



FIRST QUARTER 2011
 Quarterly News Bulletin
 and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamtclub.org • e-mail: cmcinfo@carolinamtclub.org



2010 Council, front row: Ashok Kudva, Becky Smucker, Tish Desjardins, Peterson, Charlie Ferguson, Stuart English, Don Gardner, Barth Danny Bernstein, Nan Needs, Marcia Bromberg. Back row: Pete Brooker, Peter Barr, Jim Reel.

CMC Annual Meeting attended by 112 members

CMC members gathered on Halloween Eve to socialize, dine, elect new officers, bestow some awards, and discuss club business. The dinner/meeting was held again at the Chariot in Hendersonville.

Council nominations for 2011 were Don Gardner, Treasurer, Stuart English, Communications, and Tish Desjardins, Conservation; all of these were second term nominations. New nominations were

Danny Bernstein for Secretary, Alan "Pete" Peterson, Maintenance, and Peter Barr, Councilor at Large.

Houck Medford, founder and former Executive Director of the Blue Ridge Parkway Foundation, presented the Club with a check for \$4,000 as the result of a grant request to help with a new website.

New council member, chair of the Challenge Committee, and new employ-

ee with Carolina Mountain Land Conservancy, Peter Barr was our guest speaker. Peter gave a presentation on his 2010 thru-hike of the Appalachian Trail. With both words and slides, Peter painted an indelible image of the physical, spiritual, and emotional ups and downs of this undertaking. All in all, it was a memorable occasion celebrating the past along with the future.

COUNCIL CORNER



Communications is what keeps CMC ticking. If we didn't know where a hike started, when the next trail building day was or how to register for the annual dinner, we wouldn't have a club.

For the longest time, *Let's Go* was the only way for members to learn about club doings. There was also a separate hike schedule; both publications neatly typed out and probably mimeographed. Then the two merged into the newsletter we get in the mail today. For many members, that's

their main link to CMC.

Then in the mid-1990s, Don Walton experimented with a website. By then, most of us had email and knew the power of instant communication. The website allowed CMC to make accessible such information as the hike database, hiking schedule and SB6K challenge rules. If you weren't part of an in-group or not willing to spend a whole evening on the phone, you could still find the information.

In 2003, Walton created an electronic newsletter which was sent to every member with an email address and (and that was extremely clever) anyone else who

wanted to subscribe. Over 1,500 people now get the *eNews*. Two years later, I took over the *eNews* and expanded it to include more information of our surrounding parks, forests, and conservation organizations.

These communications vehicles are still top down. Now with 500 members of CMC's Facebook page, members can now talk back, recall a great hike, or ask about a trail to explore.

But nothing can beat a face to face conversation. Come out on a hike or a maintenance workday and communicate in person. See you on the trail!

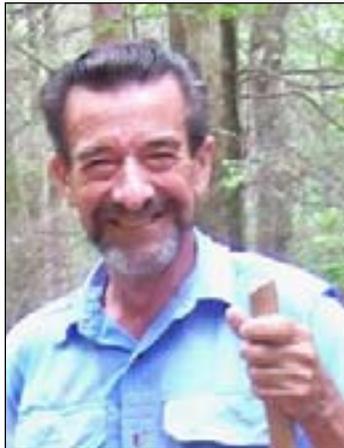
— Danny Bernstein

Meet our speaker for the 2011 spring social

by Bobbi Powers

Dwight McCarter is a mountain man through and through. He knows wildflowers, black bears, and trails. Although Dwight is rather new to Carolina Mountain Club, he is not new to the outdoors, having retired from a 30-year career as a ranger in Great Smoky Mountains National Park. He spent 5 days/week and 20 miles/day canvassing the back trails of the park and interacting with its 1.1 million annual back country hikers.

I met Dwight when he started attending the Sunday afternoon hikes. Who was this man with the booming baritone voice and cackling laugh? Who was this man who tells tales of bears eating squaw corn as a laxative to get their systems going



Dwight McCarter

after hibernation? Who was this man who knows Cherokee home remedies? Turns out Dwight is an expert on these mountains and a natural entertainer.

Dwight is a lifelong resident of Townsend, on the western border of the Smokies. Because of the distance and his hiking "business," we see him infrequently. Dwight leads hikes and is a story teller for The Blackberry Inn (Oprah has stayed there, as have sheiks and their entourage). Reese Witherspoon stayed at the inn this past spring, and Dwight served as guide for her and her family. He also hikes with several Tennessee groups. In his free time he has penned three books, two dealing with the national park: *Lost*, about 115 children lost in GSMNP, kids

he has personally found with his tracking skills; and *Mayday*, detailing the 54 air planes that have crashed in GSMNP. Dwight has visited all crash sites except for one cargo plane in Cataloochee that has never been found. His third book, *Meigs Line*, details the "story of his and his co-author's discovery of a two-century old disputed boundary between the U.S. & Cherokee Nation." These authors used their tracking skills to find and follow the exact boundary.

Dwight's presence on a hike leads to learning and laughter for the other hikers. Dwight says, "I always enjoy the CMC hikes because they are so well organized and the hikers are so friendly. I just love 'em to death."

Dwight will be the featured speaker at the 2011 spring social on May 23, 2011, when he will tell us the reason he declined to help search for Eric Rudolph, tales of forest fires he fought, and the time he had to pull his gun on a GSMNP visitor.

Two complete thru-hike of AT

Two CMC members recently returned from successful completions of Appalachian Trail thru-hikes in 2010. Peter Barr (aka Whippersnap), of Hendersonville, and Rod Bosse Jr. (aka Lorod), of Seneca, SC, became 2,000 milers this summer.

Peter Barr finished his thru-hike on August 29. His hike lasted 161 days. Rod Bosse Jr. completed his thru-hike on September 8. His hike lasted 160 days. Rod and Peter have now completed both the AT and South Beyond 6,000. Congratulations to them for finishing their long journeys!



