

# LET'S GO!



## SECOND QUARTER 2017 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

### TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an \* are currently seeking new members. MST and AT section maintainers work on their own schedule.

#### *Burnsville Monday Crew*

John Whitehouse, johnwhitehouse@ccvn.com

#### *Waynesville West Crew \**

Larry Sobil, lsobil@bellsouth.net

#### *Thursday Crew*

Bill Falender, billfalender@gmail.com

#### *Asheville Friday crew \**

Skip Sheldon, shelhalla@bellsouth.net

#### *Pisgah Friday Crew \**

Ed Paukovits, epauko610@gmail.com

#### *Wilderness Crew \**

Mike Goodman, msg\_53@hotmail.com

#### *Quarterly Saturday Crew \**

Les Love, lesrlove55@gmail.com

#### *AT Maintainers*

Tim Carrigan, tim@newprism.com

#### *MST Maintainers*

#### *Heintooga Road to Old Bald*

Larry Sobil, lsobil@bellsouth.net

#### *Old Bald to Mt. Pisgah Parking Lot*

Pete Petersen, roap@aol.com

#### *Mt. Pisgah Parking Lot to Folk Art Center*

Les Love, lesrlove55@gmail.com

#### *Folk Art Center to Black Mtn. Campground*

John Whitehouse, johnwhitehouse@ccvn.com

unless otherwise noted.

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

### CHALLENGE PROGRAMS

**SB6K** For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

**P400** For hiking every trail in Pisgah Ranger District. Contact Dave Wetmore, dwetmore@citcom.net

**900M** For hiking every trail in GSMNP. Contact Dave Wetmore, dwetmore@citcom.net

**LTC** For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

**WC100** For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

**A.T.-MST** For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Vance Mann, hvancem@icloud.com

**YPC** For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

### YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from Asheville. Meet at either location listed in the schedule.

Youth Partnership No. Y1702-867 **Apr. 9**  
**Triple, High and Hooker Falls \*9:15 AM**  
Hike 3.5, Drive 90, 300 ft. ascent, Rated C-C  
Jan Onan, cell: 828-606-5188, janonan59@gmail.com

**YPC \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at DuPont Forest Hooker Falls parking lot at 10:00 AM.** We'll hike to Triple Falls, then to the bottom of High Falls. Next will be a hike to see the top of High Falls, followed by hiking back to the trailhead and a short hike to Hooker Falls. Topo(s): Standingstone Mtn.; also DuPont State Recreational Forest Trails Map or NatGeo map #504

Youth Partnership No. Y1702-450 **Jun. 4**  
**Graveyard Fields \*1:00 PM**  
Hike 3.5, Drive 40, 500 ft. ascent, Rated C-C  
Kay Shurtleff, 828-749-9230, cell: 828-280-3226, kshurtleff@msn.com

**YPC. P400 \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Graveyard Fields parking lot at MM 418.8 at 2:00 PM.** We will enjoy a moderate loop hike on the Graveyard Ridge Trail and MST to a spectacular waterfall. Topo(s): Shining Rock; also NatGeo map #780

### WEDNESDAY HIKES

Wednesday hikes submitted by Ann Gleason 828-859-9387, gleason.ann@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule, and start times may vary. **Times listed are departure times – arrive early.**

### SATURDAY WORKDAY

For the Saturday MST Trail Building Workdays in 2017, meet at 8:30 at the Home Depot at the Enka-Candler Exit 44 off of I-40.

Workdays for 2017 are April 1, May 6, June 3, Aug. 19 and Oct. 24. As in the past, we will be back in Asheville by 3:00. Call Les Love at 828-658-1489 (lesrlove55@gmail.com) to verify date.

### HIKE SCHEDULE Second Quarter 2017

#### Hike Ratings

First Letter Distance	Second Letter Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

All hikes assemble at the far rear (north end) of Westgate Shopping Center near I-240 exit 3B

Wednesday No. W1702-519 **Apr. 5**  
**Raven Cliff Falls, Cathedral Rock, Dismal Trail Loop** \*8:30 AM  
Hike 9, Drive 95, 2300 ft. ascent, Rated B-AA  
Brenda Worley, 828-684-8656,  
cell: 828-606-7297, bjdworley@gmail.com  
**WC100** \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo parking lot at 9:00 AM. This scenic loop hike features a waterfall and spectacular stone cliffs. From the Raven Cliff parking lot, we take the #13 Gum Gap Trail, then #14 Naturaland Trust Trail descending down to the #12 Dismal Trail where we will cross the rushing waters of Matthews Creek, ascend the dramatic Cathedral Cliff alongside and over Raven Cliff Falls and back to cars. \$2 per person State Park fee. Topo(s): Table Rock; also Mountain Bridge Wilderness Area trail map

Wednesday No. W1702-882 **Apr. 12**  
**Pantherstown Valley Waterfalls** \*8:00 AM  
Hike 6.6, Drive 110, 400 ft. ascent, Rated B-C  
Jack Fitzgerald, 828-685-2897,  
suejackfitz@bellsouth.net  
**WC100** \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 8:30 AM. We will hike to three waterfalls in Pantherstown Valley: Greenland Creek Falls (Holly Falls), Schoolhouse Falls and Jawbone Falls. Lunch on sandy beach in front of pool at Jawbone Falls. Topo(s): Big Ridge; also A Guide's Guide to Pantherstown

