

LET'S GO!



FOURTH QUARTER 2022
Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

HIKE RATINGS

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact ATMST@CarolinaMountainClub.com

FH100 For hiking all 100 trails in the "100 Favorite Trails of the Smokies and Carolina Blue Ridge." Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact P400@CarolinaMountainClub.org

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the area. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Art Leob Monday Crew

Rich Evans, richard.erman.evans@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Vance Waggener, vance.waggener@yahoo.com

Thursday Crew

Todd Eveland, pepsitodd1@gmail.com

Ken Hummel, kenhummel60@gmail.com

Asheville Friday crew

Paul Curtin, pcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com

Wilderness Response Crew

Vance Waggener, vance.waggener@yahoo.com

Richard Figura, rafigura107@gmail.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pcurtin@hotmail.com

Rich Evans, richard.erman.evans@gmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

Todd Eveland, pepsitodd1@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse, johnwhitehouse@ccvn.com

SATURDAY WORKDAYS

The remaining Quarterly Saturday Trail Maintenance Workday for 2022 is October 1. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

HIKING FOR NEWCOMERS!

CMC has scheduled quarterly hikes designed for new hikers. A 30 minute Zoom presentation before each hike will get you ready and answer your questions. Please check out our homepage at carolinamountainclub.org or contact us at cmcnewhikers@gmail.com for more information.

CAROLINA MOUNTAIN CLUB ANNUAL MEETING

It's time to sign up for the annual meeting! Please go to page 10 for the sign up sheet. The membership renewal form is also included.

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun, educational hiking experiences. Hikes are open to CMC members as well as newcomers. YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com. Driving distance is round trip from the meeting place.

Saturday No. Y2204-912 **Oct. 8**
Rattlesnake Lodge **10:00 AM**
 Hike 3, Drive 15, 600 ft. ascent, Rated C-C,
AT-MST

Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
Only Meeting Place: Back parking lot of Folk Art Center. The hike will start at the Bull Gap trailhead. We will first stop to take a look at the split rail fencing installed by CMC maintenance crew. This is a perfect example of Leave No Trace. We will continue on up the MST to the Rattlesnake Lodge site, pointing out the remains of the stables, pool and other features. We will stop for a lunch break at the lodge site. After lunch we will continue on the MST to view a few more remains. The site of the old spring is a great photo spot. Please email the leader to reserve your spot.

WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W2204-882 **Oct. 5**
Panther town East Entrance **8:00 AM**
 Hike 6.6, Drive 110, 1100 ft. ascent, Rated B-B,
WC100

Brenda Worley, 828-684-8656,
 cell: 828-606-7297, bjdworley@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place. Contact the hike leader for reservations.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

This loop hike will take us to 3 waterfalls and two outstanding summits with beautiful views. We begin on Macs Gap Trail, then hook up with Greenland Creek Trail to Greenland Creek Falls. Next, we will cross the Greenland Creek to hook back up with Macs Gap Trail which we will take to the Little Green Mountain Trail to the summit of Little Green Mountain and Tranquility Point. From there we climb back down the mountain

and stop at Schoolhouse Falls. After viewing Schoolhouse Falls, we will hike in-and-out to Warden Falls before we return to our cars. This hike meets the requirements of #14 of the 100 Favorite Trails.

Topo(s): Big Ridge, Lake Toxaway

Wednesday No. W22043-959 **Oct. 5**
Richard L Hoffman Trail **9:00 AM**
 Hike 4.4, Drive 36, 1060 ft. ascent, Rated C-B
 Tim Carrigan, 828-242-9559,
 tim.carrigan@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Bailey Mountain Preserve, 889 Forest St, Mars Hill at 9:30 AM.
HALF-DAY HIKE: The hike begins with a scenic ascent through the Smith property pasture. As the trail enters the forest, hikers are greeted with a swinging bench that looks back at the Smith property. This is a great spot to catch your breath for a moment before beginning more challenging climbs. After entering the forest, mile markers can be found on the trail every 1/4 mile and yellow blazes indicate you're on the right trail. The trail winds upwards, and after the 1/4-mile marker there is a breathtaking clearing and bench to capture one last look at the Heritage Farmstead before continuing deeper into the forest. The single-track trail gently continues ascending before beginning a series of switchbacks back to the cars. Benches are available to rest nearly every 1/2 mile. Hikers will encounter sections of the trail carefully fitted with stone steps.

Wednesday No. W2204-469 **Oct. 12**
Craggy Gardens to Bull Gap **8:00 AM**
 Hike 8.7, Drive 30, 1650 ft. ascent, Rated B-A,
AT-MST

Adrienne Chang, 414-690-5424, acjp9349@yahoo.com

Only Meeting Place: Back parking lot of Folk Art Center. A pleasant hike on the MST starting at Craggy Gardens Visitor Center and featuring Lane Pinnacle and the Rattlesnake Lodge site. Great mountain views. Car shuttle.

Topo(s): Montreat

Wednesday No. W2204-925 **Oct. 12**
Palmer Creek Trail in GSMNP **8:00 AM**
 Hike 9.8, Drive 80, 1745 ft. ascent, Rated A-A,
900M

George Shepherd, 405-596-2632,
 shepherdgeorge@att.net

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM.

Contact the leader for reservations. This hike starts in the Cataloochee Valley from the Pretty Hollow Gap trailhead. We stay on Pretty Hollow Gap Trail for 1.6 miles before we branch off

onto Palmer Creek Trail. A steady climb of 1500 feet over 3.3 miles takes us along the creek, over foot logs, up to Trail Ridge, and ends on Balsam Mountain Road. We return the same way. Expect beautiful creek sounds and views all the way plus Cataloochee history.

Wednesday No. W2204-068 **Oct. 19**
Big Butt from Walker Knob **8:00 AM**
 Hike 6, Drive 47, 1300 ft. ascent, Rated C-B
 Diane Saccone, 703-283-1068,
 reemscreekyoga@aol.com

Only Meeting Place: Back parking lot of Folk Art Center. Limit of 10 hikers. Contact the leader for reservations. This moderate in-and-out hike will be at over 5000 feet elevation. There are three climbs: to Point Misery and Little Butt (steep) on the way in and to Point Misery on the return. The hike goes through a northern hardwood/spruce forest with excellent views of the Black Mountains. This is bear hunting season; wear orange. This hike is #86 of the 100 Favorite Hikes.

