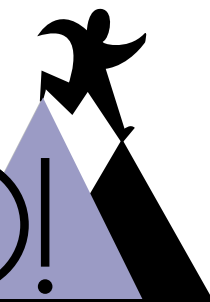


LET'S GO!



FIRST QUARTER 2020 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Art Leob Monday Crew

Robert Bolt, otherob@inbox.com

Waynesville West Crew

Larry Sobil, lsobil@bellsouth.net

Thursday Crew

Hugh Hensleigh, hchensleigh@gmail.com

Sam Clarke, edistoxc@yahoo.com

Asheville Friday crew

David Galentine, daveai@me.com

Paul Curtin, pmcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Ed Paukovits, epauko610@gmail.com

Wilderness Response Crew

Michael Ramos, 52miramos@gmail.com

Quarterly Saturday Crew

Les Love, leslove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pmcurtin@hotmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays in 2020 will be April 4, June 6 (National Trails Day at Max Patch again), August 15 and October 10. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

leslove55@gmail.com | 828-658-1489

Hwy 215 to Big Ridge O/L

Aaron Saft, runningpains@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, leslove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jfbusse@hotmail.com

Greybeard O/L to Black Mtn Campground

John Whitehouse, johnwhitehouse@ccvn.com

HIKE SCHEDULE First Quarter 2020

Hike Ratings

First Letter

Distance

AA: Over 12 miles

A: 9.1-12 miles

B: 6.1-9 miles

C: Up to 6 miles

Second Letter

Elevation Gain

AA: Over 2,000 ft.

A: 1,501-2,000 ft.

B: 1,001-1,500 ft.

C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbar@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, kathymcauley4031@gmail.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbar@gmail.com

WC100 For hiking to the 100 best waterfalls in the area. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact Chris Koebelin, chriskoebelin@yahoo.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun, educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place.

Saturday No. Y2001-867

Feb. 1

Hooker Falls P.L. #5 -

Hooker, Triple & High Falls 10:00 AM

Hike 3.5, 300 ft. ascent, Rated C-C, **WC100**

Jan Onan, 828-698-3237, cell: 828-606-5188,

janonan59@gmail.com

Only Meeting Place: DuPont Forest Hooker Falls parking lot. We'll hike to Triple Falls, then to the bottom of High Falls. Next will be a hike to see the top of High Falls, followed by hiking back to the trailhead and a short hike to Hooker Falls. Please contact leader before hike. Topo(s): Standingstone Mtn.

Saturday No. Y2001-319

March 14

Holmes Educational State Forest 9:30 AM

Hike 2, Drive 20, 100 ft. ascent, Rated C-C

Jan Onan, 828-698-3237, cell: 828-606-5188,

janonan59@gmail.com and Kay Shurtleff,

828-749-9230, cell: 828-280-3226,

kshurtleff@msn.com

Only Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26. Form carpools with Kay and meet Jan at Holmes parking lot at 10:00 AM. We will hike the Talking Trees Trail, on which the trees will tell about their identification and interesting facts. The second trail that we will hike is the Crab Creek Trail, which features a helicopter, tractor and fire tower. Please contact hike leader in advance. Topo(s): Standingstone Mtn.

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Daisy Karasek, 828-505-2036, daisytk@yahoo.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

Wednesday No. W2001-893 **Jan. 1**
Green River Game Lands - West Side **7:30 AM**
Hike 6.5, Drive 60, 1200 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116, cell: 828-699-6296,
bbente@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 9:15 AM.

After breakfast at Cracker Barrel, we'll leave at 9:15 AM and hike our traditional New Year's Day hike in the Green River Game Lands. This year's hike will follow a different route, which will be shorter but will still include lunch at the end of the Green River Cove trail by the big rocks in the Green River. Two creek crossings could be wet if the water level is high. Topo(s): Clifffield Mtn.