Wednesday No. W1702-051 **Apr. 19**  
**Hickey Fork Trail, Pounding Mill Trail, White Oak Trail** \*8:30 AM  
Hike 8, Drive 85, 1900 ft. ascent, Rated B-A  
Tish Desjardins, cell: 828-380-1452,  
desraylet@aol.com  
\*Form carpools at 160 Zillicoa St. (USFS parking lot), off Exit 25 of I-26 and meet leader(s) at corner of US 25/70 and NC 208 at 9:10 AM. Starting at the footbridge over Hickey Fork, we'll do a nice loop hike, using three different trails and finishing on the newly and heavily rebuilt Hickey Fork Rd. Topo(s): White Rock, Greystone; also NatGeo map #782

Wednesday No. W1702-076 **Apr. 26**  
**Craggy to Little Snowball** \*9:00 AM  
Hike 7.2, Drive 40, 2600 ft. ascent, Rated B-AA  
Gregory Bechtel, cell: 864-607-2645,  
gabechtel@yahoo.com  
**LTC** \*Only meeting place: Back parking lot of Folk Art Center. From Bee Tree Gap, we'll take the Snowball Trail to High Rocks (Hawkbill Mountain), and then on to the old lookout site atop Little Snowball. Return via the same route. If the day is clear, we will have great views from High Rocks and Little Snowball. Topo(s): Craggy Pinnacle; also USFS South Toe River, Mount Mitchell & Big Ivy Trail Map

Wednesday No. W1702-151 **May 3**  
**Big East to Shining Rock via Old Butt** \*8:00 AM  
Hike 8.5, Drive 60, 3100 ft. ascent, Rated B-AA+  
Chuck Mills, cell: 240-385-4879,  
chckmills@icloud.com  
**P400, SB6K** \*First meeting place: Toys-R-Us on NC 191, across from Asheville Outlets. Wilderness hike, limited to ten hikers—contact leader for reservation. We will hike from the Big East Fork parking lot up the very steep Chestnut Ridge trail over Dog Loser and Old Butt knobs to lunch at Shining Rock (6040 ft.), with its exceptional views. We'll return via a steep descent to the North Fork of Shining Creek. **Second meeting place: Cold Mtn. Overlook at 8:40 AM.** Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1702-563 **May 10**  
**Palmetto Trail: Poinsett Passage and Blue Wall Preserve** \*8:30 AM  
Hike 10, Drive 100, 1200 ft. ascent, Rated A- B  
Barbara Morgan, cell: 828-460-7066,  
barbc129@gmail.com  
\*First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. Come hike the beautiful Poinsett and Blue Wall Passages of the Palmetto Trail in S.C. This stretch climbs along the NC / SC border and NW ridge of the Greenville watershed. The trail travels up and down the ridge through wilderness, then descends to the Vaughn's Gap parking area behind Lake Lanier. Key swap. **Second meeting place: Saluda Truck Stop, Marathon station off Exit 59 of I-26 at 9:10 AM.** Topo(s): Saluda

Wednesday No. W1702-113 **May 17**  
**Cold Mountain from Camp Daniel Boone** \*8:00 AM  
Hike 10.4, Drive 70, 3400 ft. ascent,  
Rated A-AA+  
Jim and Judy Magura, cell: 828-606-3989,  
jqs290@gmail.com  
**P400, SB6K** \*Only meeting place: Home Depot off Exit 44 of I-40. Wilderness hike, limited to ten hikers—contact leader for reservation. From the BSA Daniel Boone Camp, we will climb and climb past laurel and rhododendron to Deep Gap, and then continue to the top of Cold Mountain for great views towards the BRP and Mt. Hardy. Topo(s): Waynesville, Cruso; also NatGeo map #780

Wednesday No. W1702-236 **May 24**  
**DuPont Forest- Fawn Lake P.L. #1 - Three Lakes, one Waterfall** \*8:30 AM  
Hike 10, Drive 95, 1400 ft. ascent, Rated A-B  
Stuart English, cell: 828-384-4870,  
stuengo@comporium.net  
\*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 9:00 AM. A moderate hike featuring beautiful lakes and a waterfall. We'll see Bridal Veil Falls, Lake Julia, Lake Dense

and Fawn Lake. Topo(s): Standingstone Mtn.; also DuPont Forest trail map

Wednesday No. W1702-487 **May 31**  
**Bent Creek Loop #9** \*8:30 AM  
Hike 9.4, Drive 8, 1300 ft. ascent, Rated A-B  
Bob Levy, rlevy@cato.org  
**P400** \*Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. This will be a moderate hike around Bent Creek, starting at the Hardtimes trailhead. A great close-in hike suitable for everyone. Topo(s): Dunsmore Mountain, Skyland; also NatGeo map #780

Wednesday No. W1702-572 **Jun. 7**  
**Mt. LeConte via Alum Cave Trail** \*8:00 AM  
Hike 10, Drive 138, 3000 ft. ascent, Rated A-AA  
Steve Pierce, 828-442-8482,  
stepiepierce50@gmail.com  
**SB6K, 900M** \*First meeting place: Home Depot off Exit 44 of I-40. A hike up and down Mt. LeConte on the Alum Cave Trail. Under the Trails Forever program, the Alum Cave Trail has had extensive restoration work from top to bottom adding to the stability and safety of the trail. Enjoy great views from Cliff Tops at lunch and a visit to the LeConte Lodge and the summit of LeConte for SB6K peak baggers. **Second meeting place: back of Maggie Valley Post office parking lot at 8:35 AM, but contact leader first.** Topo(s): Mount Le Conte; also NatGeo map #317

