



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

## National Forests non-motorized trail strategy

The US Forest service is looking for a few good men and women. Since the majority of trail work is done by volunteers, the Forest Service is conducting a number of workshops at various locations in Western North Carolina to bring different types of trail users together to provide input on trail planning. The diverse types of trail users include hikers, bikers, and horsemen. These people were brought together to share trail experiences, identify the types of trails that fit in a recreational context, and help develop a sustainable system of trail management.

Initial workshops were held in Morganton, Andrews, Mars Hill, Franklin and Brevard. Several CMC members joined the 264 participants in the five meetings. Seventy diverse organizations were represented. The workshop in Brevard had to be moved to a larger location to accommodate

the 82 people who attended. Some thoughts by CMC attendees:

Tish Desjardins, CMC Chair of Conservation, said: "I thought it was interesting that they are looking to us for possibly applying for grants for projects that we could apply for. They sure seem to be desperate for financial

assistance. I wonder, though, if the group (bikers, horsemen, hunters, hikers, etc.) that provides the best grant assistance ends up getting what they want in the forest. With all the maintenance that CMC performs, it would be destructive if bikes or horses come along on the hiking trails that we maintain. Hopefully

*continued on page 7*



*Trail strategy participants at the meeting in Franklin.*

### COUNCIL CORNER

Greetings from the Hiking Committee. Our committee consists of Bruce Bente, Charlie Ferguson, Ann Gleason, Marcia Bromberg, Carroll Koepplinger,



Bonnie Allen, Brenda Worley, Kayah Gaydish and me. The last four years the hiking committee has been led very well by Charlie Ferguson. In addition to all his work with the hiking committee, Charlie has played a major part in the development of our new website. I am more than a little nervous about following in his footsteps as Councilor for Hiking.

One of our biggest challenges as a committee is recruiting, training and retaining our great group of hike leaders. Bonnie schedules the half day Sunday hikes. The last few quarters she has been struggling to get enough leaders for all the dates. Over the next few months we are asking all-day leaders to consider leading a half day Sunday hike from time to time. Any leader who would be interested in helping out with these hikes please feel free to email Bonnie or me and we will add you to the list. I am sure that Bonnie will appreciate any help she can get.

While we're on the subject of schedulers, as I see it, schedulers have one of the most complicated and at times the most underappreciated duties in the club. Bruce does the scheduling of Sat/

Sun all-day hikes, as well as maintaining the hike database. He told me he takes about two weeks off after he finishes one quarter before he starts working on the next. Bruce does such a great job, it would be easy to forget all the work he does for CMC. Ann and Brenda alternate quarters doing the Wednesday schedule. At times they struggle to fill their schedule also and are happy to hear when a leader already knows what hike they want to do, including all details. All these guys do a great job.

The Hiking Committee is looking for a volunteer to assist Bruce in his duties as scheduler while he is working on the 2013 ATC Biennial Conference hike schedule. Feel free to email me or any member of the Hiking Committee if you would like to volunteer to assist in any way.

*- Jim Reel*

Hike leaders dinner –

## Big night for the 7%

Fifty-plus hike leaders (that's about 7% of CMC members) met at Pack's Tavern Century Room on Feb. 24 for a Thank-You Dinner sponsored by the Club.

The evening began with a waiter offering demitasse cups of smooth butternut squash soup (very appealing on a blustery night) to mingling, laughing groups of people moving between the bar and a loop slide show. The photos, taken on CMC hikes, included bathing beauties at waterfalls, gorgeous scenery, and one large rattlesnake.

The buffet dinner was similar to that enjoyed by diners at the Annual Dinner, but the food was even tastier. The dessert – creamy lemon bars with a sugary crunch – was a sinful delight.

Charlie Ferguson coordinated several speakers who had short announcements, to find out who is interested in taking a CPR course, that there are CMC patches and business cards available, and the importance of hike sign-up sheets/reports and...

...Sherman Stambaugh formally announced his retirement from hike leading at age 90-something. He put in a plug for hiking at the old Richmond Hill property, just off Riverside Drive, which has newly marked trails. He noted, "It's a nice place

to take company and it's really beautiful up there."

...Charlie recognized and thanked several new hike leaders: Heather and Russ Cooper, Paul Dickens, Bev McDowell, John Sanders, and Dick Zimmerer.

...Bruce Bente offered some lessons to be learned from "Other Hike Leaders' Foibles" and unwittingly generated the biggest guffaws of the evening.

- The Case of the Lost Scout: An experienced hike leader went out ALONE to scout his trail and got lost. Emergency crews had assembled and were ready to walk into the forest when he finally emerged at 11:30 p.m.

- The Case of the Lost Maintainer: Another experienced hike leader went out ALONE to maintain his trail, and you guessed it. He was very late getting home and gave his wife a big scare.

- The Case of the Lost Sweep: While the sweep was calibrating his GPS before the hike began, the group took off heading left,



Hike leaders gather before the dinner (l to r) Paul Benson, Paul Dickens, Kathleen Hannigan, Kathy and Michael Cornn, and Bob Hysko.

the sweep took off about 2 minutes later, and you guessed it. He went right.

The evening ended with 7 lucky attendees winning door prizes. Thank you so much to Diamond Brand and REI for donating these items!

The 7% thanks the 93% for providing a very fine evening. If any of you 93 percenters would like to attend this dinner next year, CMC is always looking for new hike leaders. Training and mentoring are provided. You too can become part of the 7%!

## Spring is on the way

One harbinger of spring for CMC members is our annual Spring Social, held every year at the NC Arboretum. This year will mark the seventh year of the event. The dinner will again be catered by Bubba Q and two afternoon hikes will be held. The evening program will be provided by our own Danny Bernstein, who will talk and show slides of her recent completion of the entire Mountains-to-Sea Trail. An insert will be included in this newsletter with more details and a tear-off form to fill out and send in with your check for the occasion. Non-members will be welcome.

Hike—Save Trails—Make Friends

Carolina Mountain Club  
P. O. Box 68  
Asheville, NC 28802

www.carolinamountainclub.org  
cmcinfo@carolinamountainclub.org

Member Appalachian Trail Conservancy



Join the Carolina Mountain Club



Photo by Elaine Pearsons

We lead 180+ hikes each year, maintain over 425 miles of trails, and support trail conservation.

