

LET'S GO!



SECOND QUARTER 2020 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Art Leob Monday Crew

Robert Bolt, otherob@inbox.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Vance Waggener, vance.waggener@yahoo.com

Thursday Crew

Hugh Hensleigh, hchensleigh@gmail.com

Sam Clarke, edistoxc@yahoo.com

Asheville Friday crew

David Galentine, daveai@me.com

Paul Curtin, pmcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Ed Paukovits, epauko610@gmail.com

Wilderness Response Crew

Michael Ramos, 52miramos@gmail.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pmcurtin@hotmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays in 2020 will be April 4, June 6 (National Trails Day at Max Patch), August 15 and October 10. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489

Hwy 215 to Big Ridge O/L

Aaron Saft, runningpains@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse, johnwhitehouse@ccvn.com

HIKE SCHEDULE Second Quarter 2020

Hike Ratings

First Letter

Distance

AA: Over 12 miles

A: 9.1-12 miles

B: 6.1-9 miles

C: Up to 6 miles

Second Letter

Elevation Gain

AA: Over 2,000 ft.

A: 1,501-2,000 ft.

B: 1,001-1,500 ft.

C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

S_B6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

P₄00 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

L_TC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

W_C100 For hiking to the 100 best waterfalls in the area. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

A-T-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact Chris Koebelin, chriskoebelin@yahoo.com

Y_PC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun, educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.

Sunday No. Y2002-043

May 17

Frying Pan Tower

12:00 PM

Hike 4, 950 ft. ascent, Rated C-C, **P₄00, L_TC**

Jan Onan, 828-698-3237, cell: 828-606-5188,

janonan59@gmail.com

Only Meeting Place: Pisgah Inn parking lot near the convenience store. This is an in-and-out hike with some significant ups and downs. It starts at the Mount Pisgah campground and meanders through the forest until reaching a FS gravel road to the tower, a 7/10 mile trek, uphill all the way. It passes through a spectacular display of spring wildflowers and provides panoramic views from the fire tower. Must contact leader if planning to hike.

Topo(s): Cruso

Saturday No. Y2002-453

June 6

Max Patch Loop

8:15 AM

Hike 3.2, Drive 100, 800 ft. ascent, Rated C-C,

A-T-MST

Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Third Annual Event! CMC trail crews will demonstrate rebuilding part of the A.T. on Max Patch for National Trails Day, partnering with REI. There will be multiple stops to learn techniques used to build and maintain trails and steps. We will hike through one of its most beautiful places through open meadows and shaded forest, and enjoy the 360-degree of the mountains from the summit of Max Patch. Join us after 3:00 p.m. to celebrate! Location to be determined. NOTE: Wear sturdy shoes and bring plenty of water, snacks and a bag lunch. Must contact leader if planning to hike.

Topo(s): Lemon Gap

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

Wednesday No. W2002-700 **April 1**
Beech Gap and Hyatt Ridge Trails 8:00 AM
Hike 8, Drive 103, 2500 ft. ascent, Rated B-AA,
WC100, 900M

Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

We will arrive at the trailhead by way of BRP exit at Big Witch Gap to Bunches Creek Road. After the gentle initial climb through open forests, the hike will follow the Hyatt Ridge Trail and then descend to visit the Enloe Creek Bridge campsite. This is one of the prettiest places in GSMNP, with massive boulders in the stream and rushing waterfalls. The hike will include sections of the Beech Gap, Hyatt Ridge and Enloe Creek Trails. Short car shuttle.
Topo(s): Bunches Bald, Smokemont

Wednesday No. W2002-339 **April 1**
Garenflo Gap to Hot Springs 8:30 AM
Hike 6, Drive 83, 900 ft. ascent, Rated C-C,
AT-MST

William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:00 AM - but contact leader first.

This A.T. hike offers nice variety, with a beautiful hardwood forest, Deer Park shelter and moderate climbs and descents. Car shuttle.
Topo(s): Hot Springs, Lemon Gap, Spring Creek

Wednesday No. W2002-916 **April 8**
Toms Creek to Woods Mountain 8:00 AM
Hike 8, Drive 80, 2600 ft. ascent, Rated B-AA
Jim Reel, 828-738-0751, cell: 828-443-2532,
jimr57@yahoo.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: McDonald's at US 70 and US 221 Bypass in Marion at 8:30 AM

This new CMC hike will explore the south side of Woods Mountain, beginning off Old Toms Creek Rd., hiking up to Woods Mountain. We may see some early wildflowers. The return will be half via the same trail and half on another trail. There is quite a climb, which we will take

at a moderate pace.

Wednesday No. W2002-666 **April 8**
Pink Beds - Cradle of Forestry Loop 9:00 AM

Hike 5.3, Drive 90, 200 ft. ascent, Rated C-C,
P400

Beth Fluharty, 828-253-1626,
cell 828-231-5785, elflugharty@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

Pink Beds is special because it is a flat plateau at 3200-ft., surrounded by mountains. Expect abundant ferns due to natural bogs and beaver action and some wildflowers with the possibility of seeing Swamp Pink. Several man-made causeways add to the viewing experience.

Topo(s): Shining Rock

Wednesday No. W2002-454 **April 15**
Porters Creek Trail 8:30 AM
Hike 7.6, Drive 146, 1500 ft. ascent, Rated B-B,
900M

Brenda Worley, 828-684-8656,
cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools at first meeting place and meet leader at Porters Creek Trailhead.

