

# LET'S GO!



## FIRST QUARTER 2018 Quarterly News Bulletin and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • [www.carolinamountainclub.org](http://www.carolinamountainclub.org) • e-mail: [cmcinfo@carolinamountainclub.org](mailto:cmcinfo@carolinamountainclub.org)

### TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. Crews marked with an \* are currently seeking new members. MST and AT section maintainers work on their own schedule.

#### *Burnsville Monday Crew*

John Whitehouse, [johnwhitehouse@ccvn.com](mailto:johnwhitehouse@ccvn.com)

#### *Waynesville West Crew \**

Larry Sobil, [lsobil@bellsouth.net](mailto:lsobil@bellsouth.net)

#### *Thursday Crew \**

Hugh Hensleigh, [hchensleigh@gmail.com](mailto:hchensleigh@gmail.com)

Sam Clarke, [edistoxc@yahoo.com](mailto:edistoxc@yahoo.com)

#### *Asheville Friday crew \**

Skip Sheldon, [shelhalla@bellsouth.net](mailto:shelhalla@bellsouth.net)

#### *Pisgah Friday Crew \**

Ed Paukovits, [epauko610@gmail.com](mailto:epauko610@gmail.com)

#### *Wilderness Crew \**

Mike Goodman, [msg\\_53@hotmail.com](mailto:msg_53@hotmail.com)

#### *Quarterly Saturday Crew \**

Les Love, [lesrlove55@gmail.com](mailto:lesrlove55@gmail.com)

#### *AT Maintainers*

Paul Curtin,

[ATsupervisor@carolinamountainclub.org](mailto:ATsupervisor@carolinamountainclub.org)

#### *MST Maintainers*

##### *Heintooga Road to Old Bald*

Larry Sobil, [lsobil@bellsouth.net](mailto:lsobil@bellsouth.net)

##### *Old Bald to Mt. Pisgah Parking Lot*

Pete Petersen, [roap@aol.com](mailto:roap@aol.com)

##### *Mt. Pisgah Parking Lot to Folk Art Center*

Les Love, [lesrlove55@gmail.com](mailto:lesrlove55@gmail.com)

##### *Folk Art Center to Black Mtn. Campground*

John Whitehouse, [johnwhitehouse@ccvn.com](mailto:johnwhitehouse@ccvn.com)

## HIKE SCHEDULE First Quarter 2018

### Hike Ratings

**First Letter  
Distance**

**AA:** Over 12 miles

**A:** 9.1-12 miles

**B:** 6.1-9 miles

**C:** Up to 6 miles

**Second Letter  
Elevation Gain**

**AA:** Over 2,000 ft.

**A:** 1,501-2,000 ft.

**B:** 1,001-1,500 ft.

**C:** 1,000 ft. or less

If it's not possible for a hiker to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Call or email the hike leader.

Hike cancellations are announced on the CMC website in the "Breaking News Box." Hike Leaders will announce a cancellation or significant change at least a few hours before the hike meeting time. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at [www.carolinamountainclub.org](http://www.carolinamountainclub.org).

### CHALLENGE PROGRAMS

**SB6K** For hiking all 40 peaks above 6000'. Contact Peter Barr, [pjbarr@gmail.com](mailto:pjbarr@gmail.com)

**P400** For hiking every trail in Pisgah Ranger District. Contact Kathy McAuley, [kathymcauley4031@gmail.com](mailto:kathymcauley4031@gmail.com)

**900M** For hiking every trail in GSMNP. Contact Steve Pierce, [stevepierce50@gmail.com](mailto:stevepierce50@gmail.com)

**LTC** For hiking all 24 lookout towers in WNC. Contact Peter Barr, [pjbarr@gmail.com](mailto:pjbarr@gmail.com)

**WC100** For hiking to the 100 best waterfalls in the mountains of WNC, SC and the Smokies. Contact Jack Fitzgerald, 828-685-2897, [suejackfitz@bellsouth.net](mailto:suejackfitz@bellsouth.net)

**A.T.-MST** For hiking the combined 228 miles of the A.T. and the MST on sections maintained by the Club. Contact Chris Koebelin, [chriskoebelin@yahoo.com](mailto:chriskoebelin@yahoo.com)

**YPC** For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at [kshurtleff@msn.com](mailto:kshurtleff@msn.com)

### SATURDAY WORKDAY

Quarterly Saturday Trail Maintenance Workdays in 2018 will be April 7, June 2 (National Trails Day), August 18 and October 13. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

[lesrlove55@gmail.com](mailto:lesrlove55@gmail.com)

828-658-1489

### YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun and educational hiking experiences. Hikes are open to CMC members as well as newcomers. **Call the leader before the hike.** YPC hikes submitted by Jan Onan, 828-606-5188, [janonan59@gmail.com](mailto:janonan59@gmail.com) and Kay Shurtleff, 828-280-3226 or 828-749-9230, [kshurtleff@msn.com](mailto:kshurtleff@msn.com). Driving distance is round trip from Asheville. Meet at either location listed in the schedule.