Wednesday No. W1702-092 **Jun. 14**  
**Heartbreak Ridge** \*8:00 AM  
Hike 10.8, Drive 55, 3300 ft. ascent, Rated A-AA  
Carroll Koeppinger, 828-667-0723,  
cell: 828-231-9444, cakoep29@gmail.com  
\*First meeting place: River Ridge Shopping Center off Exit 53B of I-40. We will hike Heartbreak Ridge from Graphite to the Blue Ridge Parkway, stopping along the way to enjoy the view to the southwest and the valley below from Bernard's Rock (named for Bernard Elias). We'll eat lunch in a meadow at the top and return on the same trail. Expect good views of Greybeard, Rocky Knob and Blue Ridge Pinnacle as we follow the long ridge along the way up. **Second meeting place: Ingles parking lot off Exit 64 of I-40 at 8:15 AM.** Topo(s): Old Fort, Montreat

Wednesday No. W1702-712 **Jun. 21**  
**Purchase Knob -Hemphill Bald** \*8:30 AM  
Hike 7.5, Drive 95, 1500 ft. ascent, Rated B-B  
Laura Frisbie, 828-337-5845,  
laurafrisbie@gmail.com  
**900M** \*First meeting place: Home Depot off Exit 44 of I-40. This hike offers a good workout with beautiful scenery. We will hike from the Science Center access road via Ferguson Cabin to our lunch spot at Hemphill Bald in the GSMNP, and return via the Science Center. **Second meeting place: Exxon station on US 276 just off Exit 20 of I-40 at 9:00 AM, but contact leader first.**

Topo(s): Dellwood, Bunches Bald; also NatGeo map #317

Wednesday No. W1702-119 **Jun. 28**  
**Charlies Bunion and Mt. Kephart \*8:00 AM**  
Hike 9.4, Drive 135, 2400 ft. ascent, Rated A-AA  
Randy Fluharty, 828-423-9030,  
rfluharty54@gmail.com

**SB6K, 900M \*First meeting place: Home Depot off Exit 44 of I-40.** This scenic in-and-out hike will follow the AT from Newfound Gap to a spectacular lunch spot at Charlies Bunion. After lunch we'll do a side trip to Mt. Kephart and the Jumpoff. **Second meeting place: Maggie Valley P.O. at 8:30 AM, but contact leader first.** Topo(s): Clingmans Dome, Mt. Le Conte, Mt. Guyot; also NatGeo map #317

## ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, [bbente@bellsouth.net](mailto:bbente@bellsouth.net). Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Sunday No. A1702-066 **Apr. 2**  
**Garenflo Gap – Bluff Mountain \*8:00 AM**  
Hike 8.5, Drive 80, 2200 ft. ascent, Rated B-AA  
Jim Reel, 828-738-0751, cell: 828-443-2532,  
[jimr57@yahoo.com](mailto:jimr57@yahoo.com)

**AT-MST \*Only meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.** We'll do a loop hike in hardwood forests from Garenflo Gap to the summit of 4686 ft. Bluff Mountain. We will enjoy the many wildflowers that carpet the forest floor while the leader shows off the A.T. section that he maintained for several years. After lunch on the summit, we will do a short bushwhack and then hike parts of the old A.T. on our way back to the trailhead. Topo(s): Lemon Gap; also ATC TN-NC map #4

Sunday No. A1702-880 **Apr. 9**  
**Garenflo Gap to Tanyard Gap \*8:30 AM**  
Hike 12.5, Drive 90, 2000 ft. ascent, Rated AA-AA  
Tish Desjardins, cell: 828-380-1452,  
[desraylet@aol.com](mailto:desraylet@aol.com)

**AT-MST \*Form carpools at 160 Zillicoa St. (USFS parking lot), off Exit 25 of I-26 and meet leader(s) at intersection of US 25/70 and NC 208 at 9:10 AM.** We'll hike the A.T. from Garenflo Gap to Tanyard Gap, including walking through downtown Hot Springs and a possible stop for ice cream. Car shuttle. Topo(s): Spring Creek, Hot Springs; also ATC TN-NC map #4

Saturday No. A1702-383 **Apr. 15**  
**Fawn Lake P. L. #2 - Two Lakes and One Waterfall \*10:00 AM**  
Hike 8, Drive 25, 1400 ft. ascent, Rated B-B  
Chris Kobelin and Kathy McAuley,  
cell: 518-372-4130, [chriskobelin@gmail.com](mailto:chriskobelin@gmail.com)

**\*First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** Have you hiked the Reasonover Creek Trail recently? The trail is improved and wet creek crossings are no longer necessary. Here is an opportunity to hike to two lakes, Lake Julia and Fawn Lake, and beautiful Bridal Veil Falls. **Second meeting place: Pisgah Forest Bi-Lo at 10:30 AM.** Topo(s): Standingstone Mountain; also NatGeo map #504

