

LET'S GO!



FIRST QUARTER 2022 Quarterly Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamountainclub.org • e-mail: cmcinfo@carolinamountainclub.org

HIKE RATINGS

First Letter	Second Letter
Distance	Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9.1-12 miles	A: 1,501-2,000 ft.
B: 6.1-9 miles	B: 1,001-1,500 ft.
C: Up to 6 miles	C: 1,000 ft. or less

If it's not possible to go on the regularly scheduled hike, it may be possible to accompany the leader when the hike is scouted. Hike cancellations are announced on the CMC website in the Breaking News box. Hike Leaders will announce a cancellation or significant change at least a few hours before the hike. Hikers that do not have internet access or live hours away from the meeting place: call the hike leader to ensure that you are informed about hike changes. See the Hike Schedule on the CMC website for more complete and timely information, including scout reports, at www.carolinamountainclub.org.

CHALLENGE PROGRAMS

A.T.-MST For hiking the 228 miles of the A.T. and MST on CMC maintained sections. Contact ATMST@CarolinaMountainClub.com

FH100 For hiking all 100 trails in the "100 Favorite Trails of the Smokies and Carolina Blue Ridge." Contact Steve Pierce, stevepierce50@gmail.com

LTC For hiking all 24 lookout towers in WNC. Contact Peter Barr, pjbarr@gmail.com

P400 For hiking every trail in Pisgah Ranger District. Contact P400@CarolinaMountainClub.org

SB6K For hiking all 40 peaks above 6000'. Contact Peter Barr, pjbarr@gmail.com

WC100 For hiking to the 100 best waterfalls in the area. Contact Jack Fitzgerald, 828-685-2897, suejackfitz@bellsouth.net

YPC For hiking eight different Land Management areas with youth 17 and under. Contact Kay Shurtleff at kshurtleff@msn.com

900M For hiking every trail in GSMNP. Contact Steve Pierce, stevepierce50@gmail.com

TRAIL MAINTENANCE

All members are encouraged to participate in trail maintenance activities. Non-members are invited to try it a few times before deciding if they want to join the Club and be a regular part of a crew. We train and provide tools.

Below is a general schedule of work days. Exact plans often are not made until the last minute, so contact crew leaders for details. MST and AT section maintainers work on their own schedule.

Burnsville Monday Crew

John Whitehouse, johnwhitehouse@ccvn.com

Art Leob Monday Crew

Rich Evans, richard.erman.evans@gmail.com

Waynesville Wednesday Crew

Chris Werbylo, jcw402@aol.com

Vance Waggener, vance.waggener@yahoo.com

Thursday Crew

Todd Eveland, pepsitodd1@gmail.com

Ken Hummel, Kenhummel60@gmail.com

Asheville Friday crew

Paul Curtin, pcurtin@hotmail.com

Chris Werbylo, jcw402@aol.com

Pisgah Friday Crew

Don Cooper, dncpr47@gmail.com

Wilderness Response Crew

Vance Waggener, vance.waggener@yahoo.com

Richard Figura, rafigura107@gmail.com

Quarterly Saturday Crew

Les Love, lesrlove55@gmail.com

AT Maintainers

Paul Curtin,

ATsupervisor@carolinamountainclub.org

Remote Overnight Crew

Paul Curtin, pcurtin@hotmail.com

Rich Evans, richard.erman.evans@gmail.com

MST Maintainers

Oconaluftee River to Old Bald

Larry Sobil, lsobil@bellsouth.net

Old Bald to Hwy 215

Robert Bolt, otherob@inbox.com

Hwy 215 to Big Ridge O/L

Todd Eveland, pepsitodd1@gmail.com

Big Ridge O/L to BRP Visitor Center

Les Love, lesrlove55@gmail.com

BRP Visitor Ctr to Greybeard O/L

John Busse, jbusse@hotmail.com

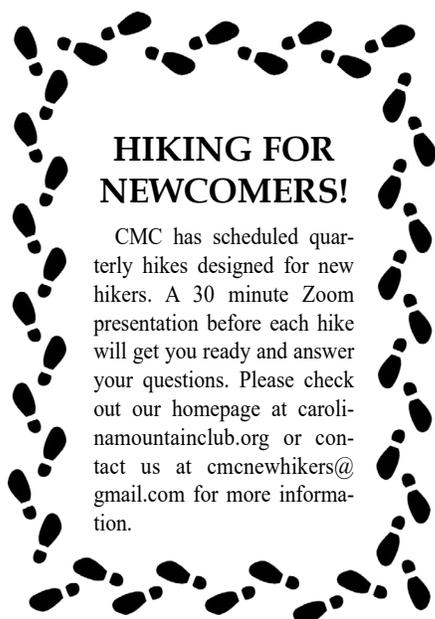
Greybeard O/L to Black Mtn Campground

John Whitehouse, johnwhitehouse@ccvn.com

SATURDAY WORKDAYS

The Quarterly Saturday Trail Maintenance Workdays for 2022 are April 23, June 4, August 13 and October 1. We meet at 8:30 and return to Asheville by 3:00. Contact Les Love for details and where to meet.

lesrlove55@gmail.com | 828-658-1489



HIKING FOR NEWCOMERS!

CMC has scheduled quarterly hikes designed for new hikers. A 30 minute Zoom presentation before each hike will get you ready and answer your questions. Please check out our homepage at carolinamountainclub.org or contact us at cmcnewhikers@gmail.com for more information.

YOUTH PARTNER CHALLENGE HIKES

The Youth Partnership Challenge is designed to introduce youth to fun, educational hiking experiences. Hikes are open to CMC members as well as newcomers. YPC hikes submitted by Jan Onan, 828-606-5188, janonan59@gmail.com and Kay Shurtleff, 828-280-3226 or 828-749-9230, kshurtleff@msn.com. Driving distance is round trip from meeting place. **Due to COVID-19, all hikes have a limit of fifteen hikers unless stated otherwise. Contact leader for reservation.**

Saturday No. Y2201-867

Feb. 5

Hooker Falls P.L. #5 -

Hooker, Triple & High Falls 10:00 AM

Hike 3, 300 ft. ascent, Rated C-C, **WC100**

Jan Onan, 828-606-5188,
janonan59@gmail.com

Only Meeting Place: DuPont Forest Hooker Falls parking lot. We'll hike to Triple Falls, then to the lookout of High Falls, followed by hiking back to the trailhead and a hike to Hooker Falls. Please contact hike leader in advance.