Second Meeting Place: Porters Creek Trailhead at 10:00 AM.

This GSMNP trail is famous for its wildflower displays. We will first pass the remnants of old homesteads and the Owenby cemetery before entering a moist sheltered cove with large trees, masses of wildflowers, a rushing creek and even a waterfall.

Topo(s): Mt Le Conte

Wednesday No. W2002-216 **April 22**
Sams Gap to Devil Fork Gap on the A.T. 8:30 AM
Hike 8.5, Drive 90, 1900 ft. ascent, Rated B-A,
AT-MST

Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools at the first meeting place and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:00 AM.

This section of the A.T. features nice views into Tennessee from the ridgeline, traversing a series of knobs along an unusual section of the TN-NC state line where Tennessee is east of N.C. and the southbound hiker is actually traveling north. This time of year, we should see lots of wildflowers. Car shuttle. Please bring enough cars to shuttle hikers.

Topo(s): Sams Gap

Wednesday No. W2002-578 **April 22**

Flat Laurel Creek, Little Sam Knob, MST Loop 8:30 AM
Hike 7.5, Drive 70, 1000 ft. ascent, Rated B-C,
AT-MST

Diane Jacqmin, 630-513-1298,
cell: 630-946-9623, dsjacq@sbcglobal.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at the first meeting place and meet leader at second meeting place.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 9:00 AM.

This is a pleasant loop trail with views of Sam Knob, Fork Ridge and Flat Laurel Creek. This year we'll be hiking in a counter-clockwise direction, up the MST with a side trip to Devils Courthouse for lunch, down the Little Sam Knob Trail to Flat Laurel Creek and then a gentle return on the Flat Laurel Creek Trail. We'll end with a short walk along NC 215 to our cars.
Topo(s): Sam Knob

Wednesday No. W2002-089 **April 29**
Lemon Gap to Max Patch 8:00 AM
Hike 11, Drive 104, 1800 ft. ascent, Rated A-A,
AT-MST

Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first.

We will begin at Lemon Gap, have lunch on top of Max Patch with its beautiful views and return to our cars at Lemon Gap. This time of year, we are expecting to see a lot of wildflowers on the way.

Topo(s): Hot Springs

Wednesday No. W2002-669 **April 29**
Buckeye Gap to NC 215 8:30 AM
Hike 9, Drive 80, 1500 ft. ascent, Rated B-B,
P400

Wilderness hike, limited to ten hikers, contact leader for reservation.

Becky Smucker, 828-231-2198,
bjsmucker@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 9:00 AM.

We'll hike the MST up to and out Green Mountain Trail to beyond Green Knob for great views from several overlooks, then return to continue on the MST to NC 215. Along the way we'll see an unnamed waterfall that is said to be the highest waterfall in the eastern U.S. Car shuttle.

Topo(s): Sam Knob

Wednesday No. W2002-503 **May 6**
Mt. Sterling via Baxter Creek Trail 8:00 AM

Hike 12.4, Drive 98, 4100 ft. ascent,
Rated AA-AA+, **900M**
Paul Benson, 828-273-2098,
PDBenson@charter.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first.

The Baxter Creek Trail to the top of Mt. Sterling is one of the toughest day hikes in the Great Smoky Mountains. Although even and well-graded, the trail climbs roughly 4200 feet in just 6.2 miles. Per the Eastern Native Trees Society, some of the highest trees in the park are located in this area. Although a very difficult hike, efforts will be well rewarded upon reaching the 5842-foot summit. The views atop the 60-foot fire tower are simply amazing.

Topo(s): Cove Creek Gap

Wednesday No. W2002-371 **May 6**

Gauging Station to Squirrel Gap 9:00 AM

Hike 11.4, Drive 80, 500 ft. ascent, Rated A-C, **P400**

Carroll Koeplinger, 828-667-0723,
cell: 828-231-9444, cakoep29@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

This moderate hike will be a shorter version of hike #371. We will start from the Gauging Station, hike to Wolfe Ford and take the Squirrel Gap Trail to Squirrel Gap. Return will be via the same route.

Topo(s): Pisgah Forest

Wednesday No. W2002-882 **May 13**

Panthertown Waterfalls 8:00 AM

Hike 6.6, Drive 110, 400 ft. ascent, Rated B-C, **WC100**

Henry Kassell, 845-656-5528,
hkassell@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

We will hike to three waterfalls in Panthertown Valley: Greenland Creek Falls (Holly Falls), Schoolhouse Falls and Jawbone Falls. Lunch on sandy beach in front of pool at Jawbone Falls.

Topo(s): Big Ridge, Lake Toxaway

Wednesday No. W2002-548 **May 13**

Sams Gap to Big Bald 8:00 AM

Hike 13, Drive 52, 3300 ft. ascent,
Rated AA-AA+, **AT-MST**

Susan Hutson, 336-406-9279,
picassue48@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. The Bald Mountains are a mountain range rising along the border between Tennessee and North Carolina.

The highest summit in the Bald Mountains is Big Bald, which rises to an elevation of 5516-ft. For this challenging hike, we will follow the A.T. from Sams Gap to the summit of Big Bald and return via the A.T. Along the way we expect to see trilliums in bloom and spectacular views from the summit.

