

LET'S GO!



SECOND QUARTER 2018 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Waynesville West Crew *

Larry Sobil, lsobil@bellsouth.net

Thursday Crew *

Hugh Hensleigh, hhensleigh@gmail.com

Sam Clarke, edistoxc@yahoo.com

Asheville Friday crew *

Skip Sheldon, shelhalla@bellsouth.net

Pisgah Friday Crew *

Ed Paukovits, epauko610@gmail.com

Wilderness Crew *

Mike Goodman, msg_53@hotmail.com

Quarterly Saturday Crew *

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

MST Maintainers

Heintooga Road to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Mt. Pisgah Parking Lot

Pete Petersen, roap@aol.com

Mt. Pisgah Parking Lot to Folk Art Center

Les Love, lesrlove55@gmail.com

Folk Art Center to Black Mtn. Campground

John Whitehouse, johnwhitehouse@ccvn.com

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. C the hike leader.

Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

A.T.-MST For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Chris Koebelin, chriskoebelin@yahoo.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking

experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from Asheville.

Sunday No. Y1802-872

May 6, 2018

Cradle of Forestry

10:00 AM

Hike 2.5, Drive 26, 200 ft. ascent, Rated C-C
Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

Only Meeting Place: Pisgah Forest Bi-Lo.

We will tour the forestry exhibits in the Forest Discovery Center. Then we'll hike the one-mile Biltmore Campus Trail through the rustic campus of the first American forestry school and the 1.3-mile Forest Festival Trail. We'll cover many topics, including forestry issues and past transportation methods. Join us for a fun, leisurely, educational hike. \$5 per adult entry fee; free for ages 16 and under. Free for Seniors with the Golden Age Pass and their guests. Contact Leader if attending. | Topo(s): Shining Rock; also NatGeo. map #780

Saturday No. Y1802-453

June 2, 2018

Max Patch Loop

9:00 AM

Hike 3.2, Drive 90, 800 ft. ascent, Rated C-C,

AT-MST

Jan Onan, 828-698-3237, cell: 828-606-5188, janonan59@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40.

CMC trail crews will demonstrate rebuilding part of the A.T. on Max Patch for National Trails Day. Learn a bit about the A.T. as you hike through one of its most beautiful places. Hike through open meadows and shaded forest, and enjoy the 360-degree of the mountains from the summit of Max Patch. NOTE: Please contact leader to inform her about the number of youth in your group. Wear sturdy shoes and bring plenty of water, snacks and a bag lunch. | Topo(s): Lemon Gap

WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

HIKE SCHEDULE Second Quarter 2018

Hike Ratings

First Letter
Distance

Second Letter
Elevation Gain

AA: Over 12 miles

AA: Over 2,000 ft.

A: 9.1-12 miles

A: 1,501-2,000 ft.

B: 6.1-9 miles

B: 1,001-1,500 ft.

C: Up to 6 miles

C: 1,000 ft. or less

SATURDAY WORKDAY

Quarterly Saturday Trail Maintenance Workdays in 2018 will be June 2 (National Trails Day), August 18 and October 13. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

Wednesday No. W1802-89 **April 4, 2018**
Lemon Gap to Max Patch **8:00 AM**
Hike 11, Drive 100, 1800 ft. ascent, Rated A-A,
AT-MST
Debby Jones, 404-731-3119,
Djones715@aol.com
First Meeting Place: Home Depot off Exit 44
of I-40.
Second Meeting Place: Pilot Truck Stop off Exit
24 of I-40 at 8:30 AM - but contact leader first.
We'll see the A.T. shelter built by the CMC along
a beautiful section of the A.T. We will begin at
Lemon Gap, have lunch on top of Max Patch with
its beautiful views and return to our cars at Lemon
Gap. | Topo(s): Hot Springs

Wednesday No. W1802-355 **April 11, 2018**
Devil Fork Gap to Carmen **8:30 AM**
Hike 10.3, Drive 95, 2400 ft. ascent, Rated A-AA,
AT-MST
Tish Desjardins, 828-380-1452,
desraylet@aol.com
First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. Form carpools and
meet leader at second meeting place.
Second Meeting Place: US 25/NC 208 intersec-
tion at 9:15 AM.
Hike along nine of the most scenic miles on the
A.T., featuring two shelters, a historic grave site
and beautiful views from atop Big Butt. After the
Jerry's Cabin shelter, we'll go down the Fork
Ridge Trail to the parking lot in the Carmen area.
Car shuttle. Bring enough cars for both trail heads
so that hikers can be belted in safely. | Topo(s):
Greystone; also ATC TN-NC map #3

