

LET'S GO!



FOURTH QUARTER 2016
Quarterly News Bulletin
and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

2016 Annual Dinner is coming up

by Randy Fluharty

We hope you can attend this year's Annual Meeting and Dinner as it promises to be an important and fun-filled evening. It will be held at The Chariot in Hendersonville on Saturday, November 5. Your reservation form is included in this edition of *Let's Go!* and you can mail your form and check by 10/17/16 (to ensure delivery and processing) OR you can make your reservation and pay on our website by 10/26/16. The cost is \$32.50 for dinner, but if you only want to come to the meeting there is no charge. Please make your reservation by the deadline as we have to tell the restaurant a number by that date.

The Social Hour begins at 5:30, and you will be able to buy wine or beer by the

"ticket" system we've used elsewhere. The dinner starts at 6:30, with Challenge Awards during dinner.

The Business Meeting begins at 7:30 and includes important Club business, including electing new Council members and presentation of the Club's two highest awards - the Award of Appreciation and the Distinguished Service Award.

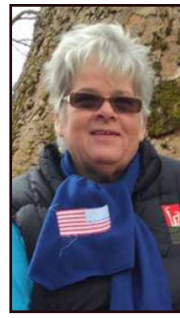
I'm pleased to announce that our speaker will be Kevin Adams, photographer and author of several nature photography and hiking books including the newly published third edition of *North Carolina Waterfalls*. This latest book includes 1,000 waterfalls along with directions and photographs of 300 of the falls. Copies of his book will be available for sale at the meeting.



The view from the Mountains to the Sea trail near Devil's Courthouse. Photo by Stuart English.

COUNCIL CORNER

The role of Councilor for Education has been expanded and the new title for the committee is Councilor for Education and



Community Outreach. Jan Onan and I have introduced a new challenge that encourages youth under the age of 18 to experience the joy of hiking and learn new outdoor skills. The Challenge is set up to showcase many of our land use management areas, along with some history, trivia, and other information. Each hike has driving directions, hiking directions, and educational information. Check out the Education/Outreach tab on the CMC website and find links to the hikes and complete information on the Challenge.

We have met and encouraged youth organizations in Henderson and Buncombe counties to participate. However, we are seeking more participation in this fun-filled education Challenge. We need CMC members to bring youth out on these hikes. We wish to thank the hike leaders who have promoted this Challenge by distributing our Challenge cards. Come on out and join us on the next YP hike on September 24. We will partner with the Appalachian Trail Conservancy for this hike on National Public Lands Day.

– Kay Shurtleff

Third edition of Walt Weber's MST profile book

In 1999, Walt Weber, after countless hours of measuring distances with a mechanical measuring wheel and an altimeter, published with the support of CMC, a trail profile book of the Mountains to Sea Trail. At the time, the finished trail (built by CMC) was from Beech Gap to Black Mountain Campground. Time

marched on, and in 2009, propelled by the efforts of CMC trail builders, so had the MST. Walt and CMC came out with a second edition that takes the profiles from just east of Waterrock Knob to Black Mountain Campground. This book is called *Trail Profiles and Maps: From the Great Smokies to Mount Mitchell and*

Beyond. Over the years, these two books, because of their user friendliness, have become the go-to source for hikers, and tourists who wonder where the nearest trail lies on the Blue Ridge Parkway. They have sold continuously and generated income for our club. We are very proud of them.

So it was with great anticipation, that five of us, Les Love, Walt Weber, Bob Beach, Rocko Smucker, and Stuart English gathered at the Transylvania County Library to start plans for the third edition. A target date has been set for 2019. By then, according to the plan, the trail will have gone across Waterrock Knob, down the parkway, through the Cherokee reservation, and through the Smokies to Clingman's Dome. As Les Love said to start our meeting, "Walt has created a tool we can't do without."

– Stuart English



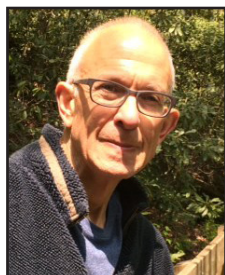
From left, Walt Weber, Les Love, Rocko Smucker and Bob Beach at the first meeting for the 2019 revision of Walt's MST profile book. Photo by Stuart English.

Generous grants fund CMC trail maintenance

by Ann Hendrickson

Each year the Appalachian Trail Conservancy (ATC) uses funds from the sale of North Carolina A.T. license plates to provide grants to organizations. In 2016, CMC received a grant for \$3,030 to buy tools: chain saws, weed-eaters, hazel hoes, rock bars, and loppers. CMC maintains 93 miles of the A.T. In 2015, over 100 volunteers contributed 4,228 hours in maintaining "our" part of the A.T. The new tools are much appreciated.

Pisgah Friday Crew member George Banta (2008), and Bill Falender (2010), who is the Crew Leader for the Thursday Crew, teamed up and funded a \$1,100 gift to purchase a much-needed generator to operate our power tools in remote locations. Beyond this very generous gift, these two have contributed 3,461 volunteer hours to our crews. Thank you a million times over!