Wednesday No. W2001-532 **Jan. 8**
Sassafras Mountain **8:00 AM**
Hike 9, Drive 85, 2400 ft. ascent, Rated B-AA
Jeff Wilcox, 828-505-2815, cell: 828-989-8755,
jwilcox@unca.edu

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

This is a pleasant hike from US 178 up to the highest peak in South Carolina, following the Foothills Trail. Topo(s): Eastatoo Gap

Wednesday No. W2001-919 **Jan. 15**
Wildcat Rock to Trombatore trail and beyond **8:30 AM**
Hike 9.5, Drive 20, 3251 ft. ascent, Rated A-AA+
Chuck Mills, 240-385-4879,
chckmills@icloud.com

Only Meeting Place: Ingles on US 74-A. 1-1/2 miles south of I-40 Exit 53. This hike is a shuttle that starts at the Wildcat Rock trailhead in Hickory Nut Gorge and ends on US 74-A at the continental divide. We start by climbing past Little Bearwallow Falls, many rock steps, and stopping at Wildcat Rock for great views up and down Hickory Nut Gorge. Then we will ascend Little Bearwallow Mountain and hike up user trails to the top of Bearwallow Mountain. Great views toward Lake Lure and to the west. From there we hike down the Bearwallow Trail and cross over to the Trombatore Trail. Then we hike down the mountain on faint horse trails, stopping at Ferguson's Peak for one last vista before reaching our shuttle vehicles on the highway. Total ascent is 3251-ft., including three strenuous inclines. **Limit of 12 hikers. Please contact leader first if you are coming on this hike.**

Wednesday No. W2001-519 **Jan. 22**
Raven Cliff Falls, Cathedral Rock, Dismal Trail Loop **8:30 AM**
Hike 9, Drive 95, 2300 ft. ascent, Rated B-AA,

WC100
Anita Broderick, 828-363-9950,
cell: 828-290-4429, tbrode5060@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

This scenic loop hike features a waterfall and spectacular stone cliffs. From the Raven Cliff parking lot, we take the #13 Gum Gap Trail, then #14 Naturaland Trust Trail, descending down to the #12 Dismal Trail, where we will cross the rushing waters of Matthews Creek and ascend the dramatic Cathedral Cliff alongside and over Raven Cliff Falls and back to cars. \$2 per person State Park fee. Topo(s): Table Rock

Wednesday No. W2001-778 **Jan. 22**
Bracken Mountain - Brushy Creek Trails **9:00 AM**

Hike 7.8, Drive 65, 1400 ft. ascent, Rated B-B
Beth Fluharty, 828-253-1626, cell: 828-231-5785,
elflhart@gmail.com and Randy Fluharty,
828-423-9030, rfluharty54@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

This hike will include the Bracken Mountain and Brushy Creek Trails. This is a great winter hike with good views. Topo(s): Rosman, Shining Rock

Wednesday No. W2001-853 **Jan. 29**
The East Side of Montreat **8:30 AM**

Hike 8, Drive 35, 2800 ft. ascent, Rated B-AA
Steve Pierce, 828-724-4999, cell: 828-442-8482,
stevepierce50@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. Form carpools and meet leader at second meeting place.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

Ascend the Rainbow Mountain Trail, Rainbow Road, Old Toll Road and connecting trail to Lookout Mountain for beautiful views. Follow the East Ridge Trail over Brushy Mountain and Rocky Head with views along the route. At Pot Cove Gap, take the Graybeard Trail along Flat Creek to cars at Graybeard Trailhead. Short car shuttle. Topo(s): Montreat

Wednesday No. W2001-305 **Feb. 5**
Lake Imaging P.L. #1 **9:00 AM**

Hike 7.5, Drive 82, 600 ft. ascent, Rated B-C
Diane Jacquin, 630-946-9623,
dsjacq@sbcglobal.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.

