

LET'S GO!



FIRST QUARTER 2025 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

HIKE RATINGS

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information at www.carolinamountainclub.org.

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse,
johnwhitehouse@icloud.com

Art Leob Monday Crew

Madison Evans,
madison.evans2023@gmail.com
Dan Sanford, sanford.danielj@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Asheville Thursday Crew

Dale Gerhardt, patchwrk18@gmail.com
Ken Hummel, kenhummel60@gmail.com
David Pizzolato, pizzolato957@gmail.com

Asheville Friday crew

Paul Curtin, pmcurtin@hotmail.com
Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com
Robert Bolt, otherob@inbox.com

Quarterly Saturday Crew

Les Love, leslove55@gmail.com

Free Rangers Crew

John Busse, jfbusse@hotmail.com

Remote Overnight Crew

Paul Curtin, pmcurtin@hotmail.com

Section Rovers Crew

Jan Onan, janonan59@gmail.com
Madison Evans,
madison.evans2023@gmail.com
Dale Gerhardt, patchwrk18@gmail.com

Wilderness Response Crew

Paul Dickens, psdicken@gmail.com

AT Section Maintainers Supervisor

Paul Curtin, pmcurtin@hotmail.com

MST Maintainers (South to North)

Oconaluftee River to Old Bald

Chris Werbylo, jcw402@aol.com

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

(Available)

Big Ridge O/L to BRP Visitor Center

Les Love, leslove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse,
johnwhitehouse@icloud.com

Secondary Trails Maintainers Supervisor

Les Love, leslove55@gmail.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays for 2025 are April 26, June 7, August 16 and September 27. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

leslove55@gmail.com | 828-230-1861

NEXT CMC COUNCIL MEETING

When: Tuesday, Feb. 18, 12:30-4 p.m.

Where: Land of the Sky Church,
15 Overbrook Place, Asheville

Info: Call Les at 828-230-1861 if you would like to attend. All CMC members are welcome.

CHALLENGE PROGRAMS

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact ATMST@CarolinaMountainClub.com

FH100 For hiking all 100 trails in the "100 Favorite Trails of the Smokies and Carolina Blue Ridge." Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact LTC LTC@carolinamountainclub.org

P400 For hiking every trail in Pisgah Ranger District. Contact P400@CarolinaMountainClub.org

SB6K For hiking all 40 peaks above 6000'. Contact SB6K@carolinamountainclub.org

WC100 For hiking to the 100 best waterfalls in the area. Contact w100@carolinamountainclub.org

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LEISURE HIKES

Leisure hikes are designed to provide more hiking opportunities for beginners, youth, or anyone else looking for a shorter, slower-paced CMC hike. The hikes are open to CMC members as well as families and newcomers. Please contact the hike leader to reserve your space. If you have questions or are interested in leading a Leisure hike, please contact Jeff Wilcox at education@carolinamountainclub.org.

Saturday No. L2501-767 **Jan. 18**

Lookout Mountain in Montreat 9:30 AM

Hike 4.7, Drive 25, 1040 ft. ascent, Rated C-B
Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 9:45 AM.

Please RSVP to the hike leader so he knows to expect you! For this shortened version of CMC hike #767, we'll stick to the trails that were listed "open" as of November 15th. We'll get warmed up on the short scramble up to the spectacular lookout from Lookout Mountain.

Weather permitting, we'll stop for a snack and pictures before a short downhill back to the cars.

Topo(s): Montreat

Friday No. L2501-203 **Feb. 28**
Hot Springs to Lovers Leap **9:00 AM**
Hike 2.3, Drive 70, 500 ft. ascent, Rated C-C,
AT-MST

Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
and Judy Magura, 828-606-1490,
quilter290@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Contact the leader by email for reservation. For this shortened version of CMC hike #203 (rescheduled from fall 2024), we'll park and start from the downtown Hot Springs parking lot (please contact hike leader if you'd rather meet us there). We'll walk across and along the French Broad River on the Appalachian Trail up to Lovers Leap. There's a short (less than half mile) but steep uphill to Lovers Leap. We'll take it slowly, with time for resting and photos of the beautiful valley below. From there, we'll leave the A.T. and return to Hot Springs on the Lovers Leap Loop Trail (say that 10 times fast!).
Topo(s): Hot Springs

Saturday No. L2501-292 **March 29**
North Slope Trail **9:00 AM**
Hike 4, Drive 50, 500 ft. ascent, Rated C-C,
P400

Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Ranger Station off US 276 at 9:30 AM.

Please RSVP to the hike leader so he knows to expect you! This gentle, rolling, kid-friendly hike is popular for its accessibility from Pisgah Forest, the Pisgah Forest Ranger Station and the Davidson River Campground (though it hasn't been led as a CMC hike since 2007). We'll hike along the Davidson River and campground, then follow signposts for the North Slope Trail (hike #359 on NatGeo map #780).
Topo(s): Pisgah Forest

WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W2501-172 **Jan. 1**
New Year Hike,
John Rock Loop Hike **7:30 AM**
Hike 6.2, Drive 60, 1300 ft. ascent, Rated B-B,

P400, WC100

Kathy Cornn/Kyle, 828-458-1282,
katherinenkyle@gmail.com and
Michael Cornn, 828-458-1281,
mwcornn@gmail.com

First Meeting Place: Cracker Barrel restaurant off Exit 40 of I-26.