Sunday No. A1702-881 **Apr. 16**  
**Clingmans Dome Ramble \*8:00 AM**  
Hike 10, Drive 150, 2500 ft. ascent, Rated A-AA  
Mike Knies, 828-628-6712, [knies06@att.net](mailto:knies06@att.net)

**900M \*First meeting place: Home Depot off Exit 44 of I-40. \*Hike limited to ten hikers.** Contact leader for reservation. This exciting new hike will follow various trails in the Clingmans Dome area. We'll begin by hiking two miles west on the A.T. with great long-range views, then two miles down Loggy Ridge through open boreal forest to the site of a former logging camp. Next will be five miles on a fairly open old railroad grade to the site of a logging operation, and then the last mile on the Forney Ridge Trail back to Clingmans Dome. This hike will pass the old steam boiler and many other logging artifacts. Expect a long day of hiking with many very interesting sights! **Second meeting place: Maggie Valley Post Office at 8:30 AM, but contact leader first.** Topo(s): Clingmans Dome; also NatGeo map #317

Sunday No. A1702-337 **Apr. 23**  
**Shining Rock from Black Balsam \*9:00 AM**  
Hike 11, Drive 65, 1500 ft. ascent, Rated A-B  
John Sanders, 828-707-6377,  
[jmsinasheville@gmail.com](mailto:jmsinasheville@gmail.com) and Felicia Hemans,  
828-458-6017, [hemansf@gmail.com](mailto:hemansf@gmail.com)

**P400, SB6K \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Cold Mountain Overlook at 9:40 AM.** Wilderness hike, limited to ten hikers—contact leader for reservation. We will take the ALT from FS 816 to Shining Rock (6040 ft.), climbing Black Balsam (6214 ft.), Tennent Mtn. (6040 ft.) and Grassy Cove Top (6040 ft.) along the way. This will be your chance to bag four SB6K peaks while enjoying beautiful views covering the area from Pilot Mtn. to Cold Mtn. We'll return via the Ivestor Gap Trail to get a different perspective on the same area. Topo(s): Shining Rock, Sam Knob; also NatGeo map #780

Saturday No. A1702-563 **Apr. 29**  
**Palmetto Trail: Poinsett Passage and Blue Wall Preserve \*8:30 AM**  
(westbound direction is 2400' ascent, Rated A-AA)

Hike 10, Drive 100, 1200 ft. ascent, Rated A-B  
Barbara Morgan, cell: 828-460-7066, [barbc129@gmail.com](mailto:barbc129@gmail.com) and Bruce Bente, 828-692-0116, cell: 828-699-6296, [bbente@bellsouth.net](mailto:bbente@bellsouth.net)  
**\*First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** Come hike the

Poinsett Passage of the Palmetto Trail. This stretch climbs along the NC / SC border and NW ridge of the Greenville watershed. The trail travels up and down the ridge through wilderness that had been closed for years, then descends to the Vaughn's Gap parking area behind Lake Lanier. Key swap. **Second meeting place: Saluda Truck Stop, Marathon station off Exit 59 of I-26 at 9:10 AM.** Topo(s): Saluda

Sunday No. A1702-582 **Apr. 30**  
**Gauging Station – Pink Beds Loop \*8:30 AM**  
Hike 9, Drive 85, 1200 ft. ascent, Rated B-B  
Stuart English, cell: 828-384-4870,  
[stuengo@comporium.net](mailto:stuengo@comporium.net)

**P400 \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 9:00 AM.** This will be a pleasant loop from the gauging station, covering parts of the S. Mills River, Buckhorn Gap, Black Mountain, Barnett Branch and Pink Beds Loop Trails. Topo(s): Shining Rock, Pisgah Forest; also NatGeo map #780

Friday No. A1702-775 **May 5 - May 7**  
**Weekend Camporee #9**

Bev MacDowell, cell: 828-777-5806,  
[bevmacdowellhappy@gmail.com](mailto:bevmacdowellhappy@gmail.com)  
and Kay Shurtleff, 828-749-9230,  
[kshurtleff@msn.com](mailto:kshurtleff@msn.com)

The spring Mountain Treasures Camporee will be held at the Standing Indian Campground. Hikes of various lengths and difficulty will be offered Saturday and Sunday. Dinner will be shared Saturday night. The cost for a campsite is \$10 per person for two nights. Barbecue will be offered at a minimal cost on Saturday. Please bring a side dish. Send \$10 to reserve a space to Bev MacDowell at 166 Mt. Royal Drive Arden, NC, 28704. Indicate if you want barbecue and what you plan to bring Saturday night. Include your name and email address. The CMC camporees are held to recognize the importance of North Carolina's Mountain Treasures. North Carolina's Mountain Treasures are 41 areas within our Nantahala and Pisgah National Forests that stand out with special conservation, recreation, scenic, and cultural values. The United States Forest Service is now revising the management plan for our public forests in Western North Carolina—the current evaluation of Potential Wilderness Areas (PWAs) is our opportunity to gain better protection for these valuable places!

