow Falls, lunch at a shady, streamside campsite and a visit to the restored Baxter cabin. Four-mile car shuttle. Topo(s): Luftee Knob, Mt. Guyot

Saturday No. A1804-278 **Nov. 24, 2018**
Kitsuma Peak 8:30 AM

Hike 10.0, Drive 60, 1550 ft. ascent, Rated A-A, Les Love, 828-658-1489, cell: 828-230-1861, leslove55@gmail.com and Catherine Love, 828-658-1489, catmlove2@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B on I-240.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

Hike up Young's Ridge and see great views of Greybeard, Green Knob and the Mount Mitchell area. There is also a great view of the Swannanoa Valley from our lunch spot. We will take alternate #1, which passes along the original US 70, paved in the 1920s, and we'll stop at the Point Lookout overlook. The road parallels and crosses over a railroad and one of its many tunnels. Topo(s): Old Fort

Sunday No. A1804-371 **Nov. 25, 2018**
Squirrel Gap to Horse Cove Gap 8:00 AM
Hike 14.0, Drive 80, 1680 ft. ascent, Rated AA-A, **P400**

Carroll Koeplinger, 828-667-0723, cell: 828-231-9444, cakoep29@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This hike is designed to cover lesser-used trails that are included in the P400 program. We will start from the Gauging Station, hike to Wolfe Ford and take the Squirrel Gap Trail, make a loop on the upper Cantrell Creek and Horse Cove Gap Trails, and then return via a seldom-used route. Topo(s): Pisgah Forest

Sunday No. A1804-480 **Dec. 2, 2018**
Buck Spring to Clawhammer via Barnett Branch Trail 8:00 AM
Hike 10.0, Drive 70, 1600 ft. ascent, Rated A-A, **P400**

Donna Lanning, 828-684-7083, cell 828-606-7956, dblanning@bellsouth.net

First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This hike will cover part of hike #480. It will start at the Buck Spring Trailhead on US 276 and hike to our lunch spot near Clawhammer via a series of trails, then return via the same route. It will feature great views. Topo(s): Shining Rock

Sunday No. A1804-330 **Dec. 9, 2018**
Raven Cliff Falls 8:00 AM

Hike 8.0, Drive 95, 1450 ft. ascent, Rated B-B, **WC100**
 Sarah Broughton, 828-564-3662, sarahbroughton@icloud.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.
 We'll do a pleasant walk to the pedestrian bridge over the top of a beautiful 250 ft. waterfall in Caesar's Head State Park in S.C. The hike will follow the Raven Cliff Falls Trail and a portion of the Foothills Trail to the bridge, and return on the same trails. \$2 per person park fee. Topo(s): Table Rock

Saturday No. A1804-907 **Dec. 15, 2018**
Wildcat Rock Trail 10:00 AM
 Hike 8.0, Drive 50, 1100 ft. ascent, Rated B-B
 Brenda Worley, 828-684-8656, cell 828-606-7297, bjdworley@gmail.com
First Meeting Place: River Ridge Market Place behind CVS off Exit 53B on I-240.
Second Meeting Place: Upper Hickory Nut George Trailhead (Florence Nature Preserve) at 10:15 AM.
 Park in the Florence Preserve Trailhead and go across on the crosswalk to the trail for Wildcat Rock Trail. The trail goes around an apple orchard and crosses Hickory Creek on a wooden bridge before beginning the ascent. We will climb 100 log steps to reach the 100-foot Little Bearwallow Falls at about 1 mile. After viewing the waterfall, we will climb more than 130 rock stairs as we ascend the side of the cliff line on our way to the Wildcat Rock Overlook Trail. We climb an additional 90+ rock stairs up to the Wildcat Rock where we will enjoy great views. We will continue on for another mile to the ridgeline of Bearwallow Mountain. Here we turn around to climb back down to our cars.