Topo(s): Montreat

Wednesday No. W2204-285 **Oct. 19**
Lane Pinnacle **9:00 AM**
 Hike 5, Drive 30, 1000 ft. ascent, Rated C-C,
AT-MST

Brenda Worley, 828-684-8656,
 cell: 828-606-7297, bjdworley@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. **HALF-DAY HIKE:** Contact leader for reservations. This is a great in-and-out and up-and-down hike on a high ridge with excellent views. After a short climb of this high-altitude ridge, we can enjoy 4 lovely viewpoints. We'll take the MST trail from Bee Tree Gap to Lane Pinnacle and return. The climbs are short but quite steep. Expect beautiful views of the changing leaves this time of year. We will proceed at a moderate pace. This is bear hunting season; wear orange. Topo(s): Craggy Pinnacle

Wednesday No. W2204-960 **Oct. 26**
Shortoff Mountain
from Wolfpit Road **8:00 AM**
 Hike 5.5, Drive 91, 1200 ft. ascent, Rated C-B
 Lynn Pettipaw, 914-602-4464,

lynn.pettipaw@gmail.com
Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain).

Wilderness hike, limited to ten hikers, contact leader for reservation. We will hike to the summit of Shortoff Mountain from Wolfpit Road. On the way, we will view nearby Lake James and the southern rim of Linville Gorge. The trail is an unrelenting, rocky climb with gorgeous views of the gorge, Hawksbill, Table Rock and the waterfalls waiting at the top. This is bear hunting season; wear orange. This hike is #91 of the 100 Favorite Trails.

- Wednesday No. W2204-047 **Oct. 26**
Indian Grave Gap to Iron Mountain Gap **8:00 AM**
 Hike 11.7, Drive 120, 2400 ft. ascent, Rated A-AA, **AT-MST**
 Randy Fluharty, 828-423-9030, rfluharty54@gmail.com and Steve Pierce, 828-442-8482, stevepierce50@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leaders at the second meeting place.
Second Meeting Place: Publix lower end of parking lot off Exit 19 of I-26 at 8:15 AM.
 Contact either leader for reservations. **KEY-SWAP HIKE.** This A.T. hike passes by appropriately named Beauty Spot, with views of the Roans and Blacks, and over 5180-ft. Unaka Mountain, with a lovely hemlock grove on top. The hike has equal difficulty in both directions. We will set up the key-swap in the Publix parking lot. This is bear hunting season; wear orange.
 Topo(s): Unicoi
- Wednesday No. W2204-256 **Nov. 2**
Moore Cove Falls Figure - 8 **8:00 AM**
 Hike 5.8, Drive 65, 1050 ft. ascent, Rated C-B, **P400, WC100**
 Sallye Sanders, 208-550-2070, sallye_sanders@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.
 Contact the leader for reservations. This moderate double-loop trail follows two overgrown USFS paths. Expect scrambling over blow-downs, a couple of short, steep sections and two minor creek crossings. There is one good view of Looking Glass Rock, three waterfalls, and other views visible when there are no leaves on the trees. This is bear hunting season; wear orange.
 Topo(s): Shining Rock
- Wednesday No. W2204-396 **Nov. 2**
Thompson Ridge and Pilot Rock **8:00 AM**
 Hike 8.8, Drive 50, 2100 ft. ascent, Rated B-AA, **AT-MST, P400**
 Henry Kassell, 845-656-5528, hkassell@gmail.com
Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader for reservations. We will climb 1500 feet in two miles up the well-graded Pilot Rock Trail and eat lunch at Buck Springs Overlook. After lunch, we'll hike down the Thompson Creek Trail. This is bear hunting season; wear orange.
 Topo(s): Cruso
- Wednesday No. W2204-961 **Nov. 2**
Oklawaha Greenway
- in Hendersonville** **9:00 AM**
 Hike 6.5, Drive 24, 147 ft. ascent, Rated B-C
 Danny Bernstein, 828-450-0747, dannyhiker@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.
Second Meeting Place: GB Shoes, 5418 Asheville Highway, Naples at 9:30 AM.
HALF-DAY HIKE: Contact the leader for reservations via email. This flat hike will meander through wetlands, woods, native gardens, meadows and birding hot spots. This is the perfect hike for new hikers and curious, adventurous, experienced hikers. See <https://www.friendsofoklawaha.org>. All hikers must be vaccinated against COVID and be members of the Carolina Mountain Club. Car Shuttle. Topo(s): Hendersonville
- Wednesday No. W2204-924 **Nov. 9**
Whitehouse Cliffs - Rocky Fork Loop Hike **8:00 AM**
 Hike 9.4, Drive 70, 2600 ft. ascent, Rated A-AA
 Diane Saccone, 703-283-1068, reemscreekyoga@aol.com
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Limit of 10 hikers. Contact the leader for reservations. From the parking lot, we will do an out-and-back to Whitehouse Cliffs. The trail climbs ~950 feet in 1.1 miles and culminates in 360-degree views. After returning from the White Cliffs Trail, we will complete the Snakeden Ridge Loop, a lollipop hike along the Rocky Fork, Flint Creek, and Blockstand Creek Trails. This second part of the hike is about 7.8 miles and 1200 ft. of mostly gradual elevation gain. This hike is #45 of the 100 Favorite Hikes.
- Wednesday No. W2204-031 **Nov. 9**
South Mountains Loop **8:00 AM**
 Hike 12, Drive 138, 2300 ft. ascent, Rated A-AA, **WC100**
 Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com
First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. Form carpools and meet the leaders at the second meeting place.
Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.
 Contact Judy for reservations. South Mountains State Park, south of Morganton, has outstanding views, a beautiful waterfall, and a new visitor center. We'll climb to Jacob Fork River Gorge Overlook and then continue to Chestnut Knob Overlook, a rocky outcropping with outstanding views toward the Kings Mountain Range and, on a clear day, Charlotte's skyline. Later, after another climb, we'll reach the top of High Shoals Waterfall, truly awesome. Awesome too are the wooden staircase and platform which allow a
- close look at the falls and the jumble of rocks in Jacob Fork. Since this is a state park, the trails are meticulously maintained.
 Topo(s): Benn Knob
- Wednesday No. W2204-346 **Nov. 9**
Folk Art Center to Haw Creek Overlook **9:00 AM**
 Hike 5, 850 ft. ascent, Rated C-C, **AT-MST**
 Rebecca Banner, 828-713-4660, beccabanner@gmail.com
Only Meeting Place: Back parking lot of Folk Art Center. **HALF-DAY HIKE.** This favorite moderate hike on the Mountains-to-Sea Trail rewards hikers with great views of the Haw Creek Valley. This is bear hunting season; wear orange.
 Topo(s): Oteen
- Wednesday No. W2204-673 **Nov. 16**
Pink Beds to Coontree **8:00 AM**
 Hike 9.5, Drive 49, 2000 ft. ascent, Rated A-AA, **P400**
 Diane Jacqmin, 828-513-1298, cell: 630-946-9623, dsjacq@sbcglobal.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.
Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.
 From the Pink Beds parking lot, we will hike the Pink Beds Trail to the Barnett Branch Trail and ascend to Soapstone Ridge and Rich Mountain. We will proceed on Buckwheat Knob Trail to Bennett Gap Trail and enjoy a view of Looking Glass Rock. We hike to our cars via the right branch of the Coontree Trail. This is bear hunting season. Wear orange. Car shuttle.
 Topo(s): Pisgah Forest
- Wednesday No. W2204-847 **Nov. 16**
Pinnacle **8:30 AM**
 Hike 8, Drive 90, 1900 ft. ascent, Rated B-A
 Marie Chamberlin, 678-492-6718, marie.m.chamberlin@gmail.com and Kay Haskell, 610-613-4858, HaskellKM@Gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn. Expy. (US 23/74) Waynesville NC at 9:00 AM - but contact leader first.
 Limit of 12 hikers. Contact either hike leader for reservations. This hike is from the Fisher Creek Recreation Area near Sylva. We will ascend on the East Fork and Pinnacle Trails to see the great view from the Pinnacle. Our return will be via the West Fork Trail. This is bear hunting season; wear orange. This hike is #15 of the 100 Favorite Trails.
 Topo(s): Sylva North