Saturday No. A1702-062 **May 13**  
**Daniel Ridge Loop and Shuck Falls\*10:00 AM**  
Hike 8.2, Drive 70, 1500 ft. ascent, Rated B-B  
Marcia Bromberg, 828-505-0471,  
[mwbromberg@yahoo.com](mailto:mwbromberg@yahoo.com)

**P400, WC100 \*First meeting place: Toys-R-Us on NC 191, across from Asheville Outlets.** Waterfalls and wildflowers highlight our route, and we'll take the time to enjoy them both. We'll climb gradually on the Daniel Ridge Loop along



a flower-bordered stream beside small waterfalls. Then we'll add a bit of the Farlow Gap Trail to Shuck Falls and back. Our final descent will take the other leg of the Daniel Ridge Loop, where yet another waterfall will end our hike. **Second meeting place: Pisgah Forest Bi-Lo at 10:30 AM.** Topo(s): Shining Rock; also NatGeo map #780

Sunday No. A1702-257 **May 14**  
**Hemphill Bald - Rough Fork Loop** \*8:00 AM  
Hike 13.7, Drive 95, 2825 ft. ascent,  
Rated AA-AA  
Janet Martin, cell: 502-494-9309,  
jaykaymartin@msn.com

**900M** \*First meeting place: Home Depot off Exit 44 of I-40. We will hike from Polls Gap to our scenic lunch spot at Hemphill Bald in the GSMNP. The return route will be by a longer hike down to the Caldwell Fork Trail, passing old-growth tulip trees and returning to Polls Gap on the Rough Fork Trail. **Second meeting place: Maggie Valley Post Office, rear of parking lot, at 8:30 AM, but contact leader first.** Topo(s): Dellwood, Bunches Bald; also NatGeo map #317

Sunday No. A1702-801 **May 21**  
**Lake James to Table Rock** \*7:30 AM  
Hike 14.5, Drive 120, 3900 ft. ascent,  
Rated AA-AA+

Les and Catherine Love, 828-658-1489,  
cell: 828-230-1861, lesrlove55@gmail.com  
\*First meeting place: River Ridge Shopping Center off Exit 53B of I-40. This in-and-out hike starts at Wolf Pit Rd. off NC 126 and ascends sharply up Shortoff Mtn. at the south end of Linville Gorge, with great views of Lake James. Continue on the MST to Chimney Gap, the Chimneys and finally the summit of Table Rock, for fabulous views of the gorge. Return by same route. **Second meeting place: Ingles off Exit 64 of I-40 at 7:45 AM.** Topo(s): Ashford, Linville Falls

Sunday No. A1702-584 **May 28**  
**Butter Gap Loop** \*8:30 AM  
Hike 9, Drive 75, 2000 ft. ascent, Rated B-A  
Donna Lanning, cell: 828-606-7956,  
dblanning@bellsouth.net

**P400** \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Fish Hatchery at 9:10 AM. We'll follow the Butter Gap Trail through the beautiful Grogan Creek watershed and Picklesheimer Fields, part of the Art Loeb Trail, and down the Cat Gap Trail. A great late-spring hike with streams, waterfalls and views. Topo(s): Shining Rock, Rosman; also NatGeo map #780

Monday No. A1702-549 **May 29**  
**Big Creek - Mount Cammerer - Low Gap Loop** \*7:45 AM  
Hike 16.5, Drive 110, 3500 ft. ascent,  
Rated AA+-AA+  
Carroll Koeplinger, 828-667-0723,

cell: 828-231-9444, cakoep29@gmail.com  
**900M** \*First meeting place: Home Depot off Exit 44 of I-40. Our annual joint hike with the Smoky Mountain Hiking Club this year will be another challenging loop in the Big Creek area. This hike will start by hiking up the Chestnut Branch Trail to the A.T., then follow it south to Low Gap, with a lunch stop at the Mt. Cammerer fire tower (side trail, in-and-out). At Low Gap, we'll turn onto the Low Gap Trail down to Big Creek, and follow the Big Creek Trail back to the campground area. Short car shuttle. **Second meeting place: Pilot Truck Stop off Exit 24 of I-40 at 8:15 AM.** Topo(s): Waterville, Hartford, also NatGeo map #317

Sunday No. A1702-113 **Jun. 4**  
**Cold Mountain** \*8:30 AM  
Hike 10.4, Drive 70, 3400 ft. ascent,  
Rated A-AA+

Gregory Bechtel, cell: 864-607-2645,  
gabehtel@yahoo.com  
**P400, SB6K** \*Only meeting place: Home Depot off Exit 44 of I-40. *Wilderness hike, limited to ten hikers—contact leader for reservation.* We'll hike this scenic hike at an unhurried pace. Starting at the BSA Daniel Boone Camp, we will climb and climb past laurel and rhododendron to Deep Gap and then continue to the top of Cold Mountain for great views towards the BRP and Mt. Hardy. Topo(s): Waynesville, Cruso; also NatGeo map #780

Saturday No. A1702-877 **Jun. 10**  
**Hemphill Bald from Cataloochee Ranch** \*10:15 AM  
Hike 5, Drive 75, 750 ft. ascent, Rated C-C  
Bev MacDowell, cell: 828-777-5806,  
bevmacdowellhappy@gmail.com  
\*Only meeting place: Home Depot off Exit 44 of I-40. Cookout lunch (hamburger/hot dog) at Cataloochee Ranch, 12 noon-2pm, followed by 5-mile loop hike to gorgeous Hemphill Bald. It is all about the views! This land was put into conservancy by the Alexanders, the family that has always owned and operated the cabins and lodge of Cataloochee Ranch, a rustic retreat above Maggie Valley. *Please contact hike leader by email, then mail check for \$18.00 (tax & gratuity included). Your check will hold your spot, limited to 15 people. Money non-refundable after May 31. No non-dining hikers. Lunch will not be canceled due to inclement weather.* Topo(s): Dellwood; also NatGeo map #317

