HIKE CANCELLED – NO LEADER AVAILABLE

North Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802
Return Service Requested

HALF-DAY NO. H0604-102 Dec. 10
Coontree Loop
Hike 3.7, Drive 600, 100 ft. ascent, Rated B-B
Nonmembers call leader, Gerry McNabb, 828-274-0057, gerrymc@charter.net
*Note early start time. This hike is a loop along both sides of a lovely creek, with views along Coontree Mt. ridge on top. Some steep areas. Second meeting place: Ranger Station on US 276 at 1:40 PM.

HALF-DAY NO. H0604-325 Dec. 17
Tanyard Gap to Rich Mountain Loop
Hike 5, Drive 64, 1366 ft. ascent, Rated B-C
Nonmembers, call leader, Tom Sanders, 828-252-6372, tommy2@charter.net

HALF-DAY NO. H0604-534 Dec. 31
Turkey Pen, Pounding Mill, Mullinax Loop
Hike 5, Drive 55, 900 ft. ascent, Rated C-C
Nonmembers, call leader, Barry Bente, 828-662-0116, bbrmtc@comcast.com
*Meet at Westgate at 1:30 PM to form carpools and meet leader at Turkey Pen parking lot at 2:00 PM (call leader if not familiar with second meeting place). This is a nice winter hike, low elevation and close to Asheville. We’ll cross the S. Mills River footbridge, then do a loop on the scenic Pounding Mill and Mullinax trails.

HALF-DAY NO. H0701-320 Jan. 7
Warren Wilson College Ramble
1:30 PM
Hike 5.5, Drive 20, Rated C-C
Nonmembers, call leaders, Barry and Heather Fletcher, 828-299-4776, hmflet@aol.com
This pleasant in-and-out walk is along the Swannanoa River and through wooded land of the Warren Wilson College campus, on the River and Dam Pasture Trails.

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Nonmembers, call leader, Barry Bente, 828-662-0116, bbrmtc@comcast.com
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WILDERNESS FIRST AID COURSE OFFERED

The CMC is offering a Wilderness First Aid Course on Nov. 18 and 19 at Warren Wilson College. This 16-hour course will be taught by Landmark Learning. The CMC is funding some of the cost for each person which includes a 2-year certification. The participant must be a CMC member. To register, send a check for $75 made out to CMC, including your address, home phone number and e-mail address, also a business-size self-stamped addressed envelope to: Marlene Santa Maria, 49 Apple Tree P400, and WNC Loop. It also provides advice to individuals trying to complete these challenges. Committee Chair: Don Gardner (828-754-4067).

THE APPLACHIAN TRAIL - The Carolina Mountain Club is a member of the Appalachian Trail Conservancy (PAT) Inc. Box 817 Hareys Ferry West Virginia 26254. Telephone: (800) 953-6031

RESPONSIBILITY FOR SAFETY: Each CMC member guest or non member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The CMC cannot ensure the safety of any participant on hikes. In participating in CMC hikes, each such person agrees to hold harmless and free from blame the hike leaders, and the CMC. It is understood that accidents may or may not occur. Mentors and members for accident scenarios which might be sustained from participating in hikes or other club activities.

EDITOR: Stuart English 843-794-2464 stuartmcc@email.com
Deadline next issue: Nov 15

FOURTH QUARTER 2006
Quarterly News Bulletin and Hike Schedule

P.O. Box 68, Asheville, NC 28802 • www.carolinamtnclub.org • e-mail: cmmcinfo@carolinamtnclub.org

CMC needs your help in the important work of its committees

Much of the organizational work that keeps CMC running is carried out by its committees. Without these committees we would not be able to offer the wide range of activities that we do. Currently for our committees - Hiking, Conservation, Education, Challenge Programs, and Awards - need new members. If you can help in any of these activities, please contact the Committee Chair. The Hiking Committee is responsible for developing CMC’s hiking schedule, for training and recognizing hiking leaders, and for other activities necessary to ensure that CMC has a full and enjoyable hiking program. Committee Chair: Bruce Bente (828-692-0166).

The Education Committee provides training programs for CMC members, such as the Wilderness First Aid course described on this page and the beginning map reading course described on page 2. It is supposed to have membership from both the Club’s trail maintenance and hiking activities. At this time we need representatives from both. Committee Chair: Dave Wetmore (828-884-7296).

The Challenge Programs Committee is responsible for the design and operation of the Club’s Challenge Programs: the SB6K, P400, and WNC Loop. It also provides advice to individuals trying to complete these challenges. Committee Chair: Don Gardner (828-754-4067).