This will be a shortened version of Hike #305 completed as a figure-8 loop from Lake Imaging

to the Thomas Cemetery and Wintergreen Falls on forest service roads and trails. Lunch at Wintergreen Falls. Topo(s): Standingstone Mtn.

Wednesday No. W2001-493 **Feb. 12**
Pine Mtn. Loop II **8:30 AM**

Hike 9.5, Drive 13, 2400 ft. ascent, Rated A-AA,
P400
Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. An in-and-out hike up to Pine Mountain from the Bent Creek side via Explorer Loop, Chestnut Cove Trail, and MST. Bushwhack up to Pine Mountain from BRP, then down the other side to MST, down Ruth's Ridge and Lower Sidehill Trail to cars. A nice mix of trails, some bushwhacking, and wonderful views at the lunch spot on Double Head. Topo(s): Dunsmore Mtn.

Wednesday No. W2001-364 **Feb. 19**
Buckhorn Gap and Club Gap Loop **8:30 AM**

Hike 8, Drive 80, 1320 ft. ascent, Rated B-B,
P400
Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

As a modified version of Hike 364, this hike will start from the Pink Beds parking lot, make its way to Club Gap via the Club Gap Trail and then go on the Black Mountain Trail. Enjoy winter views from Rich Mountain to Buckhorn Gap. After lunch at Buckhorn Shelter, we will retrace our steps back to the Pink Beds parking lot. Topo(s): Pisgah Forest, Shining Rock

Wednesday No. W2001-248 **Feb. 26**
Spivey Gap to Nolichucky River **8:30 AM**

Hike 11.2, Drive 110, 2000 ft. ascent, Rated A-A,
AT-MST
Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

Second Meeting Place: Far end of Wells Fargo parking lot (opposite McDonald's) off Exit 19B of I-26 west at 8:45 AM.

Form carpools and meet leader at second meeting place. Follow the A.T. north from Spivey Gap to the hostel at the Nolichucky River. Great view of the Nolichucky Gorge. Car shuttle. Topo(s): Chestoa

Wednesday No. W2001-290 **March 4**
Shut-in Trail through Bent Creek **10:00 AM**

Hike 9, Drive 10, 1000 ft. ascent, Rated B-C,
AT-MST
Danny Bernstein, 828-450-0747,
danny@hikertohiker.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. From the park on NC 191 along the French Broad River, we will embark on a brisk hike through Bent Creek via the Shut-In, Carolina Mountain, Wesley Branch, and Old Mill Trails back to the overlook. Topo(s): Asheville

Wednesday No. W2001-097 **March 11**
Long Branch, Art Loeb & Butter Gap Trails Loop 8:00 AM
Hike 12, Drive 70, 1600 ft. ascent, Rated A-A, **P400**
Susan Hutson, 336-406-9279, picassue48@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.
Highlights of this trip, which begins and ends at the Pisgah Forest Fish Hatchery, are the McCall family cemetery and views from Rich Mountain, Chestnut Mountain, and the Art Loeb Trail. Topo(s): Shining Rock

Wednesday No. W2001-060 **March 18**
Pilot Mountain from Gloucester Gap 8:30 AM
Hike 6.5, Drive 80, 2500 ft. ascent, Rated B-AA, **P400**
Sharon Smith, 704-877-7804, waltersharon204@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

This hike starts with a steep climb to the summit of Pilot Mountain, then down to Deep Gap and a short climb over Sassafras Knob. It's nearly all downhill or level as we continue to Farlow Gap. We'll return on a pleasant, seldom-used gravel Forest Service road. Topo(s): Shining Rock

Wednesday No. W2001-372 **March 25**
Big Fork Ridge to Rough Fork Loop 8:30 AM
Hike 9.6, Drive 85, 1800 ft. ascent, Rated A-A, **900M**
Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Exxon station off Exit 20 of I-40 at 9:00 AM - but contact leader first.
From the end of the road in Cataloochee Valley, hike up the Big Fork Ridge Trail, then turn right onto the Caldwell Fork Trail. Pass by record-size tulip poplar trees, then turn downhill on the Rough Fork Trail. Topo(s): Dellwood