Sunday No. A1804-216-4559 **Dec. 16, 2018**
Sams Gap to Devil Fork Gap on the A.T. 8:00 AM
 Hike 8.5, Drive 90, 1900 ft. ascent, Rated B-A, **AT-MST**
 Tish Desjardins, 828-380-1452, desraylet@aol.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place. Please bring enough cars so that all are safely seat-belted to and from car shuttle trailheads.
Second Meeting Place: Corner of US 25/70 & NC 208 at 8:30 AM.
 This section of the A.T. features nice views into Tennessee from the ridgeline, traversing a series of knobs along an unusual section of the TN-NC state line where Tennessee is east of N.C. and the southbound hiker is actually traveling north. Car shuttle. Topo(s): Sams Gap

Sunday No. A1804-826-4588 **Dec. 23, 2018**
Corn Mill Shoals P.L. #4
Cedar Rock 8:30 AM
 Hike 8.0, Drive 80, 1300 ft. ascent, Rated B-B
 Michael Cornn, 828-458-1281, mcornn@aol.com and Kathy Cornn, 828-458-1281, katherinenkyle@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet leaders at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.
 This three-loop hike will explore a rock quarry, mountain vistas and river views. Topo(s): Standingstone Mtn

Saturday No. A1804-588-4583 **Dec. 29, 2018**
Coontree Loop Extended 9:00 AM
 Hike 7.0, Drive 65, 1700 ft. ascent, Rated B-A, **P400**
 Sharon Smith, 704-877-7804, walterssharon204@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools at first meeting place, and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.
 We'll hike the Coontree Loop but extend it by including the Perry Cove and Bennett Gap Trails, with a short walk on FS 477 to connect the two. Topo(s): Shining Rock

Sunday No. A1804-186-4549 **Dec. 30, 2018**
Little Pisgah Mountain 9:00 AM
 Hike 10.0, Drive 36, 2000 ft. ascent, Rated A-AA
 Bev MacDowell, 828-777-5806, bevmacdowellhappy@gmail.com
Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. We'll hike from the Florence Preserve parking lot up into an open meadow leading to the summit of Little Pisgah Mtn. If the weather is clear, the view doesn't get any better. Topo(s): Bat Cave

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.
 Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. **Times listed are departure times – arrive early.**

Sunday No. H1804-815 **Oct. 7, 2018**
Sams Gap northbound to Street Gap 12:00 PM

Hike 4.6, Drive 50, 1200 ft. ascent, Rated C-B, **AT-MST**
 Ron Navik, 585-662-8047, ron.navik@gmail.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This is a pleasant section of the Appalachian Trail. After a somewhat strenuous uphill at the start of this hike, the trail levels off on a ridge that runs along the NC-TN border. The views are very nice.
 Topo(s): Sams Gap

Sunday No. H1804-464 **Oct. 14, 2018**
Balsam Gap
to Greybeard Overlook 12:00 PM
 Hike 5.0, Drive 46, 1400 ft. ascent, Rated C-B, **AT-MST**
 Linda Blue, 828-296-7537, cell 828-273-6696, lgblue@bellsouth.net
Only Meeting Place: back parking lot of Folk Art Center. This is a variation of hike #464. Beginning at Walker Knob parking (Balsam Gap) we will follow the MST south, past the Glassmine Overlook to the rocky bald at Lunch Rock. After enjoying the marvelous views, we will return by the same route. Topo(s): Montreat

Sunday No. H1804-453 **Oct. 21, 2018**
Max Patch Loop 10:00 AM
 Hike 6.0, Drive 100, 800 ft. ascent, Rated C-C, **AT-MST**
 Jack Dalton, 828-622-3704, jckdalton9@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Old Spring Creek School building on NC 209 in Spring Creek at 10:45 AM. Drive to Max Patch parking area, hike up to top to join the A.T., enjoy views and head south on A.T. to pick up Buckeye Ridge Trail, loop around back to A.T. to top of Max Patch, then return to cars. Awesome 360-degree panoramic views from summit of Max Patch make this a favorite hike. Topo(s): Lemon Gap