We invite you to visit our website and join us.

## New business cards for CMC

Barbara Morgan, our new Councilor and Chair for Membership, has designed new business cards for the club.

For several years, these cards have been part of a packet sent to new members along with a newsletter, a CMC bumper sticker, and a CMC hiking brochure. On one side of the card is the famous CMC Asheville P.O. box number, our website, reference to the Appalachian Trail Conservancy, and our logo. On the reverse side is a reference to the number of hikes we lead yearly and trails we maintain. Also there is a beautiful photograph of a meadow on Roan Mountain taken by Elaine Pearsons, a professional photographer and CMC member.

Barbara Morgan with the card.



### How to join the CMC

1. Go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org)
2. Click on Join (top left) or Join CMC! (right center).



3. You will see instructions for joining online or via mail or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application

## TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an \* are currently seeking new members. MST and AT section maintainers work on their own schedule.

### Monday

Barth Brooker, barthb@bellsouth.net

### Wednesday\*

### Waynesville West (Wednesdays)\*

Larry Sobil, lsobil@bellsouth.net

### Friday Asheville\*

Skip Sheldon, shelhalla@bellsouth.net

### Friday Pisgah

Pete (R) Petersen, roap@aol.com

### Wilderness Crew (Saturday bimonthly)\*

Becky Smucker, bjsmucker@gmail.com

### Saturday quarterly\*

Les Love, lesrlove@charter.net

### MST sections

Barth Brooker, barthb@bellsouth.net

Les Love, lesrlove@charter.net

Pete (A) Petersen,

arpetersen11@morrisbb.net

Larry Sobil, lsobil@bellsouth.net

### AT sections

Tim Carrigan, tim@newprisim.com

## HIKE SCHEDULE Second Quarter 2012

### Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at [www.carolinamountainclub.org](http://www.carolinamountainclub.org).

## CHALLENGE PROGRAMS

**SB6K** For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@unc.edu

**P400** For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

**900M** For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

**LTC** For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@unc.edu

**WC100** For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

## WEDNESDAY HIKES

Wednesday hikes submitted by Ann Gleason 828-859-9387, gleason.ann@gmail.com. Driving distance is round-trip from Asheville. All hikes assemble at the **far rear (north end)** of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

WEDNESDAY NO. W1202-352 **Apr. 4**

### Jones Gap Trail/ Coldspring Loop \*8:00 AM

Hike 11, Drive 80, 1940 ft. ascent, Rated A-A

Brenda Worley, 828-684-8656,

cell: 828-606-7297, clworley@bellsouth.net

**\*Form carpools at Westgate, and meet leader at Cracker Barrel, Exit 53 off I-26, at 8:30 AM.**

We'll hike up the Jones Gap and Tom Miller Trails past 2 waterfalls to US 276, then loop back via the Coldspring Trail. There are several creek crossing which are usually dry unless there has been heavy rain. NOTE: \$2 per person parking fee at trailhead. Topos: Standingstone Mtn, Cleveland, Table Rock and Mountain Area Trail Map.

WEDNESDAY NO. W1202-740 **Apr. 11**

### Six Waterfalls near Brevard \*8:00 AM

Hike 5.8, Drive 100, Rated C-C

Jack Fitzgerald, 828-685-2897,

suejackfitz@bellsouth.net

**WC100, P400 \*Form carpools at Westgate, and meet leader at Bi-lo in Pisgah Forest at 8:30 AM.**

A number of short in-and-out hikes to waterfalls near Brevard: Maidenhair, Dill and Upper Dill, Courthouse, Bird Rock and Catheys Creek.

Topos: Rosman, Sams Knob

## SATURDAY WORK DAY

For the Saturday MST Trail Building Work Days in 2012 meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40. The dates are May 5, June 2 (National Trails Day), September 8 and October 27. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (lesrlove@charter.net) to verify date.

WEDNESDAY NO. W1202-653 **Apr.18**

### Flat Creek Falls \*8:00 AM

Hike 7 Drive 125, 1300 ft. ascent, Rated B-B

Sawako Jager, 828-687-2547, Baiko70@aol.com

**WC100 \*Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo at 8:30 AM.**

Flat Creek Fall is an awesome 200 ft waterfall nestled in the remote area of Nantahala National Forest. This hike involves walking the unmaintained Old Trestle Path (FS #445), then some old logging roads, and a mild bushwhack. The last 300 ft consists of scrambling over boulders to the base of the falls. We will have lunch at the lower portion of the falls. There are a total of 6-8 wet stream crossings in each direction. Bring wading shoes. Topo: Big Ridge

WEDNESDAY NO. W1202-603 **Apr. 25**

### Big Ivy-Perkins, Laurel Gap and Bear Pen 8:30 AM

Hike 5.5, Drive 55, 700 ft. ascent, Rated C-C

Marcia Bromberg, 828-505-0471,

mwbromberg@yahoo.com

We will hike up the Laurel Gap Tr. and turn right and hike to Bear Pen Trail, then loop back. Flowers should be plentiful. **Second meeting place: Ingles at Weaverville at 8:45 AM.** Topos: Mt Mitchell, Montreat

WEDNESDAY NO. W1202-060 **May 2**

### Pilot Mountain-Farlow Gap \*8:30 AM

Hike 8, Drive 50, 2300 ft. ascent, Rated B-A

Ashok Kudva, ashok.kudva@att.net,

828-698-7119, cell: 828-674-1374

**P400 \*Form carpools at Westgate, and meet leader at Pisgah Ranger Station at 9:05 AM.**

This hike is timed for what we hope will be the bloom of rare pink-shell azaleas and trout lilies. It starts with a steep climb to the summit of Pilot Mtn., then down to Deep Gap and a short climb over Sassafras Knob. It's nearly all downhill or level as we continue to Farlow Gap with its trout lily flower display. We'll return on a pleasant seldom-used graveled forest road. There will be several stops for photography along the way. Topo: Shining Rock; also NatGeo. map #780