Wednesday No. W1802-590 **April 18, 2018**
Linville Gorge,
Conley Cove to Babel Tower **8:00 AM**
Hike 6, Drive 150, 2200 ft. ascent, Rated C-AA
Jeff Wilcox, 828-505-2815, cell: 828-989-8755,
jwilcox@unca.edu
First Meeting Place: River Ridge Shopping
Center. Meet leader behind CVS Pharmacy.
Second Meeting Place: Ingles off Exit 64 of
I-40 (Black Mountain) at 8:15 AM - but contact
leader first.
*Wilderness hike, limited to ten hikers, contact
leader for reservation.* Strenuous hike! We'll first
descend 1100 ft. in less than a mile from Conley
Cove trailhead, then hike upstream along the
Linville Gorge in the depths of the gorge along
one of the great rivers of WNC. We'll then hike
out of the gorge via the Babel Tower Trail after a
stop at Babel Tower. Short car shuttle. | Topo(s):
Linville Falls

Wednesday No. W1802-854 **April 25, 2018**
Celo Knob and Gibbs Mountain
via Crest Trail **8:00 AM**
Hike 10.5, Drive 80, 3100 ft. ascent, Rated
A-AA+, SB6K
Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,

828-606-3989, jqs290@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26.
Second Meeting Place: McDonald's in Burnsville
at 8:30 AM - but contact leader first.
Starting from the north end of the Crest Trail, the
first mile along Bowlens Creek will be adorned
with spring wildflowers. As we ascend, there are
distant views and eventually fir and spruce. The
reward for the climb is a chance to bag two peaks
over 6000 ft. by a bushwhack up and down Gibbs
Mountain and an in-and-out manway to the sum-
mit of Celo Knob. Then it is all downhill from
there. | Topo(s): Celo, Mt. Mitchell, Burnsville

Wednesday No. W1802-445 **May 2, 2018**
Pilot Mountain, Farlow Gap
and Daniel Creek Trails **8:00 AM**
Hike 11, Drive 70, 2550 ft. ascent, Rated A-AA,
P400, WC100
Steve Pierce, 828-724-4999, cell: 828-442-8482,
stevepierce50@gmail.com
First Meeting Place: Ingles on NC 191 across
from Asheville Outlets.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.
There is a good chance we will enjoy rare pink-
shell azaleas on Pilot Mtn. This diversified hike
features good views from Pilot Mtn. (after the
steep climb!) and the beautiful Farlow Gap and
Daniel Creek Trails. Short car shuttle. | Topo(s):
Shining Rock

Wednesday No. W1802-899 **May 9, 2018**
Pantherdown Waterfalls Outer Loop **8:00 AM**
Hike 9.6, Drive 111, 1725 ft. ascent, Rated A-A,
WC100
Chuck Mills, 828-595-2355, cell: 240-385-4879,
chckmills@icloud.com
First Meeting Place: Ingles on NC 191 across
from Asheville Outlets.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM. Form carpools and meet the leader at
the second meeting place.
This hike begins at Cold Mountain Gap and
takes several different trails to view five water-
falls, which include Schoolhouse, Granny Burrell,
Frolictown, and Wilderness. We will hike up
to Saltrock Overlook and Blackrock Mountain
and then take the Powerline Road Trail to the
manway to Warden's Falls. We will return to our
cars at Cold Mountain Gap via the Devil's Elbow
Trail and finally the Pantherdown Valley Trail. |
Topo(s): Big Ridge

Wednesday No. W1802-888 **May 16, 2018**
Asheville Camino Walk **8:00 AM**
Hike 16, 500 ft. ascent, Rated AA-C
Danny Bernstein, 828-450-0747,
danny@hiketohiker.com
Only Meeting Place: Asheville Visitor Center.
Hike through several Asheville neighborhoods
and greenways, on bridges and past waterways.
See how various parts of Asheville are connected.

You're welcome to leave at any time, but you'll
be surprised at how comfortable this walk will
be. This hike simulates a day on the Camino de
Santiago in northern Spain. Bring water and food.
We'll stop for morning coffee (no time for a full
breakfast), lunch and afternoon snacks, but feel
free to bring all your own food. Joint hike with
the Asheville Chapter of the American Pilgrims
on the Camino. For more information about the
route, see www.ashevillecamino.org/about.html. |
Topo(s): Asheville

Wednesday No. W1802-740 **May 23, 2018**
Waterfall Ramble **8:00 AM**
Hike 5.5, Drive 85, 300 ft. ascent, Rated C-C,
P400, WC100
Jack Fitzgerald, 828-685-2897,
suejackfitz@bellsouth.net
First Meeting Place: Toys-R-Us on NC 191
across from Asheville Outlets. Form carpools and
meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.
A chance to visit 10 of the 100 waterfalls on the
CMC Waterfall Challenge: Looking Glass, Moore
Cove, Skinny Dip, Dill & Upper Dill, Courthouse,
Cody, Bird Rock, Catheys Creek, Eastatoe, NC.
All in-and-out hikes. | Topo(s): Shining Rock,
Rosman, Sam Knob