Sunday No. H1804-172 **Oct. 28, 2018**
John Rock Loop Hike 11:00 AM
 Hike 5.7, Drive 40, 1300 ft. ascent, Rated C-B, **P400, WC100**
 Ted Altman, 513-532-7766, tedaltman2@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet hike leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM. This is a variation of hike # 172. The hike will start at the opposite end of the parking lot from the Wildlife Visitor Center on the Horse Cove side of Cat Gap Loop Trail (orange blaze). Right onto John Rock Trail to summit of John Rock where we will have lunch. Then we will turn around and follow trail to a right turn onto Cat Gap Bypass. We will follow Cat Gap Loop back to parking lot near Wildlife Visitor Center. There

is an optional short side trip to a waterfall. Topo(s): Shining Rock

Sunday No. H1804-205 **Nov. 4, 2018**
Waterrock Knob to Soco Gap 11:00 AM
Hike 5.5, Drive 77, 400 ft. ascent, Rated C-C, **AT-MST, SB6K**

Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com
Only Meeting Place: Home Depot off Exit 44 of I-40. We'll begin with a short, steep (400') hike up to the top of Waterrock Knob, enjoying the view as we eat our lunch at the top. Then we'll descend 1,950 feet on the newest CMC-built section of the MST. Expect to be impressed by the work that went into building this trail. *NOTE: Daylight savings time ends Saturday night. Don't forget to "fall back"!* Car shuttle. Topo(s): Hazelwood

Sunday No. H1804-812 **Nov. 11, 2018**
Three Walls of Looking Glass Rock 11:00 AM
Hike 4.2, Drive 70, 1750 ft. ascent, Rated C-A, **P400**

Bobbi Powers, 828-667-5419,
bobbipowers23@gmail.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.
Second Meeting Place: Pisgah Ranger Station on US 276 at 11:30 AM.
View Looking Glass Rock from a fascinating perspective! Three short and strenuous in-and-out hikes start from FS 475B and end at the vertical rock face – Slick Rock Falls, Sun Wall, and North Face Trails. We may encounter a bonus: rock climbers. Topo(s): Pisgah Forest

Sunday No. H1804-325 **Nov. 18, 2018**
Tanyard Gap to Rich Mountain 12:00 PM
Hike 5.5, Drive 70, 1350 ft. ascent, Rated C-B, **AT-MST, LTC**

Sarah Broughton, 828-564-3662,
saraebroughton@icloud.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This moderate in-and-out hike features great views from the Rich Mountain fire tower near Hot Springs. We follow the A.T. north from Tanyard Gap, then take a short side trail to the fire tower, and return via the A.T. Topo(s): Hot Springs

Sunday No. H1804-573 **Nov. 25, 2018**
Devils Courthouse from NC 215 12:00 PM
Hike 6.0, Drive 60, 700 ft. ascent, Rated C-C, **AT-MST, P400**

Rebecca Banner, 828-713-4660,
beccabanner@gmail.com
Only Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. We will hike east from the parking area off NC 215 through patches of mountain laurel and a dense pine cluster on the MST, crossing over the Blue Ridge Parkway tunnel on a connector trail to Devil's Courthouse, where we will pause for a snack to enjoy 360-degree mountain views before returning. Topo(s): Sam Knob

Sunday No. H1804-405 **Dec. 2, 2018**
Pisgah Inn to Mills River Overlook 11:00 AM
Hike 4.5, Drive 40, 400 ft. ascent, Rated C-C, **AT-MST, P400**

Richard Zimmerer, 828-989-0480,
ddlzz@yahoo.com
Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. We will walk from the Pisgah Inn Parking lot to the Mills River Overlook (4 miles; only about 400' up but about 1300' down). At the Overlook end point, there is an optional extra walk (less than ¼ mile each way and mostly flat) to the "Big Funny Tree" making a total day of 4.5 miles. Car Shuttle. *NOTE: If the BRP is closed, we will hike in Bent Creek, doing Club Hike #431 – Explorer Trailhead to Chestnut Cove to Sleepy Gap and back (5 mile loop with a 900' ascent). Same time and same meeting place.* Topo(s): Cruso

