HALF-DAY NO. H0701-498
Mar. 11
High Winds
12:30 PM*
Hike 6, Drive 40, Rated B-C
Nonmembers, call leader, Renate Rikkers,
828-298-9988, reikt7r@icoll.com
*Note early start time, and that this is the first day of DST. From the grounds of the 12,000-acre Blue Ridge Assembly in Black Mountain, we will combine the Carolina Loop Trail with the High Winds Trail for a gradual but steady ascent to the 4370-ft. summit of High Winds for rewarding views. *Only meeting place: Parking lot adjacent to McDonald’s in Black Mountain off exit 4 of I-40 at 1:20 PM.

HALF-DAY NO. H0701-344
Mar. 18
Pulliam Creek in the Green River Game Lands
12:30 PM*
Hike 6, Drive 60, 1000 ft. ascent, Rated C-C
Nonmembers, call leader, Becky Elston,
828-749-1886, beltonj@cyttechusa.com
This pretty-in-spring hike goes along Pulliam Creek for part of the way, and our break might include viewing kayakers on the Green River. Join leader for dinner at Cracker Barrel after the hike. *Meet at Westgate at 12:30 PM to form carpools, and meet hike leader at NE corner of parking lot of Cracker Barrel off Exit 53 of I-26 at 1:00 PM.

HALF-DAY NO. H0701-196
Mar. 25
Vineyard Gap Loop
1:30 PM*
Hike 5, Drive 55, 1000 ft. ascent, Rated C-C
Nonmembers, call leader, Bruce Bente,
828-602-0116, bentej@cyttechusa.com
P400 We’ll do a dry-foothill hike on the Vineyard Gap and Riverisde Trails, including a scenic trail along the Mills River. Note there is a steep 400 ft. climb near the end of the hike. *Meet at Westgate at 1:30 PM to form carpools, and meet leader at Turkey Pen parking area at NE corner of parking lot of Cracker Barrel off Exit 53 of I-26 at 1:00 PM.

HALF-DAY NO. H0701-046
Apr. 1
Best Creek Loop #12, MST side
1:30 PM
Hike 5, Drive 20, Rated C-C
Nonmembers, call leader, Tom Sanders,
828-252-6327, tom2y2@charter.net
P400 This loop hike will pass by Lake Pushepan and ascend to the Mountains-to-Sea Trail via the Sherman Stumbaugh Trail. We will then descend on the Sleepy Gap Trail and wander along the Explorer and Pine Tree Trails.

THE APPALACHIAN TRAIL:
The Carolina Mountain Club is a member of the Appalachian Trail Conservancy P.O. Box 887 Harpers Ferry West Virginia 25425 Telephone: (800) 929-7274

RESONABILIT OF RESPONSIBILITY: Each CMC member guest or non member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The CMC cannot ensure the safety of any participant on hikes. In participating in CMC hikes each such person agrees to hold harmless and free from blame the hike leaders, and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in hikes or other Club activities.

CMC ANNUAL DINNER AND MEETING
Eighty-three members joined at the Chariot in Hendersonville for an evening of fellowship and annual business. Several members were recognized for their work and contributions to the club. Howard MacDonald and Lew and Jane Blodgett were honored as Honorary Lifetime Memberships for many years of club service. Howard is a past president and has over 5,000 hours of trail maintenance hours. Lew and Jane have led hikes and been active trail maintainers. Jane was an editor of Let’s Go for many years. Lew was our representative on the Appalachian Trail Guidebook Committee until recently.

Membership Renewals Due
This is a gentle reminder that all CMC membership dues need to be in by January 1, 2007. So fill out the application you received in Let’s Go and send it, with your dues, to Carolina Mountain Club, P.O. Box 68, Asheville, NC 28802.