Topo(s): Sams Gap

Wednesday No. W2002-922 **May 20**

Panthertown Mountain Vistas 8:00 AM

Hike 10.9, Drive 96, 3600 ft. ascent,
Rated A-AA+

Chuck Mills, 240-385-4879,
chckmills@icloud.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This hike will explore four of the five big vistas in Panthertown Valley. We start at the Cold Mountain parking area and hike to the top of Little Green Mountain and its beautiful view of the valley at Tranquility Point. From there we will hike over to the top of Big Green Mountain for a different view of cliff tops and to have lunch. After lunch we will bushwhack down a faint, steep manway over to Salt Rock Overlook. Then we ascend Black Rock Mountain for its view looking back toward Little Green Mountain. Along the way we will walk behind Schoolhouse Falls and visit Warden Falls. If the water levels aren't too high we will bushwhack from Warden Falls to Jawbone Falls via another manway, then cross the river and head back to our cars.

Wednesday No. W2002-318 **May 20**

East Fork of Pigeon River 9:30 AM

Hike 5, Drive 74, 600 ft. ascent, Rated C-C, **P400**

Wilderness hike, limited to ten hikers, contact leader for reservation.

Barbara Morgan, 828-460-7066,
barbc129@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 10:00 AM - but contact leader first.

This in-and-out hike starts at the Big East Fork parking lot and goes towards the headwaters of the Pigeon River. The river is crystal clear and we will have opportunities to go down to the river and play at one or more of the swimming holes, so it may feel good to wade or just enjoy being by the river.

Topo(s): Shining Rock

Wednesday No. W2002-047 **May 27**

Indian Grave Gap 8:00 AM

to Iron Mountain Gap
Hike 10.8, Drive 118, 2800 ft. ascent,
Rated A-AA

Randy Fluharty, 828-423-9030,
rfluharty54@gmail.com and Steve Pierce,
828-724-4999, cell: 828-442-8482,
stevepierce50@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This A.T. hike passes by appropriately named Beauty Spot with views of the Roans and Blacks, and over 5180-ft. Unaka Mtn., with a lovely hemlock grove on top. The hike has equal difficulty in both directions. We will set up the key-swap in the Zillicoa parking lot.

Topo(s): Unicoi

Wednesday No. W2002-923 **May 27**

Sassafras Mountain 8:00 AM

to Glady Fork Road & Return
Hike 8.3, Drive 83, 1886 ft. ascent, Rated B-A

Norm Sharp, 864-268-9409, cell: 864-609-7182,
norm.Sharp@att.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Sassafras Tower parking lot at 9:00 AM.

This new hike begins at the Sassafras Mountain Tower parking lot and continues to the gate on Glady Fork Road via the Foothills Trail and the new 6700-acre Headwaters State Forest. When we reach the gate on Glady Fork Road, we will return to our cars. On the way back, we will take a short side trail to Beech Bottom Falls in Jocassee Gorges. Driving directions: Take US 64 S through Brevard. Turn left onto Pole Miller Rd., turn left onto Island Ford Rd., turn right onto Walnut Hollow Rd., continue onto E. Fork Rd., slight right onto Glady Fork Rd., turn left to stay on Glady Fork Rd., turn left onto Continental Divide Rd./Sassafras Mountain Rd., continue to follow Sassafras Mountain Rd. to enter South Carolina, continue onto F. Van Clayton Memorial Hwy. to Sassafras Mountain Tower parking lot.

Wednesday No. W2002-418 **June 3**

Newton Bald, Kanati Fork 8:00 AM

Hike 11.5, Drive 104, 3800 ft. ascent,
Rated A-AA+, **900M**

Steve Pierce, 828-724-4999, cell 828-442-8482,
stevepierce50@gmail.com

Only Meeting Place: Home Depot off Exit 44 of I-40. This great hike climbs Kanati Fork Trail, then follows Thomas Divide Trail and descends on the Newton Bald Trail. Nice scenery and we may see late-spring wildflowers. Short car shuttle.

Topo(s): Clingmans Dome, Smokemont

Wednesday No. W2002-667 **June 3**

Pink Beds to Pisgah Inn 8:30 AM

Hike 8.2, Drive 67, 1700 ft. ascent, Rated B-A, **P400**

George Shepherd, 405-596-2632,

shepherdgeorge@att.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Inn parking lot near the convenience store at 9:00 AM - but contact leader first.

From one branch of the Pink Beds Loop, we will go over the Barnett Branch boardwalk, built by the CMC Friday Pisgah crew. We will proceed on the Barnett Branch Trail, cross Yellow Gap Road, and after a short, steep climb, pause at a waterfall. We'll connect with the Buck Spring/MST up to the Pisgah Inn where we will have lunch. Bring a snack for the morning if you wish. Car shuttle.

Topo(s): Cruso, Shining Rock

Wednesday No. W2002-920 **June 10**
Foothills Trail

to Bearcamp Falls (Hilliard Falls) 8:00 AM
Hike 10.7, Drive 90, 2500 ft. ascent,

Rated A-AA

Sallye Sanders, 208-550-2070,

sallye_sanders@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

From the Bad Creek access, this is an in-and-out hike on the Foothills Trail to a spur trail for Bearcamp Falls, also known as Hilliard Falls.