ALL-DAY WEDNESDAY HIKES

Wednesday hikes submitted by Daisy Karasek, 828-505-2036, daisytk@yahoo.com. **Due to COVID-19, all hikes have a limit of 15 hikers unless stated otherwise. Contact leader for reservation.** Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places as described in the schedule; start times vary. **Times listed are departure times – arrive early.**

Wednesday No. W2201-946 **Jan. 5**
Overmountain Victory Trail
to MST to Linville Pinnacle **8:30 AM**

Hike 9, Drive 90, 1700 ft. ascent, Rated B-A
Jeff Wilcox, 828-989-8755, jwilcox@unca.edu
Only Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. This new CMC hike begins on the Overmountain Victory Trail in the North Cove area off US 221 (north of Marion). This trail merges with the MST before climbing to the Kistler Highway on the western rim of Linville Gorge. We'll walk along the road for about a half mile and take the short Pinnacle Trail to an impressive rock outcrop and winter views across the gorge toward Lake James and Shortoff Mountain. Topo(s): Linville Falls

Wednesday No. W2201-676 **Jan. 12**
Hooker Falls P.L. #4 - circular **8:30 AM**
Hike 9.5, Drive 75, 1200 ft. ascent, Rated A-B,
WC100

Susan Hutson, 336-406-9279,
picassue48@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:00 AM.
This hike takes in four waterfalls, three lakes, and two cemeteries in one wonderful place - DuPont Forest. Scenes from *Last of the Mohicans* were filmed here.
Topo(s): Standingstone Mtn.

Wednesday No. W2201-186 **Jan. 12**
Little Pisgah Mountain **8:30 AM**
Hike 11, Drive 25, 2000 ft. ascent, Rated A-A
Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net
First Meeting Place: Ingles on US 74-A 1-1/2

miles south of I-40 Exit 53. Form carpools and meet leader at second meeting place.

Second Meeting Place: Upper Hickory Nut Gorge Trailhead by chimney on US 74A at 8:45 AM.

We'll hike from the parking lot up into an open meadow leading to the summit of Little Pisgah Mountain. If the weather is clear, the view doesn't get any better.
Topo(s): Bat Cave

Wednesday No. W2201-589 **Jan. 19**
Shut-in Trail and
Lake Powhatan Loop **9:00 AM**

Hike 8.5, Drive 10, 1500 ft. ascent, Rated A-B,
AT-MST, P400
Danny Bernstein, 828-450-0747,
dannyhiker@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. This loop hike is a modification of Hike #589 to meet the requirements of Hike #74 of the 100 Favorite Trails. We will walk down from the French Broad Overlook to the trailhead of the Shut-In Trail along NC 191. From there, we will be climbing for about 3.5 miles to Sleepy Gap. We will then descend via a series of trails to Lake Powhatan. After lunch, it will be an easy stroll on Old Bent Creek Gap Road, through the NC Arboretum to NC 191 and back to our cars. CMC members only, no guests. You must be fully vaccinated against the COVID-19 virus.
Topo(s): Asheville

Wednesday No. W2201-001 **Jan. 26**
Case Camp - Seniard Ridge Loop **8:00 AM**
Hike 9.8, Drive 80, 1800 ft. ascent, Rated A-A,
P400, WC100

Adrienne Chang, 414-690-5424,
acjp9349@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 8:30 AM.
This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail and get to enjoy the improvements made by trail maintainers Adrienne Chang and Sallye Sanders. We will pass two nice waterfalls along an old logging road.
Topo(s): Shining Rock

Wednesday No. W2201-281 **Jan. 26**
Green River Gamelands - East Side **8:00 AM**
Hike 9, Drive 70, 1000 ft. ascent, Rated B-C
Steve Pierce, 828-442-8482,
stevepierce50@gmail.com
First Meeting Place: Asheville Outlets parking

lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 8:30 AM.

This hike has been modified to meet the requirements of #71 of the 100 Favorite Trails. We will start on Long Ridge Trail, continue on Turkey Gut Trail and then Bluff Trail to reach the Green River Cove Trail. We will stay on the Green River Cove Trail to its end at the big rocks in the river. After lunch, we will ascend the 0.75 mile back to the junction with Pulliam Creek Trail. We will take that trail to Big Hungry Road and then walk the last mile of that road back to our cars.
Topo(s): Cliffield Mtn.

Wednesday No. W2201-527 **Feb. 2**
Ellicott Rock
via Chattooga River Trail **8:00 AM**

Hike 8, Drive 150, 500 ft. ascent, Rated B-C
Sallye Sanders, 208-550-2070,
sallye_sanders@yahoo.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 8:30 AM.
This hike has gentle grades and goes along the Chattooga River. We will be hiking in the area where three states converge -- North Carolina, South Carolina and Georgia. We will also make side trips to Spoonauger Falls and Kings Creek Falls. NOTE: We will not be going down the embankment to view Ellicott Rock from the river.
Topo(s): Tamassee

Wednesday No. W2201-827 **Feb. 2**
Pinnacle **8:30 AM**

Hike 8, Drive 90, 2500 ft. ascent, Rated B-AA
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com
First Meeting Place: Home Depot off Exit 44 of I-40.
Second Meeting Place: Haywood County Rest Area 19500 Great Smoky Mtn. Expy. (US 23/74) Waynesville NC at 9:00 AM - but contact leader first.
This hike is from the Fisher Creek Recreation Area near Sylva. We will ascend on the East Fork and Pinnacle Trails to see the great view from the Pinnacle. Our return will be via the West Fork Trail. Limit of 10 hikers. This hike is #15 of the 100 Favorite Trails.
Topo(s): Sylva North

Wednesday No. W2201-421 **Feb. 9**
Canebrake Trail **8:00 AM**
Hike 11, Drive 90, 1900 ft. ascent, Rated A-A
Kay Haskell, 610-613-4858,
HaskellKM@Gmail.com and Marie Chamberlin,

678-492-6718, marie.m.chamberlin@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 8:30 AM - but contact leader first.

This hike will start at the Frozen Creek Rd. parking lot in Gorges State Park and go down the Canebrake Trail to our lunch spot at the Foothills Trail pedestrian bridge, where the Toxaway River enters Lake Jocassee. Return via same route. The trail is an old logging road. Our hike back will have a steady but moderate incline.

Topo(s): Reid

Wednesday No. W2201-373 **Feb. 16**
Yellow Mountain 8:00 AM

Hike 12.9, Drive 125, 3100 ft. ascent, Rated AA-AA+, **LTC**

Thomas Butler, 361-484-3381, butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet leader at second meeting place.

Second Meeting Place: Waynesville Publix parking lot east end off Exit 102 of US 74 at 8:30 AM.

We'll hike in the Cowee Mountains on a heavily-forested, high-altitude trail that ascends four peaks going in and three on the way back. Views from the Yellow Mountain observation tower are great – a fine lunch spot. Strenuous but rewarding. This hike is #9 of the 100 Favorite Trails.

Topo(s): Glenville, Highlands

Wednesday No. W2201-295 **Feb. 16**
Pump Gap and Lover's Leap Loop 9:00 AM

Hike 7, Drive 80, 1400 ft. ascent, Rated B-B

Bev MacDowell, 828-777-5806,

bevmacdowellhappy@gmail.com

Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. From the Silvermine Trailhead, we will climb up to the ridgeline and visit an old cemetery. We will then continue on the A.T. past Lover's Leap overlook and walk along the French Broad River back to our cars. This hike meets the requirements of #41 of the 100 Favorite Trails. NOTE: Possibility of lunch or an early dinner in Hot Springs if anyone is interested; please let hike leader know.