Bill Newton was given the Distinguished Service Award for years of trail maintenance leading the Friday Crew in the Pisgah Ranger District. Bruce Bente was given the Award of Appreciation for chairing the Hiking Committee, scheduling hikes, leading many hikes, and generally hosting our hiking end of our club. Dale Ditmanson, Superintendent of the Great Smoky Mountain National Park gave an interesting slide presentation on recent developments in the park.

Lastly, proposed bylaw changes were approved and the following Council members were elected: Treasurer: Carroll Koepplinger, Chip Miller, Councilor for Maintenance: Barth Brooker, Councilor for Membership: Gail Lamb (one term year), Councilor-at-Large for a two year term: Charlie Ferguson, Councilor at Large for a one year term: Don Gardner. Many thanks to President Lenny Bernstein for the job he is doing in the smooth operation of our club.

I’d like to do two things in this column. First, tell you about the state of your club and second, tell you about an incident that happened on one of our hikes, and the lessons it teaches for both hikers and leaders.

2006 has been a very good year for CMC, and I want to thank all of the CMC members, Committee Chairs, and Council members who made it possible.

We currently have over 800 members and our membership is growing at a steady rate.

We formed a very strong partnership with the Pisgah Conservancy and we are working to complete the trails around Loup Lake and to complete the Carolina Section of the Appalachian Trail.

Our Winter Speaker Series has been well received and attendance has been strong. We are looking forward to the 2007 Winter Speaker Series.

Our April membership meeting will be held at the Chariot in Hendersonville on April 13.

Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802
Return Service Requested

MTMB-BURG: MOUNTAIN TRAILS BUILDING PROGRAM
The total budget for the program is $25,000. The total number of people committed to the program is 36. The total value of the matching contributions is $12,000.

Further information is available at www.carolinamtnclub.org about regulations
recently, six goal-oriented individuals completed challenge programs offered by our club. Becky Smucker, Steve Pierce, and Charlie Ferguson bagged all 40 peaks above 6,000 feet, completing the SB4K. Larry Modlin, Tia Ramsey, and Stuart Tauber hiked every trail in the Pisgah Ranger District: the Pisgah 400. Larry also completed the SB4K. Several of them shared memories of their respective journeys.

“I had my first real taste of the SB4K this May when I went on the three day SB6K Smokies backpack, led by Tom Sanders. We reached eight of the 6K peaks in 41 miles of hiking,” said Charlie Ferguson. “I went on that hike for fun, with no concern for the challenge itself. I learned a completely new meaning for ‘fun’ that weekend. It was a major experience of ‘challenge’ as well. I guess fun and challenge mean the same thing in the CMC.”

“As I reflect on the hikes that I did to reach the 40 peaks, I recall days of super clear weather such as I had on the Black Mountain Crest and in the Pult Balsams,” said Steve Pierce. “The views were spectacular. I also recall reaching Mt. Hardy at the end of a particularly rainy day and not having any view whatsoever. I hope to revisit some of those peaks on a clear day to enjoy the views.”

“The singularly most difficult section of the P400 was a day hike with Stuart Tauber from the fish hatchery up to Butter Gap, then following the Art Loeb trail over Pilot Mountain, Silvermine Bald and all the others, to Black Balsam parking area,” said Larry Modlin. “About 5,000 feet, 15 miles, more than a day’s work. I am glad that it is over and proud to have accomplished both goals.”

“I think if I learned anything from this peak bagging experience, it is that it’s often harder to find your way down without getting lost than it was to bushwack to the top. How does this apply to life? If you’re going to go somewhere difficult, be sure to think ahead and have an exit plan,” said Becky Smucker.

“I guess my most unusual memory of hiking the Pisgah 400 was standing on Green Knob in Middle Prong Wilderness and looking at Devil’s Courthouse,” said Tia Ramsey. “We were there at just the right time—the shadows on the Courthouse looked like the face of a devil!”

These were individual accomplishments, but they were not achieved by lone individuals. To bag the forty peaks, several back pack trips had to be organized and few of these trails were walked alone. Our club is a family of individuals who are always there for each other.

