



THIRD QUARTER 2002
Quarterly News Bulletin
and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamtclub.org • e-mail: cmcinfo@carolinamtclub.org

Blue Ridge Parkway Adopt-A-Trail Participants Honored at Mt. Pisgah

On July 27, Friends of the Blue Ridge Parkway and the Blue Ridge Parkway/NPS honored four organizations at the Mt. Pisgah trailhead, MP 407.7 in North Carolina. The presentation began at 10 AM with remarks from Richard Wells, president of FRIENDS; Patty Lockamy, National Park Service representative and Don Walton of the Carolina Mountain Club. The keynote speaker was

Bob Caldwell, a meteorologist and outdoor enthusiast with WLOS Land and Sky TV in Asheville.

The organizations recognized were: The Carolina Mountain Club; N.C.'s Governor's One-on-One Mentoring Program; Home Services, home improvement contractors; and The Pisgah Group Sierra Club.



FROM THE TRAILHEAD

The only information we have for members is their name and mailing address. We want to communicate more often and have more information available to our members. We have designed a new membership system to include more information such as telephone numbers and email addresses. This information will be displayed on the CMC website in a password-protected area; we will still have printed copies for those unable to access the web.

Please visit the CMC web site (carolinamtclub.org), obtain your login and password according to the instructions under "Membership Listing", then review your personal information and email any additions or changes using the email capability there or send to Lenny Bernstein, lsberns@worldnet.att.net, or US mail at 36 Sunset Summit, Asheville, NC 28804. No telephone calls please.

We are looking for volunteers to subscribe to the CMC e-mail updates through the website to enhance future communications for the membership.

I would like to thank Elisabeth Feil for her many years of dedicated work keeping the membership listing, Danny Bernstein for designing the new database system and finally to Lenny Bernstein for volunteering to get the new membership system up to speed and for future maintenance.

Don Walton



ANNUAL MEETING

WHERE: Grove Park Inn (same rooms)
WHEN: Friday, November 1, 2002
TIME: 5:30 PM Social — 7:00 PM Dinner
COST: \$20 per meal if paid by October 25.
Price includes 2 drinks—wine, beer, or nonalcoholic. Cost at the door or after October 25: \$30 per person. (You can renew your \$12 membership, plus meal for a total of \$32.)

The menu has been upgraded, the social hour has been lengthened, and the drinks have been included!

Please mail your check to CMC, PO Box 68, Asheville, NC 28802. Les Love 658-1489.

SATURDAY WORK DAY

October would be a great month to learn what is involved in trail maintenance. It is a chance to give some of your time back to the trails by helping on a Saturday workday. We will meet on October 19 at the Moose Cafe at 8:00 am for breakfast. We will return to Asheville around 4:00 pm. Come join the fun for a productive learning experience. Call Les Love 658-1489.

NOTE: Additional copies of this newsletter are available at the information counter of the Asheville Chamber of Commerce, 151 Haywood Street, downtown.

HIKE SCHEDULE

Fourth Quarter 2002

Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

WEDNESDAY HIKES

Submitted by Paula McNabb, 274-0057, or gcmcnabb@charter.net Next schedule: Ken & Carol Deal, 281-4530, or KMCDdeal@aol.com.

The meeting place for each hike will be designated by the hike leader and will appear in the hike description. Driving mileage will be listed from the first designated meeting place.

All Day No. 7944 **October 2**
Daniel Ridge Loop **9:00 AM**

Drive 14, hike 6.5, rated B-C
Bob Campbell, 890-0848
Daniel Ridge Loop Trail in Pisgah Forest, with one waterfall. Only meeting place: Pisgah Ranger Station on Rt. 276. Topo: Shining Rock.