Saturday No. Y1801-316 **Feb. 10, 2018**

#### **Carl Sandburg Nat'l Historic Park 11:00 AM**

Hike 3, Drive 50, 600 ft. ascent, Rated C-C, **YPC** Kay Shurtleff, 828-749-9230, cell 828-280-3226, [kshurtleff@msn.com](mailto:kshurtleff@msn.com)

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** Carl Sandburg parking lot at 11:30 AM.

**Driving Directions:** I-26 E to Exit 53; right onto Upward Rd. to end of road (name changes to Highland Lake Rd. after US 176); left onto US 225; right onto Little River Rd.; left into parking lot for Carl Sandburg Nat'l Historic Park.

Traverse the same trails that poet/author Carl Sandburg enjoyed. Hike to overlook on Big Glassy Mountain. Return via same route, but turn at barn trail. Afterwards, you may opt to tour on your own by visiting the goats in the barn or touring Carl Sandburg's historic house for a small fee. Contact leader in advance. Topo(s): Hendersonville

Saturday No. Y1801-319 **Mar. 24, 2018**

#### **Holmes Educational State Forest 11:00 AM**

Hike 2, Drive 60, 300 ft. ascent, Rated C-C, **YPC** Kay Shurtleff, 828-749-9230, cell 828-280-3226, [kshurtleff@msn.com](mailto:kshurtleff@msn.com)

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** NE corner of Cracker Barrel off Exit 53 of I-26 at 11:30 AM.

We will hike the Talking Trees Trail, on which the trees will tell about their identification and interesting facts. The second trail that we will hike is the Crab Creek Trail, which features a helicopter, tractor and fire tower. Please contact hike leader in advance. Topo(s): Standingstone Mtn.; also Holmes Educational State Forest Map

## WEDNESDAY HIKES

Wednesday hikes submitted by Brenda Worley, 828-684-8656, bjdworley@gmail.com. Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. *Times listed are departure times – arrive early.*

Wednesday No. W1801-673 **Jan. 3, 2018**  
**Coontree Loop to Pink Beds** **8:00 AM**  
Hike 9.5, Drive 70, 2200 ft. ascent, Rated A-AA, **P400**

Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com  
**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets. Form carpools and meet leader at the second meeting place.  
**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

From the right branch of Coontree Loop we will climb up to and on Bennett Gap Trail to our lunch spot with a view of Looking Glass Rock. Proceeding on the Buckwheat Knob Trail to Club Gap, we will approach Rich Mountain and descend via Soapstone Ridge to Barnett Branch Trail. We will go over the Barnett Branch Boardwalk, built by CMC's Friday Pisgah crew, to the cars at the Pink Beds parking lot. Car shuttle. Topo(s): Pisgah Forest; also NatGeo map #780

Wednesday No. W1801-186 **Jan. 10, 2018**  
**Little Pisgah Mountain** **8:30 AM**

Hike 10, Drive 15, 2000 ft. ascent, Rated A-A  
Anita Broderick, 828-363-9950, cell: 828-290-4429, tbrode5060@yahoo.com  
**First Meeting Place:** River Ridge Shopping Center, behind CVS, off Exit 53B of I-40. Form carpools and meet leader at the Florence Preserve parking lot by the chimney off US 74A at 8:45 AM.

We'll hike from parking lot up into an open meadow leading to the summit of Little Pisgah Mtn. If the weather is clear, the view doesn't get any better. Topo(s): Bat Cave

Wednesday No. W1801-627 **Jan. 17, 2018**  
**Montreat Ridges and Graybeard** **8:30 AM**

Hike 9.5, Drive 25, 2800 ft. ascent, Rated A-AA  
Steve Pierce, 828-724-4999, cell: 828-442-8482, stevepierce50@gmail.com  
**First Meeting Place:** River Ridge Shopping Center, behind CVS, off Exit 53B of I-40. Form carpools and meet leader at the second meeting place.

**Second Meeting Place:** Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

We will begin this strenuous loop hike on the Rocky Head Trail from the Montreat Campground, ascending to the East Ridge Trail, then north on East Ridge and the Trestle Trail to Graybeard Trail. After our lunch stop at Walker Knob, we will return via Graybeard Trail to the trailhead.

The hike will require a short walk along the road from parked cars to the Rocky Head trailhead. Topo(s): Montreat; also Montreat Trail Map

Wednesday No. W1801-457 **Jan. 24, 2018**  
**Brown Gap to Max Patch** **9:00 AM**

Hike 7, Drive 100, 1100 ft. ascent, Rated B-B, **AT-MST**  
Randy Fluharty, 828-253-1626, cell: 828-423-9030, rfluharty54@gmail.com and Beth Fluharty, 828-253-1626, cell: 828-231-5785, elflugharty@gmail.com  
**First Meeting Place:** Home Depot off Exit 44 of I-40.