President’s corner continued from page 1

ship with Diamond Brand. Each 2006 membership received a $20 gift card from Diamond Brand, and Diamond Brand has extended that benefit to our 2007 memberships, each of which will receive a $20 gift card. When you go into Diamond Brand, please let the people there know that you are a CMC member and thank them for the support they have provided to our Club.

We scheduled 179 hikes during 2006, which we estimate will attract over 2,000 participants from around the world. No April day was lost, extending that benefit to our 2007 membership.

CMC members conquer challenges

New hike scheduler

CMC offers its thanks to Paula McDonald for 4,000 hours worked. Please welcome Charlie Ferguson as our newest CMC hike scheduler.

We created a program to recognize the hard work our trail maintainers do week in, week out. One hundred trail maintainers received awards ranging from a patch for 50 hours worked to a $100 gift card at Diamond Brand for 4,000 hours worked.

We adopted a new hiking challenge – the CMC Loop, which is an over 450 mile loop, including all of the sections of the AT and MST that the Club maintains with side trips to the 40 over 6000 peaks.

Now to tell you about the hiking incident. At the start of the hike a hiker was stung by an insect. He was allergic to bee stings, but was not carrying an EpiPen or any allergy medication. He soon developed a severe allergic reaction. Jean Gard, the hike leader, kept her cool. She called for an ambulance and the Rescue Squad on a cell phone, appointed Jorge Munoz as stand-in leader, and sent most of the other hikers on to finish the hike. A small group stayed with hiker with the allergic reaction.

By Becky Smucker

We have recently learned that a long-time member of the Club, Charlesworth L. Dickerson, died January 15, 2006, near his home in Racine, Wisconsin. Although he was active in the club for only a few years in the fifties, he had been a member continuously since 1954, apparently becoming a paid-up life member at some point. His obituary contains a reference to his membership in the Carolina Mountain Club.

Charlesworth had a doctoral degree in the field of chemistry, and came to Asheville in the 1950s, to work at American Enka. Although he had been hiking in the Smokies for years, he didn’t know about the CMC until he moved to Asheville in 1954, when he promptly joined. He left the area in 1957 or ’58, but continued to pay dues.

Charlesworth has a brother, Lawrence Willis Dickerson, also a member of CMC, who lives near Cincinnati, Ohio. After Charlesworth moved to Asheville and joined the Club, Wills joined soon after, and the two of them hiked frequently with the Club for the two or three years that Charlesworth (or “C–worth” as he liked to call himself) lived here.

The meticulous membership records kept by Jerome Dyekman in the 50s have this note in the record for Willis Dickerson: “One of the strong men on our Appalachian Trail Work Committees 1956, ’57, ’58. There are also notes about several hikes he led during the years 1956-59.

It is warming to see that these two brothers kept us in their hearts and have supported us by paying their dues all these years.

Trail Maintainers recognized

For the first time, CMC trail maintainers were recognized for their hours worked. At our annual dinner and meeting, the names of those who had reached various levels of trail building and maintenance were announced and awarded.

For 4,000 hours or more, a $100 gift certificate from Diamond Brand was awarded. Howard MacDonald and Jorge Munoz were the only two that have reached this level. A $50 gift certificate was awarded to 28 people with 1,000 hours or more. Approximately 22 people with more than 500 hours were given raincoats. Forty maintainers with 100 hours received a cap and 18 with 50 more got a patch.

Trail maintenance is an important activity in our club and new members are encouraged to get involved.

President’s corner continued from page 1

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Gerry McNabb won a $100 gift certificate from Diamond Brand for his winning slogan. The Slogan Contest was designed to find a one or two line phrase that describes our club and what we are about. It is no surprise to many that Gerry, an English major from Dartmouth and retired from a career in marketing, walked away with the prize. His slogan was powerful in its simplicity. “Hike, Save Trails, Make Friends.”