Second Meeting Place: Fish Hatchery - Pisgah Forest at 9:15 AM - but contact leader first.

Contact the leaders by email for reservation. We will meet at the ARDEN Cracker Barrel at 7:30 AM for the traditional New Year breakfast. If you choose to skip breakfast, meet at the ARDEN Cracker Barrel at 8:30 or the Fish Hatchery in Pisgah Forest at 9:15 AM. This moderate hike starts at the Fish Hatchery parking lot, following a loop using the Cat Gap and John Rock Trails. We can expect to enjoy good views from John Rock. This hike is #61 of the 100 Favorite Trails. This is the last day of hunting season; please wear orange.

Topo(s): Shining Rock

Wednesday No. W2501-826 **Jan. 8**
Corn Mill Shoals P.L. #4 -
Cedar Rock and Burnt Mtn. **8:30 AM**

Hike 9.8, Drive 90, 1300 ft. ascent, Rated A-B
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 at N end of parking lot in front of Pardee Urgent Care (Mills River) at 9:00 AM - but contact leader first.

Contact the leader by email for reservation. Limit of 12 hikers. This three-loop hike will include a rock quarry, mountain vistas and river views. The hike is a labyrinth in DuPont Forest, but with well-marked junctions. We will hike a combination of various trails, including a view of Corn Shoals, Cedar Rock and the old quarry.
Topo(s): Standingstone Mtn.

Wednesday No. W2501-640 **Jan. 15**
Walker's Knob – Montreat **8:30 AM**
Hike 8, Drive 40, 1800 ft. ascent, Rated B-A
Virginia Bower, 828-273-2486,
clabbergirl57@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Contact the leader for reservation. We'll hike the Graybeard Trail up to Walker's Knob and back. The hike is a steady 1800-ft. climb with a wonderful view of Montreat and the Black Mountain valley from Walker's Knob.

Topo(s): Montreat

Wednesday No. W2501-588 **Jan. 15**
Coontree Loop Extended **9:00 AM**
Hike 6.1, Drive 60, 1555 ft. ascent, Rated B-A,
P400

Jan Onan, 828-606-5188,
janonan59@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

Contact the leader for reservation. Limit of 10 hikers. This hike has a few minor variations from the original hike #588. We will hike up the left leg of Coontree Loop and then left onto Bennett Gap Trail; at the Perry Cove Trail intersection, we'll turn right and continue down Perry Cove Trail, then turn right on Horse Road for a short bushwhack uphill to Bennett Gap Trail onto the right leg of Coontree Loop and back down the trail to our cars.

Topo(s): Shining Rock

Wednesday No. W2501-959 **Jan. 22**
Richard L Hoffman Trail -
Bailey Mountain Preserve **8:30 AM**

Hike 5.3, Drive 60, 1060 ft. ascent, Rated C-B
Diane Saccone, 703-283-1068,
grdngrl54@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Publix at 165 Weaver Blvd. Weaverville; lower end of parking lot off Exit 19 of I-26 at 9:00 AM.

Contact the leader for reservation. The Richard L Hoffman trail to the summit of Bailey Mountain is a nice winter hike with beautiful views. We will depart from the Smith Farm of Bailey Mountain Preserve. The trail meanders up to the viewpoint and then we will loop back and around to the main entrance trail through an open field to our cars.

Wednesday No. W2501-997 **Jan. 29**
Biltmore Lake #2 **9:30 AM**

Hike 6.2, Drive 10, 725 ft. ascent, Rated B-C
Kris Medic, 812-371-1031,
krismedic@sbcglobal.net

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: east end of Enka-Candler Public Library parking lot 1404 Sandhill Rd. Candler at 10:00 AM.

Contact the leader for reservation. Beginning at the trailhead behind the Enka-Candler Library, we'll take a section of the Biltmore Lake Loop, connecting with the Appalachian Morning Trail and old logging roads to Scott's Ridge, now protected by Southern Appalachian Highlands Conservancy. We'll enjoy long-range mountain and lake views as we walk the ridge, then descend back to the Lake Loop, returning to the trailhead as we look for winter-resident ducks on the water. This hike includes some

neighborhood sidewalk connections between well-maintained trails.

Wednesday No. W2501-918 **Feb. 5**

Chestnut Ridge

Heritage Preserve

8:30 AM

Hike 5.4, Drive 100, 1000 ft. ascent, Rated C-C
Suzanne Engelmann, 864-232-8001,
engel.sj77@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Chestnut Ridge Heritage Preserve parking area Oak Grove Rd Landrum SC at 9:30 AM.

Contact the leader for reservation. This lovely hike begins in a conifer forest, follows along a stream for a while, goes through a variety of hardwood forests, includes beautiful boulders, and then makes a rather steep downhill to the Pacolet River, where we will have lunch before retracing our steps to the trailhead.

Wednesday No. W2501-172 **Feb. 12**

John Rock Loop Hike

8:30 AM

Hike 6.2, Drive 60, 1300 ft. ascent, Rated B-B, **P400, WC100**

Brian Murphy, 703-507-7668,
bkmurphy2@gmail.com and Susan Murphy,
703-507-7668, susan.m.murphy.6@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM - but contact leader first.

Contact the leaders for reservation. This moderate loop hike, with good views from John Rock, starts at the Fish Hatchery parking lot.