**Second Meeting Place:** Pilot Truck Stop off Exit 24 of I-40 at 9:30 AM - but contact leader first.

An in-and-out hike on the A.T. with a steep uphill for the first mile, then leveling off into moderate ups and downs, with a final climb to the top of Max Patch for lunch. If we're lucky, it will be clear for beautiful views. Topo(s): Lemon Gap; also ATC TN-NC map #4

Wednesday No. W1801-001 **Jan. 31, 2018**  
**Case Camp - Seniard Ridge Loop** **8:00 AM**

Hike 9, Drive 70, 1800 ft. ascent, Rated B-A, **P400, WC100**  
Jim Magura, 828-606-3989, jqs290@gmail.com and Judy Magura, 828-606-1490, Quilter290@gmail.com

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail. Topo(s): Shining Rock; also pp. 36-39 of MST Trail Profiles book and NatGeo map #780

Wednesday No. W1801-712 **Feb. 7, 2018**  
**Purchase Knob - Hemphill Bald** **8:00 AM**

Hike 7.5, Drive 70, 1500 ft. ascent, Rated B-B, **900M**  
Debby Jones, 404-731-3119, Djones715@aol.com  
**First Meeting Place:** Home Depot off Exit 44 of I-40.

**Second Meeting Place:** Exxon station off Exit 20 of I-40 at 8:30 AM - but contact leader first.

We have hiked this trail in the spring, summer and fall. This time, we will hike it in the winter for a chance to observe one trail in all four seasons. The hike will begin below Purchase Knob, climb up past the Ferguson Cabin Trail to the Cataloochee Divide Trail, then follow the ridgeline to Gooseberry Knob. Our return will go past the GSMNP Science Center. Visit an historic cabin and enjoy spectacular views. Topo(s): Dellwood; also NatGeo map #317

Wednesday No. W1801-400 **Feb. 14, 2018**

**Ferrin Knob via Spencer Branch and Trace Ridge** **8:30 AM**  
Hike 9, Drive 40, 2200 ft. ascent, Rated B-AA, **P400**

Gregory Bechtel, 864-607-2645, gabechtel@yahoo.com  
**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** Ingles on NC 191/280 (Mills River) by gas pumps at 8:45 AM. We will ascend on the Fletcher Creek and Spencer Branch Trails to 4060 ft. Ferrin Knob, the former site of a fire tower. Return via the MST and the Trace Ridge Trail. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Wednesday No. W1801-558 **Feb. 21, 2018**  
**Round Top Ridge to Rich Mountain, A.T. to Hot Springs** **8:00 AM**

Hike 11.7, Drive 65, 3000 ft. ascent, Rated A-AA, **AT-MST**

Paul Benson, 828-273-2098, PDBenson@charter.net  
**Only Meeting Place:** 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26.

From the French Broad River near Hot Springs, we climb the A.T. to Lover's Leap Ridge, crossing Pump Gap, Tanyard Gap, and then ascend Rich Mountain to the junction of the Round Top Ridge Trail. There will be an optional in/out to the Rich Mountain fire tower, and then descend on the Round Top Ridge Trail back to the river. Topo(s): Hot Springs; also ATC TN-NC map #4

Wednesday No. W1801-256 **Feb. 28, 2018**  
**Moore Cove Figure-8 Loop** **9:00 AM**

Hike 7, Drive 65, 1050 ft. ascent, Rated B-B, **P400, WC100**  
Bruce Bente, 828-692-0116, cell: 828-696-6296, bbente@bellsouth.net

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets. Form carpools and meet leader at the second meeting place.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 9:30 AM.

This moderate double-loop trail follows two overgrown USFS paths. Expect a lot of scrambling over blowdowns, a couple of short, steep sections and two minor creek crossings. There is one good view of Looking Glass Rock, several waterfalls, and other views visible only when there are no leaves on the trees. Topo(s): Shining Rock; also NatGeo map #780

Wednesday No. W1801-332 **Mar. 7, 2018**  
**Foothills Trail: Upper and Lower Whitewater Falls** **8:00 AM**

Hike 11.6, Drive 105, 2400 ft. ascent, Rated A-AA, **WC100**  
Jim Magura, 828-606-3989, jqs290@gmail.com and Judy Magura, 828-606-1490, Quilter290@gmail.com

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

Come to hike in the warm weather at the lower elevations! We'll hike part of the Foothills Trail in NC and SC, featuring two of the region's most stunning waterfalls. We will begin at the Upper Whitewater Falls parking lot and hike to the foot-bridge over the Thompson River. We'll partially retrace our steps, then take the side trail to Lower Whitewater Falls, and finish at the Duke Power Co. Bad Creek parking lot. Short car shuttle. Topo(s): Reid, Cashiers; also Foothills Trail map

Wednesday No. W1801-895 **Mar. 14, 2018**  
**Pinnacle - Pinch-In 8:00 AM**

Hike 8, Drive 125, 3400 ft. ascent, Rated B-AA+ *Wilderness hike, limited to ten hikers, contact leader for reservation.*

Sharon Smith, 704-877-7804,  
walterssharon204@gmail.com

**First Meeting Place:** River Ridge Shopping Center, behind CVS, off Exit 53B of I-40.

**Second Meeting Place:** Ingles off Exit 64 of I-40 (Black Mountain) at 8:15 AM. Form carpools and meet leader at the first meeting place behind CVS. We will hike over Pinnacle via the MST, take Lead Mine Trail to Linville Gorge Trail and on to Daffodil Flats. This time of year we hope to see the daffodils blooming. We will take Pinch-In Trail to our cars on SR 105. Car shuttle. Topo(s): Ashford; also Linville Gorge Wilderness map