Gerry shared with us these thoughts: “My idea for the slogan was to put it in the imperative mode with each command carrying its implied benefit,” he said. “‘Hike, Save Trails, Make Friends.’ The hard part was finding a sentence combining the idea of maintenance and conservation into one two-word group.”

Charlesworth L. Dickerson, 1927-2006

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**Next CMC Council Meeting**

**When:** February 7, 2007

**Where:** TBA

**Time:** 6:30 PM

**Info:** Call Lenmy at 828-236-0192 to find out where the meeting will be if you would like to attend. All CMC members are welcome.

**CMC members conquer challenges**
An exciting ridgeline marrowaway along the middle mountains is our path to the summit. Return to Montreat via step Neck Knob and Pot Knob Trail. There’ll be good views, a delightful hike and a good workout. Fairly strenuous, including a very first steep mile. ‘Meeting place’ will be on a low shoulder at 8:00 AM to form carpools, and meet leader at parking lot adjacent to McDonald’s at exit 34 of I-240. Meeting place: Montreat; also Montreat Trails Map

ALL DAY NO. A0701-551
Mar. 25
Fish Hatchery to Davidson
Camping Ground via cat Gap
8:00 AM*
Hike 17, 920 ft. ascent, Rated A-B
Jan. 1
Joe Leonard, 828-231-9259,
bjndieder@yahoo.com
P400 *Meet at Westgate at 8:00 AM
to form carpools, and meet leader at parking lot adjacent to McDonald’s at exit 34 of I-240. Meeting place: Montreat; also Montreat Trails Map

HALF-DAY SUNDAY HIKES
Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Paula Robbins, 828-281-3253, paulaw@bellsouth.net. Driving distance is round-trip from Asheville. All hikes are at Westgate Shopping Center (Exit 3B off I-240) UNLESS OTHERWISE NOTED. Some hikes will have second meeting places as described in hike listings.

HALF-DAY NO. H0701-320
Jan. 7
Warren Wilson College Ramble 1:30 PM
Hike 5.5, Drive 20, Rated B-C
Nonmembers, call leaders, Barry and Heather Fitzgerald, 828-297-4776, htfroll@bellsouth.net. This pleasant in-and-out walk is along the Swannanoa River and through wooded land of the Warren Wilson College campus, on the River and Dam Pasture Trails.

HALF-DAY NO. H0701-500
Jan. 14
MST: US 25 to I-26
Hike 12, Drive 15, Rated B-C
Nonmembers, call leader, Pat Elias, 828-687-1651, patelia@bellsouth.net
P400 *Note early start time. A pleasant winter hike through the woods, parallel to the Blue Ridge Parkway between I-26 and US 25. Short shuttle. *Meet at Westgate at 1:15 PM to form carpools, and meet leader at Ingles parking lot across from Big East parking lot on the northern side of Dupont Forest, Which is a moderately-paced hike via Cat Gap and the Art Loeb Trail, with lunch at Chimney Knob. The trail is NOT all downhill thereafter. Car shuttle. Topos: Shining Rock, Pisgah Forest, also Natl. Geo. PRD map

HALF-DAY NO. H0701-501
Jan. 21
Pink Beds
Hike 4.2, Drive 65, Rated C-D
Nonmembers, call leader, Laura Stallard, 828-697-1579
P400 *Note early start time. This is an easy loop hike with little elevation change, off US 276, not far from the Cradle of Forestry. Second meeting place: Pisgah Ranger Station at 1:30 PM

HALF-DAY NO. H0601-499
Jan. 28
French Broad River Greenway 1:30 PM
Hike 4, Drive 10, Rated C-C
Paula Robbins, 828-281-3253, paulaw@bellsouth.net. Asheville’s Greenway system now provides several opportunities for city walking. As the leader, a member of the Greenway Commission, will describe plans for extending this riverfront trail and other existing and planned greenways within the City.