All Day No. 7945 **October 9**
Laurel Mtn-Pilot Rock-Thompson Creek Loop **8:30 AM**

Drive 25, hike 11-12, rated A-AA
Edgar Pistor, 692-2744
From Yellow Gap Rd. we'll follow the Laurel Mt. Trail up almost to the Blue Ridge Parkway, then take the Pilot Rock Trail to the 5,280 foot summit of Little Bald Mtn. for a late lunch. (Bring a midmorning snack.) We return to Yellow Gap Rd. via the Thompson Creek Trail, all downhill. Some ascents and descents: a moderate to difficult hike. Car switch required. Meeting place: Pisgah Ranger Station. Topo: Dunsmore Mtn. and Cruso

All Day No. 7946 **Oct. 16**
Greasy Cove Big East Fork **9 AM**

Drive 60, hike 9, rated A-C
Larry Ballard, 891-4318
Car switch from Black Balsam to Greasy Cove Trail via Investor Gap to Big East Fork. This is a wilderness area, requires 2 stream crossings. Only 10 allowed, call hike leader for reservations. Topo: Shining Rock. Meeting place: Davidson River Campground Parking Lot just before the Ranger Station.

All Day No. 7947 **Oct. 23**
Dupont State Forest **9 AM**

Drive 35, hike 8, rated B-B
Rusty Breeding, 692-0359
Exploration of new State Forest. Meeting place: main entrance to Dupont State Forest on Dupont Rd., next to Agfa plant.

All Day No. 7948 **Oct. 30**
Wolf Ford Hike **8:30 AM**

Drive 30, hike 9, rated A-C
Greg Goodman, 684-9703
Gauge Station, S. Mills River Trail to Wolf Ford, Squirrel Gap to Horse Cove Trail to Funnel Top Rd. Meeting place: Ranger station on 276 near Davidson River. Topo: Funnel Top

All Day No. 7949 **November 6**
Big Laurel River **9 AM**

Drive 50, hike 7.2, rated B-C.
Becky Elston, 749-1886
Trail follows Big Laurel River to the confluence with the French Broad River; lunch here. Pass through Runion, which was a thriving log town in the 1900's. Fairly rocky. Meeting place: Ingle's on hwy 25/70 at Marshall Bypass.

All Day No. 7950 **November 13**
Montreat Ridge Hike **8:30 AM**

Drive 3, Hike 10+, Rated A-AA
Ames F. Tryon 669 3805
This will be a gate to gate hike in Montreat. We will begin on the Rainbow trail from the Montreat gate, connect with the East Ridge trail, ascend to the summit of Greybeard, return on the West Ridge Trail, descend via the Stomping Knob Trail, and return to the gate. This may be a AA in distance. Meet at the Black Mountain McDonald's parking lot, exit 64, I-40E.

All Day No. 7951 **November 20**
Penny Rock **9 AM**

Drive 30, hike 6, rated BB
Boyd Brasington, 254-8675
Penny Rock (Green Knob) to Bridges Camp Gap to Pigeon Gap; a moderate walk thru the woods on the Mts.-to-Sea trail. Some uphill but we will stop to catch our breath. Only meeting place: Cold Mountain Overlook where hwy. 276 crosses the Blue Ridge Parkway.

All Day No. 7952 **November 27**
Stradley Mtn., Bent Creek **9 AM**

Drive 12 miles, hike 7, rated B-C
Sherman Stambaugh, 254-1736
Hike Bent Creek area, Stradley Mtn., Boyd Branch to 4 Corners. Return by side hill trails. Great views of Hominy Valley. Only meeting place: Ingles in Biltmore Square near I-26. Topo: Bent Creek.

All Day No. 7953 **December 4**
Long Branch **9 AM**

Drive 60, hike 11, rated A-B
Tom Sanders, 252-6327
Highlights of this trip, which begin and end at the Pisgah Forest Fish Hatchery, are the McCall Family Cemetery, and views from Rich Mtn., Chestnut Mtn., and the Art Loeb Trail. Topo: Shining Rock. Meeting place: Pisgah Ranger Station, Rte. 276.