Wednesday No. W1801-596 **Mar. 21, 2018**  
**Laurel Fork Gap to Lake Jocassee 8:00 AM**

Hike 10.8, Drive 93, 1400 ft. ascent, Rated A-B  
Laura Frisbie, 828-337-5845,  
laurafrisbie@gmail.com

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

We'll hike the Foothills Trail in SC, from Laurel Fork Gap to Lake Jocassee. This in-and-out hike along Laurel Fork Creek features a beautiful stream, waterfalls, great bridges and a scenic lakeside lunch spot. Note: Be prepared for a later lunch and long day, due to driving distance to trail and length of trail. Topo(s): Eastatoo Gap, Reid; also Foothills Trail map

Wednesday No. W1801-35 **Mar. 28, 2018**  
**Looking Glass Rock 9:00 AM**

Hike 5.8, Drive 60, 1800 ft. ascent, Rated C-A, **P400**

Barbara Morgan, 828-460-7066,  
barbc129@gmail.com

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 9:30 AM.

A moderate, well-graded trail leads to the top of this pluton and then downhill to the first view-

point, with beautiful views of the mountains. After visiting the west-facing face, we'll hike downhill, turn right and past the helicopter pad to the second viewpoint. In-and-out hike. Topo(s): Shining Rock; also NatGeo map #780

## ALL-DAY WEEKEND HIKES

All-day hikes submitted by Bruce Bente, 828-692-0116, [bbente@bellsouth.net](mailto:bbente@bellsouth.net). Driving distance is round-trip from Asheville. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Monday No. A1801-893 **Jan. 1, 2018**  
**Green River Game Lands/West Side 7:30 AM**

Hike 6.5, Drive 60, 1200 ft. ascent, Rated B-B  
Bruce Bente, 828-692-0116, cell: 828-696-6296,  
[bbente@bellsouth.net](mailto:bbente@bellsouth.net)

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Meet leader at second meeting place.

**Second Meeting Place:** NE corner of Cracker Barrel off Exit 53 of I-26 at 8:00 AM.

After breakfast at Cracker Barrel, we'll leave at 9:15 AM and hike our traditional New Year's Day hike in the Green River Game Lands. This year's hike will follow a different route which will be shorter but will still include lunch at the end of the Green River Cove trail by the big rocks in the Green River. Topo(s): Clifffield Mtn

Sunday No. A1801-001 **Jan. 7, 2018**  
**Case Camp-Seniard Ridge Loop 8:30 AM**

Hike 8, Drive 75, 1800 ft. ascent, Rated B-A, **P400, WC100**

Karen Lachow, 703-395-5879,  
[heyk127@hotmail.com](mailto:heyk127@hotmail.com)

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 9:00 AM.

This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. Topo(s): Shining Rock; also NatGeo map #780

Saturday No. A1801-499 **Jan. 13, 2018**  
**Greenways around Asheville 10:00 AM**

Hike 7, Drive 5, 100 ft. ascent, Rated B-C  
Marcia Bromberg, 828-505-0471,  
cell: 860-798-9905, [mwbromberg@yahoo.com](mailto:mwbromberg@yahoo.com)

**Only Meeting Place:** Sulphur Springs Trailhead. This hike follows current and future greenways along Hominy Creek and the French Broad River. We'll hike from the historic Sulphur Springs on dirt paths (may be muddy in spots) and pavement. On the way you'll learn about plans for a county-wide greenway system. For those who are interested, we'll end with a beer at the New Belgium Liquid Center. Car shuttle. Topo(s): Asheville

Sunday No. A1801-892 **Jan. 14, 2018**  
**MST around Asheville 9:00 AM**

Hike 13.7, Drive 20, 2050 ft. ascent,  
Rated AA-AA, **AT-MST**

Les and Catherine Love, 828-658-1489,  
[lesrlove55@gmail.com](mailto:lesrlove55@gmail.com)

**Only Meeting Place:** back parking lot of Folk Art Center. Note later meet time.

Great workout hike for the winter over the rolling Biltmore section of the MST. Car shuttle. Topo(s): Asheville

Sunday No. A1801-631 **Jan. 21, 2018**  
**High Falls P.L. #2 - Triple, High, 8:30 AM**

**Bridal Veil Falls & 2 lakes**  
Hike 10.4, Drive 70, 1000 ft. ascent, Rated A-C

Judy Magura, 828-606-1490,  
[Quilter290@gmail.com](mailto:Quilter290@gmail.com) and Jim Magura,  
828-606-3989, [jqs290@gmail.com](mailto:jqs290@gmail.com)

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 9:00 AM.