Wednesday No. W2002-525 **June 10**
Corn Mill Shoals P.L. #2 -

Cedar Rock 9:00 AM
Hike 5, Drive 95, 400 ft. ascent, Rated C-C,

WC100

Bev MacDowell, 828-777-5806,

bevmacdowellhappy@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at first meeting place and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

A pleasant hike over several trails up and over the granite slabs of Big Rock and Cedar Rock. From Corn Mill Shoals parking lot we will take Big Rock and Cedar Rock Trails to Little River Trail. We will snack at the river and return on Corn Mill Shoals Trail.

Topo(s): Standingstone Mtn.

Wednesday No. W2002-924 **June 17**
Rocky Fork Loop Hike 8:00 AM

Hike 10, Drive 70, 2000 ft. ascent, Rated A-AA
Jeff Wilcox, 828-505-2815, cell: 828-989-8755, jwilcox@unca.edu

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This will be a new CMC hike in Tennessee's Rocky Fork State Park (designated in 2012 and opened in

2015). This will be a loop hike that includes Rocky Fork, Flint Creek, Blockstand Creek, Headwaters, and White Oak Trails. According to the new park map, the loop should be about 10 miles in length and 2000 feet in elevation gain. (I will update when I scout the hike.)

Wednesday No. W2002-172 **June 17**
John Rock Loop Hike 8:30 AM

Hike 5.7, Drive 70, 1300 ft. ascent, Rated C-B, **P400, WC100**

Bob Levy, 828-670-1611, cell: 240-604-5000, rlevy@cato.org

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 280 in Mills River in front of gas pumps at 8:45 AM.

We will do the loop counter-clockwise and go through the gate left of the hatchery and right onto Cat Gap Trail (orange). We will take a short side loop to Cedar Rock Falls, then continue on Cat Gap Loop to the John Rock Trail (yellow). After a short, steep climb over the knob, we go down 0.2 miles to the rock face for a snack with great views to the north and west. We will continue down the John Rock Trail to rejoin Cat Gap Loop and go back to the other end of the parking lot. Max elev: 3300-ft. Avg moving pace: 2.6 mph. Difficulty (1=effortless, 10=hard): 5 (but difficult footing). Est. return to Waffle House: 1:30.

Topo(s): Shining Rock

Wednesday No. W2002-925 **June 24**
Palmer Creek Trail

from Pretty Hollow Gap Trail 8:30 AM
Hike 9.8, Drive 80, 1750 ft. ascent, Rated A-A,

900M

Daisy Teng Karasek, 828-505-2036,

cell: 408-887-3666, daisytk@yahoo.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:45 AM - but contact leader first.

This hike starts in the Cataloochee valley from the Pretty Hollow Gap trailhead. We stay on Pretty Hollow Gap Trail for 1.6 miles before we branch off onto Palmer Creek Trail. A steady climb of 1500 feet over 3.3 miles takes us along the creek, over footlogs, up to Trail Ridge, and ends on Balsam Mountain Road. We return the same way, going downhill.

Wednesday No. W2002-403 **June 24**
Fawn Lake P.L. #5 -

Reasonover Creek 9:00 AM
Hike 6, Drive 61, 200 ft. ascent, Rated C-C,

WC100

Stuart English, 828-384-4870,

stuengo@comporium.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Form carpools at first meeting place and meet

leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

This pleasant loop hike in the DuPont Forest includes the Fawn Lake, Corn Mills Shoals, Bridal Veil Falls, Lake Julia and Reasonover Creek Trails.

Topo(s): Standingstone Mtn.

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2002-482 **April 5**
Spivey Gap to Sams Gap 8:00 AM

Hike 13.3, Drive 85, 2800 ft. ascent,

Rated AA-AA, **AT-MST**

Mike Knies, 828-628-6712, knies06@att.net

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Hike south on A.T. from Spivey Gap to Sams Gap. Lunch stop on summit of Big Bald; Max Patch-type views from Big Bald. Car shuttle
Topo(s): Bald Creek, Chestoa, Sams Gap

Saturday No. A2002-182 **April 11**
Green River Cove Trail 10:00 AM

Hike 6.7, Drive 75, 1000 ft. ascent, Rated B-C

Ted Altman, 513-532-7766,

tedaltman2@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 10:30 AM.

Hike the Green River Cove trail from bridge to its end at big rocks on Green River, and return on same trail. The upper end of the hike is near the bottom of the "Narrows" section of the gorge that kayakers like to run. Expect many wildflowers and maybe even kayakers on the river.

Topo(s): Clifffield Mtn.

Sunday No. A2002-049 **April 12**
Big Creek to Walnut Bottom 8:30 AM

Hike 10.3, Drive 110, 1300 ft. ascent, Rated A-B, **900M**

Judy Magura, 828-606-1490,

quilter290@gmail.com and Jim Magura,

828-606-3989, jqs290@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 9:00 AM - but contact leader first.

Follow the sight and sound of a spectacular mountain stream through a beautiful forest to

the Big Creek bridge just before campsite 37. Big Creek, a spectacular mountain stream in the Smokies, offers hikers an opportunity to slow down and appreciate the wild beauty of this section of the park. A comfortable roadbed meanders along rushing rapids, Mouse Creek Falls, huge boulders, and deep swimming holes. A beautiful forest and early wildflower environment make for a special experience - so bring your camera!
Topo(s): Cove Creek Gap, Luftee Knob, Waterville

Sunday No. A2002-142 **April 19**
Jerry Miller Trail to A.T. to Fork Ridge Trail **8:30 AM**

Hike 10.5, Drive 92, 3300 ft. ascent, Rated A-AA+, **AT-MST**
Tish Desjardins, 828-380-1452, desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & N03.01C11 208 at 9:15 AM.