Topo(s): Shining Rock

Wednesday No. W2501-530 **Feb. 12**

Rice Pinnacle P.L. #2 -

Wolf Branch Loop

8:30 AM

Hike 7.3, Drive 10, 900 ft. ascent, Rated B-C, **P400**

Diane Saccone, 703-283-1068,
grdngrl54@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Rice Pinnacle Parking Lot in Bent Creek at 8:45 AM - but contact leader first.

Contact the leader for reservation. This moderate loop hike on the sunny side of Bent Creek features great views of Hominy Valley and is a nice winter hike. We will hike different trails, including Wolf Branch, to form the loop.

Topo(s): Skyland

Wednesday No. W2501-505 **Feb. 19**

The Other Cold Mtn.

8:00 AM

Hike 8, Drive 95, 2200 ft. ascent, Rated B-AA
Henry Kassell, 845-656-5528,

hkassell@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM - but contact leader first.

Contact the leader for reservation. You may have climbed the Cold Mountain above Waynesville, but have you climbed the Cold Mountain above Panthertown Valley? This is a pleasant hike with good views of the Pisgah Ledge and at our lunch spot down into Panthertown Valley.

Topo(s): Big Ridge

Wednesday No. W2501-295 **Feb. 19**

Pump Gap Loop

8:30 AM

Hike 5.1, Drive 66, 1100 ft. ascent, Rated C-B, **AT-MST**

George Shepherd, 405-596-2632,
shepherdgeorge@att.net

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: NOC parking area off US 25 along the French Broad River at 9:15 AM - but contact leader first.

Contact the leader for reservation. We will head north on the A.T. along the French Broad River, then climb up to Lovers Leap for great views. We continue on the A.T. along the ridge above Hot Springs to Pump Gap, where we will go down the Pump Gap Trail to Silvermine Campground and back to the parking area. This hike is #41 of the 100 Favorite Trails.

Topo(s): Hot Springs

Wednesday No. W2501-550 **Feb. 26**

Paris Mtn.

8:00 AM

Hike 8.7, Drive 130, 2000 ft. ascent, Rated B-A
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 8:15 AM - but contact leader first.

Contact the leader for reservation. Located between Traveler's Rest and Greenville, Paris Mountain State Park is one of the oldest protected areas in South Carolina. Originally, the lakes were the source of Greenville's water supply. We will walk on well-maintained trails, enjoying good winter views and warmer weather than in Asheville. We will cross the road at shelters #5-6 and take Sulphur Springs Trail to Brissy Ridge Trail, Pipsissewa Trail, North Lake Trail (lunch on lakeshore), Kanuga Trail, Fire Tower Trail, an in-and-out to remains of fire tower attendant's house, Sulphur Springs Trail to Mountain Lake and continue on Sulphur Springs Trail back to trailhead. \$6/person entrance fee.

Topo(s): Paris Mtn.

Wednesday No. W2501-246 **March 5**

Coffee Pot Mtn. Loop

8:30 AM

Hike 8.4, Drive 50, 1400 ft. ascent, Rated B-B, **P400**

Becky Smucker, 828-231-2198,
bjismucker@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 at N end of parking lot in front of Pardee Urgent Care (Mills River) at 9:00 AM.

Contact the leader for reservation. On this moderate hike, we'll circle Coffee Pot Mtn. by hiking Trace Ridge Trail to Beaver Dam Gap on the BRP and returning on the Spencer Branch and Fletcher Creek Trails, with a stop to look at the Hendersonville reservoir and dam. This hike is #73 of the 100 Favorite Trails. Remember to check Breaking News for changes or cancellation.

Topo(s): Dunsmore Mtn.

Wednesday No. W2501-778 **March 5**

Bracken Mountain -

Brushy Creek Trails

8:30 AM

Hike 8.5, Drive 60, 1400 ft. ascent, Rated B-B
Karen Schultz, 312-241-3329,
schultz.karenj@gmail.com and
Ken Scharmann, 847-772-4693,
kennethscharmann@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM - but contact leader first.

Contact Karen Schultz via email for reservation. This hike will include the Bracken Mtn. and Brushy Creek Trails, and is a great winter hike with good views. This hike is #60 of the 100 Favorite Trails.

Topo(s): Rosman, Shining Rock

Wednesday No. W2501-642 **March 12**

Smokemont Loop

8:30 AM

Hike 8, Drive 110, 1300 ft. ascent, Rated B-B, **900M**

Claudette Roberge, 860-205-4473,
Croberge0329@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Contact the leader for reservation. Limit of 10 hikers. We will hike the Smokemont Loop Trail clockwise, starting in the Smokemont Campground and climbing steadily up Richland Mountain before descending to Bradley Fork. The Bradley Fork Trail follows the water along an old roadbed. We will take an in-and-out detour up the Chasteen Creek Trail to the cascade before returning and continuing down the Bradley Fork Trail to the cars. This hike is #28 of the 100 Favorite Trails.

Topo(s): Smokemont

Wednesday No. W2501-280 **March 19**

North Slope and Art Loeb Trails

8:30 AM

Hike 7.5, Drive 60, 1600 ft. ascent, Rated B-A, **P400**

Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM - but contact leader first.