This hike goes to three of the best waterfalls and two lakes in DuPont Forest. We will go to Triple and High Falls and then to Lake Dense. We'll use Conservation Rd. and cross the dam at Lake Julia. After lunch at the lake, we'll hike to the old airstrip, horse barn and then the beautiful Bridal Veil Falls. Car shuttle. Topo(s): Standingstone Mtn.; also DuPont St. Rec. Forest map

Saturday No. A1801-418 **Jan. 27, 2018**  
**Newton Bald, Kanati Fork 8:00 AM**

Hike 11.5, Drive 130, 3800 ft. ascent,  
Rated A-AA+, **900M**

Jeff McGurk, 864-921-6469,  
[jbsbestfan@hotmail.com](mailto:jbsbestfan@hotmail.com)

**Only Meeting Place:** Home Depot off Exit 44 of I-40.

This great winter hike climbs Kanati Fork Trail, then follows Thomas Divide Trail and descends on the Newton Bald Trail. Nice scenery and more fun if we hike up into snow-covered scenery. Short car shuttle. Topo(s): Smokemont, Clingmans Dome; also NatGeo map #317

Sunday No. A1801-056 **Jan. 28, 2018**  
**Turkey Pen Roller Coaster 8:30 AM**

Hike 9.4, Drive 60, 3200 ft. ascent, Rated A-AA+, **P400**

Michael Cornn, 828-458-1281, [mcornn@aol.com](mailto:mcornn@aol.com)  
and Kathy Cornn, 828-458-1281,  
[katherinenkyle@gmail.com](mailto:katherinenkyle@gmail.com)

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leaders at second meeting place.

**Second Meeting Place:** intersection of NC 280 and Turkey Pen Rd. at 9:00 AM.

This great winter hike starts at Turkey Pen parking area, climbs over Sharpy Mountain, along a ridge and almost to the top of Black Mountain, ending at the Pisgah Maintenance parking lot. A long uphill, but with good views from our lunch



spot at Black Mountain. Car shuttle. Topo(s): Pisgah Forest; also NatGeo map #780

Sunday No. A1801-480 **Feb. 4, 2018**

**Buck Spring to US 276 via Barnett Branch Trail** **7:30 AM**  
Hike 11.9, Drive 70, 2000 ft. ascent, Rated A-A, **P400**

Donna Lanning, 828-684-7083, cell: 828-606-7956, dblanning@bellsouth.net  
**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.  
**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:00 AM.

This strenuous hike will start at the Buck Spring Trailhead on US 276 and hike down to the maintenance yard via a series of trails. It will feature great views from Clawhammer and Black Mountains along the way. Car shuttle. Topo(s): Shining Rock, Cruso, Dunsmore Mtn., Pisgah Forest; also NatGeo map #780

Saturday No. A1801-588 **Feb. 10, 2018**

**Coontree Loop Extended** **10:00 AM**  
Hike 7, Drive 65, 1700 ft. ascent, Rated B-A, **P400**

Sharon Smith, 704-877-7804, waltersharon204@gmail.com  
**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.  
**Second Meeting Place:** Pisgah Forest Bi-Lo at 10:30 AM.

We'll hike the Coontree Loop but extend it by including the Perry Cove and Bennett Gap Trails, with a short walk on FS 477 to connect the two. Topo(s): Shining Rock; also NatGeo map #780

Sunday No. A1801-894 **Feb. 11, 2018**

**Mount Pisgah Ramble** **9:00 AM**  
Hike 9, Drive 25, 3100 ft. ascent, Rated B-AA+, **AT-MST, P400**

Paul Benson, 828-273-2098, PDBenson@charter.net  
**Only Meeting Place:** Home Depot off Exit 44 of I-40.

This exciting new CMC hike will start at Elk Pasture Gap and loop through the high country around Mt. Pisgah. Come and enjoy winter hiking at high elevations. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Sunday No. A1801-778 **Feb. 18, 2018**

**Bracken Mountain - Brushy Creek Trails** **8:00 AM**

Hike 7.8, Drive 65, 1400 ft. ascent, Rated B-B  
Lorraine Bernhardt, 828-676-0255, cell: 828-699-8857, lsbernhardt50@gmail.com  
**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

This hike will include the Bracken Mtn. and

Brushy Creek Trails. This is a great winter hike with good views. Topo(s): Rosman, Shining Rock; also Bracken Preserve Trail System Map

Saturday No. A1801-246 **Feb. 24, 2018**

**Coffee Pot Mountain Loop** **9:00 AM**  
Hike 7.5, Drive 50, 1400 ft. ascent, Rated B-B, **P400**

Barbara Morgan, 828-460-7066, barbc129@gmail.com  
**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Ingles on NC 191/280 (Mills River) by gas pumps at 9:15 AM.

We'll circle Coffee Pot Mtn. by hiking Trace Ridge Trail to Beaver Dam Gap on the BRP and returning on the Spencer Branch and Fletcher Creek Trails, with a stop to look at the Hendersonville reservoir and dam. Topo(s): Dunsmore Mtn.; also NatGeo map #780

Sunday No. A1801-596 **Feb. 25, 2018**

**Laurel Fork Gap to Lake Jocassee** **8:00 AM**  
Hike 10.8, Drive 90, 1400 ft. ascent, Rated A-B  
Laura Frisbie, 828-337-5845, laurafrisbie@gmail.com

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

We'll hike the Foothills Trail in SC, from Laurel Fork Gap to Lake Jocassee. This in-and-out hike along Laurel Fork Creek features a beautiful stream, waterfalls, great bridges and a scenic lakeside lunch spot. Topo(s): Eastatoo Gap, Reid; also Foothills Trail map

Sunday No. A1801-332 **Mar. 4, 2018**

**Foothills Trail: Upper and Lower Whitewater Falls** **8:00 AM**  
Hike 11.6, Drive 110, 2400 ft. ascent, Rated A-AA, **WC100**

Chris Koebelin, 518-372-4130, chriskoebelin@gmail.com and Kathy McAuley, 518-372-4130, Kathy\_mcauley@yahoo.com

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 8:30 AM.