All Day No. 7954 **December 11**
Canebrake Trail **8:30 AM**

Drive 33, hike 10, rated A-B
Numa Carter, 697-5420
Start hiking at the parking lot of Frozen Creek Rd., going on to Foothills Trail at the shore of Lake Jockasse. Bring lunch. Will stay within Gorges State Park boundaries. Only meeting place: Bi-Lo parking lot in Pisgah Forest.

All Day No. 7955 **December 18**
Cookie Hike, Wagon Rd. **9 AM**

Gap to Pisgah Inn
Drive 66, hike 6, rated B-C
Fred Chaffee (if available), 692-8937, or Paula McNabb 274-0057
An easy traditional hike to the Pisgah Inn. Bring lunch and a few cookies to share. Leader will provide info. on the historical significance of our cookie hikes, which began in Dec. 1988. First meeting place: Ingle's, Rt. 25 north, Hendersonville. **Second meeting place: Cold Mountain Overlook at Wagon Road Gap on the Blue Ridge Parkway at Hwy. 276, at 10:15.**

December 25: **No hike -- Merry Christmas!!**

New Years Day **January 1, 2003**
Hike No. 7956

Green River Game lands **8:30 AM breakfast, 9:30 AM Hike**

Hike 8, Drive 20 (from Hendersonville)
Rated B-C
Bruce Bente 692-0116
This annual hike begins with breakfast at the Cracker Barrel in Hendersonville (exit 22 on I-26), followed by a pleasant loop on a series of trails around the Green River Game Lands, including the Green River Cove trail. Late lunch at the big rocks on the Green River. Topo: Clifffield Mtn, and map of the Green River Game Lands trails.

ALL DAY SATURDAY AND SUNDAY HIKES

ALL DAY No. 7929 **Oct. 6**
Cedar Rock Mtn.- **8:00 AM**

John Rock Loop
Hike 8, Drive 80, Rated B-A

Lewis and Jane Blodgett 274-7863
 This trip features two of the spectacular rock summits in the Pisgah Forest, with great views from both. Starting at the Fish Hatchery, we'll have our major climb up to Cat Gap and then on to Cedar Rock for lunch. We'll return via John Rock. **Second meeting place: Pisgah Ranger Station on US 276 at 9:45.** Topo: Shining Rock.

ALL DAY No. 7930 **Oct. 13**
Mt. Leconte via Trillium Gap and Rainbow Falls Trails **8:00 AM**

Hike 13, Drive 150, Rated AA-AA
 Amy Treverton 298-1882
 This strenuous trip in the Great Smoky Mountains features two beautiful waterfalls—Grotto Falls and Rainbow Falls—as well as exceptional views from 6,593 Mt. Leconte. Plan on a 3,000 ft. ascent but along a well-graded trail. **Second meeting place: Pilot Truck Stop off I-40 at Exit 24.** Topo: Mt. Leconte.

Saturday No. 7957 **October 19**
Work Trip (see front page article)
meet at the Moose Café **8:00 AM**

ALL DAY No. 7958 **Oct. 20**
Graybeard Mountain **8:00 AM**
 Hike 10-11, Drive 35, Rated A-AA
 Bill Ross 299-7637

An exciting ridgetop manway along the middle mountain is our path to the summit. There'll be good views, a delightful hike, and a great workout. Fairly strenuous, including a very steep first mile. **Second meeting place: McDonald's off I-40 in Black Mountain.** Topo: Montreat

SATURDAY No. 7959 **Oct. 26**
AT: Allen Gap to Tanyard Gap **8:30 AM**

Hike 9, Drive 80, Rated A-A
 Paul Benson 667-4279
 Visiting Spring Mountain shelter, great views from Rich Mountain, and one of the prettiest sections of the AT highlight this hike, when leaves should be at their height. A perfect fall experience. Topo: Hot Springs