WEDNESDAY NO. W1202-469 **May 9**

### Craggy Gardens to Bull Gap \*8:30 AM

Hike 8.7, Drive 45, 1650 ft. ascent, Rated B-B

Jim Ariail, 828-505-0443, jimariail@yahoo.com

**\*Only meeting place: The lower parking lot of the Folk Art Center.** A pleasant hike on the MST starting at Craggy Gardens Visitor Center and features Lane Pinnacle and the Rattlesnake Lodge site. Great May flowers and mountain views. Topo: Montreat

WEDNESDAY NO. W1202-222 **May 16**

### Montreat Loop #3 modified \*8:40 AM

Hike 5, Drive 40, 1300ft.ascent, Rated B-B

Ames Tryon, 828-669-3805, tryonaf@charter.net

**\*Form carpools at Westgate, and meet leader at Ingles parking lot off Exit 64 off I-40 at**

**9:00 AM.** This hike will be a modification of the #3 loop hike. The hike will start and end at the Greybeard trailhead. We will hike the Greybeard trail for a short distance, then ascend a steep un-blazed spur trail to the Trestle road. The hike continues up the Trestle road until intersecting the Greybeard Trail. Hike will descend via Greybeard and Harry Bryan trails to parking area. Topo: Montreat

WEDNESDAY NO. W1202-372 **May 23**  
**Big Fork Ridge to Rough Fork Loop 8:00 AM**  
Barbara Morgan, 828-738-3395,  
cell: 828-460-7066, Barbc129@gmail.com

Hike 9.6, Drive 95, 1800 ft. ascent, Rated A-B  
**900M** We will hike from the end of the road in Cataloochee Valley up the Big Fork Ridge Trail, then turn right on to the Caldwell Fork Trail. We will pass record-sized tulip poplar trees, then turn down hill on the Rough Fork Trail. **Second meeting place: Pilot Station off Exit 24 of I-40 at 8:30 AM.** Topo: Dellwood

WEDNESDAY NO. W1202-367 **May 30**  
**FS 816 to Bridges Camp Gap via Grassy Cove** **\*8:30 AM**  
Hike 8.8, Drive 65, 1600 ft. ascent, Rated B-B  
Laura Frisbie, 828-337-5845,  
laurafrisbie@gmail.com

**P400** \*Form carpools at Westgate, and meet leader at BRP Cold Mtn. Overlook (MM 412) at 9:10 AM. *Wilderness area, limit 10; contact leader for reservation.* A favorite hike of many that includes a gorgeous variety of environments. Follow the ALT to Black Balsam and Tennent Mtn, then descend to Ivestor Gap, turn right and hike down Grassy Cove Ridge to the Big East Fork of the Pigeon River, then right onto Bridges Camp Trail to MST and Bridges Camp Gap. Car shuttle. Topo: Shining Rock

WEDNESDAY NO. W1202-248 **June 6**  
**AT: Spivey Gap, Nolichucky River 8:00 AM**  
Hike 10.6, Drive 110, 2000 ft. ascent, Rated A-A  
Janet Martin, 502-494-9309,  
jaykaymartin@msn.com

Follow the AT north from Spivey Gap to the Hostel at the Nolichucky River. Great view of the Nolichucky gorge. Car shuttle. Topo: Chestoa

WEDNESDAY NO. W1202-521 **June 13**  
**MST: Mt Pisgah to Bent Creek Gap 8:30 AM**  
Hike 8.4, Drive 45, 1440 ft. ascent, Rated B-B  
Joe Burchfield, 828-338-0443,  
burchfield@niu.edu

We will follow the MST north from Mt Pisgah Parking lot (without climbing Mt Pisgah) to Bent Creek Gap. This hike features a long descent (3180 ft.) with numerous up and downs and a moderate climb over Ferrin Knob near the end. Car Shuttle. **Second meeting place: BRP French Broad overlook at 8:50 AM.** Topos: Cruso, Dunsmore Mtn; NatGeo map #780 and MST profiles p 42-45

WEDNESDAY NO. W1202-566 **June 20**  
**Roan Mountain** **\*8:30 AM**  
Hike 8, Drive 130, 1000 ft. ascent, Rated B-B  
Tish Desjardins, cell: 828-380-1452  
desraylet@aol.com

**\*Form carpools at Westgate, and meet leader at MacDonalds in Burnsville at 9:10 AM.** This in-and-out hike features great views. From Carver's Gap we go over Jane Bald and Round Bald to Grassy Ridge Bald. With luck we will hit the Rhododendron Bloom. If time allows we will drive to the gardens and walk 1/2 mile to see the view from Roan High Bluff (small fee). Topo: Carvers Gap, NatGeo #783

WEDNESDAY NO. W1202-368 **June 27**  
**Bradley Creek and Riverside Stream Crossings** **\*8:00 AM**  
Hike 8, Drive 70, 650 ft. ascent, Rated B-C  
Rich Sampson, 704-453-9059,  
sampson.r@bellsouth.net

**P400** \*Form carpools at Westgate, and meet leader at Food Lion on NC 280 in Mills River at 8:25 AM. There are about 25 wet stream crossings but the terrain is almost level and you will enjoy the beauty of the streams and the diverse flora. Plan to hike in shoes/boots you don't mind getting soaked and use two hiking poles. Car shuttle. Topo: Pisgah Forest, Dunsmore, Nat'lGeo#780.

## ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at the **far rear (north end)** of Westgate Shopping Center at I-240 exit 3B UNLESS OTHERWISE NOTED. Some hikes will have second meeting places, and starting times may vary.