Bill Falender

You two have set the bar for the rest of CMC members to give, and then give more.

Sierra Nevada, a large craft brewery in WNC, stepped up to the plate and issued a grant to CMC for \$750 to buy Fiskars loppers for maintainers. Loppers are one of the tools of the trade to clip back overgrowth, roots, and branches on the trails. CMC has over 200 active maintainers, all of whom need tools to perform their jobs.

Friends of the Mountain-to-Sea-Trail (FMST) provided a grant of \$500 to be used for rebar to stake new steps and trimmer string to keep the weed-eaters operational, as well as other maintenance



George Banta



needs. Currently CMC maintains 153 miles of the MST. These funds assist our efforts to sustain these trails.

CMC appreciates all grants and donations large and small. Please contact the club if interested in volunteering on a crew or donating to help maintain the trails in WNC.

Meetup is alive and well

Would you like to hike, but there isn't one on the schedule to match the hike and day you prefer? Use the Carolina Mountain Club Meetup and schedule or find a hike. Paul Benson is managing the site that allows people to create, find and join hikes during non CMC hiking days.

The website address is <http://www.meetup.com/Carolina-Mountain-Club/>. Join meetup to sign up for a hike. It's simple. You will then get emails telling you of upcoming hikes. If you would like to schedule and lead hikes on the Meetup site, contact Paul Benson at pbenson@charter.net

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an * are currently seeking new members. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Waynesville West Crew *

Larry Sobil, lsobil@bellsouth.net

Thursday Crew

Bill Falender, billfalender@hotmail.com

Asheville Friday crew *

Skip Sheldon, shelhalla@bellsouth.net

Pisgah Friday Crew *

Pete Petersen, roap@aol.com

Wilderness Crew *

Mike Goodman, msg_53@hotmail.com

Quarterly Saturday Crew *

Les Love, lesrlove55@gmail.com

AT Maintainers

Tim Carrigan, tim@newprism.com

MST Maintainers

Heintooga Road to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Mt. Pisgah Parking Lot

Pete Petersen, roap@aol.com

Mt. Pisgah Parking Lot to Folk Art Center

Les Love, lesrlove55@gmail.com

Folk Art Center to Black Mtn. Campground

John Whitehouse, johnwhitehouse@ccvn.com

HIKE SCHEDULE Fourth Quarter 2016

Hike Ratings

| First Letter Distance | Second Letter Elevation Gain |
|--------------------------|---------------------------------|
| AA: Over 12 miles | AA: Over 2,000 ft. |
| A: 9.1-12 miles | A: 1,501-2,000 ft. |
| B: 6.1-9 miles | B: 1,001-1,500 ft. |
| C: Up to 6 miles | C: 1,000 ft. or less |

All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC

website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

900M For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejack-fitz@bellsouth.net

A.T.-MST For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Vance Mann, hvancem@icloud.com

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from Asheville. Meet at any location listed in the schedule.

Youth Partnership No. Y1604-318 **Oct. 22**
East Fork of Pigeon River *10:00 AM

Hike 3, Drive 74, 500 ft. ascent, Rated C-C

Jan Onan, cell: 828-606-5188,

janonan59@gmail.com

YPC, P400 *Wilderness hike, limited to ten hikers—contact leader for reservation. This in-and-out hike starts at Big East Fork and goes towards the headwaters of the Pigeon River. The river is crystal clear and we will go down to the river and play at the water. **Second meeting place: BRP Cold Mtn. Overlook at 10:40 AM.** Topo(s): Shining Rock; also NatGeo map #780

SATURDAY WORKDAY

For the Saturday MST Trail Building Workdays in 2016, meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40.

The remaining workday for 2016 is October 1. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (lesrlove55@gmail.com) to verify date.

Youth Partnership No. Y1604-319 **Nov. 12**
Holmes State Educational Forest **10:00 AM**
Hike 2, Drive 75, 1000 ft. ascent, Rated C-C
Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

YPC Hikers can: 1) meet at Westgate at 10:00 AM to form carpools; 2) meet families, youth leaders, youth and the hike leader at Cracker Barrel in Hendersonville (park near Upward Rd.), off Exit 53 of I-26 at 10:30 AM, or 3) Meet at Holmes State Forest at 11:00 AM. Holmes State Forest offers hikes that kids will enjoy. We will hike the Talking Trees Trail, on which the trees will tell about their identification and interesting facts. The second trail that we will hike is the Crab Creek Trail, which features a helicopter, tractor and fire tower. Topo(s): Standingstone Mountain; also Holmes Educational State Forest Map

WEDNESDAY HIKES

Wednesday hikes submitted by Ann Gleason 828-859-9387, gleason.ann@gmail.com. Driving distance is round-trip from Asheville. All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B unless otherwise noted. Some hikes will have second meeting places as described in the schedule, and start times may vary. *Times listed are departure times – arrive early.*