ALL DAY No. 7960 **Oct. 27**
Green Knob Fire Tower **9:00 AM**

Hike 7, Drive 80, Rated B-A
 Tommy Boston 686-5029
 The Lost Cove Ridge Trail climbs steadily from Black Mountain Campground to fantastic views and a first-class lunch spot atop Green Knob. The 2000' elevation gain provides an excellent workout through beautiful woods. Moderate plus. Only meeting place, Folk Art Center at 9:00 AM. Topo: Celso

ALL DAY No. (strenuous) 7961 **Nov. 3**
AT: Brown Gap to **8:00 AM**

Davenport Gap
 Hike 12.5, Drive 110, Rated AA-AA
 Barbara Passmore 667-8684
 Count on a strenuous trip, though the cumulative climb from North to South is modestly over 2,000 feet. Lush woods and good views from Snowbird Mtn. feature this trip. **Second meeting place: Pilot Truck Stop on NC 209, off I-40 at Exit 24.** Topo: Waterville

ALL DAY No. (moderate) 7962 **Nov. 3**
Lower Laurel River **9:00 AM**

Hike 6, Drive 60, Rated B-C
 Lewis and Jane Blodgett 274-7863
 A relaxed but spectacular stroll along one of Western North Carolina's most beautiful streams, with white water, rocks, and surrounding high cliffs. Hikers will also visit the historic Runyan logging camp and lunch along the Laurel River. This is a superb hike to know because of its accessibility, ease, and beauty. Topo: Hot Springs

ALL DAY No. 7963 **Nov. 10**
Hospital Rock, Pretty Place, **8:00 AM**

Rainbow Falls
 Hike 12, Drive 100, Rated A-B
 Hank Czubek 864-292-6212 This is one of Hank's challenging hikes along the SC border from Jones Gap State Park. Hiking past Hospital Rock we will lunch at aptly named Pretty Place. In the early afternoon we will walk to and enjoy Rainbow Falls. **Second meeting place: Jones Gap State Park at 9:00 AM** Topos: Table Rock and Cleveland (SC).

ALL DAY No. 7964 **Nov. 17**
Craggy to Little Snowball **8:00 AM**

Hike 8.5, Drive 30, Rated B-AA
 Don Walton 298-5084
 From Craggy Gardens we will take the Snowball Trail to Highrocks, with great views, then on to Snowball Gap. We will then follow an old road around Little Snowball Mtn. to the old Lookout atop Little Snowball. The CMC is trying to get permission to clear the trees and bring back the gorgeous 360 degree views that make this a classic hike close to Asheville. Topo: Craggy Pinnacle

Nov. 23 and 24
WILDERNESS FIRST
AID COURSE
Attention all hike leaders
and hikers!

The CMC is sponsoring a Wilderness First Aid Course on Nov. 23-24 at Warren Wilson College. The 16-hour course will be taught by Landmark of Cullowhee. All hikers and hike leaders are urged to take this course, which will cost \$45. For information and enrollment contact Danny Bernstein at 236-0192 or danny@hikertohiker.org

MOUNTAINS-TO-SEA
SEQUENCE HIKE **Nov. 30-Dec. 1**

Two consecutive day hikes to continue a planned traverse from West to East of the completed sections of the Mountains-to-Sea Trail in the mountains. Both hikes are on sections of the MST maintained by CMC. Come for one or both. Subsequent sections of the MST will be led in the Spring.

SATURDAY NO. 7965 **Nov. 30**
FR-816 to US 276 **8:00 AM**

Hike 11, Drive 70, Rated A-A
 Lenny Bernstein 236-0192
 We should have fine winter views of Graveyard Fields and Looking Glass Rock. Topo: Shining Rock

SUNDAY NO. 7966 **Dec. 1**
US 276 to NC 151 **8:00 AM**

Hike 10, Drive 50, Rated A-A
 Lenny Bernstein 236-0192
 We'll hike past the Pisgah Inn and over the top of Little Pisgah Mountain. Topos: Shining Rock, Pisgah Forest

ALL DAY No. 7967 **Dec. 8**
Dupont Forest Circular **8:00 AM**

Hike 12, Drive 80, Rated A-A
 Danny Bernstein 236-0192
 Four outstanding waterfalls, lunch on top of a mountain, and a variety of trails in one of WNC's newest state forests. A low altitude hike, appropriate for the season. Call leader about a second meeting point.