Challenge Finishers Sawako Jager, Rich Sampson, Key Shurtleff, Jacob Cox, and Matt Kirk.

Record challenge year: new speed record and most ever completers

Congratulations to challenge completers in 2010! More hikers completed CMC challenge programs this year than ever before. Fifteen CMCers finished challenges. There was at least one completion in each challenge program. Completing South Beyond 6,000 were Jacob Cox, Jesse Boyd, Bill and Ginger Dora, Gus Jerdee, Rich Sampson, Jack Claywell, and James Rains Jr. Completing the Lookout Tower Challenge were Gary Neibert and Michael Miller. Completing the Waterfall & Cascade 100 were Kay

Shurtleff, Sawako Jager, and John Meisenhelder. Bud Haas completed the Pisgah 400.

Matt Kirk, of Marion, also completed South Beyond 6,000 this year. Matt completed all 40 peaks in one continuous journey that lasted only 4 days, 14 hours, and 38 minutes. This time broke the previous speed record, set by Ted "Cave Dog" Keizer (of Oregon) in 2003, by over nine hours! Thanks, Matt, for bringing the record back to the CMC and North Carolina!

How to join the CMC

1. Go to www.carolinamtn.club.org
2. Click on "How to Join" (upper left)
3. Print out "CMC Application Form"
4. Fill it out, write a check for your dues and ...
5. Mail to CMC, PO Box 68, Asheville, NC 28802

or ... write to us and we'll mail you an application

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often cannot be made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Monday

Barth Brooker, barthb@bellsouth.net

Wednesday*

John Soldati, jr4152@bellsouth.net

Friday Asheville*

Skip Sheldon, shelhalla@bellsouth.net

Friday Pisgah

Pete (R) Petersen, roap@aol.com

Saturday bimonthly*

Becky Smucker, bjsmucker@gmail.com

Saturday quarterly*

Les Love, lesrlove@charter.net

MST sections

Barth Brooker, barthb@bellsouth.net

Les Love, lesrlove@charter.net

Pete (A) Petersen,

arpetersen11@morrisbb.net

Larry Sobil, lsobil@bellsouth.net

AT sections

Tim Carrigan, tim@newprisim.com

HIKE SCHEDULE First Quarter 2011

Hike Ratings

First Letter	Second Letter
Distance	Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

Contact the hike leader if you have questions or if the weather on the hike day is questionable.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Scouts typically take place one to six weeks before the scheduled date. Call or email the hike leader.

See the CMC website for more complete and timely information, including scout reports: www.carolinamtnclub.org/Hiking/hikemenu.htm

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbar@unc.edu

P400 For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

900M For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbar@unc.edu

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, sue-jackfitz@bellsouth.net

WEDNESDAY HIKES

Wednesday hikes submitted by Charlie Ferguson, ccfl08@gmail.com. Driving distance is round-trip from Asheville. All Wednesday hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

WEDNESDAY NO. W1101-305 **Jan. 5**
Dupont Forest North Loop 8:30 AM

Hike 12, Drive 82, 2000 ft. ascent, Rated A-AA
Jay Bretz, 828-658-1220, jbretz1220@gmail.com
This low-altitude hike will traverse a loop on the northern side of Dupont Forest, from Lake Imaging to Stone Mtn., including Grassy Falls, the Thomas Cemetery and Wintergreen Falls.
Second meeting place: Pisgah Forest Bi-Lo at 9:05 AM. Topo: Standingstone Mt.

WEDNESDAY NO. W1101-001 **Jan. 12**
Case Camp – Seniard Ridge Loop 8:30 AM

Hike 8, Drive 80, 2000 ft. ascent, Rated B-A
Mary Beth Gwynn, 828-545-6487, mbgcmc@gmail.com

P400, WC100 This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed BRP. We'll do a 2 mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge trail. **Second meeting place: Pisgah Forest Bi-Lo at 9:05 AM.** Topo: Shining Rock; also pg. 36-39 of MST Trail Profiles book and NatGeo. map #780

WEDNESDAY NO. W1101-550 **Jan. 19**
Paris Mountain State Park *8:00 AM

Hike 9.9, Drive 130, 2000 ft. ascent, Rated A-A
Kathleen Hudson, 828-698-5208 (Cell: 828-329-6939), mstish1325@gmail.com

***Form carpools at Westgate, and meet leader at NE corner of Cracker Barrel parking lot at exit 53 of I-26 at 8:30 AM. Call leader if you plan on meeting at Westgate.** Located between

SATURDAY WORK DAY

Here is a great chance to learn what is involved in trail maintenance. We will meet on March 19 at the Moose Cafe at the Farmer's Market on Rt. 191 at 8 AM for breakfast. We will return to Asheville around 3:30 PM. Call Les Love at 828-658-1489 (lesrlove@charter.net) to verify date.

Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good views of Greenville. \$2 per person entrance fee. Topo: Paris Mtn.