SUNDAY NO. A1202-107 **Apr. 1**  
**Big Cataloochee Mtn.** **8:00 AM**  
**(strenuous)**  
Hike 11, Drive 130, 3200 ft. ascent, Rated A-AA  
John Sanders, cell: 828-707-6377,  
jmsand@us.ibm.com

**S<sup>B</sup>6K, 900M** *This is a strenuous hike.* From the Beech Gap Trailhead on Straight Fork Road, we will make a steep climb to the intersection of the Balsam Mountain Trail and continue on to the Laurel Gap trail shelter. From the shelter, we will hike a short distance along the Mount Sterling Ridge Trail before leaving the trail and bushwhacking (very steep) our way to the summit of Big Cataloochee Mountain. We return by the same route. **Additional meeting places: Maggie Valley P. O., but contact leader first, and parking lot of Oconaluftee Visitor Center at 9:00 AM.** Topo: Luftee Knob, Cove Creek Gap, Waterville; also NatGeo map #317

SUNDAY NO. A1202-582 **Apr. 1**  
**Gauging Station – Pink Beds loop 8:30 AM**  
**(moderate)**  
Hike 9, Drive 85, 900 ft. ascent, Rated B-C  
Danny Bernstein, 828-236-0192,  
danny@hikertohiker.com

**P400** This will be a pleasant loop from the gauging station, covering parts of the S. Mills River, Buckhorn Gap, Black Mtn., Barnett Branch and Pink Beds Loop trails. Early spring wildflowers should be in abundance. **Second meeting place: Pisgah Forest Bi-Lo at 9:00 AM.** Topos: Shining Rock; Pisgah Forest; also NatGeo. map #780

SUNDAY NO. A1202-417 **Apr. 8**  
**Butter Gap, Long Branch, ALT, Horse Cove Loop 8:00 AM**  
Hike 13, Drive 72, 3000 ft. ascent, Rated AA-AA  
Carroll Koeppinger, 828-667-0723,  
carrollkoepp@bellsouth.net

**P400** Highlights of this low-altitude hike include the McCall Family cemetery and good views from Rich and Chestnut Mtns. and from the Art Loeb Trail. **Second meeting place: Fish Hatchery at 8:45 AM.** Topo: Shining Rock; also NatGeo. Map #780

WEEKEND NO. A1202-tbd **Apr. 13-15**  
**Mountain Treasures Camporee #1**  
Ted Snyder, 864-638-3686,  
tedsnryderjr@bellsouth.net and  
Jim Reel, 828-738-0751, jimr57@yahoo.com  
Come to the first of a series of weekend camporees, designed to feature a cluster of Mountain Treasures. Eight different hikes have been scheduled over the weekend. For details of each hike and the Mountain Treasures, go to the CMC website and look under "hiking" for "hiking – camporee". The web site gives driving directions, plans for a group barbecue, and hike descriptions. Any questions should be referred to Ted or Jim.

SUNDAY NO. A1202-164 **Apr. 22**  
**Hawkbill Flower Hike 8:00 AM**  
Hike 8.4, Drive 54, 2870 ft. ascent, Rated B-AA  
Carroll Koeppinger, 828-667-0723,  
carrollkoepp@bellsouth.net

LTC This great wildflower hike follows a rough trail up alongside Hawkbill Creek to the top of the cove, then a very steep 400 ft bushwhack up to Hawkbill Rock. Then hike along the ridge line to site of Little Snowball Tower and follow old roads and trails down to the trailhead. The wildflowers and ramps have been spectacular every time CMC has done this hike. Topo: Craggy pinnacle

SATURDAY NO. A1202-680 **Apr. 28**  
**Lost Cove 8:30 AM**  
Hike 8, Drive 90, 1500 ft. ascent, Rated B-B  
Jake Blood, 828-284-6878,  
thebloods@hotmail.com and John Whitehouse,  
828-682-3217, johnwhitehouse@frontier.com  
**\*Form carpools at Westgate at 8:30 AM, and meet leaders at Prices Creek General Store**

**just off US 19E (Take Burnsville Exit 9 off I-26 then follow US 19/19E for 11.8 miles. Turn left onto Prices Creek Rd. You can see the store from there).** We will hike to Lost Cove in northern Yancey County. Lost Cove, lost in time and geography, was settled pre-Civil War along the uncharted border of NC and TN in the Nolichucky River Gorge. Accessible only by foot, the settlement was abandoned in the 1950's. Several ruins and a cemetery remain which we will explore. Time permitting, we may extend the hike to the river. Topos: Hunt Dale, Chestoa

SUNDAY NO. A1202-752 **Apr. 29**  
**Little Cataloochee History Tour 8:30 AM**  
Hike 8, Drive 90, 1800 ft. ascent, Rated B-A  
Mike Knies, 828-628-6712, knies06@att.net.  
On this hike we will learn about the history of the mountain settlement of Little Cataloochee and the people who lived there. We will be visiting the community of Ola and investigating old home, mill, and school sites as well as farms, a church and a cemetery or two. We will be doing mostly on-trail hiking with a few easy short off-trail excursions. This is a special cultural hike like few others. **Second meeting place: Exxon off Exit 20 of I-40 at 9:05 AM.** Topo: Cove Creek Gap; also NatGeo map #317

SUNDAY NO. A1202-753 **May 6**  
**Alarka Falls \*8:00 AM**  
**(Mountain Treasures hike #15)**  
**(strenuous)**  
Hike 10, Drive 150, 800 ft. ascent, Rated A-C  
Brent Martin, 828-587-9453  
(cell: 828-371-0347), brent\_martin@tws.org  
**\*Form carpools at Westgate, and meet leader at Cowee Convenience Store (US 23 south, right onto Sanderstown Rd., right onto NC 28) at 9:15 AM.** This new hike in the Alarka Laurel area of the Cowee Mountains starts out on the Walton Smith Trail, follows old logging roads and unnamed trails to Alarka Falls and loops back to the trailhead. Topo: Greens Creek

SUNDAY NO. A1202-060 **May 6**  
**Pilot Mtn. – Farlow Gap \*8:30 AM**  
**(moderate)**  
Hike 8, Drive 80, 1900 ft. ascent, Rated B-A  
Ashok Kudva, 828-698-7119, cell: 828-674-1374, ashok.kudva@att.net  
**P400 \*Form carpools at Westgate, and meet leader at Pisgah Forest Bi-Lo at 9:00 AM.** This hike is timed for what we hope will be the bloom of rare pink-shell azaleas and trout lilies. It starts with a steep climb to the summit of Pilot Mtn., then down to Deep Gap and a short climb over Sassafras Knob. It's nearly all downhill or level as we continue to Farlow Gap with its trout lily flower display. We'll return on a pleasant seldom-used graveled forest road. There will be several stops for photography along the way. Topo: Shining Rock; also NatGeo. map #780