Contact Judy for reservation. We start at the Davidson River Campground and ascend on the Art Loeb Trail to the North Slope Connector. We'll eat lunch at the intersection before we start down the connector to the North Slope Trail, ending with a lovely, easy stroll along the river to the cars.

Topo(s): Pisgah Forest

Wednesday No. W2501-420

Tanyard Gap to Allen Gap

March 19

8:30 AM

Hike 8.8, Drive 60, 2100 ft. ascent,

Rated B-AA, **AT-MST, LTC**

Tish Desjardins, 828-380-1452,

tishdesjardins8@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.

No reservation needed. This is one of the prettiest sections of the A.T. in our area. This will be a moderately-paced hike. We will take a side trip to the newly-renovated Rich Mountain fire tower and visit the Spring Mountain shelter. Please bring enough cars so that all hikers can be safely belted in for the car shuttle. This hike is #42 of the 100 Favorite Trails.

Topo(s): Hot Springs

Wednesday No. W2501-896

Mingus Creek Trail

March 26

8:00 AM

Hike 7, Drive 120, 1100 ft. ascent, Rated B-B,

900M

Mike Knies, 828-253-6114, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn. Expy. (US 23/74) Waynesville NC at 8:30 AM - but contact leader first.

Contact the leader via email for reservation. See historic Mingus Mill and learn about the history of former residents, with visits to their homesites and cemeteries. A pleasant walk with lots of interesting surprises along the way. This hike is #17 of the 100 Favorite Hikes.

Topo(s): Smokemont

Wednesday No. W2501-998

Hendersonville Camino Walk

March 26

9:00 AM

Hike 9, Drive 40, 300 ft. ascent, Rated B-C

Diane Jacqmin, 828-513-1298,

cell: 630-946-9623, dsjacq@sbcglobal.net

and Danny Bernstein, 828-450-0747,

dannyhiker@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: First Congregational Church 1735 5th Ave W, Hendersonville at 9:30 AM.

Contact the leaders for reservation. Walk the Hendersonville Camino, an easy walk on side-walks and trails, including a part of the Ecusta Trail. See Osceola Lake, quiet neighborhoods and a vibrant downtown. Have a café con leche at a coffee shop on Main St and explore the murals on side streets. The hike simulates a short day on the Camino de Santiago. Wear good sneakers or low boots. Bring water, snacks and lunch.

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Karen Lachow, 703-395-5879, heyk127@hotmail.com and Bruce Bente, 828-567-9443, bbente@bell-south.net. Driving distance is round trip from the first meeting place. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2501-995

Vineyard Gap and

Bradley Creek Trails

Jan. 5

8:30 AM

Hike 6.8, Drive 36, 1500 ft. ascent, Rated B-B, Les Love, 828-230-1861,

lesrlove55@gmail.com and

Catherine/Mrs. Les Love, 828-658-1489,

catmlove2@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 at N end of parking lot in front of Pardee Urgent Care (Mills River) at 9:00 AM - but contact leader first.

Contact the leader by email for reservation. We'll start at the Turkey Pen parking lot and hike the gently rolling Vineyard Gap Trail through open stands of hardwoods giving us nice wintertime views, then turn back at the S. Mills River. Back at the parking lot we'll walk to the washed-out river bridge and turn right on the Bradley Creek Trail, seeing some of the massive debris piles that the recent storm deposited along the riverbanks. At the first crossing we'll turn back and take the gentler approach up to the parking lot (no stream crossings).

Saturday No. A2501-766

Boyd Branch #2 Ingles Field Gap -

Green's Lick

Jan. 11

9:30 AM

Hike 8, Drive 10, 1100 ft. ascent, Rated B-B,

P400

Kristen Friedman, 203-253-0813,

Kristenwho62@yahoo.com

Only Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Contact the leader by email for reservation. A nice hike in a less crowded area of Bent Creek. We will cover ground in a lollipop loop along Boyd Branch Rd., Little Hickory Gap Trail, Points/Ingles Field Gap, Boundary Rd., Green's Lick Trail, Laurel Branch Rd., and Lower Sidehill Trail.

Topo(s): Dunsmore Mtn.

Sunday No. A2501-567

Guion Farm P.L. #2

Jan. 12

8:30 AM

Hike 10.5, Drive 70, 1850 ft. ascent, Rated A-A Marie Chamberlin, 678-492-6718,

marie.m.chamberlin@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 at N end of parking lot in front of Pardee Urgent Care (Mills River) at 8:45 AM.

Contact the leader by email for reservation. Limit of 12 hikers. This moderate low-elevation "double back in-and-out" hike starts and ends at the Guion Farm Parking Lot in DuPont Forest. After a 1200-ft. ascent and descent to enjoy the views from Stone Mountain, we will hike to scenic Wintergreen Falls on an easy trail and return to the cars.

Topo(s): Standingstone Mtn.

Sunday No. A2501-598

Pink Beds to Soapstone Ridge

Jan. 19

8:30 AM

Hike 7.4, Drive 80, 1155 ft. ascent, Rated B-B, **P400**

Sara Basile, 828-407-8051,

saraebasile@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM - but contact leader first.

Contact the hike leader via email for reservation. Also let her know if you are a new hiker. Limit of 12 hikers. From the Pink Beds parking lot, we will do part of the Pink Beds loop, then hike the Barnett Branch Trail up to Rich Mountain on the Black Mountain Trail for lunch and views to north and south. We will go down Club Gap to FS 477 and return up US 276 to the Pink Beds parking lot.