WEDNESDAY NO. W1101-186 **Jan. 26**
Little Pisgah Mountain *9:00 AM

Hike 10, Drive 30, 1500 ft. ascent, Rated B-B
Keiko Merl, 828-628-2396, keikomarl@bellsouth.net

***Only meeting place: Folk Art Center back parking lot.** A pleasant hike, close to home for our coldest month. We'll hike from US 74A through part of the Florence Preserve and up into an open meadow to the summit of Little Pisgah Mtn. If the weather is clear, the view doesn't get any better. Topo: Bat Cave

WEDNESDAY NO. W1101-031 **Feb. 2**
South Mountains Loop 8:00 AM

Hike 9.3, Drive 170, 2300 ft. ascent, Rated A-AA
Charlie Ferguson, 828-625-2677, ccfl08@gmail.com

WC100 South Mountains State Park south of Morganton has outstanding views, a beautiful waterfall, and a new visitor center. We'll climb to Jacob Fork River Gorge Overlook and then continue to Chestnut Knob Overlook, a rocky outcropping with outstanding views toward the Kings Mountain Range and on a clear day, Charlotte's skyline. Later after another climb, we'll reach the top of High Shoals Waterfall – truly awesome. Awesome too is the wooden staircase and platform, which allows a close look at the falls and the jumble of rocks in Jacob Fork. Since this is a state park, the trails are meticulously maintained. Possible supper after the hike. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 8:20 AM.** Topo: Benn Knob; South Mountains SP map

WEDNESDAY NO. W1101-236 **Feb. 9**
Dupont Forest- Fawn Lake

& Bridal Veil Falls 8:30 AM
Hike 8, Drive 95, 1000 ft. ascent, Rated B-B
Paula Massey, 828-299-0226, massey.paula@gmail.com

WC100 A moderate hike featuring beautiful waterfalls and lakes. We'll see Corn Mill Shoals, Bridal Veil Falls, Lake Julia and Fawn Lake, hiking at an easy pace. **Second meeting place: Pisgah Forest Bi-Lo at 9:05 AM.** Topo: Standingstone Mtn.; also Dupont Forest trail map

WEDNESDAY NO. W1101-374 **Feb. 16**
Good Road to Bald Knob 8:30 AM

Hike 9.5, Drive 90, 2500 ft. ascent, Rated A-AA
Barbara Morgan, cell: 828-460-7066, bcmorg@hughes.net
Park on Good Road in McDowell County off US 221. Hike on MST to N Fork of Catawba River,

cross bridge, and ascend to top of Bald Knob. A steep hike, but spectacular winter views. Return by same route. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 8:50 AM.** Topo: Little Switzerland

WEDNESDAY NO. W1101-271 **Feb. 23**
Chestnutwood Mountain 8:00 AM
Hike 9, Drive 70, 2700 ft. ascent, Rated A-AA
Rich Sampson, 704-453-9059,
sampson_r@bellsouth.net

We will do our major climbing before lunch on this pleasant hike past streams, two nice cascades, a glimpse of the Black Mtns., and a 20 yr. old timber harvest in the Grandfather District. Some bushwhacking and hiking on over-grown trails. Short car shuttle. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 8:20 AM.** Topo: Old Fort

WEDNESDAY NO. W1101-278 **March 2**
Kitsuma Peak & Old Rt. 70 8:10 AM
Hike 10, Drive 60, 2000 ft. ascent, Rated A-A
Ken & Carol Deal, 828-281-4530,
cnkdeal@charter.net

Our hike up Young's Ridge offers great views of Greybeard, Green Knob and the Mt. Mitchell area. We will start from the picnic area near Old Fort. Also we'll enjoy a grandstand view of the Swannanoa valley from our lunch spot. We will return on old US 70, now blocked off to traffic, where we will see the railroad and numerous tunnel portals. Note: The last half of this hike is on pavement. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 8:30 AM.** Topos: Old Fort, Black Mtn.

WEDNESDAY NO. W1101-471 **March 9**
Wagon Road Gap, MST to Big East Fork 8:00 AM
Hike 9.7, Drive 75, 1500 ft. ascent, Rated A-A
Tom Sanders, 828-252-6327,
tomary.avl@gmail.com

P400 Starting at Wagon Road Gap, we will follow the MST south to the connector to the Big East Fork Trail and follow that down to US 276. Short car shuttle. **Wilderness area hike, limited to ten hikers – call leader for reservations.* **Second meeting place: Cold Mtn. overlook (BRP M.P. 412) at 8:40 AM.** Topo: Shining Rock; also NatGeo map #780

WEDNESDAY NO. W1101-515 **March 16**
AT - Brown Gap to I-40 8:00 AM
Hike 10.6, Drive 100, 2000 ft. ascent, Rated A-A
Bob Hysko, 828-243-3630, rhysko@yahoo.com
Starting at Brown Gap on the AT, we'll go over Deep Gap, Turkey Gap, Wildcat Top, a great view from Snowbird Mtn. and a long descent into the Pigeon River Gorge. Car shuttle. **Second meeting place: Pilot Truck Stop at Exit 24 of I-40 at 8:30 AM.** Topos: Lemon Gap, Waterville.

WEDNESDAY NO. W1101-420 **March 23**
Allen Gap to Tanyard Gap *8:30 AM
Hike 8.8, Drive 80, 2700 ft. ascent, Rated B-AA
Tish Desjardins, 828-380-1452,
desraylet@aol.com

***No limit to number of hikers, but call leader first. Form carpools at Westgate, and meet leader at parking lot on US 25 at intersection with NC 208 at 9:10 AM.** Great views from Rich Mtn. tower, a visit to Spring Mtn. shelter and one of the prettiest sections of the AT in our area highlight this pleasant hike. Car shuttle. Topo: Hot Springs

WEDNESDAY NO. W1101-713 **March 30**
Bent Creek Experimental Forest 8:30 AM
Hike 6, Drive 20, 800 ft. ascent, Rated B-C
Lenny Bernstein, 828-236-0192, lsberns@att.net

P400 Ever wonder what kind of research they do at Bent Creek? This is your chance to find out. We'll start with a one-to-two hour outdoor tour led by a member of the Forest Service staff, and then take a short hike from the Hard Times Trailhead. This hike was originally scheduled for last October, but cancelled by the Forest Service. Map: USFS Bent Creek Trail Map

ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and starting times may vary. *Times listed are departure times – arrive early.*