Wednesday No. W2204-588 **Nov. 23**
Coontree Loop Extended **9:00 AM**
Hike 6.1, Drive 59, 1555 ft. ascent, Rated C-A,
P400

Jan Onan, 828-606-5188,
janonan59@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

Contact the leader for reservations. This hike has a few minor variations from the original hike #588. We will hike up the left leg of Coontree Loop and then left onto Bennett Gap Trail; at the Perry Cove Trail intersection, we'll turn right and continue down Perry Cove Trail, then turn right on Horse Road and bushwhack to Bennett Gap Trail onto the right leg of Coontree Loop and back down the trail to our cars. This is deer hunting season; wear orange.

Topo(s): Shining Rock

Wednesday No. W2204-573 **Nov. 23**
Devils Courthouse from NC 215 **9:00 AM**
Hike 6, Drive 66, 700 ft. ascent, Rated C-C,
AT-MST, P400

Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Gravel parking lot on NC 215 1/4 mile north of BRP at 9:45 AM.

HALF-DAY HIKE: Contact the leader for reservations. We will hike east from the parking area off NC 215 through patches of mountain laurel and a dense pine cluster on the MST, crossing over the Blue Ridge Parkway tunnel on a connector trail to Devil's Courthouse, where we will pause for a snack to enjoy 360-degree mountain views before returning. This is deer hunting season; wear orange.

Topo(s): Sam Knob

Wednesday No. W2204-868 **Nov. 30**
Woodfin Cascades
to Waterrock Knob **8:00 AM**
Hike 9.8, Drive 67, 2300 ft. ascent, Rated A-AA,
AT-MST, SB6K

Karen Schultz, 312-241-3329,
Schultz.KarenJ@GMail.com and
Ken Scharmann, 847-772-4693,
Ksrums@Comcast.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: BRP Woodfin Cascades Overlook at MM 447 at 8:30 AM - but contact leader first.

Limit of 10 hikers. Contact Karen Schultz at schultz.karenj@gmail.com for reservations. This

is a variation of Hike #868, starting from the Woodfin Cascades Overlook on the Blue Ridge Parkway. We will hike on the MST for 4.8 miles and then take the fairly steep path just above the Visitor Center to Waterrock Knob for great views. We return via the same route. This hike features an evenly graded trail through various forest types. You must be fully vaccinated against COVID-19 to carpool. This is deer hunting season; wear orange. This hike is #38 of the 100 Favorite Trails.

Topo(s): Hazelwood, Sylva North

Wednesday No. W2204-324 **Nov. 30**
Bent Creek Loop #4 **9:00 AM**
Hike 5, Drive 18, 600 ft. ascent, Rated C-C,
P400

Karen Lachow, 703-395-5879,
heyk127@hotmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. HALF-DAY HIKE: Limit of 15 hikers. Contact the leader for reservations. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. This is deer hunting season; wear orange. This hike is #74 of the Favorite Trails.

Topo(s): Skyland

Wednesday No. W2204-216 **Dec. 7**
Sams Gap to
Devil Fork Gap on the A.T. **8:15 AM**
Hike 8.5, Drive 90, 1900 ft. ascent, Rated B-A,
AT-MST

Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:00 AM.

Do not contact the leader for reservations, just show up and hike. This section of the A.T. features nice views into Tennessee from the ridgeline, traversing a series of knobs along an unusual section of the TN-NC state line where Tennessee is east of N.C. and the southbound hiker is actually traveling north. Car shuttle. Please bring enough cars to shuttle hikers. This is deer hunting season; wear orange.

Topo(s): Sams Gap

Wednesday No. W2204-093 **Dec. 7**
Graybeard Mountain **8:30 AM**
Hike 9.2, Drive 31, 3100 ft. ascent,
Rated A-AA+
Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

Contact the leader for reservations. We will take a loop using Big Piney Ridge up to Graybeard Mountain and return to Montreat via Walker Knob and Pot Cove Gap. There will be good views, a delightful hike and a good workout. We'll take it at a moderate pace. The first mile is very steep. This is deer hunting season; wear orange.

Topo(s): Montreat

Wednesday No. W2204-492 **Dec. 7**
Annual Cookie Hike, Bent Creek
Ramble to MST past Sleepy Gap **9:00 AM**
Hike 7, Drive 10, 300 ft. ascent, Rated B-C,
P400

Keiko Merl, 828-231-2126, keikomerl@att.net

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Contact the leader for reservations. This is a moderate loop hike in the Bent Creek area. We will start from the parking area for Cold Knob Road (FS 479H off Bent Creek Road beyond Lake Powhatan). Using a variety of short sections of trails, we will hike up to the MST, follow it past Sleepy Gap, and descend by the Stambaugh Trail to the Lake Powhatan picnic area for lunch and a cookie feast. Bring cookies to share. The afternoon walk back to the cars is approximately 2 miles. This is deer hunting season; wear orange.

