

# LET'S GO!



## FOURTH QUARTER 2017 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

### TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an \* are currently seeking new members. MST and AT section maintainers work on their own schedule.

#### Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

#### Waynesville West Crew \*

Larry Sobil, lsobil@bellsouth.net

#### Thursday Crew \*

Hugh Hensleigh, hchensleigh@gmail.com

Sam Clarke, edistoxx@yahoo.com

#### Asheville Friday crew \*

Skip Sheldon, shelhalla@bellsouth.net

#### Pisgah Friday Crew \*

Ed Paukovits, epauko610@gmail.com

#### Wilderness Crew \*

Mike Goodman, msg\_53@hotmail.com

#### Quarterly Saturday Crew \*

Les Love, lesrlove55@gmail.com

#### AT Maintainers

Tim Carrigan, tim@newprism.com

#### MST Maintainers

##### Heintooga Road to Old Bald

Larry Sobil, lsobil@bellsouth.net

##### Old Bald to Mt. Pisgah Parking Lot

Pete Petersen, roap@aol.com

##### Mt. Pisgah Parking Lot to Folk Art Center

Les Love, lesrlove55@gmail.com

##### Folk Art Center to Black Mtn. Campground

John Whitehouse, johnwhitehouse@ccvn.com

## HIKE SCHEDULE Fourth Quarter 2017

### Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible for a hiker to go on the regu-

larly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

### CHALLENGE PROGRAMS

**SB6K** For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

**P400** For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

**900M** For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

**LTC** For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

**WC100** For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

**A.T.-MST** For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Vance Mann, hvancem@icloud.com

**YPC** For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

### SATURDAY WORKDAY

For the Saturday MST Trail Building Workdays in 2017, meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40.

The remaining workday for 2017 is Oct. 21. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (lesrlove55@gmail.com) with any questions.

### YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from Asheville. Meet at either location listed in the schedule.

Saturday No. Y1704-450 **Oct 14, 2017**  
**Graveyard Fields 8:30 AM**

Hike 3.5, Drive 40, 500 ft. ascent, Rated C-C Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com and Jan Onan, 828-698-3237, cell: 828-606-5188, janonan59@gmail.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** We will enjoy a moderate loop hike on the Graveyard Ridge Trail and MST to a spectacular waterfall. On the way we will collect and observe small insects in the stream. Bring water, lunch, water shoes, sunscreen and wear sturdy shoes. Second meeting place: Graveyard Fields parking lot at BRP MM 418.8 at 9:00 AM. Contact Leader for reservations. Topo(s): Shining Rock; also NatGeo map #780

### WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

Wednesday No. W1704-181 **Oct. 4, 2017**  
**Black Balsam to Shining Rock to Graveyard Fields 8:00 AM**

Hike 11.5, Drive 65, 1822 ft. ascent, Rated A-A Jim Magura, cell: 828-606-3989, jqs290@gmail.com and Judy Magura, cell: 828-606-1490, Quilter290@gmail.com  
**P400, SB6K** Wilderness hike, limited to ten hikers, contact leader for reservation. **First Meeting Place: Ingles on NC 191 (Mills River).** This scenic hike traverses a long stretch of balds with

spectacular 360-degree views. From FS 816, we'll hike over 6214 ft. Black Balsam and 6040 ft. Tennent Mtn., Ivestor Gap, Grassy Cove Top to Shining Rock and return to Ivestor Gap. We will hike Greasy Cove Trail for a short distance, then take a very sharp right turn onto Graveyard Ridge Trail to the parking lot. **Second Meeting Place: Cold Mountain Overlook at MM 412 of BRP at 8:45 AM.** Topo(s): Shining Rock, Sam Knob; NatGeo map # 780

Wednesday No. W1704-372 **Oct. 11, 2017**  
**Big Fork Ridge to Rough Fork Loop 8:30 AM**  
Hike 9.6, Drive 85, 1640 ft. ascent, Rated A-A  
Randy Fluharty, 828-253-1626,  
cell: 828-423-9030, rfluharty54@gmail.com

**SM900 First Meeting Place: Home Depot off Exit 44 of I-40.** Cataloochee was one of the most successful communities in the Smokies. From the end of the Cataloochee Valley, we'll hike up Big Fork Ridge Trail, then turn right onto Caldwell Fork Trail. We'll pass by record-size tulip poplar trees, then go downhill on Rough Fork Trail. About a mile from the end of the hike, we'll stop at the Woody House, a well-appointed frame house. On the way out of the valley, we'll stop at the Palmer Chapel Cemetery. **Second Meeting Place: Exxon station off Exit 20 of I-40 at 9:00 AM, but contact leader first.** Topo: Dellwood

Wednesday No. W1704-437 **Oct. 18, 2017**  
**Slate Rock Creek, Pilot Cove 9:00 AM**  
Hike 5.3, Drive 60, 960 ft. ascent, Rated C-C  
Jack Fitzgerald, 828-685-2897,  
suejackfitz@bellsouth.net