We'll hike up the Jerry Miller Trail to Bearwallow Gap, then right on the A.T. to Big Firescald Knob for lunch and exceptional views. Many trilliums should be in bloom. Afterwards, we'll turn right onto the Fork Ridge Trail down to FS 111 and a short walk to the cars.

Topo(s): Greystone

Saturday No. A2002-921 **April 25**
Woods Mountain and Harris Creek Trails **8:00 AM**

Hike 8, Drive 75, 1700 ft. ascent, Rated B-A
Jim Reel, 828-738-0751, cell: 828-443-2532, jimr57@yahoo.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. Form carpools and meet leader at second meeting place.

Second Meeting Place: McDonald's at US 70 and US 221 Bypass in Marion at 8:30 AM.

This hike is on gated forest roads and trails and will be at a moderate pace as we check out the spring blooms. We will begin our hike along Toms Creek, following an old forest service road through a beautiful open forest. We will follow a short section of the MST and then the Harris Creek and Woods Mountain Trails. We do not go to Woods Mountain. This trail is open to bicycles and horses but rarely used. Near the end of the hike we will have a short off-trail section down to Toms Creek Falls. After a few awesome views, we will climb up above the falls and back to the trail/forest road and continue a short distance to our cars. Three possible wet crossings depending on water levels.

Sunday No. A2002-642 **April 26**
Smokemont Loop **9:00 AM**
Hike 6.2, Drive 110, 1300 ft. ascent, Rated B-B, **900M**

Danny Bernstein, 828-450-0747, danny@hikertohiker.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 9:30 AM - but contact leader first.

This loop hike from Smokemont Campground goes up Bradley Fork Trail, paralleling the beautiful stream. We'll turn left onto Smokemont Loop Trail, crossing Bradley Fork on a long and narrow split-log bridge with a steel cable hand-rail. We'll climb over Richland Mountain, with a stop at Bradley Cemetery on the way back. We'll also visit the Smokemont Baptist Church after the hike.

Topo(s): Smokemont

Friday No. A2002-775 **May 1-3**
Mountain Treasures Camporee #15 at Standing Indian Campground

Kathleen Hannigan, 828-230-4883, kathannigan@gmail.com

Register now for the spring Mountain Treasures Camporee. The spring Camporee will be held May 1-3 at the Standing Indian Campground. We will camp in Group sites B & C. Hikes of various lengths and difficulty will be offered Saturday and Sunday. Dinner will be shared Saturday night. Ham and turkey will be offered for an additional small cost (\$3-\$7). Please bring a side dish to share. Send a \$10 check per person to reserve a space to Norm Sharp at 100 N. Severn Circle, Easley, SC 29642. CMC Camporees are held to recognize the importance of North Carolina's Mountain Treasures, 41 areas within our Nantahala and Pisgah National Forests that stand out with special conservation, recreation, scenic and cultural values.

Sunday No. A2002-371 **May 10**
Gauging Station to Squirrel Gap **8:30 AM**
Hike 11.4, Drive 80, 500 ft. ascent, Rated A-C, **P400**

Carroll Koeplinger, 828-667-0723, cell: 828-231-9444, cakoep29@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

This moderate hike will be a shorter version of hike #371. We will start from the Gauging Station, hike to Wolfe Ford and take the Squirrel Gap Trail to Squirrel Gap. Return will be via the same route.

Topo(s): Pisgah Forest

Saturday No. A2002-766 **May 16**
Bent Creek #10 Ingles Field Gap - Green's Lick **10:00 AM**

Hike 8, Drive 10, 1100 ft. ascent, Rated B-B, **P400**

Lorraine Bernhardt, 828-676-0255, cell: 828-699-8857, lsbernhardt50@gmail.com

Only Meeting Place: Asheville Outlets parking

lot behind Waffle House off Exit 33 of I-26. We will walk along Boyd Branch Rd., then take a left onto Little Hickory Gap Trail to 5 Points, then left onto Boundary Rd. Next we'll turn left onto Green's Lick Trail, right onto Laurel Branch Rd., left onto Lower Sidehill Trail and right onto Boyd Branch Rd. to trailend.
Topo(s): Dunsmore Mtn.

Sunday No. A2002-723 **May 17**
Sugarland Mountain Trail **8:00 AM**
Hike 11.1, Drive 180, 400 ft. ascent, Rated A-C, **900M**

Les Love, 828-658-1489, cell: 828-230-1861, lesrlove55@gmail.com and Catherine Love, 828-658-1489, catmlove2@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

This spectacular hike will feature a dramatic seasonal change and abundant wildflowers as we descend from 5900 ft. to 1900 ft. We will hike from the Fork Ridge parking area on Clingmans Dome Rd. via the Sugarland Mountain and Huskey Gap Trails to US 276 instead of following the Sugarland Mountain Trail all the way. It will be interesting to see how the forest has recovered in an area that was burned in late 2016. Hikers must register with leaders beforehand so that car shuttle arrangements can be made.

Topo(s): Clingmans Dome, Gatlinburg, Mt Le Conte

Sunday No. A2002-898 **May 24**
Haywood Gap - FS 816 **8:00 AM**
Hike 10.8, Drive 80, 1900 ft. ascent, Rated A-A, **P400, SB6K**

Wilderness hike, limited to ten hikers, contact leader for reservation.