NEW YEARS DAY NO. A1101-281 **Jan. 1**
Green River Gamelands

***8:00 AM breakfast, 9:15 AM hike**
Hike 6.5 or 8, Drive 70, 1300 or 1500 ft. ascent, Rated B-B

Bruce Bente, 828-692-0116 (cell: 828-699-6296),
bbente@bellsouth.net

***Form carpools at Westgate (it takes 30 minutes to drive to Cracker Barrel), and meet leader at times above at the Cracker Barrel in Hendersonville (Exit 53 on I-26). Park at the NE corner of the parking lot.** After breakfast, we'll do our traditional New Year's Day hike on a series of trails around the Green River Gamelands. We'll hike down to and along the Green River, with a late lunch at the big rocks on the Green River, and then hike up and out on the Pulliam Creek trail. Short car shuttle. Topo: Cliffield Mtn.; also Map of the Green River Gamelands Trails

SUNDAY NO. W1101-305 **Jan. 2**
Dupont Forest Lake Imaging P.L. #1 9:00 AM
Hike 12, Drive 82, 2300 ft. ascent, Rated A-AA

Jay Bretz, 828-658-1220,
williambretz1220@gmail.com
This low-altitude hike will traverse a loop on the northern side of Dupont Forest, from Lake Imaging to Stone Mtn., including Grassy Falls, the Thomas Cemetery and Wintergreen Falls. **Second meeting place: Pisgah Forest Bi-Lo at 9:30 AM.** Topo: Standingstone Mtn.

SUNDAY NO. A1101-001 **Jan. 9**
Case Camp – Seniard Ridge Loop 8:30 AM
Hike 8, Drive 80, 2000 ft. ascent, Rated B-A
Mary Beth Gwynn, 828-545-6487,
mbgcmc@gmail.com

P400, WC100 This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed BRP. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge trail. **Second meeting place: Pisgah Forest Bi-Lo at 9:00 AM.** Topo: Shining Rock; also pg. 36-39 of MST Trail Profiles book and NatGeo. map #780

SATURDAY NO. A1101-330 **Jan. 15**
Raven Cliff Falls 10:00 AM
Hike 7.5, Drive 95, 1450 ft. ascent, Rated B-B
Kathleen Hudson, 828-698-5208
(cell: 828-329-6939), mstish1325@gmail.com

WC100 *Form carpools at Westgate, and meet leader at Bi-Lo in Pisgah Forest at 10:30 AM. *Call leader if you plan on meeting at Westgate.* We'll do a pleasant walk to the pedestrian bridge over the top of a beautiful 250 ft. waterfall in Caesar's Head St. Park in S.C. The hike will follow the Raven Cliff Falls Trail and a portion of the Foothills Trail to the bridge, and return on the same trails. Topo: Table Rock; also Mountain Bridge Wilderness Area trail map

SUNDAY NO. A1101-634 **Jan. 16**
High Top Tower Site 8:00 AM
Hike 10, Drive 65, 1900 ft. ascent, Rated A-A
Charlie Ferguson, 828-625-2677
(cell: 828-778-2431), ccf108@gmail.com

P400 This hike was a longtime favorite of the scouts at Camp Daniel Boone years ago. From the camp we will ascend to High Top with its excellent views, and then follow the Fork Mtn. ridge before descending to the rushing Little East Fork of the Pigeon River. Car shuttle. *Wilderness area hike, limit ten; contact leader for reservation.* Topo: Shining Rock; also NatGeo. map #780

SUNDAY NO. A1101-186 **Jan. 23**
Little Pisgah Mountain 9:00 AM
Hike 10, Drive 36, 1500 ft. ascent, Rated A-B
Janet Martin, cell: 502-494-9309,
jaykaymartin@msn.com

A pleasant nearby hike for the shorter winter daylight hours. We'll hike from US 74A through the Florence Preserve and up into an open meadow to the summit of Little Pisgah Mtn. If the weather is

clear, the view doesn't get any better. The leader invites hikers to her home for hot soup after the hike. Topo: Bat Cave

SATURDAY NO. A1101-268 **Jan. 29**
Hospital Rock – Rainbow Falls *8:30 AM

Hike 8, Drive 95, 2000 ft. ascent, Rated B-A
Brenda Worley, 828-684-8656
(cell: 828-280-2564), clworley@bellsouth.net
WC100 *Form carpools at Westgate, and meet leader at Cracker Barrel at Exit 53 of I-26 at 9:00 AM. This is a challenging hike in Jones Gap State Park in S.C. Hiking up past Hospital Rock, we will enjoy a great view at lunchtime from Pretty Place. After lunch we will walk along a road for a short distance, then turn downhill past beautiful Rainbow Falls onto a trail down to the river and back to our cars. NOTE: \$2/person parking fee at trailhead. Topos: Cleveland, Standingstone Mtn.; also Mountain Bridge Wilderness map

SUNDAY NO. A1101-141 **Jan. 30**
Rock Jock Loop – Linville Gorge 8:00 AM
(strenuous)

Hike 9, Drive 120, 2500 ft. ascent, Rated A-AA
Jacob Cox, 828-584-0395, jcox@mfgnc.com
***Form carpools at Westgate, and meet leader at Deal Barn at Exit 90 of I-40 at 8:45 AM.** Very technical hike. Begin with a steep descent into Linville Gorge via Pinch-In Trail. Hike upstream beside the Linville River to Conley Cove Trail, and return along western rim via Rock Jock Trail. Rock Jock is very difficult terrain, seldom used, and provides spectacular views. Short car shuttle. An alternate hike will be arranged if conditions are snowy or icy. *Wilderness area hike limited to ten people; please contact leader for reservations.* Topo: Ashford; also NatGeo map #779

SUNDAY NO. A1101-137 **Feb. 6**
Roans in Snow 8:00 AM
(strenuous)