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** A moderate hike up the beautiful Slate Rock Creek Trail, then to an overlook on Pilot Cove Loop Trail for lunch. Lots of fall colors. Short car shuttle. **Second Meeting Place: Ingles at North Mills Rd. near gas pumps at 9:15 AM.** Topo: Shining Rock

Wednesday No. W1704-473 **Oct. 25, 2017**  
**Mt. Mitchell,**  
**Maple Camp Bald Loop 9:00 AM**  
Hike 7.5, Drive 70, 1500 ft. ascent, Rated B-B  
Barbara Morgan, 828-460-7066,  
barbc129@gmail.com

**SB6K Only Meeting Place: back parking lot of Folk Art Center.** We'll do a loop from the Mt. Mitchell parking lot, following the MST/Mt. Mitchell and Buncombe Horse Range Trails to Maple Camp Bald for lunch and great views. From there, we'll backtrack a short distance and climb steeply on the Big Tom Gap Trail (#191-A) to the Crest Trail, and then return to the trailhead via Big Tom and Mt. Craig. Topo: Mt. Mitchell

Wednesday No. W1704-336 **Nov. 1, 2017**  
**Mt. Cammerer from Big Creek 8:00 AM**  
Hike 12.2, Drive 110, 3300 ft. ascent,  
Rated AA-AA+  
Debby Jones, cell: 404-731-3119,

Djones715@aol.com

**SM900 First Meeting Place: Home Depot off Exit 44 of I-40.** A strenuous hike, but the payoffs are first class: great 360-degree views from the lookout tower. We expect to still have some color this time of year. From Big Creek Trailhead, follow the Chestnut Branch Trail, A.T. and side trail to the historic forest lookout atop Mt. Cammerer. **Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM, but contact leader first.** Topo(s): Waterville, Hartford

Wednesday No. W1704-537 **Nov. 8, 2017**  
**Coldspring Branch -**  
**Rim of the Gap - Tom Miller 8:00 AM**  
Hike 12.3, Drive 90, 3000 ft. ascent,  
Rated AA-AA

Chuck Mills, 828-595-2355, cell: 240-385-4879,  
chckmills@icloud.com

*This hike is limited to 15. Contact leader if you wish to go.* **First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This is a variation of the original hike. We will do a loop hike from the Ravencliff Falls parking lot crossing the Rim of the Gap, descending down onto the Jones Gap Trail. Then following that trail to the Tom Miller Trail back to the parking area. Crossing the top section of the Rim of the Gap Trail is very technical. We will be climbing through, over, and around narrow rock crevices as well as scaling ladders. Lots of fun. There can be ice on the Rim of the Gap Trail if the weather is bad. **Meet leader at the Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.** Topo(s): Cleveland, Table Rock

Wednesday No. W1704-308 **Nov. 15, 2017**  
**Ox Creek Rd. to Rich Knob 9:00 AM**  
Hike 8.2, Drive 8, 1850 ft. ascent, Rated B-A  
Laura Frisbie, cell: 828-337-5845,  
laurafrisbie@gmail.com

**AT-MST Only Meeting Place: back parking lot of Folk Art Center.** A pleasant, gradual climb in the peaceful woods. We'll hike the MST from Ox Creek Road and climb to Rich Knob via Rattlesnake Lodge and return. Topo: Craggy Pinnacle

Wednesday No. W1704-683 **Nov. 22, 2017**  
**Hooker Falls P.L. #3 -**  
**Five Falls Loop 8:00 AM**  
Hike 11.4, Drive 85, 1250 ft. ascent, Rated A-B  
Gregory Bechtel, 864-607-2645,  
gabechtel@yahoo.com

**WC100 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This hike takes in two cemeteries and five outstanding waterfalls, including some that were sites for The Last of the Mohicans. On the way, we'll climb to a ridge in the Forest that gets fewer visitors. **Second Meeting Place: Pisgah Forest Bi-Lo at 8:45 AM.** Topo: Standingstone Mtn

Wednesday No. W1704-890 **Nov. 29, 2017**

**Roundtop Ridge Trail to Allen Gap 8:00 AM**  
Hike 11, Drive 90, 3000 ft. ascent, Rated A-AA  
Tish Desjardins, 828-380-1452,  
desraylet@aol.com

**AT-MST First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** This is a new hike for the Club. We will leave from the NOC parking lot in Hot Springs, go to the Roundtop Ridge Trail, (old A.T. route), turn right and follow to the A.T. We will turn left on the A.T. and follow the A.T. to Allen Gap. Please bring enough cars so that all hikers can ride comfortably and safely back to the NOC parking lot in Hot Springs. Car shuttle. **Meet leader at the Second Meeting Place: Corner of US 25/70 & NC 208 at 8:45 AM.** Topo: Hot Springs