Topo(s): Asheville, Skyland

Wednesday No. W2204-492 **Dec. 7**
Annual Cookie Hike, Bent Creek
Ramble, Shorter Version **10:00 AM**
Hike 2.5, Drive 10, 300 ft. ascent, Rated C-C,
P400

Gail Lamb, 828-338-0443, cell: 828-275-4500,
glamb46@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

HALF-DAY HIKE: Contact Gail Lamb for reservations. This is a shorter version of the Annual Cookie Hike. We will start on the Lake Powhatan Connector and hike to the picnic area to meet the other group for lunch and to share cookies. After lunch we will return to the cars on the same trail. Don't forget to bring cookies. This is deer hunting season; wear orange.

Topo(s): Asheville, Skyland

Wednesday No. W2204-371 **Dec. 14**
Squirrel Gap -
Horse Cove Gap Loop **8:00 AM**
Hike 10, Drive 70, 1475 ft. ascent, Rated A-B,
P400

Henry Kassell, 845-656-5528,
hkassell@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the hike leader for reservations. This variation of hike #371 is a moderate hike in the

beautiful South Mills River area. We will park where FS 476 and FS 5018 are gated and hike down FS 476 past the gauging station. We will continue on the South Mills River Trail to Wolf Ford. We will cross the bridge and take Squirrel Gap Trail to the Horse Cove Gap Trail and turn left to the end. We will return via FS 5018 to the cars.

Topo(s): Pisgah Forest

Wednesday No. W2204-845 **Dec. 14**
Trombatore - Bearwallow Trails **9:00 AM**
Hike 7.5, Drive 30, 1900 ft. ascent, Rated B-A
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com
First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.

Second Meeting Place: Bearwallow Gap trailhead at 9:30 AM.

Limit of 12 hikers. Contact the leader for reservations. Due to limited parking at the trailhead, the second meeting place should only be used for hikers coming from Hendersonville or areas south. The trailheads are marked with a prominent signboard and are located across the road from each other at the Bearwallow Mountain trailhead. From Bearwallow Gap, we will first hike the Trombatore Trail to a beautiful meadow with long-distance views, then return past the Gap and up to Bearwallow Mountain with its great views. We will return on the same trail.

Topo(s): Bat Cave

Wednesday No. W2204-203 **Dec. 21**
Tanyard Gap to
Lovers Leap and Return **8:00 AM**
Hike 8.6, Drive 70, 2110 ft. ascent, Rated B-AA,
AT-MST
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Contact the leader for reservations. We'll do a moderate loop in the Hot Springs area, starting and ending at Tanyard Gap. We will start on the A.T. (a mile of which is road) to Lovers Leap Trail to Tanyard Gap Trail and back to the A.T.

Topo(s): Hot Springs

Wednesday No. W2204-685 **Dec. 21**
North Slope Trail Extended **10:00 AM**
Hike 5, Drive 47, 700 ft. ascent, Rated C-C, **P400**
Daisy Teng Karasek, 828-505-2036,
cell 408-887-3666, daisytk@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM.

HALF-DAY HIKE: Contact the leader for reservations. This is a slightly modified version of Hike #685. We will go along the Exercise Trail from the Art Loeb trailhead parking, walk along the Davidson River with a stop at the historic

English Chapel, and then take the North Slope Loop Trail up and around. We will return to our cars through the campground.

Topo(s): Pisgah Forest

Wednesday No. W2204-691 **Dec. 28**
Upper Whitewater Falls -
Round Mtn. Gap **8:00 AM**
Hike 8, Drive 120, 1000 ft. ascent, Rated B-C,
WC100

Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

We will follow the Foothills Trail west from the NC 281 parking lot to Round Mountain Gap, then follow the Round Mountain Trail back to the Whitewater Falls overlook. From here we will drop steeply on the Foothills Trail east, cross the Whitewater River bridge, and later turn right and uphill on a short spur trail to the Bad Creek parking area. Short car shuttle.

Topo(s): Reid

Wednesday No. W2204-880 **Dec. 28**
Garenflo Gap - Tanyard Gap **8:00 AM**
Hike 12.5, Drive 90, 2000 ft. ascent,
Rated AA-AA, **AT-MST**
Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.
Second Meeting Place: Corner of US 25/70 & NC 208 at 8:45 AM.

No need to contact the hike leader, just show up and hike. We'll hike the A.T. from Garenflo Gap to Tanyard Gap. Thankfully, the dirt portion of Garenflo Gap Road has recently been improved by the Forest Service. We'll stop for ice cream halfway through the hike in downtown Hot Springs. Car shuttle. Please bring enough cars for the shuttle.

Topo(s): Hot Springs, Spring Creek

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Karen Lachow, 703-395-5879, heyk127@hotmail.com. Driving distance is round trip from the first meeting place. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2204-642 **Oct. 2**
Smokemont Loop **8:30 AM**
Hike 8, Drive 110, 1300 ft. ascent, Rated B-B,

900M
Lynn Pettipaw, 914-602-4464,
lynn.pettipaw@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Limit of 10 hikers. Contact leader for reservations. We will hike the Smokemont Loop Trail clockwise, starting in the Smokemont Campground and climbing steadily up Richland Mountain before descending to Bradley Fork. The Bradley Fork Trail follows the water along an old roadbed. We will take an in-and-out detour up the Chasteen Creek Trail to the cascade before returning and continuing down the Bradley Fork Trail to the cars at Smokemont. A wonderful early autumn hike in the Smokies. This hike is #28 of the 100 Favorite Trails.

Topo(s): Smokemont

Sunday No. A2204-944 **Oct. 9**
Black Mountain Trail to Club Gap **8:00 AM**
Hike 9.7, Drive 51, 3090 ft. ascent, Rated A-AA+,
P400

Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

This hike begins at the Pisgah Forest Maintenance parking lot and follows the Black Mountain and Club Gap Trails. We will climb to beautiful views of the surrounding mountains, and continue on to Club Gap and down to FS 477. Car shuttle. This hike fills the requirement for #66 of the 100 Favorite Trails.