Wednesday No. W1604-502 **Oct. 5**
Deep Creek – Sunkota Ridge *8:00 AM

Hike 13, Drive 135, 2300 ft. ascent, Rated AA-AA
Janet Martin, cell: 502-494-9309,

jaykaymartin@msn.com

900M *First meeting place: Home Depot off Exit 44 of I-40. We will hike alongside Deep Creek, one of the beautiful streams on the west side of the Smokies, then climb up to and then down Sunkota Ridge. **Second meeting place: Rest area beyond Waynesville on US 23/74 at 8:30 AM.** Topo(s): Bryson City, Clingman's Dome; also NatGeo map #317

Wednesday No. W1604-731 **Oct. 12**
Baxter Creek – Big Creek *8:30 AM

Hike 8, Drive 110, 1400 ft. ascent, Rated B-B

Barbara Morgan, 828-460-7066,

barbc129@gmail.com

900M *First meeting place: Home Depot off Exit 44 of I-40. We will first go about 2 miles up Baxter Creek to the overlook and back, then 2 miles up Big Creek to Mouse Creek Falls and back. **Second meeting place: Pilot Truck Stop off Exit 24 of I-40 at 9:00 AM.** Topo(s): Cove Creek Gap; also NatGeo map #317

Wednesday No. W1604-599 **Oct. 19**
Daniel Ridge – Caney Bottom –

Cove Creek Falls Loop **8:30 AM**

Hike 10, Drive 80, 1800 ft. ascent, Rated A-A

Stuart English, cell: 828-384-4870,

stuengo@comporium.net

P400, WC100 *Form carpools at Toys-R-Us on

NC 191 across from Asheville Outlets and meet leader at Pisgah Forest Bi-Lo at 9:00 AM. We'll start with the 4-mile Daniel Ridge Loop, follow a FS road by a nice waterfall, and go down an unmapped trail to Caney Bottom Trail. Here we'll loop around to Cove Creek Trail and our lunch spot, the 60-foot Cove Creek Falls. Then we'll go back to Caney Bottom Trail, intersect Cove Creek Trail, back up the FS road, by 100-foot Toms Springs Falls, and back to our cars on Davidson River Road (FS 475). Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1604-437 **Oct. 26**

Slate Rock Creek – Pilot Cove *8:40 AM

Hike 6, Drive 80, 1300 ft. ascent, Rated C-B

Jack Fitzgerald, 828-685-2897,

suejackfritz@bellsouth.net

P400 *Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Mills River Ingles on NC 280 at 9:00 AM. A moderate hike up the beautiful Slate Rock Creek Trail, then to an overlook on Pilot Cove Loop Trail for lunch. Lots of fall colors. Short car shuttle. Topo(s): Shining Rock

Wednesday No. W1604-845 **Nov. 2**

Bearwallow Mountain – Trombatore Trails *10:00 AM

Hike 8, Drive 40, 1900 ft. ascent, Rated B-A

Jay Bretz, 828-658-1220, jbretz1220@gmail.com

***First meeting place: Ingles on US 74-A 1.5 miles south of I-40 Exit 53.** From Bearwallow Gap, we will first hike the Trombatore Trail to a beautiful meadow with long-distance views, then return past the Gap and up to Bearwallow Mountain with its great views. We will return on the gravel access road. **Second meeting place: Bearwallow Gap at 10:20 AM, but contact leader first.** Topo(s): Bat Cave; also Hickory Nut Gorge Trail Guide

Wednesday No. W1604-874 **Nov. 9**

Chasteen Creek Falls *8:30 AM

Hike 7.5, Drive 125, 1200 ft. ascent, Rated B-B

Danny Bernstein, cell: 828-450-0747,

danny@hikertohiker.com

900M *First meeting place: Home Depot off Exit 44 of I-40. We'll hike along Bradley Fork and Chasteen Creek Trails in Great Smoky Mountains National Park to celebrate the National Park Service Centennial. We'll marvel at the changing leaves, late fall flowers, and a tumbling waterfall. After the hike, we'll walk to the Bradley Cemetery and the Luftee Church. There's a chance that park personnel may join us on this hike. **Second meeting place: Maggie Valley post office at 9:00 AM, but contact leader first.** Topo(s): Smokemont; also NatGeo map #317

Wednesday No. W1604-311 **Nov. 16**

Panther town Valley Loop – East 8:00 AM

Hike 7, Drive 120, 1200 ft. ascent, Rated B-B

Steve Pierce, 828-724-4999, cell: 828-442-8482,

stevepierce50@gmail.com

WC100 This hike in Panthertown Valley uses several trails and has waterfalls and scenic views. From the trailhead we will take Macs Gap Trail and a spur to see two falls, Macs Falls and Pothole Falls. Back on Macs Gap Trail to Greenland Creek Trail to Greenland Creek Falls, and possibly two more falls beyond. Next, climb up Little Green Mountain for views and lunch. We will follow Little Green Trail to Schoolhouse Falls and a side trail behind the falls. After viewing the falls, follow Little Green and Panthertown Valley Trails back to the parking area. **Second meeting place: Pisgah Forest Bi-Lo at 8:30 AM.** Topo(s): Big Ridge; also Panthertown Trails map