Hike 7 or 12, Drive 150, 1000 or 1900 ft. ascent, Rated B-B or A-A
Lisa Hart, 828-450-6986, tiw.south@gmail.com, and Jim Reel, 738-0751, jimr57@yahoo.com
SB6K *The leader intends to lead a snowshoe hike. The Roans experience heavy snow, and snowshoes or traction devices will be required if snow/ice is present. Please email the leader in advance to check conditions. If snow/ice are present or forecast, leader approval is required to join the hike.* From Carver's Gap we'll go north past Grassy Ridge (6160 ft.) to a scenic overlook for lunch, then return to Carvers Gap. Optional side hike up to Roan High Knob (6285 ft.) and Roan High Bluff (6267 ft.), with return on either the road or the AT. Topo: Carvers Gap; also NatGeo. map #783

SUNDAY NO. 1101-636 **Feb. 6**
Coontree-Bennett Gap – Pressley Cove Lollipop 9:00 AM
(moderate)

Hike 8.4, Drive 75, 1900 ft. ascent, Rated B-A
Bob Hysko, cell: 828-243-3630,
rhysko@yahoo.com

P400 This hike is an extension of the popular half-day Coontree Loop hike. We ascend the left branch of Coontree trail, proceed in and out on Bennett Gap and Pressley Cove trails and descend on the right branch of Coontree trail to the cars. We will visit an old homestead chimney, a remnant of the farming community between Pressley Cove and Maxwell Cove. Topo: Pisgah Forest; also NatGeo. map #780

SATURDAY NO. A1101-256 **Feb. 12**
Moore Cove Figure-8 Loop *10:00 AM

Hike 7, Drive 70, 1000 ft. ascent, Rated B-B
Jan Onan, cell: 828-606-5188,
janonan@bellsouth.net

P400 *Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo at 10:35 AM. This moderate double-loop trail follows two old USFS paths. There are a couple of short steep sections and two minor creek crossings. There is one good view of Looking Glass Rock, several waterfalls, and other views visible only in the winter. Topo: Shining Rock; also NatGeo. map #780

SUNDAY NO. A1101-535 **Feb. 13**
Indian Creek – Sunkota Ridge loop *7:30 AM

Hike 12, Drive 135, 2000 ft. ascent, Rated A-A
Mike Knies, 828-628-6712, knies06@att.net
900M, WC100 *Note early start time. We'll make a loop using Indian Creek and Martin's Gap trails, then down Sunkota Ridge and Deep Creek Trails, admiring three waterfalls and winter views of Noland and Thomas Divides. **Second meeting place: US 23/74 rest area past Waynesville at 8:00 AM.** Topos: Bryson City, Clingman's Dome; also Nat Geo. Map #317

SUNDAY NO. A1101-276 **Feb. 20**
Street Gap to Big Bald 8:30 AM

Hike 10, Drive 80, 2300 ft. ascent, Rated B-A
Paul Benson, 828-251-1909,
pdbenson@charter.net
The leader intends to lead a snowshoe hike. This ridgeline experiences heavy snow, and snowshoes or traction devices will be required if snow/ice is present. Please e-mail the leader in advance to check conditions. If snow/ice are present or forecast, leader approval is required to join the hike. This is an in-and-out hike on the Appalachian Trail, heading north. Depending on whether the access road is drivable, mileage and ascent may vary. We will have panoramic views of the Blacks, Smokies and other ranges in WNC and TN from the higher elevations. Topos: Sams Gap, Bald Creek

SATURDAY NO. A1101-493 **Feb. 26**
Pine Mtn. Loop II 9:00 AM

Hike 10, Drive 20, 2400 ft. ascent, Rated A-AA
Brent Martin, 828-587-9453,
(cell: 828-371-0347), brent_martin@tws.org

P400 Hike up to Pine Mtn. from the Bent Creek side via Explorer loop, Chestnut Cove Trail and MST. Bushwhack through open woods to our scenic lunch stop atop Pine Mtn, then down to MST, Ruth's Ridge and the Lower Sidehill Trail to cars. **Second meeting place: Ingles parking lot across from Biltmore Sq. on NC 191 at 9:15 AM.** Topos: Enka, Dunsmore Mtn.; also NatGeo. map #780

SUNDAY NO. A1101-056 **Feb. 27**
Turkey Pen Roller Coaster 8:00 AM

Hike 9.4, Drive 60, 3200 ft. ascent, Rated A-AA
Michael & Kathy Cornn, cell: 828-458-1281,
mcorrn@aol.com

P400 This great winter hike starts at Turkey Pen parking area, then over Sharpy Mtn. and around Black Mtn., ending at the Pisgah Maintenance parking lot. A long uphill, but with good views from our lunch spot at Black Mtn. Car shuttle. **Second Meeting place: Intersection of NC 280 and Turkey Pen Rd. at 8:30 AM.** Topo: Pisgah Forest; also NatGeo. map #780

SUNDAY NO. A1101-235 **March 6**
Chasteen Creek – Hughes Ridge – Bradley Fork *7:30 AM

(strenuous)

Hike 14.4, Drive 115, 2800 ft. ascent,
Rated AA-AA
Don Gardner, 828-754-4067,
gardog3@bellsouth.net

900M *Note early start time. This will be a strenuous loop from the Smokemont campground up the Chasteen Creek and Hughes Ridge trails, and then down the Bradley Fork trail. Expect snow at the higher elevations. **Second meeting place: contact leader.** Topo: Smokemont; also NatGeo map #317

SUNDAY NO. A1101-716 **March 6**
Pilot Mountain Cross-Country *8:30 AM

(moderate)

Hike 8.2, Drive 80, 1800 ft. ascent, Rated B-A
Dave Wetmore, 828-884-7296,
dwetmore@comporium.net