Wednesday No. W1704-492 **Dec. 6, 2017**  
**Annual Cookie Hike**  
**Bent Creek Ramble 8:30 AM**  
Hike 7, Drive 10, 1200 ft. ascent, Rated B-B  
Ken and Carol Deal, 828-274-7070,  
cnkdeal@charter.net

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Moderate loop hike in the Bent Creek area. We will start from the parking area for Cold Knob Road (FS 479H off Bent Creek Road beyond Lake Powhatan). Using a variety of short sections of trails, we will hike up to the MST, follow it past Sleepy Gap, and descend by the Stambaugh Trail to the Lake Powhatan picnic area for lunch and a cookie feast. Bring cookies to share. The afternoon walk back to the cars is approximately 2 miles. Topo(s): Asheville, Skyland, also NatGeo Map #780 and Bent Creek Trail Map

Wednesday No. W1704-492 **Dec. 6, 2017**  
**Annual Cookie Hike**  
**Alternate Shorter Version 10:00 AM**  
Hike 4, Drive 10, 300 ft. ascent, Rated C-C  
Diane Stickney, 828-254-9054,  
magenta97@charter.net

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** We will start on the Lake Powhatan Connector and hike to the picnic area to meet the other group for lunch and to share cookies. After lunch we will return to the cars on the same trail. Topo(s): Asheville, Skyland

Wednesday No. W1704-361 **Dec. 13, 2017**  
**Bent Creek Loop #8 8:30 AM**  
Hike 10, Drive 5, 2100 ft. ascent, Rated A-AA  
Brenda Worley, 828-684-8656,  
cell: 828-606-7297, bjdworley@gmail.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Starting at the Rice Pinnacle parking area, we will do a loop following the Wolf Creek and Ledford Trails to the N. Boundary Rd., then descend via the Side Hill Trail, Lower Side Hill and Campground Connectors to Lake Powhatan and the Hardtimes Connector back to the starting point. Topo: Dunsmore Mtn.

Wednesday No. W1704-282      **Dec. 20, 2017**  
**Black Mountain - Avery Creek Loop 8:00 AM**  
Hike 10.6, Drive 62, 3000 ft. ascent,  
Rated A-AA+

Daisy Teng Karasek, 828-505-2036,  
cell: 408-887-3666, daisytk@yahoo.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** We will deviate slightly from the past route for this hike. From the Black Mountain Trailhead, we will climb steadily up to 4286 ft. Black Mountain and Clawhammer Mountain and then to Buckhorn Gap. We will take the Buckwheat Knob Trail back to our cars parked on FS 477. A great winter hike. Car shuttle. **Second Meeting Place: Pisgah Forest Bi-Lo at 8:45 AM.** Topo(s): Pisgah Forest

Wednesday No. W1704-283      **Dec. 27, 2017**  
**Montreat Ramble #2 8:30 AM**

Hike 7.5, Drive 35, 1500 ft. ascent, Rated B-B  
Danny Bernstein, cell: 828-450-0747,  
danny@hikertohiker.com

**First Meeting Place: River Ridge Shopping Center off Exit 53B of I-40.** This will be a moderate loop hike starting in Montreat, climbing to the great view from Lookout Mountain, then on to Pot Cove Gap and down the Graybeard Trail to our cars. If the weather is good, we might go up to Walker's Knob, another mile or so. At first meeting place, River Ridge Shopping Center, meet in parking lot behind CVS. **Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM** Topo: Montreat

## ALL-DAY WEEKEND HIKES

A All-day hikes submitted by Bruce Bente, 828-692-0116, bbente@bellsouth.net. Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A1704-889      **Oct. 1, 2017**  
**Gloucester Gap to Davidson River 7:45 AM**

Hike 12.2, Drive 80, 2300 ft. ascent,  
Rated AA-AA

Daisy Teng Karasek, 828-505-2036,  
cell: 408-887-3666, daisytk@yahoo.com, and  
Lorraine Bernhardt, 828-676-0255,  
cell: 828-699-8857, lsbernhardt50@gmail.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This hike will begin at Gloucester Gap and follow the Art Loeb Trail past Butter Gap, around Cedar Rock Mountain and Cat Gap to end at the Davidson River parking lot. Car shuttle. **Second Meeting Place: Pisgah Forest Bi-Lo at 8:15 AM.** Topo(s): Shining Rock; also NatGeo map #780

Saturday No. A1704-775      **Oct. 6-8, 2017**  
**Weekend Camporee #10**

Kathleen Hannigan, cell: 828-230-4883,  
kathannigan@gmail.com

The fall Mountain Treasures Camporee will be held Oct. 6-8 at the Appletree Campground. Hikes of various lengths and difficulty will be offered Saturday and Sunday. Dinner will be shared Saturday night. Ham and turkey will be offered for the estimated cost of \$6 on Saturday. Please bring a side dish. Send \$10 to reserve a space to Kathleen Hannigan at 307 River Edge Dr., Asheville, NC 28803, and state what you plan to contribute to Saturday dinner. CMC Camporees are held to recognize the importance of North Carolina's Mountain Treasures, 41 areas within our Nantahala and Pisgah National Forests that stand out with special conservation, recreation, scenic and cultural values. The US Forest Service is now revising the management plan for our National Forests in western N.C. – the current evaluation of Potential Wilderness Areas (PWA) is our opportunity to gain better protection for these valuable places!