Topo(s): Hot Springs

Wednesday No. W2201-916 **Feb. 23**
Toms Creek to Woods Mountain 8:30 AM

Hike 8, Drive 80, 1400 ft. ascent, Rated B-B

Jim Reel, 828-443-2532, jimr57@yahoo.com

and Kathleen Hannigan, 828-230-4883,

kathannigan@gmail.com

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40. Meet Kathleen and form carpools at first meeting place and meet co-leader at second meeting place.

Second Meeting Place: McDonald's at US 37 and US 221 Bypass in Marion at 9:00 AM.

This new CMC hike will explore the lower south side of Woods Mountain, beginning off Old Toms Creek Rd. We will follow Toms Creek to a junction with the MST We will follow it a short distance to Harris Creek Trail and follow it around the base of Woods Mountain. Near the end of the hike we will have a short bushwhack to Toms Creek Falls and climb out the top of the falls on our way to the end of the trail at 469A. There will be three possible wet creek crossings. Be prepared. Car shuttle.

Topo(s): Little Switzerland

Wednesday No. W2201-882 **Feb. 23**
Panthertown Waterfalls 8:30 AM

Hike 8.5, Drive 110, 1440 ft. ascent, Rated B-B, **WC100**

Brenda Worley, 828-684-8656,

cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:00 AM.

This loop hike will take us to 3 waterfalls and one outstanding summit with beautiful views. We begin on Macs Gap Trail, then hook up with Greenland Creek Trail to Greenland Creek Falls. Next, we will take the Great Wall Trail to Granny Burrell Falls and then loop around to connect with Little Green Mountain Trail to the summit and Tranquility Point. From there we return to our cars with a stop at Schoolhouse Falls. This hike meets the requirements of #14 of the 100 Favorite Trails.

Topo(s): Big Ridge, Lake Toxaway

Wednesday No. W2201-089 **March 2**
Lemon Gap to Max Patch 8:00 AM

Hike 11, Drive 104, 1800 ft. ascent, Rated A-A, **AT-MST**

Judy Magura, 828-606-1490,

quilter290@gmail.com and Jim Magura,

828-606-3989, jqs290@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Pilot Truck Stop off Exit 24 of I-40 at 8:30 AM - but contact leader first.

We'll see the A.T. shelter built by the CMC along a beautiful section of the A.T. We will begin at Lemon Gap, have lunch on top of Max Patch with its beautiful views and return to our cars at Lemon Gap. This hike is #39 of the 100 Favorite Trails.

Topo(s): Hot Springs

Wednesday No. W2201-325 **March 2**
Tanyard Gap to Rich Mountain 10:00 AM

Hike 5.5, Drive 70, 1350 ft. ascent, Rated C-B,

AT-MST, LTC

George Shepherd, 405-596-2632,

shepherdgeorge@att.net

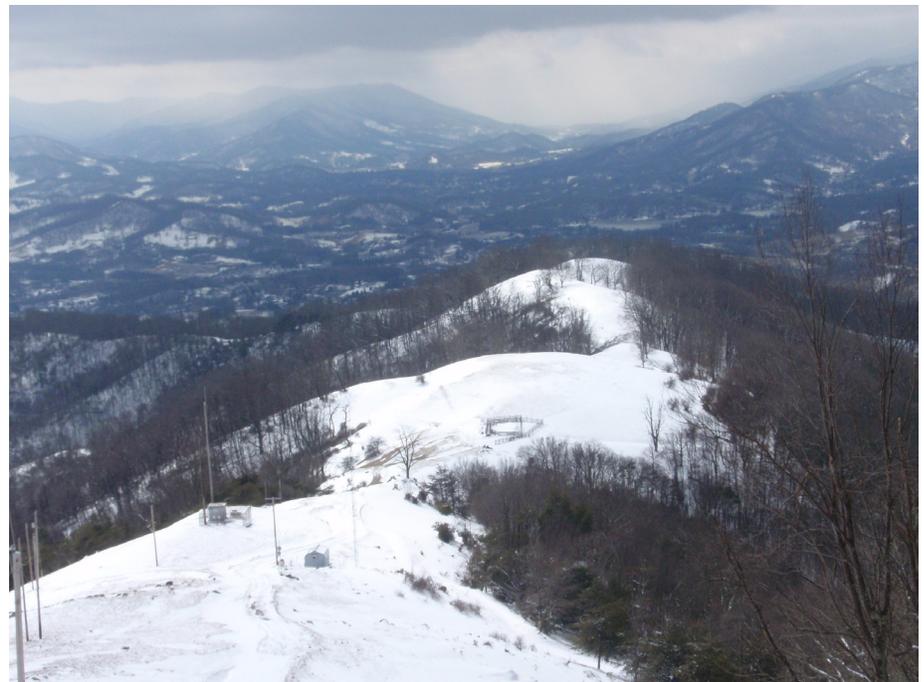
Only Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. This moderate in-and-out hike features great views from the Rich Mountain fire tower near Hot Springs. We follow the A.T. north from Tanyard Gap, then take a short side trail to the fire tower, and return via the A.T. This hike is #42 of the 100 Favorite Trails.

Topo(s): Hot Springs

Wednesday No. W2201-516 **March 9**
Lakeshore Loop 8:00 AM

Hike 10.3, 1600 ft. ascent, Rated A-A, **900M**

Thomas Butler, 361-484-3381,



Chambers Mountain in the snow. Photo by Bruce Bente.

butler.tom3381@gmail.com

First Meeting Place: Home Depot off Exit 44 of I-40. Form carpools and meet leader at second meeting place.

Second Meeting Place: Waynesville Publix parking lot east end off Exit 102 of US 74 at 8:30 AM.

We will start at the tunnel at the end of the Lakeshore Drive and hike Lakeshore, White Oak Branch, Forney Creek, and Goldmine Trails. Learn the history of the infamous Road to Nowhere, settlement and logging along Forney Creek and the development of Lake Fontana. We will visit some old home and farm sites and discuss the way of life of the pre-GSMNP inhabitants, and may visit some cemeteries. This hike is #19 of the 100 Favorite Trails.

Topo(s): Noland Creek

Wednesday No. W2201-947 **March 9**
Woods Mtn. Via MST and Toms Creek **8:30 AM**

Hike 9, Drive 75, 2700 ft. ascent, Rated B-AA
Jim Reel, 828-443-2532, jimr57@yahoo.com and Melissa Gibson, 803-627-0867, MelJ.Gibson27@gmail.com

First Meeting Place: River Ridge Market Place across from McDonald's off Exit 53B of I-40. Meet Melissa at River Ridge and form carpools. Meet Jim at second meeting place and set up a short car shuttle.

Second Meeting Place: McDonald's at US 70 and US 221 Bypass in Marion at 9:00 AM.