Wednesday No. W1802-367 **May 30, 2018**
FS 816 to Bridges Camp Gap
via Grassy Cove **8:30 AM**
Hike 8.3, Drive 65, 1400 ft. ascent, Rated B-B,
P400, SB6K
Laura Frisbie, 828-337-5845,
laurafrisbie@gmail.com
First Meeting Place: Ingles on NC 191 across
from Asheville Outlets.
Second Meeting Place: Cold Mountain Overlook
at MM 412 of BRP at 9:15 AM.
Leader prefers e-mail contact for reservation.
*Wilderness hike, limited to ten hikers, contact
leader for reservation.*
A favorite hike of many that includes a gorgeous
variety of environments. Follow the Art Loeb
Trail to Black Balsam and Tennent Mountain,
then descend to Investor Gap, turn right and hike
down Grassy Cove Ridge to the Big East Fork of
the Pigeon River, then right onto Bridges Camp
Trail to MST and Bridges Camp Gap. Note that
there is a 3000 ft. descent. Car shuttle. | Topo(s):
Shining Rock

Wednesday No. W1802-868 **June 6, 2018**
Soco Gap to Woodfin Cascades **8:00 AM**
Hike 9.8, Drive 65, 2264 ft. ascent, Rated A-AA,
AT-MST, SB6K
Brenda Worley, 828-684-8656,
cell: 828-606-7297, bjdworley@gmail.com
Only Meeting Place: Home Depot off Exit 44
of I-40.
Starting at the Soco Gap Overlook on the BRP,
hike the MST all the way to the Woodfin Cascades

Overlook on the BRP. About in the middle, hike up to the top of Waterrock Knob for great views. Then back down to the visitor center, a short ways off the MST itself, then to Woodfin Cascades. This hike features a new (2015) long segment of the MST, built by many CMC volunteers over many years. The trail goes through varied forest types and terrain types. Most of it is evenly graded with difficult-to-build stonework where needed. Car shuttle. | **Topo(s):** Hazelwood, Sylva North

Wednesday No. W1802-72 **June 13, 2018**
Graybeard via Pot Cove Gap 8:00 AM
Hike 9.5, Drive 32, 2200 ft. ascent, Rated A-AA
Robert Levy, 828-670-1611, cell: 240-604-5000,
rlevy@cato.org

First Meeting Place: River Ridge Shopping Center, behind CVS Pharmacy.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.

From the top of Graybeard Trail (road), we'll hike up to Pot Cove Gap. Then we'll take the Old Mt. Mitchell Toll Rd. to Old Trestle Trail to Graybeard Trail to the top of the mountain. On the way back, we'll see Walker Knob Shelter and an idyllic waterfall. | **Topo(s):** Montreat

Wednesday No. W1802-566 **June 20, 2018**
Roans in Bloom 8:30 AM
Hike 6.6, Drive 130, 1500 ft. ascent, Rated B-B,
SB6K

Bruce Bente, 828-692-0116, cell: 828-696-6296,
bbente@bellsouth.net

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: McDonald's in Burnsville at 9:00 AM.

A beautiful A.T. hike with some of WNC's finest views. Expect to see flame azaleas, rhododendrons and possibly Gray's Lilies in bloom. From Carvers Gap we'll go north past Grassy Ridge Bald (6160 ft.) to a scenic overlook for lunch, then return to Carvers Gap by the same route. From here, we'll drive up to the gardens area (small fee to enter) and walk 1/2 mile to see the vista from Roan High Bluff (6287 ft.). | **Topo(s):** Carvers Gap, Bakersville

Wednesday No. W1802-404 **June 27, 2018**
Lemon Gap

to Garenflo Gap (key swap) 8:00 AM
Hike 7.4, Drive 115, 1720 ft. NB, 2900 ft. SB ascent, Rated B-A NB, B-AA SB, **AT-MST**

Randy Fluharty, 828-253-1626,
cell: 828-423-9030, rfluharty54@gmail.com and
Steve Pierce, 828-724-4999, cell: 828-442-8482,
steperpierce50@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. We will swap cars at 160 Zillicoa Street.