Saturday No. A2204-531 **Oct. 15**
Pisgah Inn to Beaver Dam Gap **10:00 AM**
Hike 7.9, Drive 50, 1100 ft. ascent, Rated B-B,
AT-MST, P400

Bruce Bente, 828-692-0116, cell: 828-699-6296,
bbente@bellsouth.net

Only Meeting Place: BRP French Broad Overlook at MM 393.8. Contact leader for reservations. We'll hike the MST at higher elevations to see the best fall colors. Enjoy this moderate, mostly downhill MST hike with great views along the way. Car shuttle.
Topo(s): Dunsmore Mtn.

Sunday No. A2204-239 **Oct. 16**
Bee Tree Gap to Rich Knob **8:30 AM**
Hike 7, Drive 30, 2262 ft. ascent, Rated B-AA,
AT-MST

Becky Smucker, 828-231-2198,
bjsmucker@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. This out-and-back hike on the MST from Bee Tree Gap is a variation of hike #239. We will hike through varied forest terrain over Lane Pinnacle to Rich Knob and return the same way.
Topo(s): Craggy Pinnacle

Saturday No. A2204-421

Canebrake Trail

Hike 11, Drive 90, 1900 ft. ascent, Rated A-A
Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

This hike will start at the Frozen Creek Rd. parking lot in Gorges State Park and hike down the Canebrake Trail to our lunch spot at the Foothills Trail pedestrian bridge where the Toxaway River enters Lake Jocassee. Return via same route. The trail is an old logging road. Our hike back will have a steady but moderate incline.
Topo(s): Reid

Sunday No. A2204-938

Waterrock Knob to Rocky Face

Hike 8.5, Drive 90, 1535 ft. ascent, Rated B-A, **SB6K**

Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn. Expy. (US 23/74) Waynesville NC at 8:30 AM.

Limit of 7 hikers. Contact leader for reservations. This is an extended version of hike #938. We will begin from the Waterrock Knob lower parking lot and continue along a rough trail, passing Yellow Face and mega rock formations, and on to the spectacular view from Blackrock Mtn. From there we will continue for five miles over Pinnacle Bald and Perry Top to Rocky Face, where we will descend to a waiting vehicle. 30-minute car shuttle.

Sunday No. A2204-236

Fawn Lake P.L. #1

Hike 9, Drive 72, 1400 ft. ascent, Rated B-B, **WC100**

Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Oct. 22

9:00 AM

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM.

Starting at the Fawn Lake access area, we will enjoy a moderate hike featuring four beautiful lakes and a waterfall, with a little history thrown in. We'll see Bridal Veil Falls, Lake Julia, Lake Dense, Lake Alford, Fawn Lake, and an old airstrip. This hike meets the requirements for #68 of the 100 Favorite Trails.

Topo(s): Standingstone Mtn.

Sunday No. A2204-615

Black Balsam Loop via Graveyard Ridge & ALT

Hike 7, Drive 65, 1200 ft. ascent, Rated B-B, **AT-MST, P400, SB6K**

Karen Schultz, 312-241-3329,
Schultz.KarenJ@GMail.com and
Ken Scharmann, 847-772-4693,
Ksruns@Comcast.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: BRP Cold Mountain Overlook at MM 412 at 8:45 AM - but contact leader first.

Limit of 10 hikers. Contact leader for reservation. This hike has great views and visits two peaks over 6000 ft. New hikers take note: there is a 200-ft. altitude gain over 1/4-mile early in the hike, and two more uphill, each with about 500-ft. altitude gain, in the last leg of the hike. We will begin from FS 816 on the MST, then left onto the Graveyard Ridge Trail to Investor Gap. We return on the Art Loeb Trail over Tennent Mtn. and Black Balsam Knob. We'll stop at the high points to enjoy the great views. This hike is #50 of the 100 Favorite Trails. You must be fully vaccinated against COVID-19 to carpool.

Topo(s): Sam Knob, Shining Rock

Sunday No. A2204-052

Brunch and Hike at The Swag

Hike 3, Drive 90, 800 ft. ascent, Rated C-C, **900M**

Bev MacDowell, 828-777-5806,
bevmacdowellhappy@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Limit of 12 hikers. Must email or text leader to hold a spot. Payment secures your reservation. A rare opportunity to enjoy a buffet brunch at The Swag, a top rated, high elevation resort bordering GSMNP. The 11:00 AM brunch will be followed by a short hike to Purchase Knob along the Cataloochee Divide Trail, then back to our cars. Beautiful, sweeping views and possible late fall colors. A check or Venmo payable to Beverly MacDowell for \$70.62 (includes tax & gratuity) until maximum filled. (Alcoholic beverages are extra). Brunch will happen rain or shine. No refunds. Hikers need to be diners. Mail checks to: Bev MacDowell, 190 Mount Royal Drive, Arden, NC 28704

Topo(s): Dellwood

Nov. 6

8:00 AM

Saturday No. A2204-101

Lower Big Laurel Creek

Hike 7.5, Drive 60, 350 ft. ascent, Rated B-C
Kay Haskell, 610-613-4858,
HaskellKM@Gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Corner of US 25/70 & NC 208 at 10:00 AM - but contact leader first.

Limit of 15 hikers. Contact hike leader via email for reservations, and include meeting place. Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Interesting flora. Parts of the trail are rocky - hiking boots/shoes are recommended. This hike is #43 of the 100 Favorite Trails.

Topo(s): Hot Springs

Nov. 12

9:30 AM

Sunday No. A2204-907

Wildcat Rock Trail

Hike 10, Drive 20, 2300 ft. ascent, Rated A-AA
Donna Lanning, 828-684-7083,
cell: 828-606-7956, dplanning@bellsouth.net

First Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53. Form carpools and meet leader at second meeting place.

Second Meeting Place: Upper Hickory Nut Gorge Trailhead by chimney on US 74A at 8:15 AM.