Saturday No. A1704-766      **Oct. 14, 2017**

**Bent Creek #10 Ingles Field Gap - Green's Lick 10:00 AM**

Hike 7.5, Drive 10, 1100 ft. ascent, Rated B-B  
Bob Hysko, cell: 828-243-3630,  
rhysko@yahoo.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** We will walk along Boyd Branch Rd., then take a left onto Little Hickory Gap Tr. to 5 Points, then left onto Boundary Rd. Next we'll turn left onto Green's Lick Tr., right onto Laurel Branch Rd., left onto Lower Sidehill Tr. and right onto Boyd Branch Rd. to trailend. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Sunday No. A1704-801      **Oct. 15, 2017**  
**Lake James to Table Rock 7:30 AM**

Hike 14.5, 3900 ft. ascent, Rated AA-AA++  
Les Love, 828-658-1489, cell: 828-230-1861,  
lesrlove55@gmail.com and Catherine Love,  
828-658-1489, catmlove2@gmail.com

**First Meeting Place: River Ridge Shopping Center off Exit 53B of I-40.** This in-and-out hike starts at Wolf Pit Rd. off I-26 and ascends sharply up Shortoff Mtn. at the south end of Linville Gorge, with great views of Lake James. Continue on the MST to Chimney Gap, the Chimneys and finally the summit of Table Rock for fabulous views of the gorge. **Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 7:45 AM.** Topo(s): Ashford, Linville Falls

Sunday No. A1704-226      **Oct. 22, 2017**  
**Chasteen Creek to Hughes Ridge 8:00 AM**

Hike 12.6, Drive 140, 3000 ft. ascent,  
Rated AA-AA

Mike Knies, 828-628-6712, knies06@att.net

**SM900 First Meeting Place: Home Depot off Exit 44 of I-40.** This loop hike starts in the Smokemont Campground of the Great Smoky Mountains National Park and goes along scenic Chasteen Creek up to the crest of Hughes

Ridge. From that point, it follows a fairly level course. Although the mileage is long, the park trails are well graded. **Second Meeting Place: Maggie Valley Post Office at 8:30 AM.** Topo(s): Smokemont; also NatGeo map #317

Saturday No. A1704-473      **Oct. 28, 2017**  
**Mount Mitchell,**

**Maple Camp Bald Loop 9:00 AM**

Hike 7.5, Drive 70, 1500 ft. ascent, Rated B-B  
Barbara Morgan, 828-460-7066,  
barbc129@gmail.com

**SB6K Only Meeting Place: back parking lot of Folk Art Center.** This is a loop following the MST/Mt. Mitchell and Buncombe Horse Range Trails to Maple Camp Bald. After lunch, back-track a short distance and climb steeply on the Big Tom Gap Trail (191A) up to the Crest Trail, then return to Mt. Mitchell parking lot via Big Tom and Mt. Craig. Topo(s): Mt. Mitchell; also PNF South Toe River, Mt. Mitchell & Big Ivy Trail map & NatGeo map #779

Sunday No. A1704-82      **Oct. 29, 2017**  
**Black Mtn. Crest Trail 8:00 AM**

Hike 12, Drive 80, 6000 ft. ascent, Rated A-AA++  
Jason Jordan, 812-314-5587,  
jasjorda@gmail.com and Paul Benson,  
cell: 828-273-2098, PDBenson@charter.net

*Hikers must contact one of the leaders to discuss their readiness to do this challenging hike.* **SB6K Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** This hike will be done as a key swap. (NB) Follow Black Mtns. Crest Trail from Mt. Mitchell parking lot to Bowlens Creek parking area. (SB) Reverse direction. The NB direction has 3000' ascent, 6000' descent. 6000 ft. peaks include: Mt. Mitchell, Mt. Craig, Balsam Cone, Cattail Peak, Winter Star Mountain, Gibbs Mountain, Celso Knob. Topo(s): Burnsville, Celso, Mt. Mitchell

Sunday No. A1704-693      **Nov. 5, 2017**  
**Tusquitee Bald 8:00 AM**

Hike 8, Drive 140, 2100 ft. ascent, Rated B-AA  
Brent Martin, 828-524-7400, cell: 828-371-0347,  
alarkaexpeditions@gmail.com

**First Meeting Place: Home Depot off Exit 44 of I-40. Second meeting place: Roller Mill KMart parking lot on US 64 in Franklin at 9:15 AM. Meet leader at second meeting place.** Up Chunky Gal trail #77 alongside Big Tuni Creek to Tusquitee Bald, where we join the Fires Creek Trail Rim Trail #72 to County Corners, and then down Old Road Gap Trail to Old Road Gap. Great views from Tusquitee Bald. Short car shuttle. Topo(s): Topton, Andrews, Hayesville, Shooting Creek