SATURDAY NO. A1202-246 **May 12**  
**Around Coffee Pot Mountain 10:00 AM**  
Hike 7.5, Drive 40, 1400 ft. ascent, Rated B-B  
Lenny Bernstein, 828-236-0192, lsberns@att.net  
**P400** We'll circle Coffee Pot Mtn. by hiking up Trace Ridge Trail to Beaver Dam Gap on the BRP and returning on the Spencer Branch Trail, with a stop to see the Hendersonville Reservoir and dam. Topo: Dunsmore Mtn; also NatGeo map #780

SUNDAY NO. A1202-214 **May 13**  
**Kimsey Creek Trail -**  
**Standing Indian Circuit 8:00 AM**  
Hike 11, Drive 170, 2800 ft. ascent, Rated A-AA  
Janet Martin, cell: 502-494-9309, jaykaymartin@msn.com  
This great spring flower hike in the Nantahala National Forest is known for its beautiful forest, rushing streams and excellent vistas. We'll hike up the Kimsey Creek Trail to the AT at Deep Gap, and then along the AT to our lunch spot, Standing Indian. At 5498 ft., it is the highest mountain on the AT south of the Great Smoky Mountains, with outstanding views. From the summit, the hike will be down Lower Trail and Ridge Trail to loop back to the Standing Indian Campground. **Second meeting place: rest stop beyond Waynesville on US 23/74 at 8:30 AM.** Topo: Rainbow Springs; also NatGeo map #784

SATURDAY NO. 1202-008 **May 19**  
**Bee Tree Gap to Tanbark Tunnel \*9:00 AM**  
Hike 6.2, Drive 40, 1300 ft. ascent, Rated B-B  
Kathleen Hannigan, 828-230-4883, kathleen.hannigan@pgnmail.com  
**\*Only meeting place: back parking lot of Folk Art Center.** A pleasant spring hike on the MST over Lane Pinnacle and through the Rattlesnake Lodge site, featuring excellent views, interesting rock formations and many wildflowers. There are several steep but short ups and downs and a long, well-graded descent. 6-mile car shuttle. Join the hike leader at her home for wine and cheese after the hike. Topo: Craggy Pinnacle

SUNDAY NO. A1202-119 **May 20**  
**Charlies Bunion and Mt. Kephart 8:00 AM**  
Hike 9.4, Drive 135, 2400 ft. ascent, Rated A-AA  
Marianne Newman, 828-257-2136, marianneln@att.net  
**SB6K, 900M** This scenic in-and-out hike will follow the AT from Newfound Gap to a spectacular lunch spot at Charlies Bunion. After lunch we'll do a side trip to Mt. Kephart and the Jumpoff. **Second meeting place: Maggie Valley P.O., but contact leader first.** Topo: Clingmans Dome, Mt. Le Conte, Mt. Guyot; also NatGeo map #317

SUNDAY NO. A1202-125 **May 27**  
**Mt. Collins & Clingmans Dome**  
**from Road Prong trailhead 8:00 AM**  
Hike 12, Drive 150, 3900 ft. ascent, Rated A-AA+  
Jeff McGurk, cell: 864-921-6469, jbsbestfan@hotmail.com

**SB6K, 900M** Bag two SB6K peaks on this strenuous AT adventure up to Clingmans Dome and return. Great views and May wildflowers. **Second meeting place: Maggie Valley P.O., but contact leader first.** Topo: Clingmans Dome; also NatGeo map #317

MEMORIAL DAY NO. A1202-734 **May 28**  
**Jones Meadow to Allen Gap 8:15 AM**  
**(Joint Hike with SMHC)**  
Hike 9, Drive 100, 900 ft. ascent, Rated A-C  
Becky Smucker, cell: 828-231-2198, bjsmucker@gmail.com  
**LTC** This scenic hike climbs up to the AT from Jones Meadow, and then follows the AT south to Allen Gap, with a side trip to the Camp Creek Bald tower. There is a 3130 ft. descent. 8.7 mile car shuttle. Topos: Greystone, Davy Crockett Lake, Hot Springs; also NatGeo map #782

SUNDAY NO. A1202-249 **June 3**  
**Haywood Gap –**  
**Buckeye Gap Loop \*8:00 AM**  
**(strenuous)**  
Hike 9.6, Drive 80, 1700 ft. ascent, Rated A-A  
Jill Gottesman, cell: 828-545-5236, jill\_gottesman@tws.org  
**\*Form carpools at Westgate, and meet leader at BRP Overlook at MM 425.4.** We will start hiking at the Blue Ridge Parkway at Buckeye Gap, heading east on the MST with views across the Middle Prong Wilderness. We will pick up the Buckeye Gap Trail (#126) and hike north, down to the headwaters of the Middle Prong of the Pigeon River. When we reach the Haywood Gap Trail (#142), we will take a ¼- mile detour north to the Wilderness Area boundary to see the Middle Prong and eat lunch, returning via the Haywood Gap Trail back up to the Blue Ridge Parkway, and follow the MST back to Buckeye Gap. Highlights are views along the MST and scenic stream-side trails through a Wilderness Area much lesser known and visited than its Shining Rock neighbor. Wet stream crossings likely. *Wilderness area hike, limited to ten hikers—call leader for reservations.* Topo: Sam Knob; also NatGeo. map #780 and USFS Shining Rock and Middle Prong Wilderness map

SUNDAY NO. A1202-279 **June 3**  
**Montreat: RR trestle Grade**  
**to Pot Cove 9:00 AM**  
**(moderate)**  
Hike 7.5, Drive 35, 1000 ft. ascent, Rated B-B  
Les and Catherine Love, 828-658-1489, lesrlove55@gmail.com  
The hike starts southward toward Lookout Mountain, but veers north to hike along the west side of the ridge to Sourwood Gap, and then switches to the east side of the ridge through Long Gap to Pot Cove Gap, the site of an old quarry. By alternating sections of the Old Trestle Road, which was used by the Mt. Mitchell Railroad for logging and later for passengers, and the Old Toll

Road to Mt. Mitchell, the hike will circumnavigate both Thunder Knob and Brushy Mtn. **Second meeting place: Ingles parking lot off Exit 64 of I-40 at 9:20 AM.** Topo: Montreat; also Montreat Trail Map