Wednesday No. W2001-712 **March 25**
Purchase Knob - Hemphill Bald 9:00 AM
Hike 7.5, Drive 68, 1500 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116, cell: 828-699-6296, bbente@bellsouth.net
Only Meeting Place: Home Depot off Exit 44 of I-40. 900M. This hike offers a good workout

with beautiful scenery. We will hike from the Science Center access road via Ferguson Cabin to our lunch spot at Hemphill Bald in the GSMNP. We will return to our cars via the Science Center. Topo(s): Dellwood

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A2001-209 **Jan. 5**
Buckwheat Knob - Coontree Loop 8:30 AM
Hike 8, Drive 70, 2200 ft. ascent, Rated B-AA, **P400**

Lorraine Bernhardt, 828-676-0255, cell: 828-699-8857, lsbernhardt50@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.

From the trailhead at Coontree Picnic Area, we'll climb along beautiful Coontree Creek through open forest up to Bennett Gap and on to Buckwheat Knob for lunch, then return via the other segment of the Coontree loop. A moderate woodland hike with exceptional views from the ridgeline. Topo(s): Shining Rock

Saturday No. A2001-530 **Jan. 11**
Rice Pinnacle P.L. #1 - sunny side of Bent Creek 10:00 AM
Hike 7, Drive 10, 900 ft. ascent, Rated B-C, **P400**
Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwibromberg@yahoo.com
Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. This variation of hike #530 will be a 6 to 8 mile ramble on the sunny side of Bent Creek Road, with good views of Hominy Valley and Ingles Field. The exact route will depend on which roads and parking areas are accessible on this winter day. Topo(s): Skyland

Sunday No. A2001-826 **Jan. 12**
Corn Mill Shoals P.L. #4 Cedar Rock 8:30 AM
Hike 9.8, Drive 90, 1300 ft. ascent, Rated A-B
Michael Cornn, 828-458-1281, mcornn@aol.com and Kathy Cornn/Kyle, 828-458-1281, katherinenkyle@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.
This three-loop hike will explore a rock quarry, mountain vistas and river views. Topo(s): Standingstone Mtn.

Sunday No. A2001-270 **Jan. 19**

Cedar Rock Mountain and John Rock 9:00 AM
Hike 8, Drive 80, 2000 ft. ascent, Rated B-A, **P400**
Debby Jones, 404-731-3119, Djones715@aol.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:30 AM.
This trip features two of the spectacular bare rock faces in the Pisgah National Forest, with great views from both. Starting at the Fish Hatchery, we'll have our major climb up to Cat Gap and then on to Cedar Rock to enjoy the view during lunch. We'll return via John Rock. Topo(s): Shining Rock

Saturday No. A2001-001 **Jan. 25**
Case Camp - Seniard Ridge Loop 8:30 AM
Hike 8, Drive 80, 1800 ft. ascent, Rated B-A, **P400, WC100**
Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 9:00 AM.
This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail. Topo(s): Shining Rock

Sunday No. A2001-892 **Jan. 26**
NC 191 to Folk Art Center 9:00 AM
Hike 13.7, 2050 ft. ascent, Rated AA-AA, **AT-MST**

Les Love, 828-658-1489, cell: 828-230-1861, lesrlove55@gmail.com and Catherine Love, 828-658-1489, catmlove2@gmail.com
Only Meeting Place: back parking lot of Folk Art Center. Everyone had so much fun with this hike in previous years that we decided to do it again. Great workout hike for the winter over the rolling Biltmore section of the MST. Car shuttle. Topo(s): Asheville

Sunday No. A2001-518 **Feb. 2**
Five Waterfalls in S.C. 8:00 AM
Hike 6.7, Drive 170, 500 ft. ascent, Rated B-C, **WC100**
Sallye Sanders, 208-550-2070, sallye_sanders@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.