Wednesday No. W1604-711 **Nov. 23**

Asheville MST East *9:00 AM

Hike 8.3, Drive 15, 1200 ft. ascent, Rated B-B

Bruce Bente, 828-692-0116, cell: 828-699-6296,

bbente@bellsouth.net

***Only meeting place: Back parking lot of Folk Art Center.** This pleasant hike along the MST around the eastern end of Asheville will start at the Folk Art Center and end at US 25. Car shuttle. Topo(s): Asheville, Oteen; also MST Trail Profiles, pp. 50-53

Wednesday No. W1604-209 **Nov. 30**

Buckwheat Knob – Coontree Loop 8:30 AM

Hike 8, Drive 67, 2200 ft. ascent, Rated B-AA

Laura Frisbie, 828-337-5845,

laurafrisbie@charter.net

P400 From the trailhead at Coontree Picnic Area, we'll climb along beautiful Coontree Creek through open forest up to Bennett Gap and on to Buckwheat Knob for lunch, then return via the other segment of the Coontree loop. A moderate woodland hike with exceptional views from the ridgeline. **Second meeting place: Pisgah Forest Bi-Lo at 9:00 AM.** Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1604-492 **Dec. 7**

Annual Cookie Hike *8:30 AM

Hike 7, Drive 10, 1200 ft. ascent, Rated B-B

Ken and Carol Deal, 828-274-7070,

cnkdeal@charter.net

P400 *Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. Moderate loop hike in the Bent Creek area. We will start from the parking area for Cold Knob Road (FS 479H off Bent Creek Road beyond Lake Powhatan). Using a variety of short sections of trails, we will hike up to the MST, follow it past Sleepy Gap, and descend by the Stambaugh Trail to the Lake Powhatan picnic area for lunch and a cookie feast. Bring cookies to share. The afternoon walk back to the cars is approximately 2 miles. Topo(s): Asheville; also NatGeo map #780 and Bent Creek Trail Map.

Wednesday No. W1604-492 **Dec. 7**

Cookie Hike – Shorter Version –

Alternate Hike *10:00 AM

Hike 4, Drive 6, 300 ft. ascent, Rated C-C

Diane Stickney, 828-333-3207,

magenta9@charter.net

P400 *Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. We will start on the Lake Powhatan Connector and hike to the picnic area to meet the other group for lunch and to share cookies. After lunch we will return to the cars.

Wednesday No. W1604-420 **Dec. 14**

Allen Gap to Tanyard Gap *8:30 AM

Hike 8.8, Drive 80, 2100 ft. ascent, Rated B-AA

Tish Desjardins, cell: 828-380-1452,

desraylet@aol.com

AT-MST, LTC *Form carpools at Westgate and meet leader(s) at the corner of NC 208 and U.S. 25/70 at 9:10 AM. Great views from Rich Mountain fire tower, a visit to Spring Mountain shelter and one of the prettiest sections of the A.T. in our area highlight this pleasant hike. Car shuttle. Topo(s): Hot Springs

Wednesday **Dec. 21**

NO HIKE SCHEDULED

Wednesday No. W1604-826 **Dec. 28**

Corn Mills Shoal P.L. #4 *8:30 AM

Hike 8, Drive 90, 1300 ft. ascent, Rated B-B

Rich Bowerman, cell: 828-808-2891,

pcebowerman@hotmail.com

***Form carpools at Westgate and meet leader(s) at Pisgah Forest Bi-Lo at 9:00 AM.** This three-loop hike will explore a rock quarry, mountain vistas and river views. Post-hike debrief at the Hub and Pisgah Tavern. Topo(s): Standingstone Mountain; also Western NC Trail Guide - DSRF and DSRF trail map

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at the far rear (north end) of Westgate Shopping Center at I-240 exit 3B UNLESS OTHERWISE NOTED. Some hikes will have second meeting places, and starting times may vary.

Saturday No. A1604-775 **Sept. 30 - Oct. 2**

Weekend Camporee #8

Bev MacDowell, cell: 828-777-5806,

bevmacdowellhappy@gmail.com

and Kathy Cornn, cell: 828-458-1281,

katherinenkyle@gmail.com

The fall Mountain Treasures Camporee will be held at Appletree Campground near Franklin, NC. Hikes of various lengths and difficulty will be offered Saturday and Sunday. Dinner will be shared Saturday night. The cost for a campsite is \$10 per person for two nights. Barbecue will be offered at a minimal cost on Saturday. Please

bring a side dish. Send \$10 to reserve a space to Bev Macdowell at 166 Mt. Royal Drive Arden, NC, 28704 Indicate if you want barbecue and what you plan to bring Saturday night. Include your name and email address. The CMC camporees are held to recognize the importance of North Carolina's Mountain Treasures. North Carolina's Mountain Treasures are 41 areas within our Nantahala and Pisgah National Forests that stand out with special conservation, recreation, scenic, and cultural values. The United States Forest Service is now revising the management plan for our public forests in Western North Carolina—the current evaluation of Potential Wilderness Areas (PWAs) is our opportunity to gain better protection for these valuable places!