ALL DAY No. 7968 **Dec. 15**
Ferrin Knob via Spencer **8:00 AM**
 Branch and Bad Fork
 Hike 8-9, Drive 42, Rated B-A
 John Pawcio 299-8126
 This popular winter loop in the North Mills River Recreation Area is moderate but includes a long climb up to Ferrin Knob, a former fire tower site, for lunch. **Second meeting place at North Mills River Recreation Area parking lot but call leader.**
 Topo: Dunsmore Mountain

ALL DAY No. 7969 **Dec. 22**
East Fork Pigeon River **8:00 AM**
 Hike 8, Drive 90, Rated B-B
 Tom Sanders 252-6327
 This should be a great winter trip along one of the WNC's most beautiful streams. Starting from the parking area on US 276 we will follow the East Fork of the Pigeon River up to Dark Prong and then return.
 Topo: Shining Rock

ALL DAY No. 7970 **Dec. 29**
Mountains-to-Sea: French **9:00 AM**
Broad River to US 74-A
 Hike 10.5, Drive 15, Rated A-C
 Jan Thorsen 299-3944
 This winter leg-stretcher near Asheville is easy, pleasant, and guaranteed to give you exercise to make up for excessive Christmas and New Year eating. Topo: Asheville

NEW YEAR'S HIKE No. 7971 **Jan. 1**
 (for description see the Wednesday hike schedule)

ALL DAY No. 7972 **Jan. 5**
Tanyard Gap-Hot Springs- **9:00 AM**
Pump Gap Loop
 Drive 80, Hike 10, Rated A-A
 Carroll Koeplinger 667-0723
 This great winter hike begins at Tanyard Gap and follows the Appalachian Trail through beautiful woods and includes views from Lovers Leap and a walk along the French Broad River. We will return via the Pump Gap Trail and the AT. Topo: Hot Springs

ALL DAY No. 7973 **Jan. 12**
Black Mountain Ramble **8:00 AM**
 Hike 12, Drive 55, Rated A-A
 Bruce Bente 692-0116
 This is a new hike for the CMC. It starts at Turkey Pen parking area, then over Sharpy Mtn., and Black Mtn., ending at the Ranger Station. A long uphill, but good views from around Black Mtn. Topo: Pisgah Forest. Also Pisgah National Forest Map

HALF-DAY HIKES

HALF DAY No. 7943 **Oct. 6**
Black Balsam Gap to **1:30 pm**
Skinny Dip Bridge
 Hike 5, Drive 75, Rated C-B
 Anita and Richard Walkey, 671-2967
 A car shuttle to get to a nice walk on the backside of Graveyard Fields area. Spectacular mountain views. Moderate.
Second meeting place: Cold Mtn. Overlook at BRP and Hwy 276 at 2:10 pm.

HALF DAY No. 7974 **Oct. 13**
Caney Bottom **1:30 PM**
 Hike 4, Drive 90 Rated CC
 Gerry McNabb - 274-0057- e-mail gcmcnabb@charter.net
 This hike near John Rock in the Davidson River area is a loop trail climbing some 500 feet, returning along the creek through woods. Fall color. **Second Meeting Place: Ranger Station on 276 about 2:10 PM.**
 Topo map is Shining Rock.