Visit five great waterfalls in South Carolina, all on the Waterfall 100 Challenge: Spoonauger, King Creek, Yellow Branch, Issaqueena and Station Cove. All are in-and-out hikes, with 1-2 miles round trip each. Long drive and long day, but well worth it with waterfalls. Topo(s): Tamasse

Sunday No. A2001-551 **Feb. 9**
**Davidson Campground -
Fish Hatchery via Cat Gap 8:00 AM**
Hike 10, Drive 70, 2200 ft. ascent, Rated A-AA,
P400, WC100

Donna Lanning, 828-684-7083,
cell: 828-606-7956, dbllanning@bellsouth.net
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26. Form
carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.

This will be a moderately-paced hike on the
Art Loeb Trail and via Cat Gap, with lunch
atop Chestnut Knob. Car shuttle. Topo(s): Pisgah
Forest, Shining Rock

Saturday No. A2001-328 **Feb. 15**
Hardtimes P.L. #1 - Ingles Field 10:00 AM
Hike 7.5, Drive 10, 800 ft. ascent, Rated B-C
Barbara Morgan, 828-460-7066,
barbc129@gmail.com

Only Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26. Come
enjoy a moderate hike in the Bent Creek area.
From Hardtimes Trailhead, we'll do a loop hike
around Lake Powhatan, Explorer and Sidehill
Trails, and descend past Ingles Field to our cars.
Topo(s): Dunsmore Mtn.; also NatGeo map #780
and Bent Creek Trail Map

Sunday No. A2001-631 **Feb. 16**
**High Falls P.L. #2 - Triple, High,
Bridal Veil & 2 lakes 8:30 AM**
Hike 10, Drive 70, 1500 ft. ascent, Rated A-B,
WC100

Susan Hutson, 336-406-9279,
picassue48@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at
9:00 AM.

This hike goes to three of the best waterfalls and
two lakes in DuPont Forest. We will go to Triple
and High Falls and then to Lake Dense. After
lunch at the lake, we'll use Conservation Rd. and
cross the dam at Lake Julia. We'll hike to the
beautiful Bridal Veil Falls, and then Lake Julia
Rd. After a stop at the picnic tables overlooking
the lake, we'll return via Conservation and Buck
Forest Roads. Topo(s): Standingstone Mtn.

Sunday No. A2001-349 **Feb. 23**
Buck Spring Trail 8:00 AM
Hike 12, Drive 70, 1500 ft. ascent, Rated A-B,
AT-MST, P400
Sharon Smith, 704-877-7804,

walterssharon204@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26. Form
carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.

This lovely hike gradually switchbacks up the
mountain with a stronger grade at the finale. There
are several easy creek crossings. After lunch,
we will hike back downhill to our cars. Topo(s):
Cruso, Shining Rock

Saturday No. A2001-909 **Feb. 29**
Asheville Camino del Norte Walk 9:00 AM
Hike 10, 500 ft. ascent, Rated A-C
Danny Bernstein, 828-450-0747,
danny@hikertohiker.com

Only Meeting Place: Asheville Visitor Center.
Walk the Asheville Camino del Norte, a 10-mile
easy walk on sidewalks and trails. See North
Asheville, University of North Carolina at
Asheville and the Botanical Gardens. Have a café
con leche at the historic Grove Park Inn. The hike
simulates a short day on the Camino. Wear good
sneakers or low boots. Bring water, lunch and
snacks. We'll stop for morning coffee but feel free
to bring all your own food. For more information
about the route, see [www.ashevillecamino.org/
about.html](http://www.ashevillecamino.org/about.html).

Sunday No. A2001-330 **March 1**
Raven Cliff Falls 9:00 AM
Hike 8, Drive 95, 1450 ft. ascent, Rated B-B,
WC100

Karen Lachow, 703-395-5879,
heyk127@hotmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at
9:30 AM.