Sunday No. A1604-282 **Oct. 9**
Black Mountain-Buckhorn Gap – Twin Falls *8:30 AM
 Hike 9, Drive 62, 3000 ft. ascent, Rated B-AA+ Michael and Kathy Cornn, cell: 828-458-1281, mcorrn@aol.com
P400 *Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 9:00 AM. From the trailhead we will climb steadily up to 4286 ft. Black Mtn., Clawhammer Mtn. and then to Buckhorn Gap and Twin Falls, ending at FS 477. Car shuttle. Topo(s): Pisgah Forest, Shining rock; also NatGeo map #780

Saturday No. A1604-734 **Oct. 15**
Jones Meadow to Allen Gap 10:00 AM
 Hike 7.5, Drive 100, 900 ft. ascent, Rated B-C Marcia Bromberg, 828-505-0471, mwbromberg@yahoo.com
AT-MST, LTC A mostly downhill hike on the A.T., which begins by taking in the panoramic views from Jones Meadow. After a short manway, we will stroll along a lovely stretch of the A.T., passing Little Laurel Shelter along the way. At the higher elevation, leaves will have begun to change and we will have brief views of the mountains through the trees from time-to-time. Please contact the leader for a possible second meeting place if you're coming from Weaverville or points north. Note: 3000' descent. car shuttle. Topo(s): Greystone, Davy Crockett Lake, Hot Springs; also NatGeo map #782

Sunday No. A1604-875 **Oct. 16**
Heintooga Rd. – Fork Ridge Overlook *8:00 AM
 Hike 9, Drive 100, 1800 ft. ascent, Rated B-A Danny Bernstein, cell: 828-450-0747, danny@hikertohiker.com
AT-MST *First meeting place: Home Depot off Exit 44 of I-40. Hike a newly completed section of the Mountains-to-Sea Trail. Start at the westernmost MST white circle blaze. We'll admire the incredible work of our trail crews up to Waterrock Knob Information Area and down to Fork Ridge Overlook. It will be cool at the top but with luck,

we'll have clear, outstanding views. Car shuttle. **Second meeting place: Maggie Valley P.O. parking lot at 8:30 AM, but contact leader first.** Topo(s): Sylva North, Bunches Bald

Sunday No. A1604-876 **Oct. 23**
Lost Cove from Poplar 8:00 AM
 Hike 9, Drive 90, 2000 ft. ascent, Rated B-A Mike Knies, 828-628-6712, knies06@att.net
 This new CMC hike will use a combination of old roads and manways to hike into the former community of Lost Cove from Poplar, NC. Learn the history of this settlement while visiting old home sites, a cemetery, sawmill and apple house. We will hike gradually uphill to Lost Cove, and return along the beautiful white water of the Nolichucky River. **Second meeting place: Burnsville McDonalds at 8:40 AM, but contact leader first.** Topo(s): Hunt Dale, Chestoa

Saturday No. A1604-877 **Oct. 29**
Hemphill Bald from Cataloochee Ranch *10:15 AM
 Hike 5, Drive 75, 750 ft. ascent, Rated C-C Bev MacDowell, cell: 828-777-5806, bevmacdowellhappy@gmail.com
***Only meeting place: Home Depot off Exit 44 of I-40.** Cookout lunch (hamburger/hot dog) at Cataloochee Ranch 12 noon-2pm, followed by 5-mile loop hike to gorgeous Hemphill Bald. It is all about the views! This land was put into conservancy by the Alexanders, the family that has always owned and operated the cabins and lodge of Cataloochee Ranch, a rustic retreat above Maggie Valley. *Please contact hike leader by email, then mail check for \$18.25 (tax & gratuity included). Your check will hold your spot, limited to 15 people. Money non-refundable after October 19. No non-dining hikers. Lunch will not be canceled due to inclement weather.* Topo(s): Dellwood; also NatGeo map #317

Sunday No. A1604-599 **Oct. 30**
Daniel Ridge – Caney Bottom Cove – Creek Falls Loop *8:30 AM
 Hike 10, Drive 80, 1800 ft. ascent, Rated A-A Stuart English, cell: 828-384-4870, stuengo@comporium.net
P400, WC100 *Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader at Pisgah Forest Bi-Lo at 9:00 AM. We'll start with the 4-mile Daniel Ridge Loop, follow a FS road by a nice waterfall, and go down an unmapped trail to Caney Bottom Trail. Here we'll loop around to Cove Creek Trail and our lunch spot, the 60-foot Cove Creek Falls. Then we'll go back to Caney Bottom Trail, intersect Cove Creek Trail, back up the FS road, by 100-foot Toms Springs Falls, and back to our cars on Davidson River Road (FS 475). Topo(s): Shining Rock; also NatGeo map #780