Northbound beginning at Lemon Gap will ascend about 1720 ft. Southbound beginning at Garenflo Gap will ascend about 2900 ft.. From Lemon Gap we will climb about 700 ft. up to the Walnut

Mtn. Shelter. The trail descends 600 ft. to Kale Gap through open forests and begins to ascend through Catpen Gap on up to the summit of Bluff Mtn. (4686 ft.) on well graded trail. There should be some worthwhile views at the top and on both sides of Bluff Mtn. The descent down Bluff Mtn. is buffered by switchbacks and tapers out to a fairly easy hike halfway down. It is all downhill from Bluff Mtn. to Garenflo Gap about three miles. | **Topo(s):** Lemon Gap

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A1802-898 **April 1, 2018**
Haywood Gap - FS 816 8:00 AM

Hike 10.8, Drive 80, 1900 ft. ascent, Rated A-A,
SB6K, P400

Michael Cornn, 828-458-1281, mcornn@aol.com
and Kathy Cornn, 828-458-1282,
katherinenkyle@gmail.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leaders at second meeting place.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 8:30 AM.

Wilderness hike, limited to ten hikers, contact leader for reservation. Follow MST north (east) from Haywood Gap to FS 816. About midway, make stop to allow SB6K peakbaggers to summit Chestnut Bald. Car shuttle. | **Topo(s):** Sam Knob; also NatGeo. map #780 and MST Profiles, pp. 30-35

Sunday No. A1802-897 **April 8, 2018**
Hyatt Ridge 8:00 AM

Hike 6.6, Drive 100, 1550 ft. ascent, Rated B-A,
900M

Mike Knies, 828-628-6712, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley post office at 8:30 AM - but contact leader first.

This new CMC hike is a short but interesting jaunt on the Hyatt Ridge Trail and then down the Lower Hyatt Ridge manway and an old logging railroad grade to Straight Creek Rd. Expect some moderate scrambling on the manway and old railroad grade. Car shuttle. | **Topo(s):** Bunches Bald; also NatGeo. map #317

Saturday No. A1802-173 **April 14, 2018**
Courthouse Falls via Summey Cove 10:00 AM

Hike 5.4, Drive 110, 1150 ft. ascent, Rated C-B,
P400, WC100

Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at 10:30 AM.

This joint hike with Riverlink goes to the source of the North Fork of the French Broad River. After the hike there may be an opportunity to stop for a beer at one of the breweries along the drive. Hike starts at the Summey Cove trailhead on NC 215 above Balsam Grove and follows this trail 2.2 miles to its end at FS 140, with a side trip down and back to Courthouse Falls. We may also extend the hike a little upriver from the falls. We'll head downhill on FS 140 for 3.1 miles to its termination at NC 215. Short car shuttle. | **Topo(s):** Sam Knob, Lake Toxaway; also NatGeo. map #780

Sunday No. A1802-888 **April 15, 2018**
Asheville Camino Walk 8:00 AM

Hike 16, 500 ft. ascent, Rated AA-C
Danny Bernstein, 828-450-0747,
danny@hikertohiker.com

Only Meeting Place: Asheville Visitor Center. Hike through several Asheville neighborhoods and greenways, on bridges and past waterways. See how various parts of Asheville are connected. You're welcome to leave at any time, but you'll be surprised at how comfortable this walk will be. This hike simulates a day on the Camino de Santiago in northern Spain. Bring water and food. We'll stop for morning coffee (no time for a full breakfast), lunch and afternoon snacks, but feel free to bring all your own food. Joint hike with the Asheville Chapter of the American Pilgrims on the Camino. For more information about the route, see www.ashevillecamino.org/about.html. | **Topo(s):** Asheville

Sunday No. A1802-142 **April 22, 2018**
Jerry Miller Trail to A.T. 8:30 AM

to Fork Ridge Trail
Hike 10.5, Drive 92, 3300 ft. ascent,
Rated A-AA+, **AT-MST**
Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.

We'll hike up the Jerry Miller Trail to Bearwallow Gap, then right on the A.T. to Big Firescald Knob for lunch and exceptional views. Afterwards, we'll turn right onto the Fork Ridge Trail down to FS 111 and a short walk to the cars. | **Topo(s):** Greystone; also NatGeo. map #782

Friday No. A1802-775 **April 27-29, 2018**
Mountain Treasures Camporee #11

Kathleen Hannigan, 828-230-4883,
kathannigan@gmail.com

Register now for the spring Mountain Treasures Camporee. The camporee will be held Friday, April 27, to Sunday, April 29, at Kuykendall Campground located between Brevard and Rosman, NC. A variety of hikes will be offered

Saturday and Sunday. Dinner will be shared Saturday night for a minimal charge. Bring a side dish, dessert or appetizer. The cost for a campsite is \$10 per person for two nights. To reserve a space, send \$10 for each person in your group to Kathleen Hannigan at 307 River Ridge Drive, Asheville, NC 28803. Include your name and email address.