Saturday No. A1704-578      **Nov. 11, 2017**  
**Flat Laurel Creek,**

**Little Sam Knob, MST Loop 10:00 AM**

Hike 7.5, Drive 80, 1000 ft. ascent, Rated B-C  
Marcia Bromberg, 828-505-0471,



cell: 860-798-9905, mwbromberg@yahoo.com  
**AT-MST First Meeting Place: Home Depot off Exit 44 of I-40.** This is a pleasant loop trail with views of Sam Knob, Fork Ridge and Flat Laurel Creek. This year we'll be hiking in a counter-clockwise direction, up the MST with a side trip to Devils Courthouse for lunch, down the Little Sam Knob Trail to Flat Laurel Creek and then a gentle return on the Flat Laurel Creek Trail. We'll end with a short walk along NC 215 to our cars.  
**Second Meeting Place: Gravel parking lot on NC 215 1/4 mile north of BRP at 11:00 AM.**  
Topo(s): Sam Knob; also NatGeo map #780

Sunday No. A1704-93      **Nov. 12, 2017**  
**Graybeard Mountain      8:00 AM**  
Hike 9.2, Drive 35, 3100 ft. ascent, Rated A-AA  
Chris Koebelin, cell: 518-372-4130,  
chriskoebelin@gmail.com and Kathy McAuley,  
cell: 518-372-4130, Kathy\_mcauley@yahoo.com  
**First Meeting Place: River Ridge Shopping Center off Exit 53B of I-40.** Walk down Graybeard Trail (Road), then turn right on Suwanee Dr. to trailhead. Ascend Big Piney Ridge Trail; right onto West Ridge Trail; straight to Graybeard summit. Return on Graybeard Trail to cars, with side in-and-out to Walker's Knob.  
**Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM.** Topo: Montreat

Sunday No. A1704-548      **Nov. 19, 2017**  
**Sams Gap to Big Bald      8:00 AM**  
Hike 13, Drive 55, 3300 ft. ascent, Rated AA-AA  
Tish Desjardins, 828-380-1452,  
desraylet@aol.com  
**AT-MST Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Meet leader at A.T. parking area at Sams Gap at 8:30 AM.** Follow A.T. north from Sams Gap to Big Bald, then reverse direction to start point.  
Topo: Sams Gap

Saturday No. A1704-279      **Nov. 25, 2017**  
**Montreat Trestle Grade - Pot Cove Trail      9:00 AM**  
Hike 7.5, Drive 35, 1900 ft. ascent, Rated B-A  
Debby Jones, cell: 404-731-3119,  
Djones715@aol.com  
**First Meeting Place: River Ridge Shopping Center off Exit 53B of I-40.** Up Lookout Trail (yellow blaze), left onto Old Trestle Rd. (white) & Appalachian Way trails to Sourwood Gap; left on manway over Rocky Head to Long Gap; Mt. Mitchell Toll Road to Pot Cove Gap; return by descending on Graybeard (blue) trail, then left onto Old Trestle Rd. (white) and bear right at Long Gap onto East Ridge (gray) Trail to Buck Gap; right onto Buck Gap Trail (blue) to Old Trestle Rd.; left, then right onto Lookout Trail to return to trailhead.  
**Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain).**  
Topo: Montreat

Sunday No. A1704-282      **Nov. 26, 2017**

**Black Mountain - Avery Creek Loop 8:00 AM**  
Hike 10.6, Drive 80, 3000 ft. ascent, Rated A-AA  
Michael Cornn, 828-458-1281, mcornn@aol.com  
and Kathy Cornn, 828-458-1281,  
katherinenkyle@gmail.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Climb up the Black Mtn Trail (short in-and-out at Pressley Gap to view old chimney) over Black Mtn. and Clawhammer to Buckhorn Gap, then left and down on Buckhorn Gap Trail to Twin Falls; at trail T-intersection, do an in-and-out to falls; on return, continue on Buckhorn Gap - Avery Creek Trails to FS 477; turn right and walk FS 477 1/4 mile to cars.  
**Meet leaders at Second Meeting Place: Pisgah Forest Bi-Lo at 8:30 AM.** Topo(s): Pisgah Forest; also NatGeo map #780

Sunday No. A1704-372      **Dec. 3, 2017**  
**Big Fork Ridge to Rough Fork Loop 8:00 AM**  
Hike 9.6, Drive 85, 1800 ft. ascent, Rated A-A  
Donna Lanning, 828-684-7083,  
cell: 828-606-7956, dblanning@bellsouth.net  
**SM900 First Meeting Place: Home Depot off Exit 44 of I-40.** From the end of the road in Cataloochee Valley, hike up the Big Fork Ridge Trail, then turn right onto the Caldwell Fork Trail. Pass by record-size tulip poplar trees, then turn downhill on the Rough Fork Trail.  
**Second meeting place: Exxon station off Exit 20 of I-40 at 8:30 AM, but contact leader first.** Topo(s): Dellwood; also NatGeo map #317

