

Directions to Hiking newly opened sections of MST

Waterrock Knob - Woodfin Cascade Overlook Hike Description

The trailhead for the MST (north/eastbound) is 200' up the Waterrock Knob Trail from the Waterrock Knob Visitor Center parking lot, on the right. Hike for about 2.2 miles to Fork Ridge Overlook, then walk the Blue Ridge Parkway (northward) for about 0.6 mile. There are no blazes here except on the posts where the Trail comes out to road and where it leaves the road. Reenter the MST at the Scotts Creek Overlook and hike another 2 miles to the Howard McDonald Bridge. If you want to end your hike at Woodfin Cascade Overlook, take the blue-blaze trail on your right just past the bridge.

Watercock Knob to Soco Gap

Form the Waterrock Knob Visitor Center, take the Waterrock Knob paved pathway. The first MST signpost is the East bound leg that goes toward Balsam Gap. If you continue up the paved walk, another 200 yards, or so, you come to the MST signpost for the West bound leg that goes to Soco Gap

Soco Gap to Docks Gap (Heintoogna Rd?)

Finding the connector trail from Docks Gap to the MST is confusing. The easiest direction to hike is from Soco Gap to Docks Gap via car shuttle. Park a car at the first bridge past MP 457. There will be room for two cars. Hiking west from Soco Gap, the MST ends at Bia Highway 434 on the Cherokee Indian Reservation, which is Docks Gap. About 75 feet before getting to Bia-434 there is a connector trail on the right, which goes up to the BRP.