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MEETING INFORMATION: Members and visitors are expected to behave appropriately and to abide by the Club’s Bylaws of the Carolina Mountain Club. All members are encouraged to participate in one of the Club’s many trail maintenance efforts. Contact a Club officer for details.

MOUNTAIN CLIMBING: Always be prepared for inclement weather. The Club encourages members to participate in the Club’s Challenge Programs: the SB6K, P400, and WNC Loop. It also provides advice to individuals trying to complete these challenges. Committee Chair: Don Gardner (828-754-4067).

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Submitt nominations

Put your thinking cap on and come up with some names for the club to consider for its two annual awards. See forms enclosed. You can also send in your "picks" via email to backpacker54nc@bellsouth.net. Deadline is October 15.

Another target is the general public, (like on the AT itself, and also any changes to nearby facilities that hikers might use, such as hostels, campgrounds, resupply stores, etc.

The guide books this information goes into are published by the ATC in Suits in 1997, thus making me realize that doing the whole thing might be possible. Thanks also to Joanne Tulip who continued to hike with me after

Join our club!

Conservation Committee addresses hiking, forest issues

The Conservation Committee’s charter is to inform Club members about issues that may affect the hiking experience, encourage Club members to voice their opinions on some of the more important issues, and recommend key issues to the Council. When approved by Council, the Committee has publicly supported three issues. CMC supports the monetary settlement/no road alternative to the North Shore Road in the Great Smoky Mountains National Park. The Club opposes blocks of Forest Service land to fund the extension of the Secure Rural Schools & Community Self-Determination Act. Also, CMC opposes construction of the proposed Interstate 3. The Conservation Committee is currently learning more about Forest Service timber sales. We network with regional conservation organizations that are actively working to protect our hiking environment.

The Conservation Committee has lively discussions on these issues, and what CMC can do. We need to know what the club membership thinks is important. So, join us at our monthly meetings on the third Thursday of each month. Contact Ruth Hartzler (828-251-0886 or ruthhartler@charter.net) for time and place, or contact a committee member to voice your opinion.

We also need new committee members to learn about and research issues, attend government agency and conservation meetings, or simply voice your opinion. Our current members are Danny Bernstein, Rachel Doughty, Chip Miller, Becky Smucker, and Ruth Hartzler.

Rusty Breeding completes AT

One of our members, Rusty Breeding, recently completed the Appalachian Trail after years of section hiking. We contacted Rusty and she shared some thoughts with us.

“...I would like to thank all the people who helped make the accomplishment possible: All the CMC hike leaders who led hikes on the AT in North Carolina and Tennessee; Anita Baker and Amy Trevorton who let me tag along from Wesser to Fontana in 1991 – the first entry in my data book; Emily Terrell who took me through the Smokies in 1996; especially to Nancy Seymour Walter who invited me to hike with her and Margaret Suits in 1997, thus making me realize that doing the whole thing might be possible. Thanks also to Joanne Tulip who continued to hike with me after

Join our club!
HIKE CANCELLED – NO LEADER
P400  Note later start time.
Join us for a summit of Green Knob. We’ll return via the
trip is on maintained trails. Topo: Cove Creek Gap; also Nat’l. Geo. map of GSMNP

HALF-DAY THE GREEN RIVER GAIANS TREAT

HALF-DAY THE GREEN RIVER HIKES
Women are welcome, but nonmembers MUSy call the hike leader before the hike to determine the requirements. Half-day hikes submitted by Paula Robbiss, 828-281-3235, paulaw@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the Haggin Shopping Center (Exit 3B off I-240) unless otherwise noted. Some hikes will have second meeting places as described in hike listings.

HALF-DAY NO. H0604-318 Oct. 4
East Fork Pigeon River
Hike 5, Drive 74, Rated C-C
Nonmembers call leader, Renee Rikkers, 828-296-9988, RikkerK@aol.com
P400  *Note early start time. This in-and- out hike goes along a beautiful stream.

HALF-DAY NO. H0604-436 Oct. 8
Mt. Pisgah from the Pisgah Inn
Hike 10, Drive 116, Rated H-C
Hike 4, 4.5, Elevation gain 700 ft., Rated C-C
Nonmembers call leader, Laura Stallard, 828-347-1739
P400  *Note early start time. View autumn foliage from the top of Mt. Pisgah on this in- and-out hike. Second meeting place: Pisgah Inn parking lot at 1:30 PM.

HALF-DAY NO. H0604-381 Oct. 15
Snowball Trail
Hike 50, Drive 5, Rated B-B
Nonmembers call leader, Jorge Munoz, 828- 658-0066, jmuoz@buncombe.main.nc.us  
*Note early start time. This is a moderate in-and-out hike on a nice, steady climb!
High Rocks (Hawkbill Mt.) and scenic trails to be admired all the way on the ridge. Stop for a snack at Snowball Mountain before return. Second meet- ing place: Craven Gap on Blue Ridge Parkway at 1:20 PM.