Sunday No. A1802-901 **May 6, 2018**
Gloucester Gap to FS 816 8:30 AM
Hike 7.3, Drive 80, 3250 ft. ascent, Rated B-AA,
AT-MST, P400

Lorraine Bernhardt, 828-676-0255,
cell: 828-699-8857, lsbernhardt50@gmail.com
and Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com
First Meeting Place: Toys-R-Us on NC 191
across from Asheville Outlets.

Second Meeting Place: Pisgah Forest Bi-Lo at
9:00 AM.

This is the second segment of CMC's sequential hike of the Art Loeb Trail. This segment will be done as a key-swap between Gloucester Gap and the intersection with FS 816. From Gloucester Gap, we will first ascend Pilot Mountain, on a date when pinkshell azaleas should be in bloom. Then on to Deep Gap and Farlow Gap, then up and over the BRP, joining the MST at Silvermine Bald and continuing to where the trail crosses FS 816. NOTE: Ascent above is for westbound direction. Eastbound direction has an 800-ft. ascent and is rated B-C. NOTE: *This hike will be limited to 18 hikers. Please contact Lorraine Bernhardt for a reservation before May 1, to enable planning for key swap.* | Topo(s): Shining Rock, Sam Knob; also Nat Geo. map #780 and old MST Trail Profiles, pp. 48-49 and 72-73

Saturday No. A1802-33 **May 12, 2018**
Ramsey Cascades 8:30 AM
Hike 8, Drive 165, 2300 ft. ascent, Rated B-AA,
900M, WC100

Barbara Morgan, 828-460-7066,
barbc129@gmail.com

First Meeting Place: Home Depot off Exit 44
of I-40.

Second Meeting Place: Pilot Truck Stop off Exit
24 of I-40 at 9:00 AM - but contact leader first.

This popular hike goes through diverse forests rich in wildflowers. We'll see huge old-growth tulip trees at the mid-point of the trail. Sixty-foot-high Ramsey Cascades is one of the most beautiful waterfalls in the Smokies. | Topo(s): Mt. Guyot; also NatGeo. map #317

Sunday No. A1802-488 **May 13, 2018**
Gabes Mountain Trail 8:00 AM
Hike 8.3, Drive 140, 1800 ft. ascent, Rated B-A, ,
900M, WC100

Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44
of I-40.

Second Meeting Place: Pilot Truck Stop off Exit

24 of I-40 at 8:30 AM.

This hike will follow a mostly gentle trail from Cosby Campground to Maddron Bald Trailhead through open old-growth forest. Added attractions are a short, steep side trip to the bottom of Hen Wallow Falls, lunch at a shady, stream-side campsite and a visit to the restored Baxter cabin. Four-mile car shuttle. NOTE: *Hikers must contact hike leader to register. Hike will not be done if fewer than five hikers register.* | Topo(s): Hartford, Lutfee Knob, Mt. Guyot, Jones Cove; also NatGeo. map #317

Sunday No. A1802-165 **May 20, 2018**
**Mount Leconte via Boulevard &
Alum Cave Trails 8:00 AM**

Hike 13, Drive 145, 2600 ft. ascent, Rated
AA-AA, **900M, SB6K**
Donna Lanning, 828-684-7083,

cell: 828-606-7956, dblanning@bellsouth.net
First Meeting Place: Home Depot off Exit 44
of I-40.

Second Meeting Place: Maggie Valley Post
Office at 8:30 AM - but contact leader first.

This classic and exciting hike features great views from the A.T., Boulevard Trail, our lunch spot at Cliff Tops on 6593 ft. Mt. LeConte, and the spectacular Alum Cave Trail. In addition, you can check out the LeConte Lodge cabins and see many interesting old photos in the common room of the lodge. Plan on a long day and an optional stop for supper on the way home. Car shuttle. | Topo(s): Clingmans Dome; also NatGeo. map #317

Sunday No. A1802-870 **May 27, 2018**
Sampson Mountain Wilderness 8:00 AM
Hike 11.2, Drive 130, 3100 ft. ascent,
Rated A-AA+

Les & Catherine Love, 828-658-1489, cell 828-
230-1861, lesrlove55@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26. *Wilderness hike, limited to ten hikers, contact leader for reservation.* We'll start from the Horse Creek Recreation Area in East Tennessee, hike through the Sampson Mountain Recreation Area on the Middle Springs Trail, and continue on the undesignated Middle Springs Ridge Trail to the heath bald and Ball Ground to Big Butt and the A.T. We'll follow the A.T. south across Cold Springs Mountain and then down the Sarvis Cove Trail. Note: Five rock-hop stream crossings - poles are recommended. Optional dinner at Farmer's Daughter after the hike. | Topo(s): Greystone; also NatGeo. map #782