HALF-DAY NO. H0701-316
Feb. 4
Carolina Sandburg Park
Hike 4, Drive 65, Rated C-D
Nonmembers, call leader, Lucy Prim, lucette32@mchsi.com, 828-493-6580
P400 *Note early start time. Traverse the same trails that poet/biographer Carl Sandburg enjoyed by climbing Big Grassy Mountain behind his farmhouse. *Meet at Westgate at 1:00 PM to form carpools, and meet leader at parking lot of Carolina Sandburg Park at 1:30 PM.

HALF-DAY NO. H0701-064
Feb. 11
Fletcher Creek
Hike 6, Drive, 48, Rated B-C
Nonmembers, call leader, Greg Goodman, 828-684-9703
P400 *Note early start time. From the East Fork parking area, we will hike for a brief time on the Big Creek Trail, then take a loop using Spencer Branch, Middle Fork and Fletcher Creek Trails. The hike includes a few stream crossings. *Meet at Westgate at 1:00 PM to form carpools, and meet leader at Fletcher Creek trailhead. Car shuttle.

HALF-DAY NO. H0701-347
Feb. 18
Twin Falls Loop
Hike 6, Drive 80, 1000 ft. ascent, Rated B-B Nonmembers, call leaders, Stuart English, 828-883-2447, stueno@citcom.net
P400 *Note early start time. A moderate hike in the Pisgah National Forest on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls and crossing the loop on a forest road and the Clawhammer Cove Trail. *Meet at Westgate at 12:30 PM to form carpools, and meet leader at the Pisgah Ranger Station at 11:00 PM

HALF-DAY NO. H0701-552
Feb. 25
Dupont Forest:
Lake Imaging FL #12
Hike 5, Drive 94, 1200 ft. ascent, Rated B-B
Nonmembers, call leader, Rusty Breeding, 828-389-1209, rusty_mtn@earthlink.net
P400 *Note early start time. Imaging parking lot, we will climb the newly re-opened Jim Branch Trail, and on a combination of other trails, we will visit Lake Dane, High Falls and Triple Falls, ending at the Hooker Falls - Short loop car shuttle. *Meet at Westgate at 12:30 PM to form carpools, and meet leader at Parker parking lot of Big-Lu at intersection of US 276 and NC 280 in Pisgah Forest at 1:00 PM

HALF-DAY NO. H0701-553
Mar. 4
Montreat Loop
Hike 5, Drive, 400 ft. ascent, Rated B-C
Nonmembers, call leader, Joe Burchfeld, 828-289-8413, jdburch@wpo.cso.msu.edu. A moderate hike across the Lookout Trail over Lookout Rock and then follow-

WEDNESDAY HIKES
These hikes are submitted by Charlie Ferguson, ccf18@gmail.com. Driving distance is round-trip from Asheville. All Wednesday hikes assemble at Westgate Shopping Center at 6:45 AM unless otherwise noted. Second meeting place: Shining Rock, also Natl. Geo. PRD map

WEDNESDAY NO. W0701-377
Feb. 21
Bearwallow Mountain 8.0 MI, 1,000-1,500 ft.
Hike 9, Drive, 30, 1950 ft. ascent, Rated B-A
Nonmembers, call leader, Barry Bente, 828-692-0116, bbente@cytechusa.com. This hike is an old CMC favorite. From Hickory Nut Gap, we will hike through the woods, parallel to the Blue Ridge Parkway between I-26 and US 25. Short shuttle. *Meet at Westgate at 1:15 PM to form carpools, and meet leader at Ingles parking lot across from Big East parking lot on the northern side of Dupont Forest, Which is a moderately-paced hike via Cat Gap and the Art Loeb Trail, with lunch at Chimney Knob. The trail is NOT all downhill thereafter. Car shuttle. Topos: Shining Rock, Pisgah Forest, also Natl. Geo. PRD map