Sunday No. A1604-504 **Nov. 6**
Bull Gap to Lane Pinnacle 8:30 AM

Hike 10, Drive 30, 2900 ft. ascent, Rated A-AA Bob Hysko, cell: 828-243-3630, rhysko@yahoo.com
AT-MST Hike on the MST from Bull Gap, past the Rattlesnake Lodge site, Rich Mountain, and up to good views from our lunch stop at Lane Pinnacle. **Second meeting place: Craven Gap at 8:50 AM.** Topo(s): Craggy Pinnacle; also MST Profiles book, pg. 56-59

Sunday No. A1604-304 **Nov. 13**
Shut-In Trail to Garenflo Gap to Hot Springs 8:30 AM
 Hike 8.6, Drive 90, 2100 ft. ascent, Rated B-AA Paul Benson, 828-273-2098, pdbenson@charter.net
AT-MST We'll start by hiking up the East Fork Shut-in Creek trail to the A.T., doing 16 stream crossings and then a pleasant A.T. hike down Deer Park Mtn. Possible brief wet feet, depending on stream level. 5-mile car shuttle. Topo(s): Lemon Gap, Spring Creek, Hot Springs; also NatGeo map #782

Sunday No. A1604-290 **Nov. 20**
MST and Bent Creek *8:30 AM
 Hike 7, Drive 15, 1000 ft. ascent, Rated B-B Vance Mann, 828-273-7592, hvancem@icloud.com
AT-MST *Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. From the French Broad Overlook we will embark on a brisk hike through Bent Creek via the Shut-In, Cascades, CMC extension, CMC, Wesley Branch, and Old Mill Trails to the overlook. Topo(s): Skyland; also NatGeo map #780

Saturday No. A1604-307 **Nov. 26**
MST around Asheville – West Portion *9:00 AM
 Hike 10.7, Drive 15, 1450 ft. ascent, Rated A-B Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com
AT-MST *Only meeting place: BRP French Broad River Overlook at MM 393.8. We will hike on the MST around Asheville. We'll hike from the Blue Ridge Parkway Visitor Center to the French Broad Overlook. Car shuttle. Topo(s): Asheville; also MST Trail Profiles, pp. 48-53

Sunday No. A1604-558 **Nov. 27**
Round Top Ridge Trail to Rich Mtn., A.T. to Hot Springs *8:00 AM
 Hike 11.7, Drive 70, 3000 ft. ascent, Rated A-AA Tish Desjardins, cell: 828-380-1452, desraylet@aol.com
AT-MST *Form carpools at Westgate and meet leader(s) at corner of US 25 and NC 208 at 8:40 AM. From near Hot Springs we will climb to the lookout tower on the summit of Rich Mountain via the Round Top Ridge Trail, then descend on the A.T. through Tanyard Gap, Pump Gap and Lovers Leap Ridge back to the trailhead. Topo(s): Hot Springs

Sunday No. A1604-310 **Dec. 4**
Pinnacle Pass – Rim of the Gap *8:00 AM
Hike 9, Drive 80, 1800 ft. ascent, Rated B-A
Jeff McGurk, cell: 864-921-6469,
jbsbestfan@hotmail.com

***Form carpools at Westgate and meet leader(s) at Jones Gap State Park at 9:00 AM.** Starting at Jones Gap State Park (NOTE: \$2 entry fee per person), we will hike a scenic loop route, first hiking up the Pinnacle Pass Trail over Little Pinnacle Mountain and taking in two of the best views in the Jones Gap/Caesars Head State Parks. The way up includes some scrambling over boulders. We will have lunch at the second overlook. Then after back-tracking about a mile, we will take a connector trail and return via the Rim of the Gap Trail. **Additional meeting place: Cracker Barrel off Exit 53 of I-26 (corner of parking lot near Upward Rd.) at 8:30 AM.** Topo(s): Standingstone Mtn., Cleveland; also Mountain Bridge Wilderness map

Sunday No. A1604-842 **Dec. 11**
Kitsuma – Swannanoa Creek Trail *8:00 AM
Hike 10, Drive 60, 1900 ft. ascent, Rated A-A
Jim Reel, 828-738-0751, cell: 828-443-2532,
jimr57@yahoo.com

***Form carpools at Westgate and meet leader(s) at Ingles off Exit 64 of I-40 at 8:20 AM.** We will hike up and over Kitsuma Peak, then loop around and descend via the Swannanoa Creek Trail. Good views along the way. Topo(s): Old Fort, Black Mtn.; also NatGeo map #779

Saturday No. A1604-845 **Dec. 17**
Bearwallow Mtn – Trombatore Trails *10:00 AM
Hike 8, Drive 40, 1900 ft. ascent, Rated B-A
Jay Bretz, 828-658-1220, jbretz1220@gmail.com
***First meeting place: Ingles on US 74-A 1.5 miles south of I-40 Exit 53.** From Bearwallow Gap, we will first hike the Trombatore Trail to a beautiful meadow with long-distance views, then return past the Gap and up to Bearwallow Mountain with its great views. We will return on the gravel access road. **Second meeting place: Bearwallow Gap at 10:20 AM, but contact leader first.** Topo(s): Bat Cave; also Hickory Nut Gorge Trail Guide