We'll do a pleasant walk to the pedestrian bridge
over the top of a beautiful 250-ft. waterfall in
Caesar's Head State Park in S.C. The hike will
follow the Raven Cliff Falls Trail and a portion
of the Foothills Trail to the bridge and return on
the same trails. \$2 per person park fee. Topo(s):
Table Rock

Sunday No. A2001-051 **March 8**
**White Oak Flats,
Pounding Mill, Hickey Fork 9:00 AM**
Hike 7.5, Drive 85, 1900 ft. ascent, Rated B-A
Tish Desjardins, 828-380-1452,
desraylet@aol.com

First Meeting Place: 160 Zillicoia St. (USFS
parking lot) off Exit 25 of I-26. Form carpools and
meet leader at second meeting place.
Second Meeting Place: US 25/NC 208 intersec-
tion at 9:30 AM.

NOTE: First day of DST. Starting at the foot-
bridge over Hickey Fork, we'll do a nice loop hike
using three different trails and finishing on heav-
ily-rebuilt Hickey Fork Rd. Topo(s): White Rock

Saturday No. A2001-715 **March 14**
Big Falls - Thompson River 9:30 AM
Hike 7.5, Drive 115, 1750 ft. ascent, Rated B-A,
WC100

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at
10:00 AM.

This interesting new CMC hike will follow the
Foothills Trail to and over the Thompson River
bridge, then follow a manway for 1/2-mile upriver
to the bottom of Big Falls. Topo(s): Reid

Sunday No. A2001-916 **March 15**
Toms Creek to Woods Mountain 8:00 AM
Hike 8, Drive 80, 2600 ft. ascent, Rated B-AA
Jim Reel, 828-738-0751, cell: 828-443-2532,
jimr57@yahoo.com

First Meeting Place: River Ridge Market Place
behind CVS off Exit 53B of I-40. Form carpools
and meet leader at second meeting place.
Second Meeting Place: McDonald's at US 70
and US 221 Bypass in Marion at 8:30 AM.
This new CMC hike will explore the south side of
Woods Mountain, beginning off Old Toms Creek
Rd., hiking up to Woods Mountain. The return
will be half via the same trail, and half on another
trail. Topo(s): Little Switzerland, Marion West

Sunday No. A2001-480 **March 22**
Buck Spring to US 276 8:00 AM
via Barnett Branch Trail
Hike 11.9, Drive 70, 2000 ft. ascent, Rated A-AA,
P400

Sarah Broughton, 828-564-3662,
sarahebroughton@icloud.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26. Form
carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.

This strenuous hike will start at the Buck Spring
Trailhead on US 276 and hike down to the
maintenance yard via a series of trails. It will
feature great views from Clawhammer and Black
Mountains along the way. Car shuttle. Topo(s):
Shining Rock

Saturday No. A2001-364 **March 28**
Buckhorn Gap and Club Gap Loop 8:00 AM
Hike 10.5, Drive 80, 1320 ft. ascent, Rated A-B,
P400

Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com
First Meeting Place: Asheville Outlets parking
lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at
8:30 AM.

This will be a loop with beautiful early spring
views. We will begin from the Pink Beds parking
area to the gauging station, with a rock-hop cross-

ing of the S. Mills River (dry unless there has been heavy rain), then over the S. Mills and Buckhorn Gap Trails to Buckhorn Gap for lunch at the shelter. Next we'll follow the Black Mtn. Trail to Club Gap and back to our cars.

Topo(s): Pisgah Forest, Shining Rock

Sunday No. A2001-782 **March 29**
Thomas Divide - Mingus Mill 8:00 AM

Hike 11.5, Drive 125, 1400 ft. ascent, Rated A-B
Mike Knies, 828-628-6712, knies06@att.net
First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

A scenic early spring hike on the Thomas Divide, Newton Bald and Mingus Creek Trails. Should be some early spring flowers along the way. Note: 4000 ft. descent. Car shuttle. Topo(s): Clingmans Dome, Smokemont

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Lee Silver, 828-668-7147, mhsrunning@yahoo.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H2001-94 **Jan. 5**
Turkey Pen - Vineyard Gap Trail 10:30 AM

Hike 4.5, Drive 41, 1400 ft. ascent, Rated C-B, **P400**
Richard Zimmerer, 828-785-9593, dd1zz@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Turkey Pen Parking Lot at 11:00 AM.