Sunday No. A1704-888      **Dec. 10, 2017**  
**Asheville Camino Walk      8:00 AM**  
Hike 16, 500 ft. ascent, Rated AA-C  
Danny Bernstein, cell: 828-450-0747,  
danny@hikertohiker.com  
**Only Meeting Place: Asheville Visitor Center.** Hike through several Asheville neighborhoods and greenways, on bridges and past waterways. See how various parts of Asheville are connected. You're welcome to leave at any time, but you'll be surprised at how comfortable this walk will be. This hike simulates a day on the Camino de Santiago in northern Spain. Bring water and food. We'll stop for morning coffee (no time for a full breakfast), lunch and afternoon snacks, but feel free to bring all your own food. Joint hike with the Asheville Chapter of the American Pilgrims on the Camino. For more information about the route, see [www.ashevillecamino.org/about.html](http://www.ashevillecamino.org/about.html).  
Topo(s): Asheville

Saturday No. A1704-308      **Dec. 16, 2017**  
**Ox Creek Rd. to Rich Knob      10:00 AM**  
Hike 8.2, Drive 30, 1850 ft. ascent, Rated B-A  
Laura Frisbie, cell: 828-337-5845,  
laurafrisbie@gmail.com  
**AT-MST Only Meeting Place: back parking lot of Folk Art Center.** Follow MST from Ox Creek Rd. to Rich Knob via Rattlesnake Lodge, and return via same trail. Topo(s): Craggy Pinnacle

Sunday No. A1704-224      **Dec. 17, 2017**  
**Table Rock Loop      8:00 AM**  
Hike 9, Drive 125, 2900 ft. ascent, Rated B-AA  
Jeff McGurk, 864-921-6469,  
jbsbestfan@hotmail.com

**First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Make stop at NE corner of Cracker Barrel parking lot off Exit 53 of I-26 at 8:30 AM, and meet leader at Table Rock State Park Nature Center parking lot at 9:00 AM. This great hike is a shorter version of #224. It starts from the Nature Center and climbs steeply up to our lunch spot on Table Rock, for great views. We will then follow the Ridge and Mill Creek Pass Trails, followed by a steady but moderate descent back to our cars. *NOTE: \$5 parking fee.* Topo(s): Table Rock

Sunday No. A1704-545      **Dec. 24, 2017**  
**Bent Creek #11 - Boundary Trail      9:00 AM**  
Hike 8.3, Drive 25, 1100 ft. ascent, Rated B-B  
Eva Blinder, cell: 828-275-6447,  
ejb5711@gmail.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This moderate loop hike explores several trails close to Asheville. From Bent Creek Gap we will follow the MST to the Bent Creek boundary trail, on to Ingles Field Gap, to Ledford Branch Road and down to Deer Lake Lodge trail and the Rice Pinnacle parking lot. Great views (if the weather cooperates). Car shuttle. Topo(s): Dunsmore Mtn., Enka, Skyland

Saturday No. A1704-361      **Dec. 30, 2017**  
**Bent Creek Loop #8      8:30 AM**  
Hike 10, Drive 5, 2100 ft. ascent, Rated A-AA  
Brenda Worley, 828-684-8656,  
cell: 828-606-7297, bjdworley@gmail.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Starting at the Rice Pinnacle parking area, we will do a loop following the Wolf Creek and Ledford Trails to the N. Boundary Rd.; then descend via the Side Hill Trail, Lower Side Hill and Campground Connectors to Lake Powhatan and the Hardtimes Connector back to the starting point. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Sunday No. A1704-550      **Dec. 31, 2017**  
**Paris Mtn.      8:00 AM**  
Hike 8.7, Drive 130, 2000 ft. ascent, Rated B-A  
Norm Sharp, 864-268-9409, cell: 864-609-7182,  
norm.Sharp@att.net

**First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets. Meet leader at Walmart parking lot at US 25 & State Park Rd., Travelers Rest, SC at 9:00 AM.** Cross road from shelters #5-6 and take Sulphur Springs Trail to Brissy Ridge Trail, Pipsissewa trail, North Lake Trail, with lunch on the lakeshore. Then Kanuga Trail, Fire Tower Trail, in-and-out to remains of fire tower attendant's house, Sulphur Springs Trail to Mountain Lake and continue on Sulphur

Springs Trail back to trailhead. Topo(s): Paris Mtn.

## HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.

Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H1704-403                      **Oct. 1, 2017**  
**Fawn Lake P.L. #5 —**

**Reasonover Creek**                      **12:00 PM**  
Hike 6, Drive 80, 200 ft. ascent, Rated C-C  
Tom Lucha, 828-696-9117, cell: 828-712-0736,  
luchat@bellsouth.net

**WC100 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** A loop hike that includes Reasonover Creek, Camp Summit, and Fawn Lake Trails. **Second Meeting Place: Pisgah Forest Bi-Lo at 12:30 PM.** Topo: Standingstone Mtn

Sunday No. H1704-464                      **Oct. 8, 2017**  
**Balsam Gap**

**to Greybeard Overlook**                      **12:00 PM**  
Hike 5, Drive 46, 1400 ft. ascent, Rated C-B  
Linda Blue, 828-296-7537, cell: 828-273-6696,  
lgblue@bellsouth.net

**AT-MST Only Meeting Place: back parking lot of Folk Art Center.** This is a variation of hike #464. Beginning at Walker Knob parking (Balsam Gap) we will follow the MST south, past the Glassmine Overlook to the rocky bald at Lunch Rock. After enjoying the marvelous views, we will return by the same route. Topo: Montreat

Sunday No. H1704-453                      **Oct. 15, 2017**  
**Max Patch Loop**                      **11:00 AM**

Hike 5, Drive 100, 800 ft. ascent, Rated C-C  
Gail Lamb, 828-275-4500, glamb46@gmail.com  
**AT-MST First Meeting Place: Home Depot off Exit 44 of I-40.** Awesome 360-degree panoramic views of fall color from summit of Max Patch make this a favorite hike. **Second Meeting Place: Pilot Truck Stop on Exit 24 off I-40 at 11:30 AM, but contact leader first.** Topo(s): Lemon Gap; NatGeo #782

Sunday No. H1704-325                      **Oct. 22, 2017**  
**Rich Mountain Fire Tower**                      **12:30 PM**

Hike 5.2, Drive 52, 1350 ft. ascent, Rated C-B  
Russell G. Cooper, 828-484-9562,  
cooper.rg@charter.net and Heather Cooper,  
610-745-7375, cooper.hs@charter.net  
**AT-MST, LTC Only Meeting Place: Wells Fargo/Publix parking lot (opposite McDonalds)**

**off Exit 19B off I-26.** This moderate in-and-out hike features great views from the Rich Mountain fire tower near Hot Springs. We follow the A.T. north from Tanyard Gap, then take a short side trail to the fire tower, and return via the A.T. Topo(s): Hot Springs; also ATC TN-NC map #4

Sunday No. H1704-54                      **Oct. 29, 2017**  
**John Rock**                      **12:00 PM**

Hike 4, Drive 40, 900 ft. ascent, Rated C-C  
Ron Navik, cell: 585-662-8047,  
ron.navik@gmail.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This hike goes up Old Horse Cove Trail to the top of John Rock. At the top there is a great view of Looking Glass Rock and the Fish Hatchery. Topo: Shining Rock

Sunday No. H1704-62                      **Nov. 5, 2017**  
**Daniel Ridge Loop**                      **11:30 AM**

Hike 4, Drive 70, 800 ft. ascent, Rated C-C  
Bobbi Powers, 828-667-5419,  
bobbipowers23@gmail.com

**P400, WC100 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This moderate loop hike has lots of “C”: Creeks, Chasms, end-of-season Color, and a Cool Cascade finale. **Second Meeting Place: Fish Hatchery/Pisgah Forest at 12:15 PM.** Topo(s): Shining Rock, also NatGeo map #780

Sunday No. H1704-845                      **Nov. 12, 2017**  
**Trombatore Trail**                      **12:00 PM**

Hike 5.4, Drive 35, 1300 ft. ascent, Rated C-B  
Karin Eckert, 516-721-6156,  
karingarden@yahoo.com

**Only Meeting Place: Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53.** We begin across the road from the trailhead to Bearwallow Mountain. This in-out trail ends in a beautiful meadow with long-distance views. Topo: Bat Cave

Sunday No. H1704-525                      **Nov. 19, 2017**  
**Corn Mill Shoals P.L. #2**

**— Cedar Rock**                      **12:30 PM**  
Hike 5, Drive 50, 400 ft. ascent, Rated C-C  
Bev MacDowell, 828-777-5806,  
bevmacdowellhappy@gmail.com

**Form carpool at First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Meet hike leader at second meeting place. A pleasant hike over several trails up and over the granite slabs of Big Rock and Cedar Rock. From Corn Mill Shoals parking lot we will take Big Rock Trail and Cedar Trails to Little River Trail. We will snack at the river and return on Corn Mill Shoals Trail. **Second Meeting Place: Pisgah Forest Bi-Lo at 1:00 PM.** Topo(s): Standingstone Mountain; also DuPont S.R. Forest trails map

Sunday No. H1704-437                      **Nov. 26, 2017**  
**Slate Rock Creek**

**off Yellow Gap Road**                      **12:00 PM**

Hike 5.3, Drive 40, 960 ft. ascent, Rated C-C  
Dick Zimmerer, 828-989-0480,  
dd1zz@yahoo.com