Sunday No. A1604-279 **Dec. 18**
Montreat Trestle Grade – Pot Cove Trail 10:00 AM
Hike 8, Drive 35, 1900 ft. ascent, Rated B-A
Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com
A partial loop hike over Lookout Rock and along the East Ridge and Trestle Road Trails to Pot Cove. Return along the Mitchell Road and Trestle Road Trails. A moderately strenuous beginning followed by a very gentle return. Good winter views. **Second meeting place: Ingles parking lot off Exit 64 of I-40 in Black Mountain at 10:20 AM.** Topo(s): Montreat; also Montreat Trail Map

Sunday No. A1604-307 **Dec. 25**
MST around Asheville/West Portion *9:00 AM
Hike 10.7, Drive 15, 1450 ft. ascent, Rated A-B
Eva Blinder, cell: 828-275-6447,
ejb5711@gmail.com

AT-MST ***Only meeting place: BRP French Broad River Overlook.** We will hike on the MST around Asheville, a pleasant MST section that is often overlooked. We'll hike from the Blue Ridge Parkway Visitor Center to the French Broad Overlook. Car shuttle. Topo(s): Asheville; also MST Trail Profiles, pp. 48-53

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com. Driving distance is round-trip from Asheville. All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B UNLESS OTHERWISE NOTED. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Half-Day No. H1604-381 **Oct. 2**
Snowball Trail *12:30 PM
Hike 5.5, Drive 30, 1000 ft. ascent, Rated C-C
Dennis Bass, 828-367-7792, cell: 828-367-8619,
dbass3607@gmail.com

***Only meeting place: back parking lot of Folk Art Center.** This in-and-out hike has a steady climb (some hikers consider it to be steep) to Hawkbill Rock. Diverse and centennial trees to be admired all the way on the ridge. Stop for a snack at Snowball Gap before return. Topo(s): Craggy Pinnacle

Half-Day No. H1604-437 **Oct. 9**
Slate Rock Creek – Pilot Cove *12:00 PM
Hike 5.3, Drive 40, 960 ft. ascent, Rated C-C
Dick Zimmerer, 828-989-0480,
cell: 828-674-3631, dd1zz@yahoo.com

P400 ***First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** This moderate hike is in the Pisgah National Forest on the Pilot Loop and Slate Rock Creek trails. From the top of the cliffs on Fork Ridge expect beautiful views of Pilot Cove, Pilot Rock, Pink Beds, and beyond. 1.7 mile car shuttle. **Second meeting place: Mills River Ingles (corner of N. Mills River Road and NC 280, near gas pumps) at 12:20 PM.** Topo(s): Shining Rock; also NatGeo map #780

Half-Day No. H1604-205 **Oct. 16**
Waterrock Knob to Soco Gap *11:00 AM
Hike 5.5, Drive 77, 400 ft. ascent, Rated C-C
Marcia Bromberg, 828-505-0471,
mwbromberg@yahoo.com

AT-MST, SB6K ***Only meeting place: Home Depot off Exit 44 of I-40.** We'll begin with a short, steep (400') hike up to the top of Waterrock Knob, enjoying the view as we eat our lunch at the top. Then we'll descend 1,950 feet on the newest CMC-built section of the MST. Expect to be impressed by the work that went into building this trail. Car shuttle. Topo(s): Hazelwood, Sylva North

Half-Day No. H1604-717 **Oct. 23**
Sunburst to Waterfalls *12:00 PM
Hike 6.2, Drive 54, 700 ft. ascent, Rated B-C
Bobbi Powers, 828-667-5419,
bobbipowers23@gmail.com

P400 ***Only meeting place: Home Depot off Exit 44 of I-40.** We will walk mostly on a scenic FS road with 2 side trips on trails. Highlights: fall colors, waterfalls, cool rock formations. Topo(s): Sam Knob, Waynesville

Half-Day No. H1604-316 **Oct. 30**
Carl Sandburg Home *12:30 PM
Hike 5, Drive 60, 750 ft. ascent, Rated C-C
Ron Navik, 585-662-8047, ron.navik@gmail.com
***Form carpools at Westgate and meet leader(s) at parking lot of Carl Sandburg Nat'l Historic Site at 1:15 PM.** Driving Directions: I-26 to Exit 53; right onto Upward Rd. to end; left onto US 225; right onto Little River Rd.; left into parking lot for Carl Sandburg Nat'l Historic Site. Traverse the same trails that poet/biographer Carl Sandburg enjoyed by climbing to an overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. After the hike, enjoy visiting the goats in the barn and tour Carl Sandburg's Home for a small fee. Topo(s): Hendersonville

Half-Day No. H1604-324 **Nov. 6**
Bent Creek Loop # 4 *12:30 PM
Hike 5, Drive 15, 600 ft. ascent, Rated C-C
Karin Eckert, 828-593-8453,
karingarden@yahoo.com

P400 ***Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. Topo(s): Skyland, Dunsmore Mtn.