Sunday No. A1802-223 **June 3, 2018**
Folk Art Center to Ox Creek Road 10:00 AM
Hike 7.5, Drive 13, 1800 ft. ascent, Rated B-A,
AT-MST

Bob Hysko, cell: 828-243-3630,
rhysko@yahoo.com

Only Meeting Place: back parking lot of Folk Art

Center. An easy, enjoyable hike on a choice part of the MST in the vicinity of Asheville. Diversified woods and periodic good views. Though generally uphill, this is not strenuous. Car shuttle. | Topo(s): Oteen; also MST Trail Profiles, pp. 52-57

Saturday No. A1802-36 **June 9, 2018**
**FS 816 to Bridges Camp Gap
via Grassy Cove 10:00 AM**

Hike 7.5, Drive 65, 1400 ft. ascent, Rated B-B,
P400, SB6K

Laura Frisbie, 828-337-5845,
laurafrisbie@gmail.com

First Meeting Place: Toys-R-Us on NC 191
across from Asheville Outlets.

Second Meeting Place: Cold Mountain Overlook
at MM 412 of BRP at 10:30 AM.

Wilderness hike, limited to ten hikers, contact leader for reservation. A favorite hike of many that includes a gorgeous variety of environments. Follow the Art Loeb Trail to Black Balsam and Tennent Mountain, then descend to Investor Gap, turn right and hike down Grassy Cove Ridge to the Big East Fork of the Pigeon River, then right onto Bridges Camp Trail to MST and Bridges Camp Gap. Note that there is a 3000-ft. descent. Car shuttle. | Topo(s): Shining Rock; also NatGeo. map #780

Sunday No. A1802-98 **June 10, 2018**
Reinhart Knob & Richland Balsam 8:00 AM
Hike 5.3, Drive 90, 1500 ft. ascent, Rated C-A,
SB6K

Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

First Meeting Place: Home Depot off Exit 44
of I-40.

Second Meeting Place: Rest area beyond
Waynesville on US 23/74 at 8:30 AM - but contact leader first.

Features two over-6000-ft. peaks. We'll go up Reinhart Knob the 'easier' way. A steep, brushy bushwhack decent will take us down to the MST which we'll follow to Judaculla Ridge. From there we'll bushwhack up to and across the BRP, and then a steep rocky chute to the trail to Richland Balsam. The hike is strenuous because of the bushwhacking. The bushwhacking portion will have uneven surfaces and hidden holes. Be sure to wear long pants, a long-sleeved shirt, gloves, eye protection (safety glasses or other), and sturdy boots. | Topo(s): Sams Knob, Tuckaseegee

Sunday No. A1802-566 **June 17, 2018**
Roans in Bloom 8:30 AM
Hike 6.6, Drive 130, 1500 ft. ascent, Rated B-B,
SB6K

Elaine Tennen, 828-239-9340,
cell: 805-660-0019, et10n@sbcglobal.net
and Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: 160 Zillicoa St. (USFS
parking lot) off Exit 25 of I-26.

Second Meeting Place: McDonald's in Burnsville at 9:00 AM.

A beautiful A.T. hike with some of WNC's finest views. Expect to see flame azaleas, rhododendrons and possibly Gray's Lilies in bloom. From Carvers Gap we'll go north past Grassy Ridge Bald (6160 ft.) to a scenic overlook for lunch, then return to Carvers Gap by the same route. From here, we'll drive up to the gardens area (small fee to enter) and walk 1/2 mile to see the vista from Roan High Bluff (6287 ft.). | Topo(s): Carvers Gap, Bakersville

Saturday No. A1802-667 **June 23, 2018**
Pink Beds to Pisgah Inn **8:30 AM**
Hike 8.2, Drive 85, 1700 ft. ascent, Rated B-A, **P400**

Donna Lanning, 828-684-7083,

cell: 828-606-7956, dblanking@bellsouth.net

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Second Meeting Place: Pisgah Inn parking lot near convenience store at 9:00 AM.

From one branch of the Pink Beds Loop, we will go over the Barnett Branch boardwalk, built by the CMC Friday Pisgah crew. We will proceed on the Barnett Branch Trail, cross Yellow Gap Road, and after a short, steep climb, pause at a waterfall. We'll connect with the Buck Spring/MST up to the Pisgah Inn. Car shuttle. | Topo(s): Shining Rock, Cruso; also NatGeo map #780

Sunday No. A1802-95 **June 24, 2018**
Hemphill Bald from Polls Gap **8:00 AM**
Hike 9.5, Drive 95, 1600 ft. ascent, Rated A-A, **900M**

Debby Jones, 404-731-3119, Djones715@aol.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

We will hike from Polls Gap to our scenic lunch spot at Hemphill Bald in the GSMNP, with outstanding views. The return route will be via the same trail. On the drive back, we'll stop at the Masonic Marker. | Topo(s): Dellwood, Bunches Bald; also NatGeo. map #317

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.

Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H1802-686 **April 1, 2018**
Shope Creek **12:30 PM**

Hike 5, Drive 25, 1200 ft. ascent, Rated C-B
Gail Lamb, 828-338-0443, cell: 828-275-4500, glamb46@gmail.com and Rebecca Banner, 828-713-4660, beccabanner@gmail.com

Only Meeting Place: Ingles on US 70 at Riceville Road (Oteen).

During this hike the fast group will be led by Rebecca, and Gail will lead the slower group. This is a short ride for a walk in the woods, partly along Shope Creek in the Riceville Road area. The hike will include unmarked trails, some of which are near the Parkway but do not connect. Possible wet stream crossing. | Topo(s): Craggy Pinnacle

Sunday No. H1802-347 **April 8, 2018**
Twin Falls **12:30 PM**
Hike 6, Drive 80, 1000 ft. ascent, Rated C-C, **P400, WC100**

Chris Allen, 828-707-6500, chrispallen@icloud.com

First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Ranger Station on US 276 at 1:00 PM.

This is a moderate hike in the Pisgah National Forest, starting on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls and completing a loop on a Forest Service Road and the Clawhammer Cove Trail with its large but abandoned beaver dam. Bring your camera! | Topo(s): Pisgah Forest; also NatGeo. map #780

Sunday No. H1802-731 **April 15, 2018**
Baxter Creek - Big Creek **10:30 AM**
Hike 5.3, Drive 98, 900 ft. ascent, Rated C-C, **900M**

Richard Zimmerer, 828-989-0480, dd1zz@yahoo.com

Only Meeting Place: Home Depot off Exit 44 of I-40. This variation of hike #731 will take us up Big Creek Trail to Mouse Creek Falls, 3.8 miles with a gentle slope. Lunch at Mouse Creek Falls at about 12:45 PM. We should see a lot of wildflowers. In order to see more varieties of wildflowers, we will add going up along Baxter Creek and back for a total of 1.5 miles. You can opt to do only the Big Creek part, if you wish. | Topo(s): Cove Creek Gap; also NatGeo. map #317

Sunday No. H1802-855 **April 22, 2018**
Bluff Mountain Loop (Betty Place) **12:00 PM**
Hike 6, Drive 85, 850 ft. ascent, Rated C-C
Jack Dalton, 828-622-3704, jekdalton9@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Medical Center, 66 NW US 25-70 (Hot Springs) at 12:45 PM.

This is a joint hike with the Hot Springs Mountain Club. The group will drive to the trailhead from the Hot Springs Medical Center parking lot. We will begin on the Betty Place Trail (FS #285A)

in the Upper Shut-In community to the new upper loop trail, passing old home sites at the base of Bluff Mountain. The grade is moderate, and the trail passes through mixed hardwood forest along old roads and streams. We hope to have an ecologist join us in this very rich area. | Topo(s): Hot Springs; also NatGeo. map #782

Sunday No. H1802-490 **April 29, 2018**
Bull Gap to

just past Lunch Rock on MST **11:30 AM**
Hike 5.4, Drive 14, 800 ft. ascent, Rated C-C, **AT-MST**

Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: back parking lot of Folk Art Center. This part of the MST is a lush wildflower habitat in spring. Our goal will be spotting several dozen varieties of bloomers if our timing is right. Short car shuttle. Slight variation of hike #490. | Topo(s): Oteen, Craggy Pinnacle

Sunday No. H1802-603 **May 6, 2018**
Big Ivy **12:30 PM**

Hike 5.5, Drive 55, 700 ft. ascent, Rated C-C
Bonnie Allen, 828-707-6115, bonnie@allencats.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Wells Fargo/Publix parking lot (opposite McDonald's) off Exit 19B off I-26 at 12:45 PM.

This loop in the Big Ivy Creek headwaters area of the Pisgah National Forest begins 4.4 miles up FS 74 at the Perkins Road Trail. We will hike up to the Laurel Gap Trail, turn right and walk to the Bear Pen Trail, which will take us back down to FS 74. We will walk just under a mile to return to our cars. Expect to see spring wildflowers along the way. | Topo(s): Mt Mitchell, Montreat

Sunday No. H1802-512 **May 13, 2018**
Pisgah Inn to Big Ridge Overlook **12:00 PM**
Hike 5.7, Drive 34, 800 ft. ascent, Rated C-C, **AT-MST, P400**

Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com

Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.