P400 *Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo at 9:05 AM. This hike is a combination of old roads (some very old) and off-trail hiking. We'll begin by going southwest from Gloucester Gap, then do an off-trail climb with two short but steep sections from the south to Pilot Mtn with its wonderful views. The return will be mostly on trails and old roads. Topo: Shining Rock, also NatGeo map #780

SATURDAY NO. A1102-691 **March 12**
Upper Whitewater Falls – Round Mtn. Gap 9:30 AM

Hike 7, Drive 120, 1000 ft. ascent, Rated B-B
Marcia Bromberg, 828-505-0471,
mwbromberg@yahoo.com

WC100 We will follow the Foothills Trail west from the NC 281 parking lot to Round Mtn. Gap,

then follow the Round Mtn. trail back to the Whitewater Falls overlook. From here we will drop steeply on the Foothills Trail east, cross the Whitewater River bridge and later turn uphill on a short spur trail to the Bad Creek parking area. Short car shuttle. **Second meeting place: Pisgah Forest Bi-Lo at 10:05 AM.** Topos: Cashier, Reid; also NatGeo map #785

SUNDAY NO. A1101-283 **March 13**
Montreat Ramble #2 *9:00 AM
 Hike 8, Drive 40, 1500 ft. ascent, Rated B-B
 Danny Bernstein, 828-236-0192,
 danny@hikertohiker.com

***Note change to DST today.** This will be a moderate loop hike starting in Montreat, climbing to the great view from Lookout Mtn. Then on to Pot Cove Gap and down the Graybeard Trail to our cars. If the weather is good, we might go up to Walker's Knob, another mile or so. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 9:20 AM.** Topo: Montreat; also Montreat Trail Map

SUNDAY NO. A1101-684 **March 20**
Mackey Mtn. and
Sugar Cove Creek Trail *8:00 AM

Hike 12, Drive 70, 3000 ft. ascent, Rated A-AA+
 Jim Reel, 828-738-0751, jimr57@yahoo.com, and
 Lisa Hart, 828-450-6986, tiw.south@gmail.com

***Form carpools at Westgate, and meet leader at US 70/Curtis Creek Rd. intersection at 8:45 AM.** A stop will be made at the Ingles parking lot at Exit 64 of I-40 for additional hikers. Mackey Mountain was part of the first purchase of national forest land under the Weeks Act of 1911 and is designated "Mountain Treasure" by the Wilderness Society. We will hike from the end of Sugar Cove Road up to the Mackey Mountain Trail. We'll have great winter views and do a short bushwhack to the summit and then another bushwhack on a seldom used section of trail. This hike ends on private property with access permission for only this CMC hike. Topos: Marion West, Old Fort

SATURDAY NO. A1101-270 **March 26**
Cedar Rock Mtn.- John Rock Loop 9:00 AM
 Hike 8, Drive 80, 2000 ft. ascent, Rated B-A
 Les & Catherine Love, 828-658-1489,
 lesrlove@charter.net

P400, WC100 This trip features two of the spectacular bare rock faces in the Pisgah National Forest, with great views from both. Starting at the Fish Hatchery, we'll have our major climb up to Cat Gap and then on to Cedar Rock for lunch enjoying the view. We'll return via John Rock. **Second meeting place: Pisgah Fish Hatchery at 9:40 AM.** Topo: Shining Rock.

SUNDAY NO. A1101-420 **March 27**
AT: Allen Gap to Tanyard Gap *8:00 AM
 Hike 8.8, Drive 80, 2100 ft. ascent, Rated B-AA
 Tish Desjardins, cell: 828-380-1452,

desraylet@aol.com

***Form carpools at Westgate, and meet leader at parking lot on US 25 at intersection with NC 208 at 8:45 AM.** After the hike there will be a soak at the **Hot Springs Spa, and then a potluck supper in the nearby Bear River Community Lodge.** Hikers are requested to contribute food for the supper. Food will be taken to a refrigerator before the hike. *Please phone the leader to coordinate what food to bring.* Great views from Rich Mtn. tower, a visit to Spring Mtn. shelter and one of the prettiest sections of the AT in our area highlight this pleasant spring hike. Car shuttle. Topo: Hot Springs

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Charlie Ferguson, ccf108@gmail.com, 828-625-2677. Driving distance is round-trip from Asheville. All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

HIKE CANCELLED –
no hike leader available **Jan. 2**

HALF-DAY NO. H1101-295 **Jan. 9**
Tanyard Gap/Pump Gap Loop 12:30 PM
 Hike 5, Drive 66, 1200 ft. ascent, Rated C-B
 Nonmembers, call leader: Tom Sanders,
 828-252-6327, tomary.avl@gmail.com
 Hike the AT from Tanyard Gap, then the whole Pump Gap Loop and back via AT.

HALF-DAY NO. H1101-320 **Jan. 16**
Swannanoa River Stroll
to Old Farm School Rd. *12:30 PM
 Hike 5, Drive 12, 100 ft. ascent, Rated C-C
 Nonmembers, call leader: Bobbi Powers,
 828-667-5419, bobbipowers@live.com
 ***First meeting place: Folk Art Center back parking lot.** This in-out-hike begins at Owen Park and follows the Swannanoa River to Old Farm School Road, returning to the park. We will see the Warren Wilson College farm, a stand of giant bamboo, and enjoy the scenic river. **Second meeting place: Charles D. Owen Park at 12:50 PM.** Topo: Oteen; also Warren Wilson College Trails Map

HALF-DAY NO. H1101-172 **Jan. 23**
John Rock Loop 12:30 PM
 Hike 5.7, Drive 73, 1300 ft. ascent, Rated C-B
 Nonmembers, call leader: Lee Belknap,
 828-698-9394, rivergypsy@sprintmail.com



P400 This moderate loop hike, with good views from the top, starts at the Fish Hatchery parking lot. **Second meeting place: Fish Hatchery parking lot, off FS 475, at 1:15 PM.**