We will start out along Toms Creek and quickly begin to gain elevation. After about a mile we intersect the MST. We will follow the MST and enjoy awesome winter views, including Lake Tahoma, as we ascend the mountain. At about 4 miles we turn off the MST and follow a faint trail to the summit of Woods Mountain. We will leave the summit of Woods Mountain on an old trail along the ridgeline. Then we will turn off the ridgeline and hike down through the open forest as we follow parts of old roads and trails to the bottom of Toms Creek Falls. After enjoying the falls we will climb out from the top of the falls and around an old forest road back to our cars. NOTE: Toms Creek Falls is a tourist destination, but the tourists don't come in and out of the falls from the direction that we will. There will be a limit of 12 hikers.

Topo(s): Little Switzerland

Wednesday No. W2201-592 **March 16**
Butter Gap - Long Branch Loop **8:30 AM**
Hike 10, Drive 70, 1950 ft. ascent, Rated A-A, **P400, WC100**

Richard Sampson, 704-453-9059, richsamps360@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Fish

Hatchery off FS 475 at 9:00 AM.

This hike will start at Gloucester Gap and follow the Art Loeb Trail over Chestnut Mountain to Butter Gap. At the gap, we'll turn downhill onto the Butter Gap Trail, then the Long Branch Trail and Cemetery Loop past the McCall Cemetery. There will be a short side trip to a beautiful but rarely visited waterfall. We'll finish with a short road walk back to the trailhead. Short car shuttle. This hike is #58 of the 100 Favorite Trails. NOTE: We are keeping our fingers crossed that the parking lot at the Fish Hatchery will be open by hike time and that FS 475 will be open to Gloucester Gap as well. A replacement hike will be selected if the closures are still in place.

Topo(s): Shining Rock

Wednesday No. W2201-072 **March 16**
Graybeard via Pot Cove Gap **8:30 AM**

Hike 9.5, Drive 35, 2450 ft. ascent, Rated A-AA
Karen Scharmann, 312-241-3329, Schultz.KarenJ@GMail.com and Ken Scharmann, 847-772-4693, Ksrns@Comcast.net

First Meeting Place: River Ridge Market Place behind CVS off Exit 53B of I-40.

Second Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain) at 8:45 AM.

This Montreat hike will cross Flat Creek bridge and turn right onto trail in one mile, with rock hops of Flat Creek. Short spur on right goes to Graybeard Falls. At each trail junction, follow blue blazes to Graybeard summit (elevation 5408-ft.) with great views. Return via same trail, with option of short in-out hike to Walker Knob at the shelter. This hike is #82 of the 100 Favorite Trails. If you wish to carpool, you must be fully vaccinated against the COVID-19 virus.

Topo(s): Montreat

Wednesday No. W2201-880 **March 23**
Garenflo Gap - Tanyard Gap **8:30 AM**

Hike 12.5, Drive 90, 2000 ft. ascent, Rated AA-A, **AT-MST**
Tish Desjardins, 828-380-1452, desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 9:00 AM.

We'll hike the A.T. from Garenflo Gap to Tanyard Gap. Thankfully, the dirt portion of Garenflo Gap Road has recently been improved by the Forest Service. We'll stop for ice cream half way through the hike in downtown Hot Springs. Car shuttle.

Topo(s): Hot Springs, Spring Creek

Wednesday No. W2201-324 **March 23**
Bent Creek Loop #4 **9:30 AM**

Hike 5, Drive 15, 750 ft. ascent, Rated C-C,

P400

Karen Lachow, 703-395-5879,

heyk127@hotmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. This hike is #74 of the 100 Favorite Trails. Topo(s): Skyland

Wednesday No. W2201-748 **March 30**
Mt. Sterling to Cataloochee **8:00 AM**

Hike 6, Drive 100, 800 ft. ascent, Rated C-C, **900M**

Mike Knies, 828-628-6712, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Exxon station off Exit 20 of I-40 at 8:30 AM - but contact leader first.

This is a modified version of hike #748. We will start from Mt. Sterling Gap and make our way down to Little Cataloochee, going a short distance on Long Bunk Trail first before heading down Correll Branch off-trail to explore old home sites. The off-trail section is all downhill and in open forest. We will then come out at the Hannah Cemetery on Long Bunk Trail and hike out to Mt. Sterling Road by way of the Little Cataloochee Trail. Learn about the history of the early settlers of Cataloochee. Short car shuttle.

Topo(s): Cove Creek Gap

Wednesday No. W2201-498 **March 30**
High Windy **9:30 AM**

Hike 5.5, Drive 40, 2000 ft. ascent, Rated C-A
Danny Bernstein, 828-450-0747, dannyhiker@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). A fairly steep ascent on beautiful backwoods trails in the YMCA Blue Ridge Assembly area. High Windy is the former site of a lookout tower. We will return via the same route. This hike is #77 of the 100 Favorite Trails. CMC members only, no guests. You must be fully vaccinated against the COVID-19 virus. Topo(s): Black Mtn.

ALL-DAY WEEKEND HIKES

All-day hikes submitted by Karen Lachow, 703-395-5879, heyk127@hotmail.com. **Due to COVID-19, all hikes have a limit of 15 hikers unless stated otherwise. Contact leader for reservation.** Driving distance is round trip from the first meeting place. All hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary.

Saturday No. A2201-893 **Jan. 1**
Green River Game Lands - West Side **9:15 AM**
Hike 6.5, Drive 20, 1200 ft. ascent, Rated B-B
Bruce Bente, 828-692-0116,
cell: 828-699-6296, bbente@bellsouth.net

Only Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26. Driving distance from Asheville is 60 miles round trip. Join us for breakfast at Cracker Barrel at 8:00 AM, or at 9:15 AM in the parking lot to leave for our traditional New Year's Day hike in the Green River Game Lands. This year's hike will follow the shorter route on the west side of the Game Lands, but will still include lunch at the end of the Green River Cove trail by the big rocks in the Green River.
Topo(s): Cliffield Mtn.

Sunday No. A2201-892 **Jan. 2**
NC 191 to Folk Art Center **9:00 AM**
Hike 13.7, 2050 ft. ascent, Rated AA-AA,
AT-MST
Les Love, 828-230-1861,
lesrlove55@gmail.com and Catherine Love,
828-658-1489, catmllove2@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. Great workout hike for the winter over the rolling Biltmore section of the MST around Asheville. Lunch and warmup at Fresh Market. Car shuttle.
Topo(s): Asheville

Sunday No. A2201-205 **Jan. 9**
Waterrock Knob from Soco Gap **8:30 AM**
Hike 9, 1950 ft. ascent, Rated B-A, **AT-MST**,
SB6K
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

Only Meeting Place: Maggie Valley Post Office. Driving distance from Asheville is 77 mi. roundtrip. This hike starts from Soco Gap with an elevation of 4400 feet and heads steadily up to Waterrock Knob at close to 6400 feet. We will enjoy the view as we eat our lunch at the top. This section of the MST was completed by CMC in 2016. Expect to be impressed by the work that went into building this trail. We will visit Howard's Bridge, Piet's Place and some big oak, spruce and maple trees. We will return on the same trail.
Topo(s): Hazelwood

Saturday No. A2201-679 **Jan. 15**
Elk Pasture Gap - Mt. Pisgah via MST **10:00 AM**
Hike 6.5, Drive 54, 1100 ft. ascent, Rated B-B,
P400
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com
Only Meeting Place: Home Depot off Exit 44 of I-40. This variation of CMC hike #679 (Elk Pasture Gap to Mt. Pisgah) takes advantage of the likely closure of the BRP. We'll access Elk

Pasture Gap from scenic NC 151. From EPG we'll walk up the BRP to the Buck Springs tunnel, then use a rough trail on the side of the tunnel portal to get on top, enjoying great views of the valley below. Then a short path will take us to the Buck Springs Lodge parking lot and the MST. We'll take a side trip from the MST to the top of Mt. Pisgah (more great views), then follow the MST back down to EPG. If the BRP is open we'll do a shuttle hike from the Mt. Pisgah parking lot (again climbing Mt. Pisgah) to Big Ridge Overlook.
Topo(s): Dunsmore Mtn.