HALF DAY No. 7975 **Oct. 20**
Twin Falls **1:00 PM**
 Hike 6, Drive 80, Rated BB
 Les Love-658-1489 - e-mail LesRLove@aol.com
 Note early start time. A moderate hike in the Pisgah National Forest. Start on Buckhorn Gap Trail to the Twin Falls Bypass for 2 nice waterfalls. Then complete a loop on FS Road & Clawhammer Cove Trail.
Second meeting place Pisgah Ranger Station at 1:45 PM.

HALF DAY No. 7976 **Oct. 27**
Snowball **1:00 PM**
 Hike 4, Drive 35, Rated CB
 George Munoz-658-0606 - e-mail jmunoz@buncombe.main.nc.us
 Note Early start time. Outstanding views on this moderate hike to Hawksbill Rock. Starts near Craggy picnic area. First meeting place is the lower parking area at the Folk Art Center. **Second meeting place Craven Gap @ 1:15 PM.**

HALF DAY No. 7977 **Nov. 3**
Rattlesnake Lodge **1:30 PM**
 Hike 4-5, Drive 20, Rated CC
 Don Walton-298-5084 - e-mail dwalton@groveparkinn.com
 Start at Bull Gap & follow the MST above Blue Ridge Parkway. Hike from Ox Creek to site of former lodge built by Dr. Ambler around 1900. **Second meeting place Craven Gap.**

HALF DAY No. 7977 **Nov. 10**
Rich Mt from Tanyard Gap **1:30 PM**
 Hike 5, Drive 72, Rated CB
 Bill Ross - 299-7637 - e-mail wrossmath@cs.com
 Unsurpassed views from fire tower near Hot Springs after a good climb from Tanyard Gap on the Appalachian Trail.

HALF DAY No. 7978 **Nov. 17**
John Rock **1:30 PM**
 Hike 5.5, Drive 85, Rated CB
 Neal Andreae-698-2546 - e-mail nandreae@gowebway.com
 A colorful loop hike from the Fish Hatchery (FS 475B off Rte 276 a few miles Past the Pisgah Ranger station)-counterclockwise on the Cat Gap trail to John Rock. Returning via the Cat Gap/John Rock connectors.
ONLY Meeting Place is the Fish Hatchery at 1:30.

HALF DAY No. 7979 **Nov. 24**
Looking Glass Rock **12:30 PM**
 Hike 6.2, Drive 60, Rated CB
 Siri Perry-890-5707 - e-mail sirip@bellsouth.net
 Note early start time. A moderately difficult, well-graded trail leads to the top of this interesting mountain. There are excellent view spots all along the way up. **Second meeting place at Pisgah Ranger Station at 1:15 PM**

HALF DAY No. 7980 **Dec. 1**
Coontree Loop **1:30 PM**
 Hike 5, Drive 70, Rated CB
 Paula Robbins - 281-3253 - e-mail probbinswestwood@mindspring.com
 Start from Coontree parking area, located on US 276 in the Pisgah National Forest. A good moderate hike that takes you along Coontree Creek and over Coontree MT. Hike is steep in places. **ONLY meeting place is the Pisgah Ranger Station.**

HALF DAY No. 7981 **Dec. 8**
Lovers Leap via Tanyard Gap **1:30 PM**
 Hike 6, Drive 72, Rated BC
 Bill Ross - 299-7637 - e-mail wrossmath@cs.com
 This in & out hike on the Appalachian Trail starts at the overpass of US 25/70. Lovers Leap provides great views of the French Broad River & surrounding Mountains.

HALF DAY No. 7982 **Dec. 15**
Christmas Party Hike **12:30 PM**
 Hike 4-5, Drive 50, Rated CC
 Diane Hankins - 2998-2870 (before 9 PM)
 Note early start time-Leisurely paced annual hike. Bring a little gift (wrapped please) for

the party & receive one too. Where we go will depend on the weather. Suitable for anyone over 10 years old (those under 18 MUST be accompanied by adult.) Unless other arrangements are made with leader BEFORE Dec 14th, the **ONLY meeting place will be Ingles parking lot across from Biltmore Square Mall.**

HALF DAY
Dec. 22
 No Hike Leader Available
 Have a Great Holiday!