SUNDAY NO. A1202-742 **June 10**  
**Indian Grave Gap**  
**to Nolichucky River** **8:30 AM**  
Hike 8.3, Drive 105, 600 ft. ascent, Rated B-C  
Bob Hysko, cell: 828-243-3630,  
rhysko@yahoo.com

This moderate hike on the AT follows a ridgeline to Curley Maple Gap, and then descends steadily to the Nolichucky River (2300 ft. total descent) through lush woods and ends at Uncle Johnny's hostel, a must-stop for AT thru hikers. Car shuttle. Topos: Chestoa, Hunt Dale

SATURDAY NO A1202-611 **June 16**  
**Big Ivy - Walker Ridge Loop** **10:00 AM**  
Hike 8.2, Drive 34, 1950 ft. ascent, Rated B-A  
Marcia Bromberg, 828-505-0471,  
mwbromberg@yahoo.com

We'll start our hike on the Walker Creek and Perkins Trails. Most of the altitude gain is accomplished during the first hour of the hike. The ascent will be at a moderate pace. Our next two miles is a stroll on the meadow-like Laurel Gap Trail, before heading back down to the cars, using the Bear Pen and Staire Creek Trails. These trails are rocky and steep in spots. There are several stream crossings on this hike. We walk near lovely creeks on part of the trails. **Second meeting place: Roses parking lot in Weaverville at 10:15 AM.** Topo: Mt Mitchell, Craggy Pinnacle, Montreat; also South Toe/Big Ivy FS map RG355 and NatGeo map #779

SUNDAY NO. A1202-566 **June 17**  
**Roans in Bloom** **\*8:30 AM**  
Hike 7, Drive 150, 1000 ft. ascent, Rated B-B  
Tish Desjardins, cell: 828-380-1452,  
desraylet@aol.com

**SB6K \*Form carpools at Westgate, and meet leader at Burnsville McDonald's at 9:10 AM.** A beautiful AT hike with some of WNC's finest views. Expect rhododendrons and flame azaleas to be in bloom, with perhaps an early Gray's Lily. From Carver's Gap we'll go north past Grassy Ridge (6160 ft.) to a scenic overlook for lunch, then double back south to Carvers Gap. From here we'll drive up to see the Rhododendron Gardens and the vista from Roan High Bluff (6287 ft.). (small fee to enter garden area) Topo: Carvers Gap; also NatGeo. map #783

SUNDAY NO. A1202-555 **June 24**  
**MST: NC 80 to Woods Mtn.** **8:30 AM**  
Hike 10, Drive 90, 1400 ft. ascent, Rated A-B  
Tom Sanders, 828-252-6327,  
tsanders.avl@gmail.com

Hike on a little-traveled section of the eastbound MST north of NC 80 to Woods Mtn., with sel-

dom seen views of the Blacks and Mt. Mitchell. **Second meeting place: parking lot adjacent to Ingles at Exit 64 of I-40 at 8:50 AM.** Topos: Celso, Little Switzerland

SATURDAY NO. A1202-175 **June 30**  
**Waterrock Knob, Yellowface**  
**and Blackrock Mtn.** **9:00 AM**  
Hike 6, Drive 90, 2400 ft. ascent, Rated B-AA  
Bev MacDowell, 828-684-1000,  
cell: 828-777-5806, bevmacdowell@charter.net

**SB6K** This scenic hike offers two SB6K peaks and outstanding views as we hike a rough trail along the ridgeline to Yellowface and Blackrock Mtn, an established trail up to Waterrock Knob. **Second meeting place: Maggie Valley P.O. at 9:30 AM, but contact leader first.** Topo: Sylvia North

## HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Bonnie Allen, bonnie@allencats.com, 828-645-0357. Driving distance is round-trip from Asheville. All hikes assemble at the **far rear (north end)** of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

HALF-DAY NO. H1202-236 **Apr. 1**  
**Dupont Forest Fawn Lake P.L. #1** **\*12:30 PM**  
Hike 6, Drive 95, 1000 ft. ascent, Rated C-B  
Nonmembers, call leader: Ashok Kudva,  
828-698-7119, cell: 828-674-1374,  
Ashok.Kudva@att.net

**WC100 \*Form carpools at Westgate, and meet leader at Bi-Lo in Pisgah Forest at 1:05 PM.** This hike trims two miles from the all-day version of the hike, on well-laid trails over Mine Mountain and the Airstrip Trail, featuring Bridal Veil Falls and Fawn Lake. Seasonal view of mountain range and the site of old DuPont Manufacturing Plant. Topo: Standingstone Mountain, also DuPont Forest Trail Map.

HALF-DAY NO. H1202-553 **Apr. 8**  
**Montreat Loop #4** **1:00 PM**  
Hike 5, Drive 40, 1000 ft. ascent, Rated C-B  
Nonmembers, call leader: Laura Frisbie,  
828-337-5845, laurafrisbie@gmail.com

This moderate hike ascends the Lookout Trail over Lookout Rock and then follows the East Ridge Trail to Sourwood Gap. Return will be by the Toll Road, the Buck Gap Trail, and the Old Trestle Road to the Lookout Trail. After a moderately steep ascent and a short rock scramble, we will follow the ridge trail over several knobs and then return with an easy walk along the Toll and Trestle Roads. **Second meeting place: Ingles**

**parking lot off Exit 64 of I-40 at 1:20 PM.** Topo: Montreat

HALF-DAY NO. H1202-325 **Apr. 15**  
**Rich Mountain Fire Tower** **\*12:30 PM**  
Hike 5.2, Drive 52, 1300 ft. ascent, Rated C-B  
Nonmembers, call leader: Russ and Heather  
Cooper, 828-484-9562, cooper.hs@charter.net  
**LTC \*Only meeting place: Rose's parking lot (opposite McDonald's) off Exit 19B of I-26 in Weaverville.** This moderate in-and-out hike features great views from the Rich Mtn. Fire Tower near Hot Springs. We follow the AT and then a short side trail to the fire tower and return via the AT. Topo: Hot Springs; also ATC TN-NC map #4