Sunday No. A2201-001 **Jan. 16**
Case Camp - Seniard Ridge Loop **8:30 AM**
Hike 8, Drive 80, 1800 ft. ascent, Rated B-A,
P400, WC100
Michael Cornn, 828-458-1281,
mwcornn@gmail.com and Kathy Cornn/Kyle,
828-458-1282, katherinenkyle@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:00 AM.

This loop hike is scheduled for our coldest month to see 50-ft. frozen cascades along the closed Blue Ridge Parkway. We'll do a two-mile climb up to the MST and some gentle MST hiking before our lunch spot with great views of the mountains. After lunch, we'll hike downhill through beautiful woods on the Seniard Ridge Trail, passing two nice waterfalls along an old logging road. If Forest Road 475B is closed, we will have to walk to and from the trailhead, adding 1.7 miles to the hike. If you wish to carpool, you must be fully vaccinated against the COVID-19 virus.
Topo(s): Shining Rock

Sunday No. A2201-209 **Jan. 23**
Buckwheat Knob - Coontree Loop **8:30 AM**
Hike 8, Drive 60, 2200 ft. ascent, Rated B-AA,
P400
Marie Chamberlin, 678-492-6718,
marie.m.chamberlin@gmail.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:00 AM.

From the trailhead at Coontree Picnic Area, we'll climb along beautiful Coontree Creek through open forest up to Bennett Gap and on to Buckwheat Knob for lunch, then return via the other segment of the Coontree loop. This is a moderate woodland hike with exceptional views from the ridgeline. This hike exceeds the requirement for hike #62 of the 100 Favorite Trails.
Topo(s): Shining Rock

Saturday No. A2201-101 **Jan. 29**
Lower Big Laurel Creek **9:30 AM**

Hike 7.5, Drive 60, 350 ft. ascent, Rated B-C
Judy Magura, 828-606-1490,
quilter290@gmail.com and Jim Magura,
828-606-3989, jqs290@gmail.com
First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leaders at second meeting place.
Second Meeting Place: Corner of US 25/70 & NC 208 at 10:00 AM.

Hike along a beautiful stream with whitewater, big rocks and surrounding high cliffs to the French Broad River. Interesting flora. Parts of the trail are rocky. Our lunch destination is the former sawmill town of Runion with its intriguing ruins. This hike is #43 of the 100 Favorite Trails.
Topo(s): Hot Springs

Sunday No. A2201-847 **Jan. 30**
Pinnacle **8:30 AM**
Hike 8, Drive 40, 2500 ft. ascent, Rated B-AA
Thomas Butler, 361-484-3381,
butler.tom3381@gmail.com

Only Meeting Place: Waynesville Publix parking lot east end off Exit 102 of US 74. Driving mileage from Asheville is 96 miles round trip. This hike starts at the Fisher Creek Recreation Area near Sylva and ascends on the East Fork and Pinnacle Trails to see the great view from the Pinnacle. Our return will be via the West Fork Trail. This hike is #15 of the 100 Favorite Trails.
Topo(s): Sylva North

Sunday No. A2201-332 **Feb. 6**
Foothills Trail: Upper and Lower Whitewater Falls **8:00 AM**
Hike 11.6, Drive 105, 2400 ft. ascent,
Rated A-AA, **WC100**
Donna Lanning, 828-684-7083,
cell: 828-606-7956, dblanning@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 8:30 AM.

Come to hike in the warmer weather at the lower elevations! We'll hike part of the Foothills Trail in NC and SC, featuring two of the region's most stunning waterfalls. We will begin near the Upper Whitewater Falls parking lot and hike to the footbridge over the Thompson River. We'll partially retrace our steps, then take the side trail to Lower Whitewater Falls, and finish at the Duke Power Co. Bad Creek parking lot. Short car shuttle.
Topo(s): Reid

Saturday No. A2201-948 **Feb. 12**
Guion Farm P.L. #3 - Hickory Mtn. **9:00 AM**
Hike 8.5, Drive 75, 1500 ft. ascent, Rated B-B
Sarah Broughton, 828-564-3662,
saraebroughton@icloud.com
First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:30 AM.

We'll ascend Hickory Mountain, offering winter views of the adjacent ridgeline and enjoy a short break on the summit before descending along the creek on our return to the cars. Trails will include: Flatwoods, Shoal Creek, Rifle, Boundary, Hickory Mountain Rd., Hickory Mountain trail, Hooker Creek, White Pine, Thomas Cemetery, and Tarkiln Branch. There will be an option to hike an additional 1.5 miles to Wintergreen Falls if the group chooses. Topo(s): Standingstone Mtn.

Sunday No. A2201-589

Feb. 13

Shut-in Trail and

Lake Powhatan loop

9:00 AM

Hike 11.4, Drive 10, 1500 ft. ascent, Rated A-B, **AT-MST, P400**

Karen Scharmann, 312-241-3329, Schultz.KarenJ@GMail.com and Ken Scharmann, 847-772-4693, Ksrums@Comcast.net

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Contact Karen for reservations. This loop is a variation of CMC Hike #589. The first 5 miles of this hike are on the Shut-In section of the MST from NC 191 at the NC Arboretum to Sleepy Gap. Expect a steady climb to start, with some flatter ridges and climbs along the way. After a break at Sleepy Gap we will descend to our lunch spot at Lake Powhatan on a series of trails. The walk out on Old Bent Creek Gap Road through the NC Arboretum is broken up by forest trails along Bent Creek to the entrance of the Arboretum, and then a short walk to our cars. This hike is #75 of the 100 Favorite Trails. If you wish to carpool, you must be fully vaccinated against the COVID-19 virus.

Topo(s): Asheville

Saturday No. A2201-882

Feb. 19

Panthertown Valley Loop - East

8:30 AM

Hike 8.5, Drive 110, 1442 ft. ascent, Rated B-B, **WC100**

Brenda Worley, 828-684-8656, cell: 828-606-7297, bjdworley@gmail.com

First Meeting Place: Asheville Outlets parking

lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 9:00 AM.