HALF-DAY NO. H0604-464 Oct. 22
Balsam Gap to Greybeard Overlook
Hike 5, Drive 44, Rated C-C
Nonmembers call leader, Renee Rikkers,
828-296-9988, RikkerK@aol.com
*Note early start time. Although the dis- tance on this portion of the Mountains-to-Sea Trail is not long, this hike provides a good workout, with 400 feet ascending and 700 descends, with great views midway. Short car shuttle. Topo: Cliffs Mill; also map of Blue Ridge Parkway.

HALF-DAY NO. H0604-402 Oct. 29
Daniel Ridge Loop Trail
Hike 70, Drive 4, 800 ft. ascent, Rated C-C
Nonmembers call leader, Ruth Huffman, 828-215-8866, ruth@chartner.com
P400  *Note early start time. After scram- ming across a decent ridge, the trail is narrow and steep in some areas because of the washout of the bridge in Hurricane Ivan, the trail climbs gradually above a lovely stream with small waterfalls. A larger waterfall is seen just before the end of the hike. *Note: If the river is flooded, a different hike will be chosen. Second meet- ing place: Fish Hatchery parking lot off FS475 at 1:45 PM.

HALF-DAY NO. H0604-533 Nov. 5
Looking Glass Overlook to Voyager Range on the MST
Hike 70, Drive 5, 1500 ft. ascent, Rated C-A
Nonmembers call leader, Greg Goodman, 828-684-9703
P400  *Note early start time. This moder- ate one-way hike features great views from Green Knob. *Second meeting place: BRP Wagon Road parking area (MP 412) at 1:40 PM. Short car shuttle.

HALF-DAY NO. H0604-211 Dec. 12
Hike to the Point of the Mountain
Hike 80, Drive 70, Rated A-C
Nonmembers call leader, Renee Rikkers,
828-296-9988, RikkerK@aol.com
P400  *Note early start time. This hike will start at FS 1206, go along a ridge trail toward Black Mountain and return via the Laurel Mountain Trail. There should be good views of the Mills River Valley. *Meet at Westgate at 1:00 PM to form carpool (leader if past familiar with second meet- ing place); meet at the North Mills River parking area at 1:30 PM.

HALF-DAY NO. H0604-522 Nov. 19
Hot Springs Loop
Hike 65, Drive 5, Rated C-C
Nonmembers call leader, Larry Ballard, 828-891-4318
P400  *Note early start time. This hike may be part of last opportu- nity to see this beautiful section of the AT before Jack Frost descends! We will begin and end near Jack Frost Gap. This will be a nice one way hike with a few creek crossings.

HALF-DAY NO. H0604-336 Oct. 11
Mt. Cammerer from Big Creek Gap
Hike 8, Drive 11, 300 ft. ascent, Rated A-A
Susana Whittaker, 828-684-5948
SATURDAY WORK DAY
Here is a great chance to learn what is involved in trail maintenance. We will meet on Nov. 4 at the Moose Cafe at the Farmer’s Market on Rt. 191 at 8:00 a.m. for breakfast. We will return to Asheville around 4:00 p.m. Call Les Love at 828-658-1489 (leslove@chartner.com) to verify date.

SUNSET Hike
Join us for a summit of Green Knob. We’ll return via the trip is on maintained trails. Topo: Cove Creek Gap; also Nat’l. Geo. map of GSMNP
ALL DAY SATURDAY AND SUNDAY HIKES

Oct. 1
AT: Cullowhee – Alleghen Gap (strenuous)
Hike 13.5, Drive 95, 3300 ft. ascent, Rated A-AAA
Charlie Ferguson, 828-398-0213, ccfergur11@charter.net and Bruce Brant, 828-492-0116, bleticusu@charter.net
A strenuous hike with great payback. This AT hike features great views from the Firescald Knob, Blackrock Cliff and White Rock Cliffs, and the Camp Bald Creek Tower. The Fire Tower trail will be used to access the AT from the Cullowhee area. Key swap: Tops: Greystone, Dry Creek Bald, Hot Springs, also Nat’l Geo. French Broad & Nolichucky Rivers map

ALL DAY NO. A0604-249
Oct. 1
Haywood Gap / Buckeye Gap (moderate)
Hike 8, Drive 150, 1300 ft. ascent, Rated A-AAA
Larry Modlin, 828-251-5902, lmmodlin@warren-wilson.edu
*Note later start time. This hike will start at 9:00 AM*.
*Meet at Wanton Creek parking lot at 9:15 AM. Tops: also Nat’l Geo PRD map and Bent Creek Trail Map