PLEASE NOTE: There is a relatively new blue-blazed access trail to the MST from the Parkway Headquarters.

HALF DAY
DEC 29
 No Hike Leader Available
 Have a Great Holiday!

HALF DAY No. 7983 **Jan. 5**
Turkey Pen Loop **1:30 PM**
 Hike 5, Drive 55, Rated C-C
 Bruce Bente - 692-0116 - e-mail
 bbente@cytechusa.com
 A nice winter hike, low elevation and close to Asheville. We'll cross the footbridge over the S. Fork of the Mills River, then do a loop on the scenic Pounding Mill and Mullinax trails.



CMC Member Named Volunteer of the Year

American Hiking Society conducted a nationwide search and has proudly announced local Carolina Mountain Club member Sherman Stambaugh as the winner of this year's American Hiking Society

Volunteer of the Year Award for North Carolina. The Volunteer of the Year Award honors volunteers for their tireless efforts to preserve and maintain America's trails.

The search was conducted over several months to find the top volunteers in the U.S. Nominations were received for many qualified candidates. Sherman was nominated as Volunteer of the Year due to his continued efforts to maintain local hiking trails and promote hiking. Sherman has been a member of the Carolina Mountain Club over 40 years.

American Hiking Society, a national recreation-based conservation organization, was established in 1976 and is dedicated to establishing, preserving and maintaining footpaths in America.

For more information on the Volunteer of the Year program, National Trails Day, or other American Hiking Society trail conservation programs and events, visit www.americanhiking.org or call 301-565-6704.

MST Book

Did you know our club has its own book? It is the Mountains to Sea Trail Profiles by Walt Webber. He did an excellent job researching and writing this book and it has proven itself as a useful tool in hiking and maintaining our MST.

Club members can now buy or sell the book for \$10 (it retails for \$12.95). All proceeds go into our treasury. What an easy way for us to raise money for trail maintenance tools! So call Walt Webber at 883-2953 or Les Love at 658-1489 (lesrlove@aol.com).

In Memoriam

Gil Knight passed away July 24th. He was a past member of the CMC. Gil was a tireless trail worker, and even when on chemo he continued to work with us.

Our condolences to his family.

WHAT IF YOU COULD NOT CALL 911 ON THE TRAIL?

Could you handle a medical problem that cannot be solved by a band-aid or moleskin?

The CMC is sponsoring a Wilderness First Aid course on November 23 and 24 (Saturday and Sunday) at Warren Wilson College. This 16-hour course will be taught by Landmark of Cullowhee. They are the Southeast outpost of SOLO, the organization that pioneered Wilderness First Aid. Landmark has taught for NOC, Virginia Tech, UNCA, among others.

The cost for each person is \$45 which includes certification. Registration is limited. First come, first serve. We expect the course to fill up quickly. Details will be sent after you register.

TO REGISTER: Send a check for \$45 made out to Carolina Mountain Club, your name, address, home telephone number, email address ***AND*** a business size self-addressed stamped envelope: Danny Bernstein, 36 Sunset Summit Asheville, NC 28804. **QUESTIONS:** 828-236-0192 or danny@hikertohiker.org.

UNCA Becomes Repository for CMC History

The history of the Carolina Mountain Club is a significant part of our local culture. With this in mind, the CMC has selected UNCA to house their collection of historical documents, photographs, and other materials. They will be available to the community at large via UNCA's website, and at Ramsey Library.

Newsletter Updated

Please welcome Ginger Graziano as our new co-editor. Ginger and Gerry McNabb will be revising the format and layout of our news letter to provide a more efficient communication. Gerry commented last year when he moved back from Texas and agreed to become Co-editor, "this is the same format I designed 20 years ago". I have received one letter commenting on last quarter's changes and appreciate all input in future.