Hike on the MST from the Pisgah Inn, with a brief stop to view the Buck Spring Lodge site, continuing over Little Pisgah Mountain down to the Big Ridge Overlook on the BRP. 1500-ft. descent, occasionally very steep. Poles recommended. Car shuttle. | Topo(s): Cruso, Dunsmore Mtn.; also MST Trail Profiles book, pp. 42-43.

Sunday No. H1802-297 **May 20, 2018**
Sams Gap South **12:30 PM**

Hike 5, Drive 60, 1000 ft. ascent, Rated C-C, **AT-MST**

Linda Blue, 828-296-7537, cell: 828-273-6696, lgblue@bellsouth.net

Only Meeting Place: 160 Zillicoa St. (USFS park-

ing lot) off Exit 25 of I-26.
A moderate in-and-out hike from Sams Gap to the Hogback Ridge Shelter and return along the Appalachian Trail. Expect lots of spring wildflowers. | Topo(s): Sams Gap

Sunday No. H1802-511 **May 27, 2018**
Florence Nature Preserve **12:30 PM**

Hike 5, Drive 40, 1000 ft. ascent, Rated C-C
Karin Eckert, 516-721-6156,
karingarden@yahoo.com
Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53A.

This hike is a loop in the Florence Nature Preserve, a 600+ acre tract in Hickory Nut Gorge. We'll be hiking part of the hike as described in #511 to keep it to about 5 miles. We'll take the Yellow Diamond Trail, Blue Trail, White Trail and Red Trail to a nice overlook and return via the Blue and Yellow Trails. | Topo(s): Bat Cave; also Conserving Carolina Florence Nature Preserve Trail Map

Sunday No. H1802-70 **June 3, 2018**
Mount Mitchell Loop **12:30 PM**

Hike 4.2, Drive 60, 1500 ft. ascent, Rated C-B
Lee Belknap, 828-698-9394,
rivergypsy@sprintmail.com
Only Meeting Place: back parking lot of Folk Art Center.
Starting at Stepps Gap Ranger Station, we will use the Camp Alice and Mt. Mitchell Trails to create a scenic loop in this rugged high country. | Topo(s): Mt. Mitchell

Sunday No. H1802-4 **June 10, 2018**
Glassmine Falls Overlook to

Graybeard Overlook and return **12:00 PM**
Hike 5, Drive 55, 1100 ft. ascent, Rated C-B,
AT-MST
Sarah Broughton, 828-564-3662,
saraebroughton@icloud.com

Only Meeting Place: back parking lot of Folk Art Center.
An enjoyable Sunday afternoon hike on the MST

with good views and an interesting variety of trees and shrubs. Hopefully we will also have a good display of rhododendrons in bloom. | Topo(s): Montreat; also NatGeo map #779 and MST Trail Profiles, pp. 60-61

Sunday No. H1802-800 **June 17, 2018**
Givens Estate Trails **12:30 PM**

Hike 5, 1200 ft. ascent, Rated C-B
Ron Navik, 585-662-8047, ron.navik@gmail.com
Only Meeting Place: Givens Estates. 2360 Sweeten Creek Rd., Asheville, NC. Meet in the parking lot in front of Oxford Commons.
Givens trails are open to the public. We will enjoy 4 miles of largely woody trails on their property of over 200 acres. Scenic views of Givens, Asheville and Mt. Pisgah areas. We will hike about 5 miles to access all of the trails. | Topo(s): Asheville

Sunday No. H1802-193 **June 24, 2018**
Rough Butt Overlook to NC 215 **12:30 PM**

Hike 5, Drive 85, 400 ft. ascent, Rated C-C, **P400, SB6K**
Wilderness hike, limited to ten hikers, contact leader for reservation.
Marcia Bromberg, 828-505-0471,
cell 860-798-9905, mwbromberg@yahoo.com
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: BRP Rough Butt Overlook at MM 425 at 1:30 PM - but contact leader first.

A lovely ramble in the high country. Possible side trip to Mt. Hardy. Car shuttle. | Topo(s): Sam Knob; also NatGeo map #780 and MST Trail Profiles, pp. 32-33

NEXT CMC COUNCIL MEETING

When: Tuesday, May 8
Where: Community room in Earthfare on Hendersonville Road
Time: 6:00 - 9:00 PM
Info: Call Randy at 828-253-1626 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing - you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless

and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Randy Fluharty, 828-253-1626, rfluharty54@gmail.com

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Secretary: Paula Massey, 828-299-0226, massey.paula@gmail.com

Treasurer: George Bauernfeind, 502-724-5714, ggb1005@gmail.com

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Councilor at Large: Mike Fisher, 781-883-6938, mfishr@yahoo.com

Councilor at Large: Chris Koebelin, 518-372-4130, chriskoebelin@yahoo.com