**P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** Start on Pilot Cove Trail. In 1/4 mile, turn right onto Pilot Cove Loop Trail. Continue uphill, then turn right at trail end and hike down to and across Slate Rock Creek. (The creek crossing may be a wet crossing if it has rained recently.) Turn right and hike down Slate Rock Creek Trail, with occasional bridges or dry-foot (usually) crossing of tributary creeks, to trail end. Topo(s): Shining Rock; also NatGeo map #780

Sunday No. H1704-168                      **Dec. 3, 2017**  
**Pink Beds Loop**                      **12:00 PM**

Hike 5, Drive 80, 200 ft. ascent, Rated C-C  
Lee Belknap, 828-698-9394,  
rivergypsy@sprintmail.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** This regional favorite includes numerous boardwalks over and around beaver habitat through a beautiful forest. **Second Meeting Place: Pink Beds parking lot just north of the Cradle of Forestry on US 276 at 12:45 PM.** Topo: Shining Rock

Sunday No. H1704-96                      **Dec. 10, 2017**  
**Jack Branch/River Ridge Trail**                      **11:15 AM**

Hike 6, Drive 65, 1650 ft. ascent, Rated C-A  
Jack Dalton, 828-622-3704,  
jckdalton9@gmail.com

**Form carpool at First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** The trail climbs to a ridge through oak-hickory forest that offers good views of the French Broad River valley. An in-and-out hike. This hike will be done jointly with CMC and the Hot Springs Mountain Club. River Road turns off US 25/70 just north of the bridge over the French Broad River, just before Hot Springs and goes along the river toward Tennessee. Meet hike leader at **Second Meeting Place: Murray Branch Recreation Area on River Road in Hot Springs at 12:00 PM.** Topo(s): Hot Springs, USFS map: Harmon Den & Hot Springs Area Trail Maps

Sunday No. H1704-345                      **Dec. 17, 2017**  
**Seven Gaps and Seven Knobs**                      **12:30 PM**

Hike 6.5, Drive 25, 1100 ft. ascent, Rated B-B  
Marcia Bromberg, 828-505-0471,  
cell: 860-798-9905, mwbromberg@yahoo.com

**AT-MST, P400 Only Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** A gentle winter hike along the “rim” of Bent Creek over seven knobs and seven gaps. Car shuttle. Topo: Dunsmore Mt

Sunday No. H1704-886                      **Dec. 24, 2017**  
**No Hike Scheduled**

Sunday No. H1704-35                      **Dec. 31, 2017**  
**Looking Glass Rock**                      **11:00 AM**

Hike 5.8, Drive 70, 1800 ft. ascent, Rated C-A

Dennis Bass, 828-367-7792, cell: 828-367-8619, dbass3607@gmail.com

**P400 First Meeting Place: Toys-R-Us on NC 191 across from Asheville Outlets.** A moderately difficult, well-graded trail leads to the top of this mountain with beautiful views along the way. In-and-out hike. **Second Meeting Place: Pisgah Forest Bi-Lo at 11:30 AM.** Topo: Shining Rock



## NEXT CMC COUNCIL MEETING

**When:** Oct. 10, 2017  
**Where:** West Asheville Library  
**Time:** 6:00 - 9:00 PM  
**Info:** Call Barbara at 828-460-7066 if you would like to attend. All CMC members are welcome.

Further information about regulations is available at [www.carolinamountainclub.org](http://www.carolinamountainclub.org)

**HIKING INFORMATION:** CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike.

All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

**CLOTHING AND EQUIPMENT:** CMC's website ([www.carolinamountainclub.org](http://www.carolinamountainclub.org), click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

**RESPONSIBILITY FOR SAFETY:** Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant

## How to join the CMC

1. Go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org)  
2. Click on **Join** (top left) or **Join CMC!** (right center).



3. You will see instructions for joining online or via mail.

or ... write to us at  
CMC, PO Box 68,  
Asheville, NC 28802  
and we'll mail you an  
application

on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

**CONSERVATION:** CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

**MEMBERSHIP:** Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org) and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

## CAROLINA MOUNTAIN CLUB OFFICERS

**President:** Barbara Morgan, 828-460-7066, barbc129@gmail.com  
**Vice-President:** Randy Fluharty, 828-253-1626, rfluharty54@gmail.com  
**Secretary:** Paula Massey, 828-299-0226, massey.paula@gmail.com  
**Treasurer:** George Bauernfeind, 502-724-5714, ggb1005@gmail.com  
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**Councilor for Hiking:** Brenda Worley, 828-684-8656, bjdworley@gmail.com  
**Councilor for Membership:** Lee Silver, 828-668-7147, leehsilver@aol.com  
**Councilor for Trail Maintenance:** Ron Navik, 585-662-8047, ron.navik@gmail.com  
**Councilor for Technology:** Marcia Bromberg, 828-505-0471, mwbromberg@yahoo.com  
**Councilor at Large:** Steve Pierce, 828-724-4999, stevepierce50@gmail.com  
**Councilor at Large:** Tom Weaver, 828-785-3646, tomjweaver@gmail.com