HALF-DAY NO. H1202-173 **Apr. 22**  
**Courthouse Falls via Summey Cove** **12:00 PM**  
Hike 5.4, Drive 110, 1150 ft. ascent, Rated C-B  
Nonmembers, call leader: Stuart English,  
828-883-2447, stuengo@comporium.net  
**P400 \*Form carpools at Westgate, and meet hike leader at Pisgah Forest Bi-Lo at 12:35 PM.** Hike starts at the Summey Cove trailhead on NC 215 above Balsam Grove and follows this trail 2.2 miles to its end at FS 140, with a side trip down and back to Courthouse Falls. Continue for 3.1 miles on FS 140 to its termination at NC 215. Short car shuttle. Topos: Sam Knob, Lake Toxaway; also NatGeo map #780

HALF-DAY NO. H1202-490 **Apr. 29**  
**Craven Gap to Folk Art Center** **\*12:00 PM**  
Hike 5.4, Drive 12, 750 ft. ascent, Rated C-C  
Nonmembers, call leader: Bobbi Powers,  
828-667-5419, bobbipowers@live.com  
**\*Only meeting place: back parking lot of Folk Art Center.** A pleasant walk from Craven Gap to the Folk Art Center, usually a mecca for spring wildflowers. Short car shuttle. Topo: Oteen, Craggy Pinacle

HALF-DAY NO. H1202-464 **May 6**  
**Balsam Gap**  
**to Greybeard Overlook** **\*12:00 PM**  
Hike 4, Drive 44, 1300 ft. ascent, Rated C-B  
Nonmembers, call leader: Renate Rikkers,  
828-298-9988, ririkkers@aol.com

**\*First meeting place: back parking lot of Folk Art Center.** A short hike through a range of environments and landscapes, including rocky trail sections that require good foot wear and hiking poles for bad knees. This hike takes us from Alpine vegetation through old hemlock and lichen-covered oak forest, over open blueberry balds with long-range views, and finally through lovely beech forest and sweeping native grasses to the Greybeard Overlook. Short car shuttle. **Second meeting place: Craven Gap on the Parkway at 12:10 PM.** Topo: Montreat

HALF-DAY NO. H1202-101 **May 13**  
**Lower Big Laurel Creek** **12:00 PM**  
Hike 6, Drive 60, 300 ft. ascent, Rated C-C

Saving the places you love:

## CMC's partnership with Carolina Mountain Land Conservancy

CMC has found a close partner in Carolina Mountain Land Conservancy (CMLC). CMLC "saves the places you love" by protecting land in Henderson,



Transylvania and parts of surrounding counties along the Blue Ridge.

After CMLC protected scenic Bearwallow Mountain by purchase of a conservation easement and public trail right-of-way, last year CMC's Friday crew constructed a one-mile hiking trail to the grassy bald summit. This year, CMC Friday crew provided the finishing work and reroutes on the new access trail to CMLC's 600-acre Florence Nature Preserve. CMLC has a 50-mile trail network planned for the Hickory Nut Gorge in the coming years.

The groups are excited to work together to protect more areas in our region and make them accessible for hikers to enjoy. CMC and CMLC have also begun

partnering for hikes. These joint hikes showcase newly protected areas and often provide access to otherwise private lands. In February, more than 20 hikers braved snow and gale wind for a joint hike connecting CMLC's conserved lands of Bearwallow Mountain & Florence Nature Preserve.

To join CMLC, or for more information, visit [www.carolinamountain.org](http://www.carolinamountain.org). If you join CMLC you will receive a \$20 gift card from another of our partners: Diamond Brand Outdoors. So help protect endangered land, develop more places for us to hike, and support a great local outdoor store.

## Trail strategy meetings involve many groups

*continued from page 1*

I am wrong and the hiking trails that we use and maintain will remain off-limits to non-hikers."

Barbara Morgan, CMC Chair of Membership, said: "I attended the very first meeting, which was held in Morganton. I was very impressed with the Forest Service personnel at the meeting and the process they had devised to gather input for the trails strategy. Their work is hampered by personnel and funding shortages, yet they set all that aside and seem to really care for the various interests of people who actually use their

trails."

Stuart English, CMC Chair of Communications said, "It seems from input I've heard that the meetings evolved in the way they were conducted. The one in Brevard was the last of the first group and some things were different from the ones in Andrews and Franklin. Obviously, it is a work in progress and we'll see where it goes from here."

CMC has chosen two representatives, Bruce Bente and Pete Peterson, to attend the future meetings.

Nonmembers, call leader: Stuart English, 828-883-2447, [stuengo@comporium.net](mailto:stuengo@comporium.net)

Stroll along a beautiful stream with white water, rocks and surrounding high cliffs. Visit Runion Logging Camp. Over 250 species of vascular plants have been identified along this trail, including five endangered species. We should see abundant wildflowers. Parts of the trail are rocky - hiking boots / shoes are required. **Second meeting place: Trailhead at intersection of US 25/70 at NC 208 at 12:45 PM.** Topo: Hot Springs

HALF-DAY NO. H1202-384 **May 20**  
**FS 816 to Skinny Dip Falls 12:30 PM**

Hike 5.3, Drive 70, 500 ft. ascent, Rated C-C  
Nonmembers, call leader: Maggie Marshall, 828-772-4286, [maggie.marshall@yahoo.com](mailto:maggie.marshall@yahoo.com)  
**P400** This will be a pleasant, mainly downhill ramble along the MST from Black Balsam Rd. (FS 816). The trail follows an old RR grade, slabs over a shoulder of Black Balsam Mtn. and proceeds rather steeply down to Dark Prong Gap. It continues behind Graveyard Ridge, descends to the Pigeon River which it crosses at Skinny Dip Falls. From there it's a short walk to Looking Glass Overlook at MP 417 on the BRP. Car shuttle. **Second meeting place: Cold Mtn. Overlook at 1:10 PM.** Topo: Shining Rock; also NatGeo map #780 and MST Profiles, pg. 36-37

HALF-DAY NO. H1202-153 **May 27**  
**Cove Cree /Caney Bottom \*12:00 PM**

Hike 5, Drive 75, 300 ft. ascent, Rated C-C  
Nonmembers, call leader: Stuart English, 828-883-2447, [stuengo@comporium.net](mailto:stuengo@comporium.net)  
**P400 \*Form carpools at Westgate, and meet leader at Pisgah Fish Hatchery at 12:45 PM.** This is a pleasant walk in the valley below Looking Glass Rock. The trail follows a moderate grade as it wanders through the woods along a number of streams, including Cove Creek Falls. Topo: Shining Rock; also NatGeo map #780