This is a new variation and extension of the Wildcat Rock Trail hike. The trail goes around an apple orchard and crosses Hickory Creek on a wooden bridge before beginning the ascent. We will climb 100 log steps to reach the 100-ft. Little Bearwallow Falls at about 1 mile. After viewing the waterfall, we will climb more than 130 rock stairs as we ascend the side of the cliff line on our way to the Wildcat Rock Overlook Trail, where we will enjoy great views. We will then continue on to the top of Bearwallow Mountain for lunch, returning the same way.
Topo(s): Bat Cave

Nov. 13

8:00 AM

Sunday No. A2204-246

Coffee Pot Mtn. Loop

Hike 8.4, Drive 50, 1400 ft. ascent, Rated B-B, **P400**

Lorraine Bernhardt, 828-699-8857,
lsbernhardt50@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Ingles on NC 191/280 SE corner of the parking lot near the No. Mills River Rd. entrance at 8:15 AM.

We'll circle Coffee Pot Mtn. by hiking Trace Ridge Trail to Beaver Dam Gap on the BRP and returning on the Spencer Branch and Fletcher Creek Trails, with a stop to look at the Hendersonville reservoir and dam. This hike is #73 of the 100 Favorite Trails.

Topo(s): Dunsmore Mtn.

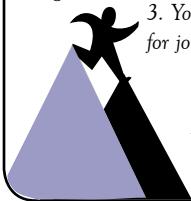
Nov. 20

8:00 AM

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail. or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application



Saturday No. A2204-941 **Nov. 26**
Standing Indian Loop **8:00 AM**
Hike 9.6, Drive 160, 1400 ft. ascent, Rated A-B
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com
First Meeting Place: Home Depot off Exit 44
of I-40. Form carpools and meet leader at second
meeting place.

Second Meeting Place: Waynesville Publix
parking lot east end off Exit 102 of US 23/74 at
8:30 AM.

Contact leader for reservations. This hike will
begin at the Backcountry Information Center of
Standing Indian Campground. We will hike
alongside the scenic Nantahala River, then turn
uphill along and occasionally crossing Park
Creek to Penland Gap. We'll return on the ridge-
line on Park Ridge Trail. There are several minor
creek crossings on the Park Creek section, one
of which may require a shallow step in water if
there has been heavy rain. Topo(s): Rainbow
Springs

Sunday No. A2204-330 **Nov. 27**
Raven Cliff Falls **8:30 AM**
Hike 8, Drive 95, 1600 ft. ascent, Rated B-A,
WC100

Les Love, 828-230-1861,
leslove55@gmail.com and Catherine Love,
828-658-1489, catmllove2@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 9:00 AM.

Contact leader for reservations. We'll do a pleas-
ant walk to the pedestrian bridge over the top of a
beautiful 250-ft. waterfall in Caesar's Head State
Park in S.C. The hike will follow the Raven Cliff
Falls Trail and a portion of the Foothills Trail to
the bridge and return on the same trails. \$3 per
person entry fee.
Topo(s): Table Rock

Sunday No. A2204-106 **Dec. 4**
Ferrin Knob via
Spencer Branch and Bad Fork **8:30 AM**
Hike 9, Drive 42, 1550 ft. ascent, Rated B-A,
AT-MST, P400

Kathy Cornn/Kyle, 828-458-1282,
katherinenkyle@gmail.com and Michael Cornn,
828-458-1281, mwcornn@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280
SE corner of the parking lot near the No. Mills
River Rd. entrance at 8:45 AM - but contact
leader first.

This moderate jaunt in the North Mills River area
is a loop hike that starts at the Trace Ridge trail-
head and climbs via Spencer Branch Trail past
the Hendersonville Reservoir to our lunch spot
atop 4064-ft. Ferrin Knob, the former site of a
fire tower. We will return via the Bad Fork Trail.

Topo(s): Dunsmore Mtn.

Sunday No. A2204-420 **Dec. 11**
Allen Gap to Tanyard Gap **8:15 AM**
Hike 8.8, Drive 60, 2100 ft. ascent, Rated B-AA,
AT-MST, LTC

Tish Desjardins, 828-380-1452,
desraylet@aol.com
First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Form carpools
and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 &
NC 208 at 9:00 AM.

This is one of the prettiest sections of the A.T. in
our area. We will take a side trip to the newly-
renovated Rich Mountain fire tower and visit the
Spring Mountain shelter. Please bring enough
cars so that all hikers can be safely belted in
for the car shuttle. This hike is #42 of the 100
Favorite Trails.

Topo(s): Hot Springs

Saturday No. A2204-691 **Dec. 17**
Upper Whitewater Falls -
Round Mtn. Gap **9:00 AM**
Hike 8, Drive 120, 1000 ft. ascent, Rated B-C,
WC100

Marcia Bromberg, 828-505-0471,
cell 860-798-9905, mwbromberg@yahoo.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 9:30 AM.

Limit of 15 hikers. Contact leader for reserva-
tions. We will follow the Foothills Trail west
from the NC 281 parking lot to Round Mountain
Gap, then follow the Round Mountain Trail back
to the Whitewater Falls overlook. From here we
will drop steeply on the Foothills Trail east, cross
the Whitewater River bridge, and later turn right
and uphill on a short spur trail to the Bad Creek
parking area. Short car shuttle.
Topo(s): Reid

Sunday No. A2204-845 **Dec. 18**
Trombatore - Bearwallow Trails **9:00 AM**
Hike 7.5, Drive 30, 1900 ft. ascent, Rated B-A
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com

First Meeting Place: Ingles on US 74-A 1-1/2
miles south of I-40 Exit 53.

Second Meeting Place: Bearwallow Gap trail-
head at 9:30 AM - but contact leader first.

Limit of 12 hikers. Contact leader for reserva-
tions. Due to limited parking at the trailhead, sec-
ond meeting place should only be used for hikers
coming from Hendersonville or areas south.
The trailheads are marked with a prominent
signboard and are located across the road from
each other at the Bearwallow Mountain trailhead.
From Bearwallow Gap, we will first hike the
Trombatore Trail to a beautiful meadow with
long-distance views, then return past the Gap and

up to Bearwallow Mountain with its great views.
We will return on the same trail.

Topo(s): Bat Cave

Sunday No. A2204-778 **Dec. 25**
Bracken Mountain -
Brushy Creek Trails **9:00 AM**

Hike 8, Drive 60, 1400 ft. ascent, Rated B-B
Karen Lachow, 703-395-5879,
heyk127@hotmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 9:30 AM.

Limit of 15 hikers. Contact leader for reserva-
tions. Come and try out the new hiking gear
you got for the holidays! This moderate hike
will include the Bracken Mtn. and Brushy Creek
Trails shared by mountain bikers. It begins with a
steep uphill but then mostly nice, gradual ups and
downs thanks to many switchbacks. It is a lovely
trail with waterfalls, bridges and many "points
of interest" noted by signs along the way. It is a
great winter hike with good views. This hike is
#60 of the 100 Favorite Trails.