Come to hike in the warm weather at the lower elevations! We'll hike part of the Foothills Trail in NC and SC, featuring two of the region's most stunning waterfalls. We will begin at the Upper Whitewater Falls parking lot and hike to the foot-bridge over the Thompson River. We'll partially retrace our steps, then take the side trail to Lower Whitewater Falls, and finish at the Duke Power Co. Bad Creek parking lot. Short car shuttle. Topo(s): Reid; also Foothills Trail map

Saturday No. A1801-256 **Mar. 10, 2018**

**Moore Cove Figure-8 Loop** **10:00 AM**  
Hike 7, Drive 65, 1050 ft. ascent, Rated B-B, **P400, WC100**

Brenda Worley, 828-684-8656, cell 828-606-7297, bjdworley@gmail.com

**First Meeting Place:** Ingles on NC 191 across from Asheville Outlets. Form carpools and meet leader at the second meeting place.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 10:30 AM.

This moderate double-loop trail follows two over-grown USFS paths. Expect a lot of scrambling over blowdowns, a couple of short, steep sections and two minor creek crossings. There is one good view of Looking Glass Rock, several waterfalls, and other views visible only when there are no leaves on the trees. | Topo(s): Shining Rock; also NatGeo map #780

Sunday No. A1801-842 **Mar. 11, 2018**

**Kitsuma - Swannanoa Creek Trail** **8:30 AM**  
Hike 9, Drive 60, 1900 ft. ascent, Rated A-A  
Jim Reel, 828-738-0751, jimr57@yahoo.com

**First Meeting Place:** River Ridge Shopping Center, behind CVS, off Exit 53B of I-40. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

**NOTE: First day of Daylight Saving Time.**

Leave cars at Point Lookout Trailhead. Hike down road to Old Fort Picnic Area; then follow trail up Young's Ridge and over Kitsuma peak; Follow trail to 100 yds. before trailhead, then do a difficult 0.7 mile bushwhack down to Swannanoa Creek; follow old stagecoach route (heavily over-grown) paralleling Swannanoa Creek. The road slowly improves and ends at its junction with the Point Lookout Trail (old US 70), which we will follow for a short distance to trailhead and our waiting cars. Topo(s): Old Fort

Sunday No. A1801-394 **Mar. 18, 2018**

**Cataloochee and Little Cataloochee** **9:00 AM**  
Hike 8, Drive 95, 1500 ft. ascent, Rated B-B, **900M**

Danny Bernstein, 828-450-0747, danny@hikertohiker.com

**Only Meeting Place:** Home Depot off Exit 44 of I-40.

We'll hike from Cataloochee into Little Cataloochee on the Pretty Hollow and Little Cataloochee trails. We'll see a restored log cabin, the old apple house, an old church and maybe, just maybe, elk. Topo(s): Cove Creek Gap; also NatGeo map #317

Sunday No. A1801-896 **Mar. 25, 2018**

**Mingus Creek Trail** **8:00 AM**  
Hike 7, Drive 120, 1000 ft. ascent, Rated B-C, **900M**

Mike Knies, 828-628-6712, knies06@att.net  
**First Meeting Place:** Home Depot off Exit 44 of I-40.

**Second Meeting Place:** Maggie Valley Post Office at 8:30 AM - but contact leader first.

See historic Mingus Mill, an operating business, and learn about the history of former residents,

with visits to their home sites and cemeteries. A pleasant walk with lots of interesting surprises along the way. We'll visit the Oconaluftee Visitor Center after the hike. Topo(s): Smokemont; also NatGeo map #317

Saturday No. A1801-51 **Mar. 31, 2018**

**White Oak Flats,  
Pounding Mill, Hickey Fork** **8:30 AM**

Hike 8, Drive 85, 1900 ft. ascent, Rated B-A  
Tish Desjardins, 828-380-1452,  
desraylet@aol.com

**First Meeting Place:** 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** US 25/NC 208 intersection at 9:00 AM.

Starting at the footbridge over Hickey Fork, we'll do a nice loop hike using three different trails and finishing on heavily rebuilt Hickey Fork Rd. Topo(s): White Rock, Greystone; also NatGeo map #782

## HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Gail Lamb, 828-338-0443, glamb46@gmail.com and Lee Silver, 828-668-7147, leehsilver@aol.com.