Topo(s): Shining Rock

Saturday No. A2501-532

Sassafras Mountain

Jan. 25

8:00 AM

Hike 9, Drive 85, 2400 ft. ascent, Rated B-AA Kristen Friedman, 203-253-0813,

Kristenwho62@yahoo.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meet-

ing place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

Contact the leader by email for reservation. This is a pleasant but challenging out-and-back hike on the Foothills Trail from US 178 up to the highest peak in South Carolina. We will hike through the woods which provide a diverse terrain experience and enjoy the view from the observation deck at the summit.

Topo(s): Eastatoc Gap

Sunday No. A2501-525 **Jan. 26**

Corn Mill Shoals P.L. #2 - Cedar Rock

9:00 AM

Hike 7.4, Drive 60, 1050 ft. ascent, Rated B-B, **WC100**

Suzanne Engelmann, 864-232-8001, engel.sj77@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: DuPont Forest Corn Mill Shoals parking lot at 9:45 AM.

Contact leader by email for reservation. A pleasant hike from the Corn Mill Shoals parking lot, traveling over several trails up and over the granite slabs of Big Rock and Cedar Rock and the Little River Trail.

Topo(s): Standingstone Mtn.

Sunday No. A2501-205 **Feb. 2**

Waterrock Knob from Soco Gap AT-MST, SB6K

8:00 AM

Hike 9, Drive 77, 1950 ft. ascent, Rated B-A, Thomas Butler, 361-484-3381, butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM.

Contact the leader by email for reservation. This hike starts from Soco Gap with an elevation of 4400 feet and heads steadily up to Waterrock Knob at close to 6400 feet. We will enjoy the view as we eat our lunch at the top. This section of the MST was completed by CMC in 2016. Expect to be impressed by the work that went into building this trail. We will visit Howard's

Bridge, Piet's Place and some big oak, spruce and maple trees. We will return on the same trail.

Topo(s): Hazelwood

Saturday No. A2501-996

Feb. 8

Hard Times P.L. #3 - Small Creek and MST

9:30 AM

Hike 6.2, Drive 8, 1100 ft. ascent, Rated B-B Sara Basile, 828-407-8051,

saraebasile@gmail.com

Only Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Contact the leader by email for reservation. Also let her know if you are a new hiker. Limit of 12 hikers. We'll be starting from the Hard Times trailhead in Bent Creek. We'll hike Hard Times Road toward Lake Powhatan to the Homestead and Small Creek Trails. We'll turn left, briefly hiking on the Deerfield Connector before crossing South Ridge Road and hiking up a no-name trail (known to CMC as the Sherman Stambaugh Trail) to the MST. We'll turn left and walk on the MST/Shut-in Trail for about 2 miles, where we should get winter views of Asheville and South Asheville. We end by hiking down Hard Times Road and return to the Hard Times trailhead.

Sunday No. A2501-326

Feb. 9

Pump Gap Loop from Tanyard Gap

8:00 AM

Hike 9.3, Drive 66, 2000 ft. ascent, Rated A-A Henry Kassell, 845-656-5528,

hkassell@gmail.com

First Meeting Place: Publix at 165 Weaver Blvd. Weaverville; lower end of parking lot off Exit 19 of I-26.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM - but contact leader first.

Contact the leader by email for reservation. This will be a moderate, low-altitude ramble through the area between Tanyard Gap and Pump Gap. We'll do all of Pump Gap and Mill Ridge Trails, connecting through woods, roads and manways north and south of the A.T.

Topo(s): Hot Springs

Sunday No. A2501-778

Feb. 16

Bracken Mountain to Pinnacle and Brushy Creek Trails

8:30 AM

Hike 8.5, Drive 60, 1400 ft. ascent, Rated B-B Karen Lachow, 703-395-5879,

heyk127@hotmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:00 AM.

Contact leader by email for reservation. This variation will include the Bracken Mountain, pink-blazed Pinnacle and Brushy Creek Trails shared by mountain bikers. It begins with a steep uphill but then it's mostly nice, gradual

ups and downs thanks to many switchbacks. It is a lovely trail with waterfalls, bridges and many "points of interest" noted by signs along the way. It is a great winter hike with good views. This hike fills the requirement for #60 of the 100 Favorite Trails.

Topo(s): Rosman, Shining Rock

Saturday No. A2501-295

Feb. 22

Pump Gap Loop

8:30 AM

to Lovers Leap

Hike 7.2, Drive 80, 1600 ft. ascent, Rated B-A, **AT-MST**

Judy Magura, 828-606-1490,

quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com

First Meeting Place: 160 Zillico St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leaders at the second meeting place.

Second Meeting Place: Publix at 165 Weaver Blvd. Weaverville; lower end of parking lot off Exit 19 of I-26 at 8:45 AM.

Contact the leader by email for reservation. From the Silvermine trailhead, we will climb up to the ridgeline and visit an old cemetery, then cross the A.T. and continue along the Pump Gap Trail. We will turn left onto the A.T. at the next crossing, visit Lover's Leap and continue back down the Silvermine Trail to our cars. This exceeds the requirement for #41 of the 100 Favorite Trails.