This loop hike will take us to three waterfalls and one outstanding summit with beautiful views. We will begin on Mac's Gap Trail and hook up with Greenland Creek Trail to Greenland Creek Falls. We will take the Great Wall Trail to Granny Burrell Falls, then loop around to connect with Little Green Mountain to the summit and Tranquility Point. From there we return to our cars with a stop at Schoolhouse Falls. This meets the requirements for hike #14 of the 100 Favorite Trails.

Topo(s): Big Ridge, Lake Toxaway

Sunday No. A2201-513

Feb. 20

Craven Gap to Rattlesnake Lodge

9:00 AM

Hike 8.8, 1600 ft. ascent, Rated B-A, **AT-MST**
Susan Hutson, 336-406-9279, picassue48@gmail.com

Only Meeting Place: BRP Craven Gap parking lot at MM 377.4. This is a pleasant walk in the woods along the MST from Craven Gap to Rattlesnake Lodge with its ruins and CMC history. We will return via the same trail back to our cars at Craven Gap. This exceeds the requirement for hike #83 of the 100 Favorite Trails. Limit of 12 hikers.

Topo(s): Craggy Pinnacle

Sunday No. A2201-673

Feb. 27

Coontree Loop to Pink Beds

8:00 AM

Hike 9.5, Drive 70, 2200 ft. ascent, Rated A-AA, **P400**

Thomas Butler, 361-484-3381, butler.tom3381@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at the second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 8:30 AM.

From the right branch of Coontree Loop we will climb up to and on Bennett Gap Trail to our lunch spot with a view of Looking Glass Rock. Proceeding on the Buckwheat Knob Trail to Club Gap, we will approach Rich Mountain and descend via Soapstone Ridge to Barnett Branch Trail. We will go over the Barnett Branch Boardwalk, built by CMC's Friday Pisgah crew, to the cars at the Pink Beds parking lot. Car shuttle.

Topo(s): Pisgah Forest

Sunday No. A2201-182

March 6

Green River Cove to Pulliam Creek Trail

9:30 AM

Hike 6.2, Drive 75, 1000 ft. ascent, Rated B-C

Carroll Koeplinger, 828-667-0723, cell: 828-231-9444, cakoep29@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 10:00 AM.

Hike the Green River Cove Trail from the bridge to its end at the big rocks on the Green River, and return on same trail. The upper end of the hike is near the bottom of the "Narrows" section of the gorge that kayakers like to run. Expect a few early wildflowers and maybe even kayakers on the river. This hike is #72 of the 100 Favorite Trails.

Topo(s): Cliffield Mtn.

Saturday No. A2201-383

March 12

Fawn Lake P.L. #2 -

Bridal Veil Falls

9:00 AM

Hike 7.9, Drive 38, 1400 ft. ascent, Rated B-B, **WC100**

Lorraine Bernhardt, 828-699-8857, lsbernhardt50@gmail.com

Only Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell). Driving distance from Asheville is 85 mi. roundtrip. From the parking lot, we will take the Mine Mountain Trail, Shoals Trail, Corn Mill Shoals Trail to Bridal Veil Falls Road to view the falls. After the falls, we take the Corn Mill Shoals Trail, turn left onto Shelter Rock Trail, turn right onto Airstrip Trail, right on Conservation Road and right onto Fawn Lake Road back to our cars. This hike is #68 of the 100 Favorite Trails.

Topo(s): Standingstone Mtn.

Sunday No. A2201-947

March 13

Woods Mtn. via MST

and Toms Creek

8:30 AM

Hike 9, Drive 75, 2700 ft. ascent, Rated B-AA
Jim Reel, 828-443-2532, jimr57@yahoo.com and Melissa Gibson, 803-627-0867, MelJ.Gibson27@gmail.com

First Meeting Place: River Ridge Market Place across from McDonald's off Exit 53B of I-40. Co-leader will be at the first meeting place. Meet leader at second meeting place to set up the car shuttle.

Second Meeting Place: McDonald's at US 70 and US 221 Bypass in Marion at 9:00 AM.

Note: First day of DST. We will start out along Toms Creek and quickly gain elevation. After about a mile we intersect the MST. We will follow the MST and enjoy awesome winter views, including Lake Tahoma, as we ascend the mountain. At about four miles we turn off the MST and follow a faint trail to the summit of Woods Mtn. We will leave the summit of Woods Mtn. on an old trail along the ridgeline, then turn off the ridgeline and hike down thru the open forest as we follow parts of old roads and trails to the

How to join the CMC

1. Go to www.carolinamountainclub.org
2. Click on **Join** (top left) or **Join CMC!** (right center).

3. You will see instructions for joining online or via mail.

or ... write to us at
CMC, PO Box 68,
Asheville, NC 28802
and we'll mail you an
application



bottom of Toms Creek Falls. After enjoying the falls we will climb out from the top of the falls and around an old forest road back to our cars. NOTE: Toms Creek Falls is a tourist destination, but the tourists don't come in and out of the falls from the direction that we will. Limit of 12 hikers.

Topo(s): Little Switzerland

Sunday No. A2201-949 **March 20**

Kephart Prong to Sweat Heifer Trail 8:00 AM

Hike 8.6, Drive 110, 2020 ft. ascent, Rated B-AA, **900M**

Mike Knies, 828-628-6712, knies06@att.net

First Meeting Place: Home Depot off Exit 44 of I-40.

Second Meeting Place: Maggie Valley Post Office at 8:30 AM - but contact leader first.

Learn about the logging operations before the GSMNP and the Civilian Conservation Corp. were established. We will explore an old logging and former CCC camp site close by the trailhead. After passing the Kephart Shelter in two miles, we will take the Sweat Heifer Trail two miles to another old RR logging camp slightly off the trail to explore the remains. We will return on the same path and have lunch at the shelter. Topos(s): Smokemont

Saturday No. A2201-464 **March 26**

Balsam Gap (Walker Knob Overlook) to Graybeard Overlook 9:00 AM

Hike 7.4, Drive 45, 2000 ft. ascent, Rated B-A, **AT-MST**

Danny Bernstein, 828-450-0747, dannyhiker@gmail.com

Only Meeting Place: Back parking lot of Folk Art Center. We will hike through a range of environments and landscapes on the MST, including rocky trail sections that require good footwear

and hiking poles. This hike takes us from alpine vegetation through an old hemlock and lichen-covered oak forest, over an open blueberry bald with long-range views and finally through a lovely beech forest and sweeping native grasses to the Graybeard Overlook. We return to our cars on the same trail. This hike is #85 of the 100 Favorite Trails. CMC members only, no guests. You must be fully vaccinated against the COVID-19 virus.

Topo(s): Montreat

Sunday No. A2201-355 **March 27**

Fork Ridge Trail (at Carmen) to Devil Fork Gap 8:00 AM

Hike 11.3, Drive 95, 3100 ft. ascent, Rated A-AA+, **AT-MST**

Tish Desjardins, 828-380-1452, desraylet@aol.com

First Meeting Place: 160 Zillicoa St. (USFS parking lot) off Exit 25 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: Corner of US 25/70 & NC 208 at 8:45 AM.