Sunday No. A1702-137 **Jun. 11**  
**Carvers Gap to Grassy Ridge Bald, Roan Mtn.** \*8:00 AM  
Hike 11.9, Drive 130, 2400 ft. ascent, Rated A-AA  
Jim and Judy Magura, cell: 828-606-1490,  
jqs290@gmail.com  
**SB6K** \*First meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Hike from Carvers Gap north on A.T. to Grassy Ridge

side trail to lunch spot at overlook, then return on the A.T. past Carvers Gap on an in-and-out hike to Roan High Knob and side trail to Roan High Bluff. Weather permitting, we will see 360-degree panoramic views and rhododendrons and flame azaleas in bloom. **Second meeting place: McDonald's in Burnsville at 8:40 AM.** Topo(s): Carvers Gap; also ATC TN-NC map #2

Sunday No. A1702-879 **Jun. 18**  
**Lake Jocassee and Foothills Trail** \*8:00 AM  
Hike 6, Drive 170, 1800 ft. ascent, Rated B-A  
Michael and Kathy Cornn, cell: 828-458-1282,  
mccorn@aol.com

\*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at NE corner of Cracker Barrel parking lot off Exit 53 of I-26 at 8:30 AM. Swimming, boat ride and six-mile hike. This hike will start with a boat ride leaving from Devils Fork State Park in South Carolina. We will travel on Lake Jocassee to Laurel Fork access, where we will depart and hike to Canebrake access on the well-marked Foothills Trail. This section of the Foothills Trail follows a high ridge above the lake and crosses the Toxaway River on a 225' pedestrian suspension bridge. After the hike, there will be swimming and a two-hour lake tour on the return leg of the shuttle. The cost is \$35. Credit card payment to shuttle service is required before trip. Credit cards will not be charged until the day of the trip. Registration is required and must be made before 6/11. Contact leaders for details. Topo(s): Reid; also Foothills Trail map or guide book

Saturday No. A1702-475 **Jun. 24**  
**Hump Mountain from Yellow Mtn. Gap** \*8:00 AM  
Hike 9, Drive 140, 2400 ft. ascent, Rated B-AA  
Randy Fluharty, cell: 828-423-9030,  
rfluharty54@gmail.com

\*First meeting place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. We will hike from Roaring Creek Road to Yellow Mountain Gap, at which point we join the A.T., hike along an open ridge to Little Hump Mountain and on to Hump Mountain, where we'll have lunch on a grassy bald at 5587 ft. We'll return to Yellow Mountain Gap and take the Overmountain Victory Loop back to the cars. The fabulous vistas and open meadows make the drive and moderately strenuous hike very much worthwhile. **Second meeting place: McDonalds in Burnsville at 8:40 AM.** Topo(s): Carvers Gap, White Rocks Mtn.; also NatGeo map #783

Sunday No. A1702-249 **Jun. 25**  
**Buckeye Gap - Haywood Gap** \*8:30 AM  
Hike 9, Drive 80, 1500 ft. ascent, Rated B-B  
Laura Frisbie, 828-337-5845,  
laurafrisbie@gmail.com

**P400** \*First meeting place: Toys-R-Us on NC 191 across from Asheville Outlets. *Wilderness hike, limited to ten hikers—contact leader for res-*

ervation. Email hike leader to reserve a space and include your phone number in case of last-minute changes. We'll hike the MST and the Buckeye Gap Trail in the Middle Prong Wilderness, down a ridgeline on an old logging railroad grade, then past an old logging camp. At the junction with the Haywood Gap Trail, we'll hike steeply up alongside Haywood Gap Stream to Haywood Gap and follow the MST back to our cars. Note: This hike can be tougher than it appears, with a steep downhill and arduous uphill, and three wet crossings. **Second meeting place: Cold Mountain Overlook on BRP at 9:10 AM.** Topo(s): Sam Knob; also NatGeo map #780 and USFS Shining Rock and Middle Prong Wilderness map

## HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Half-Day No. H1702-855 **Apr. 2**  
**Bluff Mountain Loop (Betty Place) \*12:00 PM**  
 Hike 6, Drive 85, 850 ft. ascent, Rated C-C  
 Jack Dalton, 828-622-3704,  
 jekdalton9@gmail.com

**\*Form carpools at Westgate and meet leader(s) at Hot Springs Medical Center parking lot in Hot Springs, 66 NW US 25-70 at 12:45 PM.** This is a joint hike with the Hot Springs Mountain Club. The group will drive to the trailhead from the Hot Springs Medical Center parking lot. We will begin on the Betty Place Trail (FS #285A) in the Upper Shut-In community to the new upper loop trail, passing old home sites at the base of Bluff Mountain. The grade is moderate, and the trail passes through mixed hardwood forest along old roads and streams. We hope to have an ecologist join us in this very rich area. Topo(s): Hot Springs; also NatGeo map #782

Half-Day No. H1702-451 **Apr. 9**  
**MST from Beaverdam Overlook to Sleepy Gap \*12:00 PM**  
 Hike 5.5, Drive 25, 960 ft. ascent, Rated C-C  
 Dick Zimmerer, 828-989-0480,  
 dd1zz@yahoo.com

**AT-MST \*Only meeting place: Toys-R-Us on NC 191 across from Asheville Outlets.** A moderate hike on the Mountains-to-Sea Trail, with a steep climb to Ferrin Knob, site of a former fire tower. Easy hiking to Chestnut Cove, then over Truckwheel Mountain to Sleepy Gap. Short car shuttle. Hoping for wildflowers at this time of year at this relatively low elevation.