Topo(s): Hot Springs

Sunday No. A2501-349

Feb. 23

Buck Spring Trail

8:00 AM

to Pisgah Inn

Hike 12, Drive 44, 1400 ft. ascent, Rated A-B, **AT-MST, P400**

Thomas Butler, 361-484-3381,

butler.tom3381@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

Contact the leader by email for reservation. This lovely hike is an out and back starting from the Buck Spring trailhead on US 276. The trail joins the MST, then gradually switchbacks up the mountain with a stronger grade towards the top. There are several easy creek crossings. We will have lunch behind the Pisgah Inn to enjoy the winter views. After lunch, we will reverse direction and return the same way back downhill to our cars.

Topo(s): Cruso, Shining Rock

Sunday No. A2501-489

March 2

Bad Fork - Trace Ridge Loop

8:00 AM

Hike 8, Drive 60, 2000 ft. ascent, Rated B-A, **P400**

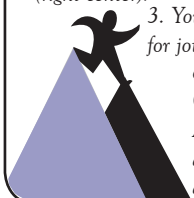
Bob Smith, 828-696-6185,

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail.

or ... write to us at
CMC, PO Box 68,
Asheville, NC 28802
and we'll mail you an
application



wncnites@gmail.com and
Vonnie Gamble, 410-375-7764,
ygamble99@yahoo.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leaders at second meeting place.

Second Meeting Place: Ingles on NC 191/280 at N end of parking lot in front of Pardee Urgent Care (Mills River) at 8:30 AM.

Contact both leaders by text for reservation. This pleasant winter loop hike will start at Trace Ridge trailhead. We will hike along the trail following a stream to the Bad Fork Trail. We next climb up Bad Fork Trail to and over the Blue Ridge Parkway to the MST, where we turn left and go up to Ferrin Knob. Later on, we will reach the Beaverdam Gap Overlook before we descend on Trace Ridge Trail back to our cars.

Topo(s): Dunsmore Mtn.

Sunday No. A2501-834 **March 9**
Swannanoa Creek via Bernard Mtn.

and Point Lookout 8:30 AM
Hike 8, Drive 45, 1050 ft. ascent, Rated B-B
Henry Kassell, 845-656-5528,
hkassell@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). Note: First day of daylight Savings Time. Contact hike leader by email for reservation. This hike will start at the intersection of Mill Creek Rd. and FS 4037. We will hike along Long Branch, then up to the ridge-line of Bernard Mtn. Then we'll do two short bushwhacks down and past Point Lookout, down to the trail along Swannanoa Creek. We'll follow this trail to the eastern trailhead of the Point Lookout Trail. In the 1800s, this trail was part of the Western Turnpike stretch of a stagecoach line as it wound its way up the mountains.

Topo(s): Montreat, Old Fort

Saturday No. A2501-691 **March 15**
Upper Whitewater Falls -
Round Mtn. Gap 9:00 AM
Hike 8, Drive 120, 1000 ft. ascent, Rated B-C,
WC100

Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com
First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

Contact the leader by email for reservation. Limit of 15 hikers. We will follow the Foothills Trail west from the NC 281 parking lot to Round Mountain Gap, then follow the Round Mountain trail back to the Whitewater Falls overlook. From here we will drop steeply on the Foothills Trail east, cross the Whitewater River bridge, and later turn right and uphill

on a short spur trail to the Bad Creek parking area. It's possible we'll see some early season wildflowers. Short car shuttle.

Topo(s): Reid

Sunday No. A2501-420 **March 16**
Tanyard Gap to Allen Gap 8:30 AM

Hike 8.8, Drive 60, 2100 ft. ascent,

Rated B-AA, **AT-MST, LTC**

Tish Desjardins, 828-380-1452,

tishdesjardins8@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:15 AM.

No reservation needed. This is one of the prettiest sections of the A.T. in our area. This will be a moderately-paced hike. We will take a side trip to the renovated Rich Mountain fire tower and visit the Spring Mountain shelter. Please bring enough cars so that all hikers can be safely belted in for the 20-mile car shuttle. This hike is #42 of the 100 Favorite Trails.

Topo(s): Hot Springs

Sunday No. A2501-209 **March 23**
Buckwheat Knob - Coontree Loop 8:00 AM

Hike 8, Drive 60, 2200 ft. ascent, Rated B-AA,
P400

Lorraine Bernhardt, 828-699-8857,

lsbernhardt50@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 8:30 AM.

Contact leader by email for reservation. From

the trailhead at Coontree Picnic Area, we'll climb along beautiful Coontree Creek through open forest up to Saddle and Bennett Gaps, climb up to Buckwheat Knob for lunch and return via the other segment of the Coontree Loop. This is a moderate woodland hike with exceptional views from the ridgeline. This hike exceeds the requirement for hike #62 of the 100 Favorite Trails.

Topo(s): Shining Rock

Saturday No. A2501-909 **March 29**
Asheville Camino del Norte Walk 8:30 AM

Hike 10, 500 ft. ascent, Rated A-C

Karen Schultz, 312-241-3329,

schultz.karenj@gmail.com and

Danny Bernstein, 828-450-0747,

dannyhiker@gmail.com

Only Meeting Place: Montford North Star Academy 90 Montford Ave. Asheville. The meeting place is next door to the Asheville Visitor Center. PLEASE do not park at the Visitor Center.