Michael Cornn, 828-458-1281, mcornn@aol.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 8:30 AM.

Follow MST north (east) from Haywood Gap to FS 816. About midway, make stop to allow SB6K peakbaggers to summit Chestnut Bald. Car shuttle.

Topo(s): Sam Knob

Monday No. A2002-120 **May 25**
Charles Bunion, Kephart Prong, with Mt. Kephart **8:00 AM**
Hike 10.2, Drive 130, 1500 ft. ascent, Rated A-B, **SB6K, 900M**

Cindy McJunkin, 828-712-9646, mcjfive@aol.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

This is our annual joint hike with the Smoky Mountains Hiking Club. From Newfound Gap,

we'll hike four miles to our lunch spot at Charlies Bunion, an outstanding rock outcrop along the A.T. with stunning views. After lunch, we'll hike Dry Sluice Gap, Grassy Branch and Kephart Prong Trails down to US 441. Note that this hike has 2800 ft. of descent. Car shuttle.
Topo(s): Clingmans Dome

Saturday No. A2002-124 **May 30**
Clingmans Dome, Mt. Collins
from Fork Ridge Trailhead 8:00 AM
Hike 8, Drive 150, 1900 ft. ascent, Rated B-A,
SB6K, 900M

Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn Expy (US 23/74) Waynesville NC at 8:30 AM - but contact leader first.

We will hike the A.T. from Fork Ridge Trailhead, over Mt. Collins (6188-ft.) to Clingmans Dome (6643 ft.) and return. The views are great.

Topo(s): Clingmans Dome

Sunday No. A2002-920 **May 31**
Bearcamp Falls (Hilliard Falls) 8:00 AM
Hike 10.7, Drive 90, 2500 ft. ascent, Rated A-AA

Sallye Sanders, 208-550-2070,
sallye_sanders@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

From the Bad Creek access, this is an in-and-out hike on the Foothills Trail to a spur trail for Bearcamp Falls, also known as Hilliard Falls.

Sunday No. A2002-061 **June 7**
Wayah Bald to Siler Bald 8:00 AM
Hike 12.0, Drive 150, 2300 ft. ascent, Rated A-AA, **AT-MST**

Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn Expy (US 23/74) Waynesville NC at 8:30 AM - but contact leader first.

Starting at Wayah Gap, we will follow the A.T. northbound to 5342-ft. Wayah Bald, then turn south on the A.T. to 5216-ft. Siler Bald, and then back to our cars. Both balds feature some of the most spectacular 360-degree views in western NC.

Topo(s): Wayah Bald

Saturday No. A2002-314 **June 13**
Grassy Ridge Mine Overlook

to (almost) Balsam Gap 10:00 AM
Hike 7, Drive 90, 200 ft. ascent, Rated B-C,
AT-MST

Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: Home Depot off Exit 44 of I-40. Have you ever wanted to hike that long MST ridge down to Balsam Gap? Here is your chance in the downhill direction, enjoying the views and late spring wildflowers along the way. We'll stop about a mile short of Balsam Gap, walking out on an old road that crosses the MST. NOTE: 1800' descent along good trail. Car shuttle.
Topo(s): Hazelwood

Sunday No. A2002-566 **June 14**
Roans in Bloom 8:30 AM
Hike 7.6, Drive 130, 1500 ft. ascent, Rated B-B,
SB6K

Bruce Bente, 828-692-0116, cell: 828-699-6296,
bbente@bellsouth.net

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Ingles on US 19E (Burnsville) at far right side at 9:00 AM.

A beautiful A.T. hike with some of WNC's finest views. Expect to see flame azaleas, rhododendrons and possibly Gray's Lilies in bloom. From Carvers Gap we'll go north past Grassy Ridge Bald (6160-ft.) to a scenic overlook for lunch, then return to Carvers Gap by the same route. From here, we'll drive up to the gardens area (small fee to enter) and walk 1/2 mile to see the vista from Roan High Bluff (6287-ft.).
Topo(s): Bakersville, Carvers Gap

Sunday No. A2002-457 **June 21**
Brown Gap to Max Patch 9:00 AM
Hike 7, Drive 100, 1700 ft. ascent, Rated B-A,
AT-MST

Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 9:15 AM - but contact leader first.

An in-and-out hike on the A.T. with a steep uphill for the first mile, then leveling off into moderate ups and downs, with a final climb to the top of Max Patch for lunch. If we're lucky, it will be clear for beautiful views.

Topo(s): Lemon Gap

Saturday No. A2002-734 **June 27**
Jones Meadow to Allen Gap 8:00 AM
Hike 9, Drive 100, 900 ft. ascent, Rated B-C,
AT-MST, LTC

Henry Kassell, 845-656-5528,
hkassell@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This scenic hike begins by taking in the panoramic views from

Jones Meadow, climbs up to the A.T., and then follows a beautiful stretch of the A.T. south to Allen Gap, passing Little Laurel Shelter along the way. Note: 3100' descent, and 8.7-mile car shuttle.