Half-Day No. H1702-049 **Apr. 16**  
**Big Creek Wildflower Hike \*11:00 AM**  
 Hike 6, Drive 110, 500 ft. ascent, Rated C-C  
 Renate Rikkers, 828-298-9988,  
 rerikkers@aol.com

**900M \*First meeting place: Home Depot off Exit 44 of I-40.** Big Creek, a spectacular mountain stream in the Smokies, offers hikers an opportunity to slow down and appreciate the wild beauty of this section of the park. A comfortable roadbed meanders along rushing rapids, Mouse Creek Falls, huge boulders, and deep swimming holes. A beautiful forest and early wildflower environment make for a special experience - so bring your camera! A moderate in-and-out hike. Second meeting place: Pilot Truck Stop off Exit 24 of I-40 at 11:30 AM. Topo(s): Luftee Knob, Cove Creek Gap; also NatGeo map #317

Half-Day No. H1702-325 **Apr. 23**  
**Rich Mountain Fire Tower \*12:30 PM**  
 Hike 5.2, Drive 52, 1350 ft. ascent, Rated C-B  
 Russ and Heather Cooper, 828-484-9562,  
 cooper.hs@charter.net

**AT-MST, LTC \*Only meeting place: Wells Fargo/Publix parking lot (opposite McDonald's) off Exit 19B of I-26 in Weaverville.** This moderate in-and-out hike features great views from the Rich Mountain fire tower near Hot Springs. We follow the A.T. north from Tanyard Gap, then take a short side trail to the fire tower, and return via the A.T. Topo(s): Hot Springs; also ATC TN-NC map #4

Half-Day No. H1702-490 **Apr. 30**  
**Bull Gap to just past Lunch Rock on MST \*12:00 PM**  
 Hike 5.4, Drive 14, 800 ft. ascent, Rated C-C  
 Bobbi Powers, 828-667-5419,  
 bobbipowers23@gmail.com

**AT-MST \*Only meeting place: back lot of Folk Art Center at 12:00 PM.** This part of the MST is a lush wildflower habitat in spring. Our goal will be spotting several dozen varieties of bloomers if our timing is right. Short car shuttle. Slight variation of hike #490. Topo(s): Oteen, Craggy Pinnacle

Half-Day No. H1702-603 **May 7**  
**Big Ivy \*12:30 PM**  
 Hike 5.5, Drive 55, 700 ft. ascent, Rated C-C  
 Bonnie Allen, cell: 828-707-6115,  
 bonnie@allencats.com

This loop in the Big Ivy Creek headwaters area of the Pisgah National Forest begins 4.4 miles up FS 74 at the Perkins Road Trail. We will hike up to the Laurel Gap Trail, turn right and walk to the Bear Pen Trail, which will take us back down to FS 74. We'll walk just under a mile to return to our cars. Expect to see spring wildflowers along the way. **Second meeting place: Wells Fargo/Publix parking lot (opposite McDonald's) off Exit 19B of I-26 in Weaverville.** Topo(s): Mt. Mitchell, Montreat

Half-Day No. H1702-347 **May 14**  
**Twin Falls \*12:30 PM**  
 Hike 6, Drive 80, 1000 ft. ascent, Rated C-C  
 Karin Eckert, 516-721-6156,  
 karingarden@yahoo.com

**P400, WC100 \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at Pisgah Forest Bi-Lo at 1:00 PM.** This is a moderate hike in the Pisgah National Forest, starting on the Buckhorn Gap Trail, taking the Twin Falls Bypass to view two nice waterfalls and returning on the Clawhammer Cove Trail with its beaver dam. The hike will be completed with a short walk on a Forest Service Road. Topo(s): Pisgah Forest; also NatGeo Map #780

Half-Day No. H1702-464 **May 21**  
**Walker Knob to Lunch Rock \*12:00 PM**  
 Hike 5, Drive 46, 1400 ft. ascent, Rated C-B  
 Linda Blue, 828-296-7537, lgblue@bellsouth.net

**AT-MST \*Only meeting place: back lot of Folk Art Center.** This is a variation of hike #464. Beginning at Walker Knob parking (Balsam Gap) we will follow the MST south, past the Glassmine overlook to the rocky bald at Lunch Rock. After enjoying the marvelous views we will return by the same route. Much of this section recently received extensive renovation by the CMC Friday trail crew. Topo(s): Montreat

Half-Day No. H1702-101 **May 28**  
**Lower Big Laurel Creek \*12:00 PM**  
 Hike 6, Drive 50, 350 ft. ascent, Rated C-C  
 Ron Navik, 585-662-8047, ron.navik@gmail.com

**\*Only meeting place: Wells Fargo/Publix parking lot in Weaverville off Exit 19B of I-26.** Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Interesting flora. Parts of the trail are rocky – hiking boots/shoes are recommended. Topo(s): Hot Springs