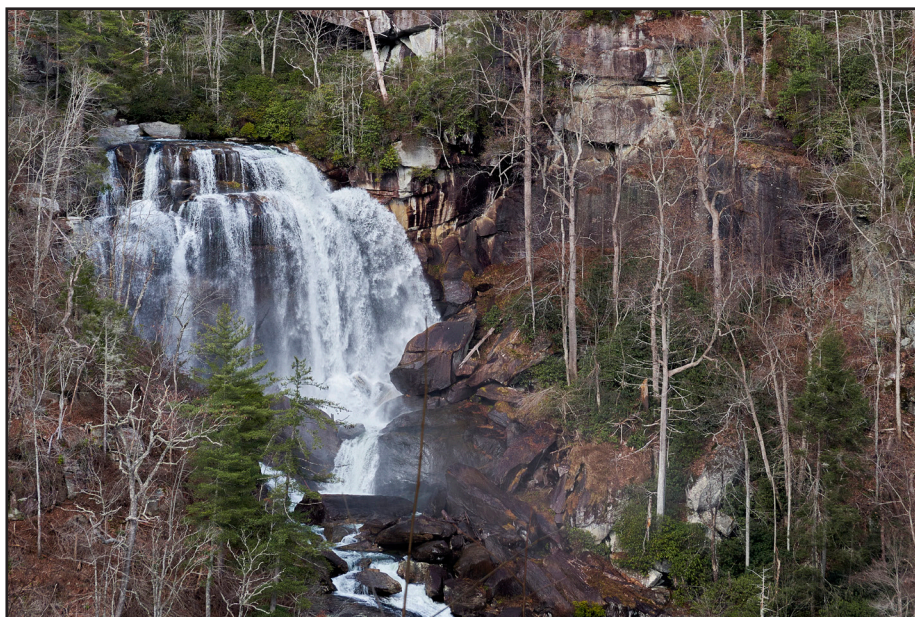
Email Karen at schultz.karenj@gmail.com to reserve your spot! Walk the Asheville Camino del Norte, a 10-mile easy walk on sidewalks and trails. See North Asheville, University of North Carolina at Asheville and the Botanical Gardens. Have a café con leche at the historic Grove Park Inn. The hike simulates a short day on the Camino de Santiago. Wear good sneakers or low boots. Bring water, snacks and lunch. We'll stop for morning coffee but feel free to bring all your own food.

Sunday No. A2501-847 **March 30**
Pinnacle Park to the Pinnacle 8:00 AM

Hike 8, Drive 90, 1900 ft. ascent, Rated B-A

Mike Knies, 828-253-6114, knies06@att.net

First Meeting Place: Home Depot off Exit 44



Whitewater Falls in December 2022. Photo by Tom Butler.

of I-40.

Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn. Expy. (US 23/74) Waynesville NC at 8:30 AM - but contact leader first.

Contact the leader by email for reservation. This hike is from the Fisher Creek Recreation Area near Sylva. The first two miles are very steep. We will ascend and descend on the West Fork and Pinnacle Trails to see the great view from the Pinnacle. This hike is #15 of the 100 Favorite Trails.

Topo(s): Sylva North

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday, Jan. 5

NO HIKE SCHEDULED.

If a hike is added later, it will be posted in Breaking News and the online hike schedule.

Sunday No. H2501-999

Jan. 12

Boyd Branch P.L. #5 - Sidehill Trails

10:30 AM

Hike 5, Drive 10, 700 ft. ascent, Rated C-C, **P400**

Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwibromberg@yahoo.com

Only Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader for reservation. Limit of 15 hikers. Beginning on Bent Creek Road, we will hike Boyd Branch Trail to the Sidehill and the Lower Sidehill Trails to return to our cars.

Sunday No. H2501-802

Jan. 19

Grassy Rd. -

Sycamore Cove Loop

9:00 AM

Hike 4.6, Drive 50, 500 ft. ascent, Rated C-C, **P400**

Jan Onan, 828-606-5188, janonan59@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

Contact the hike leader via email for reservation. We will park at the Art Loeb trailhead

parking and walk along the road to the far trailhead to start the hike. We will hike up Sycamore Cove to Grassy Road and return on the Sycamore Cove Trail back to the Art Loeb trailhead parking.

Topo(s): Pisgah Forest

Sunday No. H2501-990

Jan. 26

DuPont Forest -

Turkey Knob (West)

10:00 AM

Hike 5.2, Drive 80, 470 ft. ascent, Rated C-C
Carroll Koeplinger, 828-231-9444, cakoepl29@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM.

Contact the hike leader for reservation and to select a meeting location. This is a new hike for CMC. It includes an excellent trail with good tread and easy hiking. We will pass an old 1956 Nash Rambler station wagon along the trail.

Sunday No. H2501-102

Feb. 2

Coontree Loop

11:00 AM

Hike 3.7, Drive 65, 1050 ft. ascent, Rated C-B, **P400**

Lee Belknap, 828-674-3631, rivergygypsy@sprintmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at the first meeting place and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 11:30 AM - but contact leader first.

Contact the hike leader via email for reservation. Limit of 15 hikers. This loop hike is partially along a lovely creek, with views from Coontree Mountain. Some steep areas. An option will be offered to hike an additional 2 miles to Bennett Gap and back, with an additional 200-ft. ascent.
Topo(s): Pisgah Forest

Sunday No. H2501-452

Feb. 9

Fawn Lake P.L. #6 -

Bridal Veil Falls & Lake Julia

1:00 PM

Hike 5.8, Drive 90, 500 ft. ascent, Rated C-C, **WC100**

Bruce Bente, 828-692-0116, cell: 828-567-9443, bbente@bellsouth.net

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 1:30 PM.