Driving distance is round-trip from Asheville. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. *Times listed are departure times – arrive early.*

Sunday No. H1801-320 **Jan. 7, 2018**

**Warren Wilson Loop** **1:00 PM**

Hike 6.1, 850 ft. ascent, Rated B-C  
Bobbi Powers, 828-667-5419,  
bobbipowers23@gmail.com

**Only Meeting Place:** Charles D. Owen Park on Warren Wilson Road.

Resolved for 2018: Hike more! Start now! This hike will encircle Warren Wilson College by following the River Trail from Owen Park along the Swannanoa River to and across Old School House Road and Riceville Road to a high meadow with almost 360-degree views. From there we will continue the circle on various trails and roads, including the Trail of Fortune and Muhl Trail to the cars. This is a variation of hike #320. Topo(s): Oteen

Sunday No. H1801-845 **Jan. 14, 2018**

**Trombatore Trail** **12:00 PM**

Hike 5.4, Drive 35, 1300 ft. ascent, Rated C-B  
Dick Zimmerer, 828-989-0480,  
ddlzz@yahoo.com

**First Meeting Place:** Ingles on US 74-A 1-1/2 miles south of I-40 Exit 53A. **Alternate meeting place for Hendersonville area hikers, due to limited parking at the trailhead:** Wal-Mart at

I-26 and US 64, far row before you get to Sam's Club at noon. Form your carpools (no person has been designated as "wrangler" there), and meet the leader at the Trombatore trailhead at 12:30 PM.

**Second Meeting Place:** Trombatore trailhead at 12:30 PM.

The Trombatore trailhead is marked with a prominent signboard and is located across the road from the Bearwallow Mountain trailhead. This in-and-out trail ends in a nice meadow with long-distance views. Topo(s): Bat Cave

Sunday No. H1801-499 **Jan. 21, 2018**

**Current/Future Greenway Walk** **1:00 PM**

Hike 6, Rated B-C  
Marcia Bromberg, 828-505-0471,  
cell: 860-798-9905, mwbromberg@yahoo.com

**Only Meeting Place:** Parking lot on Craven St. just north of New Belgium Brewery (west side of river).

This variation of hike #499 is a shuttle that begins at the Hominy Creek Greenway parking lot and ends at New Belgium Brewery. After visiting the former dam site on Hominy Creek that powered the first steam-powered trolley along the creek, we'll take a short road walk to join the current and future greenways along the French Broad River. For those who are interested, we'll end with a beer at New Belgium. Topo(s): Asheville

Sunday No. H1801-102 **Jan. 28, 2018**

**Coontree Loop** **12:00 PM**

Hike 3.7, Drive 65, 1050 ft. ascent, Rated C-B  
Tom Lucha, 828-696-9117, cell: 828-712-0736,  
luchat@bellsouth.net

**P400 First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet hike leader at second meeting place.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 12:30 PM.

This loop hike is partially along a lovely creek, with views from Coontree Mountain. Some steep areas. Topo(s): Shining Rock; also NatGeo map #780

Sunday No. H1801-800 **Feb. 4, 2018**

**Givens Estate Trails** **12:30 PM**

Hike 5, 1200 ft. ascent, Rated C-B  
Ron Navik, 585-662-8047, ron.navik@gmail.com  
**Only Meeting Place:** Givens Estates. 2360 Sweeten Creek Rd., Asheville, NC. Meet in the parking lot in front of Oxford Commons.

Givens trails are open to the public. We will enjoy 4 miles of largely woodsy trails on their property of over 200 acres. Scenic views of Givens, Asheville and Mt. Pisgah areas. We will hike about 5 miles to access all of the trails. Topo(s): Asheville

Sunday No. H1801-153 **Feb. 11, 2018**

**Cove Creek/Caney Bottom Loop** **12:30 PM**

Hike 5, Drive 80, 1300 ft. ascent, Rated C-B, **P400**  
Lee Belknap, 828-698-9394,  
rivergypsy@sprintmail.com

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. Form carpools and meet leader at second meeting place.

**Second Meeting Place:** Pisgah Forest Bi-Lo at 1:00 PM.

A pleasant walk through the woods, with streams, waterfalls, and bridge crossings. Topo(s): Shining Rock; also NatGeo map #780

Sunday No. H1801-630 **Feb. 18, 2018**

**Bent Creek - Shut-In  
and Hard Times Road** **12:00 PM**

Hike 5.5, Drive 4, 800 ft. ascent, Rated C-C  
Linda Blue, 828-296-7537, cell: 828-273-6696,  
lgblue@bellsouth.net

**Only Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.

We will park at Bent Creek River Park and begin our hike with a long uphill climb on the Shut-In section of the MST. The loop will include the Hard Times Road, Rocky Cove Trail, Owl Ridge Trail and back to the Hard Times Road to take us out through the Arboretum entrance to our cars. This is a variation on hike #630. Topo(s): Skyland; also NatGeo map #780 and USFS Bent Creek Trail Map

Sunday No. H1801-324 **Feb. 25, 2018**

**Bent Creek Loop #4** **12:30 PM**

Hike 5, Drive 15, 600 ft. ascent, Rated C-C, **P400**  
Karin Eckert, 516-721-6156,  
karingarden@yahoo.com

**Only Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets.

A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. Topo(s): Skyland, Dunsmore Mountain.