ALL DAY NO. A0604-279
Dec 20
Montreat: RR Trestle Grade exposure (moderate)
Hike 8, Drive 7, 1200 ft. ascent, Rated B-B
Tom Sanders, 828-252-6327, mke@charter.net
*Meet at the RR Trestle Bridge (strenuous) hike

ALL DAY NO. A0604-218
Oct. 29
Sand Mountain Bald Road hike (strenuous)
Hike 9.5, Drive 40, 3100 ft. ascent, Rated B-A
Tom Sanders, 828-252-6327, tomary2@charter.net
*Note later starting time. This trip features two of the spectacular rock summits in the Pisgah forest, with great views of both while hiking. For the最为 steep part we have our major climb up to Cat Gap and then on to Cedar Rock for lunch. We’ll return via John Rock. This second meeting place: Pisgah Fish Hatchery at 8:00 AM. Tops: Shining Rock.

ALL DAY NO. A0604-353
Nov. 19
Indian Creek/Sundaka Ridge (3.740 AM)
Hike 12, Drive 135, 2000 ft. ascent, Rated B-B
Martin Newman, 828-454-1036, marianne63@mym.com
*Note early start time. Form car pools at Westgate at 7:30 AM and meet leader at rest area on US227 to Hayes Gap Road (4.7 miles). 9:00 AM. We’ll be doing a loop using Indian Creek and Martin’s Gap trails, then down Sunkota Ridge and Deep Creek to mountain profile and level - winter views (if the weather cooperates with us). The hike is long and the daylight is short, a fairly brisk pace will prevail. Tops: Bryant Rock, Clingman’s Dome; also Nat’l Geo. GSMNP map

BACKPACK NO. A0604-536
Nov. 27
Bald Mountain Cog Road (strenuous)
Hike 12, Drive 85, 1200 ft. ascent, Rated B-B
Paul Benson, 828-251-1909, pbenson@charter.net
*Note later start time. This is an interesting cog railway hike into the Black Mtn. Forest. We’ll head back to Dry Fork for a beautiful view during lunch, then return to the parking area. For reservation. Are you inclined?* stop on the AT, and go down the 3100 ft. The hike is great fun for reservation. Are you inclined?*

ALL DAY NO. A0604-207
Nov. 10
Clingman’s Dome Overlook (moderate)
Hike 8, Drive 70, 500 ft. ascent, Rated B-A
Marianne Newman, 828-454-1036, marianne63@mym.com
*Note later start time. This is an interesting cog railway hike into the Black Mtn. Forest. We’ll head back to Dry Fork for a beautiful view during lunch, then return to the parking area. For reservation. Are you inclined?*

ALL DAY NO. A0604-496
Oct. 1
Pink Beds to Clingman and return (strenuous)
Hike 8.5, Drive 70, 3000 ft. ascent, Rated B-A
Larry Modlin, 828-251-5902, lmmodlin@warren-wilson.edu
*Note later starting time. We’ll climb from the Pink Beds (FS 477) to Club Gap. Then we take the Black Mtn. Trail, climbing through Buckhorn Gap and along the Ridge to the overlook at Clingman Mtn. for lunch and 180 degree views. *Meet at Westgate at 8:00 AM to form carpools, and meet leader at Piggah Ranger Station at 9:00 AM.

ALL DAY NO. A0604-526
Nov. 10
Down the Incline (moderate)
Hike 9, Drive 30, 1350 ft. ascent, Rated B-A
Amy Treverton, 828-298-1882, amytrev88@yahoo.com
*Note later starting time. We’ll start at 7:00 AM to form carpools, and meet leader at second meeting place (phone location for leader) Tops: also Nat’l Geo. PRD map

ALL DAY NO. A0604-270
Dec. 12
Cedar Rock Mt./
John Rock Loop (moderate)
Hike 9.5, Drive 70, 2000 ft. ascent, Rated B-A
Tom Bindrim & Joan Lemire, 828-273-3880, tom@bindrim.com
*Note later starting time. We’ll start at 7:00 AM to form carpools, and meet leader at second meeting place (phone location for leader) Tops: Sand Mountain Bald, also Nat’l Geo. PRD map

ALL DAY NO. A0604-288
Dec. 19
Kisuma Peak (moderate)
Hike 8, Drive 60, 2000 ft. ascent, Rated B-A
Don Walters, 828-654-9904, donwalters@charter.net
*Note later starting time. This is an easy hike with a short, steep climb up to the parking area. Second meeting place: Turkey Pen parking area at 9:00 AM. Tops: Pisgah Forest, also Nat’l Geo. PRD map.