HALF-DAY NO. H1101-623 **Jan. 30**
Old Fort to Kitsuma Peak 12:00 PM
 Hike 6, Drive 60, 1800 ft. ascent, Rated C-A
 Nonmembers, call leader: Renate Rikkers,
 828-298-9988, reriokers@aol.com
 This popular but somewhat strenuous hike begins near Old Fort and ascends Young's Ridge to Kitsuma Peak, overlooking and continuing on to Ridgecrest. Outstanding views along the way. Car shuttle. **Second meeting place: Ingles parking lot at Exit 64 of I-40 at 12:20 PM.**

HALF-DAY NO. H1101-431 **Feb. 6**
Chestnut Cove to MST
to Sleepy Gap to Explorer Trail 12:30 PM
 Hike 5, Drive 20, 900 ft. ascent, Rated C-C
 Nonmembers, call leader: Joe Burchfield,
 828-298-8413, burchfield@niu.edu
 This loop hike begins with a moderately steep climb from the Bent Creek Gap Road to the MST, but is otherwise an easy walk. **Second meeting place: Ingles parking lot across from Biltmore Square Mall on NC 191 at 12:45 P.M.** Topo: Dunsmore; also USFS Bent Creek Trail Map

HALF-DAY NO. H1101-182 **Feb. 13**
Green River Cove Trail *11:00 AM
 Hike 5.5, Drive 73, 500 ft. ascent, Rated C-C
 Nonmembers, call leader: Marcia Bromberg, 828-505-0471, c798-9905, mwbromberg@yahoo.com
 ***Note early start.** This is a scenic winter hike along the lovely Green River. We'll begin with an early lunch/snack on the bank of the river, then hike as far as the junction with the Pulliam Creek Trail. We'll return by the same route. This hike includes a few steep, but short uphill. **Second meeting place: Cracker Barrel at Exit 53 off I-26 at 11:30 AM.** Topo: Clifffield Mt; also Green River Gamelands Map

HALF-DAY NO. H1101-686 **Feb. 20**
Shope Creek Ramble 12:30 PM
 Hike 5, Drive 25, 750 ft. ascent, Rated C-C
 Nonmembers, call leader: Gail Lamb,
 828-298-8413, galmb46@bellsouth.net
 This is a short ride for a winter walk in the woods, partly along Shope Creek in the Riceville Rd. area. It has been recently opened to hikers and has some unmarked trails, some of which are near, but not connecting to the Parkway. Possible wet stream crossing. **Second meeting place: Ingles across from V.A. Hospital on Rt. 70, Tunnel Rd. at 12:45 PM.**

HALF-DAY NO. H1101-534 **Feb. 27**
Turkey Pen, Pounding Mill,
Mullinax Loop *11:00 AM
 Hike 5.5, Drive 55, 900 ft. ascent, Rated C-C

ATC names Gary Eblen volunteer of the month

The Appalachian Trail Conservancy named CMC member Gary Eblen volunteer of the month for November 2010. Gary joins an elite list of volunteers from the nation who help maintain and promote the Appalachian Trail.

Gary has been a member of CMC's SWEAT crew since 2007. He says that a Trail project in the Smokies is a "great way to spend a few days ... like polishing the silver in a cathedral," and adds that the work "takes you down to an elemental level that we all need to visit sometimes." Though crew volunteers are all strangers to each

other at first, the work creates a bond — there is "a whole lot of laughter" on a SWEAT crew, Gary said.

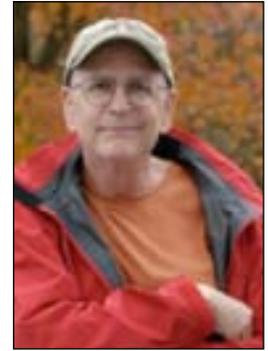
When he is not "outsmarting rocks" on the SWEAT crew or with CMC, Gary works with teachers from the Trail to Every Classroom program, where he serves as hike leader and Leave No Trace educator for the students. Gary also helps ATC's southern regional office with special events.

Gary wants to do Trail work for as long as he can. He is fascinated by A.T. history and feels a link to the CCC crews and others who walked the Trail before him. The

A.T. has "been around for a long time, and I want it to keep being around for a long time."

Anyone who would like to nominate someone for ATC Volunteer of the Month should contact volunteer@appalachiantrail.org

— from an article on the Appalachian Trail Conservancy website, www.appalachiantrail.org



Gary Eblen. Photo by Windham Designs.



At the annual dinner, Houck Medford presents Barth Brooker a check for \$4,000 to help develop the new CMC website.

CMC award winners

One integral part of the annual dinner is the presentation of the Distinguished Service Award and Award of Appreciation. The Distinguished Service Award recognizes achievements over a long period. The Award of Appreciation awards exceptional service in the club during a calendar year.

Jorge Munoz received the Distinguished Service Award. Jorge has almost 4000 hours of trail maintenance since joining CMC in the 90s. In addition Jorge has led many hikes and introduced many new members to the club.

Relatively new member Tim Carrigan received the Award of Appreciation for stepping up and helping the website task force. Tim is a professional software programmer and his help has been invaluable. Tim, an A.T. section maintainer, has also taken the job of A.T. Supervisor.

Thanks to both of these members for advancing the goals of our Club.

Nonmembers, call leader: Charlie Ferguson, 828-625-2677, ccf108@gmail.com

P400 *Note early start. This is a nice winter hike, low elevation and close to Asheville. We'll cross the S. Mills River footbridge, then do a loop on the scenic Pounding Mill and Mullinax trails. Bring your lunch or a snack. **Second meeting place: Turkey Pen Rd. & NC 280 at 11:30 AM.**

HALF-DAY NO. H1101-171 **March 6**
Cat Gap Loop ***12:30 PM**

Hike 5, Drive 70, 1100 ft. ascent, Rated C-B
Nonmembers, call leader: Stan Endlich, 215-290-8299, sjemiat@gmail.com

P400 *Form carpools at Westgate, and meet leader at the Fish Hatchery parking lot at 1:15 PM. This is a moderate loop hike on the Cat Gap Loop Trail.