Sunday No. H1801-294 **Mar. 4, 2018**

**Picklesimer Fields** **12:00 PM**

Hike 5, Drive 72, 900 ft. ascent, Rated C-C, **P400**, **WC100**

Dennis Bass, 828-367-7792, cell: 828-367-8619,  
dbass3607@gmail.com

**First Meeting Place:** Toys-R-Us on NC 191 across from Asheville Outlets. In-and-out hike from the Fish Hatchery.

**Second Meeting Place:** Pisgah Forest Fish Hatchery.

We'll take Butter Gap Trail to Grogan's Creek Falls and possibly farther, depending on weather. Topo(s): Shining Rock

Sunday No. H1801-522 **Mar. 11, 2018**

**Vann Cliff Loop Trail** **12:00 PM**

Hike 3.8, Drive 75, 840 ft. ascent, Rated C-C  
Jack Dalton, 828-622-3704,  
jckdalton9@gmail.com

**First Meeting Place:** 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet

leader at second meeting place.

**Second Meeting Place:** Rocky Bluff Recreation Area (USFS) on NC 209, 2.5 miles south of Hot Springs at 12:30 PM.

Park near the entrance as the campground will be closed, and avoid blocking the gate. The trail begins & ends in the campground, ascends above the Spring Creek Gorge with nice views, passing an old home site and descending back to the campground. The second loop will be the Spring Creek Nature Trail, which leaves from the campground and follows along Spring Creek. Topo(s): Spring Creek; also NatGeo map #782

Sunday No. H1801-891  
**Collier Cove Preserve/  
Rosscraggon Wood**

**Mar. 18, 2018  
12:00 PM**

Hike 3.3, Drive 15, 500 ft. ascent, Rated C-C  
Bev MacDowell, 828-777-5806,  
bevmacdowellhappy@gmail.com

**Only Meeting Place:** Toys-R-U's on NC 191 across from Asheville Outlets.

A new hike that will include the 5 trails of C.C. Preserve, a 29-acre woodland hillside in Buncombe County Park. Then we will make a short walk via paved road to Rosscraggon Wood, Inc., a 23-acre community sanctuary since 1939. These 2 preserved sections comprise a surprising forested area that few are aware of, tucked within developed land. Both serve as examples of ways small parcels of woodlands can be conserved within populated areas. Bring your poles for comfort, as the Preserve is steep. I hope we'll have someone with a GPS along with us. Topo(s): Asheville

Sunday No. H1801-182

**Mar. 25, 2018**

**Green River Cove**

**11:30 AM**

Hike 5.5, Drive 75, 800 ft. ascent, Rated C-C  
Paula Massey, 828-484-7509, cell: 828-989-0003,  
massey.paula@gmail.com

**First Meeting Place:** Toys-R-U's on NC 191 across from Asheville Outlets. Form carpools and meet hike leader at second meeting place.

**Second Meeting Place:** NE corner of Cracker Barrel off Exit 53 of I-26 at 12:00 PM.

This is a moderate in-and-out hike along the scenic Green River to the junction with the Pulliam Creek Trail. Expect a few early wildflowers and maybe even kayakers on the river. Topo(s): Clifffield Mountain; also Trails of the Green River Gamelands map

## NEXT CMC COUNCIL MEETING

**When:** Tuesday, February 13

**Where:** Community room in Earthfare on Hendersonville Road

**Time:** 6:00 - 9:00 PM

**Info:** Call Randy at 828-253-1626 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at [www.carolinamountainclub.org](http://www.carolinamountainclub.org)

## How to join the CMC

1. Go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org)
2. Click on **Join** (top left) or **Join CMC!** (right center).



3. You will see instructions for joining online or via mail.  
or ... write to us at  
CMC, PO Box 68,  
Asheville, NC 28802  
and we'll mail you an application

**HIKING INFORMATION:** CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. All hikers are encouraged to call or e-mail the leader if they have questions about the hike or the location of the meeting place. Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes.

Hikers will carpool from the meeting places to the trailhead and back. Passengers are expected to contribute 10 cents per mile towards the driver's operating expenses. Most CMC hikes do not require reservations. However, check the hiking schedule to determine whether a reservation is required, and if so, call or e-mail the leader to reserve your space.

Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

**CLOTHING AND EQUIPMENT:** CMC's website ([www.carolinamountainclub.org](http://www.carolinamountainclub.org), click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

**RESPONSIBILITY FOR SAFETY:** Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless

and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

**CONSERVATION:** CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

**MEMBERSHIP:** Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to [www.carolinamountainclub.org](http://www.carolinamountainclub.org) and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

### CAROLINA MOUNTAIN CLUB OFFICERS

*President:* Randy Fluharty, 828-253-1626, rfluharty54@gmail.com

*Vice-President:* Debby Jones, 404-731-3119, djones715@aol.com

*Secretary:* Paula Massey, 828-299-0226, massey.paula@gmail.com

*Treasurer:* George Bauernfeind, 502-724-5714, ggb1005@gmail.com

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*Councilor for Membership:* Lynn Saul, 704-451-5268, lynniesaul@gmail.com

*Councilor for Trail Maintenance:* Ron Navik, 585-662-8047, ron.navik@gmail.com

*Councilor for Technology:* Judy Magura, 828-606-1490, quilter290@gmail.com

*Councilor at Large:* Mike Fisher, 781-883-6938, mfishr@yahoo.com

*Councilor at Large:* Chris Koebelin, 518-372-4130, chriskoebelin@yahoo.com