This is a variation of CMC hike #355. We will reverse directions and go up the Fork Ridge Trail (at Carmen) and end at Devil Fork Gap. The hike follows along nine of the most scenic miles on the A.T., featuring two shelters, a historic grave site, and beautiful views from atop Big Butt. Car shuttle. Please bring enough cars for both trailheads so that hikers can be belted in safely.

Topo(s): Greystone

HALF-DAY SUNDAY HIKES

Newcomers are welcome, but non-members MUST call the leader before the hike to determine the requirements. Half-day hikes submitted by Lee Silver, 828-668-7147, mhsrunning@yahoo.com. **Due to COVID-19, all hikes have a limit of 15 hikers unless stated otherwise. Contact leader for reservation.** Driving distance is round trip from the first meeting place. Hikes assemble at the location described for that hike. Some hikes will have second meeting places, and starting times may vary. **Times listed are departure times – arrive early.**

Sunday No. H2201-711 **Jan. 2**

MST from US 25 to Visitors Center 1:00 PM

Hike 5, Drive 10, 400 ft. ascent, Rated C-C

Bobbi Powers, 828-667-5419, bobbipowers23@gmail.com

Only Meeting Place: BRP Visitor Center at MM 383. *Limit of 15 hikers, contact hike leader via email for reservations.* This is a shorter version of Hike #711. This in-town part of the MST is a pleasant winter walk in the woods. Car shuttle.

Topo(s): Asheville, Oteen

Sunday No. H2201-280 **Jan. 9**

North Slope and Art Loeb Trails 10:00 AM

Hike 7.1, Drive 40, 1375 ft. ascent, Rated B-B, **P400**

William Snow, 857-756-3815, billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools at first meeting place and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 10:30 AM - but contact leader first.

Limit of 15 hikers, contact hike leader via email for reservations. This is a moderate hike in the Pisgah National Forest. We will start at the Ranger Station and begin on the North Slope Trail, taking the connector to the Art Loeb Trail going counter-clockwise. We will then return from the Art Loeb Trail back to the Ranger Station.

Topo(s): Pisgah Forest

Sunday No. H2201-431 **Jan. 16**

Chestnut Cove to MST to Sleepy Gap to Explorer Trail 12:00 PM

Hike 5, Drive 12, 900 ft. ascent, Rated C-C, **P400**

Dick Zimmerer, 828-785-9593, dd1zz@yahoo.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. *Limit of 15 hikers, contact hike leader via email for reservations, informing us of vaccination status.* Form carpools (if vaccinated) and drive to trailhead. (If not vaccinated, please still meet at the designated meeting place but plan to drive alone to the trailhead.) This hike off Bent Creek Gap Road follows a number of trails up to Chestnut Cove, then follows the MST to Sleepy Gap and back down into the Bent Creek area. At the beginning there will be a 750-foot climb that will take about an hour. Total hike time will be around 3 hours. There are many slippery rocks, roots and leaves on this trail, so poles are highly recommended.

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. *Limit of 15 hikers, contact hike leader via email for reservations, informing us of vaccination status.* Form carpools (if vaccinated) and drive to trailhead. (If not vaccinated, please still meet at the designated meeting place but plan to drive alone to the trailhead.) This hike off Bent Creek Gap Road follows a number of trails up to Chestnut Cove, then follows the MST to Sleepy Gap and back down into the Bent Creek area. At the beginning there will be a 750-foot climb that will take about an hour. Total hike time will be around 3 hours. There are many slippery rocks, roots and leaves on this trail, so poles are highly recommended.

Topo(s): Skyland

Sunday No. H2201-102 **Jan. 23**

Coontree Loop 11:00 AM

Hike 3.7, Drive 65, 1050 ft. ascent, Rated C-B, **P400**

Lee Belknap, 828-698-9394, cell: 828-674-3631, rivergyppy@sprintmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 11:30 AM - but contact leader first.

Limit of 15 hikers, contact hike leader via e-mail for reservations. This loop hike is partially along a lovely creek, with views from Coontree Mountain. Some steep areas. An option will be offered to hike an additional 2 miles to Bennett Gap and back, with an additional 200-ft. ascent.



Seniard Ridge Trail. Photo by Bruce Bente.

Topo(s): Pisgah Forest

Sunday No. H2201-948

Guion Farm P.L. #3 - Hickory Mtn.

**Jan. 30
10:00 AM**

Hike 5, Drive 75, 1000 ft. ascent, Rated C-C
Sarah Broughton, 828-564-3662,
sarahbroughton@icloud.com

Only Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell). *Limit of 15 hikers, contact hike leader via email for reservations.* This shorter version of CMC hike #948 will ascend Hickory Mountain, with winter views of the adjacent ridgeline and enjoy a short break on the summit before descending along the creek on our return to the cars. Trails will include: Hickory Mtn. Rd, Hickory Mtn. Loop Trail, White Pine Trail and Buck Forest Rd.
Topo(s): Standingstone Mtn.

Sunday No. H2201-168

Pink Beds Loop

**Feb. 6
12:00 PM**

Hike 5, Drive 80, 200 ft. ascent, Rated C-C, **P400**
Karen Lachow, 703-395-5879,
heyk127@hotmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.
Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 12:30 PM - but contact leader first.

Limit of 15 hikers, contact hike leader via email for reservations. This regional favorite includes numerous boardwalks over and around beaver habitat through a beautiful forest. This is an easy and popular hike with negligible elevation change. This hike is #67 of the 100 Favorite Trails.

Topo(s): Shining Rock

Sunday No. H2201-588

Perry Cove and Bennett Gap Loop

**Feb. 13
10:00 AM**

Hike 4.3, Drive 80, 1200 ft. ascent, Rated C-B, **P400**
William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 10:30 AM - but contact leader first.

Limit of 15 hikers, contact hike leader via email for reservations. This moderate hike in the Pisgah National Forest is a modified version of hike #588. We will start from the horse stables and go to the left on Perry Cove Trail up to the Bennett Gap Trail, then go right to an overlook for lunch and return from Bennett Gap to the horse stables. We will have great views of Looking Glass Rock.

Topo(s): Shining Rock

Sunday No. H2201-631

High Falls P.L. #2 -

Feb. 20

Three Lakes plus Bridal Veil Falls 8:30 AM
Hike 6, 1500 ft. ascent, Rated C-B, **WC100**
Tom Lucha, 828-696-9117, cell: 828-712-0736,
luchat@bellsouth.net

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet leader at second meeting place.

Second Meeting Place: DuPont Forest High Falls parking lot at 9:15 AM.

Limit of 15 hikers, contact hike leader via email for reservations. Driving distance from Asheville is 70 miles roundtrip. This hike is similar to #631, and goes to three lakes (Dense, Alford and Julia) in DuPont Forest via Pitch Pine and Tree Lakes Trails plus Bridal Veil Falls. After a stop at the picnic table overlooking Lake Julia, we'll return via Conservation and Buck Forest Roads, and Covered Bridge Trail.