HALF-DAY NO. H1101-639 **March 13**
Pretty Place from the

North Carolina side ***12:30 PM**

Hike 6, Drive 60, 600 ft ascent, Rated C-C

Nonmembers, call leader, Bruce Bente, 828-692-0116 (cell: 828-699-6296), bbente@bellsouth.net

***Form carpools at Westgate, and meet leader at Cracker Barrel parking lot at Exit 53 of I-26 at 1:00 PM. *Note change to DST today.** We will hike through land that has been protected by a conservation easement. After driving up a rough road (high clearance vehicles preferred) and fording a stream by car, we'll hike up old forest roads to enjoy the beautiful view from Pretty Place, and then return via the same route. Topo: Standingstone Mtn.

HALF-DAY NO. H1101-675 ***March 20**
Rainbow Falls - Jones Gap S.P. **12:30 PM**

Hike 4.6, Drive 90, 1200 ft. ascent, Rated C-B
Nonmembers, call leader: Sawako Jager, 828-687-2547 (cell: 828-674-4067),

baiko70@aol.com

WC100 *Form carpools at Westgate, and meet leader at Cracker Barrel at Exit 53 of I-26 at 1:00 PM. We will follow the Jones Gap trail along the Middle Saluda River, then follow the Rainbow Falls Trail uphill to beautiful Rainbow Falls. Return the same way. This is one of the most spectacular falls in the area. \$2 fee per person.

HALF-DAY NO. H1101-101 **March 27**
Lower Big Laurel River to Runion **1:00 PM**

Hike 6, Drive 60, 300 ft. ascent, Rated C-C
Nonmembers, call leader: Jorge Munoz, 828-658-0606, jorgemunoz1927@hotmail.com

This in-and-out hike near Hot Springs follows a beautiful rushing stream to the historic logging camp at Runion. **Second meeting place: Trailhead at intersection of US 25/70 at NC 208 at 1:45 PM.** Topo: Hot Springs; also USFS Hot Springs Map

Membership renewal policy changing

For folks who joined CMC after Jan. 1 of 2010, our new renewal policy will change the date your renewal is due. **All members who joined before Jan. 1, 2010, will have a renewal date of Jan. 1, as in the past. Anyone who joins (joined) on or after Jan. 1, 2010, will be due to renew yearly on their date of joining.**

Making this change will allow us to set things up the best we know how in the membership database that will be part of our new website. It will eventually smooth our income flow. It will also be fairer to those who join in summer or early fall, who in the past found themselves having to pay a renewal within a few months.

When we eventually get this process put online, you will be able to log in using your email address as your username and enter the renewal yourself, or you can continue to do it on paper as before if you prefer. Stay tuned, and thanks for your patience while we are making these changes.

Carolina Mountain Club

P.O. Box 68
Asheville, NC 28802

NEXT CMC COUNCIL MEETING

When: February 10, 2011

Where: West Asheville Library meeting room

Time: 6:00 - 9:00 PM

Info: Call Barth at 299-0298 if you would like to attend.
All CMC members are welcome.

HIKING INFORMATION: CMC hikes are open to all and we welcome guests, but hikers are expected to join CMC after participating in a few hikes. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Dogs are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamtclub.org) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant

Further
information about
regulations is available at
www.carolinamtclub.org

on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by completing a Membership Application Form and paying dues. Membership Application Forms are available on the Club website or by mail. Annual dues are \$20 for individuals and \$30 for families. Applications should be sent to Carolina Mountain Club, P.O. Box 68, Asheville, NC, 28802. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Barth Brooker, 299-0298, barthb@bellsouth.net

Vice-President: Marcia Bromberg, 505-0471, mwbromberg@yahoo.com

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Councilor for Conservation: Tish Desjardins, 656-2191, desraylet@aol.com

Councilor for Education: Nan Needs, 696-0732, nanspath@aol.com

Councilor for Hiking: Charlie Ferguson, 625-2677, ccf108@gmail.com

Councilor for Membership: Ashok Kudva, 698-7119, ashok.kudva@att.net

Councilor for Trail Maintenance: Pete Peterson, 692-7813, arpetersen11@morrisbb.net

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Editor: Stuart English, 883-2447, stuengo@comporium.net

Deadline next issue: February 15, 2010



Incorporated 1924
Member Appalachian Trail Conservancy

Carolina Mountain Club

PO Box 68
Asheville, North Carolina 28802
www.carolinamtclub.org

SECOND NOTICE – 2011 MEMBERSHIP RENEWAL (1/1/11-12/31/11)

Individual	\$20.	_____	Gold	\$75.	_____
Family	30.	_____	Life – Individual	500.	_____
Silver	50.	_____	Life – Family	750.	_____

The Carolina Mountain Club is a non-profit organization. Contributions above the \$20.00 Individual or \$30.00 Family member levels are tax-deductible. They may also qualify for Corporate matching funds

Name(s) _____

Please Note Changes Below:

Address _____

Phones Home _____ Home _____

Cell _____ Cell _____

E-mail(s) _____

Please check your records to see if you have already renewed your membership for 2011. We receive many duplicate renewals. If you're not sure of your membership status, contact Ashok Kudva (ashok.kudva@att.net; 828-698-7119) or Marcia Bromberg (mwbromberg@yahoo.com; 828-505-0471).

RENEW NOW TO MAINTAIN YOUR CMC MEMBERSHIP IN 2011