CMC has not hiked this trail officially since 2004. It's time! It's a scenic trail in the warmer Turkey Pen area with no water crossings. There is a steep part (about 1/3 mile) near the river just before turning around but this could be skipped if anyone wants to. Plan to eat lunch about noon. Poles recommended for the steep part. Topo(s): Pisgah Forest

Sunday No. H2001-298 **Jan. 12**
NC Arboretum Lollipop Hike 1:00 PM
Hike 4.5, Drive 6, 880 ft. ascent, Rated C-C, **P400**
Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. This is a variation of hike #298. We will start at the Arboretum gatehouse parking lot and loop around various trails – Wesley Branch, Running Cedar, Old Mill, Natural Garden, and Carolina Mountain Trails, with a side trip to visit under-construction Willow Pond. If you are an Arboretum member, please bring your pass. Topo(s): Asheville, Skyland

Sunday No. H2001-324 **Jan. 19**
Bent Creek Loop #4 12:00 PM
Hike 5, Drive 15, 600 ft. ascent, Rated C-C, **P400**
Karin Eckert, 516-721-6156, karingarden@yahoo.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop (again) and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. Topo(s): Skyland

Sunday No. H2001-403 **Jan. 26**
Fawn Lake P.L. #5 - Reasonover Creek 12:00 PM
Hike 6, Drive 61, 200 ft. ascent, Rated C-C, **WC100**

Sarah Broughton, 828-564-3662, saraebroughton@icloud.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 12:30 PM.

This pleasant loop hike in the DuPont Forest includes the Fawn Lake, Corn Mills Shoals, Bridal Veil Falls, Lake Julia and Reasonover Creek Trails. Topo(s): Standingstone Mtn.

Sunday No. H2001-347 **Feb. 2**
Twin Falls 12:00 PM
Hike 6, Drive 80, 1000 ft. ascent, Rated C-C, **P400, WC100**

Tom Lucha, 828-696-9117, cell: 828-712-0736, luchat@bellsouth.net
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Forest Bi-Lo at 12:30 PM.
This is a moderate hike in the Pisgah National Forest, starting on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls

and returning on the beautiful Clawhammer Cove Trail. The hike will be completed with a short walk on a Forest Service Road. Topo(s): Pisgah Forest; also NatGeo Map #780

Sunday No. H2001-316 **Feb. 9**
Carl Sandburg Natl. Historic Park 12:00 PM
Hike 4, Drive 60, 600 ft. ascent, Rated C-C
Ron Navik, 585-662-8047, ron.navik@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Carl Sandburg parking lot at 12:45 PM.

Traverse the same trails that poet/author Carl Sandburg enjoyed. Hike to overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. After the hike, you may opt to tour on your own by visiting the goats in the barn or touring Carl Sandburg's historic house for a small fee. Topo(s): Hendersonville

Sunday No. H2001-509 **Feb. 16**
Sky Valley Ramble to Wintergreen Falls 11:00 AM
Hike 4, Drive 40, 200 ft. ascent, Rated C-C
Stuart English, 828-384-4870, stuengo@comporium.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.

At DuPont State Forest, we will take a series of trails from the Guion Farm parking lot to Wintergreen Falls and return to our cars. Topo(s): Standingstone Mtn.

Sunday No. H2001-153 **Feb. 23**
Caney Bottom - Cove Creek Loop 12:30 PM
Hike 5, Drive 80, 1300 ft. ascent, Rated C-B, **P400, WC100**
Lee Belknap, 828-698-9394, cell: 828-674-3631, rivergypsy@sprintmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Bi-Lo at 1:00 PM.