Topo(s): Rosman, Shining Rock

Saturday No. A2204-267 **Dec. 31**
Horsepasture River **8:30 AM**
Hike 5, Drive 92, 1000 ft. ascent, Rated C-C,
WC100

Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart
parking (back of center aisles close to Taco Bell)
at 9:00 AM - but contact leader first.

Contact leaders for reservations. Come to see
the Gorges State Park area in the winter. We will
hike upstream alongside the Horsepasture River
to see the waterfalls - Rainbow, Turtleback,
Drift and Stairway. This hike is #13 of the 100
Favorite Trails.

Topo(s): Reid

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Lee Silver, 828-668-7147, mhsrunning@yahoo.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H2204-349 **Oct. 2**
Buck Spring Trail

from Pisgah Inn to US 276 10:30 AM
Hike 6, Drive 50, 800 ft. ascent, Rated C-C, **AT-MST, P400**
Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Inn parking lot near convenience store at 11:00 AM.

Limit of 10 hikers. Contact hike leader via email for reservations. Must be fully vaxed. We will hike 1200 ft. downhill from Pisgah Inn, noticing fall wildflowers and mushrooms while rock hopping numerous scenic rivulets and enjoying early autumn colors. The gradual ascent comes toward the end of the hike. Car shuttle.

Topo(s): Cruso, Shining Rock

Sunday No. H2204-193 **Oct. 9**
Rough Butt Overlook

to field below Mt. Hardy 10:00 AM
Hike 4, Drive 70, 400 ft. ascent, Rated C-C, *Wilderness hike, limited to ten hikers, contact leader for reservation. P400, SB6K*

Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwbromberg@yahoo.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: BRP Rough Butt Bald Overlook at MM 425 at 11:00 AM.

Contact hike leader via email for reservations. A lovely ramble in the high country (over 5000 ft.). We'll hike the MST to the base of Mt. Hardy, then head up the Green Mountain Trail to a hillside with amazing views and return to the MST on an alternate trail.

Topo(s): Sam Knob

Sunday No. H2204-453 **Oct. 16**
Max Patch Loop 10:00 AM

Hike 6, Drive 100, 800 ft. ascent, Rated C-C, **AT-MST**

Jack Dalton, 828-622-3704, cell: 404-376-5785, jekdalton9@gmail.com and Gail Lamb, 828-338-0443, cell: 828-275-4500, glamb46@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools

with Gail and meet Jack at second meeting place.

Second Meeting Place: Old Spring Creek School building on NC 209 in Spring Creek at 10:45 AM.

Limit of 10 hikers. Contact hike leader via email for reservations. Longer hike will be led by Jack Dalton, with Gail Lamb leading a 4-mile, slower group. Hikers must be vaccinated, as carpools will be encouraged. We'll pass through woods to Buckeye Ridge and follow the ridge, enjoying views of Max Patch, then loop around to intersect with the A.T. Our route back will be either via Max Patch summit or Buckeye Ridge Trail. Topo(s): Lemon Gap

Sunday No. H2204-075 **Oct. 23**
Craggy Gardens

to Hawkbill (High Rocks) 10:00 AM
Hike 4, Drive 30, 1192 ft. ascent, Rated C-B
Ron Navik, 585-662-8047, ron.navik@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. Limit of 15 hikers. Contact hike leader by e-mail for reservations. This in-and-out hike includes a couple of steady, sometimes steep, climbs to High Rocks (Hawkbill Mtn.). We will enjoy the view and a snack before heading back.

Topo(s): Craggy Pinnacle

Sunday No. H2204-951 **Oct. 30**
Deep Creek Waterfalls Loop 11:00 AM

Hike 5.5, Drive 124, 915 ft. ascent, Rated C-C, **900M**
Karen Lachow, 703-395-5879, heyk127@hotmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Limit of 15 hikers. Contact hike leader via email for reservations. This lovely hike is a loop beginning from Deep Creek Campground entrance of GSMNP. We will hike along the water and visit 3 waterfalls, following the Deep Creek Trail, Juney Whank Falls Loop Trail, Loop Trail and Indian Creek Trail. Trails are very well-maintained by the NPS, with impressive bridges over all the creek crossings. Deep Creek is located near Bryson City, over an hour's drive each way. Expect a late afternoon return to Asheville. This hike meets the requirements of hike #18 of the 100 Favorite Trails.

Sunday No. H2204-022 **Nov. 6**
Beaver Dam Gap to Chestnut

Cove Overlook on MST 11:00 AM
Hike 5.1, Drive 20, 750 ft. ascent, Rated C-C, **AT-MST, P400**

Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Limit of 12 hikers. Contact hike leader via email for reservations. After a steep climb to the top of Ferrin Knob for lunch, we hike with gentle ups

and downs through colorful hardwood forests and rhododendron tunnels, passing interesting rock formations. There is a ridge-top view of Asheville and Biltmore house. Car shuttle. Must be fully vaxed.

Topo(s): Dunsmore Mt

Sunday No. H2204-062 **Nov. 13**
Daniel Ridge Loop Trail 12:30 PM

Hike 4, Drive 70, 800 ft. ascent, Rated C-C, **P400, WC100**

Lee Belknap, 828-698-9394, cell: 828-674-3631, rivergypsy@sprintmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 1:00 PM.

Contact hike leader via email for reservations. This is a shorter version of hike #62. This moderate (not easy) loop hike has lots of "C": Creeks, Chasms, and a Cool Cascade finale.

Topo(s): Shining Rock

Sunday No. H2204-732 **Nov. 20**
Eastatoc Creek Heritage

Preserve - Twin Falls 9:30 AM
Hike 5.6, Drive 88, 980 ft. ascent, Rated C-C, **WC100**

Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:00 AM.

Contact hike leader via email for reservations. This rarely led out-and-back hike will visit a beautiful, hidden gorge with a waterfall in Eastatoc Creek Heritage Preserve, a spur off the Foothills Trail in SC.

Topo(s): Eastatoc Gap

Sunday No. H2204-812 **Nov. 27**
Two Walls of Looking Glass Rock 10:30 AM

Hike 2.7, Drive 70, 930 ft. ascent, Rated C-C, **P400**

Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Ranger Station off US 276 at 11:15 AM.