Half-Day No. H1604-101 **Nov. 13**
Lower Big Laurel Creek *12:00 PM
Hike 6, Drive 50, 350 ft. ascent, Rated C-C
Russ and Heather Cooper, 828-484-9562,
cooper.hs@charter.net

***Only meeting place: Wells Fargo/Rose's parking lot in Weaverville off Exit 19B of I-26.** Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Interesting flora. Parts of the trail

Alan "Pete" Petersen remembered

April 30, 1940 -
January 29, 2014



On August 26, 2016, a small group of CMC Trail Maintainers, along with Mrs. Pat Petersen gathered at the Cradle of Forestry in the Pisgah Ranger district to honor Alan "Pete" Petersen. Pete, as he was called, had been a long-time member of the CMC Pisgah Friday Crew, a former Councilor for Trail Maintenance on the CMC Council, a certified sawyer, a dedicated birder, and to those who had the privilege to know him, one of those very special people whose pass-



Sitting l-r Bill Newton, Richard "Pete" Petersen. Standing l-r Devin Gentry, Pat Petersen.

ing leaves a void that cannot be filled. Devin Gentry, Director of Programming and Partnerships for the Cradle of Forestry Interpretive Association in America, led us up one of the walking trails to a bench where a plaque honoring Pete was installed.

There was some question as to which bench should display the plaque. But the call of a bird told us that we had come to the right one. We didn't know what kind of bird it was, but we knew Pete would have.

— Stuart English

are rocky – hiking boots/shoes are recommended.
Topo(s): Hot Springs

Half-Day No. H1604-767 **Nov. 20**
Lookout Mountain Loop *11:30 AM
Hike 5, Drive 40, 1200 ft. ascent, Rated C-B
Linda Blue, 828-296-7537, lgblue@bellsouth.net
*Form carpools at Westgate and meet leader(s) at Ingles parking lot off Exit 64 of I-40 at 11:50 AM. A modification of hike #767. This loop hike will start steeply uphill on the Lookout Trail, then will turn onto Old Trestle Rd., and will include the Buck Gap and East Ridge Trails, then return on Rainbow Road after an optional 0.4 mile round trip side trip to Lookout Mountain

Overlook. Topo(s): Montreat

Half-Day No. H1604-TBD **Nov. 27**
TO BE DETERMINED
Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com
The hike description will be determined later and posted on the online hike schedule and on Breaking News on the CMC website.

Half-Day No. H1604-866 **Dec. 4**
Paint Rock Trail *12:00 PM

Hike 4, Drive 80, 1330 ft. ascent, Rated C-B
Jack Dalton, 828-622-3704, jckdalton9@gmail.com
*Form carpools at Westgate and meet leader(s) at NOC/Lovers Leap parking area in Hot Springs at 12:45 PM. We will drive to the Paint Rock area on the French Broad River/Paint Creek just over the TN border and hike up from the road to the intersection with Chimney Rocks and Paint Mountain Trails. From here we'll have views of the French Broad River, with Hot Springs in the distance. This is an in-and-out hike. Topo(s): Hot Springs; also NatGeo map #782

Half-Day No. H1604-035 **Dec. 11**

Looking Glass Rock *11:00 AM
Hike 5.8, Drive 70, 1800 ft. ascent, Rated C-A
Lee Belknap, 828-698-9394, rivergypsy@sprintmail.com
P400 *First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. A moderately difficult, well-graded trail leads to the top of this mountain with beautiful views along the way. In-and-out hike. **Second meeting place: Pisgah Forest Bi-Lo at 11:30 AM.** Topo(s): Shining Rock

Half-Day No. H1604-062 **Dec. 18**
Daniel Ridge Loop *12:15 PM
Hike 4, Drive 70, 800 ft. ascent, Rated C-C
Stuart English, 828-384-4870, stuengo@citcom.com
P400, WC100 *First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. This moderate (not easy) loop hike has lots of "C": Creeks, Chasms, and a Cool Cascade finale. **Second meeting place: Pisgah Fish Hatchery at 1:00 PM.** Topo(s): Shining Rock; also NatGeo map #780

Half-Day **Dec. 25**
NO HIKE SCHEDULED

Time to Renew Membership!

This is a gentle reminder that all CMC membership dues need to be in by Jan.

1, 2017. Please fill out the application in this issue of Let's Go and send it, with your dues, to:

Carolina Mountain Club
P.O. Box 68
Asheville, NC 28802





Winter hikes

Winter weather is coming, and hikes may be cancelled either because of dangerous hiking conditions or bad road conditions. If the weather forecast is questionable for an upcoming hike, do this to find out if a hike will be done:

*Check the Breaking News section of the CMC website. Leaders will post a hike cancellation either the previous night or early on the day of the hike.

*Contact the leader. A phone call is better in case the leader's e-mail is not working.

Carolina Mountain Club

P.O. Box 68

Asheville, NC 28802

NEXT CMC COUNCIL MEETING

When: Monday, October 3, 2016

Where: West Asheville Library Community Room

Time: 6:00 - 9:00 PM

Info: Call Barbara at 828-460-7066 if you would like to attend. All CMC members are welcome.

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for

Further information about regulations is available at www.carolinamountainclub.org

any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

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Deadline next issue: November 15, 2016