Sunday No. H1804-321 **Dec. 9, 2018**
Turkey Pen Ramble 12:00 PM
Hike 6.0, Drive 70, Rated C-C, **P400**

Tom Lucha, 828-696-9117, cell 828-712-0736,
luchat@bellsouth.net
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet hike leader at second meeting place.
Second Meeting Place: Ingles on NC 191/280 (Mills River) by gas pumps at 12:30 PM. Stretch your legs on a loop including parts of the South Mills River, Pounding Mill, Mullinax, Squirrel Gap, and Bradley Creek Trails.

Sunday No. H1804-509 **Dec. 16, 2018**
Sky Valley Ramble 11:00 AM
Hike 5.0, Drive 40, 900 ft. ascent, Rated C-C

Stuart English, 828-384-4870,
stuengo@comporium.net
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.
This is a short version of hike #509. We'll take a series of trails starting at the Guion Farm parking lot, go around Hickory Mountain Loop, then Hooker Creek Trail, and back to our cars. Topo(s):

Standingstone Mtn.
Sunday No. H1804-511 **Dec. 23, 2018**
Florence Nature Preserve 10:30 AM

Hike 5.0, Drive 24, 1000 ft. ascent, Rated C-C
Dennis Bass, 828-367-7792, cell 828-367-8619,
dbass3607@gmail.com
Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. This hike is a loop in the Florence Nature Preserve, a 600+ acre tract in Hickory Nut Gorge. We'll be hiking part of the hike as described in #511 to keep it to about 5 miles. We'll take the Yellow Diamond Trail, Blue Trail, White Trail and Red Trail to a nice overlook and return via the Blue and Yellow Trails. Topo(s): Bat Cave

Sunday No. H1804-347 **Dec. 30, 2018**
Twin Falls 11:00 AM
Hike 5.0, Drive 40, 500 ft. ascent, Rated C-C, **P400, WC100**

Matthew Kearney, 828-406-3274,
matt@verygoodphotographer.com
First Meeting Place: Ingles on NC 191 across from Asheville Outlets Mall.
Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.
This is a moderate hike in the Pisgah National Forest, starting on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls and returning by the same route. Bring your camera! Topo(s): Pisgah Forest



Time to Renew Membership!
This is a gentle reminder that all CMC membership dues need to be in by Jan. 1, 2019. Please fill out the application on the website carolinamountainclub.org and send it, with your dues, to:
Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802

NEXT CMC COUNCIL MEETING

When: Tuesday, October 2
Where: Community room in Earthfare on Hendersonville Road
Time: 6:00 - 9:00 PM
Info: Call Randy at 828-253-1626 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless

and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Randy Fluharty, 828-253-1626, rfluharty54@gmail.com

Vice-President: Debby Jones, 404-731-3119, djones715@aol.com

Secretary: Paula Massey, 828-299-0226, massey.paula@gmail.com

Treasurer: George Bauernfeind, 502-724-5714, ggb1005@gmail.com

Immediate Past President: Barbara Morgan, 828-460-7066, barbc129@gmail.com

Councilor for Communication:

Kathy Kyle-Cornn, 828-458-1281, katherinenkyle@gmail.com

Councilor for Conservation: Ruth Hartzler, 828-251-0886, ruthmtn@gmail.com

Councilor for Education and Community Outreach:

Jan Onan, 828-606-5188, janonan59@gmail.com

Councilor for Hiking: Gregory Bechtel, 864-607-2645, gabechtel@gmail.com

Councilor for Membership: Lynn Saul, 704-451-5268, lynnhappytrails@gmail.com

Councilor for Trail Maintenance: Ron Navik, 585-662-8047, ron.navik@gmail.com

Councilor for Technology: Judy Magura, 828-606-1490, hikingtech@gmail.com

Councilor at Large: Mike Fisher, 781-883-6938, mfishr@yahoo.com

Councilor at Large: Chris Koebelin, 518-372-4130, chriskoebelin@yahoo.com