Limit of 15 hikers. Contact hike leader via email for reservations. View Looking Glass Rock from a new perspective. This hike covers two in-and-out trails off FS 475B to the rock face. It is a shortened version of hike #812. Note that there is a fair amount of elevation gain over a short distance. We will pause on the drive back to view Slick Rock Falls. We may encounter a

bonus – rock climbers.
Topo(s): Pisgah Forest

Sunday No.H2204-168 Dec. 4
Pink Beds Loop 10:30 AM
Hike 5, Drive 80, 200 ft. ascent, Rated C-C,
P400
Dick Zimmerer, 828-785-9593,
ddl1zz@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 11:00 AM.

Limit of 12 hikers. Contact hike leader via email for reservations, stating your preferred meeting place. This regional favorite includes numerous boardwalks over and around beaver habitat

through a beautiful forest. This is an easy and popular hike with negligible elevation change. This hike is #67 of the 100 Favorite Trails.

Topo(s): Shining Rock

Sunday No. H2204-910 **Dec. 11**
Rocky Fork - Flint Creek **10:00 AM**

Hike 5.5, Drive 70, 1000 ft. ascent, Rated C-C
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwibromberg@yahoo.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Limit of 15 hikers. Contact hike leader via email for reservations. We hike it in the spring, we hike it in the summer, we hike it in the fall--so why not the winter? This in-and-out creekside hike is in the Lamar Alexander Rocky Fork State Park in TN. From the park entrance, we will hike up Rocky

Fork Rd., then follow the Flint Creek Trail up to the junction with the A.T. access route and return. All of the water crossings on this route along Flint Creek Trail have now been bridged. This modification of hike #910 will not include the final steep climb to the A.T.

Sunday No. H2204-685 **Dec. 18**
North Slope Trail Extended **10:00 AM**
Hike 5, Drive 47, 700 ft. ascent, Rated C-C,
P400

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM.

Contact the leader for reservations. This is a slightly modified version of Hike #685. We will go along the Exercise Trail from the Art Loeb Trailhead parking, walk along the Davidson River with a stop at the historic English Chapel, and then take the North Slope Loop Trail up and around. We will return to our cars through the campground.

Topo(s): Pisgah Forest

NEXT CMC COUNCIL MEETING

When: Oct. 11, 2022
Where: Please check Breaking News in August
Time: 6:00 - 9:00 PM
Info: Call Tom at 828-785-3646 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike.

Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes. Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Tom Weaver, 828-785-3646, president@carolinamountainclub.org
Vice-President: Les Love, 828-658-1489, cmcvp@carolinamountainclub.org
Secretary: Karen Lachow, 703-395-5879, secretary@carolinamountainclub.org
Treasurer: George Bauernfeind, 502-724-5714, treasurer@carolinamountainclub.org

Immediate Past President:

Debby Jones, 404-731-3119, pastpresident@carolinamountainclub.org

Councilor for Communications:

Stuart English, 828-384-4870, communications@carolinamountainclub.org

Councilor for Conservation:

Mike Fisher, 781-883-6938, conservation@carolinamountainclub.org

Councilor for Education and Community Outreach:

Jeff Wilcox, 828-232-5184, jwilcox@unca.edu

Councilor for Hiking:

Brenda Worley, 828-684-8656, hiking@carolinamountainclub.org

Councilor for Membership:

Jan Onan, 828-606-5188, membership@carolinamountainclub.org

Councilor for Trail Maintenance:

Todd Eveland, 847-341-1536, TrailsMtc@carolinamountainclub.org

Councilor for Technology:

Jim Magura, 828-606-3989, hikingtech@gmail.com

Councilor at Large:

Sarah Broughton, 828-564-3662, CounciloratLarge_2@carolinamountainclub.org

Councilor at Large:

Bill Sanderson, 828-712-4613, recurvearcher57@charter.net



Carolina Mountain Club

P. O. Box 68

Asheville, NC 28802

www.carolinamountainclub.org

Reservation for Annual Meeting and Dinner

Friday, October 28, 2022
Hilton Asheville Biltmore Park
43 Town Square Blvd.
Asheville, NC 28803
5:30 Social Hour
6:30 Dinner
7:30 Annual Meeting

OR You may also register and pay online by logging in and clicking on Annual Dinner on the Member Menu. Deadline for credit card 10-20-2022.

Names of attendees for dinner
@ \$35 per person

Names of attendees for
Annual Meeting only
(no charge)

Total for dinner attendees

\$_____

Membership renewal if done now

\$_____

Additional donation, if desired

\$_____

Amount enclosed

\$_____

Make check payable to Carolina Mountain Club and send to

P.O. Box 68, Asheville, NC 28802

Mail by 10-15-2022 to ensure processing time.

Want to renew now as well?
See application on the next page.

Membership Application

Hike, Save Trails, Make Friends!



Yes! I want to:

- Join CMC
- Renew my CMC membership

Member Information

First, Last Name

Address

Apt/Suite/Bldg

City, State, Zip Code

Country

(____) _____
Home Phone

(____) _____
Cell Phone

Email

If Family Membership, additional Family Member(s)

First, Last Name

Home Phone

(____) _____
Cell Phone

Email

First, Last Name

Home Phone

(____) _____
Cell Phone

Email

In the coming year, how do you hope to participate in CMC? Check all that apply.

- Hiking
- Trail Maintenance
- Hike Leading
- Conservation Activities
- Other _____

Privacy and Other Options in Member Search

- | Yes | No |
|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> Display street address? |
| <input type="checkbox"/> | <input type="checkbox"/> Display home number? |
| <input type="checkbox"/> | <input type="checkbox"/> Display cell phone number? |
| <input type="checkbox"/> | <input type="checkbox"/> Display email? |

For new members, how did you first hear of us?

- Friend
- Internet/website
- Facebook
- Let's Go!* newsletter
- Meetup
- Asheville Citizen-Times
- Other news media
- Other _____

Membership type:

- Individual, \$20 per year
- Family, \$30 per year
- Lifetime, Individual, \$500
- Lifetime, Family, \$750

Additional Donation, if desired
(CMC is a 501(c)3 Corporation)

- Silver, \$50
- Gold, \$75
- Other, \$ _____

Amount Enclosed \$ _____
Today's Date: _____

Please return this form and your check to:
Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802