WEDNESDAY NO. W0701-333
Jan. 24
Montreat Loop #4                      1:00 PM
WEDNESDAY NO. W0701-327
Feb. 21
Montreat Trails Map 8:00 AM
Hike 6.7, Drive 40, 1400 ft. ascent, Rated B-C
Nonmembers, call leader, Ruth Hartzler, 828-251-0886, ruthmtn@chartier.net. A good warm up walk following the Roanoke Ridge, Rhododendron and Adventure Trails. This moderate hike in the Ridgecrest area offers spectacular views of the surrounding area as it meanders along as the ridgelines, and includes Rattlesnake, Copperhead and Loop mountain. Second meeting place: Ingles across from Bent Creek Square Mall on NC 191 at 8:45 AM. Topos: Dunmore Mt., also Natl. Geo. PRD map and Bent Creek Trail map

SAVINGS WORK DAY
Here is a great chance to learn what is involved in trail maintenance. We will meet Monday April 30th at the Inn at Montreat. Hike: New River Trail 8:45 AM Entry Cost: Free. We will then meet at Westgate Shopping Center at 12:00 PM to form carpools, and meet leader at Westgate parking lot off of I-26 as we ascend. On top, a loop up on to the ridge, then down the Isth Trail (88) if double. It is short, but steep. If it’s wet or icy we’ll go back down Rim of the Gap. *Meeting place: Meet at Westgate at 12:15 AM to form car pools, and meet leader at Westgate parking lot of I-26 as we ascend. On top, a loop up on to the ridge, then down the Isth Trail (88) if double. It is short, but steep. If it’s wet or icy we’ll go back down Rim of the Gap. *Meeting place: Meet at Westgate at 12:15 AM to form carpools, and meet leader at Westgate parking lot of I-26 as we ascend. On top, a loop up on to the ridge, then down the Isth Trail (88) if double. It is short, but steep. If it’s wet or icy we’ll go back down Rim of the Gap. *Meeting place: Meet at Westgate at 12:15 AM to form carpools, and meet leader at Westgate parking lot of I-26 as we ascend. On top, a loop up on to the ridge, then down the Isth Trail (88) if double. It is short, but steep. If it’s wet or icy we’ll go back down Rim of the Gap. *Meeting place: Meet at Westgate at 12:15 AM to form carpools, and meet leader at Westgate parking lot of I-26 as we ascend.
**ALL DAY SATURDAY AND SUNDAY HIKES**

All day hikes submitted by Mike Benson, 828-492-0166, mbenten@cytechusa.com. Driving distance is round-trip from Asheville. All Sunday and Saturday hikes assemble at Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in hike listings.

**NEW YORK DAY NO. A0701-281 Jan. 1 Green River Gamelands 9:00 AM Hike 6, Drive 20, 1000 ft. ascent, Rated A-B Bruce Benson, 828-862-4616, bbenet@cytechusa.com

**Note** that this hike goes along Pulliam Creek for part of the way. We may see kayakers on the Green River. Second meeting point at the NE corner of parking lot of Cracker Barrel exit 53 at 12:30 PM. Call Cliff Mfn for times above.

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**ALL DAY SATURDAY AND SUNDAY HIKES**

All day hikes submitted by Mike Benson, 828-492-0166, mbenten@cytechusa.com. Driving distance is round-trip from Asheville. All Sunday and Saturday hikes assemble at Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in hike listings.

**NEW YORK DAY NO. A0701-281 Jan. 1 Green River Gamelands 9:00 AM Hike 6, Drive 20, 1000 ft. ascent, Rated A-B Bruce Benson, 828-862-4616, bbenet@cytechusa.com

**Note** that this hike goes along Pulliam Creek for part of the way. We may see kayakers on the Green River. Second meeting point at the NE corner of parking lot of Cracker Barrel exit 53 at 12:30 PM. Call Cliff Mfn for times above.