A pleasant loop hike with a break at the bottom of Bridal Veil Falls to enjoy the view.

Sunday No. H2501-153

Feb. 16

Caney Bottom - Cove Creek

9:00 AM

Hike 5.2, Drive 61, 1300 ft. ascent, Rated C-B, **P400, WC100**

Claudette Roberge, 860-205-4473, Croberge0329@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 9:30 AM.

Contact leader for reservation. Limit of 12 hikers. This is a pleasant walk in the valley below Looking Glass Rock. The trail follows a moderate grade as it wanders through the woods along a number of streams and cascades and includes Cove Creek Falls as its feature attraction.

Topo(s): Shining Rock

Sunday No. H2501-685

Feb. 23

North Slope Trail Extended

10:00 AM

Hike 5.4, Drive 47, 700 ft. ascent, Rated C-C, **P400**

Lynn Pettipaw, 914-602-4464, lynn.pettipaw@gmail.com

and Marie Chamberlin, 678-492-6718, marie.m.chamberlin@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM - but contact leader first.

Contact the leaders for reservation. We will go along the Exercise Trail at the Ranger Station, cross US 276 to the Davidson River Campground, walk along the river with a stop at the historic English Chapel and the English family cemetery, and then take the North Slope Loop Trail and return to the cars through the campground.

Topo(s): Pisgah Forest

Sunday, March 2

NO HIKE SCHEDULED.

If a hike is added later, it will be posted in Breaking News and the online hike schedule.

Sunday No. H2501-062

March 9

Daniel Ridge Loop Trail

10:00 AM

Hike 5, Drive 70, 800 ft. ascent, Rated C-C, **P400, WC100**

Thomas Butler, 361-484-3381, butler.tom3381@gmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet the leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 10:30 AM.

Note: First day of Daylight Savings time. Contact the leader via email for reservation. This shortened version of Hike #62 is a moderate (but not easy) loop hike that has lots to "C":

Creeks, Chasms, and a Cool Cascade finale. This hike is #55 of the FH100 challenge. Topo(s): Shining Rock

Sunday No. H2501-168 **March 16**
Pink Beds Loop **10:30 AM**
Hike 5, Drive 80, 200 ft. ascent, Rated C-C, **P400**

Karen Lachow, 703-395-5879, heyk127@hotmail.com

First Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart parking (back of center aisles close to Taco Bell) at 11:00 AM - but contact leader first.

Contact the hike leader via email for reservation, stating your preferred meeting place. This regional favorite includes numerous boardwalks over and around beaver habitat through a beautiful forest. This is an easy and popular hike with



negligible elevation change. This hike is #67 of the 100 Favorite Trails. Topo(s): Shining Rock

Sunday No. H2501-346 **March 23**
Folk Art Center to
Haw Creek Overlook **10:00 AM**
Hike 5, 850 ft. ascent, Rated C-C, **AT-MST**

Judy Magura, 828-606-1490, quilter290@gmail.com and Jim Magura, 828-606-3989, jqs290@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. Contact Judy for reservation. This favorite moderate hike on the Mountains-to-Sea Trail rewards hikers with great views of the Haw Creek Valley.

Topo(s): Oteen

Sunday No. H2501-918 **March 30**
Chestnut Ridge
Heritage Center Preserve **9:30 AM**
Hike 5.4, Drive 100, 1000 ft. ascent, Rated C-C
Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: Tanger Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact the leader for reservation. Limit of 15 hikers. This lovely hike begins in a conifer forest, follows along a stream for a while, goes through a variety of hardwood forests, includes beautiful boulders, and then makes a rather steep downhill to the Pacolet River, where we will have lunch before retracing our steps to the trailhead. I'm hoping for wildflowers!

Further
information about
regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Some CMC hikes require reservations. Check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing - you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Les Love, president@carolinamountainclub.org

Vice-President: Karen Schultz, cmcvp@carolinamountainclub.org

Secretary: Eva Blinder, secretary@carolinamountainclub.org

Treasurer: Michel Claes, treasurer@carolinamountainclub.org

Immediate Past President:

Tom Weaver, pastpresident@carolinamountainclub.org

Vice Treasurer: George Bauernfeind, treasurer@carolinamountainclub.org

Assistant Treasurer: Marie Chamberlain, treasurer@carolinamountainclub.org

Councilor for Communications:

David Huff, communications@carolinamountainclub.org

Councilor for Conservation:

Steven Law, conservation@carolinamountainclub.org

Councilor for Education and Community Outreach:

Jeff Wilcox, education@carolinamountainclub.org

Councilor for Hiking:

Karen Lachow, hiking@carolinamountainclub.org

Councilor for Membership:

Jan Onan, membership@carolinamountainclub.org

Councilors for Trail Maintenance:

Ken Hummel, David Pizzolato, Tom Weaver,

TrailsMtc@carolinamountainclub.org

Councilor at Large:

Adrienne Chang, counciloratlarge@carolinamountainclub.org

Councilor at Large:

Bill Sanderson, counciloratlarge_2@carolinamountainclub.org