HALF-DAY NO. H1202-009 **June 3**  
**Bull Gap to Rattlesnake Lodge 1:00 PM**

Hike 5.5, Drive 30, 540 ft. ascent, Rated C-C  
Nonmembers, call leader: Jim Ariail, 828-505-0443, cell 828 778-8355, [jimariail@yahoo.com](mailto:jimariail@yahoo.com)  
**\*Only meeting place: back parking lot of Folk Art Center.** Popular in and out hike. Unusually fine switchbacks. Topo: Craggy Pinnacle

HALF-DAY NO. H1202-193 **June 10**  
**Rough Butt Overlook to NC 215 \*12:30 PM**

Hike 5, Drive 85, 400 ft. ascent, Rated C-C  
Nonmembers, call leader: Marcia Bromberg, 828-505-0471, cell 798-9905, [mwbromberg@yahoo.com](mailto:mwbromberg@yahoo.com)  
**\*Wilderness area, limit 10; contact leader for**

*reservation.* A lovely ramble in high country. Possible trip to Mt. Hardy. Car shuttle. **Second meeting place: BRP Rough Butt Overlook at MM 425 at 1:30 PM.** Topo: Sams Knob

HALF-DAY NO. H1202-436 **June 17**  
**Mt. Pisgah from the Pisgah Inn \*12:00 PM**

Hike 4.5, Drive 44, 950 ft. ascent, Rated C-C  
Nonmembers, call leader: Stuart English, 828-883-2447, [stuengo@comporium.net](mailto:stuengo@comporium.net)  
**P400 \*Form carpools at Westgate, and meet leader at Pisgah Inn parking lot near the convenience store at 12:30 PM.** View beautiful scenery from the top of Mt. Pisgah on this in-and-out hike. Last 1/2 mile to the top is very steep and rocky. This a fairly tough C-C hike. Topos: Cruso, Dunsmore Mtn.; also NatGeo map #780

HALF-DAY NO. H1202-529 **June 24**  
**Fletcher Fields & Spencer Branch Short Version \*1:00 PM**

Hike 5, Drive 50, 400 ft. ascent, Rated C-C  
Nonmembers, call leader: Greg Goodman, 828-684-9703, [greggoodman@bellsouth.net](mailto:greggoodman@bellsouth.net)  
**\*Form carpools at Westgate, and meet leader at North Mills Rec. Area at 1:30 PM.** Fletcher Field Trail to East Fork, in and out on Spencer Branch to Hendersonville Reservoir and back. Topo: Dunsmore Mtn.; also NatGeo map #780

## Request for help at ATC Biennial

The 2013 Appalachian Trail Conservancy (ATC) Biennial Meeting will be held at Western Carolina University in Cullowhee on July 19-26, 2013, only 16 months from now. CMC is one of the host clubs of the meeting, which is expected to attract up to 1,000 attendees. Members of the various meeting planning committees have begun collecting the names of people who would like to volunteer, and we request your help.

Our biggest need is for hike leaders. About 170 hikes will be offered, and a hike leader and co-leader are required for each of them. Hikes will be offered in categories from easy to strenuous and we need volunteers all across the board.

We request anyone who is, or might be, interested in leading a hike at the Biennial contact Bruce Bente at [bbente@bellsouth.net](mailto:bbente@bellsouth.net) and get your name on the list. You will be contacted at a later time to get your preferences concerning length of hike, available dates, etc. but for now we would like to record the names of possible volunteers.

We also need volunteers to work on the registration, housing, hikes, excursion, workshops, and information desks. If you are willing to help in this fashion, please contact Peter Berntsen of Smoky Mountain Hiking Club ([rennur99@bellsouth.net](mailto:rennur99@bellsouth.net)) who is in charge of volunteer recruitment.

If you'd like to learn more about the Biennial, contact Lenny Bernstein ([Lsberns@att.net](mailto:Lsberns@att.net)).

### Carolina Mountain Club

P.O. Box 68  
Asheville, NC 28802

## NEXT CMC COUNCIL MEETING

**When:** May 10, 2012  
**Where:** West Asheville Library meeting room  
**Time:** 6:00 - 9:00 PM  
**Info:** Call Marcia at 505-0471 if you would like to attend.  
All CMC members are welcome.

**HIKING INFORMATION:** CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Dogs are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

**CLOTHING AND EQUIPMENT:** CMC's website ([www.carolinamountainclub.org](http://www.carolinamountainclub.org), click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

**RESPONSIBILITY FOR SAFETY:** Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant

Further  
information about  
regulations is available at [www.  
carolinamountainclub.org](http://www.carolinamountainclub.org)

on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

**CONSERVATION:** CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

**MEMBERSHIP:** Everyone is eligible for CMC membership by completing a Membership Application Form and paying dues. Membership Application Forms are available on the Club website or by mail. Annual dues are \$20 for individuals and \$30 for families. Applications should be sent to Carolina Mountain Club, P.O. Box 68, Asheville, NC, 28802. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

### CAROLINA MOUNTAIN CLUB OFFICERS

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*Vice-President:* Don Gardner, 828-754-4067, [gardog3@bellsouth.net](mailto:gardog3@bellsouth.net)  
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*Treasurer:* Jim Ariail, 828-505-0443, [jimariail@yahoo.com](mailto:jimariail@yahoo.com)  
*Immediate Past President:* Barth Brooker, 828-299-0298, [barthb@bellsouth.net](mailto:barthb@bellsouth.net)  
*Councilor for Communication:* Stuart English, 828-883-2447, [stuengo@comporium.net](mailto:stuengo@comporium.net)  
*Councilor for Conservation:* Tish Desjardins, 828-656-2191, [desraylet@aol.com](mailto:desraylet@aol.com)  
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*Councilors at Large:* Peter Barr, 704-941-9296, [pjbarr@unc.edu](mailto:pjbarr@unc.edu)  
Lee Silver, 828-668-7147, [leehsilver@aol.com](mailto:leehsilver@aol.com)

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**Deadline next issue:** May 15, 2012