Carolina Mountain Club

P.O. Box 68
Asheville, NC 28802

Return Requested

New Members

Fran Lambe, Bob Muldrow, Stacia Wagner, Barbara McCampbell, Karen Bartlett, Ginger Graziano, Lanny Schlenz, and Ron Schiera.

Next Council Meeting

Monday, November 4, 2002 at McGuffey's Dinner and meeting start at 6:00 PM sharp! **All articles and schedules for next newsletter are due at that time.**

Further
information is available
at www.carolinamtnclub.org
about regulations

Mountaineering Information

Consult the trip leader for additional information regarding a particular hike. Hikes may be cancelled due to adverse weather, causing dangerous road and trail conditions. Please call hike leader if weather conditions are questionable.

Visitors are cordially welcome but should select trips within their endurance. When reservations are necessary, the leader will have to be called to reserve a space. Hikers usually carpool from the meeting places to trailheads and back. **Passengers are expected to share operating expenses with the driver.**

Clothing & Equipment, Etc.

Footwear comes first. Never start a mountain trip in brand new footwear. Lightweight hiking boots are recommended. Clothing of any substantial type will do. Carry a sweater, even in summer, and some kind of rain wear.

EQUIPMENT for all-day trips should be a lunch, plenty of water, compass, first aid kit, matches in waterproof case, flashlight, cellphone if available and personal medication including allergy medication. On overnight trips, carry tent, sleeping bag, foam pad, extra clothing, stove, fuel, mess kit, eating utensils, and food in addition to the above.

MAPS are helpful when hiking on your own. U.S. Geological Survey and T.V.A. topographic quadrangle maps are for sale at \$4.00 per sheet at local outfitting stores or by mail from Branch of Distribution, U.S. Geological Survey, Box 25286, Denver, CO 80255. State index maps for selecting quadrangles are free from the Denver office. U.S. Forest Service topographic maps (based on U.S. Geological Survey quadrangles) and maps of selected areas in Western North Carolina are available at the National Forest Service Office, 160 Zillicoa St., P.O. Box 2750, Asheville, NC 28802. Call (828) 257-4200 for further information.

CLUB TRIP REGULATIONS: Both members and visitors are expected to abide absolutely by club regulations and by instructions of the leader. Visitors should make themselves known to the leader on arrival at assembly place announced for the trip. No one is to start ahead of the leader without definite permission, or lag unreasonably far behind the group. The party is pledged not to pick shrubs or wild flowers, damage property in any way, or endanger forests and property by smoking while walking.

MEMBERSHIP: Any person is eligible for membership by completing a Membership Application form and paying dues. Individual and Family memberships are \$12.00 per year.

Frequent non-member participants in club hikes are expected to join the Carolina Mountain Club. All members are encouraged to participate in one of the club's many maintenance efforts. Contact a club officer for details.

Carolina Mountain Club Officers

Don Walton-298-5084 PRESIDENT Les Love-658-1489 VICE PRESIDENT

Mary Swain-863-2125 SECRETARY Becky Smucker-298-5013 TREASURER

COUNCIL MEMBERS: George Munoz-658-0606, Neal Andreae-883-3098, Jan Lounsbury-689-5006, Brad VanDiver-669-2740, Linda Blue-645-4488, Joe Cirvello-627-1797.

Morgan Sommerville-254-3708 ATC FIELD REP

Quarterly Council meetings are open to all Club members. Call any Council member for date, time and place.

THE APPALACHIAN TRAIL: The Carolina Mountain Club is a member of the Appalachian Trail Conference, P.O. Box 807, Harpers Ferry, West Virginia 25245 Telephone (304) 535-6331.

Responsibility For Safety

Each CMC member, guest or non-member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The Club cannot ensure the safety of any participant on hikes. In participating in Club hikes, each such person agrees to hold harmless and free from blame the hike leaders, and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in hikes or other Club activities.

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Deadline next issue: November 15, 2002