A pleasant walk through the woods, with streams, waterfalls, and bridge crossings. Topo(s): Shining Rock

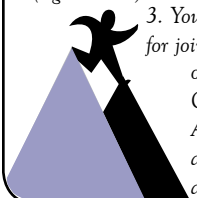
Sunday No. H2001-511 **March 1**
Florence Nature Preserve 10:30 AM
Hike 5, Drive 24, 1000 ft. ascent, Rated C-C
Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com

Only Meeting Place: Ingles on US 74-A, 1-1/2 miles south of I-40 Exit 53. This hike is a loop in the Florence Nature Preserve, a 600+ acre tract in Hickory Nut Gorge. We'll be hiking part of the hike as described in #511 to keep it to about 5 miles. We'll take the Yellow Diamond Trail, Blue Trail,

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail. or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application



White Trail and Red Trail to a nice overlook and return via the Blue and Yellow Trails.
Topo(s): Bat Cave

Sunday No. H2001-344 **March 8**
Pulliam Creek
in the Green River Gamelands **11:00 AM**
Hike 6, Drive 75, 800 ft. ascent, Rated C-C
Ted Altman, 513-532-7766,
tedaltman2@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 11:30 AM

Note: First day of DST. This pretty in-and-out hike goes along Pulliam Creek for part of the way, and our break might include viewing kayakers on the Green River and seeing early spring wildflowers. We will go to the junction of the Green River Cove Trail and return. Topo(s): Clifffield Mtn.

Sunday No. H2001-917 **March 15**
Panthertown Valley 3 Waterfalls
and Big Green Mountain Loop **12:00 PM**
Hike 5.2, Drive 90, 900 ft. ascent, Rated C-C
Matthew Kearney, 828-406-3274,
matt@verygoodphotographer.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 12:30 PM.

We will hike around the western side of Panthertown Valley, visiting three waterfalls and crossing over Big Green Mountain for views. Prepare for possible small creek crossings.

Sunday No. H2001-918 **March 22**
Chestnut Ridge Heritage Center
Wildflower Hike **10:00 AM**
Hike 5.6, Drive 100, 928 ft. ascent, Rated C-C
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 10:15 AM.

This new spring hike offers the opportunity for early wildflower viewing. The 2.8 mile in/out trail near Landrum in South Carolina will take us up the south side of Squirrel Mountain then down to the South Pacolet River. We understand that it is a haven for trillium and other early spring wildflowers.

Topo: Saluda

Sunday No. H2001-236 **March 29**
Fawn Lake - Bridal Veil Falls Loop **11:00 AM**
Hike 5.5, Drive 40, 1000 ft. ascent, Rated C-C,
WC100

William Snow, 857-756-3815,
cell: 508-308-6103, billsnow123@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.

This shortened and modified version of hike #236 features Bridal Veil Falls and Fawn Lake.
Topo(s): Standingstone Mtn.

NEXT CMC COUNCIL MEETING

When: Feb. 4, 2020
Where: Community room in Earthfare on Westgate
Time: 6:00 - 9:00 PM
Info: Call Debby at 404-731-3119 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harm-

less and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Debby Jones, 404-731-3119, djones715@aol.com
Vice-President: Tom Weaver, 828-785-3646, tomjweaver@gmail.com
Secretary: Kathy McAuley, 518-248-2197, kathymcauley4031@gmail.com
Treasurer: George Bauernfeind, 502-724-5714, cmclubtreasurer@gmail.com
Immediate Past President: Randy Fluharty, 828-253-1626, rfluharty54@gmail.com
Councilor for Communication:

Stuart English, 828-384-4870, stuengo@comporium.net
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Councilor for Trail Maintenance: Ron Navik, 585-662-8047, ron.navik@gmail.com
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