Sunday No. H2201-046

Bent Creek Loop #12 - MST side

**Feb. 27
12:30 PM**

Hike 5.5, Drive 15, 1005 ft. ascent, Rated C-B
Barbara Morgan, 828-460-7066,
barbc129@gmail.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. *Limit of 15 hikers, contact hike leader via email for reservations.* This loop hike will pass by Lake Powhatan and ascend to the Mountains-to-Sea Trail via the Sherman Stambaugh Trail. We will then descend on the Sleepy Gap, Explorer, and Pine Tree Trails back to the start.

Topo(s): Dunsmore Mtn.

Sunday No. H2201-347

Twin Falls

**March 6
10:00 AM**

Hike 6.7, Drive 40, 1000 ft. ascent, Rated B-C, **P400, WC100**
William Snow, 857-756-3815,
billsnow123@gmail.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26. Form carpools and meet hike leader at second meeting place.

Second Meeting Place: Pisgah Forest Walmart Parking (back of center aisles close to Taco Bell) at 10:30 AM - but contact leader first.

Limit of 15 hikers, contact hike leader via email for reservations. This is a moderate hike in the Pisgah National Forest. We will start from the horse stables and go to the right on Clawhammer Cove Trail and then Buckhorn Gap Trail to the falls (going counter-clockwise). We may come back on Avery Creek Trail, depending on the state of the bridges. We will view two nice waterfalls.

Topo(s): Pisgah Forest

Sunday No. H2201-553

Montreat Loop #4 -

March 13

Lookout Rock 10:00 AM

Hike 5, Drive 40, 1000 ft. ascent, Rated C-C
Jim Magura, 828-606-3989, jqs290@gmail.com
and Judy Magura, 828-606-1490,
quilter290@gmail.com

Only Meeting Place: Ingles off Exit 64 of I-40 (Black Mountain). *Limit of 15 hikers, contact hike leader via email for reservations.* This moderate hike ascends the Lookout Trail over Lookout Rock and then follows the East Ridge Trail to Sourwood Gap. Return will be by the Toll Road, the Buck Gap Trail, and the Old Trestle Road to the Lookout Trail. After a moderately steep ascent and a short rock scramble, we will follow the ridge trail over several knobs and then return with an easy walk along the Toll and Trestle Roads. This hike is an extended version of #81 of the FH100 Challenge. **CHECK YOUR CLOCKS...FIRST DAY OF DAYLIGHT SAVINGS TIME.**

Topo(s): Montreat

Sunday No. H2201-918

**Chestnut Ridge Heritage Center
Wildflower Hike**

March 20

10:00 AM

Hike 5.9, Drive 100, 1054 ft. ascent, Rated C-B
Marcia Bromberg, 828-505-0471,
cell: 860-798-9905, mwbromberg@yahoo.com

First Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Second Meeting Place: Cracker Barrel Restaurant off Exit 53 of I-26 in parking lot close to I-26 at 10:15 AM.

Limit of 10 hikers, contact hike leader via email for reservations. This new spring hike offers the opportunity for early wildflower viewing. The 2.8 mile in/out trail near Landrum in South Carolina will take us up the south side of Squirrel Mountain, then down to the South Pacolet River. We understand that it is haven for trillium and other early spring wildflowers.

Sunday No. H2201-324

Bent Creek Loop #4

March 27

11:00 AM

Hike 5, Drive 15, 600 ft. ascent, Rated C-C, **P400**

Daisy Teng Karasek, 828-505-2036,
cell: 408-887-3666, daisytk@yahoo.com

Only Meeting Place: Asheville Outlets parking lot behind Waffle House off Exit 33 of I-26.

Limit of 15 hikers, contact hike leader via email for reservations. A pleasant, moderate loop hike in the Bent Creek Experimental Forest, starting at Hard Times Trailhead and using parts of Homestead Trail, Small Creek Trail, Deerfield Loop, Pine Tree Loop, South Ridge Rd., Sleepy Gap Trail, Explorer Loop, Pine Tree Loop and then along FS 479. There is a short, steep off-trail scramble in the middle of the hike. This hike is #74 of the 100 Favorite Trails.

Topo(s): Skyland

NEXT CMC COUNCIL MEETING

When: February 15, 2022
Where: Please check Breaking News in February
Time: 6:00 - 9:00 PM
Info: Call Tom at 828-785-3646 if you would like to attend. All CMC members are welcome.



Further information about regulations is available at www.carolinamountainclub.org

HIKING INFORMATION: CMC hikes are open to all and we welcome guests. Non-members need to call or email the hike leader to introduce themselves and find out more about the hike. **Due to COVID-19, all hikes have a limit of 15 hikers unless stated otherwise. Contact leader for reservation.** Hikes may be canceled by the leader due to adverse weather or dangerous roads. Minors are welcome on CMC hikes, if accompanied by a responsible adult. Pets are not allowed on CMC hikes. Hike leaders have the right to reject participants who are not properly equipped for the hike or who are unlikely to be able to complete the hike. All hikers are expected to follow the leader's instructions. No one should get ahead of the leader, or lag behind the sweep, without specific permission. Hikers should obtain the leader's permission if they wish to leave the hike before its completion.

CLOTHING AND EQUIPMENT: CMC's website (www.carolinamountainclub.org, click on Hiking) has a full list of day hiking needs. Most critical are water, footwear, rain gear and a first aid kit. Carry at least two quarts of liquid (water, Gatorade, juice) for a full day hike, no matter what time of year. Hiking boots are recommended for all hikes. They should be broken in before the hike. Weather changes quickly in the mountains. Even if there is no sign of rain in the morning, you need to be prepared for an afternoon shower. Your first aid kit should include any personal medication, including allergy medication, if needed. Wear layered clothing – you'll want to take layers off during a strenuous climb or as the day proceeds, then put them back on in cooler conditions.

RESPONSIBILITY FOR SAFETY: Each CMC member and guest agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors. The Club cannot ensure the safety of any participant on hikes or trail maintenance activities. Each participant agrees to hold harmless and free from blame event leaders and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in Club hikes and other activities.

CONSERVATION: CMC works with other organizations concerned about the protection of our natural heritage to protect trails and the hiking experience in our hiking area. Phone the Councilor for Conservation for details.

MEMBERSHIP: Everyone is eligible for CMC membership by joining and paying dues. To join online or by paper application, go to www.carolinamountainclub.org and click on the green Join button just below the Member Login. Choose either Join CMC online or CMC application form (pdf). Don't have internet access? Mail a note to the CMC address requesting an application form be mailed to you. Annual dues are \$20 for individuals and \$30 for families. Hikers are expected to join CMC after participating in a few hikes. Some trail maintenance activities are only open to members.

CAROLINA MOUNTAIN CLUB OFFICERS

President: Tom Weaver, 828-785-3646, president@carolinamountainclub.org
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