Half-Day No. H1702-718 **Jun. 4**  
**Little Sam Loop from Black Balsam Parking Lot \*12:00 PM**  
 Hike 5, Drive 75, 650 ft. ascent, Rated C-C  
 Lee Belknap, 828-698-9394, rivergypsy@sprint-mail.com

**AT-MST, P400 \*Form carpools at Toys-R-Us on NC 191 across from Asheville Outlets and meet leader(s) at BRP Cold Mtn. Overlook at 12:40 PM.** We will start at the Black Balsam Parking Lot, hike across the MST to Little Sam Trail and return via Flat Laurel Creek Trail. Many spectacular views. Topo(s): Shining Rock; also NatGeo map #780

Half-Day No. H1702-004 **Jun. 11**  
**Glassmine Falls to Greybeard Overlook and return \*1:00 PM**  
 Hike 5, Drive 55, 1100 ft. ascent, Rated C-B  
 Dennis Bass, 828-367-8619,  
 DBass3607@gmail.com  
**AT-MST \*Only meeting place: Back parking lot**

of Folk Art Center. An enjoyable Sunday afternoon hike on the MST with good views and an interesting variety of trees and shrubs. Hopefully we will also have a good display of rhododendrons in bloom. Topo(s): Montreat; also NatGeo map #779

Half-Day No. H1702-145 **Jun. 18**  
**Cherry Gap Overlook to Skinny Dip Falls** \*12:00 PM  
 Hike 4, Drive 45, 840 ft. ascent, Rated C-C  
 Chris Allen, cell: 828-707-6500, cpallen@icloud.com  
**AT-MST, P400** \*First meeting place: Toys-R-

**Us parking lot on NC 191, across from Asheville Outlets.** This hike is a modification of hike #145 and includes part of hike #146. We will park at the Cherry Gap overlook. The hike will follow the MST to Skinny Dip Falls, where we will have a snack, and then return to Cherry Gap. **Second meeting place: Cherry Gap Overlook at BRP MM 415.7 at 12:40 PM.** Topo(s): Pisgah Forest; also NatGeo map #780 and MST Trail Profiles, pp. 38-39

Half-Day No. H1702-547 **Jun. 25**  
**MST downhill from Waterrock Knob Parking Lot\*11:00 AM**

Hike 5.5, Drive 80, Rated C-C  
 Marcia Bromberg, 828-505-0471, cell: 860-798-9905, mwbromberg@yahoo.com  
**SB6K** \*First meeting place: Home Depot parking lot off Exit 44 of I-40. This is a shorter version of hike #547 on the newest CMC-constructed section of the MST. We'll hike down approximately 5.5 miles and 2000', including a short on-road segment. We'll have lots of beautiful views and maybe even some late wildflowers. Car shuttle. **Second meeting place: Rest area beyond Waynesville on US 23/74 at 11:30 AM.** Topo(s): Hazelwood; also MST Trail Profiles, pp. 20-21

**How to join the CMC**

1. Go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org)
2. Click on **Join** (top left) or **Join CMC!** (right center).
3. You will see instructions for joining online or via mail. or ... write to us at CMC, PO Box 68, Asheville, NC 28802 and we'll mail you an application



**NEXT CMC COUNCIL MEETING**

**When:** May 9, 2017  
**Where:** West Asheville Library  
**Time:** 6:00 - 9:00 PM  
**Info:** Call Barbara at 828-460-7066 if you would like to attend. All CMC members are welcome.



*Further information about regulations is available at [www.carolinamountainclub.org](http://www.carolinamountainclub.org)*

**HIKING INFORMATION:** CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

**CLOTHING AND EQUIPMENT:** CMC's website ([www.carolinamountainclub.org](http://www.carolinamountainclub.org), click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

**RESPONSIBILITY FOR SAFETY:** Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on

hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

**CONSERVATION:** CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

**MEMBERSHIP:** Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org) and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

**CAROLINA MOUNTAIN CLUB OFFICERS**  
*President:* Barbara Morgan, 828-460-7066, barbc129@gmail.com  
*Vice-President:* Randy Fluharty, 828-253-1626, rfluharty54@gmail.com  
*Secretary:* Paula Massey, 828-299-0226, massey.paula@gmail.com  
*Treasurer:* Open  
*Councilor for Communication:*  
 Kathy Kyle-Cornn, 828-458-1281, katherinekyle@gmail.com  
*Councilor for Conservation:* Ruth Hartzler, 828-251-0886, ruthmtn@gmail.com  
*Councilor for Education and Community Outreach:*  
 Kay Shurtleff, 828-749-9230, kshurtleff@msn.com  
*Councilor for Hiking:* Brenda Worley, 828-684-8656, bjdworley@gmail.com  
*Councilor for Membership:* Lee Silver, 828-668-7147, leehsilver@aol.com  
*Councilor for Trail Maintenance:* Ron Navik, 585-662-8047, ron.navik@gmail.com  
*Councilor for Technology:* Marcia Bromberg, 828-505-0471, mwbromberg@yahoo.com  
*Councilor at Large:* Steve Pierce, 828-724-4999, stevepierce50@gmail.com  
*Councilor at Large:* Tom Weaver, 828-785-3646, tomjweaver@gmail.com