Topo(s): Greystone, Hot Springs

Sunday No. A2002-459 **June 28**
NC 128 to Greybeard Overlook 8:00 AM
Hike 8.1, Drive 80, 1900 ft. ascent, Rated B-A,
AT-MST, SB6K

Susan Hutson, 336-406-9279,
picassue48@gmail.com

Only Meeting Place: back parking lot of Folk Art Center. This is a beautiful hike through spruce and mixed deciduous forest with mossy rocks and spectacular views from the narrow ridge parts. The trail ascends over Potato Knob and Blackstock Knob before descending steeply to Walker Knob Overlook. After crossing the Blue Ridge Parkway (BRP), we will hike to Greybeard Overlook. This section is not as steep, but neither is it flat. There are spectacular views from the knife-like ridges, including views of Mt. Mitchell and the Asheville watershed. We should be able to hear the flute-like songs of the high-elevation thrushes (Veery and Hermit Thrush). Wildflowers we should be able to see are wood sorrel, lesser purple-fringed orchid and the toxic green false hellebore. Though this is not a birding hike, there are opportunities to see some of the beautiful colored warblers that nest in boreal forest. Car shuttle.

Topo(s): Montreat, Mt. Mitchell

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Lee Silver, 828-668-7147, mhstrunning@yahoo.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H2002-062 **April 5**
Daniel Ridge Loop Trail 12:30 PM
Hike 4, Drive 70, 800 ft. ascent, Rated C-C,
P400, WC100

Lee Belknap, 828-698-9394,
cell: 828-674-3631, rivergypsy@sprintmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 1:00 PM.

This is a shorter version of hike #62. This moderate (not easy) loop hike has lots to "C":

Creeks, Chasms, and a Cool Cascade finale.
Topo(s): Shining Rock

Sunday No. H2002-436 **April 12**
Mount Pisgah from Pisgah Inn 10:30 AM
Hike 5.1, Drive 44, 1100 ft. ascent, Rated C-B,
AT-MST, P400

William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Inn parking lot near convenience store at 11:00 AM - but contact leader first.

View beautiful scenery from the top of Mount Pisgah on this in-and-out hike. Last 1/2 mile to the top is very steep and rocky. This a fairly tough C-B hike.

Sunday No. H2002-380 **April 19**
Big Creek, Pisgah Ranger District 11:00 AM
Hike 6, Drive 38, 525 ft. ascent, Rated C-C,
P400

Dick Zimmerer, 828-785-9593,
dd1zz@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Ingles on NC 191/280 in Mills River behind gas pumps at 11:15 AM.

A nice, quiet, easy spring hike, along the North Fork of the Mills River and Big Creek. This is a modification of hike #380. We start the hike at the Trace Ridge parking area (on FS 142, off FS 5000). We walk 1.5 miles on the gated portion of FR 142 (an old, almost unused, gravel/dirt road at this point) to the former Hendersonville water reservoir dam. We'll walk around the reservoir, crossing a medium-length log bridge. From there, we'll walk another 1.5 miles on the Big Creek Trail, which is a true trail, not a road. At the 3-mile mark we'll have a late lunch or snack before returning to the trailhead the same way we came in. There are no wet stream crossings on this hike, but there are several slightly muddy seeps and several small brook hops. There should be lots of wildflowers in bloom.

Topo(s): Dunsmore Mtn.

Sunday No. H2002-490 **April 26**
Bull Gap

to just past Lunch Rock on MST 11:30 AM
Hike 5.4, Drive 14, 800 ft. ascent, Rated C-C,
AT-MST

Bobbi Powers, 828-667-5419,
bobbipowers23@gmail.com

Only Meeting Place: back parking lot of Folk Art Center. This part of the MST is a lush wildflower habitat in spring. Our goal will be spotting several dozen varieties of bloomers if our timing is right. Short car shuttle. Slight variation of hike #490.

Topo(s): Craggy Pinnacle, Oteen

Sunday No. H2002-855 **May 3**
Bluff Mountain Loop Trail
(Betty Place) FS#285B 11:30 AM

Hike 6, Drive 85, 850 ft. ascent, Rated C-C
Jack Dalton, 828-622-3704, cell: 404-376-5785,
jckdalton9@gmail.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools at first meeting place and meet leader at second meeting place.

Second Meeting Place: Medical Center 66 NW US 25-70 (Hot Springs) at 12:30 PM.

This is a joint hike with the Hot Springs Mountain Club. The group will drive to the trailhead from the Hot Springs Medical Center parking lot, across from the Hillbilly Market. We will begin on the Betty Place Trail (FS #285A) in the Upper Shut-In community to the new upper loop trail, passing old home sites at the base of Bluff Mountain. The grade is moderate, and the trail passes through mixed hardwood forest along old roads and streams. We hope to have an ecologist join us in this very rich area. Call the hike leader at 828-622-3704 before 10:30 if needed, due to erratic cell service in Hot Springs.

Topo(s): Lemon Gap

Sunday No. H2002-603 **May 10**
Big Ivy - Perkins,

Laurel Gap & Bear Pen 12:30 PM

Hike 5.5, Drive 55, 700 ft. ascent, Rated C-C
Marcia Bromberg, 828-505-0471,
cell 860-798-9905, mwbromberg@yahoo.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

This loop in the Big Ivy Creek headwaters area of the Pisgah National Forest begins 4.4 miles up FS 74 at the Perkins Road Trail. We will hike up to the Laurel Gap Trail, turn right and walk to the Bear Pen Trail, which will take us back down to FS 74. We will walk just under a mile to return to our cars. Expect to see spring wildflowers along the way.

Topo(s): Montreat

Sunday No. H2002-666 **May 17**
Pink Beds -

Cradle of Forestry Loop 11:00 AM

Hike 5, Drive 60, 600 ft. ascent, Rated C-C

Stuart English, 828-384-4870,
stuengo@comporium.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet hike leader at second meeting place, or meet at trailhead at 11:50 AM.

Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.

Starting from the Pink Beds, we will go counter-clockwise on the Pink Beds Loop Trail, turn right on the Barnett Branch Trail, then turn right at the crossing of an old unmapped road and eventually enter the Cradle of Forestry and make our way back to Pink Beds from there.

Sunday No. H2002-034 **May 24**
NC 215 to FS 816 12:30 PM

Hike 4.4, Drive 70, 900 ft. ascent, Rated C-C
AT-MST, P400

Laura Frisbie, 828-337-5845,
laurafrisbie@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

This hike will introduce many hikers to a choice section of the MST, including Devils Courthouse and two peaks over 6000 ft (6040' Chestnut Bald and 6214' Black Balsam Knob) reached by short side excursions. We hope to see spring flowers. Car shuttle of 5.2 miles.

Topo(s): Sam Knob

Sunday No. H2002-845 **May 31**
Trombatore Trail 12:00 PM

Hike 5.4, Drive 35, 1300 ft. ascent, Rated C-B
Ron Navik, 585-662-8047,
ron.navik@gmail.com

Only Meeting Place: Ingles on US 74-A, 1 1/2 miles south of I-40 Exit 53. We begin across the road from the trailhead to Bearwallow Mountain. The midpoint of this in-out hike is a beautiful meadow with long-distance views.

Topo(s): Bat Cave

Sunday No. H2002-004 **June 7**
Glassmine Falls Overlook to

Graybeard Overlook and Return 1:00 PM

Hike 5, Drive 55, 1100 ft. ascent, Rated C-B,
AT-MST

Dennis Bass, 828-367-7792, cell: 828-367-8619,
dbass3607@gmail.com

Only Meeting Place: back parking lot of Folk Art Center. An enjoyable hike on the MST with good views and an interesting variety of trees and shrubs. Hopefully we will also have a good display of rhododendrons in bloom.

Topo(s): Montreat

Sunday No. H2002-440 **June 14**
Sleepy Gap

to French Broad Overlook 12:00 PM

Hike 5, Drive 25, 400 ft. ascent, Rated C-C,
AT-MST

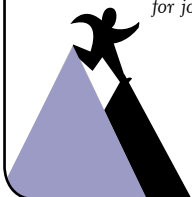
Tom Lucha, 828-696-9117, cell: 828-712-0736,
luchat@bellsouth.net

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail.

or ... write to us at
CMC, PO Box 68,
Asheville, NC 28802
and we'll mail you an
application



First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet hike leader at the second meeting place.

Second Meeting Place: French Broad Overlook at MM 393.8 of BRP at 12:30 PM.

This modification of hike #440 is mostly downhill and entirely on the MST. Most of the hike is on the historic Shut-In Trail with distant views of the Biltmore Estate. Since this is Flag Day, the wearing of "Old Glory" would be appropriate and encouraged. Car shuttle.

Sunday No. H2002-910 **June 21**
Rocky Fork - Flint Creek **12:00 PM**

Hike 5.5, Drive 70, 1000 ft. ascent, Rated C-C
Rebecca Banner, 828-713-4660,
beccabanner@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS

parking lot) off Exit 25 of I-26. This in-and-out, mostly shaded, creekside hike showcases the new Rocky Fork State Park. Start at the park entrance, hike up Rocky Fork Rd., then follow the Flint Creek Trail up to the junction with the A.T. access trail, and return. This modification of hike #910 will not include the final steep climb to the A.T. All the water crossings on this route, along Flint Creek Trail, have now been bridged.

Sunday No. H2002-331 **June 28**
Sharpy Mountain Loop **12:00 PM**

Hike 6.1, Drive 41, 1259 ft. ascent, Rated B-B,
P400

Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of

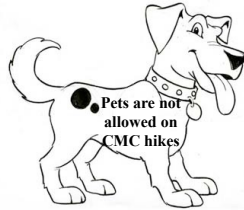
I-26. Form carpools at the first meeting place and meet the hike leader at the second meeting place.

Second Meeting Place: Turkey Pen Parking Lot at 12:30 PM.

This variation of hike # 331 will be a loop that starts with a warm-up climb over Sharpy Mtn. to Wagon Road Gap, then descends to the South Mills River Trail. We will cross 3 interesting pedestrian footbridges over the S. Mills River. Topo(s): Pisgah Forest

NEXT CMC COUNCIL MEETING

When: May 5, 2020
Where: REI, 31 Schenck Parkway (Biltmore Park)
Time: 6:00 - 9:00 PM
Info: Call Debby at 404-731-3119 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harm-

less and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Debby Jones, 404-731-3119, djones715@aol.com

Vice-President: Tom Weaver, 828-785-3646, tomjweaver@gmail.com

Secretary: Kathy McAuley, 518-248-2197, kathymccauley4031@gmail.com

Treasurer: George Bauernfeind, 502-724-5714, cmclubtreasurer@gmail.com

Immediate Past President: Randy Fluharty, 828-253-1626, rfluharty54@gmail.com

Councilor for Communication:

Stuart English, 828-384-4870, stuengo@comporium.net

Councilor for Conservation: Mike Fisher, 781-883-6938, mfishr@yahoo.com

Councilor for Education and Community Outreach:

Jan Onan, 828-606-5188, janonan59@gmail.com

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